DRUG EDUCATION & TESTING PROGRAM

First and foremost, Central Michigan University (CMU) and its Athletics Department is concerned with the health, safety, and welfare of the student-athletes that participate in its programs and represent the college in competitive athletics. Substance abuse is one of the most important issues facing athletics and society today. The use of illegal drugs, misuse of legal drugs and dietary supplements, use of performance enhancing substances, and inappropriate use of alcohol and tobacco are inconsistent with the standards expected of student-athletes at CMU and pose a substantial health and safety risk to all those involved in intercollegiate practice and competition. Student-athletes and coaches are provided with detailed information on banned substances during compliance meetings, and can request further information from compliance staff at any time. In addition to the health and safety risks, many of these substances are banned by CMU and the NCAA and can result in sanctions that include loss of eligibility and athletics financial aid.

The overall goal of CMU's Drug Education & Testing Program (the “Program”) is to promote a year-round drug free environment in the intercollegiate athletic program.

CMU will achieve this goal by making a commitment to the following objectives:

• To clearly identify legal and illegal substances, which pose a significant health and safety risk to student-athletes;
• To inform and educate student-athletes and others associated with athletics teams about drugs, alcohol, and the effects of their use/abuse; and
• To establish clear policies to test, address, and treat problems and concerns involving student-athletes, related to drug and alcohol use and abuse.

For the purpose of this Policy, a “student-athlete” is any CMU student that participates in any CMU organized intercollegiate athletic competition and/or practice, or whose name appears on any athletic squad list.

This Program is the CMU Drug Education and Testing Program, which is separate and distinct from the NCAA drug-testing program. The NCAA testing program’s sanctions are not the same as those sanctions imposed under this Program; however, any NCAA positive test result will be considered a positive result under this Program. Information regarding the NCAA drug-testing program, protocol and sanctions may be found on the NCAA website at www.ncaa.org.

CMU reserves the right to make changes to this Program as needed. This Program should not be construed to create a contract between student-athletes and CMU.

PROHIBITED SUBSTANCES

Performance Enhancing Drugs: Performance Enhancing Drugs are medically harmful and are expressly prohibited by CMU and the NCAA. State and federal laws also prohibit the sale, distribution, and/or use of many of these substances. Performance enhancing drugs include steroids and other anabolic agents identified on the NCAA Banned-Drug Classes list included in Appendix A or agents used to block/mask detection. Examples of blocking/masking agents are included on the NCAA Banned-Drug Classes list in section (d): Diuretics. Student-athletes who take these substances are not only endangering their own health and safety, but are also jeopardizing the health and safety of student-athletes with whom they participate.

Social Drugs (e.g., street drugs, stimulants, etc.): Social drugs (e.g., marijuana, amphetamines, opiates, ecstasy, etc.) have potential to cause harm and dependence. The use of these drugs may impair performance and reaction time, possibly resulting in injury to the student-athlete or others during an athletic activity. Social drugs are medically harmful and are expressly prohibited by CMU and the NCAA. State and federal laws also prohibit the sale, distribution and/or use of many of these substances. Socially used drugs that are banned by the NCAA and CMU are identified on the NCAA Banned-Drug Classes list included at the end of this handbook. Student-athletes who take these substances are not only endangering their own health and safety, but are also jeopardizing the health and safety of student-athletes with whom they participate. CMU reserves the right to test for
substances not listed on the NCAA Banned-Drug Classes List, and test for substances at cut-off levels that may vary from the NCAA testing protocol.

**Dietary/ Nutritional Supplements:** Central Michigan University and its Athletics personnel will not distribute or encourage the private use of any dietary/nutritional supplements that are not approved by the NCAA for distribution by member institutions. Dietary/nutritional supplements that are non-muscle building and may be purchased and distributed by CMU at any time during the academic year include:

- Vitamins and Minerals
- Energy Bars
- Calorie Replacement Drinks (e.g., Ensure, Boost)
- Electrolyte Replacement Drinks (e.g., Gatorade, Powerade)

Supplements that contain protein may be classified as non-muscle-building supplements as long as they do not contain more than 30 percent of their calories from protein.

Many other dietary/nutritional supplements contain substances that are banned by CMU and the NCAA and pose a substantial health risk to student-athletes participating in intercollegiate athletics. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the dietary/nutritional supplement industry; therefore, purity and safety of dietary/nutritional aids cannot be guaranteed. Impure substances may lead to a positive NCAA drug test. State and federal laws may also prohibit the sale, distribution and/or use of these substances.

Dietary/nutritional substances that are specifically banned by CMU and the NCAA are identified on the NCAA Banned-Drug Classes list included at the end of this handbook. Student-athletes that are taking a dietary/nutritional substance that contains banned substances or are taking permissible substances while not properly supervised by a physician are endangering their own health and safety and the health and safety of student-athletes with whom they participate.

Student-athletes are solely responsible for any substance they elect to ingest. Any dietary/nutritional supplement may contain banned substances, including substances labeled as vitamins/minerals. The discovery of such substances through a drug test will still result in the imposition of sanctions pursuant to this Program. It is the recommendation of CMU that all student-athletes refrain from using any dietary/nutritional supplement without first consulting with the head athletic trainer.

Any student-athlete that has questions about dietary/nutritional supplements is encouraged to contact the Drug Free Sport Resource Exchange Center at [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec). The athletic training staff will provide student-athletes with a password to access the confidential Resource Exchange Center.

**Other Substances:** The NCAA Banned-Drug Classes list (located at the end of this handbook) identifies other substances that are banned. Student-athletes are responsible for understanding that all substances listed on the NCAA banned substance list are also banned by CMU. CMU reserves the right to test for substances not included on the NCAA Banned-Drug Classes List and test for substances at cut-off levels that may vary from the NCAA testing protocol.

**Prescription Medication:** Student-athletes that are taking medications that contain substances that appear on the NCAA Banned-Drug Classes list must provide a documented medical history demonstrating the need for regular use of such substances. Substances designated on the NCAA's Banned-Drug Classes list (located in the Healthy Living section of this handbook) as category (a) Stimulants, (c) Substances Banned For Specific Sports, (d) Diuretics, and (f) Peptide Hormones and Analogues are permitted if student-athletes have a documented medical history demonstrating the need for regular use of such drugs.

**Alcohol:** CMU and its Athletics Department view the use of alcohol to be incompatible with the goals of athletic and academic excellence. Possession and consumption of alcohol by persons under the age of 21 in the State of Michigan is illegal. Accordingly, student-athletes under the age of 21 are expected to abide by State law. Because of the potential to cause harm, student-athletes...
may not consume alcohol prior to practice or competition. Student-athletes are not allowed to participate in practice or competition activities if they have alcohol in their system. Student-athletes are also prohibited from consuming alcohol during University sponsored travel.

Student-athletes that consume alcohol frequently and/or in large quantities run the risk of harming themselves and others while participating in practice and/or competition. If such a risk is identified, the student-athlete will be subject to the sanctions proposed in the Alcohol Policy Sanctions section of this handbook.

**Tobacco:** As defined by the NCAA, the use of tobacco products is prohibited by all game personnel (e.g., coaches, student-athletes, athletics trainers, managers and game officials) in all sports during practice and competition. The use of tobacco products (e.g., cigarettes, cigars, pipes and smokeless tobacco) poses a serious health threat to student-athletes. The U.S. Surgeon General, National Cancer Institute, Centers for Disease Control, and the National Institute for Dental Research do not recommend the use of any tobacco products. Use of such products during practice and competition will result in a student-athlete being subject to this Program’s procedures for identifying, addressing and treating drug and alcohol abuse problems.

**POLICIES TO TEST, ADDRESS AND TREAT STUDENT-ATHLETE DRUG PROBLEMS AND CONCERNS**

**Introduction:** CMU’s policy for drug testing is designed to be fair, to achieve reliability of testing results, and to respect the privacy of the student-athlete. Test results are confidential to the extent permitted by law and will be filed separately from a student-athlete’s medical and academic records. Test results will not be released to anyone except in accordance with this policy and as otherwise required by law.

Student-athletes will receive notice of any amendments to the policy as they occur. These amendments will not take effect retroactively.

**Policies and Sanctions Supplemental to Other Requirements:** These policies and sanctions are in addition and supplemental to any and all policies, procedures, consent forms, rules, codes, requirements, and sanctions allowed and/or required by CMU, the NCAA, the Mid-American Conference, law, or any other legal authority or entity. Student-athletes continue to remain subject to these other requirements.

**Consent And Release As Conditions of Participation:** Participation in intercollegiate athletics at Central Michigan University is a privilege, not a right. As conditions of being permitted to participate in CMU’s athletics program, student-athletes must comply with this policy and all other applicable requirements and procedures, including complying with and consenting to the drug education program, random and reasonable suspicion drug testing procedures and requirements, and signing the Student-Athlete Consent Form indicating their understanding and voluntary consent to these requirements and procedures.

Failure to consent to and/or to comply with the requirements of this Program shall result in ineligibility for or suspension from athletic participation, or termination of eligibility to participate, in intercollegiate athletic participation (i.e., practice and competition) at CMU.

**CMU Drug Testing Components for Banned Substances:** Student-athletes may be selected to participate in any or all drug testing methods defined as follows:

- Random testing for performance enhancing drugs;
- Random testing for social drugs and other substances;
- Reasonable suspicion testing for performance enhancing drugs;
- Reasonable suspicion testing for social drugs and other substances;
- Team Testing.

**Random Testing Procedures:** Randomly selected teams or individuals selected randomly from all student-athletes or a specific team selected by the athletics director may be subject to drug testing at any time during the academic year.
The preferable method will be to assign each team or individual identified on a specific team’s squad list with a number. Student-athletes subject to testing will be required to sign a Student-Athlete Notification Form. After notification, a student-athlete’s failure to appear for a scheduled test will be deemed as a refusal to submit to testing and treated as if the test were positive for a performance enhancing drug. Such student-athletes are also subject to reasonable suspicion drug testing. Individuals on 5th year-aid or medical non-counter also may be randomly tested for illegal/banned substances.

**Team Testing:** An entire team could be subject to drug testing as part of a pre-season health screening or before entry into a NCAA sanctioned championship or bowl game. Pursuant to NCAA rules and regulations, all teams are subject to NCAA drug testing during the academic year and during NCAA championships. In order to ensure the health and safety of student-athletes initially reporting for practice and to ensure student-athletes will not be disqualified from NCAA championships for drug use, CMU is permitted to select and drug test an entire team.

**Reasonable Suspicion Drug Testing and Past Positive Results:** Reasonable suspicion is intended to target situations when there are objective facts or specific occurrences that support the conclusion that a student-athlete may be using prohibited drug substances. Reasonable suspicion may also be triggered by a previous positive test within the preceding twelve months. Reasonable suspicion is based on a common sense conclusion upon which practical people ordinarily rely. These conclusions can be drawn from observed or reliably described human behavior that is determined to be warning signs for possible drug use (e.g., changes in emotional and physical condition and academic/athletics achievement, witnessed drug use, possession, etc.).

All Athletics Department personnel are required, and other persons are encouraged, to report to a student-athlete’s respective head coach, head athletics trainer, sport administrator or athletics director specific facts or observable behaviors that indicate that a particular student-athlete may be violating the policies expressed in this Program. It is a violation of NCAA bylaws if a member of an institution’s athletics department fails to report the knowledge of a student-athlete’s use of banned substances designated on the NCAA Banned-Drug Classes list to the athletics director or head athletics trainer.

All factual information and evidence relevant to a determination of reasonable suspicion must be presented to the athletics director, or designee, in writing utilizing the Reasonable Suspicion Form. The athletics director, or designee, will determine whether the facts are clearly articulated and reasonable. If so, the athletics director, or designee, will submit all relevant facts in writing to a consulting physician, or the head athletics trainer. The athletics director, or designee, will then notify the student-athlete to meet with the Athletic Department's consulting physician, or the head athletics trainer, for an examination and interview. The consulting physician, or the head athletics trainer, will schedule the meeting and will specifically ask if the student-athlete is taking any substance to treat a medical condition and shall record this information in the physician or head athletics trainer’s written record. After the exam and interview, the consulting physician, or head athletics trainer, will then determine whether or not the student-athlete should be subject to an immediate drug test pursuant to the reasonable suspicion policy. The consulting physician, or head athletics trainer, will schedule the date and time of a reasonable suspicion drug test.

**SPECIMEN COLLECTION AND CHAIN OF CUSTODY**

1. A urine sample will be collected for all drug testing methods.
2. Upon notification by the head athletics trainer or consulting physician, the student-athlete must present himself/herself at the specified collection site and at the designated time for testing. Specimen collection will be carried out under the direction of the head athletics trainer or designee. All individuals responsible for specimen collection will be formally trained in the National Center For Drug Free Sport's collection and processing protocol.
3. A third party observer--a CMU employee in or outside the Athletics Department will be required to be present to observe the integrity of the specimen collection process. The third party observer will also be trained in the National Center For Drug Free Sport’s collection and processing
CMU’s Athletics Department will follow all collection and chain of custody procedures prescribed by the National Center For Drug Free Sport.

All testing of urine samples will be conducted by laboratories approved by the Substance Abuse for Mental Health Services Association (SAMHSA).

RESPONSES TO POSITIVE DRUG TESTS

A test confirmed as positive by the laboratory does not automatically identify the student-athlete as having engaged in prohibited drug use. Results will be made available to the head athletics trainer. The head athletics trainer and the Athletics Department’s consulting physician will review the results and if there is a positive drug test, they will notify the student of the positive test result and will set up a meeting for the student-athlete with the head athletics trainer and the athletics director, or designee. At this meeting, the student-athlete may explain findings and/or present evidence of any mitigating circumstances that he/she feels may be important to the outcome of the drug test. The athletics director in consultation with the head athletics trainer will determine whether there is sufficient evidence that the student-athlete has violated the policy. If so, the athletics director will impose the sanctions in 9.4.9.1.

If the laboratory reports a specimen as substituted, manipulated, or adulterated, the student-athlete will be deemed to have refused to submit to the testing and treated as if the test were positive for a banned substance.

Results of tests under these procedures will be released only pursuant to legal requirements and to those individuals with a legitimate need to know. Prior to release of any information or results, CMU’s general counsel will be notified.

SANCTIONS

Each head coach may have team rules and sanctions regarding the use and/or abuse of drugs that may be more stringent than those required by this policy. These team rules may further affect the student-athlete’s eligibility for practice and competition on his/her team.

If a student-athlete refuses to be subject to a drug test, the student-athlete will be treated as if he/she has tested positive for a banned substance and will automatically be assigned sanctions associated with positive tests for performance enhancing drugs.

Student-athletes who test positive for a banned substance or who refuse to submit to a required drug test will be subject to the following sanctions:

Performance Enhancing Drugs:

First Positive Drug Testing:

The student-athlete will be suspended from 10 percent of all regularly scheduled competition (standard rounding rules apply [e.g., \( \geq 1.5 = 2 \) games]) during the current or upcoming playing and practice season and be required to miss a minimum of 30 days of practice and/or competition. If the 10 percent of regularly scheduled competitions does not finish with the end of the season, the suspension will be carried over to the next sport season. Student-athletes will be required to attend all scheduled practices and on-campus competitions to observe. The parents of the student-athlete will be notified. During the time of the suspension and after, the student-athlete shall go through a mandatory counseling and/or treatment program as designated/determined by the athletics director. The suspension may result in the non-renewal of the student-athlete’s athletics scholarship as designated/determined by the athletics director. The student-athlete will not be permitted to return until he/she has had a negative result on a re-entry drug test. The student-athlete will be subject to periodic unannounced drug testing for the duration of their athletic eligibility at CMU.

Second Positive Drug Test:

The student-athlete will be suspended from competition for one calendar year and be required to miss a minimum of 30 days of practice. Student-athletes will be required to attend all scheduled practices and on-campus competitions to observe. The parents of the student-athletes will be notified.
During the time of the suspension and after, the student-athlete shall go through a mandatory counseling and/or treatment program as designated/determined by the athletics director. The suspension may result in the non-renewal of the student-athlete’s athletics scholarship as designated/determined by the athletics director. The student-athlete will not be permitted to return to practice and competition until he/she has had a negative result on a re-entry drug test. The student-athlete will be subject to periodic unannounced drug testing for the duration of their athletic eligibility at CMU.

Third Positive Drug Test:
The student-athlete will be permanently banned from the intercollegiate athletics program at CMU and will not be eligible for reinstatement. The parents of the student-athlete will be notified. This will result in the non-renewal of the student-athlete’s athletics scholarship.

Social Drugs and Other Substances:
First Positive Drug Test:
The student-athlete will be suspended from 10 percent of all regularly scheduled competition (standard rounding rules apply [e.g., \(\geq 1.5 = 2\) games]) during the current or upcoming playing and practice season. If this 10 percent does not finish with the end of the season, the suspension will be carried over to the next sport season. The student-athlete will be required to attend all scheduled practices and on-campus competitions to observe. The parents of the student-athlete will be notified. During the time of the suspension and after, the student-athlete shall go through a mandatory counseling and/or treatment program as designated/determined by the athletics director. The suspension may result in the non-renewal of the student-athlete’s athletics scholarship as designated/determined by the athletics director. The student-athlete will not be permitted to return to competition until he/she has had a negative result on a re-entry drug test. The student-athlete will be subject to periodic unannounced drug testing for the duration of their athletic eligibility at CMU.

Second Positive Drug Test:
The student-athlete will be suspended from 50 percent of all regularly scheduled competition (standard rounding rules apply [e.g., \(\geq 1.5 = 2\) games]) during the current or upcoming playing and practice season and be required to miss a minimum of 30 days of practice. If this 50 percent does not finish with the end of the season, the suspension will be carried over to the next sport season. The student-athlete will be required to attend all scheduled practices and on-campus competitions to observe. The parents of the student-athlete will be notified. During the time of the suspension and after, the student-athlete shall go through a mandatory counseling and/or treatment program as designated/determined by the athletics director. The suspension may result in the non-renewal of the student-athlete’s athletics scholarship as designated/determined by the athletics director. The student-athlete will not be permitted to return to competition until he/she has had a negative result on a re-entry drug test. The student-athlete will be subject to periodic unannounced drug testing for the duration of their athletic eligibility at CMU.

Third Positive Drug Test:
The student-athlete will be permanently banned from the intercollegiate athletics program at CMU and will not be eligible for reinstatement. The parents of the student-athlete will be notified. This will result in the non-renewal of the student-athlete’s athletics scholarship. The athletic director will be responsible for imposing all sanctions. If a student-athlete’s drug use is determined to be egregious, if a student-athlete has demonstrated a behavior that could be harmful to himself/herself or others, or if the student-athlete blatantly refuses to participate in drug testing, the athletics director may impose alternative or more stringent sanctions.

All violations of this policy are cumulative. For example, after an initial violation for use of a social drug, a subsequent offense for use of a performance-enhancing drug will result in sanctions imposed for a second offense for a performance-enhancing drug.

COUNSELING/EDUCATION SESSIONS
If a student-athlete is required to attend and participate in counseling, treatment or education sessions...
as part of a sanction, the student-athlete may be subject to immediate suspension from all team activities if he/she fails to attend and participate in counseling/education sessions. The term and period of the suspension will be defined by the athletics director.

**NCAA POSITIVE DRUG TESTS**

Positive testing results from the NCAA or other outside sports testing agencies will be treated as a positive test obtained under this Program. CMU sanctions will be in addition to any sanctions levied by the NCAA or other sport agencies.

**APPEALS**

A student-athlete may appeal (a) a consulting physician’s determination that a reasonable suspicion exists, (b) a determination of violation of this policy, and (c) the proposed sanctions.

The Appeals Committee will consist of CMU’s Dean of Students or designee, the faculty athletics representative, and the director of Health Services or designee. Two members of the Appeals Committee shall constitute a quorum. If necessary, the third member will review the record of the appeal and cast the deciding vote if two committee members are unable to agree on a decision. The committee will reach a decision within one business day of each appeal and will notify the student-athlete, the athletics director, and the head coach in writing of the decision. The decision of the Appeals Committee is final and may not be appealed.

The Dean of Students or designee will serve as chair of the committee. The student-athlete may attend the appeal process and may be accompanied by an advisor of his or her choice. The advisor may only speak to the student-athlete and may not play an active role in the appeal process. The student-athlete will be given an opportunity to present evidence to support his/her contentions, call his/her witnesses, or cross-examine other witnesses presented by the athletics director or consulting physician.

**Appeal of Reasonable Suspicion:** The student-athlete may appeal the consulting physician’s determination of reasonable suspicion by submitting a written appeal to the athletics director by 4 p.m. the next business day following the determination. The student-athlete must still provide a urine specimen within the period determined by the consulting physician. The specimen will still be sent to The National Center For Drug Free Sport for testing. However, CMU will request that the result be held until the appeal is completed. If the Appeals Committee determines that reasonable suspicion does not exist, CMU will instruct the Center to destroy the results and the sample.

For an appeal of a reasonable suspicion determination, all information presented to the athletics director pertaining to specific facts, events, occurrences, or observed behaviors of the student-athlete will be presented to the Appeals Committee. Information gathered during the consulting physician’s interview and examination of the student-athlete will also be presented to the Appeals Committee. All evidence of a student-athlete’s substance use, including all previous positive tests, will be presented to the Appeals Committee.

If the Appeals Committee determines that there is reasonable suspicion of improper substance use, the student-athlete and athletics director will be informed in writing and the sample will be tested.

If the Appeals Committee determines that there is no reasonable suspicion of improper substance use, the student-athlete will be informed in writing and the sample will be destroyed.

**Appeal of Determination of Violation of the Policy and/or Sanctions:** If the athletics director determines that a student-athlete has violated this policy (based on a positive test result) and if the student-athlete wishes to appeal the determination and/or sanctions, he/she shall submit an appeal in writing to the athletics director by 4 p.m. of the next business day.

For an appeal of determination of a violation of the policy, all information pertaining to the urine collection procedure will be presented to the Appeals Committee. Copies of the chain of custody forms will be submitted to the Appeals Committee, and the Committee shall be informed if a student-athlete refused to sign any testing forms. All evidence of a student-athlete’s substance use, including all past or present positive tests, will be presented to the Appeals Committee.

For an appeal of proposed sanctions, the athletics director or his/her representative shall present to
the Appeals Committee reasons why the sanctions should be imposed. Conversely, the student-athlete may present reasons why the proposed sanctions should not be imposed. All evidence of a student-athlete's substance use, including all past or present positive tests, will be presented to the Appeals Committee.

The Appeals Committee will rule as to whether or not the sanctions imposed shall be upheld or vacated. If the sanctions are vacated, the Appeals Committee must present credible reasons to the athletic director for such decision and make recommendations for lesser sanctions. The athletic director will then impose these sanctions.

All decisions of the Appeals Committee are final and cannot be appealed.

**VOLUNTARY DISCLOSURE/SAFE HARBOR**

1. A student-athlete who has engaged in prohibited drug or alcohol use is encouraged to seek assistance from the Athletics Department by voluntarily disclosing his/her use.

   If the student-athlete seeks assistance prior to being identified as having violated this policy or being notified that he/she must undergo testing, the impermissible use will not be deemed an offense for purpose of determining sanctions under these procedures. A student-athlete will not be permitted to enter the Safe Harbor Program thirty (30) days prior to NCAA or Conference post-season competition.

2. The student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed thirty (30) days, as determined by the treatment plan. However, the student-athlete may not be permitted to return to participation in intercollegiate athletics if the athletics director and the consulting physician determine that there is an associated health risk, and will only return when it has been determined that re-entry into intercollegiate sports is appropriate. The student-athlete will be required to undergo drug and/or alcohol testing as part of the re-entry evaluation.

   Failing to complete the required drug education/counseling program as designated by the athletics director, or having a positive drug test after entering the Safe Harbor Program, or having a positive result on a re-entry drug test will be deemed a second offense under this policy.

3. If the student-athlete regains his/her eligibility to participate in intercollegiate sports, he/she may be required to undergo periodic unannounced follow-up tests for a 12-month period at the discretion of the athletics director and the consulting physician or head athletics trainer.

4. These voluntary safe harbor program provisions apply only one time per student-athlete, and only to the first-time disclosure of personal use of banned substances for the student-athlete himself/herself and not to any other activity or conduct, whether or not related to the personal use disclosed.

It is important to re-affirm that it is a violation of NCAA Bylaw 10.2 if a member of an institution's athletics department fails to report the knowledge of a student-athlete's use of banned substances designated on the NCAA Banned-Drug Classes list to the athletics director or head athletics trainer.

**VIOLATIONS OF LAW OR CMU POLICY**

Student-athletes are required to conduct themselves in accordance with CMU policies and federal, state and local laws.

In addition to subjecting a student-athlete to the procedures and sanctions noted in this Program, a violation, and/or conviction or pleas of guilty or nolo contendere of any of the following may also be deemed by the athletics director, in conjunction with the consulting physician or head athletics trainer, to be an automatic offense under either the drug or alcohol policy, depending on the specific offense:

1. Driving or operating a vehicle under the influence or while impaired and/or other motor vehicle violations involving alcohol or drugs;

2. Public intoxication;

3. Drunk and disorderly conduct;

4. Other violations of local, state or federal law involving alcohol or drugs, including possession;
5. Violations of Central Michigan University’s Student Code of Conduct involving alcohol or drugs;
6. Minor in Possession;
7. Other offenses of equivalent magnitude to any of the above.

In addition, the Athletics Department may suspend a student-athlete from participating in intercollegiate practice and/or competition at CMU or effectuate other appropriate penalties, if charged by law enforcement agency with any of the above, or if the Athletics Department determines that a certain behavior is not appropriate for a student-athlete representing CMU.

**Prospective Student-Athlete:** The requirements that student-athletes follow state, federal and local laws also extend to prospective student-athletes when they visit campus. It should be understood that possession or consumption of alcoholic beverages by individuals under the age of 21 is a violation of Michigan liquor laws (Minor in Possession/MIP). Likewise, it is illegal for anyone to supply alcoholic beverages to persons under the age of 21.

**ALCOHOL POLICY**

To protect the health and welfare of its student-athletes, the Athletics Department does not permit its student-athletes to report to practice or competition after consuming alcohol, or to consume alcohol during University sponsored travel. Student-athletes may be subject to random, and reasonable suspicion breathalyzer tests before practice or competition. If tested positive, .02 or greater, the student-athlete will be withheld from competition or practice.

Student-athletes removed from practice or competition for alcohol use, or student-athletes who are found to have consumed alcohol during University sponsored travel, will be subject to the following sanctions:

**First Offense:**

The student-athlete will be suspended from a single competition. The parents of the student-athlete will be notified. The student-athlete will be evaluated by a consulting physician, or head athletics trainer. If the consulting physician, or head athletics trainer determines the student poses a health or safety risk to himself or others, he/she will be required to participate in mandatory counseling. The student-athlete will be subject to follow up alcohol testing and will not be permitted to return to competition until a consulting physician or head athletics trainer approves his/her participation. The suspension may result in the non-renewal of the student-athlete’s athletics scholarship as designated/determined by the athletics director.

**Second Offense:**

The student-athlete will be suspended from 10 percent of all regularly scheduled competition (standard rounding rules apply [e.g., \( \geq 1.5 = 2 \) games]) during the current or upcoming playing and practice season. If this 10 percent does not finish with the end of the season, the suspension will be carried over to the next sport season. The student-athlete will be required to attend all scheduled on-campus competitions to observe. The parents of the student-athlete will be notified. During the time of the suspension and after, the student-athlete shall go through a mandatory counseling and/or treatment program as designated/determined by the director of athletics. The suspension may result in the non-renewal of the student-athlete’s athletics scholarship as designated/determined by the director of athletics. The student-athlete will be subject to follow up alcohol testing and will not be permitted to return to competition until a consulting physician or head athletics trainer approves his/her participation.

**Third Offense:**

The student-athlete will be suspended from 30 percent of all regularly scheduled competition (standard rounding rules apply [e.g., \( \geq 1.5 = 2 \) games]) during the current or upcoming playing and practice season. If this 30 percent does not finish with the end of the season, the suspension will be carried over to the next sport season. Student-athlete will be required to attend all scheduled on-campus competitions to observe. The student-athlete will be subject to follow up alcohol testing and will not be permitted to return to competition until a consulting physician approves his/her participation. The parents of the student-athlete will be notified. During the time of the suspension and
after, the student-athlete shall go through a mandatory counseling and/or treatment program as designated/determined by the athletics director. The suspension may result in the non-renewal of the student-athlete’s athletics scholarship as designated/determined by the athletics director.

Fourth Offense:
The student-athlete will be permanently banned from the intercollegiate athletics program at CMU and will not be eligible for reinstatement. The parents of the student-athlete will be notified. This will result in the non-renewal of the student-athlete’s athletics scholarship.

The athletics director, or designee, will be responsible for imposing all sanctions. If a student-athlete’s alcohol use is determined to be egregious, if a student-athlete has demonstrated a behavior that could be harmful to himself/herself or others or if the student-athlete blatantly refuses to participate in alcohol testing, the athletics director, or designee, may impose alternative or more stringent sanctions.

A student-athlete may appeal (a) a determination that a reasonable suspicion exists, (b) a positive alcohol test finding, or (c) the proposed sanctions. Such appeals will follow the policies defined in the appeals section of this policy.

Each head coach may have team rules and sanctions regarding the use and/or abuse of alcohol that may be more stringent than those required by this policy. These team rules may further affect the student-athlete’s eligibility for practice and competition on his/her team.