



MPSF NEWS

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2006 MOUNTAIN PACIFIC SPORTS FEDERATION INDOOR TRACK & FIELD ACADEMIC ALL-CONFERENCE SELECTIONS

WOODLAND, Calif. – Mountain Pacific Sports Federation executive director, Al Beard, has announced the Academic All-MPSF scholar-athletes for the 2006 MPSF INDOOR TRACK and FIELD season. The following student-athletes have been nominated for this award by their institutions on the basis of the following criteria:

1. 3.0 or better cumulative grade point average and Student-athlete must be at least a sophomore academically.
2. Student-athlete must have completed one full academic year at the member institution prior to the season for which the award is being received.
3. Student-athlete must have competed in fifty percent or more of the institution's competition in the student-athlete's respective sport.

Student-Athlete	GPA	Year	Event(s)	Hometown / Last School
UNIVERSITY OF ARIZONA				
Angelina Cabrera	3.81	Sophomore	Middle Distance	Boulder, CO / Boulder HS
Ashley Gadson	3.53	Sophomore	Sprints, Relays	Palo Alto, CA / Palo Alto HS
Ashley Ippolito	3.05	Junior	Distance	New Hope, PA / New Hope Solebury HS
Danielle Onate	3.47	Sophomore	Middle Distance	Safford, AZ / Safford HS
Robert Arnold	3.12	Junior	Heptathlon	Santa Rosa, CA / Maria Carrillo HS
Daniel Cook	3.28	Junior	Sprints	Littleton, CO / Chatfield HS
Kenny Frank	3.11	Sophomore	Distance	Redding, CA / Enterprise HS
Troy Harris	3.20	Junior	Sprints	Phoenix, AZ / Scottsdale CC
Jeff Hunter	3.67	Senior	Hurdles	El Cajon, CA / Granite Hills HS
Chris Ogle	3.94	Sophomore	Distance	Tucson, AZ / Mountain View HS
ARIZONA STATE UNIVERSITY				
Rachel Ellison	3.84	Senior	Distance	Pasco, WA / Univ. of Mississippi
Amy Hastings	3.01	Junior	Distance	Leavenworth, KS / Mountain View HS
Victoria Jackson	3.83	Senior	Distance	Lake Bluff, IL / Univ. of North Carolina
Jacquelyn Johnson	3.12	Sophomore	Pent., High Jump, Hurdles	Yuma, AZ / Yuma HS
Jenna Kingma	3.73	RS Freshman	Distance	San Luis Obispo, CA / San Luis Obispo HS
April Kubishta	3.74	Sophomore	Pole Vault	Lake Havasu City, AZ / Univ. of Arizona
Jessie McLaughlin	3.12	Junior	Middle Distance, Relay	Olympia, WA / Olympia HS
Sara Stevens	3.57	RS Freshman	Shot Put	Fort Collins, CO / Fort Collins HS
Cara Walker	3.63	Junior	Pole Vault	Huntington Beach, CA / San Diego State Univ.
Alana Waterford	3.09	Sophomore	Pole Vault, High Jump	Mesa, AZ / Skyline HS
Joey Heller	3.40	Sophomore	Middle Distance	Phoenix, AZ / Shadow Mountain HS
Tomas Navarro	3.08	Sophomore	Throws	Mesa, AZ / Highland HS
Ryan Warrenburg	3.71	Senior	Distance	Franklin, IN / Franklin Community HS
UNIVERSITY OF CALIFORNIA				
Kelechi Anyanwu	3.30	Junior	Throws	San Jose, CA / Silver Creek HS
Bridget Duffy	3.21	Junior	Distances	Oakland, CA / St. Mary's HS
Tifani Grimes	3.34	Sophomore	Pentathlon, High Jump	Sacramento, CA / St. Francis HS
Carrie Johnson	3.23	Senior	Throws	Fallbrook, CA / Fallbrook Union HS
Tiffany Johnson	3.16	Senior	Sprints, Jumps	El Sobrante, CA / Univ. of Maryland

Lindsay Maclise	3.68	Graduate Student	Mile, DMR	Davis, CA / Davis HS
Pippa McDonald	3.40	Junior	Middle Distance	Kailua, HI / Punahou HS
Danielle Navarre	3.86	Graduate Student	Pole Vault	Laverne, CA / St. Lucy's HS
Osarhiemen Omwanghe	3.45	Senior	Sprints, Hurdles, Relays	Fresno, CA / Buchanan HS
Abby Parker	3.53	Senior	Distance	Reno, NV / Galena HS
Angie Pressey	3.32	Sophomore	Sprints, Horizontal Jumps	Heathrow, FL / Lake May HS
Cassandra Strickland	3.40	Sophomore	Horizontal Jumps	Las Vegas, NV / Foothill HS
Brook Turner	3.24	Sophomore	Sprints, Relays	Beachwood, OH / The Hawken School
Trinity White	3.50	Senior	Horizontal Jumps	Brownsville, CA / Marysville HS
Rebecca Yau	3.66	Sophomore	Distances	Orinda, CA / Miramonte HS
Artensia Young	3.14	Sophomore	Horizontal Jumps	Los Angeles, CA / Junipero Serra HS
Donny Appanaitis	3.06	Sophomore	Pole Vault	Palos Verdes, CA / Loyola HS
Alex Beitashour	3.65	Sophomore	400-meters	San Francisco, CA / The Branson School
Chris Chavez	3.82	Sophomore	5,000-meters	Culver City, CA / Santa Monica HS
Jonas Hallgrimsson	3.09	Junior	Heptathlon	Hafnarfjodur, Iceland / USC
John Ludden	3.05	Sophomore	Weights	Canoga Park, CA / Harvard-Westlake
Alex McClary	3.09	Sophomore	800-meters	Shelton, WA / Shelton HS
Andy McClary	3.29	Sophomore	Mile	Shelton, WA / Shelton HS
CAL POLY, SAN LUIS OBISPO				
Cassie Atkinson	3.31	Sophomore	Distance	Lakeside, CA / El Capitan HS
Julie Hancock	3.28	Senior	Distance	Thousand Oaks, CA / Thousand Oaks HS
Lindsey McManus	3.13	Junior	Hurdles	Mountain View, CA / St. Francis HS
LONG BEACH STATE UNIVERSITY				
Jessica Branker	3.07	Sophomore	Sprints, Relay	Canyon Lake, CA / Temescal Canyon HS
Kelly Burke	3.26	Senior	Hurdles	Tucson, AZ / Catalina Foothills HS
Shanille Fairweather	3.20	Senior	Sprints, Relay	Los Angeles, CA / Warren HS
Jaclyn Pedersen	3.41	Senior	Distance	Simi Valley, CA / Royal HS
Kristina Price	3.06	Junior	Throws	Snelling, CA / Merced HS
Jill Reynolds	3.67	Junior	Pole Vault	Castaic, CA / Valencia HS
Jasmine Winfield	3.34	Junior	Sprints	Oceanside, CA / Oceanside HS
Daniel Estrella	3.25	Senior	Distance, Relay	Long Beach, CA / St. John Bosco HS
James Grabow	4.00	Senior	Distance	Running Springs, CA / San Bernardino Valley CC
Ezra Kwong	3.40	Senior	Throws	Novato, CA / College of San Mateo
UNIVERSITY OF OREGON				
Emily Enders	3.44	Junior	Pole Vault	Snohomish, WA / Snohomish HS
Kasey Harwood	3.67	Sophomore	Hurdles	Polson, MT / Polson HS
Brittany Hinchcliffe	3.03	RS-Senior	Throws	Olympia, WA / Capital HS
Roslyn Lundeen	3.79	RS-Senior	Throws	Victoria, BC / Claremont HS
Kalindra McFadden	3.68	RS-Freshman	Pentathlon	Bozeman, MT / Bozeman HS
Hannah Moore	3.72	RS-Senior	Pole Vault	Reno, NV / Reno HS
Sarah Pearson	3.90	RS-Freshman	Distance	Eugene, OR / South HS
Sara Schaaf	3.42	RS-Senior	Middle Distance	Klamath Falls, OR / Union HS
Irie Searcy	3.24	RS-Sophomore	Sprints	Portland, OR / Lincoln HS
Michael McGrath	3.56	RS-Sophomore	Middle Distance	Portland, OR / Lincoln HS
David Moore	3.20	RS-Junior	Pole Vault	Orinda, CA / Miramonte HS
Matthew Scherer	3.59	Senior	Sprints	Sumner, IL / Redhill HS
Christopher Winter	3.20	RS-Freshman	Distance	North Vancouver, BC / Handsworth HS
Andy Young	3.81	RS-Senior	Heptathlon	Newburg, OR / Newburg HS
STANFORD UNIVERSITY				
Lindsay Allen	3.23	Sophomore	Distance	Pleasant Hill, CA / College Park HS
Jakki Bailey	3.51	Senior	Sprints	Avondale, PA / Kennett HS
Maura Burk	3.51	Sophomore	High Jump	Freehold, NJ / Freehold Township HS
Katy Elsbury	3.62	Senior	Weight Throw	Peck, ID / Orofino HS

Ashley Freeman	3.17	Junior	800m	Hawthorne, CA / Long Beach Wilson HS
Lindsey Gannaway	3.65	Junior	High Jump	Edmond, OK / Edmond Memorial HS
Katie Harrington	3.35	Sophomore	Distance	Carmel, IN / Carmel HS
Nashonme Johnson	3.26	Senior	Sprints	Watauga, TX / Haltam HS
Arianna Lambie	3.98	Junior	Mile, 3000m	Harvard, MA / The Bromfield School
Anna McFarlane	3.25	Sophomore	Pole Vault	Weston, MA / Concord Carlisle HS
Erica McLain	3.02	Sophomore	Sprints, Horizontal Jumps	Plano, TX / Plano East HS
Teresa McWalters	3.41	Junior	Distance	San Francisco, CA / Home Schooled
Laura Mottaz	3.58	Sophomore	800m	Plymouth, MN / Maple Grove HS
Amanda Trotter	3.86	Junior	Mile, 3000m	Little Silver, NJ / Red Bank Regional HS
Katy Trotter	3.75	Junior	Mile, 3000m	Little Silver, NJ / Red Bank Regional HS

Neftalem Araia	3.29	Junior	Distance	Indianapolis, IN / Lawrence North HS
Russell Brown	3.47	Junior	800m, Mile	Hanover, NH / Hanover HS
Joaquin Chapa	3.51	Junior	800m, Mile	Portland, OR / Grant HS
Hakon Devries	3.09	Sophomore	Distance	Hopewell Junction, NY / John Jay HS
Steven DeWitt	3.36	Senior	Mile	Ellsworth, ME / Ellsworth HS
Jacob Evans	3.15	Sophomore	800m	Watsonville, CA / Aptos HS
Michael Garcia	3.46	Junior	800m	Santa Fe, NM / Santa Fe HS
Jacob Gomez	3.07	Senior	3000m	Klamath Falls, OR / Klamath Union HS
Brett Gotcher	3.16	Senior	3000m, 5000m	Watsonville, CA / Aptos HS
Garrett Heath	3.69	Sophomore	Mile, 3000m	Winona, MN / Winona Senior HS
Graeme Hoste	3.67	Sophomore	Pole Vault	Claremont, CA / Claremont HS
Josh Hustedt	3.27	Sophomore	Heptathlon	Sandy, UT / Jordan HS
Lauren Jespersen	3.02	Junior	Mile	Klamath Falls, OR / Klamath Union HS
Daniel Knickerbocker	3.22	Senior	Hurdles, Sprints	Miami, FL / Christopher Columbus HS
Hari Mix	3.46	Sophomore	3000m, 5000m	Charlottesville, VA / Albemarle HS
Feranmi Okanlami	3.09	Junior	Long Jump, Triple Jump	Granger, IN / Deerfield Academy
David Vidal	3.21	Senior	Mile	Kalispell, MT / Flathead HS

UC IRVINE

Kym Kroh	3.13	Senior	Hurdles	Riverside, CA / Riverside CC
Corica Rodgers	3.15	Junior	Sprints	Irvine, CA / University HS
Kristen Silverman	3.38	Junior	Sprints, Hurdles	Pomona, CA / Diamond Ranch HS
Danielle St. John	3.52	Sophomore	Jumps	Oakdale, CA / Oakdale HS

UCLA

Leslie Barrie	3.58	Senior	Distance	Torrance, CA / Torrance HS
Ashley Caldwell	3.32	Senior	Distance	Los Gatos, CA / Los Gatos HS
Allison Hall	3.64	Junior	Distance	San Diego, CA / Rancho Bernardo HS
Ingrid Kantola	3.20	Sophomore	Pole Vault	Sacramento, CA / St. Francis HS
Kathleen Mahoney	3.30	Sophomore	High Jump	Orange, CA / Rosary HS
Allison Miller	3.06	Sophomore	High Jump/Pentathlon	Los Altos, CA / Los Altos HS
Leslie Rychel	3.15	Sophomore	Long Jump	San Diego, CA / Valhalla HS
Jenna Timinsky	3.87	Junior	Distance	Encinitas, CA / San Dieguito Academy
Elizabeth Woepse	3.16	Sophomore	Pole Vault	Tustin, CA / Mater Dei HS

Erik Emilsson	3.22	Senior	Distance	Bjaard, Sweden / Polhemskolan
Austin Ramos	3.21	Sophomore	Distance	Sacramento, CA / Jesuit HS
Kyle Shacklton	3.82	RS-Freshman	Distance	Belmont, CA / Carlmont HS

UNIVERSITY OF WASHINGTON

Kelley DiVesta	3.35	Sophomore	Pole Vault	Colorado Springs, CO / Palmer HS
Carly Dockendorf	3.02	Junior	Pole Vault	Port Moody, B.C. / Best Secondary
Liz Fuller	3.38	Sophomore	Jumps	Kent, WA / Fort Vancouver, HS
Tina Gall	3.26	Junior	Distances	Edmonds, WA / Edmonds Woodway HS
Olivia Garrow	3.53	Sophomore	Distances	Seattle, WA / Nathan Hale HS
Mallory Higgins	3.04	Junior	Sprints/Hurdles	Bellvue, WA / Eastlake HS
Kaisa Keranen	3.05	Sophomore	Multi Events	Seattle, WA / Roosevelt HS
Brianna McLeod	3.23	Junior	Distances	Jenks, OK / Jenks HS
Amanda Miller	3.46	Sophomore	Mid-Distances	Wenatchee, WA / Eastmont HS

Trish Rasmussen	3.58	Sophomore	Distances	Phoenix, AZ / Mountain Ridge HS
Dani Schuster	3.46	Sophomore	Distances	Kennewick, WA / Kamiakin HS
Karen Schwager	3.49	Senior	Distances	Langley, WA / South Whidbey HS
Brynne Steward	3.31	Senior	Sprints/Hurdles	Sylmar, CA / Cleveland HS
Lindsay Todd	3.77	Junior	High Jump	Rock Island, IL / Rock Island HS
Ashley Wildhaber	3.41	Senior	Pole Vault	Chehalis, WA / UNC Wilmington
Blake Bidleman	3.34	Senior	Multi	Redmond, WA / Inglemoor HS
Doug Blaty	3.17	Senior	Multi	Couer d'Alene, ID / Univ. of Oregon
Will Conwell	3.17	Senior	Shot Put	Kent, WA / Kentwood HS
Corey Fredericks	3.86	Graduate	Multi	Vancouver, WA / Evergreen HS
Jon Harding	3.36	Sophomore	Distances	Issaquah, WA / Issaquah HS
Jon Hickey	3.63	Senior	Distances	Richland, WA / Hanford HS
Brad Liber	3.22	Junior	Distances	San Diego, CA / University HS
Mark Mandi	3.32	Senior	Distances	Everett, WA / Mariner HS
Michael Mateljan	3.05	Sophomore	Hurdles	Fullbrook, CA / Fullbrook Union HS
Phil McCary	3.28	Senior	Sprints	Juanita, WA / Juanita HS
Jeremy Mineau	3.45	Sophomore	Distances	Menlo Park, CA / Menlo-Atherton HS
Carl Moe	3.05	Junior	Distances	Auburn, WA / Auburn-Riverside HS
Seth Perrins	3.15	Senior	Pole Vault	Tekoa, WA / Ricks College
Kevin Peters	3.49	Senior	Distances	Longview, WA / Mark Morris HS
Roberts	3.40	Senior	Pole Vault	Cashmere, WA / Cashmere HS
Mike Sayenko	3.38	Senior	Distances	Bellevue, WA / Sammamish HS
Kyle Still	3.45	Sophomore	Hurdles	Bellingham, WA / Sehome HS
James Wilson	3.13	Sophomore	Distances	Yakima, WA / West Valley HS
J.R. Wolfork	3.18	Senior	Sprints/Jumps	Issaquah, WA / Pacific Lutheran College

WASHINGTON STATE UNIVERSITY

Karen DeMartini	3.75	Sophomore	Distance Relay	Reno, NV / Reno HS
Tamara Diles	3.35	Senior	Pole Vault	Bellevue, WA / Newport HS
Kaylee Gardner	3.84	Junior	Triple Jump	Bellingham, WA / Bellingham HS
McKinnon Hanson	4.00	Sophomore	High Jump	LaPush, WA / Forks HS
Collier Lawrence	3.13	Sophomore	Distance	Reno, NV / Reno HS
Nicole McClendon	3.42	Sophomore	Sprints	Granada Hills, CA / Bishop Alemany HS
Haley Paul	3.93	Sophomore	Distance	Phoenix, AZ / Desert Vista HS
La Shawnda Porter	3.07	Sophomore	Sprints	Renton, WA / Kent-Meridian HS
Kelly Ramirez	3.47	Sophomore	Distance	Duvall, WA / Cedarcrest HS
Katy Troy	3.12	Sophomore	Distance	Bellevue, WA / Bellevue HS
Kameko Wilson	3.03	Junior	Sprints	Spanaway, WA / Bethel HS
Jessica Zita	3.71	Sophomore	Throws	Echo, OR / Echo HS
Martin Boston	3.18	Senior	Sprints, Jumps	Hayward, CA / James Logan HS
D.J. Brown	3.05	Sophomore	Pole Vault	Bellingham, WA / Squaticum HS
Brandon Brownell	3.57	Junior	Heptathlon	Olympia, WA / Yelm HS
John Cassleman	3.06	Junior	400m	Pullman, WA / Pullman HS
Alex Grant	3.31	Junior	Distance	Bellingham, WA / Sehome HS
Mike Heidt	3.29	Senior	Distance	Selah, WA / Selah HS
Nick Isaac	3.07	Sophomore	Long Jump	Federal Way, WA / Decatur HS
Andrew Jones	3.25	Junior	Distance	Gillette, WY / Campbell County HS
Josh Leyk	3.05	Senior	400m, 60mH	Veradale, WA / Central Valley HS
Drew Ulrick	3.49	Junior	Shot Put	Spokane, WA / Mead HS

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