



# MOUNTAIN PACIFIC SPORTS FEDERATION

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## 503 MEN'S INDOOR TRACK REGULATIONS

### 503.1 Federation Championship

#### 503.1.1 Championship Dates

The Federation Track and Field Championships shall be held on the Friday and Saturday two weeks prior to the NCAA Championship Meet (at the discretion of the Federation's Administrative Committee).

#### 503.1.2 Games Committee

A three-member Games Committee shall be appointed by the Commissioner for the Federation Championship Meet. The Games Committee shall have the powers and duties which are delegated to the referee as outlined in the NCAA Track and Field Guide in the absence of the referee.

#### 503.1.3 Conduct of the Federation Championship Meet:

##### 503.1.3.1 Squad-Size

The maximum number of entrants a member institution shall have in the Mountain Pacific championship is 27. In the two relays, institutions are allowed to make substitutions from outside the declared 25-athlete squad for a documented injured athlete. (4/95)

##### 503.1.3.2 Entries

All entries shall be faxed to the office of the head coach of the host institution or meet director, or submitted online by 5:00 p.m. (PDT) the Monday prior to the Meet. All automatic marks shall be recorded in hundredths of a second and all hand-timed marks shall be recorded in tenths of a second. All marks submitted as qualifying (best) marks shall be adjusted for altitude and hand-recorded times by the institution submitting the marks. Likewise, all field marks submitted as best marks shall be transcribed into metric form as provided in the NCAA Handbook by the institution prior to submission to the Federation office. Individual marks made in a relay event cannot be submitted as declaration best marks. The host institution/meet director's staff shall then be responsible for drawing up heat and lane assignments per NCAA rules and having them ready for the coaches' business meeting on Thursday night prior to the start of the Meet. A finalized time schedule of the meet, including a list of all running events not requiring heats, shall be faxed to each participating school on Wednesday by the Federation Office or the host institution/meet director.

##### 503.1.3.3 Order of Events

The approved NCAA order of events shall be followed with the following exceptions:

###### 503.1.3.3.1 Preliminaries

When preliminary races are required, they shall be run on the first day of the meet.

#### 503.1.3.3.2 Heats

Preliminary heats in the 3,000-meter or 5,000-meter runs shall not be required.

#### 503.1.3.4 Competition Rules

NCAA rules for championship track and field events apply to the Mountain Pacific Championship.

#### 503.1.3.5 Advancement

For races run in lanes at the Federation Track and Field Championships, the top finishers from the semi-final heats will qualify for the finals. The coaches will determine the number of qualifiers from each heat and the starting jump heights and increments at their pre-meet meeting. Their decision shall be based upon the number of lanes available on the track for the finals races. The coaches will also determine the starting jump heights and increments at their pre-meet meeting.

#### 503.1.3.6 Coaching

Track and field coaches shall not be in the infield or on the track during the conducting of the Federation Championship Meet, unless otherwise dictated by the facility. An exception to this rule will be made for the host coach(es) serving as meet director(s), but only to the extent that appearances on the track or infield are directly related to the conducting of the Meet.