

2013 The Ohio State University High School Meet Information

THESE MEETS ARE LIMITED TO HIGH SCHOOL ATHLETES ONLY – GRADES 9-12!!!!

French Field House, Columbus, Ohio 43210 – Updated 01/28/2013

Dates/Deadlines	<ul style="list-style-type: none"> Meet Dates: Saturdays - January 19, February 2, February 9, February 16 Meet registration opens on 12/20/12 for the 1/19/13 meet and the rest of the meets will open on 1/2/13. Registration for each meet ends on the Wednesday (1/16, 1/30, 2/6, 2/13) prior to the date of the meet @ 8 PM or when the events are filled, whichever comes first. <i>THE WEIGHT THROW WILL ONLY BE CONTESTED AT THE FEBRUARY 16TH MEET.</i>
Entry Fee	<ul style="list-style-type: none"> \$10 per individual athlete and \$20 per relay up to \$200 per gender, men and women are separate Unattached athletes will have a total fee of \$20. Unattached athletes MAY NOT BE added to a team's roster! 3 entrants per event per school. A maximum of 2 relays per school per relay event. You must pay by check or cash the day of the meet. If you come without your payment, you will be denied access to the meet! NO REFUNDS – Fees are calculated on your registered athletes as of the Wednesday before each meet at 8 PM. Once registration closes, you are responsible for paying for your “no shows” or scratches. If you enter a team and do not “show”, your Athletic Director will receive a payment notice. If you fail to pay what you owe, and/or your check bounces, The Ohio State University Athletic Business Office will be in touch with your Director of Athletics! <p style="text-align: center;">Make checks payable to: The Ohio State University</p> <p style="text-align: center;">Fred Barends, OSU Track & Field, 410 Woody Hayes Drive, 215 St. John Arena, Columbus, Ohio 43210</p> <p style="text-align: center;"><i>Late Fees/Entries - NO LATE ENTRIES OR FEES ACCEPTED!</i></p>
Entries	<p style="text-align: center;">All Entries will go through Finishtiming.com.</p> <ul style="list-style-type: none"> <i>Deadline:</i> 8 PM on the Wednesday before the meet Do not e-mail, call or FAX entries to OSU – All entry questions go to Finishtiming.com Maximum of 3 (three) entrants per event per school. Maximum of 2 (two) relays per relay event. The weight throw will only be contested on February 16. There are limited fields for all events. 70 entries for long jump, triple jump and shot put; 88 entries for 60m, 60HH; 72 entries for all other running events; 54 teams per relay event; 35 entries per pole vault event; and 32 per weight throw event. No Day of Meet registration will take place - No Exceptions! You can find information on how to do your entries at www.FinishTiming.com A performance list confirming all entries will be available on the OSU athletic web page http://www.ohiostatebuckeyes.com/ on the Friday prior to each contest by 5 p.m. if not earlier. <p style="text-align: center;"><i>No replacing athletes in events. No changes the day of the meet!</i></p>
Athletic Training	<p>A Trainer and Student -Trainers will be on hand to handle first aid and emergency situations during the competition. Taping can be done in our training room by your athletic trainers and you will need to supply the taping materials. There will be no access to advanced equipment (ultra-sound, stimulation, etc.). Ice and heat packs will be available.</p>
Facility	<ul style="list-style-type: none"> 200 meter track Beynon track surface – 6 lanes with an 8 lane straight. We have 10 sets of UCS blocks. You may <u>not</u> bring your own blocks. 2 Horizontal jump runways and pole vault runway are the same surface as the track. High jump area is off the turf. Throwing events will be from a wooden surface.
Spike Rule	<ul style="list-style-type: none"> Spikes longer than 1/4" pyramids are not permitted. <p style="text-align: center;">The clerks will be checking spike length just before the races and at check-in. If your athlete is in violation of this rule, he/she will not be allowed to participate.</p>

Team Entry/Implements/Check-In	<ul style="list-style-type: none"> Teams will enter through the doors on the Lane Avenue side, Northwest corner of the French Field House. Team fees will be collected there. Implements - checked in at the implement weigh-in table at least 45 minutes prior to the event. Athletes must be checked-in for all running events by the time the previous event starts (IE – once Running event 5 starts, Running event 6 must be checked in, etc). Running event 1 must be checked in 30 minutes before it is scheduled to go off. Check in is at the table off the track behind the 60 meter start area. Athletes will then line up for all events on the track area behind the 60 meter start line. Only non-lane races will receive hip numbers. Wear numbers on your left hip. Field event athletes will check-in at their respective venues.
Timing	<ul style="list-style-type: none"> Finishlynx - Coaches and Athletes MUST stay away from the timing/results/camera areas.
Results	<ul style="list-style-type: none"> Hy-Tek will be used and results posted on the southwest doors. results will be updated/posted on finishtiming.com live during the meet after each event is finished Full results will be available after the meet at finishtiming.com.
Parking	<ul style="list-style-type: none"> TBA – Please see the last page “PARKING” for this information
Admission & Infield Restrictions	<ul style="list-style-type: none"> \$5 per person and fan entry will only be the main entrance in the Southeast corner (glass doors), Woody Hayes Drive side. Non-Competitors and fans must remain in the stands. Non-competing athletes stay in team camps. NO ELECTRONIC DEVICES (i.e. – cell phones, ipods, headphones, etc) - in the infield, throwing areas, jump areas, track, etc.
Concessions	<ul style="list-style-type: none"> Food and drinks will be available. <i>Please note: Any food that your team brings into the facility will not be allowed in the track area, only at your team camp.</i>
Team Camps	<ul style="list-style-type: none"> Please set up team camps near the west end throwing venue. No camps in the infield of the track. Athletes and coaches are responsible for recovering their camp areas (i.e. – garbage, implements, uniforms, etc). Please clean your team camps up before you leave. Non-Competitors and fans must remain in the stands. Extra traffic becomes a distraction and creates an unsafe environment for competitors and meet management Athletes should refrain from throwing balls, Frisbees, or objects in the team camp area or in the track area. If you cannot adhere to these rules, your team will be asked to leave and you will not allowed to attend future meets!
Precautions	<ul style="list-style-type: none"> Please pay attention to the signage in the facility! No food or drinks will be allowed inside the track area. (Only water will be permitted inside the track.) Food and drinks will be permitted in the camps near the throwing area. Unsportsmanlike behavior or failure to follow procedures by coaches or athletes will result in denial of future entries at The Ohio State University meets and you and your team will be removed from the meet.
Questions?	<ul style="list-style-type: none"> Contact Fred Barends: barends.1@osu.edu or 614-736-0320 (C)

- All athletes in running events or relay teams should check in at the clerk’s table to receive a hip number.
- The clerk’s table is located behind the 60 meter start line.
- Performance lists in your packets will have check-in times for unseeded events.
- Events will be conducted as heats against time. Please be honest with your times!
- Results will be posted at the conclusion of each event.
- Implement weigh-in – by the shot put area.
- OHSAA/NFHS rules will be used to govern all competition.
- Uniform rule will be enforced.

SCHEDULE OF EVENTS

Field events will not be held up for an athlete to compete in another event
General Warm-up 30 minutes prior to the event. Between flights will be a 10 minute warm-up period.

9:00a

Pole Vault (Girls, then Boys)

Shot Put (Boys, then Girls) **Three throws, top 9 to finals – on 1/19, 2/2 & 2/9 only – please read note below about 2/16***

Weight Throw (Boys First) **Four Throws – February 16 only**

9:30a

Long Jump (Girls and Boys, 2 pits) **Three jumps, top 9 to finals**

High Jump (Boys first)

Triple Jumps - follows finals of Long Jump, **Three jumps, top 9 to finals**

****On February 16, we will have the weight throw and shot put events. Boys will throw the weight first at 9:00 AM. Once this event is finished, they will throw the shot put on the infield. Girls will throw the weight after the boys and then the shot put.***

Running events will be on a rolling time schedule

10:00a

60m hurdles	prelim (fastest 16 times to 2 section final), Girls, then Boys
60m dash	prelim (fastest 16 times to 2 section final), Girls, then Boys
4 x 200m	final, Girls, then Boys
4 x 800m	final (2 sections if needed), Girls, then Boys
60m hurdles	final, Boys, then Girls
60m dash	final, Boys, then Girls
Mile run	final, Boys, then Girls
400m dash	final, Boys, then Girls
800m run	final, Boys, then Girls
200m dash	final, Boys, then Girls
3200m run	final, Boys, then Girls
4 x 400m	final, Boys, then Girls

NOT ALL EVENTS ARE SEEDED. YOU MUST DECLARE YOUR INTENTION TO COMPETE FIRST AND THEN WE WILL SEED THE EVENT AND ANNOUNCE WHEN YOU CAN PICK UP YOUR HIP NUMBER.

Announcements will be made throughout the meet in regards to checking in. Once the previous event has started, check in for the next event closes. If you do not check in, you are scratched and the remaining athletes will be seeded. Once seeded, an announcement will be made for athletes to line up behind the 60 meter start and receive their lane assignments for the next event.

Spikes longer than 1/4" pyramids are **not** permitted.

The clerks will be checking spike length just before the races and at check-in. If your athlete is in violation of this rule, he/she will not be allowed to participate.

- Athletes will check-in for all running events behind the 60 meter start area and will then be taken to the start line for each event.
- Only non-lane races will receive hip numbers. Wear on your left hip.
- Field event athletes will check-in at their respective venues.
- Implements - checked in at the implement weigh-in table at least 45 minutes prior to the event.

Infield Rules for French Field House

Only participating athletes, coaches with an infield pass and meet officials will be permitted in the infield area.

For the protection and safety of all participants, officials and spectators, all coaches, parents and non-competing athletes will be prohibited from entering the infield area of French Field House during all high school indoor meets.

Prohibited on the infield:

1. Hurdle warm-ups
2. Lawn chairs
3. Coolers
4. Snacks and beverages

All filming and photo opportunities by spectators must be taken from the bleachers designated for spectators. Only coaches with a coaching pass may film from the infield and from inside the coaching boxes only.

Coaching boxes will be established by meet management for the long and triple jumps, high jump and pole vault events. Only adult coaches of these events will be allowed in the coaching boxes. Failure to comply with these guidelines may result in the removal of your team from the facility.

Ohio State track officials and event staff will be monitoring the compliance of these infield rules throughout the entire meet.

Coaches, please assist us in the enforcement of these policies by notifying all athletes and parents in advance of attending meets in French Field House.

PARKING

French Field House

460 Woody Hayes Dr, Columbus, OH 43210

Due to new parking regulations set forth by The Ohio State University along with multiple events being contested each weekend in our athletic facilities, the following guidelines will be used for all high school meets.

Note: Please be advised that the parking plan may be altered for the meet on Saturday, February 9, 2013. More details will follow at a later date.

School Buses and School Vans Parking

- All school buses and school vans will park in the **North French Field House lot**, with entry from Lane Avenue, on a first-come-first-serve basis at **no charge**.
 - All vehicles need to park in designated spaces between the lines so as to best use the limited space with buses using two east/west spaces.
 - If this lot is filled, overflow parking is located in the **Northwest Stadium lot**, located off of Cannon Drive, where vehicles must use **Pay N Display** for each spot used (i.e. a bus taking up two spots would need to pay for two spots). Purchase parking in A, B or C spaces via the Pay N Display machine.
 - First, park in the space and then pay for parking using coins or a credit card.
 - Please note that bills are not accepted in these machines.
 - Place the ticket in your vehicle's window, facing outward, and keep the bottom portion as your receipt.
 - Vehicles not using the **Pay N Display** system will be ticketed.

Spectator Parking

- Spectators will park in the **North French Field House/St. John Arena lots**, with entry from Lane Avenue, and the **South French Field House lot**, with entry from Woody Hayes Drive, on a first-come-first-serve basis at **no charge**.
 - If these lots are filled, overflow parking is located in the **Northwest Stadium lot**, located off of Cannon Drive, where vehicles must use **Pay N Display** for each spot used. Purchase parking in A, B or C spaces via the Pay N Display machine.
 - First, park in the space and then pay for parking using coins or a credit card.
 - Please note that bills are not accepted in these machines.
 - Place the ticket in your vehicle's window, facing outward, and keep the bottom portion as your receipt.
 - Vehicles not using the **Pay N Display** system will be ticketed.