



Oakland University

2003 Men's Cross Country Team Results

Team Results

| <u>Date</u> | <u>Meet</u> | <u>Finish (OU Score)</u> |
|-------------|--|--------------------------|
| Aug. 30 | Motor City Classic (Bloomer Park, Rochester Hills, Mich.) | Not Team Scored |
| Sept. 6 | Running Fit/Detroit Titan Invitational (Northville, Mich.) | 4th/8 (91) |
| Sept. 13 | Mel Brodt Invitational (Bowling Green, Ohio) | 2nd/6 (39) |
| Sept. 19 | Spartan Invitational (East Lansing, Mich.) | Not Team Scored |
| Oct. 3 | Notre Dame Invitational (Notre Dame, Ind.) | 21st/23 (508) |
| Oct. 17 | Bronco Invitational (Three Rivers, Mich.) | Not Team Scored |
| Nov. 1 | Mid-Continent Championships (Tulsa, Okla.) | 2nd/9 (40) |
| Nov. 15 | NCAA Great Lakes Regional (Terre Haute, Ind.) | 18th/32 (532) |

MOTOR CITY CLASSIC
August 30 • Rochester Hills, Mich.
Bloomer Park • 4 Miles

Team Standings
Not Team Scored

- Individual Top 5**
1. Bill Monnett, Unattached 20:43
 2. **Adam Frezza, Oakland** 20:45
 3. **Jason Bruscha, Oakland** 20:53
 4. Luke Williams, Unattached 21:22
 5. Guy Murray, Unattached 21:22

- Oakland Finishers**
2. Adam Frezza 20:45
 3. Jason Bruscha 20:53
 6. Brandon Fisk 21:35
 8. John Cook 22:05
 13. Mike Withee 22:26
 18. Chris Fecek 22:38
 19. Tim Copacia 22:39

RUNNING FIT/DETROIT TITAN INVITATIONAL
September 6 • Northville, Mich.
Cass-Benton Park • 4 Miles

- Team Standings**
1. Eastern Michigan 28
 2. Wayne State 45
 3. Bucknell 78
 4. **Oakland** 91
 5. Front Line Racing 125
 6. Detroit 180
 7. Canisius 221
 8. Macomb CC 231

- Individual Top 5**
1. Nick Allen, Wayne State 19:51
 2. Gavin Thompson, Eastern Michigan 20:05
 3. **Adam Frezza, Oakland** 20:06

4. Joel David, Eastern Michigan 20:07
5. Steve Crane, Eastern Michigan 20:08

- Oakland Finishers (scoring position)**
3. Adam Frezza (3) 20:06
 6. Jason Bruscha (6) 20:10
 28. Brandon Fisk (25) 21:18
 35. Luke Williams (28) 21:32
 38. John Cook (29) 21:37
 44. Paul Kulisek (32) 21:46
 61. Chris Fecek (40) 22:18
 77. Mike Withee 22:57
 83. Joe Zick 23:49

MEL BRODT INVITATIONAL
September 13 • Bowling Green, Ohio
BGSU Cross Country Course • 8K

- Team Standings**
1. Cincinnati 31
 2. **Oakland** 39
 3. Dayton 58
 4. Ohio 93
 5. Bowling Green 160
 6. IPFW 162

- Individual Top 5**
1. **Adam Frezza, Oakland** 25:08
 2. Taylor Garvin, Cincinnati 25:26
 3. Eric Bair, Cincinnati 25:29
 4. Kevin Tsholl, Dayton 25:38
 5. **Jason Bruscha, Oakland** 25:43.27

- Oakland Finishers (scoring position)**
1. Adam Frezza (1) 25:08
 5. Jason Bruscha (5) 25:43.27
 6. Luke Williams (6) 25:43.87
 14. Paul Kulisek (13) 26:25.21
 15. John Cook (14) 26:25.95
 47. Mike Withee (29) 27:41
 48. Chris Fecek (30) 27:43
 55. Tim Copacia 28:05
 75. Joe Zick 28:52.57



Oakland University

2003 Men's Cross Country Team Results

SPARTAN INVITATIONAL
September 19 • East Lansing, Mich.
Forest Akers Golf Course • 8K

Team Standings

Not Team Scored

Individual Top 5

| | |
|--|---------|
| 1. Tom Greenless, Michigan | 24:35.1 |
| 2. Brian Olinger, Ohio St. | 24:45.7 |
| 3. Chad Theuerkorn, Central Michigan | 24:48.8 |
| 4. Dan Glaz, Ohio St. | 24:51.7 |
| 5. Jason Mueller, Michigan St. | 24:55.1 |

Oakland Finishers

| | |
|-------------------------|---------|
| 8. Adam Frezza | 24:58.9 |
| 30. Luke Williams | 25:46.7 |
| 55. John Cook | 26:25.2 |
| 61. Brandon Fisk | 26:42.2 |
| 82. Chris Fecek | 27:17.2 |
| 94. Mike Withee | 27:38.0 |
| 107. Joe Zick | 28:11.4 |
| 110. Tim Copacia | 28:15.8 |

NOTRE DAME INVITATIONAL (BLUE)
October 4 • Notre Dame, Ind.
Burke Memorial Golf Course • 8K

Team Standings

| | |
|------------------------------|-----|
| 1. Notre Dame | 76 |
| 2. Michigan | 92 |
| 3. Eastern Michigan | 128 |
| 4. Duke | 163 |
| 5. Penn St. | 200 |
| 6. UC Santa Barbara | 213 |
| 7. Alabama | 248 |
| 8. Wisconsin - Oshkosh | 250 |
| 9. Windsor | 252 |
| 10. California | 253 |
| 11. St. Joseph's | 297 |
| 12. St. Francis (Pa.) | 320 |
| 13. North Central Coll. | 323 |
| 14. Southern Utah | 339 |
| 15. Central Michigan | 349 |
| 16. Western Michigan | 388 |
| 17. Youngstown St. | 424 |
| 18. Hillsdale | 465 |
| 19. Truman St. | 488 |
| 20. Mississippi St. | 501 |
| 21. Oakland | 508 |
| 22. South Florida | 553 |
| 23. Western Carolina | 619 |

Individual Top 5

| | |
|---|-------|
| 1. Gavin Thompson, Eastern Michigan | 24:06 |
| 2. Nick Willis, Michigan | 24:26 |

| | |
|----------------------------------|-------|
| 3. Tim Moore, Notre Dame | 24:34 |
| 4. Tom Greenless, Michigan | 24:38 |
| 5. Nick Schneider, Duke | 24:41 |

Oakland Finishers (scoring position)

| | |
|--------------------------------|-------|
| 47. Adam Frezza (45) | 25:34 |
| 99. Luke Williams (97) | 26:06 |
| 120. Jason Bruscha (116) | 26:22 |
| 124. John Cook (119) | 26:25 |
| 137. Brandon Fisk (131) | 26:46 |
| 152. Paul Kulisek (144) | 27:05 |
| 183. Mike Withee (156) | 28:37 |
| 184. Chris Fecek | 29:08 |

BRONCO INVITATIONAL
October 17 • Three Rivers, Mich.
Pine View Golf Club • 8K

Team Standings

Not Team Scored

Individual Top 5

| | |
|---|-------|
| 1. Matt French, Western Michigan | 24:36 |
| 2. Chris Stine, Western Michigan | 24:38 |
| 3. Andy Hahn, Unattached | 24:40 |
| 4. Adam Frezza, Oakland | 24:53 |
| 5. Aaron Nasers, Western Michigan | 25:06 |

Oakland Finishers

| | |
|------------------------|-------|
| 4. Adam Frezza | 24:53 |
| 7. Jason Bruscha | 25:18 |
| 8. Luke Williams | 25:28 |
| 17. Paul Kulisek | 26:06 |
| 19. Brandon Fisk | 26:08 |
| 23. John Cook | 26:24 |
| 30. Ryan DeCook | 26:47 |
| 38. Joe Zick | 27:26 |
| 39. Tim Copacia | 27:29 |

MID-CONTINENT CONFERENCE CHAMPIONSHIPS
November 1 • Tulsa, Okla.
ORU Intramural Fields • 8K

Team Standings

| | |
|---------------------------|-----|
| 1. Southern Utah | 21 |
| 2. Oakland | 40 |
| 3. Western Illinois | 105 |
| 4. Valparaiso | 127 |
| 5. IUPUI | 129 |
| 6. UMKC | 159 |
| 7. Chicago State | 177 |
| 8. Oral Roberts | 215 |
| 9. Centenary | 272 |



Oakland University

2003 Men's Cross Country Team Results

Individual Top 5

| | |
|--|----------|
| 1. Cody Moat, Southern Utah | 24:55.35 |
| 2. Majeed Abudu, Southern Utah | 25:14.37 |
| 3. Adam Frezza, Oakland | 25:18.31 |
| 4. Jason Bruscha, Oakland | 25:29.89 |
| 5. Charles Dequan, Southern Utah | 25:31.42 |

Oakland Finishers (scoring position)

| | |
|------------------------------|----------|
| 3. Adam Frezza (3) | 25:18.31 |
| 4. Jason Bruscha (4) | 25:29.89 |
| 8. John Cook (8) | 25:25.51 |
| 12. Luke Williams (12) | 26:08.97 |
| 13. Brandon Fisk (13) | 26:09.42 |
| 25. Paul Kulisek (25) | 26:42.81 |
| 36. Ryan DeCook (35) | 27:15.73 |
| 45. Joe Zick | 28:09.02 |
| 53. Tim Copacia | 29:16.56 |

NCAA GREAT LAKES REGIONAL
November 15 • Terre Haute, Ind.
Wabash Valley Sports Center • 10K

Team Standings

| | |
|-------------------------------|-----|
| 1. Wisconsin | 72 |
| 2. Michigan | 76 |
| 3. Ohio State | 116 |
| 4. Central Michigan | 131 |
| 5. Indiana | 134 |
| 6. Miami (Ohio) | 141 |
| 7. Butler | 143 |
| 8. Notre Dame | 145 |
| 9. Eastern Michigan | 181 |
| 10. Kent State | 268 |
| 11. Michigan State | 314 |
| 12. Marquette | 370 |
| 13. Cincinnati | 472 |
| 14. Purdue | 481 |
| 15. Western Michigan | 502 |
| 16. Wisconsin-Milwaukee | 506 |
| 17. Youngstown State | 518 |
| 18. Oakland | 532 |
| 19. Toledo | 564 |
| 20. Ball State | 616 |
| 21. Indiana State | 628 |
| 22. Evansville | 635 |
| 23. Ohio | 657 |
| 24. Akron | 666 |
| 25. IUPUI | 740 |
| 26. Wright State | 753 |
| 27. Xavier | 760 |
| 28. Dayton | 781 |
| 29. Detroit | 896 |
| 30. Wisconsin-Green Bay | 913 |
| 31. Valparaiso | 925 |
| 32. IPFW | 932 |

Individual Top 5

| | |
|---|---------|
| 1. Gavin Thompson, Eastern Michigan | 30:12.0 |
| 2. David Mitchell, Miami | 30:37.3 |
| 3. Sean Jefferson, Indiana | 30:41.0 |
| 4. Nathan Brannen, Michigan | 30:43.2 |
| 5. Rob Myers, Ohio State | 30:44.6 |

Oakland Finishers (scoring position)

| | |
|--------------------------------|---------|
| 90. Jason Bruscha (90) | 32:40.9 |
| 99. Adam Frezza (99) | 32:56.8 |
| 103. John Cook (103) | 33:00.5 |
| 111. Luke Williams (111) | 33:05.8 |
| 129. Brandon Fisk (129) | 33:17.7 |
| 165. Paul Kulisek (165) | 34:02.8 |
| 185. Ryan DeCook (185) | 34:48.2 |



Oakland University

2003 Men's Cross Country Individual Results

JASON BRUSCHA

SR. • STERLING HEIGHTS, MICH.

| Event | OU Finish | Overall Finish | Time |
|--------------------|--------------|-------------------|----------|
| Motor City Classic | 2nd | 3rd/35 | 20:53 |
| Detroit Invit. | 2nd | 6th/84 | 20:10 |
| Mel Brodt Invit. | 2nd | 5th/113 | 25:43.27 |
| Notre Dame Invit. | 3rd | 120th/188 | 26:22 |
| Bronco Invit. | 2nd | 7th/54 | 25:18 |
| Mid-Con Champ. | 2nd | 4th/68 | 25:29.89 |
| NCAA Regional | 1st | 90th/217 | 32:40.9 |

JOHN COOK

JR. • ST. CLAIR, MICH.

| Event | OU Finish | Overall Finish | Time |
|--------------------|--------------|-------------------|----------|
| Motor City Classic | 4th | 8th/35 | 22:05 |
| Detroit Invit. | 5th | 38th/84 | 21:37 |
| Mel Brodt Invit. | 5th | 15th/113 | 26:25.95 |
| Spartan Invit. | 3rd | 61st/132 | 26:42.2 |
| Notre Dame Invit. | 4th | 124th/188 | 26:25 |
| Bronco Invit. | 6th | 23rd/54 | 26:24 |
| Mid-Con Champ. | 3rd | 8th/68 | 25:56.51 |
| NCAA Regional | 3rd | 103rd/217 | 33:00.5 |

TIM COPACIA

FR. • SHELBY TOWNSHIP, MICH.

| Event | OU Finish | Overall Finish | Time |
|------------------------|--------------|-------------------|----------|
| Motor City Classic | 7th | 19th/35 | 22:39 |
| Mel Brodt Invit. | 8th | 55th/113 | 28:05 |
| Spartan Invit. | 8th | 110th/132 | 28:15.8 |
| Notre Dame Invit. (JV) | --- | 33rd/47 | 27:55 |
| Bronco Invit. | 9th | 39th/54 | 27:29 |
| Mid-Con Champ. | 9th | 53rd/68 | 29:16.56 |

RYAN DeCOOK

SR. • TROY, MICH.

| Event | OU Finish | Overall Finish | Time |
|----------------|--------------|-------------------|----------|
| Bronco Invit. | 7th | 30th/54 | 26:47 |
| Mid-Con Champ. | 7th | 36th/68 | 27:15.73 |
| NCAA Regional | 7th | 185th/217 | 34:48.2 |

CHRIS FECEK

FR. • ROCHESTER HILLS, MICH.

| Event | OU Finish | Overall Finish | Time |
|--------------------|--------------|-------------------|---------|
| Motor City Classic | 6th | 18th/35 | 22:38 |
| Detroit Invit. | 7th | 61st/84 | 22:18 |
| Mel Brodt Invit. | 7th | 48th/113 | 27:43 |
| Spartan Invit. | 4th | 82nd/132 | 27:17.2 |
| Notre Dame Invit. | 8th | 184th/188 | 29:08 |

BRANDON FISK

SR. • SHELBY TOWNSHIP, MICH.

| Event | OU Finish | Overall Finish | Time |
|--------------------|--------------|-------------------|----------|
| Motor City Classic | 3rd | 6th/35 | 21:35 |
| Detroit Invit. | 3rd | 28th/84 | 21:18 |
| Notre Dame Invit. | 5th | 137th/188 | 26:46 |
| Bronco Invit. | 5th | 19th/54 | 26:08 |
| Mid-Con Champ. | 5th | 13th/68 | 26:09.42 |
| NCAA Regional | 5th | 129th/217 | 33:17.7 |

ADAM FREZZA

JR. • OXFORD, MICH.

| Event | OU Finish | Overall Finish | Time |
|--------------------|--------------|-------------------|----------|
| Motor City Classic | 1st | 2nd/35 | 20:45 |
| Detroit Invit. | 1st | 3rd/84 | 20:06 |
| Mel Brodt Invit. | 1st | 1st/113 | 25:08 |
| Spartan Invit. | 1st | 8th/132 | 24:58.9 |
| Notre Dame Invit. | 1st | 47th/188 | 25:34 |
| Bronco Invit. | 1st | 4th/54 | 24:53 |
| Mid-Con Champ. | 1st | 3rd/68 | 25:18.31 |
| NCAA Regional | 2nd | 99th/217 | 32:56.8 |

PAUL KULISEK

JR.. • WONDER LAKE, ILL.

| Event | OU Finish | Overall Finish | Time |
|-------------------|--------------|-------------------|----------|
| Detroit Invit. | 6th | 44th/84 | 21:46 |
| Mel Brodt Invit. | 4th | 14th/113 | 26:25.21 |
| Notre Dame Invit. | 6th | 152nd/188 | 27:05 |
| Bronco Invit. | 4th | 17th/54 | 26:06 |
| Mid-Con Champ. | 6th | 25th/68 | 26:42.81 |
| NCAA Regional | 6th | 165th/217 | 34:02.8 |



Oakland University

2003 Men's Cross Country Individual Results

LUKE WILLIAMS

JR. • WAYLAND, MICH.

| Event | OU Finish | Overall Finish | Time |
|-------------------|----------------------|---------------------------|-------------|
| Detroit Invit. | 4th | 35th/84 | 21:32 |
| Mel Brodt Invit. | 3rd | 6th/113 | 25:43.87 |
| Spartan Invit. | 2nd | 30th/132 | 25:46.7 |
| Notre Dame Invit. | 2nd | 99th/188 | 26:06 |
| Bronco Invit. | 3rd | 8th/54 | 25:28 |
| Mid-Con Champ. | 4th | 12th/68 | 26:08.97 |
| NCAA Regional | 4th | 111th/217 | 33:05.8 |

MIKE WITHEE

SR. • CLAWSON, MICH.

| Event | OU Finish | Overall Finish | Time |
|--------------------|----------------------|---------------------------|-------------|
| Motor City Classic | 5th | 13th/35 | 22:26 |
| Detroit Invit. | 8th | 77th/84 | 22:57 |
| Mel Brodt Invit. | 6th | 47th/113 | 27:41 |
| Spartan Invit. | 5th | 94th/132 | 27:38.0 |
| Notre Dame Invit. | 7th | 183rd/188 | 28:37 |

JOSEPH ZICK

FR. • DUARND, MICH.

| Event | OU Finish | Overall Finish | Time |
|------------------------|----------------------|---------------------------|-------------|
| Detroit Invit. | 9th | 83rd/84 | 23:49 |
| Mel Brodt Invit. | 9th | 75th/113 | 28:52.57 |
| Spartan Invit. | 6th | 107th/132 | 28:11.4 |
| Notre Dame Invit. (JV) | --- | 31st/47 | 27:52 |
| Bronco Invit. | 8th | 38th/54 | 27:26 |
| Mid-Con Champ. | 8th | 45th/68 | 28:09.02 |