



MPSF NEWS

MOUNTAIN PACIFIC SPORTS FEDERATION
 PO Box 850 • Woodland, CA 95776-0850
 530.669.7600 • Fax 530.669.7627 • abeaird@mpsports.org

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Contact: Al Beaird

2007 ALL-MPSF WOMEN'S LACROSSE TEAM

Woodland, Calif. – Mountain Pacific Sports Federation Executive Director, Al Beaird, announces the 2007 All-MPSF Women's Lacrosse Team, Newcomer, Player, and Coach of the Year honorees as selected by the Federation's lacrosse coaches.

2007 MPSF PLAYER of the YEAR

KRISTIE LEGGIO #2 Senior, Midfielder – UNIVERSITY OF DENVER – Bayshore, NY (Bayshore HS)

Senior midfielder **Kristie Leggio** (Bay Shore, N.Y.) is a two-time Mountain Pacific Sports Federation Player of the Year and an eight-time MPSF Player of the Week, including five times this season. Leggio, who played her first two seasons at Maryland, has led Denver to a 30-7 overall record and a 9-2 MPSF record in the past two seasons. This season, Leggio leads the MPSF in points (98), points per game (5.76), goals (59), goals per game (3.47), assists (39) and assists per game (2.29), and she leads DU in draw controls (40) and free-position goals (12). Nationally, Leggio is third in points per game, fifth in goals per game, and eighth in assists per game. Denver's all-time leader in assists with 76, Leggio is second with 202 career points and third with 126 goals. She holds first and second place on DU's single-season records in goals, assists and points. With her three assists against Cal, she set a new DU single-season record with 39 assists. Leggio is eight goals and six points from setting new single-season records in those categories. Leggio has scored a point in 41-straight games, the sixth-best active streak in the NCAA, and she has a goal in 18-consecutive games.

2007 MPSF NEWCOMER of the YEAR

ALI FLURY #6 Freshman, Midfielder – UNIVERSITY OF DENVER – Arnold, MD (Broadneck HS)

Freshman midfielder **Ali Flury** (Arnold, Md.) was voted the 2007 MPSF Newcomer of the Year by MPSF coaches and also earned MPSF Co-Player of the Week on March 12. Flury trails only **Kristie Leggio** on the Pioneers and in the MPSF with 56 goals, 3.29 goals per game, 68 points and 4.00 points per game. Flury's five game-winning goals this season are also the team high. Nationally, Flury is 10th in goals per game and 23rd in points per game. Flury's 56 goals this season are the fourth most in a season for Denver and shattered DU's previous freshman record of 47, set by **Karen Morton** last season. Flury's 68 points are the fourth highest single-season mark in team history and one better than Morton's previous freshman record. Flury has scored at least one goal in all 17 games she has played with the Pioneers, the 12th best active streak in the NCAA, and she has scored a hat trick or better 11 times.

2007 MPSF COACH of the YEAR

JEN LARSEN 3rd Season – UNIVERSITY OF OREGON

Jen Larsen, in her third year since building the program, is having her finest year as a head coach thus far, bettering the team's record each season from the previous year, culminating with this season's 11-6 record. Her Oregon Ducks began this year with an upset of then-No. 16 ranked Stanford, the first time they'd ever defeated The Cardinal, and showed their newfound strength by posting a 4-1 record in conference play. The Ducks were unstoppable on their home turf posting a perfect 6-0 record at Pape' Field. Oregon currently boasts six players ranked in the top-25 in MPSF scoring, including two players with 30 goals. The Ducks' defense has been bolstered by goalkeeper **Anna Poponyak**, who is second in the MPSF with a 9.60 Goals Against Average. A native of Doylestown, Pa., Larsen attributes much of the program's success to assistant coaches **Robert Bray** and **Beth Ames**, who have both been with the Ducks since before the program's inaugural season. Larsen was a two-sport star at the Virginia, captaining both the lacrosse and field hockey teams. Larsen and her lacrosse teammates won the NCAA championship in 1993 and finished as runner-up in 1996. Larsen graduated from Virginia in 1996 with a degree in psychology.

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Athlete	Jersey	Year	Position	School	Hometown (Last School)
Kristie Leggio	2	Senior	Midfield	Denver	Bay Shore, NY – Bay Shore HS
Laura Shane	25	Junior	Goalkeeper	Stanford	Baltimore, MD – Towson HS
Jen May	12	Sophomore	Midfield	Oregon	Davidsonville, MD – South River HS
Natasha Davies	8	Sophomore	Defense	Denver	Annapolis, MD – Broadneck HS
Alicia Burkhart	19	Sophomore	Defense	Oregon	Eldersburg, MD – Century HS
Kelly O'Connell	22	Junior	Defense	Denver	Baltimore, MD - Seton Keough HS
Ilsa van den Berg	17	Sophomore	Attack	Oregon	Reisterstown, MD – Maryvale Prep
Stephanie Coyne	14	Sophomore	Attack	Denver	Baltimore, MD – Bryn Mawr School
Karen Morton	13	Sophomore	Midfield	Denver	Adelaide, Australia – Henley HS
Hilary Harkins	1	Junior	Goalkeeper	UC Davis	Orinda, CA – Miramonte HS
Laura Cavallo	8	Senior	Attack	California	Bay Shore, NY – Bay Shore HS
Liz Piselli	28	Senior	Midfield	Stanford	Rockville Center, NY – South Side HS
Ali Flury	6	Freshman	Midfield	Denver	Arnold, MD – Broadneck HS
Brooke Dieringer	4	Senior	Attack	Oregon	Davidsonville, MD – St. Mary's HS/UNC
Daphne Patterson	44	Junior	Attack	Stanford	New York, NY – St. Andrews School
Lauren Schmidt	24	Freshman	Midfield	Stanford	Bay Shore, NY – Bay Shore HS

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