



MOUNTAIN PACIFIC SPORTS FEDERATION

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2007 MPSF INDOOR TRACK CHAMPIONSHIPS MEET SCHEDULE

(Revised 1/25/07)

Day 1 – Friday, February 23, 2007

- 12:00 p.m. Pentathlon: Women 60 Meter Hurdles Finals
- 12:00 p.m. Women Weight Throw Finals
- 12:20 p.m. Heptathlon: Men 60 Meter Dash Finals
- 12:40 p.m. Pentathlon: Women High Jump Finals
- 12:50 p.m. Heptathlon: Men Long Jump Finals
- 2:05 p.m. Heptathlon: Men Shot Put Finals
- 2:30 p.m. Women Long Jump Finals
- 3:10 p.m. Pentathlon: Women Shot Put Finals
- 3:20 p.m. Heptathlon: Men High Jump Finals
- 4:30 p.m. Pentathlon: Women Long Jump Finals
- 5:00 p.m. Women Pole Vault Finals
- 5:30 p.m. Men Weight Throw Finals
- 5:45 p.m. Pentathlon: Women 800 Meter Run Finals
- 5:55 p.m. Men 60 Meter Hurdles Prelims
- 6:00 p.m. Women 60 Meter Hurdles Prelims
- 6:10 p.m. Men 60 Meter Dash Prelims
- 6:15 p.m. Women 60 Meter Dash Prelims
- 6:25 p.m. Men 5000 Meter Run Finals
- 6:30 p.m. Men Long Jump Finals
- 6:45 p.m. Women 5000 Meter Run Finals
- 7:10 p.m. Men 200 Dash Final (**sections based on Time**)
- 7:20 p.m. Women 200 Dash Final (**sections based on Time**)
- 7:30 p.m. Men Distance Medley Finals
- 7:45 p.m. Women Distance Medley Finals

Day 2 – Saturday, February 24th 2007

- 10:00 a.m. Heptathlon: Men 60 Meter Hurdles Finals
- 11:00 a.m. Women Triple Jump Finals
- 11:00 a.m. Heptathlon: Men Pole Vault Finals
- 11:00 a.m. Men High Jump Finals
- 11:00 a.m. Women Shot Put Finals
- 12:00 p.m. Men 1 Mile Run Finals (with Sections based on Time)**
- 12:20 p.m. Women 1 Mile Run Finals (with Sections based on Time)**
- 12:40 p.m. Men 60 Meter Hurdles Finals
- 12:45p.m. Women 60 Meter Hurdles Finals
- 12:55 p.m. Men 400 Meter Dash Finals (with sections based on Time)**
- 1:05 p.m. Women 400 Meter Dash Finals (with sections based on Time)**
- 1:15 p.m. Men Pole Vault Finals
- 1:20 p.m. Men 60 Meter Dash Finals
- 1:30 p.m. Women 60 Meter Dash Finals
- 1:30 p.m. Women High Jump Finals
- 1:30 p.m. Men Shot Put Finals
- 1:30 p.m. Men Triple Jump Finals
- 1:35 p.m. Heptathlon: Men 1000 Meter Run Finals
- 1:45 p.m. Men 800 Meter Run Finals (with Sections based on Time)**
- 2:00 p.m. Women 800 Meter Run Finals (with Sections based on Time)**
- 2:15 p.m. Men 3000 Meter Run Finals
- 2:30 p.m. Women 3000 Meter Run Finals
- 2:45 p.m. Men 4x400 Meter Relay Finals
- 3:00 p.m. Women 4x400 Meter Relay Final