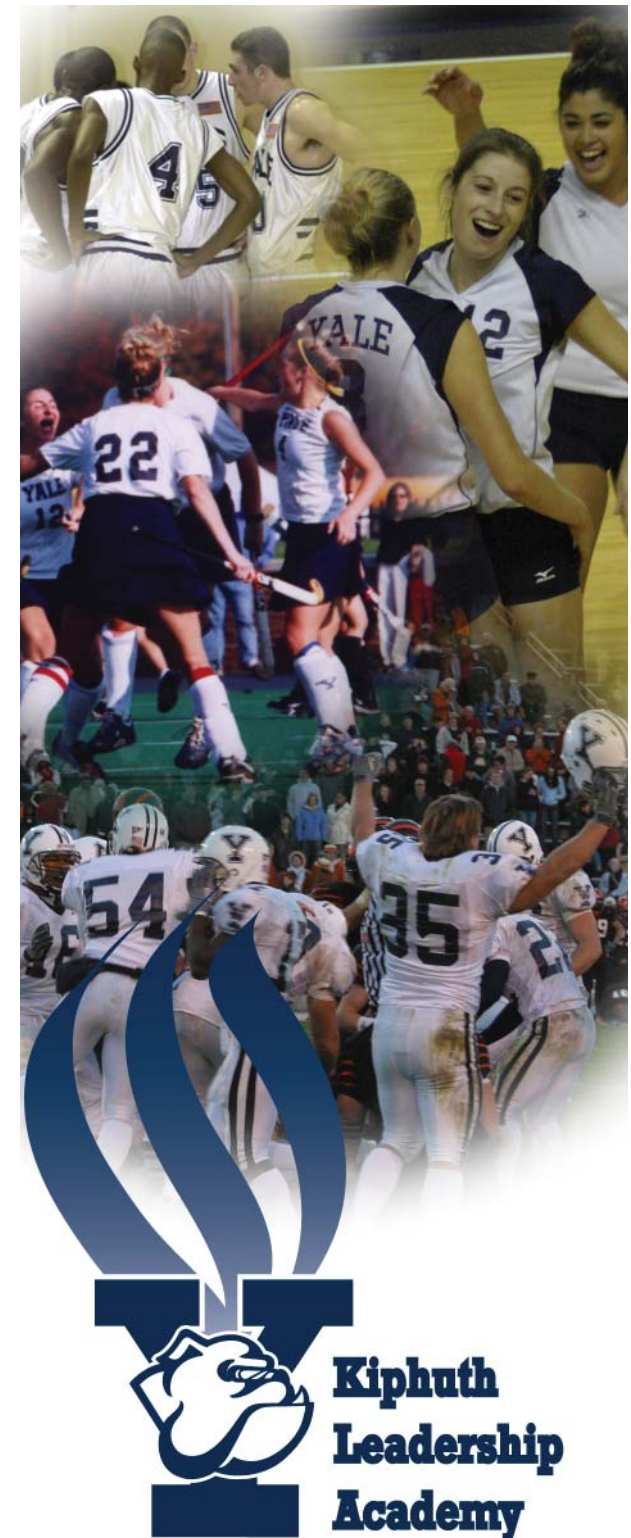




The 2006 - 2007 Yale Captains



Special Recognition

Those student-athletes completing the requirements of the Kiphuth Leadership Academy will be recognized for their commitment to becoming effective leaders. Each participant will receive a program certificate.

Outstanding recognition can be achieved through the Three Dimensional 360 degree feedback evaluation tool.

Welcome to Yale Athletics and the Kiphuth Leadership Academy

The Kiphuth Leadership Academy, named in honor of legendary Yale swimming coach, Robert J. Kiphuth, develops Yale student-athletes and coaches to be world-class leaders in athletics, academics, and life.

This cutting edge academy uses a three-tiered format targeting both emerging leaders and veteran leaders on Yale's varsity athletics teams. Partnered with Yale's coaching staff, student leaders work closely with peer groups to learn, develop and practice skills associated with successful leadership qualities. The Kiphuth Leadership Academy is co-directed by Jeff Janssen, a nationally-prominent expert on sports leadership and the athletic administration at Yale.

First Year Leaders Program Tier One

The First Year Leaders Program is the initial phase of the Kiphuth Leadership Academy. First-year student-athletes learn personal leadership skills to effectively lead themselves while managing the transition from high school to the college level.

The First year student-athletes in the program will:

- Learn to effectively lead themselves as part of a new athletic team;
- Ease the transition from high school to college athletics;

- Actively engage in social connections across sport teams;
- Develop an understanding of leadership skills.

First-year student-athletes are encouraged to attend four meetings throughout the academic year that focus on the four elements of the program listed above. These meetings provide educational information, a supportive environment and small group discussions. Upperclass student-athletes may serve as peer mentors and discussion leaders. Special focus is on responsibility, accountability, making good choices, ethics and character building.

Emerging Leaders Program Tier Two

Open to all student-athletes in their sophomore year at Yale, the Emerging Leaders Program is designed to provide future leaders with insights, strategies and skills necessary to become effective leaders. This program will help to create solid leaders by example and set the stage for further development as vocal leaders for their teams.

Emerging leaders will learn to support the philosophy and goals of current veteran team leaders and captains and coaches.

Requirements for becoming an Emerging Leader: One page application to be completed by applicant and signed by your coach. Application form and instructions available online at <http://yalebulldogs.cstv.com/athleteservices/kiphuth.html>. Attend and participate in four of the six programs offered during the academic year. The meetings will take place in the evenings and usually last 75-90 minutes.

Veteran Leaders Program Tier Three

Open to all student-athletes in their junior and senior years at Yale. The Veteran Leaders Program will build on those skills learned in the sophomore year. The program provides advanced training and support necessary to be an effective vocal leader. Veteran leaders are taught proven strategies and insights to manage team building initiatives, handle individual or team conflicts, while learning to be a respected and responsible team leader. The program offers veterans a chance to discuss and learn from other team leaders and to share in successes, lessons and networking. Elected team captains are especially encouraged to take part in the Veteran Leaders Program.

Requirements for becoming a Veteran Leader: One page application to be completed by applicant and signed by your coach. Application form and instructions available online at <http://yalebulldogs.cstv.com/athleteservices/kiphuth.html>. Attend and participate in four of the six programs offered during the academic year. The meetings will take place in the evening and usually last 75-90 minutes.

