



MOUNTAIN PACIFIC SPORTS FEDERATION

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For immediate release

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FOUR MPSF GYMNASTS QUALIFY FOR NCAA WEST REGIONAL

WOODLAND, Calif. (Apr. 2) Four MPSF gymnasts have qualified for NCAA West regional competition in at the University of California's Haas Pavilion in Berkeley on Saturday, April 14.

Seattle Pacific senior gymnasts **Debra Huss** (Orangevale, CA/Bella Vista HS) and **Sarah Sullivan** (Salem, OR/Sprague HS) both qualified as all-around competitors to the West Regional. UC Davis junior **Andi Dolinsky** (Grand Terrace, CA/Loma Linda Academy) qualified on floor exercise and Aggie freshman **Tanya Ho** (Elk Grove, CA/St. Francis HS) will compete on the vault. Ho is also an alternate selection as an all-arounder with junior teammate **Carrie Lujan** (Salinas, CA/Salinas HS) serving as Ho's alternate on vault.

Huss, the reigning 2007 Mountain Pacific Sports Federation floor and all-around champion, also qualified for the NCAA Regional in 2005. Sullivan won the MPSF title on balance beam and was the Federation's all-around runner-up at last week's championship meet at Seattle Pacific University. This marks the first time that two SPU gymnasts have qualified for NCAA regional since 2003.

Dolinsky was chosen 2007 MPSF Gymnast of the Year by Federation head coaches and has had a stellar year after enduring an injury plagued 2006 season. A two-time MPSF Gymnast of the Week, Dolinsky placed second in a three-way tie on floor at the MPSF Championship meet last week to tie her career-high of 9.875. Freshman Ho won the vault title in her first five collegiate competitions and also earned second in that event (9.825) at the MPSF Championship. Lujan, who also competed as an all-around gymnast, was the epitome of consistency on the vault never scoring below 9.7 and finishing with an RQS of 9.8.

NCAA Regionals take the six top teams from their region, plus five all-around gymnasts and the top individual event competitors not competing on a team. From there, two teams, two all-arounders and one individual event titlist from each regional, not competing on an advancing team, will advance to the NCAA Women's Gymnastics Championship April 26-28 in Salt Lake City.

More information about the 2007 NCAA National Collegiate Women's Gymnastics Championship can be seen at <http://ncaasports.com/gymnastics/womens> .

For updates from the 2007 Mountain Pacific Sports Federation Women's Gymnastics Season including Championship results, check out the MPSF website at www.mpsports.org.