



2011 Xavier Volleyball

2011 Schedule and Results

August

26	vs. Lipscomb #	W, 3-0
	vs. Central Arkansas #	W, 3-0
27	at Houston #	L, 3-0

September

2	vs. Quinnipiac \$	W, 3-0
3	vs. VCU \$	W, 3-0
	at Maryland \$	L, 3-0
9	at Western Kentucky (RV) %	L, 3-1
	vs. LSU (RV) %	W, 3-2
10	vs. Wake Forest %	W, 3-1
16	vs. Texas A&M (RV) ^	W, 3-2
	at No. 18 Michigan ^	L, 3-1
17	vs. Toledo ^	L, 3-2
20	vs. Wright State	W, 3-0
23	vs. Temple *	W, 3-0
24	vs. La Salle *	W, 3-0
30	vs. Duquesne *	W, 3-0

October

1	vs. Saint Louis *	W, 3-1
7	at Charlotte *	W, 3-0
9	at George Washington *	L, 3-2
14	at Dayton (RV) *	L, 3-1
21	at Fordham *	W, 3-0
22	at Rhode Island *	L, 3-1
25	at Cincinnati	L, 3-1
28	vs. George Washington *	W, 3-0
30	vs. Rhode Island *	W, 3-0

November

4	vs. Dayton (RV) *	W, 3-2
6	at La Salle *	W, 3-0
11	at Saint Louis *	L, 3-1
13	at Temple *	W, 3-0
18	vs. No. 3 Saint Louis	W, 3-1
19	vs. No. 1 Dayton (RV)	L, 3-1
26	vs. Lipscomb	2 p.m.

All times Eastern/Dates & times subject to change

Bold - Denotes home match played at Cintas Center

- Flo Hyman Collegiate Cup

\$ - Maryland Invite

% - Western Kentucky Tournament

^ - Michigan/adidas Invitational

* - Atlantic 10 Conference match

& - Atlantic 10 Championship (Dayton, Ohio)

COMING UP:
Final Home Match
November 26
Cincinnati, Ohio | Cintas Center



XAVIER
MUSKETEERS
20-11 OVERALL
11-4 ATLANTIC 10

VERSUS

LIPSCOMB BISON

(20-9, 11-2 Atlantic Sun)
 Series: Tied 1-1

Last: XU defeated Lipscomb in its first match of the season in a 3-0 sweep at the Flo Hyman Collegiate Cup on 8-26-11



2011 Season Statistics

No.	Player	Pos.	Cl.	Ht.	K/S	D/S	A/S	B/S
3	Alex Blair	OH/MB	Rs.Fr.	6-2	1.51	0.44	0.02	0.61
5	Kathryn Traut	MB	Sr.	6-1	0.96	0.22	0.00	0.48
6	Michelle Matia	MB	Sr.	6-1	1.82	0.43	0.10	1.06
7	Stephanie Vorherr	L	Jr.	5-9	0.05	4.28	0.92	0.00
9	Kelsey Dunaway	OH	So.	5-10	2.35	0.74	0.03	0.39
10	Aubree Smith	S	Fr.	6-1	1.02	1.93	10.45	0.54
11	Amé White	OH	Jr.	5-9	1.61	0.79	0.10	0.69
12	Alex Smith	MB	R-So.	6-1	2.28	0.54	0.05	0.93
13	Kaela Jo Freppon	S/OH	Jr.	5-11	0.68	1.79	0.22	0.10
14	Elizabeth Lucich	OH/MB	Jr.	6-0	0.14	1.09	0.06	0.01
16	Kaleigh Rougraff	DS/L	Jr.	5-8	0.80	2.71	0.30	0.10
18	Sarah Brown	OH	So.	5-9	3.42	3.04	0.30	0.33
19	Kelly Westerkamp	OH	Fr.	5-10	0.26	1.04	0.04	0.00

Sports Information

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* All information is current as of Nov. 22



2011 XAVIER VOLLEYBALL

2011 Xavier Volleyball Roster

ALPHABETICAL

No.	Name	Yr.	Pos.	Ht.	Hometown/Previous School
3	Alex Blair	Rs Fr.	OH/MB	6-2	Dublin, Ohio/Dublin Coffman
18	Sarah Brown	So.	OH	5-9	Mineral City, Ohio/Tuscarawas Valley
9	Kelsey Dunaway	So.	OH	5-10	Louisville, Ky./Sacred Heart
13	Kaela Jo Freppon	Jr.	S/OH	5-11	Cold Spring, Ky./Newport Central Catholic
14	Elizabeth Lucich	Jr.	OH/MB	6-0	Carmel, Ind./Carmel
6	Michelle Matia	Sr.	MB	6-1	Westlake, Ohio/Magnificat
8	Emily Mayers	Sr.	MB	6-0	Fort Wayne, Ind./Bishop Dwenger
17	Lauren Metzger	Fr.	DS/L	5-6	Tonawanda, N.Y./North Tonoawanda
16	Kaleigh Rougraff	Jr.	DS/L	5-8	Indianapolis, Ind./Cathedral
12	Alex Smith	Rs. So.	MB	6-1	St. Louis, Mo./Cor Jesu
10	Aubree Smith	Fr.	S	6-1	St. Louis, Mo./Cor Jesu
5	Kathryn Traut	Sr.	MB	6-1	Pittsburgh, Pa./Mt. Lebanon
7	Stephanie Vorherr	Jr.	DS/L	5-9	Cincinnati, Ohio/Mother of Mercy
19	Kelly Westerkamp	Fr.	OH	5-10	Kettering, Ohio/Alter
11	Amé White	Jr.	OH	5-9	Salt Lake City, Utah/Murray/Salt Lake CC

NUMERICAL

No.	Name	Yr.	Pos.	Ht.	Hometown/Previous School
3	Alex Blair	Rs Fr.	OH/MB	6-2	Dublin, Ohio/Dublin Coffman
5	Kathryn Traut	Sr.	MB	6-1	Pittsburgh, Pa./Mt. Lebanon
6	Michelle Matia	Sr.	MB	6-1	Westlake, Ohio/Magnificat
7	Stephanie Vorherr	Jr.	DS/L	5-9	Cincinnati, Ohio/Mother of Mercy
8	Emily Mayers	Sr.	MB	6-0	Fort Wayne, Ind./Bishop Dwenger
9	Kelsey Dunaway	So.	OH	5-10	Louisville, Ky./Sacred Heart
10	Aubree Smith	Fr.	S	6-1	St. Louis, Mo./Cor Jesu
11	Amé White	Jr.	OH	5-9	Salt Lake City, Utah/Murray/Salt Lake CC
13	Kaela Jo Freppon	Jr.	S/OH	5-11	Cold Spring, Ky./Newport Central Catholic
12	Alex Smith	Rs. So.	MB	6-1	St. Louis, Mo./Cor Jesu
14	Elizabeth Lucich	Jr.	OH/MB	6-0	Carmel, Ind./Carmel
16	Kaleigh Rougraff	Jr.	DS/L	5-8	Indianapolis, Ind./Cathedral
17	Lauren Metzger	Fr.	DS/L	5-6	Tonawanda, N.Y./North Tonoawanda
18	Sarah Brown	So.	OH	5-9	Mineral City, Ohio/Tuscarawas Valley
19	Kelly Westerkamp	Fr.	OH	5-10	Kettering, Ohio/Alter

COACHES AND STAFF

Head Coach:	Mike Johnson, 2nd Season (Washington, 2003)
Assistant Coach:	Sammi McCloud, 1st Season (Saint Louis '10)
Assistant Coach:	Claire Paszkiewicz, 1st Season (Xavier '11)
Volunteer Asst. Coach:	Ben Rottinghaus, 11th Season (Indiana, 2000)



ROSTER BREAKDOWN

BY STATE

Indiana (3)	----- Liz Lucich Emily Mayers Kaleigh Rougraff
Kentucky (2)	----- Kelsey Dunaway Kaela Jo Freppon
Missouri (2)	----- Alex Smith Aubree Smith
New York (1)	----- Lauren Metzger
Ohio (5)	----- Alex Blair Sarah Brown Michelle Matia Stephanie Vorherr Kelly Westerkamp
Pennsylvania (1)	----- Kathryn Traut
Utah (1)	----- Amé White

BY CLASS

Seniors (3)	----- Michelle Matia Emily Mayers Kathryn Traut
Juniors (6)	----- Kaela Jo Freppon Liz Lucich Kaleigh Rougraff Alex Smith (R-So) Stephanie Vorherr Amé White
Sophomores (3)	-- Alex Blair (R-Fr) Sarah Brown Kelsey Dunaway
Freshmen (3)	----- Lauren Metzger Aubree Smith Kelly Westerkamp

BY POSITION

DS/L (3)	----- Lauren Metzger Kaleigh Rougraff Stephanie Vorherr
Middle Blockers (4)	-- Michelle Matia Emily Mayers Alex Smith Kathryn Traut
Outside Hitters (6)	----- Alex Blair Sarah Brown Kelsey Dunaway Liz Lucich Kelly Westerkamp Amé White
Setters (2)	----- Kaela Jo Freppon Aubree Smith

PRONUNCIATION GUIDE

No.	Name	Pronunciation
14	Liz Lucich	LOU-sich
6	Michelle Matia	MUH-tie-ah
8	Emily Mayers	MAY-ers
AC	Claire Paszkiewicz	PASS-kuh-witz
16	Kaleigh Rougraff	ROO-graff
10	Aubree Smith	AH-bree
7	Stephanie Vorherr	VORE-hair
11	Amé White	AH-may

2011 XAVIER VOLLEYBALL

MUSKETEER VOLLEYBALL

Head Coach: Mike Johnson
Alma Mater: Washington '03
Xavier Record (Years): 39-20 (2)
A-10 Record (Years): 23-7 (2)
Career Record: 57-28 (2)
Asst. Coach: Sammi McCloud
Alma Mater: Saint Louis '10
2010 Overall Record: 20-10
2010 A-10 Record/Finish: 12-3/2nd
2010 A-10 Tourn. Record/Finish: 1-1/Finalist
2010 Postseason: N/A
Letterwinners returning/lost: 9/4
Starters returning/lost: 3 + libero/3
Newcomers: 4
A-10 Reg. Season/Tourn. Titles: 2/1

THE UNIVERSITY

Location: Cincinnati, Ohio
Founded: 1831
Enrollment: 7,000
Nickname: Musketeers
Colors: Navy Blue, Gray and White
Conference: Atlantic 10
President:
 Michael J. Graham, S.J. (Cornell '75)
Affiliation: NCAA Division I
Home Court: Cintas Center
Capacity: 10,250
Athletic Director:
 Mike Bobinski (Notre Dame '79)
Dir. of Athletic Dev./VB Administrator:
 Becky Jackson (Northern Kentucky '04)

SPORT INFORMATION

Sports Info. Director: Tom Eiser
Volleyball Contact: Jessica Souto
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Website: www.GOXAVIER.com
Media Interviews: All interviews with players or members of the coaching staff must be arranged through Jessica Souto and the Xavier sports information office. No interviews will be granted on matchday until competition is over.



First Serve:

• The Musketeers will close out the 2011 home season at 2 p.m. when they play host to the Lipscomb Bison. Follow @XavierVball or @XavierGameDay on Twitter or GameTracker for live updates on the match.

About the Musketeers

Xavier (20-11, 11-4 A-10) finished in second place at the 2011 Atlantic 10 Volleyball Championships after suffering a heartbreaking 3-1 loss at the hands of the host Dayton Flyers. **Sarah Brown, Amé White** and **Aubree Smith** were named to the All-Tournament Team.

Brown had the second-most kills/set at the A-10 Championships notching 4.00 kills/set to go with her 4.12 digs/set and 4.19 points/set. White had the third-most blocks in the field at 1.25 (10 assisted blocks). Smith had 10.62 assists/set, while sister **Alex Smith** had the most blocks in the tournament at 1.62 blocks/set (13 assisted blocks).

About Lipscomb

The Bison (20-9, 11-2 A-Sun) will be heading to the 2011 NCAA Tournament after winning its third-straight Atlantic Sun Championship with a sweep over Belmont.

Kaycee Green, Lauren Ford and Katie Rose are all average over 3.15 kills/set to lead Lipscomb offensively. Setting has been split between Abby Fay (7.04 assists/set) and Caitlin Dotson (4.80 assists/set). Defensively, Stephanie Rex passes 3.79 digs/set, while Rose blocks 0.82 blocks/set.

Musketeers' Record When:

Overall.....	20-11
Atlantic 10.....	11-4
Playing at home	8-0
Playing on the road.....	4-9
Playing at neutral site	8-2
Match went three sets.....	14-2
Match went four sets.....	4-6
Match went five sets	2-3

FINAL 2011 STANDINGS

	Conference			Overall		
	W	L	PCT	W	L	PCT
1. Dayton	14	1	.933	24	6	.800
2. Xavier	11	4	.733	20	11	.645
3. Saint Louis	10	5	.667	15	12	.556
4. George Washington	9	6	.600	20	10	.667
5. Duquesne	8	7	.533	19	13	.594
6. Rhode Island	7	8	.467	15	15	.500
7. Charlotte	7	8	.467	13	14	.481
8. Temple	4	11	.267	8	20	.286
9. Fordham	4	11	.267	7	23	.233
10. La Salle	1	14	.067	6	27	.182

2011 XAVIER VOLLEYBALL

AVCA DI Coaches Top 25 Poll (Week 12: November 21)

	Total Pts	W-L
1. Southern Cal.....	1488	24-4
2. Nebraska.....	1424	23-3
3. Hawai'i.....	1289	26-1
4. UCLA	1229	24-5
5. Texas.....	1215	20-4
6. Stanford.....	1180	21-6
7. Illinois.....	1062	25-4
8. Purdue.....	1041	25-4
9. Penn State.....	1023	21-7
10. California.....	987	25-6
11. Washington.....	934	21-7
12. Northern Iowa.....	878	30-1
13. Oregon.....	807	20-8
14. Iowa State.....	763	22-4
15. Tennessee	686	26-3
16. Kentucky	560	26-4
17. Florida.....	541	23-5
18. Pepperdine	519	21-6
19. Minnesota	364	16-11
20. San Diego.....	328	27-4
21. Florida State.....	297	24-5
22. Michigan.....	201	19-11
23. Long Beach State ..	174	20-6
24. Western Kentucky ..	108	31-3
25. Miami (Fla.)	75	24-4
Others Receiving Votes: Colorado State 58; Texas A&M 52; Ohio State 42; Dayton 29; Michigan State 29; Tulsa 29; Arizona 24; Northern Illinois 15; Duke 13; Cincinnati 11; Kansas State 11; Oregon State 5		

Two teams mentioned on only one ballot for a total of nine combined points

XU Volleyball Double-Doubles

Sarah Brown (7)

9/9	LSU (RV)	22K/22D
9/10	Wake Forest	17K/16D
10/25	Cincinnati	11K/13D
11/4	Dayton (RV)	23K/29D
11/11	Saint Louis	12K/22D
11/19	Saint Louis	19K/17D
11/20	Dayton (RV)	13K/16D

Stephanie Vorherr (1)

9/9	Western Kentucky	12A/15D
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Kaleigh Rougraff (2)

10/1	Saint Louis	11K/14D
11/6	La Salle	10K/13D

Aubree Smith (5)

10/9	George Washington	51A/10D
10/30	Rhode Island	35A/10D
11/4	Dayton (RV)	60A/21D
11/19	Saint Louis	44A/12D
11/20	Dayton (RV)	41A/10D

The Series

This will mark the third meeting between the two schools. Xavier and Lipscomb have split their matches the last two seasons. These two teams squared off in their first match of the season at the Flo Hyman Collegiate Cup where XU came out with the 3-0 victory.

Can You Dig It?

Junior libero **Stephanie Vorherr** is third all-time in program history in digs for her career. She has passed 1575 digs in almost three seasons of action. Vorherr is 153 digs away from being the No. 1 all-time passer in Xavier history. She now holds the first-, second-, and fifth-most digs in a season by a Musketeer.

Home Sweet Home = 8-0

This season the Musketeers have a perfect 8-0 record in the friendly confines of Cintas Center. Xavier holds a 82-15 all-time record since the building opened for competition in the 2000-01 season.

Xavier has recorded at least eight wins in five seasons at Cintas ('11, '07, '04, '01, '00). The last time that the Musketeers were spotless at home was in the 2001-02 season when XU went 9-0. That season Xavier won the Atlantic 10 Tournament and went to the NCAA Tournament First Round.

Drive for 20

With its win over Saint Louis in the Atlantic 10 Semifinals, Xavier amassed its 19th 20+ win season in program history.

McCloud Joins Xavier Family

Sammi McCloud has joined the coaching staff for the 2011 season. McCloud is a former All-American and Atlantic 10 Player of the Year at Saint Louis and she played professionally in France as well. Over her career at Saint Louis, McCloud was named A-10 Player of the Year in 2008 and 2009, becoming the first player in Biliiken history to earn that honor twice in a career. She also was named A-10 Player of the Week seven times. As a freshmen, McCloud was named the A-10 Rookie of the Year and the A-10 Championship Most Outstanding Player. She was also twice named All-American by the AVCA.

2011 Musketeer Honor Roll

Flo Hyman Collegiate Cup All-Tournament Team

Michelle Matia
Alex Smith

Maryland Invitational All-Tournament Team

Aubree Smith
Kelsey Dunaway

Western Kentucky Tournament All-Tournament Team

Sarah Brown
Elizabeth Lucich

Michigan/adidas Invitational All-Tournament Team

Alex Smith
Stephanie Vorherr

Atlantic 10 Offensive Player of the Week

Sarah Brown - Sept. 12
Sarah Brown - Oct. 31

Atlantic 10 Rookie of the Week

Aubree Smith - Aug. 29
Aubree Smith - Sept. 6
Aubree Smith - Sept. 26
Aubree Smith - Oct. 3
Aubree Smith - Oct. 31
Aubree Smith - Nov. 7

A-10 All-Tournament Team

Aubree Smith
Sarah Brown
Amé White



2011 XAVIER VOLLEYBALL

2011 XU VOLLEYBALL SEASON & CAREER RECORD WATCH

HITTING PERCENTAGE (Season)

1. .386 .. Jill Quayle (2007)
2. .386 .. Sara Bachus (2001)
3. .377 .. Astyn Bjorklund (2006)
4. .368 .. Sara Bachus (2000)
5. .364 .. Beth Groll (1984)
6. **.354.. Alex Smith (2010)**
7. .344 .. Susie Checkett (1994)
8. .338 .. Astyn Bjorklund (2004)
9. .337 .. Astyn Bjorklund (2005)

HITTING PERCENTAGE (Career)

1. .338 .. Sara Bachus (98-01)
2. .330 .. Jill Quayle (04-07)
3. .326 .. Astyn Bjorklund (03-06)
5. **.320.. Alex Smith (09-pres.)**
6. **.291.. Michelle Matia (08-pres.)**
7. .284 .. Beth Groll (82-85)
8. .281 .. Jenny Janszen (96-99)

DIGS (Season)

1. **543... Stephanie Vorherr (2010)**
2. **514... Stephanie Vorherr (2009)**
3. 492 ... Kathy Kalb (1988)
4. 462 ... Beth Osterday (1996)
5. **458... Stephanie Vorherr (2011)**
6. 443 ... Beth Osterday (1999)

DIGS (Career)

1. 1728.. Beth Osterday (96-99)
2. 1610.. Jordan Brightwell (02-05)
3. **1575.. Stephanie Vorherr (09-pres.)**
4. 1407.. Jennifer Nunn (89-92)
5. 1338.. Sally Schulte (93-96)

ASSISTS (Career)

1. 5382.. Susie Checkett (93-96)
2. 4737.. Jenn Welsh (05-08)
3. 4565.. Molly Martin (01-04)
4. 3768.. Jennifer Nuun (89-92)
5. 3303.. Claire Paszkiewicz (07-10)
6. 2697.. Cara Espelage (95-98)
7. 2506.. Kathy Schwachtgen (95-98)
8. 2375.. Tami Ores (97-00)
9. **1170. Aubree Smith (2011-pres)**
10. 1012.. Jodi Thelen Fahey (83-86)

Paskiewicz Remains a Musketeer

Claire Paskiewicz, a 2011 Xavier graduate, will also be seen on the sidelines. During her career as a Musketeer, Paskiewicz played in 429 sets over 124 matches which ranks 10th-most in XU history. She was named to the Atlantic 10 All-Conference First Team in 2009 and 2010 and earned A-10 All-Tournament Team honors in 2009. She finished her career as the only Musketeer to ever surpass the 3,000 assists-1,000 digs mark and ranks fifth on XU's all-time assists list with 3,303.

New Faces

The Xavier women's volleyball team is welcoming four newcomers to the ranks this season. The three freshmen are: 5-9 defensive specialist/libero **Lauren Metzger** from Tonawanda, N.Y., 6-1 setter **Aubree Smith** of Saint Louis, Mo., and 5-10 outside hitter **Kelly Westerkamp** from Kettering, Ohio. Junior **Amé White**, a 5-9 outside hitter from Salt Lake City, Utah will also join the program.

Sister Act

This season redshirt sophomore **Alex Smith** will be joined on the floor by her younger sister **Aubree Smith**. The duo becomes the sixth pair of family members to join the Xavier volleyball family.

Follow Xavier Volleyball

Keep up with the Xavier volleyball team via twitter by following @XavierVball and find out the inside scoop about the team. You can also follow all of Xavier athletics by becoming a follower of @XUathletics, the Xavier athletics twitter account, to stay up to speed on all the things happening at XU. Also "like" the Xavier Volleyball page on Facebook to get exclusive behind the scenes coverage of the team.

Atlantic 10 Conference History

Xavier has recorded a 189-82 (.700) mark in Atlantic 10 Conference play since joining the league prior to the 1995 season, which is fourth-best among teams currently active in the A-10. The Musketeers have collected two regular season titles (1998, 2004) and one tournament title (2001) in 14 seasons competing in the A-10.

2011 XU Volleyball Team Leaders (as of 11/22)

Kills:

Sarah Brown - 308 (3.42)
Alex Smith - 255 (2.28)

Attempts:

Sarah Brown - 754
Kelsey Dunaway - 639

Attack Percentage:

Alex Smith - .315 (255-64-607)
Aubree Smith - .310 (114-23-294)

Assists:

Aubree Smith - 1,170 (10.45)

Service Aces:

Kaela Jo Freppon - 27 (0.28)
Stephanie Vorherr - 20 (0.19)

Digs:

Stephanie Vorherr - 458 (4.28)
Kaleigh Rougraff - 306 (2.71)

Total Blocks:

Michelle Matia - 108 (1.06)
Alex Smith - 104 (0.93)