



# MPSF NEWS

MOUNTAIN PACIFIC SPORTS FEDERATION  
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## 2007 MOUNTAIN PACIFIC SPORTS FEDERATION **WOMEN'S LACROSSE STANDINGS**

	MPSF					OVERALL						
	W	L	PCT	HOME	AWAY	W	L	PCT	HOME	AWAY	NEUT	STREAK
1. Oregon <RV>	2	0	1.000	2-0	0-0	7	3	.700	6-0	1-3	0-0	Won 4
2. California	1	0	1.000	1-0	0-0	5	1	.833	5-1	0-0	0-0	Won 2
3. Stanford	1	1	.500	0-0	1-1	2	5	.286	1-3	1-2	0-0	Won 1
4. Denver <15>	0	0	.000	0-0	0-0	7	1	.875	1-1	6-0	0-0	Won 7
5. St. Mary's	0	1	.000	0-1	0-0	2	5	.286	2-5	0-0	0-0	Lost 1
6. UC Davis	0	2	.000	0-0	0-2	4	4	.500	4-2	0-2	0-0	Won 2

*MPSF Champion determined at MPSF Tournament May 4-6 at UC DAVIS...<> denote National Ranking...Final Standings=MPSF Tournament seeding.*

### MPSF DOMINATES NON-CONFERENCE ACTION; DUCKS PERFECT AT HOME

**OREGON** completed its first-ever undefeated season at home with a 16-11 win over Colgate Saturday in Eugene. The Raiders struck first, but the Ducks scored the next six and never looked back again. **Brooke Dieringer** shined on senior day with three goals in her final home game. **Kate Fleming** and **Alison Liener** each tallied three goals and one assist. **Ilsa Van Den Berg** turned in another four point game with two goals and two assists. With an excellent team effort on defense, freshman goalkeeper **Sam Debow** was forced to make only two saves in the game. **Jen May** tallied seven goals and five assists during the week as the Ducks also beat Longwood, 11-8, and Vermont, 20-12. Oregon (7-3) plays its final seven games on the road, the next four on the east coast and the last three in the MPSF. The journey begins Saturday (Mar. 24) at 12<sup>th</sup>-ranked Johns Hopkins....

**CALIFORNIA** took care of business at home this past week improving to 5-1 on the season with wins over Colgate 16-7 and William & Mary 11-10. The Bears never trailed against the Raiders last Tuesday, as **Alysse Kennedy** poured in game-bests five goals and seven points in her first career start. **Danni Zuralow** chipped in a pair of goals and assists for four points. **Hilary Lynch** collected 13 saves in 48 minutes of goalkeeping. Thursday, Cal scored five unanswered goals in a 12-minute second half stretch to post the tight win over the Tribe. **Liz Reifsnnyder** came off the bench to knock home the final two goals, including the game-winner with just over two minutes left in regulation. **Laura Cavallo** netted a game-high five points on three goals and two assists.

**DENVER** blasted Maryland-Baltimore County Monday, 15-2, to extend its win streak to seven games. The 15<sup>th</sup>-ranked Pioneers got off to a 6-0 start in the first half, as **Kristie Leggio** posted eight points on five goals and three assists in the win. DU also claimed an 18-12 outcome at home over George Washington. Up 12-11 with less than 10 minutes left in regulation, six straight goals were tallied to seal the win. Sophomore **Steph Coyne** collected eight points on career-highs four goals and four assists. Freshman **Ali Flury** continues to impress, pouring in six more goals against the Colonials. Leggio added five goals and one assist. Denver stays in Baltimore for a Wednesday neutral site non-conference match-up with Cornell....

**UC DAVIS** survived a hard-fought home game against Lafayette 13-12 last Wednesday. The Aggies went up 13-7 at the 11:37 mark in the second half, before the Leopards made a serious charge with five goals in the final five minutes of the game. **Megan O'Connor** tallied four goals and two assists. **Katie McGovern** dished out three assists and scored once. **Olivia Jarem** and **Molly Lapolla** each contributed a hat trick. **Hilary Harkins** totaled eight saves in a complete game to help get the Aggies even on the year at 4-4. UC Davis is off until it visits Lehigh and Bucknell Mar. 26 & 28...

**ST. MARY'S** fell 21-11 to William & Mary Saturday in Moraga. **Sonja Kapusta** attempted four shots and converted all of them for a season-high. **Abbie Coleman** knocked in three goals. The Gaels play their first road game this Saturday (Mar. 24) at Brown....

**STANFORD** begins its three-game east coast swing at Virginia Tech Sunday (Mar. 25). The Cardinal are coming off a pair of 10-9 outcomes at home, with the win against Colgate (Mar. 11) and the near upset defeat of fifth-ranked James Madison (Mar. 9). Freshman **Amanda Schwab** knocked in the game-winner at the 5:31 mark to edge the Raiders. Stanford went up 4-0 early in the game, fell behind 8-6 with about 18 minutes left in regulation, then used a 4-1 run to seal the comeback win. Junior **Laura Shane** totaled 28 saves in goal in the two games (17 vs. Colgate) out of 60 shots faced....

### **DENVER'S COYNE NAMED MPSF PLAYER OF THE WEEK**

*Woodland, Calif.* – Denver sophomore **Steph Coyne** (Baltimore, MD) was all over the field last Tuesday in an 18-12 win over George Washington. She tallied career numbers with four goals and four assists to help keep DU's win streak alive. Coyne's four assists tied for second most in Pioneer single-game history, while her eight points tied for fifth most. She leads Denver in assists on the season (12) and is sixth in the MPSF in scoring (3.29 PPG). Denver has won seven straight games....

ILWCA DIVISION I TOP-20 POLL

<http://www.iwlca.org/>

March 12, 2007

Rank	Team	Points	Last Week
1	North Carolina (15)	300	1
2	Northwestern	285	2
3	Maryland	270	3
4	Duke	254	4
5	James Madison	238	5
6	Notre Dame	224	6
7	Virginia	210	T7
8	Princeton	192	9
9	Dartmouth	185	T7
10	Georgetown	167	10
11	Syracuse	148	12
12	Johns Hopkins	126	11
13	Penn State	114	53
14	Richmond	109	13
15	<b>DENVER</b>	<b>99</b>	<b>16</b>
16	Pennsylvania	67	15
17	Rutgers	64	RV
18	Yale	37	NR
19	Hofstra	35	18
20	UMass	8	RV

**2007 MPSF PLAYERS OF THE WEEK**

Week	Student-Athlete	School
Mar. 19	Steph Coyne	Denver
Mar. 12	Laura Shane	Stanford
Mar. 12	Ali Flury	Denver
Mar. 5	Kristie Leggio	Denver
Feb. 26	Liz Reifsnnyder	California
Feb. 19	Lauren Schmidt	Stanford
Feb. 12	Ilsa Van Den Berg	Oregon

**2007 NCAA WOMEN'S LACROSSE CHAMPIONSHIP**

May 25 & 27 at University of Pennsylvania  
Franklin Field  
Philadelphia, Pennsylvania



The NCAA provides for a 16-team championship tournament which opens with first-round action on May 13, with winners advancing to quarterfinals on May 19. Quarterfinal winners advance to semifinal games at the University of Pennsylvania on May 25, ending with the championship game on May 27.

RECENT RESULTS

**Mon, Mar. 19**  
Denver 15, MARYLAND-BALTIMORE COUNTY 2

**Sat, Mar. 17**  
William & Mary 21, ST. MARY'S 11  
OREGON 16, Colgate 11

**Thu, Mar. 15**  
CALIFORNIA 11, William & Mary 10  
OREGON 11, Longwood 8

**Wed, Mar. 14**  
UC DAVIS 13, Lafayette 12

**Tue, Mar. 13**  
CALIFORNIA 16, Colgate 7  
DENVER 18, George Washington 12

**Mon, Mar. 12**  
OREGON 20, Vermont 12  
UC DAVIS 14, Iona 7

UPCOMING GAMES

**Wed, Mar. 21**  
Denver vs. Cornell (at Baltimore, MD) 3:30pm

**Sat, Mar. 24**  
St. Mary's at BROWN 2pm  
Oregon at JOHNS HOPKINS 5pm

**Sun, Mar. 25**  
Stanford at VIRGINIA TECH 1pm

**Mon, Mar. 26**  
UC Davis at LEHIGH 2pm

Home team in CAPS  
\*MPSF Game

**2007 MPSF WOMEN'S LACROSSE CHAMPIONSHIP**

May 4-6, at the University of California, Davis  
The 2007 MPSF Championship will be determined by a six-team postseason tournament. Teams will be seeded on the basis of conference finish.

**MPSF Quarterfinals - Fri, May 4**

Game 1: #5 Seed vs. #4 Seed  
Game 2: #6 Seed vs. #3 Seed  
No. 1 and No. 2 seeds have quarterfinal byes

**MPSF Semifinals - Sat, May 5**

Game 3: Losers Games 1 & 2  
Game 4: Winner Game 1 vs. #1  
Game 5: Winner Game 2 vs. #2

**MPSF Finals - Sun, May 6**

Game 6: 3<sup>rd</sup> Place: Losers Games 4 & 5  
Game 7: 1<sup>st</sup> Place: Winners Games 4 & 5

**MPSF LACROSSE ON THE WEB**

Midweek sports updates are available on the MPSF website at [www.mpsports.org](http://www.mpsports.org)