



Dear Coach,

San Jose State University is pleased to welcome you to our campus for your meet against the Spartans.

Yoshihiro Uchida Hall (YUH/Spartan Gym) is located on the corner of San Carlos and 4th Street, with the team entrance located on Paseo de San Carlos on the South side of Spartan Gym. The enclosed packet will assist you with your team's travel preparations. Please complete the visiting team information sheet and fax it back to 408.924.1163.

Please feel free to contact us if you have any questions or need additional information. We look forward to your visit.

Best of luck this season!

Sincerely,

Leilani Llantero
Events and Facilities Attendant
San Jose State Athletics
408.924.1239



Athletic Department Information

Address

San Jose St. University, Athletics Department
 1393 South 7th Street
 San Jose, CA 95112
 Phone: (408) 924-1200
 Fax: (408) 924-1291

Area code: 408

Administration

Tom Bowen	Director of Athletics	924-1200
Marie Tuite	Senior Associate Athletic Director	924-1730

Facilities

Matt Goudreau	Events & Facilities Coordinator	924-1215 office 949-637-6244 cell
Leilani Llantero	Events & Facilities Attendant	924-1239 408-387-2538 cell

Sports Information

Amy Villa	Associate Sports Information Director	924-1216
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Medical Staff

Shawna Bryant	Athletic Trainer	924-1263
Scott Shaw	Associate Head Athletic Trainer	924-1297 office 408-506-3858 cell

Equipment

Justin Weaver	Equipment Manager	924-1259
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Tickets

Darren Coelho	Director of Ticket Operations	924-SJTX
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2011-12 Gymnastics Coaching Staff Directory

Wayne Wright	Head Coach	924-1390 office 667-1640 cell
Shella Martinez	Assistant Coach	924-1889 office 204-1588 cell
Liz Major	Assistant Coach	924-1696 office 970-405-3394 cell
Francesca Mercurio	Director of Gymnastics Operations	650-766-1903 cell
Julie Stansberry	Meet Director	924-1206 408-315-5784 cell



Visiting Gymnastics Team Information

- **Locker Room**
 - Once you arrive at Yoshihiro Uchida Hall (Spartan Gym), there will be a representative from the SJSU gymnastics program that will take you to your locker room.

- **Parking**
 - All necessary parking permits will be given to you upon arrival.
 - With a parking permit you will have access to the 4th Street Parking Garage, which is directly across the walkway from Yoshihiro Uchida Hall (Spartan Gym).
 - The gym is located on the corner of 4th and Paseo de San Carlos Streets.

- **Equipment/Showers**
 - Any special equipment needs or the use of shower facilities please contact equipment manager Justin Weaver at (408) 924-1259 at least 3 days in advance.

- **Athletic Training**
 - If any special arrangements are needed, please contact Scott Shaw at (408) 924-1297. The training room will open two and a half hours prior to the start of competition. All proper medical emergency equipment will be on site for the meet. For practices there will be water and cups available.

- **Admission Prices**
 - \$5 Adults (general admission)
 - \$3 Children (ages 3-18)
 - \$3 Students

- **NCAA pass gate**
 - The player complimentary admission gate will open one hour to game time and is located at the Spartan Gym Box Office.
 - Visiting teams must turn in a pass list to the box office no later than 90 minutes prior to the start of the meet.

- **General Will Call:**
 - This will open at the Spartan Gym Box Office one hour prior the meet.

- **Consignment:**
 - Prior to the season, a request in writing should be made to:
 - Darren Coelho, Director of Ticket Operations
San Jose State University Athletics
1393 South 7th Street
San Jose, CA 95112
(408) 924-SJTX

The tickets will be mailed, along with any contracted comps, well in advance of the contest. Any unsold tickets must be returned one week before the meet. Complimentary tickets are non-returnable. .



Restaurant Information

Billy Berk's

99 S. First St.
San Jose, CA 95113-2407
408-292-4300

Clubhouse

150 S. Second St.
San Jose, CA 95113
408-294-6843

Dave & Buster's

940 Great Mall Drive
Milpitas, CA 95035
408-957-9215

Loft Bar and Bistro

90 South 2nd Street
San Jose, CA 95113-2501
408-291-0677

Los Gatos Brewing

163 W. Santa Clara St.
San Jose, CA 95113
408-292-9928

Original Joe's

301 S. First St.
San Jose, CA 95113
408-292-7030

Pizza Chicago

155 West San Fernando St.
San Jose, CA 95113
408-283-9400

Poor House Bistro

91 South Autumn Street
San Jose, CA 95112
408-292-5837

PSRT Catering & Events

795 S. Second St.
San Jose, CA 95112
800-798-8388

Rubio's

81 Curtner Ave.
San Jose, CA 95125
408-885-9848

Sonoma Chicken Coop

200 E Campbell Ave
Campbell, CA
408-866-2699

Sweet Tomatoes

625 Coleman Ave.
San Jose, CA
408-275-0423

The Bold Knight

840 North First St.
San Jose, CA 95112
408-297-2170

Willow Street Wood-Fired Pizza

1072 Willow Street
San Jose, CA
408-971-7080

Wingstop

121 Curtner Ave #30
San Jose, CA
408-275-946



Local Hotel Information

Wyndham San Jose

1350 North First St.
San Jose, CA 95112

Contact: Elvia Ruvalcaba
Phone: (408) 451-3013
Email: erualcaba@wyndham.com

The Sainte Claire

302 South Market St.
San Jose, CA 95113

Contact: Sonia Lopez
Phone: (408) 558-4280
Email: slopez@larkspurhotels.com

Pruneyard Plaza Hotel

1995 South Bascom Avenue
Campbell, CA 95008

Contact: Sonia Lopez
Phone: (408) 558-4280
Email: slopez@larkspurhotels.com

Courtyard By Marriott

655 Creekside Way
Campbell, CA 95008

Contact: Kyle Jones
Phone: (858) 633-9015 x702
Email: kylej@hhgsocal.com

Doubletree San Jose

2050 Getaway Place
San Jose, CA 95110

Contact: Jenna Hustad
Phone: (408) 437-2154
Email: jenna.hustad@hilton.com

Radisson San Jose Airport

1471 N. Fourth St.
San Jose, CA 95112

Contact: Charlene Shaughnessy
Phone: (408) 452-0200
Email: charlene.s@radisson.com

Embassy Suites Milpitas

901 E. Calaveras Blvd.
Milpitas, CA 95035

Contact: Evangelina Sarracino
Phone: (408) 876-3011
Email: evangelina.sarracino@hilton.com

Hampton Inn & Suites

55 Old Tully Rd.
San Jose, CA 95111

Contact: Matt Logan
Phone: (408) 298-7373
Email: matt.logan@hilton.com

San Jose Marriott

301 Market St.
San Jose, CA 95113

Contact: Nadia Ecaterinis
Phone: (916) 296-2066
Email: nadia.ecaterinis@marriott.com

Santa Clara Marriott

2700 Mission College Blvd.
Santa Clara, CA 95054

Contact: Nadia Ecaterinis
Phone: (916) 296-2066
Email: nadia.ecaterinis@marriott.com

Fremont Marriott

46100 Landing Parkway
Fremont, CA 94538

Contact: Jason Wilcox
Phone: (510) 413-3778
Email: Jason.wilcox@marriott.com



VISITING GYMNASTICS TEAM TRAVEL INFORMATION

1. Visiting team: _____
2. Transportation:
 - a. Carrier: _____
 - b. Arrival: _____
 - c. Ground Transportation:
 - i. Bus or Van: _____
 1. If by van, how many parking passes needed? _____
3. Lodging:
 - a. Team Hotel: _____
 - i. Address: _____
4. Day of Meet Arrangements:
 - a. Any requests:
 - i. Locker room: _____
 - b. Visiting Team Uniform Colors: _____
5. Travel Party Contact:
 - a. Name: _____
 - b. Phone: _____
 - c. Cell Phone: _____
 - d. Person of Contact on the day of game: _____
 - i. Cell Phone: _____

Please return this form at least 3 weeks in advance of your game to:
Leilani Llantero, Events and Facilities Attendant
Office: (408) 924-1239 Cell: (408) 387-2538 Fax: (408) 924-1163



Airport Information

San Jose International Airport (SJC)

408-277-4SKY

Terminal A

2077 Airport Boulevard
San Jose, CA 95110

Terminal C

1661 Airport Boulevard
San Jose, CA 95110

Oakland International Airport (OAK)

510-563-3300

1 Airport Drive
Oakland, CA 94621 (39 miles to SJSU)

San Francisco Intl Airport (SFO)

650-821-8211

(39.1 miles to SJSU)

Ground Transportation

Bus Service

Royal Coach Charters

630 Stockton Avenue
San Jose, CA 95126
(408) 279-4802 – Phone
(408) 286-1410 – Fax

San Jose Coachways

145 Clayton Way
San Jose, CA 95110
(408) 438-1133 – Phone
(408) 297-1155 – Fax

Auto Service

Alamo

www.alamo.com

800-GO-ALAMO (462-5266)

Avis

www.avis.com

800-230-4898

Budget

www.budget.com

800-527-0700

Dollar

www.dollar.com

800-800-4000

Enterprise

www.enterprise.com

800-261-7331

Hertz

www.hertz.com

800-654-3131

National

www.nationalcar.com

800-CAR-RENT (227-7368)

Thrifty

www.thrifty.com

800-THRIFTY (847-4389)



**Competition Equipment List
(All AAI Equipment)**

VAULT

- AAI TAC/10 LZT Vault and Base
- AAI carpeted runway
- 8" skill cushion mat 5' x 10'
- 20cm-landing mat
- Sting mat
- TAC/10 LZT board
- TAC/10 LZT round off pad (small & large)
- Safety zone

BARS

- AAI Elite Uneven Bars
- 20cm matting
- 8" skill cushion mat 5' x 10'
- 4" throw mat: 7' x 10'
- TAC/10 LZT board
- 1/2" plywood for mounts
- Block of chalk
- Standard run up mat for mounts

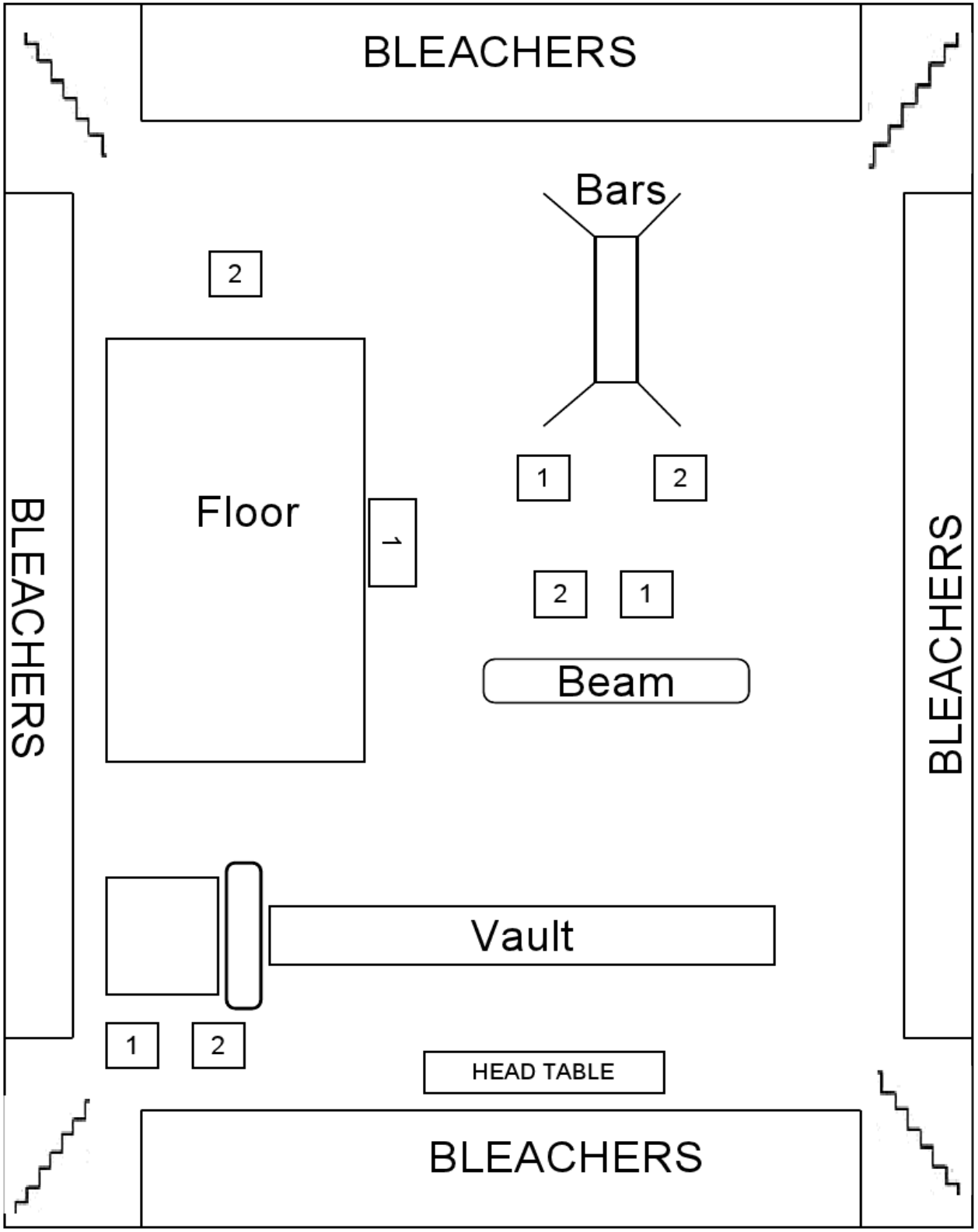
BEAM

- AAI elite beam
- 20cm matting
- 4" throw mat 7' x 10'
- Sting mat
- 1/2" plywood for mounts
- TAC/10 LZT board
- Standard run up mat for mounts
- **NO CHALK ON BEAM**

FLOOR

- AAI stratum spring floor
- AAI carpet
- sting mat 5' x 10'
- 4" throw mat 7' x 10'
- stereo system with I-Pod adapter

If you require any other special equipment, please let us know and we will do our best to accommodate your needs.



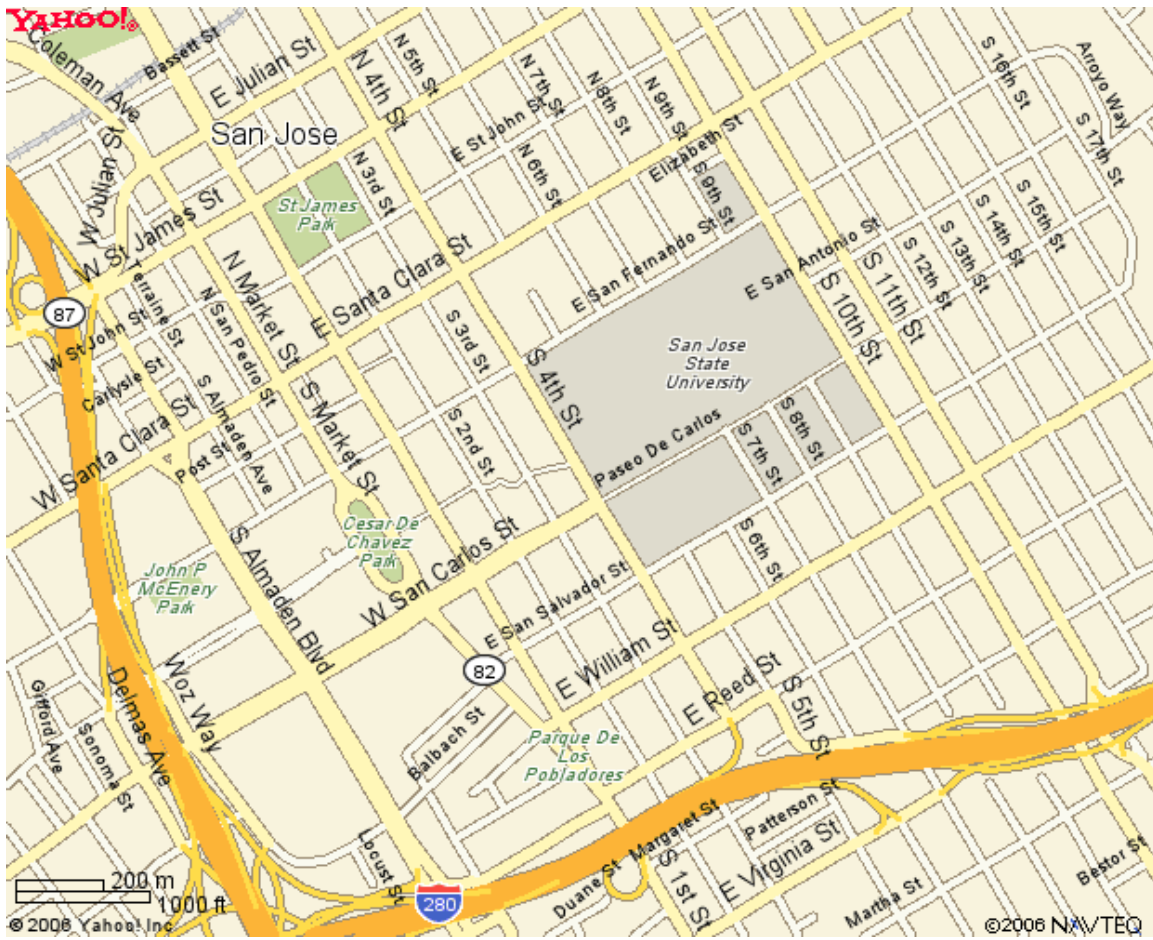


Driving Directions to Yoshihiro Uchida Hall (Spartan Gym)

- **Directions from San Jose International Airport**
 - Go Towards the airport parkway exit on Airport Parkway
 - Continue on to CA-87 South
 - Take the I-280 North/I-280 South Exit
 - Continue onto the I-280 South ramp
 - Exit onto the 7th street exit
 - Turn left onto 7th street
 - Follow the signs to SJSU
 - Turn left onto San Salvador
 - Turn right onto 3rd Street
 - Follow 3rd street to San Fernando
 - Turn right onto San Fernando
 - Right onto 4th to San Carlos
 - Spartan Gym will be on your left side
- **Directions from San Francisco Airport**
 - Coming out of the airport take Highway 101 South
 - Stay on 101 for about 40 minutes
 - Take the 280 North Exit
 - Exit onto 7th street
 - Turn Right onto 7th street
 - Follow the signs to SJSU
 - Turn left onto San Salvador
 - Turn right onto 3rd street
 - Follow 3rd street to San Fernando
 - Turn right onto San Fernando
 - Right onto 4th street to San Carlos
 - Spartan Gym will be on your left side
- **Directions from Southbound 680**
 - 680 South will become 280 north at the 101 interchange
 - Stay on 280 North
 - Exit the 7th street exit
 - Turn right onto 7th street
 - Follow the signs to SJSU
 - Turn left onto San Salvador
 - Turn right onto 3rd street
 - Follow 3rd street to San Fernando
 - Turn right onto San Fernando
 - Right onto 4th street to San Carlos
 - Spartan Gym will be on your left side



San Jose City Street Map





San Jose Freeway Map

