



# MPSF NEWS

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## MOUNTAIN PACIFIC SPORTS FEDERATION

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### 2006 MOUNTAIN PACIFIC SPORTS FEDERATION WOMEN'S WATER POLO STANDINGS

|                        | MPSF |   |       |      |      | OVERALL |    |       |      |      |      |         |
|------------------------|------|---|-------|------|------|---------|----|-------|------|------|------|---------|
|                        | W    | L | PCT   | HOME | AWAY | W       | L  | PCT   | HOME | AWAY | NEUT | STREAK  |
| 1. USC <1>             | 3    | 0 | 1.000 | 1-0  | 2-0  | 14      | 0  | 1.000 | 4-0  | 3-0  | 7-0  | Won 13  |
| 2. UCLA <3>            | 5    | 0 | 1.000 | 2-0  | 3-0  | 14      | 2  | .875  | 2-0  | 4-0  | 8-2  | Won 4   |
| 3. Stanford <2>        | 5    | 0 | 1.000 | 3-0  | 2-0  | 11      | 2  | .846  | 3-0  | 2-0  | 6-2  | Won 2   |
| 4. Arizona State <8>   | 2    | 0 | 1.000 | 2-0  | 0-0  | 10      | 3  | .769  | 2-0  | 1-0  | 7-3  | Won 4   |
| 5. San Diego St <7>    | 2    | 1 | .666  | 1-1  | 1-0  | 8       | 4  | .666  | 2-1  | 1-0  | 5-3  | Won 3   |
| 6. Hawaii <5>          | 2    | 2 | .500  | 0-0  | 2-2  | 6       | 6  | .500  | 0-0  | 2-2  | 4-4  | Lost 2  |
| 7. California <6>      | 2    | 2 | .500  | 1-1  | 1-1  | 6       | 7  | .461  | 2-1  | 2-2  | 2-4  | Won 1   |
| 8. San Jose St <9>     | 2    | 2 | .500  | 1-1  | 1-1  | 6       | 8  | .428  | 2-1  | 2-1  | 4-4  | Lost 1  |
| 9. Long Beach St <11>  | 1    | 2 | .333  | 0-0  | 1-2  | 9       | 6  | .600  | 0-0  | 2-3  | 7-3  | Lost 3  |
| 10. UC Irvine <13>     | 1    | 2 | .333  | 0-1  | 1-1  | 8       | 7  | .533  | 0-1  | 3-2  | 5-4  | Won 2   |
| 11. UCSB <10>          | 1    | 4 | .000  | 1-4  | 0-0  | 8       | 9  | .470  | 4-7  | 2-0  | 2-2  | Won 1   |
| 12. CS Northridge <18> | 0    | 5 | .000  | 0-4  | 0-1  | 5       | 9  | .357  | 0-5  | 0-1  | 5-3  | Won 2   |
| 13. Pacific <NR>       | 0    | 6 | .000  | 0-2  | 0-4  | 0       | 10 | .000  | 0-3  | 0-5  | 0-2  | Lost 10 |

*MPSF Championship Apr. 27-30 at the Univ. of California, Irvine, CA < > Brackets denote National Ranking. Final Standings=Champ. Seeding.*

### UC IRVINE OVER SAN JOSE STATE IN OVERTIME

No. 1 USC posted another conference win over CAL STATE NORTHRIDGE and followed up with a win over No. 4 Loyola Marymount. **Moriah Van Norman** scored 3 of the 10 goals and **Brittany Hayes** threw in another 2 while the defense held the Lions to 4 goals.....No. 2 STANFORD had two conference wins defeating UC Irvine 5-2 on Saturday and Long Beach State 14-5 on Sunday. Goalkeeper **Meredith Mc Coll** had 10 saves against UC Irvine and 11 against Long Beach State while **Lauren Silver** led the offense.....No. 3 UCLA defeated CALIFORNIA 6-4 in a hard fought, physical match at home. Goalkeeper **Emily Feher** had 6 saves and **Kelly Rulon** had 2 goals for the Bruins. UCLA followed up with a non-conference double header defeating UC San Diego and CSU San Bernardino...No. 6 California split the weekend losing a close one to UCLA 4-6 and coming back to defeat UC SANTA BARBARA 6-5. **Allison Gold** led the Bears with two goals in each match.....No. 7 SAN DIEGO STATE posted a conference win over PACIFIC with **Erinn Greenwood** leading the Aztecs with 5 goals. Later in the day the Aztecs defeated Occidental College 17-6 led by **Anna Gonzales** with 5 goals and **Heather Fenske** with 8 saves in the goal.....No. 8 ARIZONA STATE hosted Pacific for a conference game in which the Sun Devils came out on top led by **Rowie Webster** with 4 goals, **Katy Lawlor** with 3 and goalie **Windy Ballejos** saving 6.....No. 9 SAN JOSE STATE had two tough conference games this week defeating LONG BEACH STATE 9-5 then losing a heartbreaker to UC IRVINE 8-9 in overtime.....No. 10 UC Santa Barbara split the weekend losing a close one to California 5-6 but coming back with a win over PACIFIC.....No. 11 Long Beach State went up North and came back empty handed posting conference losses to San Jose State and Stanford.....No. 13 UC Irvine had better luck on their Northern Cal swing losing the 1<sup>st</sup> game to Stanford 2-5 but then coming back to defeat UC Santa Cruz and San Jose State with a score of 9-8 in overtime.....No. 18 Cal State Northridge faced USC in a conference game losing to the undefeated Trojans and then took two at the Cal State Bakersfield Invitational defeating Chapman 9-3 and Claremont M.S. 14-5.....Pacific played four matches, three of them conference games and could not get a win over Arizona State, San Diego State, Occidental and UC Santa Barbara.....No. 5 HAWAII stayed home and trained this week in preparation for an 11 game homestand starting with UC Irvine on March 11.....

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### LAUREN MACHANIS IS THE MPSF MIKASA PLAYER OF THE WEEK

WOODLAND, Calif. – UC Irvine's Lauren Machanis is the MPSF Mikasa Player of the week. Machanis shattered the UC Irvine single game saves record with 19 saves against No. 2 Stanford, the previous record was 12. Machanis kept UCI in the game against the Cardinal who had been averaging 9.27 goals per game. In UCI's 9-8 overtime win at San Jose State Machanis had 15 saves to help UCI in the victory. **Also nominated this week:** *Emily Feher, UCLA; Allison Gold, California; Anna Gonzalez, San Diego State; Meredith McColl, Stanford; Rachel Rhodes, San Jose State; Moriah Van Norman, USC.*

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WATER POLO COACHES ASSN.  
WOMEN'S COLLEGIATE TOP 20

March 1, 2006

| Rank | Team                  | Last Wk | Points |
|------|-----------------------|---------|--------|
| 1    | USC                   | 1       | 100    |
| 2    | STANFORD              | 3       | 95     |
| 3    | UCLA                  | 2       | 90     |
| 4    | Loyola Marymount      | 4       | 83     |
| 5    | HAWAII                | 5       | 79     |
| 6    | CALIFORNIA            | 6       | 77     |
| 7    | SAN DIEGO STATE       | 9       | 68     |
| 8    | ARIZONA STATE         | 8       | 66     |
| 9    | SAN JOSE STATE        | 10      | 59     |
| 10   | UC SANTA BARBARA      | 11      | 55     |
| 11   | LONG BEACH STATE      | 7       | 52     |
| 12   | UC San Diego          | 15      | 46     |
| 13   | UC IRVINE             | 13      | 37     |
| 14   | UC Davis              | 14      | 31     |
| 15   | Michigan              | 12      | 28     |
| 16   | Princeton             | 17      | 22     |
| 17   | Hartwick College      | 16      | 17     |
| 18   | CS NORTHRIDGE         | 19      | 12     |
| 19   | Indiana               | 19      | 10     |
| 20   | Cal State Bakersfield | 18      | 8      |

UPCOMING GAMES

Thu., Mar. 9

\*San Jose State at CS NORTHRIDGE 3pm  
\*Stanford at USC 5pm

Fri., Mar. 10

\*Arizona State at UC SANTA BARBARA 4pm  
\*San Jose State at USC 5pm

Sat., Mar. 11

\*CS Northridge at PACIFIC 12noon  
\*Long Beach St. at SAN DIEGO STATE 12noon  
\*Arizona State at UCLA 1pm  
Stanford at UC Davis 1pm  
\*UC Irvine at HAWAII 4:30pm  
UC SANTA BARBARA Mini-Tourney All Day

Sun., Mar. 12

\*CS Northridge at CALIFORNIA 12noon  
Arizona State at LOYOLA MARYMOUNT 12noon  
Long Beach State at UC San Diego 12noon  
\*San Diego State at UCLA 1pm  
Alumnae at CALIFORNIA 3pm

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2006 MPSF WOMEN'S WATER POLO  
CHAMPIONSHIP

April 27 - 30 at the University of California, Irvine

The 2006 MPSF Championship will be determined by a 13-team postseason tournament hosted by UC Irvine. Teams will be seeded on the basis of conference finish.

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MIKASA SPORTS

Official ball sponsor of MPSF Water Polo

MPSF MIKASA PLAYER OF THE WEEK

| Week    | Player                             | School  |
|---------|------------------------------------|---------|
| Feb. 7  | Kelly Rulon, junior, driver        | UCLA    |
| Feb. 14 | Patty Cardenes, junior, driver     | USC     |
| Feb. 21 | Kelly Rulon, junior, driver        | UCLA    |
| Feb. 28 | Rowie Webster - Whitney Morgan     | ASU-USC |
| Mar. 7  | Lauren Machanis, sophomore, goalie | UCI     |

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RECENT RESULTS

Fri., Mar. 3

\* UCLA 6, California 4  
\* USC 14, CS Northridge 5  
\* ARIZONA STATE 18, Pacific 4

Sat., Mar. 4

\*SAN DIEGO STATE 24, Pacific 5  
\*SAN JOSE STATE 9, Long Beach State 5  
USC 10, Loyola Marymount 4  
\*STANFORD 5, UC Irvine 2  
Occidental 11, Pacific 6 (at SDSU)  
\*California 6, UC SANTA BARBARA 5  
SAN DIEGO STATE 17, Occidental 6  
UC Irvine 13, UC SANTA CRUZ 2  
UCLA 7, UC SAN DIEGO 1,  
UCLA 13, CS San Bernardino 1 (at UCSD)

Sun., Mar. 5

\*UC SANTA BARBARA 18, Pacific 3  
\*UC Irvine 9, SAN JOSE STATE 8 OT  
\*STANFORD 14, Long Beach State 5  
CS Northridge 9, Chapman 3 (at Cal State Bakersfield Inv.)  
CS Northridge 14, Claremont 5 (at Cal State Bakersfield Inv.)

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2006 NCAA WOMEN'S WATER POLO  
CHAMPIONSHIP

May 12-14 at the University of California - Davis

The MPSF champion will gain automatic qualification into the NCAA 8-team tournament along with the conference champions from the Western Water Polo Association, the Collegiate Water Polo Association, the Southern California Intercollegiate Athletic Conference and the MAC. Three at-large teams will be chosen by the NCAA Women's Water Polo Committee.

MPSF WOMEN'S WATER POLO ON THE WEB

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