



MPSF NEWS

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2005 MOUNTAIN PACIFIC SPORTS FEDERATION WOMEN'S WATER POLO STANDINGS

	MPSF					OVERALL						
	W	L	PCT	HOME	AWAY	W	L	PCT	HOME	AWAY	NEUT	STREAK
1. UCLA <1>	12	0	1.000	6-0	6-0	30	0	1.000	7-0	7-0	16-0	Won 30
2. USC <2>	11	1	.916	5-0	6-1	23	4	.851	8-0	6-1	9-1	Won 1
3. Stanford <3>	9	3	.750	5-2	4-1	20	6	.769	8-3	5-1	6-3	Lost 1
4. Hawaii <4>	9	3	.750	6-1	3-2	20	9	.689	6-1	4-2	10-6	Lost 2
5. Long Beach St <5>	8	4	.667	6-0	2-4	21	9	.700	9-0	3-4	9-4	Lost 2
6. California <6>	6	6	.500	4-2	2-4	18	10	.625	8-3	4-4	6-3	Won 2
7. UC Santa Barbara <9>	5	7	.417	2-3	2-4	17	12	.586	9-5	4-5	4-2	Won 2
8. UC Irvine <14T>	4	8	.333	2-4	2-4	14	17	.451	3-5	2-4	9-8	Won 1
9. CS Northridge <16>	3	9	.250	1-4	2-5	17	18	.485	3-4	3-6	11-8	Lost 3
10. San Diego St <11>	3	9	.250	2-4	1-5	16	18	.470	6-4	1-6	9-8	Won 1
11. San Jose St <12>	3	9	.250	0-6	3-3	11	19	.366	2-6	3-5	6-8	Lost 4
12. Arizona State <17>	3	9	.250	3-3	0-4	11	21	.321	3-4	0-8	8-9	Lost 1
13. Pacific <20T>	2	10	.166	1-5	1-5	11	22	.333	1-6	1-6	9-10	Lost 7

MPSF Championship Apr. 29-May 1, at the Univ. of California, Berkeley <> Brackets denote National Ranking. Final standings = championship seeding.

2005 MPSF WOMEN'S WATER POLO Co-PLAYERS of the YEAR –GOALIE of the YEAR

NATALIE GOLDA #3, Senior, Utility – UCLA - Natalie Golda (La Habra, CA, Rosary HS), is one of UCLA's returning Olympians after taking a year off of collegiate water polo to compete in Athens where she scored two goals for the bronze medal winning U.S. team. Golda has 43 goals in 30 games this season as the third leading scorer for the Bruins. In 2003, Natalie was named First Team All-American and First-Team All-MPSF, and to the First-Team NCAA All-Tournament and MPSF All-Tournament Teams. Also in 2003 Golda led the Bruins with 50 goals and was selected MPSF Player of the Week after the UCSB Invitational Tournament, where she scored 10 goals in four games including six in UCLA's victory over No. 6 Loyola Marymount. In 2002, Natalie earned Honorable Mention All-American honors and NCAA All-Tournament First-Team.

KELLY RULON #10, Sophomore, Driver – UCLA - Kelly Rulon (Point Loma, CA, University HS), is another Olympic veteran who redshirted to play in the 2004 Olympics in Athens, where she scored four goals including the game-winning goal against Hungary in the first game. She won the bronze medal with USA team. In 2003, Kelly was an Second-Team All-Tournament selection at the NCAA Championships and earned Third-Team All-America honors for the year. Currently Kelly leads the Bruins in scoring with 64 goals in 30 games for a 2.23 per game average and was second on the Bruins with 27 goals, 26 assists and 27 steals in 2003. Rulon earned MPSF Player of the Week honors on April 11.

EMILY FEHER #1, Sophomore - UCLA - Emily Feher, (Santa Ana, CA - Foothill HS), goes into the NCAA Tournament at the University of Michigan with 190 saves on the year for a 7.31 per game average. Feher shared the MPSF Player of the Week award on March 15, and also earned the award as a freshman when she started in the cage for the Bruins. In 2004, she made All-MPSF Second-Team and Third-Team All-American and ended last season with 106 saves and 4.66 goals against average. Emily lettered four years in water polo at goalie under coaches Dan Klatt and Dave Mikesell at Foothill High School. She was named CIF Division I Co-Player of the year for 2002 and 2003. Her high school team was CIF Champions and League Champions each year she played, from 2000-2003. In 2001 Feher played in the Junior Worlds where she was named to the Junior Worlds first team. She participated in the 2002 Junior Pan Ams where her team finished with the gold. She is a member of the U.S. Junior National Team.

2005 MPSF WOMEN'S WATER POLO Co-COACHES of the YEAR

ADAM KRIKORIAN 7th Season – UCLA - Adam Krikorian winds up his seventh season as head coach with a perfect 30-0 record heading in the NCAA Championship at the University of Michigan, gunning for a sixth national title. Last year he coached the Bruins to a 22-5 record and a No. 4 national ranking. In 2003, Krikorian won his third championship and in 2002, led his team to the NCAA final and a No. 2 national ranking. In 2001, he was named the National Women's Water Polo Coach of the Year after guiding the Bruins to the inaugural NCAA women's water polo championship.

MICHEL ROY 2nd Season - HAWAII - Michel Roy, in only his second season at the helm of the Rainbow Wahine, has guided his team to a solid 20-9 record and fourth-place finish at the MPSF Tournament and a NCAA Tournament berth. Before coming UH, Roy spent more than 25 years as part of Canada's water polo program, including 17 as a professional coach. Since 1985, Roy has been affiliated with the British Columbia Water Polo Association, serving as technical director, provincial coach, and head coach. There he won a total of 30 national titles in six categories.

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WATER POLO COACHES ASSN.
WOMEN'S COLLEGIATE TOP 20

May 4, 2005

Rank	Team	Last Wk	Points
1	UCLA	1	100
2	USC	2	95
3	STANFORD	3	90
4	HAWAII	4	85
5	LONG BEACH STATE	5	77
6	CALIFORNIA	8	75
7	Loyola Marymount	6T	73
8	Michigan	11	63
9	UC SANTA BARBARA	6T	57
10	Indiana	10	55
11	SAN DIEGO STATE	13	51
12	SAN JOSE STATE	9	44
13	UC Davis	14T	37
14T	UC IRVINE	12	33
14T	Hartwick College	14T	33
16	CS NORTHRIDGE	18	26
17	ARIZONA STATE	19	19
18T	Princeton	16	16
18T	UC San Diego	17	16
20T	Cal Baptist	20T	4
20T	PACIFIC	NR	4



MPSF MIKASA PLAYERS OF THE WEEK

Week	Player	School
Feb. 7	Cassie Azevedo, Junior, attacker	Long Beach State
	Alaina Whitaker, Junior, utility	UC Santa Barbara
Feb. 14	Robyn Kaake, Senior	UC Irvine
	Cassie Azevedo, Junior	Long Beach State
Feb 21	Jessica Schroeder, Senior	Pacific
	Brittany Hayes, Sophomore	USC
Feb. 28	Thalia Munro, Junior	UCLA
Mar., 8	Gabrielle Domanic, Freshman	UCLA
Mar. 15	Chari Christopher, Junior, attacker	CS Northridge
	Emily Feher, Sophomore, goalkeeper	UCLA
Mar. 22	Bri Hawkins, Senior, goalkeeper	Long Beach State
Mar. 29	Iefke Van Belkum, Freshman, utility	Hawaii
Apr. 4	Caylinn Wallace	Arizona State
Apr. 11	Kelly Rulon, driver	UCLA
Apr. 18	Cassie Azevedo, Junior, attacker	Long Beach State
Apr. 25	Rachel Serna, Junior, driver	San Diego State

MPSF CHAMPIONSHIP RESULTS

Champion	UCLA
Runner Up	Stanford
3rd Place	USC
4th Place	Hawaii
5th Place	California
6th Place	Long Beach State
7th Place	San Diego State
8th Place	Cal State Northridge
9th Place	UC Santa Barbara
10th Place	Arizona State
11th Place	UC Irvine
12th Place	San Jose State
13th Place	Pacific

2005 NCAA WOMEN'S WATER POLO CHAMPIONSHIP

May 13-15 at the University of Michigan, Ann Arbor

The University of Michigan will host the 2005 NCAA Women's Water Polo Championship. MPSF champion UCLA gained automatic qualification into the 8-team tournament along with the conference champions from the Western Water Polo Association - Loyola Marymount, the Collegiate Water Polo Association - Michigan, the Southern California Intercollegiate Athletic Conference - Redlands and the MAAC - Wagner. USC, Stanford and Hawaii were chosen by the NCAA Women's Water Polo Committee as At Large Teams.

2005 NCAA Women's Water Polo Championship Schedule

Friday, May 13

Game 1 -- No. 2 seed Southern Cal vs. No. 7 seed Redlands -- 3 p.m.
Game 2 -- No. 3 seed Stanford vs. No. 6 seed Michigan -- 4:30 p.m.
Game 3 -- No. 1 seed UCLA vs. No. 8 seed Wagner -- 6 p.m.
Game 4 -- No. 4 seed Hawaii vs. No. 5 seed Loyola Marymount -- 7:30 p.m.

Saturday, May 14

Game 5 -- Game 3 Loser vs. Game 4 Loser -- 1:30 p.m.
Game 6 -- Game 1 Loser vs. Game 2 Loser -- 3 p.m.
Game 7 -- Game 3 Winner vs. Game 4 Winner -- 4:30 p.m.
Game 8 -- Game 2 Winner vs. Game 1 Winner -- 6 p.m.

Sunday, May 15

Seventh Place -- Game 5 Loser vs. Game 6 Loser -- Noon
Fifth Place -- Game 5 Winner vs. Game 6 Winner -- 1:30 p.m.
Third Place -- Game 7 Loser vs. Game 8 Loser -- 3 p.m.
Championship -- Game 7 Winner vs. Game 8 Winner -- 4:30 p.m.
The Championship game will be shown Live on CSTV

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MPSF WOMEN'S WATER POLO ON THE WEB

See MPSF weekly updates on www.mpsport.org

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2005 ALL-MPSF FIRST-TEAM

Student-Athlete	Cap No.	Year	Position	School	Hometown; HS or Last School
Natalie Golda	3	Senior	Utility	UCLA	La Habra, CA, Rosary HS
Kelley Rulon	10	Sophomore	Driver	UCLA	Point Loma, CA, University HS
Christina Hewko	20	Sophomore	2-Meter	Stanford	Newport Beach, CA; Corona del Mar HS
Brittany Hayes	9	Sophomore	Utility	USC	Santa Ana, CA; Foothill HS
Emily Feher	1	Sophomore	Goalie	UCLA	Santa Ana, CA; Foothill HS
Cassie Azevedo	5	Junior	Attacker	LBSU	Long Beach, CA; Wilson HS
Beth Novick	12	Senior	Two-Meter	Hawaii	Evergreen Park, IL; Mother McAuley School

2005 ALL-MPSF SECOND-TEAM

Student-Athlete	Cap No.	Year	Position	School	Hometown; HS or Last School
Meredith McColl	1	Sophomore	Goalie	Stanford	Mission Viejo, CA; Capistrano Valley HS
Thalia Munro	13	Junior	Utility	UCLA	Santa Barbara, CA; Santa Barbara HS
Elsie Windes	5	Sophomore	Two-Meter	California	Portland, OR; Beaverton HS
Ifeke Van Belkum	18	Freshman	Utility	Hawaii	Leiden, The Netherlands; Bonventura College
Moriah Van Norman	6	Junior	Two-Meter	USC	San Diego, CA; University HS
Lauren Wenger	3	Junior	Two-Meter Defender	USC	Long Beach, CA; Wilson HS
Jessica Schroeder	6	Senior	Utility	Pacific	Pacific Newcastle, CA; Rocklin HS
Katie Hansen	10	Sophomore	Driver	Stanford	Coronado, CA; Coronado HS

2005 HONORABLE MENTION ALL-MPSF

Student-Athlete	Cap No.	Year	Position	School	Hometown; HS or Last School
Monika Kruszona	17	Freshman	Two-Meter	Hawaii	Krefeld, Germany; Ricarda-Huch Gymnasium
Aimee Stachowsk	16	Sophomore	Two-Meter Defender	UCSB	Tustin, CA; Capistrano Valley HS
Rachel Serna	7	Junior	Driver	SDSU	Coronado, CA; Coronado HS
Laura Scott	5	Senior	Two-Meter	SJSU	Rancho Palos Verdes, CA; Peninsula HS
Gabrielle Domanic	2	Freshman	Driver	UCLA	Santa Ana, CA; Foothill HS

MPSF ALL-FRESHMAN TEAM

Student-Athlete	Cap No.	Year	Position	School	Hometown; HS or Last School
Caylinn Wallace	1	Freshman	Goalie	ASU	Laguna Hills, CA; Laguna Hills HS
Ifeke Van Belkum	18	Freshman	Utility	Hawaii	Leiden, The Netherlands; Bonventura College
Brittany Rowe	16	Freshman	Center Forward	UCLA	San Diego, CA; University City HS
Monika Kruszona	17	Freshman	Two-Meter	Hawaii	Krefeld, Germany; Ricarda-Huch Gymnasium
Gabrielle Domanic	2	Freshman	Driver	UCLA	Santa Ana, CA; Foothill HS
Miranda Nichols	5	Freshman	Driver	USC	Santa Barbara CA; Santa Barbara HS
Jessica Lewis	3	Freshman	Driver	UC Irvine	Los Alamitos, CA; Los Alamitos HS
Dana Saign	14	Freshman	Driver	UCSB	Mountain View, CA; St. Francis HS

2005 MPSF TOURNAMENT MOST VALUABLE PLAYER

Student-Athlete	Cap No.	Year	Position	School	Hometown; HS or Last School
Natalie Golda	3	Senior	Utility	UCLA	La Habra, CA, Rosary HS

2005 MPSF ALL-TOURNAMENT TEAM

Student-Athlete	Cap No.	Year	Position	School	Hometown; HS or Last School
Natalie Golda	3	Senior	Utility	UCLA	La Habra, CA, Rosary HS
Christina Hewko	20	Sophomore	Two-Meter	Stanford	Newport Beach, CA; Corona del Mar HS
Kelley Rulon	10	Sophomore	Driver	UCLA	Point Loma, CA, University HS
Brittany Hayes	9	Sophomore	Utility	USC	Santa Ana, CA; Foothill HS
Meredith McColl	1	Sophomore	Goalie	Stanford	Mission Viejo, CA; Capistrano Valley HS
Moriah Van Norman	6	Junior	Two-Meter	USC	San Diego, CA; University HS
Emily Feher	1	Sophomore	Goalie	UCLA	Santa Ana, CA; Foothill HS
Ifeke Van Belkum	18	Freshman	Utility	Hawaii	Leiden, The Netherlands; Bonventura
Elsie Windes	5	Sophomore	Two-Meter	California	Portland, OR; Beaverton HS

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