



MPSF NEWS

MOUNTAIN PACIFIC SPORTS FEDERATION
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2007 MOUNTAIN PACIFIC SPORTS FEDERATION **WOMEN'S LACROSSE STANDINGS**

	MPSF					OVERALL						
	W	L	PCT	HOME	AWAY	W	L	PCT	HOME	AWAY	NEUT	STREAK
1. Oregon <RV>	2	0	1.000	2-0	0-0	5	3	.625	4-0	1-3	0-0	Won 2
2. California	1	0	1.000	1-0	0-0	3	1	.750	3-1	0-0	0-0	Lost 1
3. Stanford	1	1	.500	0-0	1-1	2	5	.286	1-3	1-2	0-0	Won 1
4. Denver <15>	0	0	.000	0-0	0-0	5	1	.833	0-1	5-0	0-0	Won 5
5. St. Mary's	0	1	.000	0-1	0-0	2	4	.333	2-4	0-0	0-0	Won 1
6. UC Davis	0	2	.000	0-0	0-2	3	4	.429	3-2	0-2	0-0	Won 1

MPSF Champion determined at MPSF Tournament May 4-6 at UC DAVIS...< > denote National Ranking...Final Standings=MPSF Tournament seeding.

NO. 15 PIONEERS TURN IN PERFECT ROAD TRIP WITH FIVE WINS

DENVER completed a perfect road trip at 5-0 back east ending with convincing wins at then No.18 Hofstra, 14-5 Friday, and Stony Brook 17-9 Sunday. Freshman **Ali Flury** turned in a remarkable weekend for the 15th-ranked Pioneers with 11 points on nine goals and two assists. She tallied four times at Hofstra and five at Stony Brook, and is now tied for third in the MPSF in scoring (4.33 PPG). **Steph Coyne** knocked in a pair of goals with three assists against the Seawolves while **Megan Carver** added three assists. Carver had four goals and one assist vs. the Pride, while goalkeeper **Becky Childs** tallied nine saves....

STANFORD was involved in a pair of 10-9 outcomes this past weekend at home, with the win coming against Colgate and the near upset defeat to fifth-ranked James Madison. Sunday, freshman **Amanda Schwab** knocked in the game-winner at the 5:31 mark to edge the Raiders. Stanford went up 4-0 early in the game, fell behind 8-6 with about 18 minutes left in regulation, then used a 4-1 run to seal the comeback win. **Laura Shane** totaled 28 saves in goal in the two games (17 vs. Colgate) out of 60 shots faced. The Cardinal are now off until a season-long three-game road trip to close out the month at Virginia Tech (Mar. 25), Maryland (Mar. 28), and Vanderbilt (Mar. 31)....

OREGON knocked off St. Bonaventure last Thursday 13-10 in Eugene. Trailing 4-3, the Ducks used a 7-0 run late in the first half and into the early moments of the second to put it away. **Alison Liener** tallied a game-high seven points on three goals and four assists. **Brooke Dieringer** also posted a hat trick, in the first seven minutes of the game. **Ilsa Van Den Berg** scored four points on one goal and three assists. Freshman **Sam Debow** was in goal for the Ducks and registered five saves in her first career start. The Ducks host Longwood Thursday (Mar. 15) at 7pm and Colgate Saturday (Mar. 17) at 1pm....

ST. MARY'S picked up its second win, 16-13 over Lafayette Monday. The Gaels scored the final three goals of the game over a three minute span for the win. **PJ Hainley** recorded six points (2G/4A), **Jackie Spencer** added five (4G/1A). SMC, who also dropped a 10-9 game to Iona last Saturday, hosts William & Mary this Saturday (Mar. 17) at noon.....

CALIFORNIA dropped a tough 13-12 home game to Connecticut Friday, the first loss for the Bears. Down 13-9 with just over six minutes to play, Cal scored three unanswered goals but could not complete the comeback. **Laura Cavallo** tied a game-high four goals, while **Danni Zuralow** tallied five points on three goals and two assists. **Hilary Lynch** picked up seven saves in 56 minutes. The Bears host Colgate Tuesday (Mar. 13) and William & Mary Thursday (Mar. 15)....

UC DAVIS used a 9-2 second half outburst to put away Iona at home Monday, 14-7. **Katie McGovern**, **Molly Lapolla**, and **Patrice Clark** all chipped in a hat trick for the Aggies. **Megan O'Connor** dished out four assists in a 13-9 loss to Connecticut last Wednesday. Goalkeeper **Hilary Harkins** picked up 13 saves in two games this past week. UC Davis hosts Lafayette Wednesday (Mar. 14) at 3pm....

SHANE AND FLURY SHARE MPSF PLAYER OF THE WEEK

Woodland, Calif. –Stanford junior goalkeeper **Laura Shane** (Baltimore, MD) combined for 28 saves in the 60 shots she faced last week. She picked up 17 saves in a 10-9 win over Colgate while collecting 11 stoppers in a near upset of fifth-ranked James Madison, 10-9. She registered a .622 save percentage for the week. Shane currently leads the MPSF with 12.14 saves per game, while her career total of 494 is the most in Stanford history..... Denver freshman **Ali Flury** (Arnold, MD) had a wild weekend on offense back east. She recorded four goals and two assists in Denver's 14-5 win at then No. 18 Hofstra. Flury, who is tied for third in the conference in scoring (4.33 PPG), also found the net five times in a 17-9 win at Stony Brook. The No. 15 Pioneers won five straight games on the east coast.

THE MPSF....CELEBRATING 15 YEARS OF NCAA CHAMPIONSHIP COMPETITION

ILWCA DIVISION I TOP-20 POLL

<http://www.iwlca.org/>

March 11, 2007

Rank	Team	Points	Last Week
1	North Carolina (15)	300	1
2	Northwestern	285	2
3	Maryland	270	3
4	Duke	254	4
5	James Madison	238	5
6	Notre Dame	224	6
7	Virginia	210	T7
8	Princeton	192	9
9	Dartmouth	185	T7
10	Georgetown	167	10
11	Syracuse	148	12
12	Johns Hopkins	126	11
13	Penn State	114	53
14	Richmond	109	13
15	DENVER	99	16
16	Pennsylvania	67	15
17	Rutgers	64	RV
18	Yale	37	NR
19	Hofstra	35	18
20	UMass	8	RV

RECENT RESULTS

Mon, Mar. 12
 ST. MARY'S 16, Lafayette 13
 UC DAVIS 14, Iona 7
 OREGON 20, Vermont 12
Sun, Mar. 11
 STANFORD 10, Colgate 9
 Denver 17, STONY BROOK 9
Sat, Mar. 10
 Iona 10, ST. MARY'S 9
Fri, Mar. 9
 James Madison 10, STANFORD 9
 Connecticut 13, CALIFORNIA 12
 Denver 14, HOFSTRA 5
Thu, Mar. 8
 OREGON 13, ST. Bonaventure 10
Wed, Mar. 7
 Connecticut 13, UC DAVIS 9

UPCOMING GAMES

Tue, Mar. 13
 Colgate at CALIFORNIA 1pm
 George Washington at DENVER 4pm
Wed, Mar. 14
 Lafayette at UC DAVIS 3pm
Thu, Mar. 15
 William & Mary at CALIFORNIA 3:30pm
 Longwood at OREGON 7pm
Sat, Mar. 17
 William & Mary at ST. MARY'S NOON
 Colgate at OREGON 1pm
Mon, Mar. 19
 Denver at MARYLAND-BALTIMORE COUNTY 7pm

Home team in CAPS
 *MPSF Game

2007 MPSF PLAYERS OF THE WEEK

Week	Student-Athlete	School
Mar. 12	Laura Shane	Stanford
Mar. 12	Ali Flury	Denver
Mar. 5	Kristie Leggio	Denver
Feb. 26	Liz Reifsnnyder	California
Feb. 19	Lauren Schmidt	Stanford
Feb. 12	Ilsa Van Den Berg	Oregon

2007 NCAA WOMEN'S LACROSSE CHAMPIONSHIP

May 25 & 27 at University of Pennsylvania
 Franklin Field
 Philadelphia, Pennsylvania



The NCAA provides for a 16-team championship tournament which opens with first-round action on May 13, with winners advancing to quarterfinals on May 19. Quarterfinal winners advance to semifinal games at the University of Pennsylvania on May 25, ending with the championship game on May 27.

MPSF LACROSSE ON THE WEB

Midweek sports updates are available on the MPSF website at www.mpsports.org

2007 MPSF WOMEN'S LACROSSE CHAMPIONSHIP

May 4-6, at the University of California, Davis

The 2007 MPSF Championship will be determined by a six-team postseason tournament. Teams will be seeded on the basis of conference finish.

MPSF Quarterfinals - Fri, May 4

Game 1: #5 Seed vs. #4 Seed
 Game 2: #6 Seed vs. #3 Seed
 No. 1 and No. 2 seeds have quarterfinal byes

MPSF Semifinals - Sat, May 5

Game 3: Losers Games 1 & 2
 Game 4: Winner Game 1 vs. #1
 Game 5: Winner Game 2 vs. #2

MPSF Finals - Sun, May 6

Game 6: 3rd Place: Losers Games 4 & 5
 Game 7: 1st Place: Winners Games 4 & 5