



WRESTLING

INSIDER NEWSLETTER
APRIL 2012

COACH RYAN'S CORNER

The seasons seem to simply role into each other. The summer into the fall and then into the winter and then the spring back into the summer. For wrestling fans however, there is a very special time of the year. From early March to mid-March, thousands of wrestlers across this country fight for the right to forever etch themselves into wrestling folklore by winning a state or national championship. This is the time of year when the pressure builds, training increases and, to some degree, we separate the contenders from the pretenders. Those who truly live the life required to earn such a title fight in gyms across the country to bring pride and honor to their family, school, coaches, teammates and others who admire their diligence.

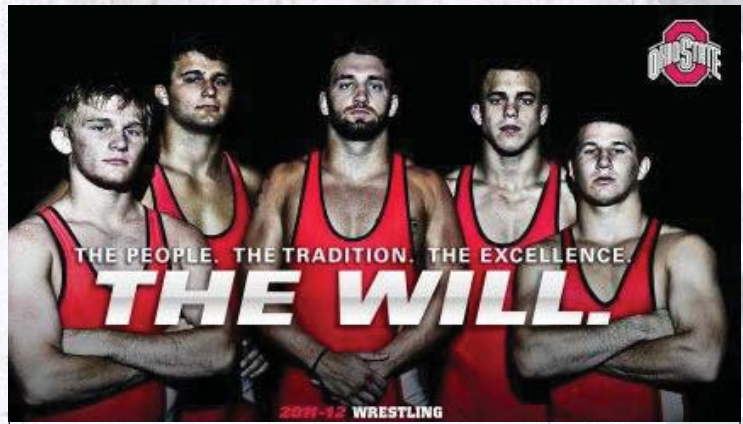


For Buckeye Nation, we were inspired by some gritty performances at the NCAA championships this March. In a perfect world, for the most disciplined, a chance at competing and earning NCAA glory can happen only four times in their lives or during a three-day period. That's right, a lifetime of training to compete in a three-day event in March. Of course, this is about much more than titles, but when you are 18-22 year's old, it's hard to see anything other than the results. The journey often isn't measured until years later.

Unfortunately, for the Buckeyes and the Magrum family, one of our leaders, team captain C.J. Magrum, had the heart-wrenching misfortune of severely injuring his knee at the Big Ten championships, taking away his chance of earning a national title. A great junior season, loaded with early-morning training and days of hard work, was cut short. Because of his No. 9 national ranking, C.J. was guaranteed a wild card, however, because of the severity of his injury, he did not get the opportunity to compete in his third-consecutive NCAA championships at 184 pounds. Rather, the nation's ninth-ranked junior was forced to watch his team compete from the seats of the Scottrade Center in St. Louis.

Perhaps C.J. was the inspiration the young Buckeyes needed to bring about the strong performance at this year's NCAA championships. We so often speak about the importance of enjoying the moment, because we never know when it will be our last. The "make it happen now" scenario was brought to life in our wrestling room. The young Buckeyes stood out in a way that has rarely been seen. Some high schools rarely produce a single All-American, however Monroeville saw three of their former students bring Buckeye Nation to their feet with some of the grittiest performances I have ever seen by three freshmen. Cam Tessari, after losing his first bout, wrestled all the way back to the third-place match. Hunter Stieber advanced to the semifinals and Logan Stieber brought us all to our feet with a dramatic upset win over defending NCAA champion Jordan Oliver. I have been doing this a long time and watching young men earn All-America honors and win NCAA titles will never get old.

In addition to the "Monroeville 3," the Buckeyes saw sophomore Nick Heflin earn a fifth-place finish with some hard fought wins. In his All-America match Friday night, one of the most stressful matches for a college wrestler, Nick hit his super duck to move forward into the bracket. Josh Demas won two matches as a freshman and Pete Capone upset a Top 12 seed from Iowa State. Johnni Dijulius qualified as a true freshman and Andrew Campolattano wrestled a tough tournament, defeating two wrestlers who have each beaten him two times prior. Unfortunately, Andrew lost in overtime to come up short of earning All-America laurels. The good news is our staff and Buckeye Nation were able to see our young men mature with the gifts to do big things at Ohio State.

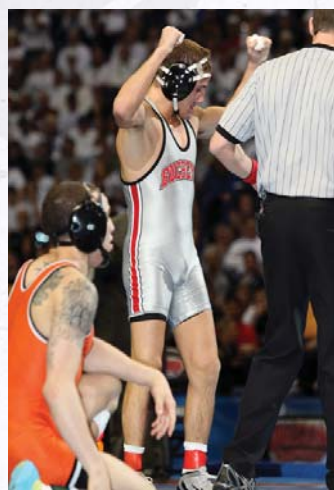


2011-12 Competition Schedule: 13-4 Dual; 5-3 Big Ten

Date	Time	Tournament/Opponent
Nov. 5	All Day	5 Champions, No Team Score
Nov. 12	All Day	Wrestle for a Cure Duals Utah Valley W, 36-0 Old Dominion W, 30-3 North Carolina W, 36-6
Nov. 12	All Day	MSU Open, No Team Score
Nov. 20	4 p.m.	No. 15 Virginia Tech W, 21-12
Dec. 2-3	All Day	at Las Vegas Invitational/1st (129 points)
Dec. 3	All Day	at Nittany Lion Open, No Team Score
Dec. 9	7 p.m.	at No. 9 Pittsburgh W, 22-9
Dec. 10	All Day	at Cleveland State Open, No Team Score
Dec. 11	1 p.m.	at No. 20 Kent State W, 22-15
Dec. 18	2 p.m.	vs. Indiana W, 31-9
Jan. 6	8 p.m.	at No. 14 Nebraska L, 16-18
Jan. 8	2 p.m.	at No. 3 Minnesota L 13-24
Jan. 12	7 p.m.	vs. Purdue W, 27-10
Jan. 20	7 p.m.	vs. No. 2 Iowa W, 21-9
Jan. 21	All Day	at Simonsen Open-Ashland, No Team Score
Jan. 29	2 p.m.	at No. 2 Penn State L 9-34
Feb. 3	6 p.m.	vs. No. 12 Michigan W, 24-13
Feb. 5	2 p.m.	at Michigan State W, 24-13
Feb. 11	All Day	at Edinboro Open, No Team Score
Feb. 12	All Day	National Duals (Regional) Boise State W, 26-9 No. 8 Nebraska W, 21-8 No. 1 Oklahoma State L, 6-25
March 3-4	All Day	5th, 91 points (at West Lafayette, Ind.)
March 15-17	All Day	5th 68.5 points (St. Louis, Mo.)

*Events in RED are redshirt/gray team events

2012 NCAA CHAMPIONSHIPS - A LOOK BACK



2012 NCAA Champion Logan Stieber

The 2011-12 Buckeyes capped off an extraordinary season at the 2012 NCAA Championships March 15-17 at the Scottrade Center in St. Louis, Mo. The young Buckeye team qualified eight wrestlers to the championships with four earning All-America laurels. Additionally, the Scarlet and Gray finished fifth as a team with 68.5 points.

[Complete Results](#)

Leading the way for Ohio State was redshirt freshman **Logan Stieber** of Monroeville, Ohio. Stieber captured his first NCAA championship at the 133 pound weight class in dramatic fashion.

The No. 2 seed, Stieber defeated No.1 seed and defending national champion Jordan Oliver of Oklahoma State by a 4-3 score. The match began with Oliver gaining a quick takedown 17 seconds into the match. However, Stieber escaped 10 seconds later to make the score 2-1. With 30 seconds left in the first period, it appeared Stieber was going to earn his first takedown of the match as he was able to hoist Oliver into a one-legged position, but Oliver battled out and the score remained 2-1.

In the second period, Stieber chose bottom and was able to escape eight seconds later, deadlocking the score at 2-2. After more than a minute of wrestling, Stieber was again able to force Oliver into a one-legged position, but this time he scored the takedown and sent the Ohio State crowd into a frenzy. Stieber earned the takedown with 10 seconds left in the second period, making the score 4-2.

Oliver started the third period on bottom and was able to escape in 20 seconds, making the national championship a one-point affair. Stieber fought off numerous takedown attempts by Oliver during the next minute and a half, refusing to give up a point. With 10 seconds remaining and Oliver in deep on a shot, Stieber was able to fend off the takedown to earn his first NCAA Championship.

The four Ohio State All-Americans is tied for the second-most in program history. In addition to Stieber's championship run, **Hunter Stieber** (sixth at 141 pounds), **Cam Tessari** (fourth place at 149 pounds) and **Nick Heflin** (fifth at 174 pounds) earned All-America honors. Ohio State also set a team record for freshmen All-Americans as well with three (L. Stieber, H. Stieber and Tessari).

2012 BIG TEN CHAMPIONSHIPS - A LOOK BACK

Redshirt freshman **Logan Stieber** was crowned the 2012 Big Ten Champion at 133 pounds March 4 at Mackey Arena in West Lafayette, Ind. The No. 1 seed, Stieber's then team-leading 28th win on the season was a 5-2 decision over No. 2 seed Tony Ramos of Iowa.

"I just relaxed out there," Stieber, the 2012 Big Ten Freshman of the Year, said. "He took me down early, but I stayed in my offense. It was a tough match, but it was fun."

Despite giving up the early takedown, Stieber, a native of Monroeville, Ohio, recorded four unanswered points via a pair of escapes and a takedown in the victory. Stieber also compiled a riding time advantage of 1:30. Stieber became Ohio State's 35th Big Ten champion and first since 2010 when Lance Palmer won the 149-pound title.

As a team, Ohio State finished 5th with 91 points. **Hunter Stieber**, the younger brother of Logan, placed third in the 141-pound bracket. A quartet of Buckeyes finished in the Top 6 of their respective weight classes, including a fourth-place standing by freshman **Andrew Campolattano** at 197 pounds. **Cam Tessari** was fifth in the 149-pound bracket, while **Josh Demas** (157 pounds) and **Nick Heflin** (174 pounds) placed sixth.

Marathon Match

Cam Tessari's match vs. No. 2-seed Eric Grajales of Michigan in the 149-pound consolation semifinals of the Big Ten Championships was the event's longest bout. Tessari, the No. 5 seed, dropped a 3-2 decision in four tiebreakers.



2012 SUMMER CAMPS

June

June 17-21: OSU Champion Builder Training Camp

June 18-20: Youth Commuter Camp

June 22-24: Disney Duals Training Camp

July

July 8-12: Takedown, Heavyweight, Intensive Camp

July 8-19: 2 week Intensive Camp

July 15-19: Technique, Turn & Pin, Intensive Camp

July 13-15: Father Son camp

For details, click [HERE](#)

2012 ALL-AMERICANS



Logan Stieber: 133-pound Champion
How does it feel to be an All-American?

It felt great winning in the All-America round, then continuing to win the tournament.

What are your thoughts about how you wrestled at the NCAA championships?

I thought I wrestled pretty well. I avenged two losses and wrestled solid throughout the tournament.

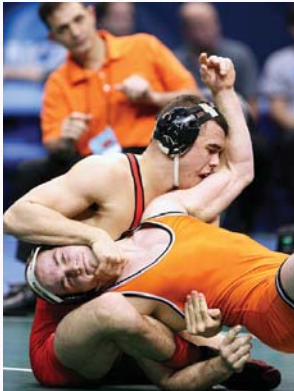
What is the most exciting/memorable experience from the championships?

Watching my brother win in the quarterfinals against the kid he lost to at Vegas was pretty awesome. So was Cam's third-place match. Winning was also really great.

How will you build on what you have done this year as you head into next season?

I have to defend my title, so I will be working harder than ever to not give it up.

Nick Heflin: 5th at 174 pounds



How does it feel to be an All-American?

It feels great to be an all-American finally.

What are your thoughts about how you wrestled at the championships?

I thought I wrestled well. I lost to the Nos. 1 and 2 seeds and finished 5th.

What's the most exciting/memorable experience from the championships?

Hitting a super duck to become an All-American was pretty cool.

How will you build on what you have done this year as you head into next season?

I think I've accomplished something special and am very happy. I want more however. I want a title. To be on top of the podium and say I am the best in the country. I dream about it. Eat sleep and train for it. It's something I will continue to want and work for. It's just a race between me and the clock, but I am very happy about the opportunity God gave me to compete. So many people have given me their time and beliefs to help make it happen. I can't thank them enough. Through my wins and losses, I serve the same God and as always, Go Bucks!

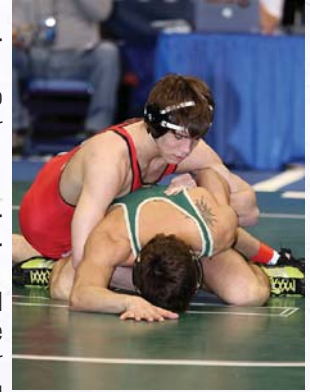
2012 ALL-AMERICANS

Hunter Stieber: 6th at 141 pounds
How does it feel to be an All-American?

It's a good feeling. The main goal is to win it all, but I'll have to work harder for that.

What's the most exciting/memorable experience from the championships?

Besides Logan winning the finals and me and Magrum going crazy by the mat, it was when I won my quarter finals match and I knew I was going to be an All-American.



How will you build on what you've done this year as you head into next season?

Keep working hard on the positions I struggle at.

2012 U.S. OLYMPIC TEAM TRIALS

The 2012 U.S. Olympic Team Trials will be held in Iowa City, Iowa, April 21-22 at Carver-Hawkeye Arena. The morning session will begin at 8 a.m. and the evening session will start at 5 p.m. [Complete Schedule](#)

A contingent of Ohio State wrestling letterwinners will head to Iowa City in [J.D. Bergman](#), [Tommy Rowlands](#), [Colt Sponseller](#), [Logan Stieber](#) and [Nikko Triggas](#). For complete biographies, click on the name.

Follow the U.S. Olympic Team Trials on Twitter [@USAWrestling](#) or find them on Facebook at <https://www.facebook.com/iowacitytolondon>.

CAMPOLATTANO WINS TITLE AT JUNIOR NATIONALS

[Andrew Campolattano](#), who concluded his freshman season last month, won the 211.5 (96 kg) title at the 2012 FILA Junior Freestyle National Championships April 14 in Madison, Wis. The Buckeye from Bound Brook, N.J., beat Minnesota's Scott Schiller in the final 1-0, 2-1.

Classmate [Hunter Stieber](#) was the runner-up at 145.5 pounds (66 kg), falling to Destin McCauley in the final via pin (1:25).

Additional Buckeyes who competed

[Johnni Dijulius](#)
[Kyle Visconti](#)
[Kenny Courts](#)
[Orry Elor](#)

For complete recap, click [HERE](#)

ATHLETE'S CORNER - KENNY COURTS

How has training been this year?

Training started off rough for me. Being off for so long, my body wasn't where it needed to be. Now things are going much better and I am now able to work harder than I ever have before.



Why did you choose to attend Ohio State?

It was a great opportunity I couldn't pass up. Ohio State has great academics, is a prestigious university, and has great coaches and workout partners. I couldn't ask for more.

You won two state titles in Pennsylvania. What do you attribute your success to?

My father is the sole reason to my successes up to this point and the skill sets I have brought to Ohio State. I think what he has taught me up to this point will lead me to success with the addition of the polishing from the coaching staff here.

What weight class do you plan on wrestling in next year?

Whatever weight class my coaches think best. Ideally, I would like to wrestle at 184.

What are your goals for next season?

Ideally I would love to be a national champion and I think I can achieve that, but realistically I see myself as an All-American.

What has been the biggest challenge in terms of transitioning from high school to college wrestling?

Strength has been a big factor and keeping high intensity against competition that is at your level. In high school, you would rarely see that, so battling on a day-to-day basis took some getting used to.

What do you like to do outside of wrestling?

I'm a big video game player. Other than that, I just like being a kid and having fun when it fits into my schedule.

2011-12 OHIO STATE WRESTLING POST SEASON BANQUET - OPEN TO SEASON TICKET HOLDERS & OVERTIME DONORS

The Ohio State wrestling team will hold its annual post season awards banquet at noon Sunday, May 6th in the Cartoon Room at the Ohio Union. The event will commemorate an outstanding season for this young Buckeye team, as well as recognize several outstanding individual performances.

Honors such as the Varsity O, Battling Buckeye, Academic All-Big Ten, NWCA All-Academic, Big Ten Wrestlers of the Week, Russ Hellickson Award, Ray Mendoza Award, Big Win Awards, Performance of the Year and All-America laurels will be awarded. The event is open to season ticket holders and Overtime Donors.

For \$30.00 per attendee, we encourage those who wish to join us to RSVP by April 20 by returning the form below via fax @ (614) 292-8480, or by mail to Ohio State Wrestling, 1160 Steelwood Rd. Columbus, OH 43212 or call Melva Kareklas to confirm at 614-292-9323. There is also the option to sponsor a student-athlete or manager for \$30.00. We look forward to sharing a night full of fun together as we celebrate a wonderful season.

Name: _____ Phone: _____

Number of people attending the banquet _____ x \$30.00 = \$ _____

I would like to sponsor _____ Wrestlers/Managers x \$30.00 = \$ _____

Total Enclosed = \$ _____

Please make checks payable to Ohio State University. Thank you.

LOGAN STIEBER NAMED INTERMAT FOY

Redshirt freshman **Logan Stieber** was named InterMat Freshman of the Year, the wrestling internet publication announced April 5. The 2012 NCAA and Big Ten Champion at 133 pounds, Stieber received all 10 first-place votes by a committee of InterMat writers and executives for a total of 90 points.

Stieber, who hails from Monroeville, Ohio, finished the 2011-12 campaign with a 33-2 overall record and a 15-2 dual mark. Additionally, Stieber posted a 7-1 ledger in Big Ten competition. The team leader in pins, Stieber's fastest fall came at 43 seconds vs. North Carolina's Brock Livorio, which took place Nov. 12 in the Wrestle for a Cure Duals in Harrisburg, Pa. During the Big Ten and NCAA championships, four of Stieber's nine victories were bonus-point wins, including consecutive pins in the opening rounds of the national tournament.

All-American **Hunter Stieber** (141 pounds), the younger brother of Logan, finished fourth in the balloting with 16 points. Fellow freshman All-American **Cam Tessari** (149 pounds), who also is from Monroeville, Ohio, rounded out the Top 5 with 14 points.

COMMUNITY SERVICE UPDATE

Once again, it is our honor to report our Buckeye wrestlers are providing community service year round. Members of the wrestling team were proud to represent our program during the 2012 Cub/Boy Scout Winter Olympics March 17th-18th, which was led by Ohio State Strength Coach Anthony Glass. This was a fun event and it allowed our student-athletes the opportunity to coach young people in physical fitness skills and team sport instruction. It is great to know it is important to our student-athletes to give back and we are very proud of them. GO BUCKS!

WRESTLING CONTACT INFORMATION

Head Coach: **Tom Ryan** (ryan.998@osu.edu/614-292-4184)

Associate Head Coach: **Lou Rosselli** (rosselli.2@osu.edu)

Assistant Coach: **J Jagers** (jagers.5@osu.edu)

Volunteer Assistant Coach: **Ross Thatcher**
(thatcherr@buckeyes.ath.ohio-state.edu)

Strength & Conditioning: **Alex Picazo** (picazo.1@osu.edu)

TWITTER/FACEBOOK

Follow along on Twitter (@wrestlingbucks) for live updates on all Ohio State matches.

Official Team Twitter Account - @wrestlingbucks

Head Coach Tom Ryan - @buckeye158



Official Team Facebook Page - facebook.com/ohiostateuniversitywrestling

SEASON AND GROUP RATE TICKET CONTACT

Kathleen Dean

DeanK@buckeyes.ath.ohio-state.edu

614-292-4797

2013 BIG TEN & NCAA CHAMPIONSHIPS

Thank you to all our fans who came out to support the Ohio State wrestling team in their post season tournaments this year. We are already looking forward to next season.

Big Ten Championships

The Big Ten championships will not conflict with the Ohio High School State wrestling tournament in 2013. The conference championships will take place in Champaign, Ill., March 9-10 and we hope to have a stronger crowd than ever before. Our Ohio State Fan Group has reserved a block of hotel rooms close to the arena.

Call to reserve your room today

Hawthorn Suites by Wyndham

101 Trade Centre Drive

Champaign, IL 61820

217-531-9098(p)

Call and ask for Ohio State Wrestling Block

Reserve by Feb. 8th

NCAA Championships

The 2013 NCAA Championships will be held in Des Moines, Iowa March 21-23 at Wells Fargo Arena. The majority of downtown hotels have already been booked, but our Ohio State Fan Group has reserved a block of hotel rooms right outside the city. It is a quick drive to the arena and there should be plenty of parking. We know most of our fans would prefer to be downtown, but please consider booking with all the other Ohio State Fans.

Call to reserve your room today

Drury I&S – West Des Moines

5505 Mills Civic Parkway

West Des Moines, IA

50266

515-457-9500

Call 1-800-325-0720 and referring to the group # 2145916.

Or book online

<http://www.druryhotels.com/Reservations.aspx?groupno=2145916>

SPECIAL THANKS

The Ohio State wrestling staff would like to offer a special thank you to the following people for their tremendous support. Without their contributions, none of what we do would be possible.

Gene Smith – Athletic Director

TJ Shelton – Associate Athletic Director

Pete Hagan – Business Office

Kathy Biddle – Business Office

Carole Rosing – Business Office

Jen Bulla – Travel

Lisa Frey – Travel

Phil Wille – Compliance

Erica Hoon - Event Management

Danielle Warner – Athletics Communications

Kevin Ries – Equipment

Allison Logan – Student Athlete Support Services

Kelsey Logan – Team Doctor

Alex Wong – Athletic Trainer

Dan Sabo – Athletic Trainer

Niki Curtiss – Newsletter

Melva Kareklas – Office Assistant

Victor Puskas – Manager

Steve Ruthen – Manager

Brooke Cavallo – Manager