



MPSF NEWS

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MOUNTAIN PACIFIC SPORTS FEDERATION

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2006 MOUNTAIN PACIFIC SPORTS FEDERATION MEN'S GYMNASTICS WEEKLY UPDATE #8

GymInfo MEN'S GYMNASTICS

NATIONAL RANKINGS - By Three
Score Average- March 20, 2006

Rank	Team	Region	Avg. Score
1.	OKLAHOMA	W	216.683
2.	STANFORD	W	216.575
3.	Ohio State	E	213.950
4.	Illinois	E	213.317
5.	CALIFORNIA	W	212.033
6.	Penn State	E	210.667
7.	Iowa	E	210.400
8.	Michigan	E	209.600
9.	Minnesota	E	206.892
10.	William & Mary	E	205.900
11.	NEBRASKA	W	204.483
12.	Illinois-Chicago	E	202.925
13.	Temple	E	202.867
14.	Army	E	201.983
15.	Navy	E	201.567
16.	Springfield	E	184.700
17.	AIR FORCE	W	182.875
18.	Washington	Club	181.875
19.	James Madison	E	181.717
20.	M.I.T.	E	180.433

MPSF GYMNAST OF THE WEEK

March 20 - Derric Wood, Nebraska (Sr, Lincoln, NE). Senior Derric Wood has earned his second MPSF Gymnast of the Week honor in 2006 for his efforts on Senior Day against Air Force. He placed first in three events, including tying his season-high on the pommel horse (9.05), setting a career-mark on the high bar (9.45), and scoring a season-high on the parallel bars (8.95).

MPSF MEN'S GYMNASTICS CHAMPIONSHIP - March 25 at the U.S. Air Force Academy. For more info, check the Falcons' website at www.airforcesports.com

#1 OKLAHOMA, 17-0: Top-ranked Oklahoma completed a perfect regular season with wins over No. 2 Stanford and No. 9 Nebraska on March 11 in Norman, OK (217.8-216.9-201.1). The Sooners claimed titles on the pommel horse, parallel bars, and high bar. Senior **Jamie Henderson** took top-honor on the pommel horse with a season-high (9.2), while sophomore **Jonathan Horton** won the all-around title (54.5) and remains the nation's top all-around gymnast. He also placed second on the still rings (9.65) and tied for second on the floor exercise (9.25), while tying for third on the parallel bars (9.0) and high bar (9.2). OU matched its season high on both the pommel horse (35.1) and still rings (38.0), while posting a new season best on the parallel bars (35.95). The Sooners will try to defend their MPSF championship, Saturday in Colorado Springs, CO., also going for their seventh overall title.

#2 STANFORD, 13-3: No. 2 Stanford placed second of three March 11 in Norman, OK, topping No. 9 Nebraska, but falling to No. 1 Oklahoma. Sophomore **David Sender** claimed both the floor exercise (9.35) and the vault (9.5), and finished second all-around (53.95). Junior **Dylan Carney** continues to dominate the high bar (9.65), matching a season-high for the fourth consecutive week with his fourth victory of the season on the apparatus. Carney also tied for second on the vault (9.25) and placed fifth on the floor (8.85). Junior **Alex Schorsch** had the best showing on the still rings (9.7). The Cardinal will compete at the MPSF championships Saturday in Colorado Springs, CO.

#5 CALIFORNIA, 11-7: No. 5 California recorded its highest score of the season for the second consecutive week in a home win over No. 6 Penn State (219.1-216.575) to conclude the regular season on March 11. The Golden Bears placed first in four of six events. Sophomore **Tim McNeil** won the pommel horse with a season-best (9.55), took second on vault (9.3), and third on the still rings (9.5). Sophomore **Tyler Block** posted a top finish with a career-high on the rings (9.725). Freshman **Kyson Bunthuwong** tallied the top score on the parallel bars with a career-high (9.525) and was the runner-up on the high bar (9.45), behind sophomore teammate **Colin Christ** (9.5). The Bears will be in action at the MPSF championships Saturday in Colorado Springs, CO.

#11 NEBRASKA, 7-8: The 11th-ranked Huskers swept the top three spots in all six events Sunday in their regular season finale in defeating Air Force with a season-high score (212.15-184.775). Senior **Derric Wood** placed first in three events, including the pommel horse (9.05), setting a career-mark on the high bar (9.45), and tying junior **Jason Wassung** on the parallel bars for a new season-high (8.95). Senior **Tony Burtle** won a pair of titles by posting a career high on the floor exercise (9.25) and tying senior **Nic Matthews** on the vault (9.2). Senior **Ray Hacker** claimed his first-ever title at Nebraska, taking top-honor on the still rings (8.9). Sophomore **Stephen Tetrault** won his first all-around title of 2006 with a season high (52.45). The Huskers will partake in the MPSF championships Saturday in Colorado Springs, CO.

#17 AIR FORCE ACADEMY, 1-19: No. 17 Air Force moved up a spot in the latest national poll after placing second to No. 11 Nebraska Sunday in Lincoln, NE, in the final regular season meet of the year for both schools (212.15-184.775). Freshman **Andrew Terrell** posted the best finish of the day for the Academy, taking fifth on the still rings (7.9). Senior **Brian Moore** placed third all-around (45.3) while junior **Kurt Antonio** placed fourth (43.8). The Falcons host the MPSF championships Saturday evening in Colorado Springs, CO.

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RECENT MEET RESULTS

Home Team in Caps - Start Times Local

Sunday, March 19

- NEBRASKA 212.150, Air Force 184.775

UPCOMING MEETS

Saturday, March 25

- MPSF Championships at AIR FORCE 5pm
(Oklahoma, Nebraska, Stanford, California, Air Force)

2006 MPSF GYMNASTS OF THE WEEK

Week	Gymnast	Sophomore	School
Jan. 16	David Sender	Sophomore	Stanford
Jan. 23	Russell Czeschin	Freshman	Oklahoma
Jan. 30	Jamie Henderson	Senior	Oklahoma
Feb. 6	Jonathan Horton	Sophomore	Oklahoma
Feb. 13	Derric Wood	Senior	Nebraska
Feb. 20	Jonathan Horton	Sophomore	Oklahoma
Feb. 27	Tim McNeil	Sophomore	California
Mar. 6	Dylan Carney	Junior	Stanford
Mar. 13	Jonathan Horton	Sophomore	Oklahoma
Mar. 20	Derric Wood	Senior	Nebraska

2006 MPSF MEN'S GYMNASTICS CHAMPIONSHIP MEET

U.S. Air Force Academy, Colorado Springs, CO - March 25, 2006

The Air Force Academy, will host the 2006 MPSF Men's Gymnastics Championship Saturday, March 25, following the MPSF Women's Gymnastics Championship on Friday, March 24. Check out the Falcons' website at www.airforcesports.com for more details.

NCAA MEN'S GYMNASTICS ON THE WEB

April 6-8, 2006 at the University of Oklahoma, Norman

Information on the NCAA Men's Gymnastics Championships at Oklahoma is available at both www.soonersports.com and www.ncaachampionships.com.

MPSF GYMNASTICS ON THE WEB

Midweek sports updates are available on the MPSF website at www.mpsports.org. Weekly rankings and scoring for NCAA men's gymnastics are available at <http://www.troester.com/gym/>.

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MPSF NATIONAL RANKINGS By Three Score Average

TEAM SCORES:	Avg.
#1 OKLAHOMA	216.683
#2 STANFORD	216.575
#5 CALIFORNIA	212.033
#11 NEBRASKA	204.483
#17 AIR FORCE	182.875

Team & Individual National Top-10 Rankings

ALL-AROUND:	Avg.
#1 Jonathan Horton (So, OU)	53.867
#4 David Sender (So, STAN)	52.783
#8 Jason Wassung (Jr, NEB)	50.567

FLOOR EXERCISE:	Avg.
#3 STANFORD	36.417
#4 OKLAHOMA	36.400
#8 CALIFORNIA	35.167
#2 David Sender (So, STAN)	9.450
#4 Jonathan Horton (So, OU)	9.417
#6 Sho Nakamori (So, STAN)	9.333

POMMEL HORSE:	Avg.
#2 OKLAHOMA	34.283
#3T STANFORD	34.100
#3T CALIFORNIA	34.100
#8 NEBRASKA	33.967
#1 Tim McNeil (So, CAL)	9.267
#4 Jamie Henderson (Sr, OU)	9.067
#7 Stephen Tetrault (So, NEB)	8.833
#9 Nate Downs (Sr, STAN)	8.783

STILL RINGS:	Avg.
#1 OKLAHOMA	37.883
#2 STANFORD	37.717
#4 CALIFORNIA	36.383
#1T Jonathan Horton (So, OU)	9.683
#1T Alex Schorsch (Jr, STAN)	9.683
#3T Jamie Henderson (Sr, OU)	9.650
#5 Peter Derman (Jr, STAN)	9.517
#7 Tyler Block (So, CAL)	9.483
#8 Taqiy Abdullah-Simmons (So, OU)	9.450
#10 David Sender (So, STAN)	9.367

VAULT:	Avg.
#2 STANFORD	36.817
#3 OKLAHOMA	36.667
#7T NEBRASKA	36.383
#9 CALIFORNIA	35.900
#2 David Sender (So, STAN)	9.483
#8T Dylan Carney (Jr, STAN)	9.250
#8T Russell Czeschin (Fr, OU)	9.250
#8T Nick Moore (Sr, NEB)	9.250

PARALLEL BARS:	Avg.
#3 CALIFORNIA	35.650
#4 STANFORD	35.275
#5 OKLAHOMA	35.167
#8 NEBRASKA	34.708
#7 Tim McNeil (So, CAL)	9.133
#8 Taqiy Abdullah-Simmons (So, OU)	9.100
#9 David Sender (So, STAN)	9.025
#10 Tyler Block (So, CAL)	8.933

HIGH BAR:	Avg.
#1 STANFORD	36.967
#2 OKLAHOMA	36.767
#5 CALIFORNIA	36.133
#1 Dylan Carney (Jr, STAN)	9.650
#3T Jonathan Horton (So, OU)	9.400
#3T Nate Downs (Sr, STAN)	9.400
#10 Colin Christ (So, CAL)	9.233