

**Yale Field Hockey  
Outdoor Clinic  
New Haven, CT  
APPLICATION FORM**

**Application Deadline is April 5, 2008**

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

School: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Gr. Yr. \_\_\_\_\_

Position(s): \_\_\_\_\_

Emergency Contact Information

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Emergency Phone #: \_\_\_\_\_

We, the parents of \_\_\_\_\_

consent to authorize the Yale Field Hockey Director to act

on our behalf should an emergency arise, and grant the

permission to authorize medical attention.

Parents' Signature: \_\_\_\_\_

***Cost is \$45 per player***

A \$45 payment must accompany the enclosed application to secure a registration spot. **All payments are non-refundable.** Upon receipt of the payment and application, campers will receive confirmation.

Please make check payable to:  
***Yale Field Hockey***

**Mail application and check to:**  
Tamara Durante  
Yale Field Hockey Clinic  
20 Tower Parkway  
New Haven, CT 06511

*Featuring . . . . .*

**PAM STUPER  
Yale University Head Coach**



Pam Stuper, will enter her fourth season as head coach of the Yale University Field Hockey Program. In her eight seasons as a Yale assistant, the Lancaster native and Hempfield High School graduate, helped lead the Bulldogs to three ECAC Championships in 1998, 2002, and 2003.

Prior to Yale, she was an assistant coach at James Madison University from 1993-1995 seeing the Dukes win the NCAA Championship in 1994.

As a collegiate player, Stuper won three national championships in her four years at Old Dominion University, which included an undefeated 26-0 season in 1991. She was named an All-American in 1990 and 1991. In 1998, Stuper was inducted into the ODU Hall of Fame.

As a nine-year member of the U.S. National Team, Stuper participated in three World Cups ('90, '94, and '98), one Pan-American Games ('95), and two Champion's Trophy Tournaments ('95, '97). She was an alternate for the 1996 U.S. Olympic Team. In the summer of 2004, Stuper was inducted into the United States Field Hockey Hall of Fame.

**Yale Field Hockey Outdoor Clinic  
PHILOSOPHY**

The Yale Field Hockey Clinic is for players to learn and improve their game in a positive hockey environment. We are dedicated to learning and improving each athlete regardless of skill. The environment is filled with enthusiasm and positive energy! Athletes are encouraged to take risks and make mistakes—you can't learn and improve if you don't. Exhibiting class and good sportsmanship is required at all times win or lose. Most importantly, we will have **FUN!** Our goal is for each athlete to leave with a stronger passion for the game.

**TAMARA DURANTE  
Clinic Director**



*Yale University Assistant Coach*  
2005-Present

*Ohio University Asst. Coach*  
2001-2005

*Canadian National Team Manager*  
1997-2001

*University of Alberta*  
1995-2000

- 2 Time National Finalist
- 1 Time National Bronze Medalist

*Quebec Provincial Team*  
1991-1998

- 1991 Junior Quebec Player of the Year
- 1992-'94, '96 Player of the Year

**ABBY OSTRUZKA  
Assistant Director**



*Yale University Assistant Coach*  
2005-Present

*University of Connecticut*  
2000-2005

- Team Captain
- 3 Time Big East Champion
- 2 Time Big East First Team
- Big East Defender of the Year
- First Team All-American
- 2 Time Regional All American
- ESPN Academic All American

**Please contact Tamara Durante  
by phone or email with any questions  
or concerns:  
(203) 432-1479 or  
tamara.durante@yale.edu**

**GO BULLDOGS!**

# Yale Field Hockey ~ Outdoor Clinic Information

## What To Bring:

**Field Players:** mouth-guard, shin-guards, water bottle, cross-trainers for the turf and cleats for the grass.

**Goalkeepers:** Full Equipment, arm protection *highly recommended*, neck guard, and water bottle.



## **General Information**



- Clinic at Yale University Johnson Field, New Haven, CT.
- Open for athletes ranging in levels of ability and between the ages of 10-18.
- Athletes will be divided into groups based on age and/or ability. A goalie coach will instruct all goalkeepers.
- Players will learn basic and advanced individual/team skills and techniques.
- Players will have the opportunity to learn different training techniques used by college athletes ☺
- Players will be instructed by Yale University coaches and players.
- Sessions will be conducted on AstroTurf and/or grass
- Medical Care will be provided by a certified athletic trainer.

 **Please feel free to copy the application form for additional athletes.**

## Yale Field Hockey Outdoor Clinic Schedule

*\* Registration will be held from 12:30-1:00pm @ Johnson Field \**

**SESSION** 1:00-3:00pm

Individual and Team Skills/Techniques

Shooting and Game Play 3:00-4:00 pm

*Cost is \$45 per player (Includes a clinic t-shirt)*

**Payments must be made in full when submitting the registration form.**

**ENROLLMENT:** To ensure quality instruction for each athlete, enrollment will be limited. Applications will be accepted in the order received.

## Directions to Johnson Field

### **From Merritt and Wilbur Cross Parkways:**

Take Exit #57 (Route 34 East)  
Follow signs to the Yale Bowl Complex  
Take a left onto Central Ave.  
Take your first left onto a service road, just after the soccer field  
Johnson Field is in the back on your right

### **From Interstate 91 Southbound:**

Take Exit 1 (Downtown) and follow 34 signs  
Follow signs to the Yale Bowl Complex  
Continue on Route 34/Derby Ave.

Take a right onto Central Ave.

Take your first left onto a Service Road, just after the soccer field  
Johnson Field is in the back on your right

### **From Interstate 95 Southbound:**

Take Exit 45 Route 10- bear right off of exit  
Continue straight on 10- following Yale Bowl signs onto Ella T Grasso Blvd.

*Follow Directions Below at Ella T Grasso Blvd:*

**195 Northbound:** Take Exit 44 Route 10- bear right off of exit

Take a left onto Ella T Grasso Blvd.

Take a left onto Derby Ave.

Take a right onto Central Ave.

Take your first left onto a Service Road, just after the soccer field  
Johnson Field is in the back on your right.

# Yale Field Hockey

## Outdoor Clinic

### **Pam Stuper**

Head Coach, Yale University  
1996 U.S. Olympic Squad  
Nine-Year National Team Veteran

### **Tamara Durante**

Assistant Coach, Yale University  
Goalkeeper Coach

### **Abby Ostruzka**

Assistant Coach, Yale University  
1<sup>st</sup> Team All-American  
*Graduate of Greenwich High School, CT*

## **Yale Field Hockey Outdoor Clinic**

**April 13, 2008  
1:00pm – 4:00pm**

**At Yale University's  
Johnson Field**