1. NCAA rules require an institution's head coach to promote an atmosphere of compliance within his/her program.
   
   True    False

2. It is NOT permissible for any coaches, trainers, managers, and game officials to use tobacco products during competitions and practices.
   
   True    False

3. It is permissible to give a volunteer assistant coach a room and board stipend.
   
   True    False

4. It is permissible to use a manager who is enrolled in only 6 undergraduate hours.
   
   True    False

5. If a current S-A injures himself and is unable to participate ever again, this S-A can be made an Undergraduate Student Assistant.
   
   True    False

6. It is permissible to hire a high school coach to be an assistant coach in the same sport at SJSU.
   
   True    False

7. It is permissible for a strength and conditioning coach to do the following without being counted as a coach:
   
   a. Critique a student-athletes technique
   b. Attend and offer insights at a depth chart meeting
   c. Conduct pregame warm-ups
   d. All of the above

8. A noncoaching staff member can NOT be referred to as coach in a media guide.
   
   True    False

9. During an SJSU-funded off-campus recruiting trip, it is permissible to attend a game involving a future opponent.
   
   True    False

10. While recruiting during the academic year, a replaced coach is not required to return to campus before the second coach replaces him/her.
    
    True    False
11. What is the acronym for Countable Athletically Related Activities?

Answer: ________________________________

12. It is permissible to practice for three hours and then have study hall for an additional two hours during one countable day.

   True        False

13. It is permissible to have three hours of practice and then to work three hours in a required camp or clinic.

   True        False

14. Promotional activities count towards your weekly CARA limit.

   True        False

15. Outside of the declared playing season, student-athletes must be given two days off per week.

   True        False

16. Voluntary activity is generally governed by three principles: initiated by the student-athlete, no attendance is taken, and participation will not affect standing on the team.

   True        False

17. It is permissible to give a student-athlete an award for his/her participation over the summer in the weight room.

   True        False

18. How many hours does a competition count against the weekly hour limitations?

   a. 0  
   b. 3  
   c. 4  
   d. However long the student-athletes are present

19. A travel day can NOT be considered an off day.

   True        False

20. Practice can be held at 4:00 AM.

   True        False

21. It is permissible to have a three hour morning practice, dismiss S-As for classes, and then have an evening practice for an additional two hours.

   True        False