



# MPSF NEWS

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 MOUNTAIN PACIFIC SPORTS FEDERATION  
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## 2007 MOUNTAIN PACIFIC SPORTS FEDERATION INDOOR TRACK & FIELD ACADEMIC ALL-MPSF SELECTIONS

WOODLAND, Calif. – Mountain Pacific Sports Federation executive director, Al Beard, has announced the Academic All-MPSF scholar-athletes for the 2006 MPSF INDOOR TRACK and FIELD season. The following student-athletes have been nominated for this award by their institutions on the basis of the following criteria:

1. 3.0 or better cumulative grade point average and Student-athlete must be at least a sophomore academically.
2. Student-athlete must have completed one full academic year at the member institution prior to the season for which the award is being received.
3. Student-athlete must have competed in fifty percent or more of the institution's competition in the student-athlete's respective sport.

Student-Athlete	GPA	Year	Event(s)	Hometown / Last School
<b>UNIVERSITY OF ARIZONA</b>				
Kelli Burton	3.05	Senior	Throws	Kaysville, UT / Utah State
Gabrielle Duclos	3.37	Sophomore	Pole Vault	Quebec, Canada / De Rochebelle HS
Ashley Gadson	3.41	Junior	Sprints	Palo Alto, CA / Palo Alto HS
Danielle Onate	3.38	Junior	Distance	Safford, AZ / Safford HS
Shelly Splittberger	3.24	Sophomore	Distance	Glendale, AZ / Deer Valley HS
Marissa Urban	3.43	Sophomore	Distance	Woodland Park, CO / Woodland Park HS
Kendra Walworth	4.00	Sophomore	Throws	Tucson, AZ / Catalina Foothills HS
Jake Arnold	3.07	Senior	Multi-Events	Santa Rosa, CA / Maria Carrillo HS
Jason Colavito	3.31	Sophomore	Distance	Tucson, AZ
Daniel Cook	3.08	Senior	Hurdles	Littleton, CO / Chatfield HS
Kenny Frank	3.04	Junior	Distance	Redding, CA / Enterprise HS
Troy Harris	3.43	Senior	Sprints	Phoenix, AZ / Scottsdale CC
Kyle Marr	3.23	Senior	High Jump	Phoenix, AZ / Highland HS
Xiong Xuehan	4.00	Sophomore	Sprints	Wuhan, China
<b>ARIZONA STATE UNIVERSITY</b>				
Amy Hastings	3.10	Senior	Distance	Leavenworth, KS / Mountain View HS
Jacquelyn Johnson	3.06	Junior	Multi-Events	Yuma, AZ / Yuma HS
Ali Kiely	3.67	RS Freshman	Distance	Torrance, CA / West Torrance HS
April Kubishta	3.69	Junior	Pole Vault	Lake Havasu City, AZ / Univ. of Arizona
Jessie McLaughlin	3.23	Senior	Middle Distance	Olympia, WA / Olympia HS
Sara Stevens	3.48	Sophomore	Throws	Fort Collins, CO / Fort Collins HS
Cara Walker	3.68	Senior	Pole Vault	Huntington Beach, CA / San Diego State Univ.
Jason Lewis	3.72	RS Freshman	Throws	Phoenix, AZ / Mountain Pointe HS
Ryan Whiting	3.45	RS Freshman	Throws	Harrisburg, PA / Central Dauphin HS
<b>UNIVERSITY OF CALIFORNIA</b>				
Kelechi Anyanwu	3.21	Senior	Throws	San Jose, CA / Silver Creek HS
Kandi Bonty	3.21	Sophomore	Sprints	Los Angeles, CA / James Monroe HS
Tifani Grimes	3.35	Sophomore	Multi-Events	Sacramento, CA / St. Francis HS

Mercedes Marchbanks	3.17	RS Freshman	Horizontal Jumps	Redwood City, CA / Sequoia HS
Lollie Onipede	3.36	Sophomore	Sprints	Berkeley, CA / Holy Names HS
Angie Pressey	3.42	Sophomore	Sprints, Horizontal Jumps	Heathrow, FL / Lake May HS
Evelyn Smith	3.19	Sophomore	Sprints	Hayward, CA / Hayward HS
Cassandra Strickland	3.09	Junior	Horizontal Jumps	Las Vegas, NV / Foothill HS
Brook Turner	3.33	Junior	Sprints, Relays	Beachwood, OH / The Hawken School
Daisy Van Ravenswaay	3.48	Senior	Throws	Canfield, Ontario, Canada / Connecticut
Francesca Weems	3.70	Sophomore	Sprints	Kailua-Kona, HI / Kealakehe HS
Alex Beitashour	3.57	Senior	Sprints	San Francisco, CA / The Branson School
Craig Gallimore	3.17	Junior	Hurdles	Burke, VA / Lake Braddock HS
Jonas Hallgrímsson	3.15	Senior	Multi Events	Hafnarfjodur, Iceland / USC
Jake Hanson	3.11	Sophomore	Sprints	Yelm, WA / Yelm HS
John Ludden	3.02	Junior	Throws	Canoga Park, CA / Harvard-Westlake
Zak Thomas	3.10	Junior	Throws	Wakefield, RI / South Kingstown HS

### LONG BEACH STATE UNIVERSITY

Nicole Blalock	3.62	Senior	Middle Distance	Orangae, CA / Villa Park HS
Jenessa Botello	3.09	Junior	Middle Distance	Whitter, CA / Cerritos College
Jessica Branker	3.15	Senior	Sprints, Relay	Canyon Lake, CA / Temescal Canyon HS
Miia Mobley	3.66	Sophomore	Jumps	San Diego, CA / Mt. Carmel HS
Jill Reynolds	3.39	Junior	Pole Vault	Castaic, CA / Valencia HS
Bethany Ross	3.32	Senior	Sprints	Fresno, CA / Clovis West JS
Jasmine Winfield	3.31	Senior	Sprints	Oceanside, CA / Oceanside HS
James Grabow	4.00	Senior	Distance	Running Springs, CA / San Bernardino Valley CC
Alex Hughes	3.20	Sophomore	Sprints, Jumps	San Diego, CA / Mission Bay HS
Ezra Kwong	3.39	Senior	Throws	Novato, CA / College of San Mateo

### STANFORD UNIVERSITY

Jakki Bailey	3.56	Senior	Sprints	Avondale, PA / Kennett HS
Maura Burk	3.51	Junior	High Jump	Freehold, NJ / Freehold Township HS
Claire Cormier	3.90	RS Sophomore	Middle Distances	Houston, TX / Lamar HS
Tessa Flippin	3.10	Sophomore	High Jump	Minneapolis, MN / Minnehaha Academy
Alicia Follmar	3.43	Sophomore	Middle Distance	Saratoga, CA / Saratoga HS
Ashley Freeman	3.13	Senior	Sprints/Middle Distances	Hawthorne, CA / Long Beach Wilson HS
Lindsey Gannaway	3.55	Senior	High Jump	Edmond, OK / Edmond Memorial HS
Jaynie Goodbody	3.55	RS Freshman	Throws	Wendell, ID / Wendell HS
Arianna Lambie	3.97	RS Junior	Distances	Harvard, MA / The Bromfield School
Mary Liz McCurdy	3.28	Sophomore	Middle Distances	Brightwater, NY / Bayshore HS
Erica McLain	3.19	Junior	Jumps	Plano, TX / Plano East HS
Teresa McWalters	3.42	RS Junior	Distances	San Francisco, CA / Home Schooled
Laura Mottaz	3.63	Sophomore	Middle Distances	Plymouth, MN / Maple Grove HS
Madeleine O'Meara	3.78	RS Freshman	Distances	Mercer Island, WA / Mercer Island HS
Idara Otu	3.35	Sophomore	Sprints/Hurdles	Brooklyn, NY / Middle College HS
Kaylin Pennington	3.22	Sophomore	Middle Distances	Benicia, CA / Benicia HS
Lauren Stewart	3.52	Sophomore	Multi Events/Jumps	Brentwood, TN / Brentwood HS
Laura Thom	3.36	Sophomore	Jumps	Woodinville, WA / Woodinville HS
Amanda Trotter	3.84	Senior	Distances	Little Silver, NJ / Red Bank Regional HS
Melissa Yunghans	3.18	Junior	Throws	Orange, CA / Orange Lutheran HS
Neftalem Araia	3.44	RS Junior	Distances	Indianapolis, IN / Lawrence North HS
Kevin Bickham	3.11	Senior	Distances	Oceanside, CA / El Camino HS
Russell Brown	3.46	RS Junior	Middle Distance	Hanover, NH / Hanover HS
Joaquin Chapa	3.56	RS Junior	Middle Distance	Portland, OR / Grant HS
Benjamin Dickens	3.79	Junior	Pole Vault	Parkland, FL / Stoneman Douglas HS
Sean Drake	3.34	Senior	Middle Distance	San Francisco, CA / University HS
Jacob Evans	3.11	Junior	Middle Distance	Watsonville, CA / Upland HS
Michael Garcia	3.46	RS Junior	Middle Distance	Santa Fe, NM / Santa Fe HS

Eric Giddings	3.10	RS Freshman	Distances	South Portland, ME / South Portland HS
Jacob Gomez	3.04	Senior	Distances	Klamath Falls, OR / Klamath Union HS
Alex Greenburg	3.35	Sophomore	Middle Distance	Upland, CA / Aptos HS
Garrett Heath	3.73	RS Sophomore	Distances	Winona, MN / Winona Senior HS
Graeme Hoste	3.68	Junior	Pole Vault	Claremont, CA / Claremont HS
Lauren Jespersen	3.03	RS Junior	Middle Distance	Klamath Falls, OR / Klamath Union HS
Oluwadare Kolawole	3.17	Sophomore	High Jump	Reston, VA / Potomac School
Elliot Luscombe	3.18	Sophomore	Sprints	Plattsburgh, NY / Plattsburgh HS
Michael Macellari	3.23	RS Junior	Throws	Granger, IN / Clay HS
Christopher Mocko	3.59	RS Sophomore	Distances	McLean, VA / Thomas Jefferson HS
Adrian (Tunji) Munabi	3.18	Sophomore	Sprints/Jumps	Wynnewood, PA / St. Paul's School
Feranmi Okanlami	3.26	Senior	Jumps	Granger, IN / Deerfield Academy
Rolf Steier	3.47	Senior	Distances	Temple Terrace, FL / Berkeley Prep

### UCLA

Allie Bohannon	3.33	Sophomore	Distance	Nashville, TN / Harpeth Hall School
Ashley Caldwell	3.34	Senior	Distance	Los Gatos, CA / Los Gatos HS
Allison Hall	3.59	Senior	Distance	San Diego, CA / Rancho Bernardo HS
Lauren Jirges	3.33	Sophomore	Distance	Cypress, CA / Cypress HS
Megan Jamerson	3.08	Junior	Pole Vault	Trabuco Canyon, CA / Santa Margarita HS
Ingrid Kantola	3.08	Junior	Pole Vault	Sacramento, CA / St. Francis HS
Jackie Nguyen	3.74	Senior	Pole Vault	Atherton, CA / Castilleja HS
Leslie Rychel	3.56	Junior	Long Jump	San Diego, CA / Valhalla HS
Rhonda Watkins	3.44	RS Freshman	Long Jump	Port au Prince, Trinidad / San Dieguito Academy
Elizabeth Woepse	3.22	Junior	Pole Vault	Tustin, CA / Mater Dei HS
Chris Bencomo	3.55	Junior	Pole Vault	Los Gatos, CA / Cabrillo College
Alex Pearlstone	3.16	Sophomore	Sprints	Sacramento, CA / Sir Francis Drake HS

### UNIVERSITY OF WASHINGTON

Daria Amiad-Pavlov	3.67	Sophomore	Multi-Events	Ashdod, Israel / Gimnasia Realit
Anita Campbell	3.01	Sophomore	Distances	Vancouver, B.C. / Aldergrove HS
Emily Collins	3.82	Sophomore	Mid-Distances	Eugene, OR / Marist HS
Kelley DiVesta	3.32	Junior	Pole Vault	Colorado Springs, CO / Palmer HS
Liz Fuller	3.24	Junior	Multi-Events	Kent, WA / Fort Vancouver, HS
Kira Harrison	3.38	Senior	Mid-Distances	Bellingham, WA / Meridian HS
Shannon Harvey	3.76	Sophomore	Throws	Olympia, WA / Olympia HS
Allison Lombardo	3.51	Sophomore	High Jump	Richland, WA / Richland HS
Brianna McLeod	3.21	Senior	Distances	Jenks, OK / Jenks HS
Amanda Miller	3.44	Junior	Mid-Distances	Wenatchee, WA / Eastmont HS
Ali Moore	3.14	Senior	Pole Vault	Bellingham, WA / Univ. of Arizona
Dani Schuster	3.40	Junior	Mid-Distances	San Diego, CA / Kamiakin HS
Lindsay Todd	3.71	Graduate	High Jump	Rock Island, IL / Rock Island HS
Kanna Wegman	3.33	Sophomore	Distances	Seattle, WA / Bishop Blanchet HS
Ally Wojciechowski	3.61	Sophomore	Pole Vault	Lake Oswego, OR / Lakeridge HS
Sayaka Yoshinaga	3.03	Graduate	Distances	Seattle, WA / Ballard HS
Chris Ahl	3.44	Sophomore	Distances	Seattle, WA / Bishop Blanchet HS
Martin Bingisser	3.72	Graduate	Throws	Bellevue, WA / Cal State Northridge
Travis Boyd	3.66	Graduate	Distances	Mukilteo, WA / Kamiak HS
Corey Fredericks	3.79	Junior	Multi-Events	Vancouver, WA / Evergreen HS
Tim Freeman	3.00	Senior	Mid-Distances	Bainbridge Island, WA / Bainbridge HS
Jon Harding	3.42	Junior	Distances	Issaquah, WA / Issaquah HS
Jon Hickey	3.50	Graduate	Distances	Richland, WA / Hanford HS
Brad Liber	3.25	Senior	Distances	San Diego, CA / University HS
Zack Midles	3.14	Sophomore	Throws	Olympia, WA / Capital HS
Carl Moe	3.04	Senior	Mid-Distances	Auburn, WA / Auburn-Riverside HS
Seth Perrins	3.10	Graduate	Pole Vault	Tekoa, WA / Ricks College
Kyle Still	3.34	Junior	Sprints/Hurdles	Bellingham, WA / Sehome HS

**WASHINGTON STATE UNIVERSITY**

Karen DeMartini	3.77	Junior	Mid-Distances	Reno, NV / Reno HS
Angelica Flynn	3.85	Sophomore	Hurdles	Tacoma, WA / Lincoln HS
Salena Galaviz	3.67	Junior	Sprints	Toppenish / Toppenish HS
Kaylee Gardner	3.82	Junior	Triple Jump	Bellingham, WA / Bellingham HS
McKinnon Hanson	3.99	Junior	High Jump	LaPush, WA / Forks HS
Lorraine King	3.34	Sophomore	Sprints/ HS	Fontana, CA / J.W. North HS
Collier Lawrence	3.02	junior	Distance	Reno, NV / Reno HS
Meghan Leonard	3.21	Sophomore	Distance	Newberg, OR / Newberg HS
Haley Paul	3.94	Junior	Distance	Phoenix, AZ / Desert Vista HS
Kelly Ramirez	3.46	Junior	Distance	Duvall, WA / Cedarcrest HS
Marisa Sandoval	3.55	Sophomore	Mid-Distance	Los Alamos, NM / Los Alamos HS
Sara Trané	3.93	Sophomore	Mid-Distance	Pixbo, Sweden / Frölunda Gymnasiet
Jessica Zita	3.72	Junior	Throws	Echo, OR / Echo HS
Evan Blanshan	3.72	Junior	Mile	Selah, WA / Portland State Univ.
Andrew Jones	3.28	Senior	Distance	Gillette, WY / Campbell County HS
Chris Williams	3.14	Junior	Distance	Federal Way, WA / Decatur HS
Brian Woods	3.01	Senior	Sprints	Buena Park, CA / Fullerton College

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