



OHIO STATE ATHLETICS

Ohio State Student-Athletes:

Welcome back to our returning student-athletes. We look forward to once again working with you during the upcoming school year. And hello to our new student-athletes who are about to experience for the first time what it means to be a Buckeye. As members of the Ohio State family is our goal to make your experience special and memorable.

Our commitment to you is to guarantee you the best experience possible as a student and an athlete while you are here at Ohio State. We will provide you with the very best in academic support, coaches, medical care, facilities, and equipment. Our most important goal for you should be your most important goal – earning your undergraduate degree from The Ohio State University.

As a representative of this University and Department of Athletics, we have high expectations of you, both in the classroom and on the field of competition. We also expect you to conduct yourself in a positive manner in all that you do, and to abide by University, Big Ten and NCAA rules and regulations.

Remember, we are here to help in any and every way we can. If you are having difficulty in any area, please reach out and ask for assistance. Buckeyes help Buckeyes!

Good luck in all your endeavors this year. I am confident that you will only add to Ohio State's already rich heritage.

My door is always open.

Go Bucks,

A handwritten signature in black ink that reads 'Gene Smith'.

Gene Smith
Director of Athletics

athletics



THE STUDENT-ATHLETE SUPPORT SERVICES OFFICE (SASSO)

THE STUDENT-ATHLETE SUPPORT SERVICES OFFICE (SASSO)

350 Younkin Success Center
1640 Neil Avenue
Columbus, Ohio 43201
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SASSO STAFF

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Darrell Mayne Football Academic Specialist
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SASSO VISION STATEMENT

To be the premier student-athlete support services unit in the country, while implementing a holistic approach to student development.

SASSO MISSION STATEMENT

The Student-Athlete Support Services Office (SASSO) will support The Ohio State University and Athletic Department missions by providing quality programs and services that facilitate graduation and promote the overall development of student-athletes. As one of the nation's first universities to provide support services to student-athletes, we will continue to be innovative in meeting the educational, personal, and career development needs of student-athletes, while maintaining compliance with NCAA, Big Ten, and Ohio State regulations. The SASSO staff is committed to empowering student-athletes to cultivate independence, educational and personal values, and leadership skills to reach their full potential while maintaining the highest level of integrity.

SASSO GOALS

- Goal for Student Development: To support the personal, career, and leadership development of student-athletes, and to provide programming and guidance to assist them in the achievement of their academic, career, and life goals.
- Goal for Athletic Academic Counseling: To provide comprehensive academic support designed to meet the needs of the student-athlete population while promoting progress towards a degree.

- Goal for Academic Resources: To provide quality tutoring by trained peer and professional tutors in a space conducive for academic pursuits and to address current academic needs of the general student-athlete population.
- Goal for the Learning Specialist: To foster an environment in which student-athletes identified as academically at-risk become successful, independent learners within one academic year.
- Goal for the Business Office: To improve the overall business procedures in which SASSO operates to promote a more efficient, productive environment. Develop overall trust from The Ohio State University that our knowledge and processes are policy compliant and provide quality customer service to promote a positive atmosphere for all SASSO visitors.

THE ACADEMIC COMMITMENT

The academic commitment addresses the academic development of each student-athlete. This commitment focuses on how SASSO can assist the student-athlete in becoming a better student and an independent learner. The following works to highlight important elements that define SASSO's academic commitment.

THE DIFFERENCE BETWEEN A SASSO ATHLETIC ACADEMIC COUNSELOR AND A COLLEGE ADVISOR

It is the primary responsibility of the college academic advisor to provide academic information and support related to major selection, course selection, and academic procedures necessary to complete the requirements of your degree plan. SASSO Athletic Academic Counselors are the experts with issues of eligibility and how academic procedures affect the uniqueness of the life of a student-athlete.

BOOK SCHOLARSHIP PROGRAM SUPPORT

For all students on book scholarship, the book distribution location is the Barnes & Noble OSU Bookstore. Buck ID's are required for book pick-up. If Barnes & Noble does not have the required book, a student-athlete is encouraged to let their SASSO Counselor know as soon as possible so that the circumstance can be addressed immediately. The purchase of required course supplies is permissible. Tangible items listed as 'required' on the course syllabus can be obtained, if available, from SASSO. If SASSO does not have the required item(s), the student-athlete must purchase the item(s) and bring the receipt and syllabus to SASSO for reimbursement. All items must be returned to SASSO by the end of the day Monday after finals week.

CONTINUING ELIGIBILITY SUPPORT

Student-athletes should meet regularly with a SASSO Athletic Academic Counselor to review opportunities and to keep up to date on the academic regulations that affect academic eligibility.

COPY/FAX/SCAN TO EMAIL SUPPORT

Any item that needs to be copied or faxed must be academic in nature and must pertain to the student-athlete making the request. All items must be related to the student-athlete's academic situation and can only be copied or faxed in SASSO by an office associate. It is permissible, in special circumstances, for copying and faxing to occur when a student-athlete is traveling for OSU athletic competition.

GRADES FIRST STUDENT SUPPORT SYSTEM

The GradesFirst Student Support System is a program that allows students to schedule tutoring appointments, manage a calendar, and check study table hours. In addition, this program allows SASSO staff and coaches to monitor and track the academic progress of all student-athletes on campus.



THE STUDENT-ATHLETE SUPPORT SERVICES OFFICE (SASSO)

GradesFirst provides simple automated methods for staff members to communicate student progress, potential problems, and valuable feedback which are vital to timely intervention. Once the student has been identified, the workflow and communication efficiencies in GradesFirst make it remarkably easy for SASSO staff and coaches to reach out and provide assistance.

With the GradesFirst Advising and Tutoring modules, advisors are able to provide students the best opportunity for success by focusing on actions that generate results. The features and functionality include centralized documentation, appointment scheduling, calendar management and powerful reporting. Providing tutoring services to students is a proven component of student support and academic success.

LAPTOP LOAN PROGRAM SUPPORT

A limited number of laptop computers are available for student-athlete use during team travel or if an emergency arises. Laptops must be signed out in SASSO by a member of the team coaching staff. Please contact your SASSO Counselor if you have any questions or need immediate assistance.

STUDY TABLE AND COMPUTER LAB SUPPORT:

The study table program is designed to provide student-athletes with a structured learning environment to supplement and enhance the student-athlete's study and class preparation. New for Autumn, 2012 the opening of SASSO in E127 Fawcett Center is outfitted with 22 computers and can support tutoring and mentoring needs. Two, full-time SASSO Counselors, an Office Associate, and proctors and tutors are also housed in the Fawcett Center location.

Hours of Operation for both the Study Table and Computer Lab areas:

310 Younkin Success Center*	E127 Fawcett Center
Sunday: 2pm – 10pm	Sunday: Closed
Monday-Thursday: 7:30am-10pm	Monday-Thursday: 8am-9:30pm
Friday: 7:30am-5pm	Friday: 8am-5pm
Saturday: Closed	Saturday: Closed

*The Fergus Computer Lab is located on the 2nd floor of Younkin and open during Study Table hours of operation. Student-athletes required to attend Study Table are able to fulfill their hours in the computer lab. The Fergus Computer Lab is an "academic lab," where activity is limited to course-related academic work.

TUTORING SUPPORT

Student-Athlete Support Services Office (SASSO) in the Younkin Success Center and the Fawcett Center provides students with a quiet place for studying and computer lab use as well as for scheduling a tutor for many academic subjects. One-on-one tutoring will provide you with an environment to ask questions and process information at your own pace, while improving knowledge of yourself as a learner. Tutoring invites you into a deeper, more focused concentration on the subject matter. It is important to remember that tutors will not do the work for you. It is important to come prepared with text, notes, and syllabus to each session.

ACADEMIC SUCCESS TIPS

- **Attend every class** (even if attendance is not taken or required). Remember, if you miss a class for an athletic event, you must communicate the absence to your professor PRIOR to the absence. You are still responsible for all missed information and assignments.
- **Read the course syllabus** carefully and review often
- **Introduce yourself** to the instructor(s) the first week of the term and communicate with the professor throughout the term
- **Manage your commitments** and time using the GradesFirst online resource tool and/or your Student-Athlete Planner

- **Utilize all the resources** in SASSO and at The Ohio State University
- **Ask questions** often

Be an ACTIVE PARTICIPANT in your learning! An active learner utilizes resources, but does not rely on them. Don't relinquish control over your life. Make your own decisions regarding your future – Empower yourself and become an independent learner!

EARNING YOUR DEGREE AS A STUDENT-ATHLETE

How many hours do I need to take in order to graduate on time?

- Earning 12 credit hours each term will NOT maintain eligibility or progress toward your degree. Plan on earning an average of 27-30 hours in each of the first two years, and then adjust to the requirements and sequence of your major program.

What kind of courses should I take?

- The majority of courses you take must be applicable to your degree program. Take courses that are prerequisites for your intended major. Find a balance of courses for the term that require different types of preparation and are of varying degrees of difficulty for you. Consult with your college advisor for coursework that satisfies your degree plan.

What if the course I am registering for requires permission?

- You will need to contact the instructor or the department prior to trying to register for the course. Your college advisor will need to permission from the professor and/or instructor to enroll you in the course. If you do not have the permission, you will not be allowed to register for the course. Waiting until after your registration window opens to have permission posted causes a delay that could result in the class being filled or you being placed lower on the wait-list.

What major/degree plan is best for me?

- Your major/degree plan should be one that has coursework that relates to your interests and abilities. Discuss possibilities with Exploration Program advisors for undecided students, advisors in colleges, upperclass students who have similar interests, and athletic academic counselors. Utilize all resources to explore career options. Check information about coursework in college bulletins and the "Major Series". Take introductory courses that apply to majors of your interest. Focus on at least two majors that might work for you.

What is required for admission to a major?

- Colleges and programs vary in admissions requirements and procedures. You need to know: the prerequisite courses, minimum GPA, term of admission and program application deadlines, which forms to complete, etc. It is advised that you go to the appropriate college office for information for the majors you are considering. If you are not sure who to contact or where to go contact your SASSO Counselor.

What grades are required?

- EXCEED the minimum. A 2.0 GPA will maintain eligibility and may earn a degree in some majors. HOWEVER, higher minimum requirements are established by many programs (ranging from 2.5 to 3.2) for admission to and graduation from the program. You are considered to be academically 'at risk' if your overall GPA is below a 2.3 or term GPA is below a 2.0.

What must be done to graduate?

- Complete all required courses and number of credit hours, with the minimum grade point average established by the program and the college. Apply for graduation by completing appropriate forms in your college office normally two terms in advance of the term you intend to graduate. **COLLEGES VARY IN REQUIREMENTS AND PROCEDURES, THUS IT IS IMPORTANT YOU MEET WITH YOUR COLLEGE ADVISOR EARLY.**



THE STUDENT-ATHLETE SUPPORT SERVICES OFFICE (SASSO)

ACADEMIC ELIGIBILITY RULES APPROVED BY THE OHIO STATE UNIVERSITY ATHLETIC COUNCIL

1.65 RULE

A first year student-athlete must earn and maintain a minimum cumulative grade point average of 1.65 throughout the first academic year in residence at Ohio State to remain eligible to practice.

1.80 RULE

A first-year student-athlete must achieve a grade point average of at least 1.80 after the first term of enrollment to be eligible for competition the next term and must maintain a cumulative 1.80 GPA to remain eligible for competition during the first and second years.

2.00 RULE

A third year student-athlete must achieve a cumulative grade point average of at least 2.00 to be eligible for competition at the start of the third year and must maintain a cumulative 2.00 GPA to remain eligible for competition until graduation.

0.0 RULE

All student-athletes on intercollegiate teams are required to complete all coursework, through final examination evaluation and maintain satisfactory academic standing. Those student-athletes who receive a quarterly grade point average of 0.00 or all "I" grades with an "E" alternative or a combination of the two conditions shall be immediately deemed ineligible for all competitions between terms (including post-season competitions) and for competition during the subsequent academic term of enrollment, excluding summer.

NOTE: A student-athlete who earns a 0.00 GPA for Spring Term is ineligible for competition during Autumn Term, regardless of cumulative GPA. If this 0.00 GPA occurred as a result of unusual circumstances, the student-athlete may appeal this ruling according to the appeals procedure outlined in the student-athlete handbook.

VARSITY CREDIT RULE

1. In determining a student-athlete's academic eligibility for competition under the NCAA Fulfillment of Credit-Hours Bylaw 14.4.3.1 (six-hour rule) and the Minimum Quantitative Requirements of Big 10 Rules 14.4.3.1., a student-athlete will not be credited for participation in education: Physical Activity and Education Services 196 (Varsity Squad) if the student-athlete has carried the class to completion twice before.

a. In determining a student-athlete's enrollment status and degree-credit requirements for graduation, the above rules would not preclude a student-athlete from taking multiple varsity hours for purpose for fulfilling degree requirements as specified by the student-athlete's college. In addition, such rules would not preclude a student-athlete from using more than two varsity credit hours to meet the definition of full-time enrollment as defined by the Registrar's Office or the applicable college.

2. In determining a student-athlete's eligibility for the completion under the NCAA Fulfillment of Credit-Hours Bylaw 14.4.3.1 (the "six-hour rule") and the Minimum Quantitative Requirements of Big Ten Rule 14.4.3.1, a student-athlete will not be credited for participation in Education: Physical Activity and Educational Services 196 (Varsity Squads) for any term outside of the term of active sport participation.

ACADEMIC ELIGIBILITY TERMS

IMPORTANT ACADEMIC ELIGIBILITY TERMS

Eligibility Clock – starts upon your first full time enrollment at any collegiate institution (12 hours).

Earned Hours – credit hours for all courses completed and passed. It does NOT include: Duplicate, non-repeatable coursework and repeatable coursework which exceeds repeatable limits; cross-listed coursework, coursework with an exclusionary clause, and coursework taken under the "Audit Option"; coursework considered remedial by the degree-granting college and/or University (Exception: remedial courses can be used toward the first 36 hours of satisfactory progress only).

Degree Credits – credit hours for courses, which fulfill degree requirements. It does NOT include: Duplicate, non-repeatable coursework, repeatable coursework that exceeds repeatable limits or cross-listed coursework; coursework with an exclusionary clause and coursework taken under the "Audit option"; coursework considered remedial by the college and University and coursework, which exceeds limits, set by the degree-granting college or academic department; excessive free electives. NOTE: (Remember you must pass 6-degree hours each academic quarter).

Progress Toward Degree – making satisfactory progress toward earning an undergraduate degree within a 5-year period. Must earn 40% of degree requirements by the start of Clock Year 3, 60% by the start of Clock Year 4 and 80% by the start of Clock Year 5.

Freshman Forgiveness – If you receive a D+, D, or E in a class during your freshman year you may retake the course. The first grade will be dropped from your cumulative GPA; however, the original grade will remain on your transcript. You may retake the course only once. NOTE: If you earn a worse grade the second time around, that is the grade that counts. You can use Freshman Forgiveness rule for up to 9 credit hours.

OSU/NCAA/BIG TEN ACADEMIC AWARDS REQUIREMENTS

For these awards, combined athletic and academic achievement is important; however the **most influencing factor is often contributions beyond athletic involvement** such as leadership in organizations and community service. GET INVOLVED! Leadership and service opportunities are available to you through the Student-Athlete Advisory Board, campus, social and academic organizations, and Columbus community charities or service groups.

THE OHIO STATE UNIVERSITY SCHOLAR-ATHLETE

Achievement of a minimum 3.0 cumulative grade point average after the winter term (quarters)/fall semester (beginning Fall Semester, 2012) while participating on a varsity team.

ACADEMIC ALL-BIG TEN

All letter winners in the season for which they are being honored who have a cumulative grade point average of 3.0 or better are eligible for the Academic All-Big Ten Award. Honorees must be in at least their second academic year at Ohio State.

BIG TEN DISTINGUISHED SCHOLAR AWARD

All letter winners in the year for which they are being honored who have a cumulative grade point average of 3.7 or better for the previous academic year are eligible for the Academic All-Big Ten Distinguished Scholar Award. Honorees must be in at least their second academic year at Ohio State.

ACADEMIC ALL-AMERICAN

The nominee must be a starter or important reserve with legitimate athletic credentials and at least a 3.30 cumulative grade point average. He/She must have reached second year athletic and academic standing at Ohio State and must have completed at least one full academic year at the institution. Nominated athletes must have participated in 50% of the team's games at the position listed on the nomination form. Selection for the honor is made from those nominated by NCAA institutions.



THE STUDENT-ATHLETE SUPPORT SERVICES OFFICE (SASSO)

NCAA POST GRADUATE SCHOLARSHIP

This is a one-time grant of \$7,500. Must have a minimum 3.2 cumulative grade-point average. Students are nominated in their final year of eligibility and during their season of competition (Fall, Spring). Nomination is determined by the Faculty Athletics Representative.

WALTER BYERS POSTGRADUATE SCHOLARSHIP PROGRAM

This is an academic year award of 21,500 that is renewable for a second year. Must have a minimum 3.5 cumulative grade-point average. Nomination is determined by the Faculty Athletics Representative.

ETHNIC MINORITY & WOMEN'S ENHANCEMENT POSTGRADUATE SCHOLARSHIP

This is a one-time grant of \$6,000. This award is intended for women and minorities who intend on pursuing careers in Athletics.

WAYNE DUKE POSTGRADUATE AWARD

This award is an annual scholarship recognizing one male and one female Big Ten senior Conference student-athlete pursuing a postgraduate degree for achievements in academics, athletics, civic service, and leadership.

Nomination is determined by the Faculty Athletics Representative.

THE BIG TEN CONFERENCE MEDAL OF HONOR

The winners of this most prestigious award are the male and female senior student athletes who have attained the greatest proficiency in both academics and athletics. Students are nominated by their head coach.

The winners are chosen by the Faculty Athletic Council. This honor includes a \$5,000 scholarship which can be used for post-graduate or professional school study at any institution of the recipient's choice.

Finalists and winners are recognized at the Scholar Athlete Dinner.

CORWIN A. FERGUS MEMORIAL AWARD

Fergus scholars are male or female scholar-athletes who have excelled in athletics, achieved academically, demonstrated positive qualities of character and citizenship, and shown potential for success in a graduate or professional program. Established in 1965, the award is given in memory of Corwin A. Fergus, a member of The Ohio State University football teams in 1912, 1913, and 1914; a graduate of The Ohio State college of Law; and later a successful businessman. The award reflects his strong commitment to the pursuit of academic and athletic excellence and the Fergus' positive contributions to society. These postgraduate scholarships are to be used for postgraduate study at Ohio State and are each renewable for up to three years.

Finalists and winners are recognized at the Scholar Athlete Dinner.

Finalists and winners are recognized at the Scholar Athlete Dinner.

A.K. AND JUDITH PIERCE AWARD

Funded from an endowment established in May of 1996, this award provides a graduate/professional school scholarship to a senior student-athlete who will attend graduate or professional school at The Ohio State University.

Preference is given to one who has excelled in academics, athletics, and personal growth attained through perseverance and hard work.

LEANN GRIMES-DAVIDGE AWARD

The recipient of this award is a woman athlete who reflects Leann's outstanding qualities of athletic performance, scholarship, character, community involvement, and leadership and chooses to pursue graduate or professional program at Ohio State.

M/I HOMES FOUNDATION SCHOLAR ATHLETE AWARD

This award was among the first designed specifically to recognize and promote women's achievements in intercollegiate athletics at The Ohio State University. The recipient of this scholarship has not only demonstrated academic and athletic success, but has contributed to the community as well through involvement in civic or University organizations. The scholarship provides an outstanding female scholar-athlete with assistance for postgraduate studies in the program of her choice at Ohio State.

MEN'S VARSITY 'O' AWARD

The recipient of this scholarship will be a male student-athlete who has not only demonstrated academic achievement (3.00 GPA minimum) and athletic success (a varsity letter winner), but one who has also participated in community service, performed charitable work, and/or participated in non-athletic activities or organizations at Ohio State. The award provides an outstanding male scholar-athlete with a one time stipend for post-graduate studies in the program of his choice at The Ohio State University.

PERSONAL DEVELOPMENT

As student-athletes pursue their academic and athletic endeavors, a major focus of the student development program is the development of the individual. SASSO promotes personal growth by providing education in the areas of decision-making, health, communication, and leadership. The program focuses on the individual as a whole person and provides a system of balanced "life learning" that addresses the personal development needs of student-athletes before as well as after their eligibility is completed.

WORKSHOPS/SPEAKERS

SASSO workshops address various individual and team needs. Student-athletes are required to attend various programs each year. Your SAAB rep and SASSO counselor will inform you of these events.

EDU PAES 263 – CONTEMPORARY ISSUES AFFECTING INTERCOLLEGIATE STUDENT-ATHLETES

The content presented in EDU PAES 263 is specifically related to current issues affecting the personal development of the student-athlete. Some examples of the content include: communication skills, stress management, nutrition, eating disorders, time management, psychological aspects of sport, decision making, alcohol education, cultural diversity, and career development. This class is offered during the fall and spring semesters.

EDU PAES 315 – POSITIVE TRANSITIONS

The content presented in "Positive Transitions" is specifically related to Junior and Senior student-athletes who are exhausting their sport eligibility and entering the job market. The course includes topics such as goal setting, athletic identity, transition from sport, networking, resume writing and future planning. This class is offered during the fall and spring semesters.

STUDENT-ATHLETE ADVISORY BOARD (SAAB)

The Student-Athlete Advisory Board (SAAB) consists of representatives from each of the 36 varsity sports and has an active Executive Committee that aims to lead discussions in support of current, student-athlete topics and issues that are affecting student-athletes here at Ohio State, and nationally. The representatives act as liaisons between SAAB, the Athletic Department, SASSO, and the 36 varsity teams. SAAB meets monthly at the Younkin Success Center and the meeting is facilitated by the SAAB Advisor and the SAAB Chair. Leadership programming is incorporated into each meeting through book readings, speakers and activities. Additionally, the group discusses, creates, and organizes opportunities for Buckeyes to give back to the community through volunteering and special events.

The major goals of SAAB are to:

1. Promote effective communication between the Athletic Department Administration and the student-athlete population.
2. Provide the student-athletes with an opportunity to have input into the educational and personal development programs that serve the needs of today's student-athletes.

Contact your SASSO Counselor if you are interested in participating in SAAB.



THE STUDENT-ATHLETE SUPPORT SERVICES OFFICE (SASSO)

CAREER DEVELOPMENT

SASSO's Career Development Program Mission Statement: The Student Athlete Support Services Office (SASSO) is committed to providing student-athletes with a comprehensive, 4-year career development program. Working with partners on and off campus, the SASSO Career Development Program is designed to provide staff and student-athletes information and resources that can assist and enhance a student-athlete's effort to build on their own career development.

What Is Your Plan For The PROS? Take the steps to build your career.

The NCAA message to student-athletes communicates most student-athletes will be "going pro in something other than sports." For many student-athletes, going pro in something other than sports suggests an end to or retirement from what they have known and identified with, in many cases, most of their life. Thus, having a plan can help in building a new identity outside of sport and bring confidence in taking the steps to redefining the PROS.

All student-athletes will ultimately need to face the reality of retiring from sport. Some may retire while they are in college; others may have the opportunity to play professionally and then be faced with retirement.

So, how can we help prepare a student-athlete for a career after sports? What resources can we offer and share that can help the student-athlete take the next step?

What can student-athletes do to take the next steps to building a career in something other than sport?

Start taking the steps to the Pros today!

- **Step 1: DISCOVER** your strengths/weaknesses, career interests, goals and life skills.
 - o Discover and define academic and possible career goal(s)
 - o Discuss and determine academic strengths and weaknesses
 - o Improve life-management skills
 - o Build a rough draft of your plan, and resume
- **Step 2: ACT** on what you have discovered.
 - o Meet with professionals
 - o Analyze major selection in relation to career interests
 - o Effectively search and apply for internships
 - o Conduct informational interviews
- **Step 3: NETWORK** with individuals that can help you deepen your plan.
 - o Build on career development plan – make adjustments
 - o Find and apply for internship and job opportunities
 - o Articulate "brand" in a 30 second elevator speech
 - o Research graduate schools, requirements, timelines, etc.
- **Final Steps: SELL** who you are and what you know to employers and contacts.
 - o Research companies/positions that you find interesting
 - o Develop tailored resumes and cover letters for graduate school/job applications
 - o Apply for graduate school and assistantships/scholarships
 - o Utilize networks to research, prepare for, and secure full-time employment
 - o Develop a professional portfolio – keep cover letter and resume in one place

Tips to Taking the Steps:

- Take courses that help - Freshmen Survey Courses/Edu PAES 263/ Edu PAES 315
- Meet with college career advisors or with someone in Career Connection (2nd floor, Younkin Success Center).
- Ask questions, find a mentor, meet with people, and build your network!
- Meet with advisors, faculty, and staff – let people know what you want to do.

Visit www.careers.osu.edu for more information regarding how to find your career advisor, career fairs and workshops, office locations, resources, and more!



COMPLIANCE

AGENTS AND PROFESSIONAL SPORTS EDUCATION

AGENTS

Basic Rules

You, your relatives or friends may not:

- Accept money, transportation, or other benefits from an agent or “runner.”
- Agree orally or in writing to be represented by an agent now or in the future.
- Agree orally or in writing to have an agent or “runner” market your athletics ability or reputation in that sport now or in the future

If you, your relatives or friends violate these rules, you will be ineligible!

Which agents can write to you?

According to the Department of Athletics policies, all agents are required to register with the Department of Athletics. Ohio Law requires that all agents must register with the State of Ohio. It is not permissible for agents who are not registered with the Athletics Department and with the State of Ohio, to contact you. If you have any concerns about an agent who has contacted you, please call the Athletic Compliance Office.

NCAA rules concerning agents:

- PROHIBIT you from agreeing, either orally or in writing, to be represented by an agent or organization in the marketing of your athletic abilities or reputation until after the completion of your last intercollegiate contest, including post season games. This NCAA prohibition includes any agreement that is not effective until after the last game.
- PROHIBIT you or anyone representing you from negotiating or signing a contract to compete in any sport or to market your name or image.
- PROHIBIT you and your relatives or friends from accepting expenses or gifts of any kind (including meals and transportation) from an agent (or anyone else) who wishes to provide you with services.
- PROHIBIT you from receiving benefits or preferential treatment (e.g., loans with deferred pay-back basis) because of your reputation, skill or potential as a professional athlete.
- PROHIBIT you from retaining professional services for personal reasons at less than the normal charge.

PROFESSIONAL SPORTS EDUCATION PROGRAM

The Professional Sports Education program provides practical information, learning opportunities, and services to student-athletes interested in pursuing an athletic career upon leaving the University. The Professional Sports Education program is a service of the Department of Athletics in conjunction with the University’s Professional Sports Counseling Panel (PSCP).

Professional Sports Resource Center

Located in the Athletic Compliance Office, materials include agent information (registration status, credentials, client list, and services), sample contracts, draft and salary reports, sport-specific information, directories, and other important reference materials.

Consultation Services

Professional Sports Counseling Panel members talk confidentially with student-athletes and their families and provide independent advice and support concerning a future professional career.

For more information

Contact the Compliance Office or go to the ‘Agents’ section on the Compliance web site.
(<http://ohiostatebuckeyes.cstv.com/compliance/osu-compliance-current.html>)

AMATEURISM

YOU ARE NO LONGER AN AMATEUR AND ARE INELIGIBLE IN A SPORT IF YOU EVER:

- Use your athletic skill for pay;
- Compete/agree to compete for a professional athletics team;
- Allow your name, picture, or image to be sold (e.g., you cannot provide autographed items to a memorabilia dealer);
- Receive pay for endorsing a commercial product/service; or
- Allow a coach, agent, your parents, or anyone to market your athletic ability to a professional team.

AMATEURISM CERTIFICATION

- First year student-athletes must receive final amateurism certification as well as academic certification by the NCAA Eligibility Center to be eligible for competition and athletics grant-in-aid.
- All transfer student-athletes enrolling at an NCAA Division I institution for the first time must register with the NCAA Eligibility Center and have their amateur status certified.
- Practice is limited to 21 days for recruited and 45 days for non-recruited student-athletes awaiting final academic and/or amateurism certification by the NCAA.

ATHLETICS GRANT-IN-AID

WHAT IS AN ATHLETIC GRANT-IN-AID (ATHLETICS SCHOLARSHIP)?

An athletic grant-in-aid (AGIA) is awarded on an academic year basis and may cover up to the full cost of tuition/fees, room, board, and use of books. You are not eligible to participate in intercollegiate athletics if you receive financial aid that is greater than the cost of attendance.

Athletic Grant-in-Aid (AGIA)

- Athletic aid is awarded using the Big Ten Tender of Financial Aid (“tender”).
- Tenders can be issued for a percentage of these costs or pay a specific portion of these costs (e.g., tuition and books).
- Tenders must be signed before the term begins.
- Academic year tenders must be signed by the first day of autumn quarter classes.

AGIA Covers:

- Tuition and fees.
- Room and board.
- Required course-related books.

AGIA DOES NOT Cover:

- COTA fee (every quarter)
- Student Health Insurance (every quarter)
- Extra amounts you have requested on your BuckID
- Single room charge (every quarter)
- Taxes on room and board
- Scholarship contributions
- Other fees, including transportation and parking fines, lock change fees and room damages

SUMMER SCHOOL GRANT-IN-AID

The NCAA and Big Ten Conference permit summer school grant-in-aid. This aid is not guaranteed by the Department of Athletics. NCAA Bylaws permit summer school grant-in-aid to be awarded up to the proportion of the amount of the AGIA the student-athlete received during the previous academic year.



COMPLIANCE

Responsibility of Student-Athletes for Summer School Grant-in-Aid:

Student-athletes must complete a "Summer School Grant-In-Aid Request" form, obtain their coach's and SASSO counselor's signatures, and submit it to the Compliance Office by the due date printed on the form. Application forms are available in SASSO and the Compliance Office.

You must sign a Summer Financial Aid Agreement in the Compliance Office no later than the first day of classes for the earliest term in which you are taking classes. Failure to do so will result in your summer school grant-in-aid being reduced for each day late that you signed the Agreement. You are prohibited from making any changes to your summer class schedule, as submitted on the Summer Financial Aid Agreement, without obtaining prior approval from your SASSO Athletic Counselor. SASSO will notify the Compliance Office of any approved changes. Failure to inform SASSO of changes may result in you being responsible for payment of unpaid fees and having to repay the value of any monies received.

FIFTH YEAR EXHAUSTED ELIGIBILITY GRANT-IN-AID

If you have completed your competition eligibility and have not received your degree within four years after your initial, full-time collegiate enrollment, you may request a fifth year of athletic grant-in-aid. This fifth year of athletic grant-in-aid must occur within six years of the initial date of full-time collegiate enrollment.

Exhausted Eligibility grant-in-aid is not guaranteed by the Department of Athletics. Each student-athlete will be reviewed on an individual basis after completing the "Exhausted Eligibility Grant-in-Aid Request" form, obtaining the appropriate signatures of support and submitting it to the Compliance Office by the due date printed on the form. Application forms are available in SASSO and the Compliance Office.

ATHLETICS GRANT-IN-AID RENEWAL AND REDUCTION

All student-athletes are notified by the Office of Financial Aid of their Athletics Grant-in-Aid renewal status by July 1: The renewal of Athletics Grant-in-Aid is made on or before July 1 prior to the academic year in which it is to be effective. The institution notifies in writing whether financial aid awarded the previous academic year has been renewed or not renewed for the ensuing academic year. Notification of financial aid renewals and nonrenewals must come from the institution's regular financial aid authority and not from the institution's athletics department.

Athletics grant-in-aid may not be reduced or canceled during the period of its award: (a) On the basis of a student-athlete's athletics ability, performance or contribution to a team's success; (b) Because of an injury, illness, physical, mental, or medical condition; (c) For any other athletics reason.

An institution may not set forth an athletically related condition (e.g., financial aid contingent upon specified performance or playing a specific position) that would permit the institution to reduce or cancel the student-athlete's Athletics Grant-in-Aid during the period of the award if the conditions are not satisfied.

Renewal of Athletics Grant-in-Aid is not guaranteed: Student-athlete's fulfillment of responsibilities and expectations in the classroom and/or as a member of the athletics program may affect decisions surrounding renewal of grant-in-aid.

Reconsideration of Nonrenewal: It is permissible for an institution that has notified a student-athlete that he or she will not be provided Athletics Grant-in-Aid for the next academic year to subsequently award Athletics Grant-in-Aid to that student-athlete.

The following procedures govern in cases of athletics grant-in-aid reductions, nonrenewals or cancellations:

1. The Office of Student Financial Aid will formally notify the student-athlete in writing of its decision to accept the Department of Athletics recommendation regarding the reduction or cancellation of the student-athlete's athletically related grant-in-aid. The letter will provide information on the University's appeal procedures, should the student-athlete wish to appeal the decision of the Department of Athletics.
2. The letter will explain that a student-athlete's appeal must be requested in writing and submitted to the Office of Student Financial Aid within ten (10) business days of the date of the letter from the Office of Student Financial Aid. The appeal is a "paper" appeal only – there is no hearing.
3. A review of the student-athlete's written appeal will be conducted by the Office of Student Financial Aid. Upon receipt of the student-athlete's appeal, the Office of Student Financial Aid may seek additional information from either the student-athlete or the Department of Athletics or both in order to render its decision. The decision of the Office of Student Financial Aid is final. The involved parties will be notified of the decision by the Office of Student Financial Aid shortly after such a decision has been reached.

AUTOMOBILE REGISTRATION

All student-athletes must complete the detailed Vehicle/Housing Registration form at the beginning of each academic year. Student-athletes are responsible for notifying the Compliance Office of any changes to the information reported on this form. All student-athletes must receive approval prior to purchasing a new vehicle.

BANNED SUBSTANCE PENALTIES

The NCAA drug testing policy reflects zero tolerance of the use of banned substances by student-athletes. The NCAA holds each student-athlete responsible for what he or she puts in his or her body.

The list of banned substances is detailed on the NCAA website and is available in all of the Department of Athletics training rooms.

NCAA imposed penalties for positive tests for banned substances are as follows:

- First Positive Test
 - o You are ineligible to participate in regular season and postseason competition for one calendar year after the test AND
 - o You lose one season of competition eligibility in all sports.
- Second Positive Test
 - o You lose all remaining competition eligibility in all sports.

The Ohio State University Department of Athletics has established additional penalties for the use of prohibited substances. See the Department of Athletics Drug & Alcohol Policy in Chapter 5 of the Student-Athlete Handbook for details.



COMPLIANCE

BOOSTERS

A BOOSTER IS ANYONE WHO:

- is or ever has been a member of a booster organization that supports Ohio State athletics.
- made any financial contributions to any arm of Ohio State
- is or was a season ticket holder
- has provided or arranged employment for student-athletes
- has made any annual or lifetime membership commitment to a booster organization
- has been involved in the recruitment of a prospect
- has provided benefits to an enrolled student-athlete or their friends or relatives
- has been involved in promoting OSU athletics programs.

Remember...once a booster, always a booster!

Even if someone does not meet the definition of a booster, it does not mean that you can accept an extra benefit from them. Receiving a benefit from a booster or any person fitting any of the following descriptions would render you ineligible.

You cannot receive a benefit from an individual if:

- the relationship between you or your parents and the individual providing the benefits started because of your participation in athletics or your reputation as an athlete;
- the relationship began after you became a prospect;
- the relationship began after you earned a reputation for being an athlete; or
- the pattern of giving increased after you earned a reputation for being an athlete.

Many of the people who are around your team are boosters (e.g. people who hang around the locker room area before or after games, regularly attend practices, travels with the team). Boosters think they are helping you, but anyone who offers to help you or your family and friends by providing impermissible benefits is going to hurt you by jeopardizing your eligibility.

As an Ohio State student-athlete, you will meet boosters, or supporters of Ohio State's Department of Athletics. As a current student-athlete (unlike when you were being recruited), you can talk to boosters; however, there are rules that govern the interaction between student-athletes and boosters. Breaking those rules may jeopardize your eligibility!

COMMUNITY SERVICE AND PROMOTIONAL ACTIVITIES

The Department of Athletics encourages student-athlete participation in community service and promotional activities which benefit worthy causes. Community service is an element of life which fosters positive growth and development and is an avenue for the student-athlete to "giveback" to a supportive community. Per NCAA Bylaw 12, the Department of Athletics is required to submit written approval for all student-athletes participating in any charitable or non-profit activities considered incidental to participation in intercollegiate athletics.

According to NCAA Legislation and Ohio State Policy, Ohio State student-athletes can participate in charitable/non-profit activities only under the following conditions:

1. The student-athlete does not miss class;
2. The student-athlete receives written approval from the Director of Athletics (or designee);
3. All monies derived from the activity will go directly to the charitable/... non-profit agency;
4. The specific activity in which the student-athlete participates does not involve co-sponsorship, advertisement, or promotion by a commercial agency;

5. The student-athlete may only accept legitimate and normal expenses such as meals and travel from the institution or charitable/non-profit agency;
6. The student-athlete signs a release statement prior to the activity;
7. The student-athlete's name, picture, or appearance is not utilized to promote the commercial ventures of the agency; and
8. The activity is within a 30 mile distance from The Ohio State University campus.

Please note: any commercial items with names, likeness or pictures of multiple student-athlete may be sold only at The Ohio State University, university controlled (owned and operated) outlets or outlets controlled by a charitable or educational organization. Items that include an individual student-athlete's name, picture or likeness (e.g., name on jersey, name or likeness on a bobblehead) other than informational items (e.g., media guide, schedule cards, institutional publications), may not be sold.

Student-athletes must submit the 'Request for Student-Athlete Appearance' form for review and approval prior to participation in such activity.

COMPLIMENTARY ADMISSIONS AND TICKET BENEFITS NCAA RULE

You may receive up to four complimentary admissions to each home and away contest in the sport in which you are eligible to participate, regardless of whether you actually compete in the contest.

WHO CAN RECEIVE YOUR COMPLIMENTARY ADMISSIONS?

You decide who receives your complimentary admissions.

WHO CAN'T RECEIVE YOUR COMPLIMENTARY ADMISSIONS?

You may not give your complimentary admissions to any of the following groups of people:

- Agents or Agents' runners
- Athletics Representatives (i.e., Boosters, Student-Athlete Employers, Donors, Athletic Committee Members)
- Prospects or Recruits
- Instructors, tutors, mentors, academic advisors and academic unit staff
- Requests of Ohio State coaches, their family or friends
- Requests of Department of Athletics Staff members, their family or friends
- Media
- Public Officials

Those people included on your admissions list must present proper identification and must enter at the designated site. If a name is not on your list, that person will not be admitted.

NO SELLING TICKETS

The complimentary admissions are free to you. They are not "hard tickets" and may not be sold or exchanged for anything of value, whether by you or by a person designated on your list. Such a sale is an extra benefit and will jeopardize your eligibility.

ADDITIONAL TICKETS

If you wish to purchase additional tickets, you must follow the same procedure as the general student body. You may not sell these tickets.



COMPLIANCE

ELIGIBILITY - COMPETITION

TO BE ELIGIBLE TO COMPETE A STUDENT-ATHLETE MUST:

- Complete Compliance education session and all required forms
- Be enrolled as a full-time student on Ohio State's Columbus campus (at least 12 hrs.)
- Be "Fees Paid" status with the university
- Meet all NCAA transfer regulations
- Meet all NCAA and Big Ten and OSU academic eligibility requirements.
- NOTE: Student-Athlete enrollment and attendance at any class during any portion of a term triggers responsibility for NCAA rules governing that term.

ACTIVITY RESTRICTIONS FOR STUDENT-ATHLETES NOT ELIGIBLE FOR COMPETITION:

- 1) Student-athletes watch the contest from the stands or bleachers- OSU provides a ticket to home game;
- 2) No ticket(s) for away contests, unless they receive a ticket from an eligible student-athlete;
- 3) May not receive any other game day benefits- pre-game meal, per diem, lodging and/or any other benefit incidental to participation with the exception of tickets to a home contest;
- 4) NOT permissible to travel with the team or dress for competition.
- 5) No participation in any pre-game warm-up activities (e.g., catching, throwing or hitting with other student-athletes, etc);
- 5) Not allowed in team contest area, whether in uniform or plain clothes, during competition (e.g., dugout, bench, sideline) during home or away competitions – ineligible student-athletes must watch the contest from the stands or bleachers.

EXCEPTION: Student-Athletes not eligible to compete due to reasons unrelated to academic eligibility or NCAA violation (e.g. transfer residency 'sit-out year', medical noncounter) may be in the team contest area in plain clothes (not in uniform) during competition at the coach's discretion.

ELIGIBILITY - PRACTICE

TO BE ELIGIBLE TO PRACTICE A STUDENT-ATHLETE MUST:

- Complete Compliance education session and all required forms
- Be enrolled as a full-time student on Ohio State's Columbus campus (at least 12 hrs.)
- Be "Fees Paid" status with the University
- First year student-athletes must meet NCAA initial eligibility standards and be certified as an academic qualifier
- Practice is limited to 21 days for recruited and 45 days for nonrecruited student-athletes awaiting final academic and/or amateurism certification by the NCAA.
- First year student-athletes must maintain minimum 1.65 G.P.A. standard (See Student-Athlete Handbook Athletics Council Rule)

ACTIVITY RESTRICTIONS FOR STUDENT-ATHLETES NOT ELIGIBLE FOR PRACTICE:

IN ADDITION to the RESTRICTIONS for Student-Athletes not eligible for competition (see ELIGIBILITY - COMPETITION), the following restrictions apply to Student-Athletes NOT Eligible for Practice (due to either the OSU 1.65 rule or Nonqualifier status).

- No participation in any countable athletically related activities with the team (e.g., team practice, team meeting regarding strategy, competition).

Student-athletes NOT eligible for practice MAY DO THE FOLLOWING:

- Participate in voluntary athletically related activities (e.g., hitting balls off the tee without the assistance of coaches or teammates, workouts or weight lifting on her own and not in the presence of coaching staff or teammates);
- Participate in administrative activities (e.g., academic meetings, compliance meetings, study tables, tutoring sessions); or
- Participate in team banquet.

Note for NCAA NONQUALIFIERS

Impermissible and permissible activities and benefits for nonqualifiers are identical to those for student-athletes not eligible to compete and not eligible to practice (see details above).

A nonqualifier shall forfeit eligibility in all sports if they are individually coached or are a member of any organized practice or training program for intercollegiate athletics prior to attaining eligibility for a first season of competition.

EMPLOYMENT

NCAA RULE

NCAA rules do not prohibit legitimate employment for student-athletes.

REQUIRED EMPLOYMENT REGISTRATION

- Before beginning employment, you are required to register your employment by submitting a Student-Athlete Employment Registration Form to the Compliance Office.
- You are responsible for letting the Compliance Office know of any changes in your employment status (e.g., quitting your job, getting another job).
- You must register all employment during the academic year and summer.

COMPENSATION

Employment must meet the following requirements in order for compensation to be legitimate:

- You are paid for work actually performed
- You are paid at the going rate for the locality
- You are not compensated in any manner for any value or utility that you may have for an employer because of any publicity, reputation, fame, or personal following that you have obtained because of your athletics ability
- You register all fee-for-lesson instruction as employment
- You submit a completed Employment Registration Form to the Compliance Office before you begin to work

FEES FOR LESSONS

It is permissible for you to get paid for teaching or coaching on a fee-for-lesson basis, provided:

- You register the job with the Compliance Office
- You do not use Ohio State facilities to provide the lesson
- You do not provide a playing lesson
- You receive payment for the lesson from no one other than the recipient or the recipient's family
- You record the fee for lesson information and submit the form to the Compliance Office



COMPLIANCE

ETHICAL CONDUCT

- You must compete with honesty and sportsmanship at all times.
- You are ineligible to compete if you have shown dishonesty in evading or violating NCAA regulations.
- Student-athletes, coaches and all athletic department staff members are required to report potential violations of NCAA rules.
- Information you report to the Compliance Office concerning potential violations will be kept in strict confidence.

Enrolled student-athletes found in violation of NCAA rules or unethical conduct will be ineligible for further intercollegiate competition, subject to an appeal to the NCAA Student-Athlete Reinstatement Staff for restoration of eligibility.

Unethical conduct may include, but is not limited to, the following:

1. Refusal to furnish information relevant to an investigation of possible NCAA rules violations.
2. Knowing involvement in arranging fraudulent academic credit or false transcript for a prospective or enrolled student-athlete.
3. Knowing involvement in offering or providing a prospective or enrolled student-athlete an improper recruiting inducement, or extra benefit, or improper financial aid.
4. Knowingly furnishing the NCAA or The Ohio State University false or misleading information concerning your involvement or knowledge of matters relevant to a possible violation of NCAA rules.

VIOLATIONS

You should report potential violations of NCAA rules to an Athletics Compliance Staff member by calling 614-292-2681 or in person at the Compliance Office.

EXTRA BENEFITS

As an Ohio State student-athlete, you and your family and friends cannot accept extra benefits. Some examples of extra benefits that you, your family or friends cannot accept are:

- Getting a car ride with an ex-Ohio State Coach
- Receiving free tattoos
- Getting into a men's basketball game for free
- Impermissible use of student-host money for yourself
- Giving a recruit official visit host money
- Receiving a hotel room at a discounted price
- Receiving VIP/club level access
- Receiving free lodging and meals
- Cash or any type of gift, including special discounts or privileges
- Vehicle or the use of a vehicle
- Payment for or arrangement of transportation costs
- Free or reduced-cost housing
- Free or reduced cost concert, movie, or sporting event tickets
 - o Includes entering a concert at your practice facility without a ticket (i.e. the Schott)
- Gifts of any kind including on special occasions such as birthdays, Christmas, finals week, etc.
- Free or reduced cost services, rentals, or purchases of any type
 - o (e.g., meals, drinks, clothing, laundry, haircuts, legal fees, tattoos, car repairs, etc.)
- Loans (including someone outside of your family co-signing)
- Academic assistance of any kind (e.g., tutoring, editing papers/projects, assistance in completing classwork, use of computer, etc.)

What happens if you, your relatives or friends accept an extra benefit?

- You are ineligible to compete.
- We may request reinstatement of your eligibility, but you may be withheld from competition.
- Potential negative publicity for you, your family, your team and The Ohio State University.

FINANCIAL ASSISTANCE FUNDS FOR NCAA STUDENT-ATHLETES NCAA SPECIAL ASSISTANCE FUND (SAF)

Student-athletes who need financial assistance can apply for the NCAA Special Assistance Fund. Contact the Compliance Office at 614-292- 2681 for more information or to obtain an application.

Qualifications:

- Pell Grant-eligible student-athletes (except non-qualifiers in their initial year of residence), including student-athletes who have exhausted their athletic eligibility or who can no longer participate because of medical reasons.
- Student-athletes who are receiving countable athletically related financial assistance and who have demonstrated financial need as determined by federal methodology used for all students at the institution.
- Foreign student-athletes who have demonstrated financial need, as certified by the Office of International Affairs.

What CAN I use the money for?

- Cost of clothing, travel home, and other essential expenses (not entertainment) up to \$500 per academic year. A maximum amount is ... established annually.
- Cost of expendable academic course supplies and rental of nonexpendable supplies (such as computer equipment or cameras) that are required of all students enrolled in the course.
- Medical and dental costs not covered by another insurance program. This includes premiums for optional medical insurance, hearing aids, vision therapy, and off-campus psychological counseling.
- Travel expenses or costs associated with student-athlete or family emergencies.

What CAN'T I use the money for?

- Financing any portion of an institutional grant-in-aid that could have been awarded to you (i.e., the money cannot be used to pay for tuition/fees, room, board, or required books).
- Entertainment expenses.

NCAA STUDENT-ATHLETE OPPORTUNITY FUND (SAOF)

What is it?

Fund created by the NCAA to promote student-athlete well-being.

Who is eligible?

All student-athletes are eligible to receive funds.

What can the fund be used for?

- 50% of the cost of student health insurance
- The cost of your Ohio State parking permit provided you have a registered automobile, you purchase a permit that you are eligible for and you save your receipt
- The cost of one graduate school entrance exam fee (e.g., MCAT, GRE, LSAT, GMAT)
- Family emergencies
- Other needs may be approved by the institution



COMPLIANCE

GAMBLING & POINT SHAVING

Gambling is a serious problem and can have tragic consequences for the student-athlete who may be tempted to engage in such activities. According to NCAA Bylaw 10, student-athletes and staff members of the athletics department shall not knowingly:

1. Provide information to individuals involved in organized gambling activities concerning intercollegiate or professional athletics competition
2. Solicit a bet on any intercollegiate or professional team
3. Accept a bet on any team representing the institution
4. Solicit or accept a bet on any intercollegiate or professional competition for any item (e.g., cash, shirt, dinner) that has tangible value
5. Participate in any activity that influences the outcome of a game (i.e., point shaving)
6. Participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card, or any other method employed by organized gambling.

DISCIPLINARY ACTION

Student-athletes that violate the gambling rules may be subject to the following sanctions:

1. Permanently lose all remaining athletic eligibility in all sports; and/or
2. Loss of athletic scholarship.

OCCASIONAL MEALS

Student-Athletes may be provided occasional meals by institutional staff members or boosters within the restrictions and provisions of NCAA Bylaw 16. Below is a summary of applicable occasional meal information.

ATHLETIC DEPARTMENT STAFF OCCASIONAL MEALS

- When providing an occasional meal to student-athletes, institutional staff members may provide transportation to the meal for those student-athletes participating in the meal.
- Institutional staff member occasional meals must occur in the locale of the institution.
- Institutional staff members cannot provide a prospect with an occasional meal, except during a prospect's official visit.

BOOSTER OCCASIONAL HOME MEALS

- Booster occasional meals must take place at the booster's home or on campus.
- When providing an occasional home meal to student-athletes, the booster providing the home meal may provide transportation to the meal for those student-athletes participating in the meal.
- Booster occasional home meals must take place at the booster's home on infrequent and special occasions.
- Boosters can have an occasional home meal catered by a restaurant, but the meal must take place at the booster's home.
- Boosters cannot provide a prospect with an occasional home meal.

DEFINING OCCASIONAL

Occasional is defined differently for each of the following groups:

- For Coaches - "occasional" constitutes not more than twelve (12) times per year (August 1-July 31).
- For Parents of current student-athletes – "occasional" constitutes not more than once a month.
- For Representatives of Athletics Interest (e.g., boosters) and Staff- "occasional" constitutes not more than five (5) times per academic year.

ALL OCCASIONAL MEALS, REGARDLESS OF WHO HOSTS THE MEAL, MUST RECEIVE PRIOR APPROVAL FROM THE ATHLETIC COMPLIANCE OFFICE.

Occasional Meal Approval Forms are available on the Department of Athletics Intranet or from the Compliance Office.

OUTSIDE ACTIVITIES (COMPETITION, PRACTICE, TRYOUTS)

Individual & Team Competition Requests: You must complete the Student-Athlete Request to Participate in Outside Activities Form and receive approval from your head coach, the FAR, your SASSO counselor, the Compliance Office, and possibly your Sport Administrator prior to participation in outside competition during the academic year per Big Ten Rules.

Missed Class Time: You should not miss class time to engage in outside activities.

Exceptions: Contact your coach or the Compliance Office regarding exceptions to NCAA rules governing outside activities (e.g., outside competition with a team, unattached competition, tryouts for national or Olympic team, etc.).

PRACTICE (ATHLETICALLY RELATED ACTIVITY)

Practice is any required activity with an athletics purpose involving student-athletes and at the direction of, or supervised by, one or more coaches, including strength and conditioning coaches.

Examples include:

- Required setting up of offensive or defensive alignments
- Required activities using equipment related to your sport
- Required lectures on or discussions of strategy related to your sport
- Required discussions or review of game films or videos related to your sport
- Required participation in camps, clinics, or workshops
- Required weight training

Practice is NOT:

- Training table or competition related meals
- Physical rehabilitation
- Medical examinations or treatments
- Dressing, showering, or taping
- Academic study hall or tutoring sessions
- Travel to and from competition
- Voluntary workouts

PRACTICE HOUR RESTRICTIONS

In-season

During your playing and practice season, practice activities are limited to:

- Not more than 4 hours each day
- Not more than 20 hours each week
- There must be at least 1 day off each week when no practice activities are required. During preseason (before your first competition) and during academic year vacation periods (e.g., Spring Break), these limitations do not apply.

Out-of-Season

- Practice activities are limited to:
- Not more than 8 hours each week
- There must be at least 2 days off each week when no practice activities are required
- In football, up to 2 of the 8 hours may be used for voluntary or required watching and reviewing films.
- In all other sports, up to 2 of the 8 hours may be used for required skill-related instruction.



COMPLIANCE

YOUR ROLE IN THE RECRUITING PROCESS

BUCKEYE EXPECTATIONS

As a current Ohio State student-athlete, you are a reflection of your team and the entire Department of Athletics. Being part of intercollegiate athletics at Ohio State puts you in a different position than most of your colleagues. As a student-athlete, your actions are scrutinized. Student-athletes in all sports attract special attention because of their status as an Ohio State student-athlete. It is important that you are aware of your unique situation and take appropriate measures to show yourself, your team and Ohio State in a positive light.

During an official visit, you are a source of information about our campus, the athletic experience and, by example, the type of student-athlete that Buckeyes are expected to be. If you are asked by your coach or any member of the athletic department staff to host a prospective student-athlete, it is expected that you carefully adhere to the NCAA rules. It is also expected that you treat yourself and others with respect.

OFFICIAL VISITS BY PROSPECTS

Student Host Instructions

If you have been chosen to host a prospect, you may be provided with up to \$30 for each day that he/she is on campus. This is entertainment money but it cannot be used to buy souvenirs or memorabilia (e.g. T-shirts, hats). You may also be given a complimentary admission to accompany your prospect to a campus athletic event. If you and your teammates work together in hosting a prospect, only one of you may be given money to entertain; the others must pay their own way. **Any unused host money must be returned to the Department of Athletics.** The Ohio State University, a coach, a staff member, or a booster may not provide a car for use by a prospect or student host. Have fun with the prospect, but remember to be responsible and safe.

Entertainment

A prospect and his or her parents or spouse may be entertained on a scale comparable to that of a normal student and only on campus or within a 30-mile radius of campus on an official visit. It is not permissible to entertain other relatives or friends of the prospect at any site.

OTHER CONTACT WITH PROSPECTS

- An unofficial visit is made at the prospect's expense. While on campus for an unofficial visit you can talk to the prospect and spend time with them. Any expenses beyond complimentary admissions to a campus athletic event would require the visit to become an official visit.
- Aside from official visits, off-campus, in-person contacts between you and a prospect are permissible only if such contacts are incidental and do not occur at the direction of a coaching staff member for recruiting purposes.
- You may write letters or send e-mails to a prospect after September 1 of the prospect's junior year provided that it is not done at the direction of a coaching staff member or expense of Ohio State. You cannot make telephone calls to prospects if the calls are made at the direction of a coaching staff member or financed by Ohio State or its boosters. You may receive calls from a prospect beginning July 1 after the prospect's junior year.

Details of the Athletic Department Recruiting Policy can be found in Chapter 5 of the Student-Athlete Handbook.

ROSTER ADDITION PROCESS

All Student-Athletes not in attendance at the team fall compliance orientation meeting who wish to be activated on a team roster must complete the 'Roster Addition Process' prior to being eligible to practice with the team.

Roster Addition Process:

- 1) Student-Athlete meets with the coach
- 2) Student-Athlete makes appointment with Compliance officer and completes required compliance education and forms

- 3) Student-Athlete makes appointment with team athletics trainer for medical exam/review. Medical/Insurance forms must be completed prior to meeting with team trainer.

When the process is complete, the student-athlete will be notified through the head coach of their status for practice and/or competition.

SUMMER SCHOOL & EXHAUSTED ELIGIBILITY AGIA PROCESSES SUMMER SCHOOL GRANT-IN-AID

Availability

The NCAA and Big Ten Conference permit summer school grant-in-aid. This aid is not guaranteed by The Ohio State University Department of Athletics. NCAA Bylaws permit summer school grant-in-aid to be awarded up to the proportion of the amount of the AGIA the student-athlete received during the previous academic year.

Procedure

The deadline for applying for Summer School grant-in-aid is indicated on the Summer School GIA Request Form. Each student-athlete who submits a properly signed and completed request for Summer School grant-in-aid to the Compliance Office by the deadline will be reviewed on an individual basis using the following criteria:

- Completion of no less than 12 hours per quarter during each term of the previous academic year (Autumn, Winter, Spring).
NOTE: Student-athletes who do not carry at least 12 hours to completion for each term of enrollment during the academic year are not eligible to receive summer school grant-in-aid.
- Recommendation of the Head Coach of his/her sport
- Recommendation of the SASSO Athletic Counselor of his/her sport
- Eligibility status of the student-athlete
- Qualifications per NCAA, Big Ten Conference, and Ohio State Department of Athletics rules and regulations
- Quality of course work the student-athlete wishes to complete during summer school. NOTE: Summer course work is expected to consist of classes that count toward the student-athlete's degree
- Approval of the Director of Athletics or his designee

RESPONSIBILITY OF STUDENT-ATHLETES APPROVED FOR SUMMER SCHOOL GRANT-IN-AID

You must sign a Summer Financial Aid Agreement in the Compliance Office no later than the first day of classes for the earliest term in which you are taking classes. Failure to do so will result in your summer school grant-in-aid being reduced for each day late that you signed the Agreement. You are prohibited from making any changes to your summer class schedule, as submitted on the Summer Financial Aid Agreement, without obtaining prior approval from your SASSO Athletic Counselor. SASSO will notify the Compliance Office of any approved changes. Failure to inform SASSO of changes may result in you being responsible for payment of unpaid fees and having to repay the value of any monies received.

FIFTH YEAR EXHAUSTED ELIGIBILITY GRANT-IN-AID

If you have completed your competition eligibility and have not received your degree within four years after their initial, full-time collegiate enrollment, you may request a fifth year of athletic grant-in-aid. This fifth year of athletic grant-in-aid must occur within six years of the initial date of full-time collegiate enrollment. Exhausted Eligibility grant-in-aid is not guaranteed by the Department of Athletics. Each student-athlete will be reviewed on an individual basis after completing the "Exhausted Eligibility Grant-in-Aid Request" form and submitting it to the Compliance Office by the due date printed on the form. Application forms are available in SASSO and the Compliance Office. Exhausted Eligibility aid is awarded on a quarter-by-quarter basis.



COMPLIANCE

TRAINING TABLE

Training table is only available at designated times during the academic year, and only for student-athletes receiving full athletics grant-in-aid on the football, men's and women's basketball, and women's volleyball teams. For student-athletes who live off-campus, the values of the training table meals are deducted from each room and board check. For student-athletes who live on-campus, BuckID meal swipes will be reduced by the number of training tables scheduled for the quarter at the beginning of each quarter. For non-scholarship student-athletes, the cost for the entire term of meals must be paid prior to the beginning of the term.

TRANSFER PROCEDURES FOR STUDENT-ATHLETES

STUDENT-ATHLETES LEAVING OHIO STATE

When the Athletic Compliance Office receives a "permission to contact" letter from another institution, or when a student-athlete requests that we send a "permission to contact" letter to another institution:

- The Athletic Compliance Office shall contact the sport Head Coach for approval. In certain cases, additional information about the Ohio State student-athlete may also be requested by the other institution in this "permission to contact" letter in order to verify NCAA eligibility and transfer status. The other institution may also inquire whether Ohio State objects to the use of the one-time transfer exception.
- The Head Coach shall notify Athletic Compliance whether he/she grants permission for the other institution to contact the student-athlete and whether he/she objects to the use of the one-time transfer exception.

Granted: If the Head Coach grants the request, the Athletic Compliance Office shall send a letter to the other institution granting permission to contact the Ohio State student-athlete.

Not Granted: If the Head Coach does not grant permission to contact the student-athlete or objects to the use of the "one-time transfer exception", the Athletic Compliance Office shall notify the Sport Administrator for that sport. The Associate Athletic Director for Compliance shall arrange a meeting with the Sport Administrator and the Head Coach for that sport to review the reason for the denial. If the Sport Administrator concurs with the Head Coach's decision, then the Sport Administrator shall notify the Director of Athletics. If the Director of Athletics concurs with the Sport Administrator's decision, then the Athletic Compliance Office shall notify the student-athlete and the other institution of the decision. The student-athlete shall also be notified of the opportunity for a hearing to appeal such denial.

Hearing Opportunity: A hearing shall be held promptly after the Athletic Compliance Office receives a student-athlete's written request for such hearing. The student-athlete and a representative of the Ohio State Athletics Department shall attend the hearing and have the opportunity to present testimony and documentation to the committee. The committee that hears the case must be comprised of members from outside of the Athletics Department and will be chosen by the Associate Athletics Director for Compliance. Such committee shall include four members:

- The Faculty Athletics Representative
- A representative from Student Affairs
- A representative from the faculty
- A representative from the Student-Athlete Advisory Board (chosen by the Associate Athletic Director for Compliance)

The Faculty Athletics Representative shall serve as chair of the committee that hears the appeal. Each member of the committee will receive one vote. After hearing testimony and considering other relevant information, the committee shall vote on whether to uphold the denial. A decision to uphold the denial shall require a $\frac{3}{4}$ vote. The committee shall render a written decision within seven days of the hearing and provide the student-athlete and the Athletics Compliance Office with a copy of its decision.

STUDENT-ATHLETES COMING TO OHIO STATE

When the Athletic Compliance Office receives written permission from another institution to allow Ohio State to contact a student-athlete:

- The Athletic Compliance Office shall send a copy of the letter to the University Registrar, SASSO (counselor who handles the sport), sport Head Coach and shall file the letter in the Transfer Files maintained in the Athletic Compliance Office.
- The Head Coach shall notify the Athletic Compliance Office if he/she wants to contact such student-athlete.
- If necessary (i.e., the other institution has not already provided eligibility and transfer status information), the Athletic Compliance Office shall send a "request for transfer information" letter to the other institution. The Athletic Compliance Office shall send a copy of the letter to the University Registrar, SASSO (counselor who handles the sport) and Head Coach and shall file the letter in the Transfer Files maintained in the Athletic Compliance Office.
- If the Coach determines he/she would like the student-athlete to join his/her team, the Coach shall coordinate with SASSO, Athletic Compliance Office, the University Registrar and, if necessary, Student Financial Aid Office to effect such a transfer.

VOLUNTARY WORKOUTS

In order for any athletically related activity to be considered "voluntary," all of the following conditions must be met:

- Request must be made by the student-athlete
- No reporting of information back to Department of Athletics staff members
- No penalty for choosing not to participate in the activity
- No reward for choosing to participate in the activity



STUDENT-ATHLETE STANDARDS OF CONDUCT

STATEMENT OF PURPOSE

It is the intention of the Department of Athletics to set high standards and achieve a level of behavior which reflects positively on the Department and the University. The Ohio State University Department of Athletics wants you to have a fulfilling and successful academic and athletic experience. We also want you to understand and respect the University community's expectations for your behavior. As some of the University's most visible ambassadors, student-athletes at Ohio State are expected to uphold, at all times, high standards of integrity and behavior which will reflect positively upon themselves, their families, coaches, teammates, the Department of Athletics and The Ohio State University. This requires a commitment from each student-athlete. You are always representing the Department of Athletics and the University. You shall conduct yourself in a responsible and respectful manner at all times. In addition, you shall exhibit outstanding sportsmanship and shall encourage your teammates to do the same.

The Department of Athletics has established these standards of conduct for all student-athletes participating in intercollegiate athletic programs at Ohio State. These standards emphasize the importance and significance of sportsmanship, appropriate conduct, and the responsibilities that each student-athlete must accept when representing the University. The Student-Athlete Standards of Conduct are in addition to any specific team policies established by the head coach of each sport (if a team policy is stricter than these Standards, then the team policy shall control) and in addition to the University's Code of Student Conduct and other University policies. A complete list of all policies may be found in the Student-Athlete Handbook at www.ohiostatebuckeyes.com. Student-athletes are bound by these Standards of Conduct when they initially enroll as a full time student or when they begin official practice at Ohio State – whichever occurs first.

STUDENT-ATHLETE STANDARDS OF CONDUCT

It is a privilege, not a right, to be a student-athlete at The Ohio State University. Misconduct may cause loss of privileges associated with membership on an intercollegiate athletic team and/or other sanctions as appropriate. If you participate in intercollegiate athletics at The Ohio State University, you agree to the following:

- You shall abide by all local, state and federal laws.
- You shall follow NCAA, Big Ten Conference, University and your individual team's policies, rules and regulations.
- You shall follow all academic rules and procedures established by the University, the Student-Athlete Support Services Office and your coach(es).
- You must consent to participate in the Department of Athletics mandatory drug testing program. A student-athlete will not be allowed to participate in any intercollegiate athletic team unless he/she fully participates in this drug testing program. When you complete your consent form, you will receive a copy of the department drug and alcohol program. This document contains information on testing procedures as well as procedures that are followed if you test positive.
- On a team trip, or at any team related function, you are prohibited from consuming alcohol, using tobacco products or using or possessing illegal substances. This includes, but is not limited to, travel to and from an event, home games, team gatherings before or after games, and any time the team is together in an official capacity.
- You must travel to and from away-from-home contests with the team unless prior permission is granted from the head coach.
- If you are a student host during a prospect's official visit or interact with a prospect during his or her official visit, it is expected that you represent the University with dignity and class. If you are a student host, you will receive a copy of the student host instructions from your coach. This document outlines the role and responsibilities expected of you during the visit, with particular emphasis on acceptable and unacceptable entertainment of a prospect.
- NCAA rules strictly prohibit members of the athletic department or student-athletes from engaging in gambling or sport wagering activities on college or professional sports. Be aware that the gambling industry is constantly seeking sources of information because operators use inside information to set the betting line or odds. It is possible that you may be approached and questioned about the condition or attitude of other team players. You may also be asked to alter the game in some manner and be offered favors or gifts for doing so. It is expected that as a student-athlete, you will not get involved in any manner in gambling activities (e.g., provide inside information, alter a game, place or solicit bets on a game, use the internet to place bets)
- You shall not post or contribute any content to any social networking or other internet site(s) that reflects negatively (determined in the sole discretion of the University) on yourself, your team and/or teammates, your coach(es) or the Department of Athletics. You may also not post any language that might be offensive, cause harm to somebody else or may violate NCAA rules. The Department of Athletics coaches and administrators will monitor such internet site(s) for the sole purpose of determining whether or not you have posted or contributed any content in violation of this section. If so, you will be required to remove the information immediately, and you may be subject to loss of privileges and other sanctions as deemed appropriate. Additionally, you may not block or otherwise prevent coaches or athletic department staff members from viewing your site(s).
- You may not participate in any form of prohibited hazing or initiation. Any activity of this nature is strictly prohibited and allegations will be thoroughly investigated. If it is found that you violated the Department of Athletics' hazing policy, all involved student-athlete(s) will be subject to consequences set forth under that policy (including, but not limited to, suspension and dismissal from the team) and are also subject to the authority of the Office of Student Judicial Affairs. Additionally, hazing is a criminal offense pursuant to R.C. Section 2903.31 and you may be subject to criminal penalties for engaging in this behavior.
- If you are arrested, you will be immediately placed on suspension, the nature of which shall be determined in the sole discretion of the Department of Athletics, until the facts of the incident are reviewed by the Director of Athletics, the applicable Sport Administrator and/or the head coach (and other appropriate University personnel, as deemed necessary by the University).
- If you are charged with a felony, you will not be permitted to represent Ohio State Athletics in competition until such time as the charge is resolved and all legal, NCAA, Big Ten Conference, University and athletic department conditions for reinstatement have been met, unless otherwise approved by the Director of Athletics.



STUDENT-ATHLETE STANDARDS OF CONDUCT

- If you are charged with a misdemeanor, all subsequent sanctions under this Student-Athlete Standards of Conduct will be handled by the Head Coach, the Sport Administrator for the sport, and the Director of Athletics. If misdemeanor charges result in a sentence which involves serving jail time, you will not be permitted to represent Ohio State Athletics in competition until that time has been served, unless otherwise approved by the Director of Athletics.
- All arrests for any crime are reported to the Office of Student Judicial Affairs and you may be subject to University action. If you are arrested for either a misdemeanor or felony that is considered an "offense of violence" (as defined in Ohio Rev. Code section 2901.01(A)(9)), you may be subject to additional discipline under state law. Section 3345.22(A) of the Ohio Rev. Code provides that a student of a state supported University who is arrested for any offense covered by Revised Code section 3345.23(D) shall be given a hearing to determine whether or not that individual shall be immediately suspended from the University. Be aware that you are subject to this provision and it will be enforced against you. If you are convicted of an offense of violence, you will be immediately dismissed from the University pursuant to Ohio Rev. Code section 3345.23.
- You shall avoid any other behavior or conduct that is inconsistent with the Statement of Purpose or that otherwise reflects negatively (in the sole discretion of the University) on you, your team and/or teammates, your coach(es), the Department of Athletics or the University.

Failure to abide by this Student-Athlete Standards of Conduct will result in loss of privileges and other sanctions as appropriate, including but not limited to verbal or written reprimand, probation, loss of practice privileges, loss of competition privileges, suspension or dismissal from the program. Reduction, cancellation or non-renewal of athletic grant-in-aid may also be a consequence of a violation of this Student-Athlete Standards of Conduct. In addition, sanctions may also be imposed for a violation of team rules or a violation of the Code of Student Conduct or violation of other University policies, rules and regulations.

The Department of Athletics may take action before University disciplinary and/or other external authorities have concluded disposition of the alleged violation.

You may appeal, in accordance with the Department of Athletics' student grievance procedure, the Department of Athletics' decision to impose consequences in accordance with this Student-Athlete Standards of Conduct.



ACADEMIC INTEGRITY

Academic Integrity is defined as earning credit honestly through your own efforts. Academic Integrity should be the number one priority for student-athletes, as the punishments for violating it are severe and embarrassing.

The most common forms of academic dishonesty are the following:

1. **Plagiarism.** Plagiarism is the act of taking ideas, writings, or visual art of another person, including a tutor, and presenting them as your own. In writing, this could take the form of word-for-word copying, paraphrasing, or even taking the structure of someone else's work and presenting it as your own. In visual arts, this could take the form of copying ideas, actual structures, or entire works and presenting them as your own. If unsure, take the work to your instructor or a tutor and ask for help.
2. **Cheating on exams.** This could take the form of having someone else take the exam for you, looking on someone else's paper or letting someone look on yours, using electronic devices, and taking crib notes into the exam.
3. **Cheating on Assignments.** Copying another person's work, working too closely with a tutor or another student, giving your work to another student, splitting tasks on an assignment that is clearly NOT designed as a collaborative one, turning in the same work for two different classes, and buying or borrowing papers. Pitfalls can happen, especially in the computer lab. **DO NOT LEAVE YOUR DISK IN THE LAB!!! SOMEONE COULD FIND IT AND TURN YOUR WORK IN AS THEIR OWN.**

Use Tutors and Fergus Computer Lab Responsibly

Your tutor will be asking what your concerns are, and then you will be working together to pinpoint and solve the problem. You will need to have gone to class, done the reading and have texts and course materials with you to have a productive and efficient session. Tutors will not be doing the work for you but will be helping you with strategies for tackling the work. Think of the tutor as a facilitator for your active learning, not as someone who will give you all the answers while you sit passively.

Please let us know if someone other than our staff tutors is tutoring you. For your and our protection, we need to make sure that they are following our guidelines.

The Fergus Computer Lab is available for use by student-athletes ONLY to assist with you with your academic pursuits. It is important to remember that all work whether notes, research or papers, should be saved on a disk to ensure privacy and not stored on the hard drive of the computer. All print jobs need prior approval of the Computer Lab Monitor and only the work of student-athletes can be printed in the lab.



BIG TEN CONFERENCE CODE OF SPORTSMANLIKE BEHAVIOR

SPORTSLIKE CONDUCT

It shall be the responsibility of each member university to ensure that all of its students and all individuals employed by or directly associated with it comport themselves in a sportslike manner when representing their university, especially at intercollegiate athletic contests.

ACTS OF UNSPORTSLIKE CONDUCT - DISCIPLINARY ACTION AND PENALTIES

Acts of unsportslike conduct shall be subject to disciplinary action.

INDIVIDUAL PENALTIES

Unsportslike conduct shall subject the individual to disciplinary action. The member university with which the offending individual is associated may also be subject to disciplinary action if it is found that the member university's policies, action, or failure to act substantially contributed to the individual's misconduct. Violators of acts of unsportslike conduct shall be subject to the penalties specified below by the Commissioner or designee. Notwithstanding any of the penalties described herein, the Commissioner or designee, upon a finding of mitigating factors has the authority to impose a penalty which is consistent with that finding of mitigating factors.

Acts of unsportslike conduct shall include, but not be limited to the following:

1. Striking or attempting to strike or otherwise physically abusing an official, opposing coach, spectator or athlete. Any person committing such an act shall be subject to the following penalties:
 - a. First offense: A public reprimand and suspension for up to 50% of the scheduled contests in the sport as deemed appropriate. (Revised & effective 8/1/95)
 - b. Repeat offense: A public reprimand and suspension for such number of additional contests as deemed appropriate. (Revised & effective 8/1/95)
2. Intentionally, or with careless disregard for one's conduct, inciting participants or spectators to violent or abusive action. Violators shall be subject to the following penalties:
 - a. First offense: A public reprimand and a suspension for up to 20% of the scheduled contests in the sport. (Revised & effective 8/1/95)
 - b. Repeat offense: A public reprimand and a suspension for such number of additional contests as deemed appropriate. (Revised & effective 8/1/95)
3. Using obscene gestures or profane or unduly provocative language or action toward an official, student, coach, or spectator. Violators shall be subject to the following penalties:
 - a. First offense: A public reprimand for the first offense.
 - b. Repeat offense: A public reprimand and a suspension for up to 20% of the scheduled contests in the sport. (Revised & effective 8/1/95)
4. Publicly and unduly criticizing a game official, Conference personnel, another member university, or a student-athlete or personnel of another member university. Violators shall be subject to the following penalties:
 - a. First Offense: Violators shall be subject to the following:
 - 1) In the case of a student-athlete: A public reprimand.
 - 2) For all others: A public reprimand and, at the discretion of the involved institution, either a \$10,000 institutional fine (withheld from the institution's share of Conference network television revenues) or a one-game suspension. The Compliance and Reinstatement Subcommittee may assess a public reprimand, and both a \$10,000 institutional fine and a one-game suspension under the automatic suspension provisions below. (Revised & effective 12/9/91; Revised & effective 8/1/95)
 - 3) Automatic Suspension: If the first offense is in the judgement of the Commissioner or designee particularly excessive or offensive, the Commissioner or designee shall recommend to the Compliance and Reinstatement Subcommittee that a one-game suspension be levied

against the individual involved and a \$10,000 institutional fine imposed. This penalty shall be levied by the Compliance and Reinstatement Subcommittee if it finds after a hearing with the involved individual that this violation was particularly offensive or excessive.

- b. Repeat Offenses: In the event an individual violates the provision of this section on more than one occasion within any twelve-month period, the Commissioner or designee is authorized to levy the following penalties after providing an appropriate hearing:
 - 1) A public reprimand,
 - 2) \$20,000 institutional fine, and
 - 3) Suspension for the next competitive event.
5. Negative recruiting by making unduly derogatory statements about another member university, any of its personnel or its athletic program, to a prospective student-athlete, the prospect's parents, high school coach, or other person interested in the prospective athlete. Violators shall be subject to the following penalties:
 - a. First offense: A public reprimand.
 - b. Repeat offense: A public reprimand and a suspension of the privilege of recruiting for one year for an additional similar offense.
6. Committing any act of unsportslike conduct not specifically described above shall subject violators to any of the described penalties which the Commissioner or designee determines most suitably addresses the conduct involved. In addition to any penalty which may be assessed, the Commissioner or designee may take such remedial action believed to be proper to deter any future unsportslike conduct.
7. Definition and Application of Terms.
 - a. Suspension - Student-athlete: A student-athlete shall not participate and shall not be present in the playing venue in the designated number of contests, but may practice.
 - b. Suspension - Coach: A coach may not have contact or communication with the institution's team and institution's personnel and coaches two hours before and two hours after competition and cannot be present in the involved playing venue for the designated number of contests, but may conduct practice sessions.
8. Carrying Penalty Over to Next Season. Whenever a penalty or suspension is imposed at or near to the end of a season of competition, the penalty may be carried over into the next season of competition.

UNIVERSITY PENALTIES

A violation by a university or by university personnel who are not participants in a contest, shall be subject to the following penalties. An institution's television receipts may be withheld to obtain remuneration for these penalties.

1. First offense: A public reprimand and a maximum \$1,000 institutional penalty.
2. Repeat offense: A public reprimand and a maximum \$3,000 institutional penalty for any additional offense.

10.01.2 PROCEDURE

The following procedures shall apply to acts of unsportslike conduct listed in this Agreement. The Commissioner or designee, shall notify the institution's Director of Athletics relative to acts of unsportslike conduct. Upon mutual agreement of the Commissioner or designee and the institution, the time limits stated herein may be waived to facilitate the review and reporting requirements of unsportslike conduct. (Revised & effective 2/21/94; Revised & effective 8/1/95)



BIG TEN CONFERENCE CODE OF SPORTSMANLIKE BEHAVIOR

REPORT TO COMMISSIONER

Within three business days of its becoming aware, by the Commissioner or designee or any other source, of any unsportslike or possible unsportslike conduct involving an individual associated with it, a member university, through its Director of Athletics, is to submit a report to the Commissioner or designee on its behalf and on behalf of the involved individual containing all information they have regarding its institutional position relative to the unsportslike or possible unsportslike conduct, including the identity of each individual involved in the matter, the penalty and remedial action, if any, which the member university has assessed or taken or proposes to assess or take. The Faculty Representative shall receive a copy of this report simultaneous with its transmission to the Big Ten office. Within three business days of receipt of the report from the member university or, in that instance where a member university has not submitted a report, within three business days of the date on which the report was to have been submitted, the Commissioner or designee is to determine whether an act of unsportslike conduct has occurred. (Revised & effective 8/1/95)

COMMISSIONER'S REVIEW AND REPORT

1. Review of Institutional Action. When the Commissioner or designee does not concur with the penalty assessed or remedial action taken, if any, by a member university for an act of unsportslike conduct, the Commissioner or designee shall give written notice of this decision to the member university involved within three business days of receipt of the member university's report or within three business days of the date when the report was to have been submitted. This notice is to contain a brief statement regarding the findings of fact, the penalty and remedial action to be imposed by the Commissioner or designee and reasons for the penalty and remedial action. The notice shall be sent to the Director of Athletics with copies to the Faculty Representative and President/Chancellor. The penalty and remedial action are to take effect within three days following receipt by the member university or individual involved of the notice unless an appeal is taken in accordance with the following provisions: (Revised & effective 8/1/95)

- a. Appeal. In the event that the individual or member university involved believed the penalty or remedial action is inappropriate because the violation did not occur, or because the penalty or remedial action is excessive, either the individual or the member university, through the member university's Faculty Representative, has the right to appeal the matter to the Compliance and Reinstatement Subcommittee. The appeal is submitted by the member university, giving the Commissioner or designee written notice within three business days of its receipt of the Commissioner's or designee's notice of the findings, penalty and remedial action. The rules governing disqualification of a member of the Subcommittee with regard to an unsportslike conduct matter are the same as those set forth in Rule 32.
- b. If the Commissioner or designee determines that such conduct has not occurred or that it has and the penalty or remedial action assessed or taken or proposed by the member university appears adequate, the Commissioner or designee is to submit a report to that effect to the Subcommittee and to the member university within three business days of receipt of the report from the member university. Unless a majority of the members of the Subcommittee object to the Commissioner's or designee's conclusion within five business days of their receipt of the Commissioner's or designee's report, the matter is concluded and a report of the incident is to be provided within ten business days thereafter by the Commissioner or designee to each member of the Joint Group and the Council of Presidents/Chancellors.

HEARING BY COMPLIANCE AND REINSTATEMENT SUBCOMMITTEE

1. Review of Commissioner's Report. Should a majority of the members of the Compliance and Reinstatement Subcommittee object to the Commissioner's or designee's report within the five business days of their receipt of the report, the Subcommittee shall conduct a prompt hearing, in person or by telephone as a majority of its members determine, giving the individual and member university an opportunity to be heard. The individual may be represented by counsel. The member university is to be represented by its Faculty Representative. The Commissioner or designee, the individual, and the member university may present evidence to the Subcommittee. The Subcommittee may reaffirm, set aside, reduce, or increase the penalty and remedial action set by the Commissioner or designee as it deems appropriate. The Subcommittee is to give the individual and member university written notice of its decision and its reason for such within five business days of the close of the hearing. The decision, to be made by a majority of the members of the Subcommittee members, is final.

INTERIM ACTION

Nothing herein shall prevent the Commissioner or designee from taking appropriate interim action pursuant to Rule 6 and Rule 32. The penalty and remedial action proposed by the Commissioner or designee shall be stayed pending the decision by the Compliance and Reinstatement Subcommittee. No public announcement of the penalty or remedial action shall be made until the individual or member university fails to give notice of its or the individual's intention to appeal within the three business day period set forth in Agreement 10.01.2.B.1.



OHIO STATE DEPARTMENT OF ATHLETICS HAZING POLICY

I. POLICY

The Department of Athletics is committed to preventing and eliminating any hazing behavior which violates University rules, Ohio law or whose purpose is to humiliate, demean, or devalue the worth of another individual. Hazing is unlawful, criminal, and impedes the realization of the Department's mission of providing student athletes with exceptional educational and athletic opportunities. It also goes against the Department's values and commitments which include: (1) education and enrichment of the student-athlete, (2) integrity in all aspects of behavior, (3) innovation in approach and spirit, (4) excellence through organization, (5) respect for the individual, and (6) a tradition of leadership. Hazing will not be tolerated at The Ohio State University. Any student athlete or Athletic Department staff member involved in a hazing incident is subject to University investigation and disciplinary proceedings, as well as civil and criminal penalties under Ohio law.

II. GOALS AND OBJECTIVES

A goal of the Department of Athletics is to inform its student-athletes and staff members about this hazing policy and all of the procedures and other information contained within this hazing policy. Department staff members and student-athletes will be educated about hazing, in general, and this hazing policy, in particular, in various avenues, some of which may include: staff and student-athlete orientations, coaches' meetings, freshmen life skills class, major guest speakers, SAAB meetings, and team captains' leadership training. In addition, the hazing policy will be included in the Student Athlete Handbook.

III. REGULATIONS REGARDING HAZING

A. The Ohio State University's Code of Student Conduct

The University's Code of Student Conduct defines hazing as "doing, requiring or encouraging any act, whether or not the act is voluntarily agreed upon, in conjunction with initiation or continued membership or participation in any group, that causes or creates a substantial risk of causing mental or physical harm or humiliation. Such acts may include, but are not limited to, use of alcohol, creation of excessive fatigue, and paddling, punching or kicking in any form."

B. The State of Ohio's Hazing Laws

The State of Ohio's hazing laws are set forth in Sections 2307.44 and 2903.31 of the Ohio Revised Code.

1. Section 2903.31 (current as of 02/01/11)

(A) As used in this section, "hazing" means doing any act or coercing another, including a victim, to do any act of initiation into any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person.

(B) (1) No person shall recklessly participate in the hazing of another.

(2) No administrator, employee, or faculty member of any primary, secondary, or post-secondary school or of any other educational institution, public or private, shall recklessly permit the hazing of any person.

(C) Whoever violates this section is guilty of hazing, a misdemeanor of the fourth degree.

2. Section 2307.44 (current as of 02/01/11)

Any person who is subjected to hazing, as defined in division (A) of Section 2903.31 of the Revised Code, may commence a civil action for injury or damages, including mental and physical pain and suffering, that result from hazing. The action may be brought against any participants in the hazing, any organization whose local or national directors, trustees, or officers authorized, requested, commanded, or tolerated the hazing. If the hazing involves students in a primary, secondary, or post-secondary

school, university, college, or any other educational institution, an action may also be brought against any administrator, employee, or faculty member of the school, university, college, or other educational institution. If an administrator, employee, or faculty member is found liable in a civil action for hazing, then notwithstanding Chapter 2743 of the Revised Code, the school, university, college, or other educational institution that employed the administrator, employee, or faculty member may also be held liable.

The negligence or consent of the plaintiff or any assumption of the risk by the plaintiff is not a defense to an action brought pursuant to this section. In an action against a school, university, college, or other educational institution, it is an affirmative defense that the school, university, college or other institution was actively enforcing a policy against hazing at the time the cause of action rose.

As these regulations make clear, a person can be found in violation of Ohio's hazing laws and the University's Code of Student Conduct if he/she solicited, directed, aided, or otherwise participated actively or passively in hazing acts. Hazing occurs regardless of the consent or willingness of the person to participate in the activity. Hazing is punishable whether it occurs on or off campus.

IV. EXAMPLES

A. Negative Team Building (Hazing):

Some examples of conduct that may violate Ohio State's Code of Student Conduct and/or Ohio law, regardless of the person's willingness to participate, include but are not limited to:

1. Any type of initiation or other activity where there is an expectation of individuals joining a particular team or remaining on a particular team to participate in behavior designed to humiliate, degrade or abuse them.
2. Forcing, requiring or pressuring an individual to consume alcohol or any other substance.
3. Forcing, requiring or pressuring an individual to tattoo, pierce or shave any part of the body, including hair on the head.
4. Any requirement or pressure put on an individual to participate in any activity that is illegal, perverse, publicly indecent, contrary to generally accepted societal norms and/or beliefs, e.g., public profanity, indecent or lewd conduct or sexual gestures in public.
5. Required eating of anything an individual would refuse to eat otherwise.
6. Any activity or action that creates a risk to the health, safety or property of the University or any member of its community.
7. Forcing or requiring any physical activity (ex. push-ups, sit-ups, runs, etc.)
8. Assigning or endorsing pranks such as stealing or harassment of another organization.
9. Awakening or disturbing individuals during normal sleeping hours.
10. Expecting or pressuring individuals to participate in an activity in which the full membership is not willing to participate.
11. Physical abuse of any kind.
12. Forcing, encouraging or pressuring someone to wear in public apparel which is conspicuous and not within the norm of what is considered to be in good taste.
13. Engaging in public stunts and buffoonery.
14. Nudity at any time or forced reading, listening or viewing of pornographic material.
15. Paddling, beating or otherwise permitting a member to hit other members.



OHIO STATE DEPARTMENT OF ATHLETICS HAZING POLICY

16. Having any substances (ex. eggs, mud, paint, honey, etc.) thrown at, poured on or otherwise applied to the body of a member.
17. Morally degrading/humiliating games or other activity that makes a member the object of amusement, ridicule or intimidation.
18. Subjecting a member to cruel and unusual psychological conditions.

* Note: If any of these activities are required only for certain groups and not others (i.e. freshman), they may be considered hazing activities.

B. Positive Team Building:

There are certain activities that teams could participate in that contribute to “team bonding” in a positive way. Some examples of appropriate athletic initiations include, but are not limited to:

1. Take a test for skill of knowledge, try-outs, auditions.
2. Going on a trip, ropes course, or preseason practice.
3. Dress up formally to an event.
4. Undertake group projects, fundraisers, community events or work camps.
5. Take part in group (all-team) singing, chanting, or cheering.
6. Being a mentor, Little/Big Sister or Brother

C. Questions to consider when determining if an activity could be considered hazing:

1. Is this a team or group activity that members are encouraged or expected to attend and where alcohol is involved?
2. Will current members refuse to participate with the new members?
3. Does the activity risk emotional or physical abuse?
4. Is there any risk of injury or a question of safety?
5. Would you have any reservations describing the activity to your parents, to a professor or to a University official?
6. Would you object to the activity being photographed for the school newspaper or local TV news?

HAZING POLICY GUIDELINES

I. How to report Suspected Hazing Activities:

The entire Athletic Department staff, as well as the student-athlete population, is expected to help ensure compliance with this policy. Any such individual who reasonably believes that this policy has been violated should refer the matter to the appropriate individual for investigation or, if so authorized, initiate a prompt and thorough investigation. Incidents involving hazing should be reported to any Athletic Department administrator or staff member (coach, AD, Asst. AD, Athletic Counselor, Life Skills Coordinator, Trainer). Individuals who have knowledge of (either by viewing or participating in) hazing activities, or who suspect that hazing activities may have occurred, must report such activities and must thoroughly cooperate in an investigation by university officials as stated in the University Student Code of Conduct. Those not reporting hazing activities or not cooperating or those providing false or misleading information with respect to the investigation will be subject to other violations of the Student Code of Conduct, and may be subject to team sanctions, including but not limited to, reduction in practice and/or playing time.

II. Investigative Procedures:

- A. After receiving an allegation of hazing, the University will investigate the allegation. The purpose of the investigation is to evaluate the allegations of hazing, formulate a response that addresses the facts that are determined, and follow up to ensure that the recommended measures are completed to prevent further reoccurrences.
- B. All allegations of hazing which involve an athletic department staff member, student athlete, or athletic team are to be brought to the Associate Athletic Director associated with that staff member, student athlete, or team. It is then the responsibility of the Associate AD to assemble an appropriate investigative team to

investigate the alleged incident. An investigative team may include, but is not limited to, the Athletic Director, the Associate AD, a representative from Legal Affairs, Coach, Academic Counselor and Life Skills Coordinator.

- C. If the investigation uncovers behavior that is inappropriate but does not meet the definition of hazing, then the Department will take steps to appropriately address the behavior.

III. Corrective Measures/Sanctions:

When the University has determined that hazing has occurred (or if the University determines that behavior was inappropriate, but did not meet the definition of hazing), corrective measures will be imposed. Sanctions may be implemented at two levels: from the Athletic Department and the University. University sanctions may include, but are not limited to, a reprimand, requirement to attend an educational session, reduction in practice and/or competition participation, departmental or university probation, reduction or removal of athletic grant-in-aid, suspension and/or dismissal from the team and dismissal from the University. Sanctions also may be imposed on any individual with a duty to act under this policy and associated procedures who fails to respond to a complaint of hazing in a manner consistent with the provisions of this policy and the associated procedures. The complainant will be informed of the corrective measures taken. In addition to University sanctions, there may also be criminal charges, civil liability and sanctions imposed by the NCAA.

IV. Counseling and Support:

Any student athlete or Athletic Department staff member who has been subject to, has witnessed, or is aware of a hazing activity can contact any of the following units for counseling and supportive services:

- A. Student Athlete Support Services
- B. Ohio State Sport Psychology Services
- C. Counseling and Consultation Services

V. Confidentiality and Non-retaliation:

The University will make every reasonable effort, consistent with Ohio law, to conduct its investigation in a manner that will protect the confidentiality of all parties. Parties to the complaint should treat the matter under investigation with discretion and respect for the reputation of all parties involved. Retaliation against the individual for reporting a hazing event or for participating in an investigation is prohibited. Retaliation is a serious violation that can subject the offender to sanctions independent of the merits of the hazing allegation.

The Department of Athletics will address allegations and suspected instances of hazing when it obtains information that would lead a reasonable person to believe that this policy has been violated. The Department is not precluded from taking any action it deems appropriate, including informing the alleged hazer(s) of the complaint and pursuing an investigation even in cases when the person hazed is reluctant to proceed. The complainant will be notified in advance when such action is necessary.



STUDENT-ATHLETE AGREEMENT CONCERNING HAZING

Policy Statement:

The Department of Athletics at The Ohio State University supports only those activities which are constructive, educational, inspirational, and that contribute to students' intellectual and personal development. OSU Athletics unequivocally opposes any situation created intentionally to produce mental or physical discomfort, embarrassment, harassment or ridicule. Hazing will not be tolerated at The Ohio State University.

The Ohio State University's Code of Student Conduct defines hazing as "doing, requiring or encouraging any act, **whether or not the act is voluntarily agreed upon**, in conjunction with initiation or continued membership or participation in any group, that causes or creates a substantial risk of causing mental or physical harm or humiliation. Such acts may include, but are not limited to, use of alcohol, creation of excessive fatigue, and paddling, punching or kicking in any form." In addition, Ohio law also prohibits hazing, and has civil and criminal penalties for participating in hazing. Actions and activities which may be prohibited under Ohio State's Code of Student Conduct (and may be a violation of Ohio law), **regardless of the person's willingness to participate**, include, **but are not limited to**, the following:

- Any type of initiation or other activity where there is an expectation of individuals joining a particular team to participate in behavior designed to humiliate, degrade or abuse them.
- Forcing, requiring or pressuring an individual to consume alcohol or any other substance.
- Forcing, requiring or pressuring an individual to tattoo, pierce or shave any part of the body, including hair on the head.
- Any requirement or pressure put on an individual to participate in any activity which is illegal, perverse, publicly indecent, contrary to generally accepted societal norms and/or beliefs, e.g., public profanity, indecent or lewd conduct or sexual gestures in public.
- Required eating of anything an individual would refuse to eat otherwise.
- Any activity or action that creates a risk to the health, safety or property of the University or any member of its community.
- Forcing or requiring physical activity (ex. push-ups, sit-ups, runs, etc.)
- Assigning or endorsing pranks such as stealing or harassment of another organization.
- Awakening or disturbing individuals during normal sleeping hours.
- Expecting or pressuring individuals to participate in an activity in which the full membership is not willing to participate.
- Physical abuse of any kind.
- Forcing, encouraging or pressuring someone to wear in public apparel which is conspicuous and not within the norm of what is considered to be in good taste.
- Engaging in public stunts and buffoonery.
- Nudity at any time or forced reading, listening or viewing of pornographic material.
- Paddling, beating or otherwise permitting a member to hit other members.
- Having any substances (ex. eggs, mud, paint, honey, etc.) thrown at, poured on or otherwise applied to the body of a member.
- Morally degrading/humiliating games or other activity that makes a member the object of amusement, ridicule or intimidation.
- Subjecting a member to cruel and unusual psychological conditions.

I have read the hazing policy and understand the following:

(initial) _____

I agree and promise not to participate in any activity deemed to be hazing. I have read the above examples which may be hazing as described in The Ohio State University Hazing Policy.

(initial) _____

I agree to report to my coach and/or my associate Athletic Director and/or the Office of Student Judicial Affairs any activities (verified or suspected) which are prohibited under this policy.

(initial) _____

I understand that if I am in violation of this policy I will be subject to discipline that may include, but is not limited to, departmental or University probation, suspension from the team and/or the University, expulsion from the team and/or the University and loss of my athletic grant-in-aid. In addition, I am aware that the team may be subject to group discipline that can include, but is not limited to, team probation, cancellation of individual contests and/or cancellation of the entire season.

I understand and agree that I am required to know, understand and follow the rules, policies and procedures related to hazing at The Ohio State University.

Date: _____

Signature of Student-Athlete

Sport: _____

Printed Name



GUIDE TO MEDIA RELATIONS

The Ohio State University Athletics Communications Office is the publicity and media relations office for Ohio State's 36-sport intercollegiate athletics program. Our office is located on the sixth floor of the Fawcett Center (2400 Olentangy River Road). The general office telephone number is 614-292-6861. The office includes the Ohio State Associate Athletics Director for Communications (Dan Wallenberg), Associate Athletics Communications Directors (Leann Parker, Jerry Emig), six Assistant Athletics Communications Directors (Alissa Clendenen, Danielle Warner, Kendra Lee, Brett Rybak, Alex Morando, Adam Widman), two graduate interns, several student assistants and a Communications Assistant (Jennifer Kirchner).

Over the years, Ohio State has benefited from tremendous national, regional, statewide and local media exposure. We hope you can be part of that exposure and we can help make your Ohio State Athletics experience as enjoyable as possible.

ROLE OF ATHLETICS COMMUNICATIONS OFFICE

The role of the Athletics Communications Office (AC) is to effectively communicate to the news media and other interested groups (including parents, alumni and fans) information about our athletics department. The AC staff produces or helps in the production of media guides, game-day programs, schedule cards, posters, news releases and feature stories. It also handles the content for the official OSU athletics website (ohiostatebuckeyes.com) as part of its daily activities. It also is responsible for responding to news media inquiries and arranging all media interviews. The other principal role of the office is to serve as the university's liaison (academic and athletic awards nominations) to various athletic governing bodies, i.e., the NCAA and the Big Ten Conference.

The AC office encourages and facilitates coverage of Ohio State's teams, student-athletes and coaches by the media. The university generally encourages you, as student-athletes, to make yourself available to the media. You are tremendous representatives for the University. Both the AC office and the media understand the many demands on your time - further emphasizing communication between you and the AC staff when it comes to media access.

The majority of interview requests for student-athletes come through the AC office. The AC staff is involved in arrangements for nearly every interview involving Ohio State student-athletes.

Anytime the office receives a request for an interview, someone from the office will contact you or your coach. Appointments will be arranged around your academic and athletic schedules. Do not be afraid to turn down or reschedule an interview because of academic or other commitments you must keep. Most media are more than willing to adapt their schedules to accommodate yours. If you have questions about the importance or necessity of a media request, do not be afraid to consult the staff member responsible for your sport.

We cannot control what the media prints or the story they present. But if we all cooperate and are honest, most of the stories reported will be positive.

TIPS FOR STUDENT-ATHLETES WORKING WITH THE MEDIA

- Be on time for scheduled interviews and set the ground rules. If you have to get treatment for an injury, have an appointment with a coach or must begin practice soon, tell the reporter you have 'X' amount of time. If someone is coming from out of town, plan ahead and give them plenty of time to conduct the interview. Remember to thank the reporter at the end.

- All interviews should be arranged by the Athletics Communications Office. Ask reporters where they work and what they want to talk about and then ask them to go through the AC office to schedule the interview.
- Anticipate! Anticipate what your comments will look like in print or sound like on the air. Remember you are not talking just to the reporter. What you say will be seen, heard and read by many people both in Columbus and around the country. Do not be afraid to ask the reporter what he or she is going to ask you so you have a few moments to think of your response.

Never say "no comment" – it just leads to speculation.

If you have concerns about a reporter or the tone of an interview, please see a member of the Athletics Communications office. If a story is written that is inaccurate or you believe you are misquoted, see the communications staff member assigned to your sport and they will follow up.

- Be positive and respectful when talking about your teammates, coaches and team, as well as your opponents.
- Expect to be in a "fish bowl." High profile sports and their participants are public figures and celebrities. Expect to lose some of your privacy. You must be careful about what you do away from the practice or playing field. Realize everything you do is a reflection on your family, your teammates, your coaches and The Ohio State University.
- Show your personality let the reporter know there is more to you than just your athletic ability. Be confident, not arrogant.
- Do not speak "off the record" with a reporter There is no such thing.
- Dress appropriately. Don't fidget. Pay attention to your body language.
- Don't be afraid to talk to your athletics communications contact about how to answer a question you aren't sure about. We are here to help. Remember, it is a privilege to be an Ohio State student-athlete. Appreciate the coverage the media is giving to you, your team and the department of athletics.

STUDENT-ATHLETES USING SOCIAL MEDIA

Ohio State student-athletes represent themselves, their families and friends, their team, the athletics department and the university. With social media being as large as it is, it is important for you, the Ohio State student-athlete, to be aware that what you post, like or tweet is readily available to the public.

- Be WISE with how much personal information you post. Facebook, Twitter and other social networks provide privacy settings that help protect this information. Use the privacy settings to your advantage but understand they are not a guarantee what you post will not be made public.
- Help build a positive image of yourself with the use of Social Media.
- Understand that what you put out there, YOU CAN'T TAKE BACK. As a student-athlete at The Ohio State University, you are constantly under the public eye. Anything you post or tweet WILL be scooped up instantly. Anything posted is made public, can be printed and discussed by the media.

Despite avoidable drawbacks, social media can be a GREAT TOOL for both you and Ohio State.



UNIVERSITY STUDENT CODE OF CONDUCT

The code of student conduct is established to foster and protect the core missions of the university, to foster the scholarly and civic development of the university's students in a safe and secure learning environment, and to protect the people, properties and processes that support the university and its missions. The core missions of the university are research, teaching and learning, and service. Preservation of academic freedom and free and open exchange of ideas and opinions for all members of the university are central to these missions.

The code applies to the on-campus conduct of all students and registered student organizations. The code also applies to the off-campus conduct of students and registered student organizations in direct connection with:

- A. A professional practice assignment;
- B. Academic course requirements, such as internships, field trips, or ... student teaching;
- C. Any activity supporting pursuit of a degree, such as research at another institution;
- D. Any activity sponsored, conducted, or authorized by the university or by registered student organizations;
- E. Any activity that causes substantial destruction of property belonging to the university or members of the university community or causes serious harm to the health or safety of members of the university community; or
- F. Any activity in which a police report has been filed, a summons or indictment has been issued, or an arrest has occurred for a crime of violence.

Students continue to be subject to city, state, and federal laws while at the university, and violations of those laws may also constitute violations of the code. In such instances, the university may proceed with university disciplinary action under the code independently of any criminal proceeding involving the same conduct and may impose sanctions for violation of the code even if such criminal proceeding is not yet resolved or is resolved in the student's favor. Go to the Student Life website: http://studentlife.osu.edu/resource_csc.asp for the complete text of The Ohio State University Student Code of Conduct.



UNIVERSITY SEXUAL HARASSMENT POLICY

The University administration, faculty, staff, student employees, and volunteers are responsible for assuring that the University maintains an environment for work and study free from sexual harassment. Sexual harassment is unlawful and impedes the realization of the University's mission of distinction in education, scholarship, and service. Sexual harassment violates the dignity of individuals and will not be tolerated. The University community seeks to eliminate sexual harassment through education and by encouraging faculty, staff, student employees, and volunteers to report concerns or complaints. Prompt corrective measures will be taken to stop sexual harassment whenever it occurs.

Sexual harassment includes unwelcome sexual advances, requests for sexual favors, and other physical or verbal conduct of a sexual nature when it meets any of the following:

- A. Submission to such conduct is made either explicitly or implicitly a term or condition of an individual's employment or academic status.
- B. Submission to or rejection of such conduct by an individual is used as the basis for employment or academic decisions affecting such individual.
- C. Such conduct has the purpose or effect of unreasonably interfering with an individual's work or academic performance or creating an intimidating, hostile, or offensive environment for working, learning, or living on campus. Sexual harassment can occur between any individuals associated with the University, e.g., an employee and a supervisor; coworkers; faculty members; a faculty, staff member, or student and a customer, vendor, or contractor; students; or a student and a faculty member.

For complete details of the University's sexual harassment policy, go to the website: <http://hr.osu.edu/policy/policy115.pdf>



DEPARTMENT STUDENT GRIEVANCE PROCEDURES

The Department of Athletics of The Ohio State University is committed to resolving all complaints or grievances brought to its attention in the most equitable fashion possible for all persons concerned. It is the expectation of the Department that attempts be made to resolve any complaints or grievances via the informal procedures outlined below. However, if a satisfactory resolution of the problem proves impossible through the informal mechanism, formal grievance procedures may be employed.

NOTE: If you have a complaint about a decision regarding your athletic grant-in-aid, the process for grieving that decision is set forth in the "Athletics Grant-in-Aid Renewal and Reduction" section contained in Chapter 3 of the Student-Athlete Handbook.

INFORMAL PROCEDURES

Any student-athlete with a complaint or grievance involving an athletic team, coach, department official or policy should discuss and attempt to resolve the complaint or grievance with the person(s) involved. All persons involved in the process should make every attempt to resolve the problem as promptly as possible. In the event that a satisfactory resolution cannot be reached by the parties involved, the following actions may be taken by the grievant.

1. The grievant may consult informally and confidentially with a third party with whom she/he feels comfortable. Among those who might serve as resources are coaches, Faculty Athletic Representative, academic counselors, members of the Athletic Department administration, and members of the Athletic Council. With the aid of that person, the grievant may attempt to identify other approaches to resolving the problem. After consultation, the grievant should make an additional attempt to resolve the problem with the person(s) involved.
2. If no satisfactory resolution of the complaint or grievance can be achieved, the grievant may request that the resource person call together the persons involved in an attempt to facilitate an informal resolution.
3. At the discretion of the Director of Athletics, the Director or his designee may schedule a meeting with the grievant in a final attempt to resolve the problem informally. The Director, or his designee, may also wish to contact the person(s) about whom the complaint is being lodged.
4. If a meeting among those involved is not feasible or if the parties are unable to resolve the complaint or grievance to their satisfaction, the grievant may use the formal grievance procedure.

NOTE: The grievant is required to employ the informal procedure prior to taking formal action.

FORMAL PROCEDURE

Should the grievant wish to employ formal means to resolve a complaint or grievance, the following action should be taken:

1. The grievant should notify the Director of Athletics of his/her grievance in writing, outlining the complaints, the persons involved and any other pertinent information.
2. The Director of Athletics or his designee should conduct a preliminary interview with the grievant. The Director, or his designee, may also wish to contact the person(s) about whom the complaint is being lodged.
3. The Director, or his designee, shall conduct a formal meeting involving the grievant, the person(s) against whom the complaint is made and any other relevant parties. Each party may also be accompanied by an adviser.
4. Within a reasonable time period after the formal meeting, the Director of Athletics, or his designee, shall notify the grievant, in writing, of the decision.

FORMAL APPEAL

Should the grievant be unsatisfied with the decision of the Athletic Director, or his designee, and only if substantial new facts have been discovered that were unavailable at the time of the initial formal meeting, he or she may take the following steps:

1. Within 21 days after receipt of a written decision, the grievant should notify the Director of Athletics, in writing, that he or she wishes to appeal the decision and notify the Director of Athletics of the substantial new facts which were unavailable at the time of the meeting, which form the basis for the appeal.
2. After receiving the timely request for appeal pursuant to paragraph 1 above, the Director of Athletics shall refer the appeal to a panel consisting of the Faculty Athletic Representative, the Chair of the Athletic Council's Equity and Student Welfare Committee and a member of the Student Athlete Advisory Board's Executive Board (to be selected by the SAAB Executive Board Chair and the Sr. Associate Director of Athletics for Student Services and such chosen person shall not be a teammate of the grievant) (the "Panel"). The Panel shall decide whether or not there exist substantial new facts which were unavailable at the time of the initial meeting so as to justify an appeal meeting for the grievant. The Panel may consult with others in order to make such determination. The decision whether or not to grant an appeal hearing will be based upon grievant's written appeal and any consultation the Panel chooses to conduct. If the Panel decides that an appeal meeting is justified, the Panel shall communicate such to the grievant and the Director of Athletics and shall set the date for an appeal meeting. The Panel shall also communicate to the grievant the rules which shall govern the appeal meeting.
3. Within a reasonable time period after the appeal meeting, the Panel shall notify the grievant, in writing, of its decision. The decision of the Panel is final.



STUDENT-ATHLETE DRUG AND ALCOHOL PROGRAM

I. INTRODUCTION

The Department of Athletics at The Ohio State University (“OSU”) advocates the development of healthy and responsible lifestyles for student-athletes during their years of eligibility as a long term enrichment and enhancement of their lives. In addition, this policy underscores the importance of the role our student-athletes serve as University representatives and role models to the many youth who admire them.

Substance abuse and dependence, and crimes and other situations which occur while under the influence of mood-altering substances are a major health and safety hazard in our society. The use of illegal substances and drugs is a crime and will not be condoned. The use of performance enhancing drugs is detrimental to student health and as a form of cheating, constitutes unacceptable behavior. Alcohol use by student-athletes who are under the legal drinking age in Ohio is against the law; for those student-athletes who are of legal drinking age in Ohio, excessive alcohol use is ill-advised and is strongly discouraged.

The OSU Department of Athletics Drug and Alcohol Program (“DA program”) includes:

- education of student-athletes and staff about mood and body altering substances and the DA program
- drug testing
- evaluation / assessment
- treatment / counseling
- discipline /consequences
- monitoring of the student-athletes in the DA program by the management team, consisting of the medical review officer, drug testing coordinator, coaching staff representative, team sport administrator, and intervention coordinator

A. Mood-Altering Substances

1. Alcohol

Alcohol is a drug that presents a unique situation since its use is legal in Ohio for those twenty-one years of age and older. Alcohol is a part of our culture and is present at many social functions throughout society; however, it is a mood-altering substance and constitutes the greatest drug problem in society and among college students. Therefore, the DA program related to alcohol is:

- a. Alcohol consumption is illegal and unacceptable for student-athletes under the age of twenty-one.
- b. High risk alcohol consumption is not recommended and ill-advised for any student athlete regardless of age. High-risk alcohol use is defined as four or more drinks in one sitting for women and five or more drinks in one sitting for men.
- c. Alcohol-related offenses (e.g., DUI, public intoxication, assaults while under the influence of alcohol, underage possession of alcohol) constitute a first offense of this policy.

2. Illicit Substances

Student-athletes are under an increased amount of pressure compared to the general student body. These pressures can result in stress and anxiety which can predispose the student-athlete to the use of mood-altering substances.

The DA program will:

- a. Educate student-athletes about mood-altering substances and the dangers associated with their use, as well as the negative effects on athletic performance.
- b. Deter the use of these substances through a comprehensive drug testing program.
- c. Identify student-athletes with substance abuse/dependence and other problems for which substance use may be an indicator early in the course of the disease or problem, so treatment can be instituted in a timely manner.

B. Performance Enhancing Drugs

Student-athletes perform in a highly competitive environment, one which sometimes favors a “win at all costs” philosophy. The student-athletes’ desire to be successful can lead to the use of performance enhancing drugs to attain their goals. Such drugs give a student-athlete an unfair advantage and their use constitutes cheating. Additionally, these drugs have adverse side effects which could be harmful to the health of student-athletes, particularly in the long term. The DA program will:

1. Educate student-athletes about drugs that are purported to be performance enhancing, their effects and dangers and safer alternatives for improving sport performance.
2. Deter the use of these substances through a comprehensive drug testing program.
3. Identify student-athletes who use these substances and address issues and problems surrounding their use.

C. Program Evaluation

The DA program will be annually reviewed by an oversight committee composed of the testing and intervention coordinators, medical review officer, head team physician, assistant athletic director for sports performance and associate athletic directors in sports administration.

II. DRUG AND ALCOHOL EDUCATION PROGRAM

A. Rationale

The NCAA Life Skills Program promotes value development, moral reasoning and ethical conduct in intercollegiate athletes. The focus of the program is on the individual as a “whole person” and addresses the changing needs and skills necessary to meet the demands facing today’s student-athletes. The DA program addresses these special considerations of the individual student-athlete. All students with an official association are strongly encouraged and welcomed to participate in the educational component of the DA program. The educational component of the DA program centers on the health and physical development portion of the Life Skills Program recommended by the NCAA. Special attention will be given to personal health, leadership skills, alcohol/drug education and community involvement. The Department of Athletics is responsible for initiating and maintaining substance abuse education programs, including the administration, education and monitoring of medical staff and Life Skills / SASSO staff.

B. Goals

To provide each student-athlete with an opportunity to:

1. Gain knowledge and a foundation about alcohol and other drug use and related issues through the use of empirically validated educational approaches
2. Teach and encourage responsible behavior.
3. Network with those who have personally and successfully addressed substance abuse problems.

C. Oversight and Evaluation

The educational component to the DA program will be annually approved by the administration and the Student-Athlete Advisory Board.



STUDENT-ATHLETE DRUG AND ALCOHOL PROGRAM

III. DRUG AND ALCOHOL TESTING

Tests will be conducted for mood-altering and performance enhancing substances. Drug testing is mandatory for all student-athletes and may include cheerleaders. As a condition for any student to be a member of a varsity intercollegiate athletic team, the student-athlete must annually agree to participate in the Department of Athletics' Drug Testing Program. Such monitoring is considered an extension of the ongoing physical examination of the student-athlete and is in the best interests of the student-athlete and OSU. In addition to OSU's drug testing program, student-athletes are also subject to drug testing by the Big Ten Conference and NCAA. All positive test results are cumulative for the duration of the student-athlete's career at OSU.

The Department of Athletics will make every effort to keep test results confidential except as provided to the management team and oppose disclosure to any other persons within or outside the University. If confidential information concerning a positive test is communicated to any one outside of the management team, then the responsible party will be excluded from future steps in alcohol and drug-related occurrences.

Any student-athlete found guilty of selling or providing an illegal drug or illegally providing alcohol or other drugs to another person is subject to termination from the team and cancellation of athletic aid.

A. Types of Drug Testing

1. OSU Testing – In all types of testing conducted by OSU, **no advance notice of testing will be given.**
 - a. Random Testing
Periodic testing of a portion of the total student-athlete population will occur at regular intervals. This list will be randomly generated by computer by the testing laboratory from the team's roster. **All student-athletes are eligible for every test.**
 - b. Total Team Testing
Total teams may be tested at any time or at the request of any appropriate individual.
 - c. Just Cause Testing
Student-athletes may be tested individually or as a part of a regularly scheduled test. This test will be used for student-athletes who demonstrate symptoms or behaviors which are indicative of substance abuse.
 - d. Reasonable Cause Testing
Student-athletes who have previous violations of the DA program will be tested individually or as part of a regularly scheduled test.
2. NCAA Testing
Student-athletes may be tested while participating in a championship event, a post season football game or during a regularly scheduled on-site NCAA test. Student-athletes who will be tested will be selected from NCAA squad lists.
3. Big Ten Testing
The Big Ten conference has a conference wide performance enhancement drug testing program including year round on campus, summer testing (both on and off campus), and at selected Big Ten championships and tournaments. Student athletes from all varsity intercollegiate sports may be subject to testing.

IMPORTANT NOTE: Failure to appear for a scheduled drug test or refusing to give a specimen will be cause for immediate suspension of the student-athlete from competition and/or practice and provides a basis for reasonable cause testing. This suspension will be in effect until reinstated by the Management Team.

B. OSU Drug Testing Guidelines

These are the guidelines for all testing.

1. Upon the direction of the Director of Athletics or his/her designee and the testing coordinator, a testing date, site and time will be determined.
2. A list of student-athletes to be tested will be generated from the SAMS drug testing database with random selection occurring by computer generation of identification numbers. This list may include 5th year students with no remaining eligibility and medical non-counters.
3. The names of student-athletes not reporting to the scheduled test will be reported to the Director of Athletics or his/her designee.

C. OSU Drug Testing Procedures

These are the procedures for all testing.

1. Zero notification is the norm for the majority of drug tests that are performed for individual teams. Most drug tests are scheduled to occur either pre or post practice for the scheduled date. If the student-athlete is not at practice or is out of town, during the scheduled test, the student-athlete will report to location for collection on the date determined by drug testing coordinator. Also, total team testing may be performed with the student-athletes being informed of drug test during the team practice session with the testing to follow practice.
2. The student-athletes must report to the designated testing site at the requested time. Typically, two hours will be allocated for collection, and the student athlete is required to produce a usable specimen within that period of time. If the athlete is unable to produce a specimen in this time frame, this may be viewed as a refusal to test which constitutes a positive test.
3. The student athlete will be identified by an athletic department designee.
4. The student athlete may receive an ID band with name and identification number printed on the band to assist both the collectors and athletic department personnel during the collection process. Once the athlete has produced a usable specimen, the ID band will be removed. The student athlete will receive a chain of custody form with his/her assigned donor ID number included. The student athlete will select a specimen container.
5. The student athlete will have to remain in visual contact with the collector and/or athletic department designee once he/she has checked in. The student athlete may not leave the testing area until a specimen is produced.
6. The collector will visually observe while the student-athlete provides the sample. Visual observation for male student athletes requires their shirt to be off before entering the restroom with shorts to the knees while producing specimen. Female student athletes will be asked to have jog bra and shorts with shorts to knees while producing specimen. Pre-determined volumes and temperature guidelines for sample acceptance will be followed.
7. If the student athlete is unable to produce sufficient amount, the first specimen will be discarded. He/she will be asked to remain in visual contact of testing personnel within the testing area until he/she is able to produce additional specimen of usable volume.
8. Post- collection, the general accepted chain of custody standards will be followed.
9. Every attempt will be made to keep the collection area limited to only those who are scheduled to participate in the drug testing collection to assist the collectors in controlling the testing area.
10. The student-athlete may leave when they have produced a usable specimen and the ID band is removed.



STUDENT-ATHLETE DRUG AND ALCOHOL PROGRAM

D. OSU Drug Testing Post Collection Procedures

1. Testing personnel will check the roster of scheduled student-athletes and submit the names of student-athletes who did not report to the Director of Athletics or his/her designee and the head coach of the team.
2. Samples are sent via overnight express to the clinical laboratory for analysis.
3. The samples are analyzed by the certified laboratory with the Medical Review Officer (MRO) and/or drug testing coordinator being notified of all results.
4. Medical Review Process
 - a. The MRO will provide administrative review of all documents.
 - b. When a confirmed positive, adulterated substituted or invalid test is received from the laboratory. The MRO must contact the athlete directly through face to face contact or by phone to conduct a medical review.
 - c. MRO must determine whether there is a legitimate alternative medical explanation for a confirmed positive, adulterated, substituted, or invalid test result.
 - d. MRO may direct the split specimen (B bottle) be sent to a separate certified laboratory at the request of the donor. Split specimens are tested using only the confirmatory test(s) needed to reconfirm the primary specimen result(s).
 - e. MRO may consult with the certifying scientist when assistance is needed on problem test results.
 - f. MRO will review and interpret confirmed positive drug test results.
 - g. The MRO will document on the Chain of Custody form, verified results of the drug test(s).
 - h. MRO will report all verified results to the Drug Testing Coordinator.

E. Medical Exceptions

The Department of Athletics recognizes that some banned drugs as well as some drugs tested in our drugs of abuse panel are used for legitimate medical purposes. Accordingly, OSU does allow for exception if there is a documented medical history demonstrating need for regular use of the drug as well as documentation of the prescription information. Medical exceptions will be reviewed on an individual basis but will not be granted unless previously mentioned supporting documentation is received by the medical review officer. [Once a student-athlete tests positive for a drug on the drugs of abuse panel, strict guidelines may be implemented regarding future use of drug requiring advance notification and supporting contemporaneous documentation to the drug testing coordinator. If a student-athlete has subsequent positive test for drug and advance notification has not been received, this would constitute a positive test.]

IV. PROCEDURES FOLLOWING A POSITIVE DRUG TEST FOR DRUGS OF ABUSE AND/OR SUBSTANCE ABUSE OCCURRENCE

A. First Positive

1. The management team consists of the Associate Athletic Director for the assigned sport, medical review officer, drug testing coordinator, intervention coordinator and head coach or his/her designee. The management team will be informed of a positive drug positive test and/or alcohol/substance abuse related offense (e.g., DUI, alcohol related assault, underage possession of alcohol).
2. The student-athlete will be evaluated by the intervention coordinator and a substance abuse counselor approved by the Department of Athletics.
3. The management team will determine a management plan for the student-athlete and will meet with the student-athlete in the program at least once a year to oversee their compliance and monitor their progress.
4. The intervention coordinator will send a quarterly update to the management team about the status of the student-athlete.
5. The student-athlete will be subject to reasonable cause testing as determined by the management team's recommendation.

6. The student athlete who has an alcohol/substance abuse occurrence (DUI, underage possession, etc.) will be subject to more stringent alcohol testing as part of their management plan. Any positive test for alcohol in these student athletes who are under 21 will be deemed a second positive in the program.

B. Second Positive

1. The management team will be informed of the second positive drug test and/or substance abuse occurrence.
2. The student-athlete will be re-evaluated by the intervention coordinator and a substance abuse counselor approved by the Department of Athletics to determine subsequent treatment options.
3. The student-athlete will meet with the management team to discuss any recommended changes to the previous plan that was in place.
4. The student-athlete will be subject to a two-week suspension from all competition at the earliest available time. If the student athlete competes in multiple sports, the suspension will be served in the sport that the positive tests occurred. If the positive tests occurred in more than one sport, the suspension will be served at the earliest available time.
5. Re-instatement to the team will be considered by the Athletic Director or his/her designee in consultation with the management team.
6. The student-athlete will be subject to reasonable cause testing.

C. Third Positive

1. The management team will be informed of the third positive drug test and/or substance abuse occurrence.
2. The student-athlete will be re-evaluated by the intervention coordinator and a substance abuse counselor approved by the Department of Athletics.
3. The student-athlete will meet with the management team for further modification of the management plan.
4. The student athlete who has a 3rd positive test for alcohol will be subject to a 2 week competitive season suspension as well as mandatory enrollment in an alcohol education treatment program as determined by the intervention coordinator in Athletics and the substance abuse counselor approved by the Department of Athletics. Any additional positive tests after this point will result in the same sanction as illicit drugs- one calendar year suspension.
5. The student-athlete who has a 3rd positive test from illicit drugs or an additional substance abuse occurrence will be suspended from all Department of Athletics functions for a minimum of one calendar year. Athletic aid may be cancelled. Re-instatement to the team will be considered by the Athletic Director or his/her designee in consultation with the management team.
6. The student-athlete will be subject to reasonable cause testing.

IMPORTANT NOTE: Failure to comply with the recommendations of the assessment and/or management plan will result in immediate suspension from all team activities and functions and will require meeting with management team to discuss future options. Please note that individual teams may have stricter penalties than OSUDA policy. Each student athlete will be informed of the penalties and sign a form that they understand the penalties associated for positives with their specific team if different than OSUDA policy.



STUDENT-ATHLETE DRUG AND ALCOHOL PROGRAM

V. PENALTIES FOR A POSITIVE DRUG TEST FOR PERFORMANCE ENHANCING DRUGS OR ANABOLIC STEROIDS

A. First Positive

1. The management team as listed above will be notified of a positive drug test for performance enhancing drugs or anabolic steroids.
2. The student athlete will be suspended for the next 25% of competitive season play.
3. The student athlete will be evaluated by the intervention coordinator and drug and substance abuse counselor identified by the Department of Athletics as needed.
4. The management team will determine a management plan for the student athlete and will meet with the student athlete in the program at least once a year to monitor their progress.
5. The student athlete will be subject to reasonable cause testing as determined by the management team's recommendations.

B. Second Positive

1. The management team as listed above will be notified of a positive drug test for performance enhancing drugs or anabolic steroids.
2. The student athlete will lose all remaining eligibility and loss of athletic grant-in-aid.

V. DRUG TESTING APPEAL PROCESS

- A. A student-athlete may appeal either the finding of the presence of a prohibited substance or the sanction imposed as a result of a positive finding.
- B. The appeal of the positive test results must be based upon one of the following:
 1. Evidence of procedural error.
 2. Evidence which refutes the positive finding or a medical exemption per NCAA guidelines.
- C. The appeal of the sanction imposed as a result of a positive finding must be based on one of the following:
 1. Evidence of procedural error.
 2. Evidence which refutes the positive finding.
 3. Evidence that the sanction imposed is unreasonable, harsh or inappropriate.
- D. To appeal either a positive finding or the sanction imposed, the student-athlete must file a written appeal accompanied by all supporting evidence. The appeal must be filed within seven days of notification.

A student-athlete's appeal will be reviewed by an appeal panel. The current panel consists of: John Bruno, Faculty Athletic Representative; Dennis Ehrie, Administrative Director OSU East, Associate Legal Counsel OSU East, and past Administrator for Addiction Medicine at OSU East; and Dennis Alexander PhD, Psychologist, Campus Counseling and Consultation Services. The composition of the panel will be reviewed on a yearly basis. At the appeal, the student-athlete has the right to present their case and present witnesses on their behalf.

The appeal hearing will be conducted within seven working days of receipt of the appeal. The appeal hearing will consist of a review of all available evidence related to the initial finding as well as new evidence or documentation provided by the student-athlete.

The Appeal Panel may:

1. Affirm the initial finding or sanction;
2. Reverse the initial finding or sanction;
3. Recommend retesting or recommend an alternative sanction. The alternative sanction recommended by the Appeals Panel may not be harsher than the initial sanction.

A written copy of the appeal decision will be provided to the student-athlete and the Athletic Director or his/her designee within five working days following the hearing.

VI. ASSESSMENT AND TREATMENT

A. Philosophy

The referral or self-referral of a student-athlete for assessment and/or treatment relating to substance abuse/dependence and related issues stems from an intense concern for the overall health, welfare and development of our student-athletes. Assessment and treatment relating to possible substance abuse/dependence is not intended, and should not be construed as a punitive action. Assessment and treatment of our student-athletes is provided by duly licensed and credentialed health-care professionals, and is regarded as STRICTLY CONFIDENTIAL. Our physicians and other health care consultants work cooperatively in the areas of assessment, treatment, referral and aftercare.

B. Assessment

Assessment of the student-athlete who presents with an alcohol and/or drug abuse/dependence issues will be coordinated by the intervention coordinator. A behavioral plan, which includes expected behaviors, treatment goals and potential consequences, will be developed for each student-athlete. An additional assessment may be completed by a recognized substance abuse treatment facility with results of the assessment given to the intervention coordinator and/or the medical review officer.

1. There are three circumstances by which a student-athlete will be seen by physicians and other health care consultants for assessment of possible substance dependence (or related concerns). These are:
 - a. Referral by the medical review officer or the Director of Athletics or his/her designee following a positive drug test or other documented substance abuse related occurrences; (see section IV - Procedures Following a Positive Drug Test).
 - b. Self-referral: Any student-athlete may refer him/herself for evaluation or counseling by contacting a coach, athletic trainer, team physician, or intervention coordinator. This arrangement is strictly confidential and no team or administrative sanctions are imposed upon the student-athlete who has made a personal decision to seek professional assistance. A treatment plan will be put into place and the student-athlete will not be sanctioned for self-referral, but a student-athlete testing positive after self-referral will be subject to the sanctions outlined in the DA program.
 - c. The team physician, coaching staff, athletic training staff or other staff may refer student-athletes for assessment and counseling as a result of observing specific behaviors or becoming aware of information suggesting the student-athlete may be experiencing difficulty or be at risk for developing an alcohol or substance abuse problem.
2. Student-athletes are referred to the intervention coordinator for case management relating to alcohol and/or drug abuse/dependency issues. Based upon results of the initial assessment, the intervention coordinator working in consultation with the team physician will then make appropriate recommendations with regard to the need for further evaluation, counseling and/or treatment. The student-athlete (and as appropriate, his or her parents or guardians) will be included in each phase of the assessment process.



STUDENT-ATHLETE DRUG AND ALCOHOL PROGRAM

C. Treatment

The management plan is based upon the assessed needs of the student-athlete. The plan will take into account the circumstances surrounding the referral, severity and duration of the presenting and accompanying problem(s), as well as overall (i.e., personal, social, academic, and athletic) functioning. The assessment may be completed by a recognized substance abuse treatment facility. Taking into account these factors, treatment recommendations may involve, but are not limited to, one or more of the following:

1. PERSONAL COUNSELING (including elements of alcohol/drug education) provided through the intervention coordinator, and/or referral to other resource(s) when appropriate. The student-athlete's parents or guardians MAY be included in each phase of the evaluation process.
2. PERSONAL COUNSELING with a mental health professional at a community treatment facility.
2. Referral for treatment/counseling and after care planning to a community based INTENSIVE OUT-PATIENT program. Typically, these programs involve both individual and group counseling, and may include a component of family counseling. Aftercare, an essential component of this treatment program, is coordinated by the intervention coordinator in cooperation with the medical officer and drug testing coordinator.
3. Referral for treatment and aftercare planning to a community based IN-PATIENT TREATMENT facility. Typically, these programs involve intensive individual and group counseling in a residential setting. Additionally, every effort is made to include a component of family counseling in the overall treatment program. While the Department of Athletics has identified several excellent residential treatment programs in the Columbus area, we will work cooperatively with the student-athlete and his/her family in locating and making a referral to a treatment facility closer to the student-athlete's hometown if desired. Aftercare, an essential component of this treatment program, is coordinated through the intervention coordinator in cooperation with the medical officer and drug testing coordinator.

NOTE: If a student-athlete is referred to an IN-PATIENT treatment setting while he/she is enrolled and attending classes, a medical withdrawal can be facilitated on behalf of the student-athlete.



NCAA BANNED DRUGS

The NCAA bans the following classes of drugs:

- Stimulants
- Anabolic Agents
- Alcohol and Beta Blockers (banned for rifle only)
- Diuretics and Other Masking Agents
- Street Drugs
- Peptide Hormones and Analogues
- Anti-estrogens
- Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

- Blood Doping.
- Local Anesthetics (under some conditions).
- Manipulation of Urine Samples.
- Beta-2 Agonists permitted only by prescription and inhalation.
- Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement product, review the product with your athletics department staff!

- Dietary supplements are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- Any product containing a dietary supplement ingredient is taken at your own risk.

It is your responsibility to check with the appropriate athletics staff before using any substance.

Note to Student-Athletes: There is no complete list of banned substances.

Do not rely on this list to rule out any supplement ingredient.
Check with your athletics department staff prior to using a supplement.

Some Examples of NCAA Banned Substances in Each Drug Class

Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, etc.
exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents – (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione)

boldenone; clenbuterol; DHEA (7-Keto); nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

Alcohol and Beta Blockers (banned for rifle only):

alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics (water pills) and Other Masking Agents:

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

Street Drugs:

heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (eg. spice, K2, JWH-018, JWH-073)

Peptide Hormones and Analogues:

growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

Anti-Estrogens :

anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene(ATD), etc.

Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; etc.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, 877-202-0769 or www.drugfreesport.com/rec password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate athletics staff before using any substance.



ADDITIONAL DRUGS BANNED BY OHIO STATE

Drugs which are banned by the OSU DA Policy include the drugs listed below and the drugs listed on the previous pages banned by the NCAA.

Mood-Altering Substances

- 1) Depressants
 - marijuana
 - synthetic cannabinoids
 - alcohol (as written in policy)
 - barbiturates (unless physician prescribed)
 - tranquilizers (unless physician prescribed)
- 2) Stimulants
 - amphetamines
 - cocaine
- 3) Opiates
 - heroin
 - morphine (unless physician prescribed)
- 4) Hallucinogens
 - LSD
 - psilocybin
 - mescaline

Performance Enhancers

- 1) Anabolic Agents
 - testosterone
 - synthetic anabolic steroids
 - growth hormone
 - clenbuterol
 - human chorionic gonadotropin
 - insulin growth factor - 1
- 2) Stimulants
 - amphetamines
 - alpha sympathomimetics (unless physician prescribed)
 - ephedrine, pseudoephedrine, phenylpropanolamine
- 3) Enhancers of Oxygenation
 - erythropoietin
- 4) Masking Agents
 - diuretics/water pills (unless physician prescribed)
 - probenecid (unless physician prescribed)



DEPARTMENT EATING DISORDER POLICY

INTRODUCTION AND PHILOSOPHY

1. The Department of Athletics at The Ohio State University advocates the development of healthy and responsible lifestyles for OSU student-athletes, with the goal of long-term enrichment and enhancement of their lives. Behaviors that threaten a healthy lifestyle include disordered eating.
2. The Department of Athletics recognizes that the manifestations of eating disorders reflect the interaction of biological, psychological, and sociological factors in both the development of eating disorders and their treatment. Student-athletes are at an increased risk of developing or maintaining patterns of disordered eating due to their participation in elite, collegiate sports.
3. The effects of disordered eating can range from mild to severe, depending on the extent of the disorder and the length of time the individual has engaged in such behaviors.

Medically, disordered eating can have short-term and long-term health consequences ranging from an increased risk of sport-related injury, to death. There is a potential for serious consequences in every system of the body.

Psychologically, individuals with an eating disorder have an increased risk of depression and suicide. Eating disorders are often associated with low self-esteem, obsessive thinking, and feelings of isolation.

4. Recovery from eating disorders can be a difficult process that takes time. In general, the greater the duration and frequency of disordered eating, the longer it will take for recovery to occur.
5. Body weight/composition is only one factor contributing to athletic performance, and there is not substantial evidence linking thinness to superior performance.

GOALS

1. To implement an effective multidisciplinary approach to the prevention, identification, and treatment of eating disorders. The treatment team will consist of the sport psychologist, registered dietitian, and team physician.
2. To diagnose and provide treatment plans for student-athletes struggling with eating disorders.
3. To provide medical, nutritional, and/or psychological services to the student-athlete while respecting his or her privacy.
4. To establish an eating disorders management team. This team will consist of the registered dietitian and sport psychologist, as well as the specific physician, athletic trainer, coach, and associate athletic director for each student-athlete. The management team will meet with the student-athlete to oversee his or her compliance with treatment, if necessary.

PREVENTION OF EATING DISORDERS

1. Prophylactic nutritional and psychological education will be provided to sports teams identified as "high risk" for eating disorders. For example:
 - Swimming
 - Running (track and field, cross country)
 - Gymnastics
 - Diving
 - Synchronized swimming
 - Wrestling
 - Crew
 - Field Hockey
 - Cheerleading

Please note: student-athletes from all sports teams are at risk for developing eating disorders.

2. Training and education about eating disorders will be provided for professionals working with student-athletes, including:
 - Coaches
 - Athletic Trainers
 - Strength Coaches
3. Guidelines for coaches:

If a coach wants a student-athlete to modify his or her diet, the coach will refer the student-athlete to the athletic trainer. The athletic trainer works closely with medical staff (physician, dietitian, strength & conditioning coach) and will help the student-athlete to utilize these resources.

Coaches will not weigh student-athletes in group settings. Body weight / composition is private information.

TREATMENT AND INTERVENTION

1. If an athletic department staff member witnesses or has reports of a student-athlete displaying signs or symptoms of an eating disorder (see "Behavioral and Physical Signs of an Eating Disorder"), then he or she is to approach the student-athlete. If a teammate witnesses a student-athlete engaging in disordered eating behaviors, the teammate will be encouraged to approach the student-athlete and to inform a staff member about the observed behaviors. Appropriate confrontation involves an expression of concern that the student-athlete is displaying specific eating behaviors that may interfere with his or her health and athletic performance (see "Approaching a Student-Athlete about Disordered Eating"). The staff member will request that the student-athlete meet with the sport psychologist, registered dietitian, and/or team physician for assessment.
2. If the student-athlete complies with the request for an assessment with members of the treatment team, first the treatment team will determine if the student-athlete has an eating disorder as defined by the DSM-IV (see "Definitions of Eating Disorders").
3. If the treatment team concludes that the student-athlete has an eating disorder, or is in need of medical, nutritional or psychological intervention, then they will develop a treatment plan for the student-athlete. Elements of the treatment plan may include:
 - Required visits with the sport psychologist, registered dietitian, and team physician
 - Attendance of a nutrition and body image support group
 - Weight checks
 - Limitation of physical activities
 - Inpatient treatment referrals
 - Any other intervention as deemed medically or psychologically necessary
4. If the student-athlete does not seek help independently and the disordered eating behaviors continue, the staff member will notify the student-athlete that he or she is referred to the eating disorders management team.
5. The management team will meet with the student-athlete, to oversee his or her compliance with the treatment plan (which will be developed by the treatment team). The student-athlete will be required to sign a contract agreeing to the terms of the treatment plan. If he or she refuses to attend the meeting or to comply with the plan, suspension from sport will result.
6. The treatment team and management team will review the student-athlete cases periodically and provide further intervention as needed.



DEPARTMENT EATING DISORDER POLICY

DEFINITIONS OF EATING DISORDERS

The following definitions are based on the criteria in the Diagnostic and Statistical Manual of Mental Disorders-Fourth Edition (DSM-IV):

Anorexia Nervosa

1. Refusal to maintain body weight at or above a minimally normal weight for age and height (e.g., weight loss leading to maintenance of body weight less than 85% of that expected; or failure to make expected weight gain during period of growth, leading to body weight less than 85% of that expected).
2. Intense fear of gaining weight or becoming fat, even though underweight.
3. Disturbance in the way in which one's body weight or shape is experienced, undue influence of body weight or shape on self-evaluation, or denial of the seriousness of the current low body weight.
4. In postmenarcheal females, amenorrhea, i.e., the absence of at least three consecutive menstrual cycles.

Bulimia Nervosa

1. Recurrent episodes of binge eating. An episode of binge eating is characterized by both of the following:
 - Eating, in a discrete period of time (e.g., within any 2-hour period), an amount of food that is definitely larger than most people would eat during a similar period of time and under similar circumstances.
 - A sense of lack of control over eating during the episode (e.g., a feeling that one cannot stop eating or control what or how much one is eating).
2. Recurrent inappropriate compensatory behavior in order to prevent weight gain, such as self-induced vomiting; misuse of laxatives, diuretics, enemas, or other medications; fasting; or excessive exercise.
3. The binge eating and inappropriate compensatory behaviors both occur, on average, at least twice a week for 3 months.
4. Self-evaluation is unduly influenced by body shape and weight.
5. The disturbance does not occur exclusively during episodes of Anorexia Nervosa.

Eating Disorder Not Otherwise Specified (NOS)

This category is for disorders of eating that do not meet the criteria for any specific Eating Disorder. Examples include:

1. For females, all of the criteria for Anorexia Nervosa are met except that the individual has regular menses.
2. All of the criteria for Anorexia Nervosa are met except that, despite significant weight loss, the individual's current weight is in the normal range.
3. All of the criteria for Bulimia Nervosa are met except that the binge eating and inappropriate compensatory mechanisms occur at a frequency of less than twice a week or for a duration of less than 3 months.
4. The regular use of inappropriate compensatory behavior by an individual of normal body weight after eating small amounts of food (e.g., self-induced vomiting after the consumption of two cookies).

BEHAVIORAL AND PHYSICAL SIGNS OF AN EATING DISORDER

The following list may serve only as a guideline for the recognition of disordered eating behaviors. Any one symptom alone may not indicate an eating disorder. Careful observation and awareness of a student-athlete's behavior will guide identification of an eating problem.

ANOREXIA

Behavioral Signs

1. Reports feeling "fat/heavy" despite low body weight
2. Obsessions about weight, diet, appearance
3. Ritualistic eating behaviors
4. Avoiding social eating situations, social withdrawal
5. Obsession with exercise; hyperactivity – may increase workouts secretly

6. Feeling cold
7. Perfectionism followed by self-criticism
8. Seems anxious/depressed about performance and other events
9. Denial of unhealthy eating pattern – anger when confronted with problem
10. Eventual decline in physical and school performance

Physical Signs

1. Amenorrhea (lack of menstrual periods)
2. Dehydration (not related to workout-competition)
3. Fatigue (beyond expected)
4. Weakness, dizziness
5. Overuse injuries, stress fractures
6. Gastrointestinal problems
7. Lanugo (fine hair on arms and face)
8. Hypotension (low blood pressure)

BULIMIA NERVOSA

Behavioral Signs

1. Excessive exercise beyond scheduled practice
2. Extremely self-critical
3. Depression and mood fluctuations
4. Irregular weight loss/gain; rapid fluctuations in weight
5. Erratic performance
6. Low self-esteem
7. Drug or alcohol abuse
8. Binges or eats large meals, then disappears

Physical Signs

1. Callous on knuckles
2. Dental and gum problems (bad breath)
3. Red puffy eyes
4. Swollen parotid glands (at the base of the jaw)
5. Edema (bloating)
6. Frequent sore throats
7. Low or average weight despite eating large amounts of food
8. Electrolyte abnormalities
9. Diarrhea, alternating with constipation
10. Dry mouth, cracked lips
11. Muscle cramps/weakness

APPROACHING A STUDENT-ATHLETE ABOUT DISORDERED EATING

1. A coach or staff member who has the best rapport with the student-athlete should arrange a private meeting.
2. In a calm and respectful manner, indicate to the student-athlete what specific observations were made that aroused your concerns. Give the student-athlete time to respond.
 - Use "I" statements. (I'm concerned about you because you refuse to eat breakfast or lunch. It worries me to hear you vomiting.)
 - Avoid "You" statements and discussions about weight or appearance. (You are too thin and you have to eat! You're out of control.)
 - Avoid giving simple solutions. (If you'd just eat more, everything would be fine!)
 - Affirm that the student-athlete's role on the team will not be jeopardized by an admission that a problem exists.
3. The student-athlete's reaction may be one of denial or perhaps hostility. Firmly encourage the student-athlete to meet with a professional for an assessment, acknowledging that outside help is often necessary for eating problems and is not a sign of weakness.



EXHAUSTED ELIGIBILITY ATHLETIC GRANT-IN-AID POLICY FOR CERTIFICATION/LICENSURE AND CONCURRENT UNDERGRADUATE/GRADUATE PROGRAMS

This policy is for those student-athletes who have exhausted their eligibility after four years and who 1) need additional course work beyond their undergraduate degree at the graduate or undergraduate level for certification or licensure in their chosen career field or 2) are in a concurrent graduate/undergraduate degree program. The Exhausted Eligibility Athletic Grant-In-Aid is limited to one year of assistance after exhausting competition eligibility. This policy is intended to reward student-athletes with high academic ability and provide them with opportunities to reach their career goals at Ohio State in a similar manner to opportunities for student-athletes at other NCAA Division I institutions. The following is a list of programs that are currently approved for this policy. Additional programs may be approved by verification that they satisfy the required criteria.

- Audiology
- Physical Therapy
- Occupational Therapy
- Social Work
- Speech Pathology
- Teacher Licensure
- Business (concurrent undergraduate/graduate) e.g. MACC
- Engineering (concurrent undergraduate/graduate)
- Medical School – Early Admissions Program (concurrent undergraduate/graduate)
- Dentistry
- Pharmacy

Student-athletes under these circumstances are eligible to receive the same proportion of athletically related financial aid that they received during the preceding academic year and this aid will be provided on a semester basis. The amount of athletic aid awarded will be based on undergraduate school costs, not graduate school costs. For example, if a student-athlete received 40% of a full grant-in-aid during their last year of eligibility and wishes to apply for fifth year aid for an aforementioned graduate program they would be eligible to receive 40% of a full undergraduate grant-in-aid for their fifth year.

To receive the fifth year exhausted eligibility aid the student-athlete must:

- 1) Be accepted into an aforementioned program at The Ohio State University main campus;
- 2) Complete the application for exhausted eligibility grant-in-aid; and
- 3) Enroll full-time (9 hours graduate, 12 hours undergraduate) in their program.

The student-athlete's head coach and athletic academic counselor must support the grant-in-aid request. If supported, the Associate Athletic Director who oversees the sport must approve the request before the compliance office is permitted to process the request.



DEPARTMENT MEDICAL POLICY

WHAT MEDICAL SERVICES ARE AVAILABLE TO STUDENT-ATHLETES?

Medical Services available to student-athletes include annual physicals, evaluation and treatment of injuries, illnesses and other health related problems.

HOW DO STUDENT-ATHLETES GET ACCESS TO HEALTH CARE?

Each team at OSU is assigned an athletic trainer, a physician and to a specific athletic training room. All health related problems and questions should be initially referred to the athletic trainer of the student-athlete's sport. Physician hours in the athletic training rooms vary depending upon the season. Please contact your team athletic trainer for appointments.

WHAT IF A STUDENT-ATHLETE WANTS A SECOND OPINION?

If you have a question concerning the evaluation or management of your problem, please discuss this with your team's supervising athletic trainer and your team physician. If a second opinion is desired, this can be arranged either within the OSU Department of Athletics medical system or with a physician outside the system. Payment for the second opinion will be the responsibility of the student-athlete unless the supervising athletic trainer of your facility deems otherwise.

WHAT IF A STUDENT-ATHLETE NEEDS EMERGENCY CARE?

For medical emergencies, please call the athletic trainer assigned to your sport and if unable to reach them, go to the Ohio State University Hospital Emergency Department and ask that Dr. Chris Kaeding be notified.

WHAT IS THE PAYMENT PROTOCOL FOR MEDICAL SERVICES FOR STUDENT-ATHLETES?

Every bill first goes through the student-athlete's Primary Insurance. (i.e. parent's insurance or personal insurance like Student Health Insurance purchased through OSU). If the bill is athletic related the student-athlete should bring all bills and Explanation Of Benefits to their team athletic trainer, who will delivery to the Athletic Department Insurance Coordinator. If the bill is non-athletic related the student athlete is responsible for paying the remainder of the bill that their primary/secondary insurance does not cover.

WHAT ABOUT INSURANCE COVERAGE?

All Ohio State student-athletes are required to submit health insurance policy information to the Department of Athletics (either on-line, via mail or hand delivered to the Insurance Coordinator located in the Biggs Athletic Training Room.) The student-athlete is often covered under his or her parent's health care plan or Student Health Insurance. University policy requires that all students have health insurance which is usable in Ohio. All international student-athletes must purchase University Student Health Insurance. We gather information on each student-athlete and utilize those health care policies to help cover the athletic related medical expenses incurred by each student-athlete.

IS THERE EYE CARE FOR STUDENT-ATHLETES?

The Department of Athletics utilizes optometrists at The Ohio State University through the College of Optometry and the College of Medicine. All NCAA rules for eye care to student athletes are followed. Varsity student-athletes have the opportunity to utilize the services of an optometrist with the following guidelines:

1. Athletes are permitted one paid eye examination every year to assess vision.
2. If necessary for participation in athletics, the athletes will be provided with an eye examination, contact lens fitting, and a one year supply of contact lenses or sport goggles as deemed appropriate by the optometrist. This benefit will be provided every calendar year. It is the financial responsibility of the student athlete if more contact lenses are needed during the same year.

3. Injuries to the eye follow the same guideline as other injuries to the student-athlete in regards to referrals and method of payment for services.
4. Appointments for eye care will be made ONLY through the insurance coordinator and the certified athletic trainer assigned to your team.
5. Vision insurance information will be provided to consulting optometrist for billing purposes.

IS THERE DENTAL CARE FOR STUDENT-ATHLETES?

The sports medicine program incorporates a team dentist and two student dentists that work with our student-athletes. The Ohio State Department of Athletics follows all rules outlined for dental care by the NCAA. The following are guidelines for dental care for the varsity student-athletes at Ohio State:

- Student-Athletes in NCAA-mandated sports for mouth guard use are fitted for customized mouth guards by the student dentists in the Biggs Facility. The team athletic trainer and student dentists schedule fittings. Many teams incorporate fittings into physical examinations.
- The Department of Athletics will only cover dental costs for dental injuries if the injury is athletic related (i.e. practice, game or conditioning supervised by the coach). If a mouth guard is required, the student-athlete must be wearing a mouth guard or the Department of Athletics WILL NOT pay for treatment.
- Other dental injuries that are not a result of athletic competition (i.e. wisdom teeth, toothache) CANNOT be paid for by the Department of Athletics. Any structural repair or cosmetic work done in addition to emergency care is the financial responsibility of the student-athlete.

WHAT IF A STUDENT-ATHLETE NEEDS SURGERY?

If and when a student-athlete needs surgery, it is extremely important that a staff athletic trainer is notified BEFORE a surgery occurs. The injury must have been sustained during a team practice or competition for the athletic department to financially cover the treatment. No intramural or physical education injuries will be covered. Only varsity Ohio State University student-athletes on a team roster will be covered financially.



CAMPUS VISIT RECRUITING POLICY

The Ohio State University Department of Athletics (OSUDA) is committed to recruiting students with exceptional athletic ability and who demonstrate the ability to achieve academically.

This policy was drafted by the senior athletic staff (Director of Athletics and Associate Directors) and distributed for input to the Faculty Athletics Representative, compliance office, coaches, Student-Athlete Advisory Board, Athletic Council, Associate Legal Counsel for Athletics and the Executive Compliance Committee. After a period of comments and feedback, the policy was forwarded to the University President (CEO) for approval.

After an official visit has been approved by the athletic academic counselor and the sport's appropriate athletic administrator (Director of Athletics or Associate AD), an Official Visit letter will be mailed to the prospect prior to their arrival on campus. A letter will also be sent to their parent(s)/legal guardian(s). The content of the letter will include a re-affirmation of the NCAA five expense-paid visit limit and 48 hour visit rule, the Ohio State University Graduation Rates Disclosure form, the NCAA Banned Drug Classes form and the Buckeye Expectations form (see attachment 2).

GOALS OF THE VISIT

The OSUDA is committed to providing prospective student-athletes (PSA) with a safe and meaningful official/unofficial visit experience when, after 48 hours, the PSA and their parents/legal guardians are able to make an informed decision about The Ohio State University and the athletics program. The OSUDA has long demonstrated a commitment to integrity and compliance as is represented in our core values and mission statement.

The academic assessment is as vital to the recruiting process as the athletic assessment. During the official visit, the head coach will make every attempt to coordinate an academic meeting with the PSA and a Student Athlete Support Services (SASSO) counselor. In addition, when possible, the PSA will also meet with a faculty/academic counselor in the academic area for which they are interested in majoring. When time permits, arranging for a PSA to attend a class with a student-athlete is strongly encouraged.

ROLES AND RESPONSIBILITIES

The head coach is ultimately responsible for all aspects of the PSA's official visit. However, the student host plays an integral part in the visit and must also comply with university, Big Ten Conference and NCAA rules. The NCAA mandates that the student host must be "either a current student-athlete or a student designated in a manner consistent with the institution's policy for providing campus visits or tours to prospective students in general."

The role of the host is to provide the PSA with an experience consistent with the student-athletes currently enrolled at Ohio State. The head coach has discretion in tailoring specific, defined responsibilities of the host (e.g., schedule, class attendance, entertainment, dormitory housing, etc.) and should provide the host with recommendations/suggestions for entertainment activities extended to the prospect.

EXPECTATIONS OF CONDUCT

All student hosts must receive a copy of the "Student Host Instructions" (see attachment 1) prior to the student host assuming any hosting duties. It is the responsibility of the head coach to review host responsibilities and assure that the host and PSA have read, clearly understand and have signed the Host Instructions form. If there are multiple student hosts during a prospect's visit, each host must sign separate Host Instructions forms. The head coach will also give both the host and the

PSA a copy of the instructions to keep with them during the 48 hour visit. In addition, the student host may receive up to \$30 per day to be used for entertaining the PSA. At the conclusion of the visit, the head coach must list all entertainment expenses paid by the student host and attach the list to the official visit form.

During the review with the student host and PSA, the head coach will also reemphasize entertainment policies:

- At no time will the host use or permit the PSA to use alcohol and/or drugs during the visit.
- At no time will the host be involved in arranging for sexual relations for the PSA during the visit.
- At no time will the host engage in or permit the PSA to engage in gambling activities during the visit.
- At no time will the host permit the PSA to attend or be in the presence of strippers/exotic dancers or attend gentlemen's clubs or similar establishments during the visit.
- At no time will the host engage in or permit the PSA to engage in any activity that violates criminal law.

All entertainment of the PSA, on- and off-campus, must be reasonable in nature and must occur within a 30 mile radius of campus. If, at any time, the student host is unable to stop the PSA from engaging in any prohibited behavior, the host must contact the head coach immediately and the head coach must immediately go to the site where the PSA and host are and remove the PSA from the site.

The host must return the PSA back to the place where they are being lodged (e.g., hotel, apartment, dormitory) by 2 a.m. Considering the many entertainment options on- and off- campus, the age of the PSA and the compact schedule of the visit, a 2 a.m. curfew is reasonable.

TRANSPORTATION AND MEALS

Transportation around campus and within a 30 mile radius of campus must be in a university, student host's or coach's vehicle. Student managers are not permitted to transport prospects in their personal or university vehicles unless granted prior approval by the sports administrator. In the event large numbers of prospects are visiting at the same time, alternative modes of transportation must be approved by the Athletic Compliance Office. If Ohio State is providing air transportation, the flight must be via commercial airlines only and cannot exceed coach-class. OSUDA cannot arrange or purchase airline ticket upgrades for a PSA, their parents or legal guardians.

Accommodations and meals must be standard and reasonable. Lodging cannot include special amenities that are not otherwise available generally to all guests. Meals (appetizer, soup/salad, entrée, dessert and drink) cannot exceed \$50 per person. There are many restaurant options in the Columbus community that will provide a nice meal without exceeding \$50 per person. As a guideline, if there is a concern that the restaurant desired may have entrees that will exceed \$30, it is likely that the total cost will exceed \$50 per person and you may want to choose another restaurant. Coaches are prohibited from purchasing and/or consuming alcohol when the PSA and student host are present, even during meals. If the parent or guardian of the PSA wishes to purchase alcohol, they must pay for this separately.



CAMPUS VISIT RECRUITING POLICY

VIOLATIONS OF RECRUITMENT VISIT POLICY

All athletic department staff members, student-athletes and team managers are responsible for reporting potential or known violations of this policy to the appropriate administrator (Director of Athletics, Associate Athletics Director, Compliance office). Violations of this policy by the student host will result in the host, head coach and athletic administrator for that sport (and other appropriate University personnel) reviewing the facts surrounding the alleged violation. The University will then issue an appropriate penalty. Penalties may include, but are not limited to, verbal or written reprimands; loss of practice privileges; suspension from team; reduction, cancellation or non-renewal of financial aid; or permanent dismissal from the team. Violations of this policy by a team's manager will also result in a similar review of the facts surrounding the alleged violation, and University shall determine an appropriate penalty. Penalties may include, but are not limited to, verbal or written reprimands; loss of privileges; suspension from team; reduction, cancellation or non-renewal of aid (if applicable); or permanent dismissal from the team. Violations by a coach or staff member may include, but are not limited to, a letter of reprimand; reduced future salaries or other financial penalties; suspension from coaching duties; termination. Lastly, there may be additional penalties imposed on the recruitment of the involved prospect for a determined period of time.

At the conclusion of each academic year, a report of all violations and imposed sanctions of this policy will be forwarded to the Big Ten Conference office.

AT THE CONCLUSION OF THE VISIT

At the conclusion of each official visit, the head, or recruiting, coach must submit completed official visit forms (see attachment 3) and itemized receipts to the sport's appropriate athletic administrator, for their approval and signature. The form requires a list of all activities in which the PSA participated during their visit, including on- and off-campus activities.



VARSITY PLAYER AWARDS

1. The Director of Athletics or appropriate Associate Director of Athletics may award the Varsity "O" to members of recognized varsity squads using the conditions specified by the Athletic Council in succeeding sections of this rule.
2. Awards shall be made only to players of amateur standing, as defined by the NCAA, who, unless given express prior permission by the Director of Athletics or appropriate Associate Director of Athletics, were at the time of competition representing exclusively The Ohio State University.
3. Awards shall be made only to players maintaining the eligibility requirements.
4. Awards shall be made only upon recommendations of the coach of the sport, concurred on by the Director of Athletics or the appropriate Sport Administrator. Recommendation shall be based on the following standards in varsity intercollegiate participation or achievement.

BASEBALL

Participation in a minimum of one-half of the regularly scheduled contests for a total actual time equal to one-fourth of the season's playing time; or creditable attainment.

BASKETBALL

Participation in a minimum of one-half of the regularly scheduled contests for a total actual time equal to one-fourth of the season's playing time; or creditable attainment.

CREW

Participation as a member of the first varsity eight in any championship regatta; or participation as a member of the second varsity eight winning a medal at a championship regatta; or creditable attainment.

CROSS COUNTRY

Participation as a member of a squad for at least one-half of total meets scheduled; or be a member of the top seven NCAA finalists, or finish in the top 5 of the Big Ten Conference, or creditable attainment.

FENCING

Winning one-third of the bouts entered, in a minimum of one-half of the regularly scheduled meets; scoring in NCAA meet; or creditable attainment.

FIELD HOCKEY

Participation in a minimum of one-half of the regularly scheduled matches; or creditable attainment.

FOOTBALL

Participation in a minimum of one-third of the scheduled games; or a total of one-tenth of the season's combined playing time; or creditable attainment.

GOLF

Participation in a minimum of one-half of the regularly scheduled meets; or creditable attainment.

GYMNASTICS

Score in a minimum of one-half of the regularly scheduled meets; or creditable attainment in the Big Ten Conference or NCAA meet.

ICE HOCKEY

Participation in a minimum of one-half of the regularly scheduled contests for a total actual time equal to one-fourth of the season's playing time; or creditable attainment.

LACROSSE

Participation in a minimum of four of the regularly scheduled contests for a total actual time equal to one-fourth of the season's playing time; or creditable attainment.

PISTOL-RIFLE SHOOTING

Participation in one-half of regularly scheduled matches; placing as individual or team member in a nationally sanctioned shooting match; or creditable attainment.

SOCCER

Participation in a minimum of seven of the regularly scheduled contests for a total actual time equal to one-third of the season's playing time; or creditable attainment.

SOFTBALL

Participation in a minimum of one-half of the contests for a total number of innings equal to one-fourth of the season's playing time; or creditable attainment.

SWIMMING-DIVING

Scoring at least one point in the Big Ten Conference swimming championship or equivalency; or creditable attainment.

SYNCHRONIZED SWIMMING

Participation in a minimum of one-half of the regularly scheduled meets; competing in both stunt and team events; and scoring in two-thirds of these events; or creditable attainment.

TENNIS

Participation in a minimum of one-half of the regularly scheduled matches; or creditable attainment.

TRACK

Scoring in dual or tri-meet events; earn a minimum of ten points in no less than two indoor or outdoor meets; or a minimum of one point in the Big Ten Conference indoor, the Big Ten Conference outdoor, or NCAA meets; or equal or break The Ohio State University record in intercollegiate competition; or creditable attainment. Scoring for invitationals (5 or more teams involved): participation in three-fourths of the meets scheduled; and earn a designated number of points to letter (to be determined by the head coach prior to the season), or score in the Big Ten Conference championship excluding relays, or participation in three-fourths of the meets and qualify for the NCAA nationals; or creditable attainment.

VOLLEYBALL

Participation in a minimum of one-half of the regularly scheduled games; or creditable attainment.

WRESTLING

Participation in a minimum of one-half of the regularly scheduled meets; scoring in the Big Ten Conference meet or the NCAA meet; or creditable attainment.



VARSITY PLAYER AWARDS

SPECIAL AWARDS

1. Special Award: Upon recommendation from the Director of Athletics, the Athletic Council may grant special awards, emblematic of outstanding achievements of individual participants or members of championship teams.
2. Championship Award: Members of championship teams and individual champions shall be awarded championship rings. This ring will be of basic design for all varsity sports with the exception of basketball and football. The ring shall not exceed the price designated by conference rule for championship awards. The ring design shall be made so that shanks can be fitted with plates which depict the proper sport and the level of championship (conference, national-NCAA). The ring base shall be standard in style. Specifications for rings and ring design for sports other than basketball and football are retained by the Department of Athletics.
3. The athletic council may award the honorary varsity "O" in instances of especially meritorious contribution to The Ohio State University athletic program.

SPECIFICATIONS FOR AWARDS

Varsity Awards

First Year of Competition: varsity block "O" jacket

Second Year of Competition: varsity block "O" watch

Third Year of Competition: varsity block "O" blanket

Fourth Year of Competition: varsity block "O" ring

Multiple sport athletes who have lettered in two or more different sports will receive Varsity Awards for their scholarship sport.

SERVICE AWARDS

Upon recommendation of the coach of the activity, and with the concurrence of the Director of Athletics, the Athletic Council may award the Varsity "O" to the managers of the varsity intercollegiate sports. Managers are to receive awards at the end of the sports season when progressive appointments are made.

REPORTING OF AWARDS

At the end of each academic year, all student-athletes must submit an official declaration of all awards received from the NCAA, Big Ten Conference, Ohio State University, or any other outside award. The declaration reports the reason for the award and the item you received. You are required to formally declare the awards you have received EVERY academic year for which you are a member of an Ohio State University athletic team