



2012

WRESTLING CAMPS

CHAMPION BUILDER TRAINING CAMP | June 17 - June 21 (Grades 7 – 12)

Replacing the Team Competition Dual Meet Camp, the Champion Builder Training Camp is designed for middle school and high school students who want to become state champions. Hard drilling, technique sessions and live wrestling make up this training camp. Instead of wrestling one match in a dual meet in an hour, all wrestlers will drill intensely before proceeding to live wrestling. During this process, wrestlers will change partners, therefore experiencing the most live wrestling our camps have ever offered. We encourage coaches to bring their high school and middle school teams to this camp.

YOUTH DAY CAMP | June 18 - June 20 (Grades 1-6)

A camp designed for those who live close enough to commute, this camp will be held in the Ohio State Varsity Wrestling Room. The Youth Day Camp will be divided into two sessions with a lunch break in between. Wrestlers will check in at the facility in the morning with a packed lunch. Parents will pick up their sons after the second session each day and are welcomed to watch any of the sessions. This particular camp is great for children as games are implemented into the training session. Additionally, they are taught the necessary skills to succeed at this level.

TURN AND PIN MAT WRESTLING CAMP | July 15 - 19 (Grades 7-12)

The Turn and Pin Mat Wrestling Camp will focus on mat wrestling, riding and escapes. Although instruction on neutral positions and takedown offense and defense will be provided, the main purpose of the camp will be on the different mat wrestling styles and techniques.

TECHNIQUE CAMP | July 15 - 19 (Grades 7-12)

The Technique Camp is designed for wrestlers with various abilities. Campers will have the opportunity to learn wrestling skills in all three positions – feet, top and bottom. Each skill will be taught incrementally so that every wrestler will be able to grasp each skill.

TAKEDOWN CAMP | July 8 - 12 (Grades 7-12)

With the goal of mastering takedowns, the Takedown Camp will focus on the techniques and drills necessary when in the neutral position. Intensive drilling and repetition combined with takedown tournaments and live situations will enable each camper to improve their skills. Become a Takedown Master like Ohio's elite wrestlers!

HEAVYWEIGHT CAMP | July 8 - 12 (Grades 7-12)

The Heavyweight Camp is designed to meet the needs of athletes who are above 180 pounds. The technical skills covered in this camp are conducive to making an upper weight wrestler successful. Every effort is made to pair campers with a live wrestling / sparring partner who is similar in size, experience and ability. We look forward to implementing the skills, drills, and mental toughness that is necessary for all upper weight wrestlers to win at the highest level. The Buckeyes have some of the elite upper weights in the nation. Enroll now and train alongside America's best. See you in the summer of 2012!

LOU ROSSELLI INTENSIVE CAMP | July 8 - 12 OR July 15 - 19 (Grades 7-12)

Lou Rosselli (United States Freestyle World Team Coach) will work with each camper, teaching them the training methods necessary to become a champion at the highest level. Each camper will have an opportunity for one-on-one instruction with a member of our coaching staff as well as members of the Ohio State wrestling team. This intensive camp system has attracted and helped produce state champions across the nation. If you are ready to make a commitment to your wrestling and want to learn what it takes to win at any level, you need to register for this camp. ***This camp is intended for the serious wrestler. In addition to a great deal of sparring and live wrestling, campers will experience a demanding physical conditioning program.***

LOU ROSSELLI 2-WEEK INTENSIVE CAMP | July 8 - 19 (Grades 7 - 12)

Many times athletes attend a camp, learn great technique and training skills, but fail to implement these skills when they return home. For those wrestlers who truly want to embed these skills for success into their brain, Lou Rosselli now offers 12 days of his intensive camp. Wrestlers will have more time working with world class coaches and wrestlers to hone their skills and techniques and initiate a training program they can continue to apply when they return home.

FATHER/SON ELEMENTARY CAMP | July 13 - 15 (Grades K-6)

This camp is designed for the novice wrestlers who want to experience all that The Ohio State University has to offer. We will cover the basics skills needed for any beginner to improve his wrestling abilities by learning takedowns, escapes and pinning combinations. The kids love this camp as games are implemented into the training sessions. Some games are skill related while others are just for fun. This camp is designed for campers in grades K-6; each camper is permitted to bring one adult to camp. Fathers will be encouraged to participate with learning and teaching technique on the mat and if the camper is staying overnight, stay with them in the dorms. One adult is also welcome to bring more than one camper.

Camps are open to any and all athletes meeting the grade requirements listed for each camp.

DISCOUNTS

Group Discount: Groups of 10 or more will receive a discount of \$15 off of each camper's registration fee. All registrations must be mailed in together; online registrations will not be accepted for the group discount.

USA Wrestling Discount: Campers attending the Champion Builder, Technique, Takedown, Turn & Pin, Heavyweight, and 1-week Intensive Camps who are USA Wrestling members are eligible for a \$25 discount. Campers attending the 2-Week Intensive Camp who are USA Wrestling members are eligible for a \$35 discount. This discount is not available through online registration. Campers must include a copy of their current USA Wrestling ID with the camp registration.

AIRPORT PICKUP

The Ohio State Wrestling Camp will provide a shuttle service to and from the airport for all requests received no later than 1 week prior to camp. The fee for airport transportation is \$30 round-trip. Email picazo.1@osu.edu after registering for camp in order to receive a shuttle info packet. Port Columbus International Airport is only 15 minutes from the Ohio State campus and is also an easy cab ride.

CONSENT FORM

A parent consent form is REQUIRED for all participants. Please complete, sign and send the form with your child to check-in. Do not send the form to us prior to the camp. Campers will not be permitted to participate without this form.

CONFIRMATION

Upon processing of each registration, an initial confirmation notice will be sent by email. "Important Information for Registered Campers" (including a Parent Consent Form) will also be posted on the Buckeye Sports Camps webpage at OhioStateBuckeyes.com/camps by May 25, 2012.

MORE INFORMATION

Buckeye Sports Camps

(614) 247-CAMP (2267)

buckeyecamps@osu.edu



REGISTRATION

Complete a separate registration form for each participant.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (_____) _____

Cell Phone: (_____) _____

Email: _____

Parent/Guardian Name: _____

Parent/Guardian Phone: (_____) _____

School: _____ Grade (as of Fall 2012): _____

Age: _____ Birthdate: _____ Weight: _____

Sex: _____ Skill Level (circle one): **Beginner** Intermediate Advanced

T-Shirt Size (circle one): YS YM YL S M L XL XXL

Roommate Request: _____

I would like to receive further information about Ohio State Wrestling events.

How did you hear about camp (please specify)?

Brochure: _____

Website: _____

E-mail: _____

Magazine: _____

Wrestling Event: _____

Friend/Family

Previous Camper

REFUNDS

A refund less a \$50 administrative fee will be issued for any cancellation received at least 30 days prior to the start of the camp. A refund less a \$100 administrative fee will be issued for any cancellation received at least 14 days prior to the start of the camp. The administrative fee is not refundable for ANY reason.

Because we have to guarantee our number of campers for housing, meals, staff, supplies, and transportation, any cancellation received less than 14 days prior to the start of the camp will not be eligible for any refund except in the case of injury, illness, or mandatory school event, in which case supporting documentation from a doctor or school is required.

A camper who is not eligible for any refund may receive a credit for a future camp in the same sport, less the administrative fee, that is good for one year. A camp fee may not be transferred to any other Ohio State sports camp. A camp fee may be transferred in full to another person attending the same camp provided that the person is already enrolled in the same camp, or, if not enrolled, the same camp is still accepting registrations. A camp fee may not be transferred to any other Ohio State sports camp.

PLEASE CHECK ALL APPROPRIATE AREAS.

CAMP	DATES	DAY	OVERNIGHT
<input type="checkbox"/> Champion Builder Camp	June 17 - 21	<input type="checkbox"/> \$339	<input type="checkbox"/> \$429
<input type="checkbox"/> Youth Day Camp	June 18 - 20	<input type="checkbox"/> \$199	
<input type="checkbox"/> Two Week Intensive Camp	July 8-19	<input type="checkbox"/> \$669	<input type="checkbox"/> \$979
<input type="checkbox"/> One Week Intensive Camp	July 8-12	<input type="checkbox"/> \$339	<input type="checkbox"/> \$429
<input type="checkbox"/> Heavyweight Camp	July 8-12	<input type="checkbox"/> \$339	<input type="checkbox"/> \$429
<input type="checkbox"/> Takedown Camp	July 8-12	<input type="checkbox"/> \$339	<input type="checkbox"/> \$429
<input type="checkbox"/> Father/Son Youth Camp	July 13-15	<input type="checkbox"/> \$250	<input type="checkbox"/> \$325
<input type="checkbox"/> One Week Intensive Camp	July 15 - 19	<input type="checkbox"/> \$339	<input type="checkbox"/> \$429
<input type="checkbox"/> Technique Camp	July 15 - 19	<input type="checkbox"/> \$339	<input type="checkbox"/> \$429
<input type="checkbox"/> Turn & Pin Camp	July 15 - 19	<input type="checkbox"/> \$339	<input type="checkbox"/> \$429
<input type="checkbox"/> Airport Shuttle		<input type="checkbox"/> \$30	

(Email picazo.1@osu.edu after registering for camp in order to receive a shuttle info packet)

TOTAL \$ _____

(Minimum Deposit of \$100 required) AMOUNT PAID* \$ _____

(Balance is due by no later than June 1, 2012) BALANCE DUE \$ _____

* Full payment is due at time of registration if registering online

OPTION 1: Online Registration

To register online, please visit OhioStateBuckeyes.com/camps. (A processing fee will be added to all online registrations.)

OPTION 2: Check or Money Order

Make checks payable to: The Ohio State University

Mail application to: Wrestling Camp
Fawcett Center, 7th Floor
2400 Olentangy River Road
Columbus, OH 43210

To ensure that you receive the confirmation emails and other important communications about camp, please add **Buckeyecamps@osu.edu** to your Safe Senders List.

It is not permissible for boosters to provide expenses for individuals to attend any camps by the Ohio State Department of Athletics. Expenses include but are not limited to: lodging, meals, transportation, and/or camp registration fees.

All cancellation notices must be received by the deadline above and submitted by mail, email, or fax - no phone calls or voicemails. All supporting documentation required for a refund to be approved and processed must be submitted no later than 10 days after the start of camp. Refund requests must be submitted on the Refund Request Form available at OhioStateBuckeyes.com/camps.

Campers who are injured while at camp but remain at camp and do not participate further will not be eligible for any refund.