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## **2008 MOUNTAIN PACIFIC SPORTS FEDERATION WOMEN'S GYMNASTICS WEEKLY UPDATE**

### **2008 SEASON OPENS**

**AIR FORCE** did not compete last week. The Falcons will open their season on Jan. 18 at home against Centenary at 6 p.m. Air Force and Centenary will also face off on Jan. 20 at 1 p.m.

**ALASKA ANCHORAGE (0-2)** opened the 2008 season with a tri-meet loss to Arizona (194.100) and NC State (192.350). The Seawolves posted their third-best opening-night score with a 183.80. Freshman Kelsey Fullerton earned UAA's highest placing of the night with a third-place 9.65 on balance beam. Fellow rookie Kristy Boswell was sixth with a 9.55, while junior co-captain Brooke Nall earned a career-best 9.5 on beam. The Seawolves had their best performance on vault, tying the 17th-best score in school history with 47.725 points on that apparatus. Fullerton's 9.725 vault and Boswell's 9.725 bars routine tied for them for the highest individual UAA marks Friday. Boswell, of Cherry Hill, N.J., recorded a 37.425 all-around in her debut, while sophomore Courtney Williams totaled 36.450. The Seawolves are off for two weeks before making their home debuts Jan. 25 (7 p.m.) and Jan. 27 (2 p.m.) against UC Davis at the Wells Fargo Sports Complex.

**SEATTLE PACIFIC** did not compete last week. The Falcons will open their season at UC Davis on Jan. 18 at 6 p.m.

**UC DAVIS (1-1)** placed second with a team score of 189.350 against California (192.525) and Towson (186.350). Sophomores Tanya Ho and Lida Gehlen and freshman Marcy Miller each captured event wins. Ho posted a 9.825 on vault to share first place with Cal's Joanna Bennett. Gehlen hit a 9.800 to take the uneven bars and Miller landed a 9.825 in her collegiate debut to claim the balance beam win.. Ho was UC Davis' leading all-arounder, finishing third with a 38.225 sum. UC Davis enjoyed a strong start, amassing a 48.525 in the opening rotation (vault). The Aggies edged the 47-point barrier on both bars and beam. Ho scored a 9.675 and Gehlen hit her winning 9.800 to help offset two early misses on bars. The Aggies return to action on January 18 for a quadrangular meet with San Jose State, Springfield and Seattle Pacific.

### **2008 MPSF WOMEN'S GYMNASTICS CHAMPIONSHIP**

*March 28 at David, Calif.*

The MPSF champion will be determined at the championship meet hosted by UC Davis on March 28. For more information visit the UC Davis website at <http://ucdavisaggies.cstv.com/>

### **GymInfo WOMEN'S GYMNASTICS REGIONAL RANKING**

Jan. 14, 2008 – by Total Season Average

#### **West Region**

Rank	Team	Avg	Reg	High	RQS
1	Stanford Univ.	196.150	W	196.150	0.000
2	UCLA	194.975	W	194.975	0.000
3	Oregon State	193.875	W	193.875	0.000
4	Boise State Univ.	192.625	W	192.625	0.000
5	California	192.525	W	192.525	0.000
6	San Jose State	191.050	W	191.050	0.000
7	Washington, U. of	190.475	W	190.475	0.000
8	Cal State-Fullerton	189.825	W	189.825	0.000
9	<b>UC Davis</b>	<b>189.350</b>	<b>W</b>	<b>189.350</b>	<b>0.000</b>
10	Alaska, U. of	187.725	W	187.725	0.000

#### **North Central Region**

10	Air Force	NR-Has not competed
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### **TANYA HO NAMED MPSF GYMNAST OF THE WEEK**

*Woodland, Calif.* – **UC Davis** sophomore **Tanya Ho** (Elk Grove, Calif.) shared the vault win with a 9.825, leading UC Davis to a 48.525 in that event during a triangular meet with California and Towson on January 11... Also posted a 9.675 on bars en route to a third-place all-around score of 38.225.

## UPCOMING MEETS

<b>Fri, Jan. 18</b>	
Seattle Pacific at UC DAVIS	6 pm
AIR FORCE vs. Centenary College	6 pm
<b>Sun, Jan. 20</b>	
AIR FORCE vs. Centenary College	1 pm
<b>Fri, Jan. 25</b>	
Seattle Pacific at SOUTHERN UTAH	6 pm
UC Davis at ALASKA ANCHORAGE	7 pm
<b>Sun, Jan. 27</b>	
Air Force at TWU	2 pm
UC Davis at ALASKA ANCHORAGE	7 pm

## RECENT MEETS (Home Team in CAPS)

**Fri, Jan. 11**  
 California 192.525, UC DAVIS 189.350, Towson 186.350  
 ARIZONA 194.100, NC State 192.350, Alaska Anchorage 187.725

### 2008 MPSF GYMNASTS OF THE WEEK

Week	Student-Athlete	School
Jan. 14	Tanya Ho	UC Davis

### MPSF GYMNASTICS ON THE WEB

Midweek sports updates are available on the MPSF website at [www.mpsports.org](http://www.mpsports.org).

### 2008 NCAA WOMEN'S GYMNASTICS CHAMPIONSHIP

April 24-26, 2008 at University of Georgia • Athens, Ga.

## MPSF RANKINGS – TOP 6

### BY TOTAL SEASON AVERAGE

<b>TEAM SCORES:</b>	<b>Avg.</b>	<b>High</b>	
UC Davis	189.350	189.350	
Alaska, U. of	187.725	187.725	
<b>VAULT:</b>	<b>Avg.</b>	<b>High</b>	<b>RQS</b>
<b>UC Davis</b>	48.525	48.525	n/a
1. Tanya Ho (UCD)	9.825	9.825	0.000
2. Stacey Nicolini (UCD)	9.750	9.750	0.000
- Kelsey Fullerton (UAA)	9.725	9.725	0.000
4. Marcy Miller (UCD)	9.700	9.700	0.000
- Katie Reinhardt (UCD)	9.700	9.700	0.000
6. Leah Wilson (UAA)	9.650	9.650	0.000
<b>UNEVEN P-BARS:</b>	<b>Avg.</b>	<b>High</b>	<b>RQS</b>
<b>UC Davis</b>	47.075	47.075	0.000
1. Lida Gehlen (UCD)	9.800	9.800	0.000
2. Kristy Boswell (UAA)	9.725	9.725	0.000
3. Tanya Ho (UCD)	9.675	9.675	0.000
4. Jessica Portlock (UAA)	9.575	9.575	0.000
- Maria Puricelli (UAA)	9.575	9.575	0.000
<b>BALANCE BEAM:</b>	<b>Avg.</b>	<b>High</b>	<b>RQS</b>
<b>Alaska Anchorage</b>	47.325	47.325	0.000
1. Marcy Miller (UCD)	9.825	9.825	0.000
2. Kelsey Fullerton (UAA)	9.650	9.650	0.000
3. Kristy Boswell (UAA)	9.550	9.550	0.000
4. Kendall McCann (UCD)	9.525	9.525	0.000
5. Brooke Nall (UAA)	9.500	9.500	0.000
- Stacey Nicolini (UCD)	9.500	9.500	0.000
<b>FLOOR EXERCISE:</b>	<b>Avg.</b>	<b>High</b>	<b>RQS</b>
<b>UC Davis</b>	46.725	46.725	0.000
1. Kelsey Fullerton (UAA)	9.625	9.625	0.000
- Jessica Portlock (UAA)	9.600	9.600	0.000
3. Adee Schoffman (UCD)	9.575	9.575	0.000
- Tanya Ho (UCD)	9.475	9.475	0.000
5. Katie Reinhardt (UCD)	9.425	9.425	0.000
6. Kendall McCann (UCD)	9.200	9.200	0.000
<b>ALL-AROUND:</b>	<b>Avg.</b>	<b>High</b>	<b>RQS</b>
1. Tanya Ho	38.225	38.225	0.000
2. Stacey Nicolini	37.625	37.625	0.000
3. Kristy Boswell	37.425	37.425	0.000
4. Courtney Williams	36.450	36.450	0.000