



MOUNTAIN PACIFIC SPORTS FEDERATION

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604 MPSF WOMEN'S GYMNASTICS REGULATIONS

604.1 Federation Championship

604.1.1 Championship Meet Dates

The Mountain Pacific Sports Federation Women's Gymnastics Championship shall be held the Saturday two weeks prior to the NCAA Regionals. The championships will consist of one session. The team championship and all individual championships will be awarded to the team or individual with the highest cumulative score, with five scores counting per event. All-Around awards will be based on the athlete with the highest cumulative score on the four events. Awards will be given to; The first-place team and the top three places in individual events and all-around. Gymnast of the Meet and Coach of the Year will also be provided.

604.1.2 Championship Meet Format

The format for the Mountain Pacific Sports Federation Women's Gymnastics Championship meet shall conform to the NCAA Women's Gymnastics Championship format except where otherwise noted in these bylaws.

604.1.3 Championship Rotation

The site for the MPSF Championship Meet shall rotate on an annual basis.

2002 Air Force	2006 Air Force
2003 Sacramento State	2007 Seattle Pacific
2004 San Jose State	2008 UC Davis
2005 UC Davis	

604.1.4 Conduct of the Federation Championship Meet:

604.1.4.1 The maximum number of entrants a member institution shall have in the MPSF Championship is 17. A travel party of 22 will be allowed at the Championships including coaches, trainers, SIDs and administrators.

604.1.4.2 Lineup

The head coach must submit the official lineup at the coaches meeting prior to competition.

604.1.4.3 Competition Rules

Junior Olympic rules with collegiate modifications shall be used at the Mountain Pacific Sports Federation Championship Meet. Four events shall be run simultaneously with byes before Uneven Bars and Floor Exercise. (Six team format 2003). Starting events shall be determined by a blind draw conducted by the Federation office. The draw for starting events shall be conducted by placing team names in one bin and the Events plus Bye 1 and Bye 2 in another bin. The team drawing the event or bye will assume that position in the competition and warm-up rotations.

604.1.4.4 Mats

FIG and NCAA specifications for mats shall be used as a minimum at the Mountain Pacific Championship.

604.1.4.5 Warm-ups

There shall be a controlled warm-up on the competitive floor prior to the Championship session. Each team shall have a minimum of 15 minutes with 2 minutes transition time between events. Teams will warm-up in competition order.

604.2 Judges

Two judges shall be used per event. Judges shall meet at least one hour prior to the first competition to review NCAA policies; to coordinate assignments and responsibilities; to review intercollegiate rules modifications; to review and evaluate videotapes; and to evaluate the pre-competition judges' information forms. The director of officials shall chair this meeting.

604.2.1 Selection of Judges

Judges will be selected as follows: Four judges from the home state of the host institution, one judge from each of the other team's state or region and one at large from out side the state or region or from the state or region with the highest representation.

604.2.2 Judges Information Form

Coaches may submit a Pre-competition Judges' Information Form prior to the competition. This form may include: unusual or uncommon skills; unusual methods of combinations. Individuals should not be identified when submitting the form. Forms should be given to the director of officials prior to the judges meeting prior to the competition.

604.3 Uniforms

All competitors must wear, exclusively, the official uniform of their institution in competition, warm-ups and during the award ceremonies. Uniforms must conform to NCAA requirements.

604.4 Games Committee

A Games Committee shall be appointed, consisting of the head coach of the past and present host institutions, the meet director, the meet referee or head official and the Executive Director.