



MPSF NEWS

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MOUNTAIN PACIFIC SPORTS FEDERATION

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2007 MOUNTAIN PACIFIC SPORTS FEDERATION MEN'S GYMNASTICS WEEKLY UPDATE #1

GymInfo MEN'S GYMNASTICS

NATIONAL RANKINGS - by
Total Season Average- Jan. 23

Rank	Team	Region	Avg. Score
1.	Michigan	E	215.275
2.	Penn State	E	212.212
3.	OKLAHOMA	W	210.275
4.	Ohio State	E	209.500
5.	Illinois	E	207.250
6.	Minnesota	E	206.400
7.	STANFORD	W	205.100
8.	Iowa	E	203.200
9.	Temple	E	198.600
10.	Army	E	197.975
11.	NEBRASKA	W	196.500
12.	Illinois-Chicago	E	196.150
13.	CALIFORNIA	W	196.000
14.	Navy	E	194.050
15.	William & Mary	E	187.000
16.	Springfield	E	186.750
17.	AIR FORCE	W	178.125
18.	James Madison	E	159.775

MPSF GYMNAST OF THE WEEK

January 22--TJ Schmidt, Nebraska (So, Blair, NE)...won event title on horse (9.0) and bars (9.350), tied for 2nd on rings (8.950) in Norman, OK, against OU and Air Force Jan. 20....

January 15-- Jacob Messina, Oklahoma (Jr, Matthews, NC)...won All-Around (51.00) and rings (9.2), tied for first on Horse (8.55) and career best on parallel bars (8.9), placing second, at Rocky Mountain Open Jan. 12. Won rings (9.1) and second on high bar (8.7) and horse (8.5) at event Finals Jan. 13.

MPSF GYMNASTICS ON THE WEB

Midweek sports updates are available on the MPSF website at www.mpsports.org.

Weekly rankings and scoring for NCAA men's gymnastics, log on to:

<http://www.troester.com/gym/>

MPSF MEN'S GYMNASTICS CHAMPIONSHIP - March 31 at the University of California, Berkeley. For more information, visit the Bears' website at www.calbears.com

#3 OKLAHOMA, 4-0: Back-to-Back defending NCAA Champion Oklahoma defeated MPSF opponents Nebraska and Air Force for the second time in as many weeks, with a 213.200 score in Norman Jan. 20, nearly six full points better than opening week. The Sooners claimed five of six events and were led by sophomore **Chris Brooks**, who placed first on vault (9.15) and first on floor with a career-mark (9.65). Oklahoma also won the Rocky Mountain Open Jan. 12-13, in Colorado Springs with a score of 207.350, ahead of Nebraska (189.700) and host Air Force (175.300). The Sooners won every apparatus in team competition, paced by **Jacob Messina** as the all-around champion (51.000). He tied for first on the pommel horse (8.550) and won the still rings (9.200). Messina also took silvers on the high bar (8.550) and in a career-effort on the parallel bars (8.900). In the event finals on day two, Messina would again win the rings (9.100) and finish second on high bar (8.700) and pommel horse (8.500). Oklahoma visits top-ranked Michigan Saturday (Jan. 27) at 7pm...

#7 STANFORD, 1-0: The cardinal opened 2007 with a win at cross-bay rival California Friday (Jan. 19) by a count of 205.100-196.000, taking four of six events. Stanford's still rings proved to be the most successful score of any apparatus for either team on the evening (35.900). Junior **David Sender** won the all-around (50.45), with event titles on vault (8.900) and third place finish on the parallel bars (9.000). **Dylan Carney** won the high bar title (9.300), was second on vault (8.85) and third on floor (8.900). Stanford faces Cal again, as well as Nebraska, in a triangular meet in Palo Alto's Stanford Open Saturday (Jan. 27) at 7pm...

#11 NEBRASKA, 2-2: The Huskers raised their team score significantly from week one, turning in a 203.300 and finishing second of three at Oklahoma this past weekend. The team recorded the highest score on the pommel horse (33.000), guided by sophomore **T.J. Schmidt's** event-high finish (9.000). Schmidt also won the parallel bars title (9.350) and tied for second on the still rings (8.950). NU placed second in the Rocky Mountain Open in Colorado Springs Jan. 12-13, with a team score of 189.700, behind Oklahoma (207.350) and ahead of host Air Force (175.300). On day one, Schmidt tied for first on the pommel horse (8.550), and matched that mark the following night in the event finals as he won his first event of his collegiate career. **Jason Wassung** finished second all-around (48.050) in team competition, followed by **Stephen Tetrault** in third (46.150). The Huskers head west to the Stanford open to compete with the host Cardinal and the California Bears Saturday (Jan. 27).

#13 CALIFORNIA, 0-1: The Golden Bears came up short in their 2007 opener in Berkeley, falling to rival Stanford 205.100-196.000. Cal had the top two finishers on the floor and parallel bars. **Aaron Moy** won the floor title (9.200) followed by **Bryan Del Castillo** (9.000). On the bars, **Kyson Bunthuwong** (9.250) and **Tim McNeil** (9.100) took top honors. Bunthuwong also registered a runner-up finish on the high bar (8.750). Cal gets another chance at the Cardinal, partaking in the Stanford Open with Nebraska Saturday (Jan. 27)....

#17 AIR FORCE ACADEMY, 0-4: The Falcons also improved on their score from the first week of the season, posting a 180.950 in Norman, Oklahoma Jan. 20, taking third in competing with Nebraska and the host Sooners. Freshman **Brennan Woolford** finished second all-around (44.350) and improved on five events from week one. Likewise, five of the six event scores plus the all-around went up for Air Force from the previous week at the Rocky Mountain Open, where the Falcons opened their season Jan. 12-13. In that meet, AFA scored a 175.300, behind Oklahoma (207.350) and Nebraska (189.700). Woolford placed eighth (41.300) in the All-Around in his first ever collegiate meet, while also posting the team's top score and sixth overall on the floor (8.300). Woolford also tied for third on floor (8.200) in the event finals on day two. The best Air Force finish in the meet belonged to **Tyler Sickles** who placed third on the high bar (8.500) in the team competition.

THE MPSFCELEBRATING 15 YEARS OF NCAA CHAMPIONSHIP COMPETITION

RECENT MEET RESULTS

Home Team in Caps - Start Times Local

Friday, January 12

- Rocky Mountain Open: Oklahoma 207.350, Nebraska 189.700, AIR FORCE 175.300

Friday, January 19

- Stanford 205.100, CALIFORNIA 196.000

Saturday, January 20

- OKLAHOMA 213.200, Nebraska 203.300, Air Force 180.950

UPCOMING MEETS

Saturday, January 27

- Stanford Open: STANFORD, California, Nebraska 7pm
- Oklahoma at MICHIGAN 7pm

Friday, February 2

- Oklahoma at NEBRASKA 730pm

Saturday, February 3

- Army at AIR FORCE 7pm

Thu, Feb. 8-Sat, Feb.10

- Winter Cup: at Las Vegas, NV 7pm

2007 MPSF GYMNASTS OF THE WEEK

Week	Gymnast	Year	School
Jan. 22	T.J. Schmidt	So.	Nebraska
Jan. 15	Jacob Messina	Jr.	Oklahoma

2007 MPSF MEN'S GYMNASTICS CHAMPIONSHIP MEET

University of California, Berkeley; Berkeley, CA- March 31, 2007

The University of California, Berkeley will host the 2007 MPSF Men's Gymnastics Championship Saturday, March 31. Visit the Bears' website at www.calbears.com for more details.

NCAA MEN'S GYMNASTICS ON THE WEB

April 12-14, 2007 at Penn State University, University Park, PA.

Information on the 65th annual NCAA Men's Gymnastics Championships at Penn State are available at both www.gopsusports.com and www.ncaachampionships.com.



MPSF NATIONAL RANKINGS

By Total Season Average

TEAM SCORES:

		Avg.
#3	OKLAHOMA	210.275
#7	STANFORD	205.100
#11	NEBRASKA	196.500
#13	CALIFORNIA	196.000
#17	AIR FORCE	178.125

Team & Individual National Top-10 Rankings

ALL-AROUND:

		Avg.
#4	Jacob Messina (Jr, OKLA)	51.000
#7	David Sender (Jr, STAN)	50.450

FLOOR EXERCISE:

		Avg.
#2	OKLAHOMA	36.550
#8	CALIFORNIA	34.650
#9	STANFORD	34.600
#1	Jonathan Horton (Jr, OKLA)	9.600
#5	Chris Brooks (So, OKLA)	9.317
#8T	Aaron Moy (Jr, CAL)	9.200

POMMEL HORSE:

		Avg.
#3	STANFORD	34.750
#6	OKLAHOMA	32.950
#9	CALIFORNIA	31.650
#5	Brice Rolston (Sr, STAN)	8.950
#7	Chris Harper (Jr, STAN)	8.900
#10	Bryant Hadden (So, STAN)	8.750

STILL RINGS:

		Avg.
#3	STANFORD	35.900
#4	OKLAHOMA	35.850
#8	CALIFORNIA	35.050
#10	Peter Derman (Sr, STAN)	9.200

VAULT:

		Avg.
#2	OKLAHOMA	35.175
#8	STANFORD	33.650
#10	NEBRASKA	33.200
#2T	Davis Sender (Jr, STAN)	8.900
#6	Kyle McNamara (So, OKLA)	8.867
#7T	Dylan Carney (Sr, STAN)	8.850
#10	Ian Jackson (Fr, OKLA)	8.825

PARALLEL BARS:

		Avg.
#4	OKLAHOMA	35.425
#5	CALIFORNIA	35.200
#9	STANFORD	34.500
#4T	Jonathan Horton (Jr, OKLA)	9.300
#6	Kyson Bunthuwong (So, CAL)	9.250
#9	Tim McNeil (Jr, CAL)	9.100
#10T	Jason Shen (So, STAN)	8.600

HIGH BAR:

		Avg.
#5	OKLAHOMA	34.325
#9	NEBRASKA	32.575
#1	Dylan Carney (Sr, STAN)	9.300
#6T	Brian Carr (Sr, OKLA)	8.900