

2011 MEET-BY-MEET RESULTS

MOUNT ST. JOSEPH INVITATIONAL SEPT. 2, 2011 MEN – 5K WOMEN – 5K CINCINNATI, OHIO

MEN'S TEAM RESULTS (5)		WOMEN'S TEAM RESULTS (5)	
1. Northern Kentucky	18	1. Northern Kentucky	25
2. Xavier	42	2. Xavier	34
3. Cincinnati Christian	86	3. Mount St. Joseph	87
4. Mount St. Joseph	98	4. Thomas More	94
5. Thomas More	N/A	5. Cincinnati Christian	N/A

MEN'S INDIVIDUAL RESULTS (40)		WOMEN'S INDIVIDUAL RESULTS (32)	
5. Travis Hawes	16:47.00	1. Calesse Cardosi	19:41.00
6. Connor Buchholtz	16:49.00	2. Audrey Ramos	20:14.00
7. Corey Zielinski	16:52.00	9. Micayla McGinn	21:24.00
12. Aaron Moore	17:10.00	10. Emily Kuhn	21:33.00
21. Keith Schenkel	17:40.00	12. Courtney Heys	22:00.00
23. Matt Orlando	17:46.00	14. Samantha Milroy	22:07.00

QUEEN CITY INVITATIONAL SEPT. 9, 2011 MEN – 5K WOMEN – 5K ALEXANDRIA, KY.

MEN'S TEAM RESULTS (13)		WOMEN'S TEAM RESULTS (15)	
1. Cincinnati	25	1. Xavier	38
2. Xavier	51	2. Eastern Kentucky	51
3. Northern Kentucky	67	3. Cincinnati	67
4. Univ. of the Cumberlands	117	4. Northern Kentucky	128
5. Wright State	125	5. Univ. of the Cumberlands	145
6. Georgetown College	190	6. Wright State	178
7. Bellarmine	205	7. Georgetown College	196
8. Campbellsville	276	8. Lindsey Wilson	254

MEN'S INDIVIDUAL RESULTS (132)		WOMEN'S INDIVIDUAL RESULTS (135)	
3. Tom Ohlman	15:24.85	5. Ashley Vincent	18:32.40
4. Keith Albrekton	15:28.51	6. Caylin Howell	18:36.70
14. Ben Foley	15:54.19	8. Calesse Cardosi	18:44.30
16. Chris Hanson	15:56.83	9. Anna Ahlrichs	18:45.10
17. Matt Coniglio	15:57.42	10. Clare Fischer	18:50.80
33. Travis Hawes	16:30.46	12. Abby Fischer	18:57.70
34. Ben Nathan	16:31.12	26. Kaitlin Price	19:36.00
		33. Chelsea Hoffmaster	19:48.60
		42. Samantha Milroy	20:27.70
		48. Micayla McGinn	20:43.40
		56. Jessica Albers	21:06.50
		60. Courtney Heys	21:10.80

NATIONAL CATHOLIC INVITATIONAL SEPT. 16, 2011 MEN – 8K WOMEN – 5K SOUTH BEND, IND.

MEN'S TEAM RESULTS (31)		WOMEN'S TEAM RESULTS (33)	
1. Notre Dame	28	1. Notre Dame	22
2. Marquette	88	2. Dayton	61
3. Dayton	118	3. Saint Louis	117
4. Bellarmine	124	4. Xavier	128
5. Xavier	176	5. Marquette	170
6. Stonehill	193	6. Stonehill	200
7. DePaul	249	7. Holy Cross	206
8. Saint Francis	255	8. Bellarmine	283

MEN'S INDIVIDUAL RESULTS (255)		WOMEN'S INDIVIDUAL RESULTS (274)	
11. Keith Albrekton	25:04.00	17. Clare Fischer	18:13.1
15. Tom Ohlman	25:09.00	18. Caylin Howell	18:13.7
16. Ben Foley	25:09.00	30. Anna Ahlrich	18:32.0
55. Matt Coniglio	25:54.00	32. Rachel Clark	18:33.4
81. Travis Hawes	26:15.00	39. Abby Fischer	18:41.3
102. Ben Nathan	26:39.00	53. Kaitlin Price	18:51.3
117. Corey Zielinski	26:47.00	69. Audrey Ramos	19:04.0
159. Connor Buchholz	27:27.00	97. Chelsea Hoffmaster	19:25.5

MEN'S OPEN INDIVIDUAL RESULTS (77)		WOMEN'S OPEN INDIVIDUAL RESULTS (105)	
17. Keith Schenkel	27:14.1	25. Micayla McGinn	19:44.5
21. Matt Orlando	28:00.1	27. Jessica Albers	20:01.2
		39. Courtney Heys	20:51.1
		46. Samantha Milroy	21:14.3

ALL-OHIO INTERCOLLEGIATE CHAMPIONSHIPS SEPT. 30, 2011 MEN – 8K WOMEN – 5K CEDARVILLE, OHIO

MEN'S TEAM RESULTS (45)		WOMEN'S TEAM RESULTS (15)	
1. Cincinnati	95	1. Miami (Ohio)	36
2. Kent State	109	2. Dayton	46
3. Akron	140	3. Ohio	70
4. Ohio	158	4. Xavier	142
5. Ashland	173	5. Cincinnati	205
6. Miami (Ohio)	177	6. Akron	256
7. Shawnee State	182	7. Malone	258
11. Xavier	346	8. Oberlin	272

MEN'S INDIVIDUAL RESULTS (310)		WOMEN'S INDIVIDUAL RESULTS (317)	
14. Tom Ohlman	25:32.66	18. Caylin Howell	18:35.03
21. Ben Foley	25:40.51	23. Clare Fischer	18:40.66
30. Keith Albrekton	25:54.28	27. Abby Fischer	18:43.46
136. Chris Hanson	27:21.69	34. Ashley Vincent	18:50.06
149. Corey Zielinski	27:32.35	40. Anna Ahlrichs	18:53.60
170. Ben Nathan	27:52.14	41. Rachel Clark	18:54.55
185. Matt Coniflio	28:03.33	56. Kaitlin Price	19:06.31

MEN'S OPEN INDIVIDUAL RESULTS (315)		WOMEN'S OPEN INDIVIDUAL RESULTS (281)	
44. Connor Buchholz	27:37.15	18. Audrey Ramos	19:34.58
55. Aaron Moore	27:55.05	28. Jessica Albers	19:54.97
68. Keith Schenkel	28:07.55	39. Calesse Cardosi	20:13.41
147. Spencer Liechty	29:03.06	63. Micayla McGinn	20:44.81
		68. Chelsea Hoffmaster	20:51.48
		73. Samantha Milroy	20:55.13
		80. Courtney Heys	21:02.09
		99. Emily Kuhn	21:16.44
		109. Emily Staresinic	21:24.97

2011 MEET-BY-MEET RESULTS

WILMINGTON COLLEGE FALL CLASSIC OCT. 14, 2011 MEN – 8K WOMEN – 5K WILMINGTON, OHIO

MEN'S TEAM RESULTS

Men's team did not participate

MEN'S INDIVIDUAL RESULTS

Men's team did not participate

WOMEN'S TEAM RESULTS (26)

1. Ohio State	83
2. Findlay	105
3. Wilmington	115
4. Macomb CC	122
5. Huntington	153
6. Denison	172
7. Wright State	180
8. Franklin	214

WOMEN'S INDIVIDUAL RESULTS (241)

54. Samantha Milroy	20:20.62
85. Courtney Heys	21:14.53
102. Emily Staresinic	21:31.33

Xavier did not have enough runners competing to qualify for a team score.

NCAA PRE-NATIONALS OCT. 16, 2011 MEN – 8K WOMEN – 6K TERRE HAUTE, IND.

MEN'S TEAM RESULTS (35)

1. Colorado	82
2. Portland	104
3. Iona	109
4. Eastern Kentucky	186
5. Florida State	186
6. Tulsa	197
7. Louisville	232
28. Xavier	755

MEN'S INDIVIDUAL RESULTS (296)

85. Tom Ohlman	25:36
105. Keith Albrektson	25:46
161. Ben Foley	26:15
220. Matt Coniglio	26:58
257. Connor Bucholz	27:26
258. Ben Nathan	27:30
259. Keith Schenkel	27:32
281. Corey Zielinski	28:10
292. Chris Hanson	29:13
295. Spencer Liechty	29:33

WOMEN'S TEAM RESULTS (37)

1. Florida State	46
2. Georgetown	99
3. Michigan	158
4. Colorado	160
5. Cornell	161
6. UC Davis	221
7. Dartmouth	273
25. Xavier	662

WOMEN'S INDIVIDUAL RESULTS (303)

96. Caylin Howell	22:29
131. Ashley Vincent	22:58
140. Clare Fischer	23:04
170. Kaitlin Price	23:29
177. Rachel Clark	23:35
194. Audrey Ramos	23:45
212. Abby Fischer	23:56
218. Calesse Cardosi	23:58
244. Chelsea Hoffmaster	24:19
264. Jessica Albers	24:40
294. Micayla McGinn	26:02

ATLANTIC 10 CHAMPIONSHIPS OCT. 29, 2011 MEN – 8K WOMEN – 5K CONCORD, N.C.

MEN'S TEAM RESULTS (14)

1. La Salle	39
2. Duquesne	72
3. Saint Joseph's	74
4. Dayton	119
5. Massachusetts	127
6. Fordham	147
7. Richmond	176
8. Xavier	181
9. Charlotte	240
10. Temple	297
11. Saint Louis	324
12. Rhode Island	387
13. George Washington	407
14. St. Bonaventure	434

WOMEN'S TEAM RESULTS (14)

1. La Salle	69
2. Dayton	84
3. Charlotte	92
4. Richmond	99
5. Saint Joseph's	132
6. Duquesne	144
7. Xavier	178
8. Saint Louis	188
9. Rhode Island	224
10. Massachusetts	231
11. Fordham	301
12. Temple	357
13. George Washington	413
14. St. Bonaventure	

MEN'S INDIVIDUAL RESULTS (124)

10. Tom Ohlman	24:52.3
15. Keith Albrektson	25:01.6
37. Ben Foley	25:41.0
51. Matt Coniglio	25:57.9
84. Corey Zielinski	26:42.9
85. Connor Buchholz	26:43.6
90. Keith Schenkel	26:52.8
100. Aaron Moore	27:22.4
104. Spencer Liechty	27:38.9
110. Ben Nathan	27:56.8
29. Caylin Howell	18:24.9
33. Rachel Clark	18:31.4
35. Ashley Vincent	18:38.1
39. Abby Fischer	18:39.9
43. Anna Ahlrichs	18:46.9
47. Clare Fischer	18:50.5
49. Audrey Ramos	18:56.5
62. Chelsea Hoffmaster	19:03.8
75. Calesse Cardosi	19:14.4
82. Kaitlin Price	19:29.7

GREAT LAKES REGIONAL NOV. 12, 2011 MEN – 10K WOMEN – 6K TOLEDO, OHIO

MEN'S TEAM RESULTS (31)

1. Wisconsin	50
2. Indiana	70
3. Michigan	104
4. Notre Dame	119
5. Ohio State	126
6. Butler	171
7. Central Michigan	235
20. Xavier	515

MEN'S INDIVIDUAL RESULTS (211)

43. Tom Ohlman	31:21.0
61. Keith Albrektson	31:42.2
85. Ben Foley	32:09.8
157. Keith Schenkel	33:43.0
169. Connor Buchholz	34:07.2
177. Corey Zielinski	34:27.8

WOMEN'S TEAM RESULTS (33)

1. Michigan	45
2. Michigan State	77
3. Toledo	84
4. Wisconsin	91
5. Notre Dame	112
6. Ohio State	163
7. Indiana	191
16. Xavier	468

WOMEN'S INDIVIDUAL RESULTS (317)

64. Ashley Vincent	22:02.6
72. Caylin Howell	22:07.9
102. Rachel Clark	22:32.4
104. Abby Fischer	22:37.1
126. Kaitlin Price	22:57.8
133. Audrey Ramos	23:04.9
170. Anna Ahlrichs	23:55.1

2011 INDIVIDUAL RESULTS

WOMEN'S

ANNA AHLRICHS - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	18:45.10	9/135	Queen City Invitational
9/16/11	5k	18:32	30/272	National Catholic Invite
9/30/11	5k	18:53.60	40/317	All-Ohio Championship
10/16/11	6k	DNR	DNR	NCAA Pre-Nationals
10/29/11	5k	18:46.9	43/128	A-10 Championship
11/12/11	6k	23:55.1	170/317	NCAA Great Lakes Regional

JESSICA ALBERS - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	5k	20:01.2	27/105 *	National Catholic Invite
9/30/11	5k	19:54.97	28/281 *	All-Ohio Championship
10/16/11	6k	24:40	264/303	NCAA Pre-Nationals
10/29/11	5k	DNR	DNR	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

CALESSE CARDOSI - JR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	19:41.00	1/32	Mount St. Joseph Invitational
9/9/11	5k	18:44.30	8/135	Queen City Invitational
9/16/11	5k	DNR	DNR	National Catholic Invite
9/30/11	5k	20:13.41	39/281 *	All-Ohio Championship
10/16/11	6k	23:58	218/303	NCAA Pre-Nationals
10/29/11	5k	19:14.4	75/128	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

RACHEL CLARK - JR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	5k	18:34	32/272	National Catholic Invite
9/30/11	5k	18:54.55	41/317	All-Ohio Championship
10/16/11	6k	23:35	177/303	NCAA Pre-Nationals
10/29/11	5k	18:31.4	33/128	A-10 Championship
11/12/11	6k	22:32.4	102/317	NCAA Great Lakes Regional

ABBY FISCHER - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	18:57.70	12/135	Queen City Invitational
9/16/11	5k	18:42	39/272	National Catholic Invite
9/30/11	5k	18:43.46	27/317	All-Ohio Championship
10/16/11	6k	23:56	212/303	NCAA Pre-Nationals
10/29/11	5k	18:39.9	39/128	A-10 Championship
11/12/11	6k	22:37.1	104/317	NCAA Great Lakes Regional

CLARE FISCHER - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	18:50.80	10/135	Queen City Invitational
9/16/11	5k	18:14	17/272	National Catholic Invite
9/30/11	5k	18:40.66	23/317	All-Ohio Championship
10/16/11	6k	23:04	140/303	NCAA Pre-Nationals
10/29/11	5k	18:50.5	47/128	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

COURTNEY HEYS - SR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	22:00.00	12/32	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	5k	20:51.1	39/105 *	National Catholic Invite
9/30/11	5k	21:02.09	80/281 *	All-Ohio Championship
10/14/11	5k	21:14.53	85/241	Wilmington Fall Classic
10/29/11	5k	DNR	DNR	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

CHELSEA HOFFMASTER - RFR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	19:48.60	33/135	Queen City Invitational
9/16/11	5k	19:26	95/272	National Catholic Invite
9/30/11	5k	20:51.48	68/281 *	All-Ohio Championship
10/16/11	6k	24:19	244/303	NCAA Pre-Nationals
10/29/11	5k	19:03.8	62/128	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

CAYLIN HOWELL - SR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	18:36.70	6/135	Queen City Invitational
9/16/11	5k	18:14	18/272	National Catholic Invite
9/30/11	5k	18:35.03	18/317	All-Ohio Championship
10/16/11	6k	22:29	96/303	NCAA Pre-Nationals
10/29/11	5k	18:24.9	29/128	A-10 Championship
11/12/11	6k	22:07.9	72/317	NCAA Great Lakes Regional

EMILY KUHN - FR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	21:33.00	10/32	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	5k	DNR	DNR	National Catholic Invite
9/30/11	5k	21:16.44	99/281 *	All-Ohio Championship
10/16/11	6k	DNR	DNR	NCAA Pre-Nationals
10/29/11	5k	DNR	DNR	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

MICAYLA MCGINN - SR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	21:24.00	9/32	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	5k	19:44.5	25/105 *	National Catholic Invite
9/30/11	5k	20:44.81	63/281 *	All-Ohio Championship
10/16/11	6k	26:02	294/303	NCAA Pre-Nationals
10/29/11	5k	DNR	DNR	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

SAMANTHA MILROY - SR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	22:07.00	14/32	Mount St. Joseph Invitational
9/9/11	5k	20:27.70	42/135	Queen City Invitational
9/16/11	5k	21:14.3	46/105 *	National Catholic Invite
9/30/11	5k	20:55.14	73/281 *	All-Ohio Championship
10/14/11	5k	20:20.61	54/241	Wilmington Fall Classic
10/29/11	5k	DNR	DNR	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

KAITLIN PRICE - JR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	19:36.00	26/135	Queen City Invitational
9/16/11	5k	18:52	51/272	National Catholic Invite
9/30/11	5k	19:06.31	56/317	All-Ohio Championship
10/16/11	6k	23:29	170/303	NCAA Pre-Nationals
10/29/11	5k	19:29.7	82/128	A-10 Championship
11/12/11	6k	22:57.8	126/317	NCAA Great Lakes Regional

AUDREY RAMOS - FR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	20:14.00	2/32	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	5k	19:04	67/272	National Catholic Invite
9/30/11	5k	19:34.58	18/281 *	All-Ohio Championship
10/16/11	6k	23:45	194/303	NCAA Pre-Nationals
10/29/11	5k	18:56.5	49/128	A-10 Championship
11/12/11	6k	23:04.9	133/317	NCAA Great Lakes Regional

EMILY STARESINIC - JR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	5k	DNR	DNR	National Catholic Invite
9/30/11	5k	21:24.97	109/281 *	All-Ohio Championship
10/14/11	5k	21:31.33	102/241	Wilmington Fall Classic
10/29/11	5k	DNR	DNR	A-10 Championship
11/12/11	6k	DNR	DNR	NCAA Great Lakes Regional

ASHLEY VINCENT - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	18:32.40	5/135	Queen City Invitational
9/16/11	5k	DNF	DNF	National Catholic Invite
9/30/11	5k	18:50.06	18/317	All-Ohio Championship
10/16/11	6k	22:58	131/303	NCAA Pre-Nationals
10/29/11	5k	18:38.1	35/128	A-10 Championship
11/12/11	6k	22:02.6	64/317	NCAA Great Lakes Regional

MADISON RIETHMAN (So.) AND CARRIE KURISH KOBUNSKI (R-Fr.) DID NOT COMPETE IN ANY RACES.

* - JUNIOR VARSITY/OPEN RACE

2011 INDIVIDUAL RESULTS

MEN'S

KEITH ALBREKTSON - SR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	15:28.51	4/132	Queen City Invitational
9/16/11	8k	25:04	11/255	National Catholic Invite
9/30/11	8k	25:54.28	30/310	All-Ohio Championship
10/16/11	8k	25:46	105/296	NCAA Pre-Nationals
10/29/11	8k	25:01.6	15/124	A-10 Championship
11/12/11	10k	31:42.2	61/211	NCAA Great Lakes Regional

CONNOR BUCHHOLZ - FR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	16:49.00	6/40	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	8k	27:27	159/255	National Catholic Invite
9/30/11	8k	27:37.15	44/315 *	All-Ohio Championship
10/16/11	8k	27:26	257/296	NCAA Pre-Nationals
10/29/11	8k	26:43.6	85/124	A-10 Championship
11/12/11	10k	34:07.2	169/211	NCAA Great Lakes Regional

MATT CONIGLIO - JR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	15:57.42	17/132	Queen City Invitational
9/16/11	8k	25:54	55/255	National Catholic Invite
9/30/11	8k	28:03.33	185/310	All-Ohio Championship
10/16/11	8k	26:58	220/296	NCAA Pre-Nationals
10/29/11	8k	25:57.9	51/124	A-10 Championship
11/12/11	10k	DNR	DNR	NCAA Great Lakes Regional

BEN FOLEY - R-JR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	15:54.19	14/132	Queen City Invitational
9/16/11	8k	25:09	16/255	National Catholic Invite
9/30/11	8k	25:40.51	21/310	All-Ohio Championship
10/16/11	8k	26:15	161/296	NCAA Pre-Nationals
10/29/11	8k	25:41.0	37/124	A-10 Championship
11/12/11	10k	32:09.8	85/211	NCAA Great Lakes Regional

CHRIS HANSON - JR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	15:56.83	16/132	Queen City Invitational
9/16/11	8k	DNR	DNR	National Catholic Invite
9/30/11	8k	27:21.69	136/310	All-Ohio Championship
10/16/11	8k	29:13	292/296	NCAA Pre-Nationals
10/29/11	8k	DNR	DNR	A-10 Championship
11/12/11	10k	DNR	DNR	NCAA Great Lakes Regional

TRAVIS HAWES - FR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	16:47.00	5/40	Mount St. Joseph Invitational
9/9/11	5k	16:30.46	33/132	Queen City Invitational
9/16/11	8k	26:15	81/255	National Catholic Invite
9/30/11	8k	DNR	DNR	All-Ohio Championship
10/16/11	8k	DNR	DNR	NCAA Pre-Nationals
10/29/11	8k	DNR	DNR	A-10 Championship
11/12/11	10k	DNR	DNR	NCAA Great Lakes Regional

SPENCER LIECHTY - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	8k	DNR	DNR	National Catholic Invite
9/30/11	8k	29:03.06	147/315 *	All-Ohio Championship
10/16/11	8k	29:33	295/196	NCAA Pre-Nationals
10/29/11	8k	27:38.9	104/124	A-10 Championship
11/12/11	10k	DNR	DNR	NCAA Great Lakes Regional

AARON MOORE - FR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	17:10.00	12/40	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	8k	DNR	DNR	National Catholic Invite
9/30/11	8k	27:55.05	55/315 *	All-Ohio Championship
10/16/11	8k	DNR	DNR	NCAA Pre-Nationals
10/29/11	8k	27:22.4	100/124	A-10 Championship
11/12/11	10k	DNR	DNR	NCAA Great Lakes Regional

BEN NATHAN - R-SR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	16:31.12	34/132	Queen City Invitational
9/16/11	8k	26:39	104/255	National Catholic Invite
9/30/11	8k	27:52.14	170/310	All-Ohio Championship
10/16/11	8k	27:30	258/296	NCAA Pre-Nationals
10/29/11	8k	27:56.8	110/124	A-10 Championship
11/12/11	10k	DNR	DNR	NCAA Great Lakes Regional

TOM OHLMAN - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	DNR	DNR	Mount St. Joseph Invitational
9/9/11	5k	15:24.85	3/132	Queen City Invitational
9/16/11	8k	25:09	15/255	National Catholic Invite
9/30/11	8k	25:32.66	14/310	All-Ohio Championship
10/16/11	8k	25:36	85/296	NCAA Pre-Nationals
10/29/11	8k	24:52.3	10/124	A-10 Championship
11/12/11	10k	31:31.0	43/211	NCAA Great Lakes Regional

MATT ORLANDO - FR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	17:46.00	23/40	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	8k	28:00.1	21/77 *	National Catholic Invite
9/30/11	8k	DNR	DNR	All-Ohio Championship
10/16/11	8k	DNR	DNR	NCAA Pre-Nationals
10/29/11	8k	DNR	DNR	A-10 Championship
11/12/11	10k	DNR	DNR	NCAA Great Lakes Regional

KEITH SCHENKEL - So.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	17:40.00	21/40	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	8k	27:14.2	17/77 *	National Catholic Invite
9/30/11	8k	28:07.55	68/315 *	All-Ohio Championship
10/16/11	8k	27:32	259/296	NCAA Pre-Nationals
10/29/11	8k	26:52.8	90/124	A-10 Championship
11/12/11	10k	33:43.0	157/211	NCAA Great Lakes Regional

COREY ZIELINSKI - FR.

DATE	DISTANCE	TIME	PLACE	EVENT
9/2/11	5k	16:52.00	7/40	Mount St. Joseph Invitational
9/9/11	5k	DNR	DNR	Queen City Invitational
9/16/11	8k	26:47	117/255	National Catholic Invite
9/30/11	8k	27:32.35	149/310	All-Ohio Championship
10/16/11	8k	28:10	281/296	NCAA Pre-Nationals
10/29/11	8k	26:42.9	84/124	A-10 Championship
11/12/11	10k	34:27.8	177/211	NCAA Great Lakes Regional

HANK GEER (JR.) AND NICK KOBUNSKI (SO.) DID NOT COMPETE IN ANY RACES.

* - JUNIOR VARSITY/OPEN RACE

INDIVIDUAL TIMES BY DISTANCE

MEN'S

KEITH ALBREKTSON - SR.

TIME	PLACE	DATE	DISTANCE	EVENT
15:28.51	4/132	9/9/11	5k	Queen City Invitational
25:01.6	15/124	10/29/11	8k	A-10 Championship
25:04	11/255	9/16/11	8k	National Catholic Invite
25:46	105/296	10/16/11	8k	NCAA Pre-Nationals
25:54.28	30/310	9/30/11	8k	All-Ohio Championship
31:42.2	61/211	11/12/11	10k	NCAA Great Lakes Regional

CONNOR BUCHHOLZ - FR.

TIME	PLACE	DATE	DISTANCE	EVENT
16:49.00	6/40	9/2/11	5k	Mount St. Joseph Invitational
27:26	257/296	10/16/11	8k	NCAA Pre-Nationals
27:27	159/255	9/16/11	8k	National Catholic Invite
27:37.15	44/315 *	9/30/11	8k	All-Ohio Championship
26:43.6	85/124	10/29/11	8k	A-10 Championship
4:07.2	169/211	11/12/11	10k	3NCAA Great Lakes Regional

MATT CONIGLIO - JR.

TIME	PLACE	DATE	DISTANCE	EVENT
9/9/11	5k	15:57.42	17/132	Queen City Invitational
9/16/11	8k	25:54	55/255	National Catholic Invite
10/29/11	8k	25:57.9	51/124	A-10 Championship
10/16/11	8k	26:58	220/296	NCAA Pre-Nationals
9/30/11	8k	28:03.33	185/310	All-Ohio Championship

BEN FOLEY - R-JR.

TIME	PLACE	DATE	DISTANCE	EVENT
15:54.19	14/132	9/9/11	5k	Queen City Invitational
25:09	16/255	9/16/11	8k	National Catholic Invite
25:40.51	21/310	9/30/11	8k	All-Ohio Championship
25:41.0	37/124	10/29/11	8k	A-10 Championship
26:15	161/296	10/16/11	8k	NCAA Pre-Nationals
32:09.8	85/211	11/12/11	10k	NCAA Great Lakes Regional

CHRIS HANSON - JR.

TIME	PLACE	DATE	DISTANCE	EVENT
15:56.83	16/132	9/9/11	5k	Queen City Invitational
27:21.69	136/310	9/30/11	8k	All-Ohio Championship
29:13	292/296	10/16/11	8k	NCAA Pre-Nationals

TRAVIS HAWES - FR.

TIME	PLACE	DATE	DISTANCE	EVENT
16:30.46	33/132	9/9/11	5k	Queen City Invitational
16:47.00	5/40	9/2/11	5k	Mount St. Joseph Invitational
26:15	81/255	9/16/11	8k	National Catholic Invite

SPENCER LIECHTY - So.

TIME	PLACE	DATE	DISTANCE	EVENT
27:38.9	104/124	10/29/11	8k	A-10 Championship
29:03.06	147/315 *	9/30/11	8k	All-Ohio Championship
29:33	295/196	10/16/11	8k	NCAA Pre-Nationals

AARON MOORE - FR.

TIME	PLACE	DATE	DISTANCE	EVENT
17:10.00	12/40	9/2/11	5k	Mount St. Joseph Invitational
27:22.4	100/124	10/29/11	8k	A-10 Championship
27:55.05	55/315 *	9/30/11	8k	All-Ohio Championship

BEN NATHAN - R-SR.

TIME	PLACE	DATE	DISTANCE	EVENT
16:31.12	34/132	9/9/11	5k	Queen City Invitational
26:39	104/255	9/16/11	8k	National Catholic Invite
27:30	258/296	10/16/11	8k	NCAA Pre-Nationals
27:52.14	170/310	9/30/11	8k	All-Ohio Championship
27:56.8	110/124	10/29/11	8k	A-10 Championship

TOM OHLMAN - So.

TIME	PLACE	DATE	DISTANCE	EVENT
15:24.85	3/132	9/9/11	5k	Queen City Invitational
24:52.3	10/124	10/29/11	8k	A-10 Championship
25:09	15/255	9/16/11	8k	National Catholic Invite
25:32.66	14/310	9/30/11	8k	All-Ohio Championship
25:36	85/296	10/16/11	8k	NCAA Pre-Nationals
31:31.0	43/211	11/12/11	10k	NCAA Great Lakes Regional

MATT ORLANDO - FR.

TIME	PLACE	DATE	DISTANCE	EVENT
17:46.00	23/40	9/2/11	5k	Mount St. Joseph Invitational
28:00.1	21/77 *	9/16/11	8k	National Catholic Invite

KEITH SCHENKEL - So.

TIME	PLACE	DATE	DISTANCE	EVENT
17:40.00	21/40	9/2/11	5k	Mount St. Joseph Invitational
26:52.8	90/124	10/29/11	8k	A-10 Championship
27:14.2	17/77 *	9/16/11	8k	National Catholic Invite
27:32	259/296	10/16/11	8k	NCAA Pre-Nationals
28:07.55	68/315 *	9/30/11	8k	All-Ohio Championship
33:43.0	157/211	11/12/11	10k	NCAA Great Lakes Regional

COREY ZIELINSKI - FR.

TIME	PLACE	DATE	DISTANCE	EVENT
16:52.00	7/40	9/2/11	5k	Mount St. Joseph Invitational
26:42.9	84/124	10/29/11	8k	A-10 Championship
26:47	117/255	9/16/11	8k	National Catholic Invite
27:32.35	149/310	9/30/11	8k	All-Ohio Championship
28:10	281/296	10/16/11	8k	NCAA Pre-Nationals
34:27.8	177/211	11/12/11	10k	NCAA Great Lakes Regional

* - JUNIOR VARSITY/OPEN RACE

INDIVIDUAL TIMES BY DISTANCE

WOMEN'S

ANNA AHLRICHS - So.

TIME	PLACE	DATE	DISTANCE	EVENT
18:32	30/272	9/16/11	5k	National Catholic Invite
18:45.10	9/135	9/9/11	5k	Queen City Invitational
18:46.9	43/128	10/29/11	5k	A-10 Championship
18:53.60	40/317	9/30/11	5k	All-Ohio Championship
23:55.1	170/317	11/12/11	6k	NCAA Great Lakes Regional

JESSICA ALBERS - So.

TIME	PLACE	DATE	DISTANCE	EVENT
19:54.97	28/281 *	9/30/11	5k	All-Ohio Championship
20:01.2	27/105 *	9/16/11	5k	National Catholic Invite
24:40	264/303	10/16/11	6k	NCAA Pre-Nationals

CALESSE CARDOSI - JR.

TIME	PLACE	DATE	DISTANCE	EVENT
18:44.30	8/135	9/9/11	5k	Queen City Invitational
19:41.00	1/32	9/2/11	5k	Mount St. Joseph Invitational
19:14.4	75/128	10/29/11	5k	A-10 Championship
20:13.41	39/281 *	9/30/11	5k	All-Ohio Championship
23:58	218/303	10/16/11	6k	NCAA Pre-Nationals

RACHEL CLARK - JR.

TIME	PLACE	DATE	DISTANCE	EVENT
18:31.4	33/128	10/29/11	5k	A-10 Championship
18:34	32/272	9/16/11	5k	National Catholic Invite
18:54.55	41/317	9/30/11	5k	All-Ohio Championship
23:35	177/303	10/16/11	6k	NCAA Pre-Nationals
22:32.4	102/317	11/12/11	6k	NCAA Great Lakes Regional

ABBY FISCHER - So.

TIME	PLACE	DATE	DISTANCE	EVENT
18:39.9	39/128	10/29/11	5k	A-10 Championship
18:42	39/272	9/16/11	5k	National Catholic Invite
18:43.46	27/317	9/30/11	5k	All-Ohio Championship
18:57.70	12/135	9/9/11	5k	Queen City Invitational
22:37.1	104/317	11/12/11	6k	NCAA Great Lakes Regional
23:56	212/303	10/16/11	6k	NCAA Pre-Nationals

CLARE FISCHER - So.

TIME	PLACE	DATE	DISTANCE	EVENT
18:14	17/272	9/16/11	5k	National Catholic Invite
18:40.66	23/317	9/30/11	5k	All-Ohio Championship
18:50.5	47/128	10/29/11	5k	A-10 Championship
18:50.80	10/135	9/9/11	5k	Queen City Invitational
23:04	140/303	10/16/11	6k	NCAA Pre-Nationals

COURTNEY HEYS - Sr.

TIME	PLACE	DATE	DISTANCE	EVENT
20:51.1	39/105 *	9/16/11	5k	National Catholic Invite
21:02.09	80/281 *	9/30/11	5k	All-Ohio Championship
21:14.53	85/241	10/14/11	5k	Wilmington Fall Classic
22:00.00	12/32	9/2/11	5k	Mount St. Joseph Invitational

CHELSEA HOFFMASTER - RFR.

TIME	PLACE	DATE	DISTANCE	EVENT
19:03.8	62/128	10/29/11	5k	A-10 Championship
19:26	95/272	9/16/11	5k	National Catholic Invite
19:48.60	33/135	9/9/11	5k	Queen City Invitational
20:51.48	68/281 *	9/30/11	5k	All-Ohio Championship
24:19	244/303	10/16/11	6k	NCAA Pre-Nationals

CAYLIN HOWELL - Sr.

TIME	PLACE	DATE	DISTANCE	EVENT
18:14	18/272	9/16/11	5k	National Catholic Invite
18:35.03	18/317	9/30/11	5k	All-Ohio Championship
18:24.9	29/128	10/29/11	5k	A-10 Championship
18:36.70	6/135	9/9/11	5k	Queen City Invitational
22:07.9	72/317	11/12/11	6k	NCAA Great Lakes Regional
22:29	96/303	10/16/11	6k	NCAA Pre-Nationals

EMILY KUHN - Fr.

TIME	PLACE	DATE	DISTANCE	EVENT
21:16.44	99/281 *	9/30/11	5k	All-Ohio Championship
21:33.00	10/32	9/2/11	5k	Mount St. Joseph Invitational

MICAYLA MCGINN - Sr.

TIME	PLACE	DATE	DISTANCE	EVENT
19:44.5	25/105 *	9/16/11	5k	National Catholic Invite
21:24.00	9/32	9/2/11	5k	Mount St. Joseph Invitational
20:44.81	63/281 *	9/30/11	5k	All-Ohio Championship
26:02	294/303	10/16/11	6k	NCAA Pre-Nationals

SAMANTHA MILROY - Sr.

TIME	PLACE	DATE	DISTANCE	EVENT
22:07.00	14/32	9/2/11	5k	Mount St. Joseph Invitational
20:20.61	54/241	10/14/11	5k	Wilmington Fall Classic
20:27.70	42/135	9/9/11	5k	Queen City Invitational
20:55.14	73/281 *	9/30/11	5k	All-Ohio Championship
21:14.3	46/105 *	9/16/11	5k	National Catholic Invite

KAITLIN PRICE - Jr.

TIME	PLACE	DATE	DISTANCE	EVENT
18:52	51/272	9/16/11	5k	National Catholic Invite
19:06.31	56/317	9/30/11	5k	All-Ohio Championship
19:29.7	82/128	10/29/11	5k	A-10 Championship
19:36.00	26/135	9/9/11	5k	Queen City Invitational
23:29	170/303	10/16/11	6k	NCAA Pre-Nationals
22:57.8	126/317	11/12/11	6k	NCAA Great Lakes Regional

AUDREY RAMOS - Fr.

TIME	PLACE	DATE	DISTANCE	EVENT
18:56.5	49/128	10/29/11	5k	A-10 Championship
19:04	67/272	9/16/11	5k	National Catholic Invite
19:34.58	18/281 *	9/30/11	5k	All-Ohio Championship
20:14.00	2/32	9/2/11	5k	Mount St. Joseph Invitational
23:04.9	133/317	11/12/11	6k	NCAA Great Lakes Regional
23:45	194/303	10/16/11	6k	NCAA Pre-Nationals

EMILY STARESINIC - Jr.

TIME	PLACE	DATE	DISTANCE	EVENT
21:24.97	109/281 *	9/30/11	5k	All-Ohio Championship
21:31.33	102/24	10/14/11	5k	Wilmington Fall Classic

ASHLEY VINCENT - So.

TIME	PLACE	DATE	DISTANCE	EVENT
18:32.40	5/135	9/9/11	5k	Queen City Invitational
18:38.1	35/128	10/29/11	5k	A-10 Championship
18:50.06	18/317	9/30/11	5k	All-Ohio Championship
22:58	131/303	10/16/11	6k	NCAA Pre-Nationals
22:02.6	64/317	11/12/11	6k	NCAA Great Lakes Regional

* - JUNIOR VARSITY/OPEN RACE

TOP TIMES BY DISTANCE

WOMEN'S

5-KILOMETER TIMES

18:13.1	Clare Fischer	National Catholic Invitational
18:13.7	Caylin Howell	National Catholic Invitational
18:24.9	Caylin Howell	Atlantic 10 Championship
18:31.4	Rachel Clark	Atlantic 10 Championship
18:32.0	Anna Ahlrichs	National Catholic Invitational
18:32.40	Ashley Vincent	Queen City Invitational
18:33.4	Rachel Clark	National Catholic Invitational
18:35.03	Caylin Howell	All-Ohio Championship
18:36.70	Caylin Howell	Queen City Invitational
18:38.1	Ashley Vincent	Atlantic 10 Championship
18:39.9	Abby Fischer	Atlantic 10 Championship
18:40.66	Clare Fischer	All-Ohio Championship
18:41.3	Abby Fischer	National Catholic Invitational
18:43.46	Abby Fischer	All-Ohio Championship
18:44.30	Calesse Cardosi	Queen City Invitational
18:45.10	Anna Ahlrichs	Queen City Invitational
18:46.9	Anna Ahlrichs	Atlantic 10 Championship
18:50.06	Ashley Vincent	All-Ohio Championship
18:50.5	Clare Fischer	Atlantic 10 Championship
18:50.80	Clare Fischer	Queen City Invitational
18:51.3	Kaitlin Price	National Catholic Invitational
18:53.60	Anna Ahlrichs	All-Ohio Championship
18:54.55	Rachel Clark	All-Ohio Championship
18:56.5	Audrey Ramos	Atlantic 10 Championship
18:57.70	Abby Fischer	Queen City Invitational
19:03.8	Chelsea Hoffmaster	Atlantic 10 Championship
19:04.0	Audrey Ramos	National Catholic Invitational
19:06.31	Kaitlin Price	All-Ohio Championship
19:14.4	Calesse Cardosi	Atlantic 10 Championship
19:25.5	Chelsea Hoffmaster	National Catholic Invitational
19:29.7	Kaitlin Price	Atlantic 10 Championship
19:34.58	Audrey Ramos	All-Ohio Championship Open
19:36.00	Kaitlin Price	Queen City Invitational
19:41.00	Calesse Cardosi	Mount St. Joseph Invitational
19:44.5	Micayla McGinn	National Catholic Invitational Open
19:48.60	Chelsea Hoffmaster	Queen City Invitational
19:54.97	Jessica Albers	All-Ohio Championship Open
20:01.2	Jessica Albers	National Catholic Invitational Open
20:13.41	Calesse Cardosi	All-Ohio Championship Open
20:14.00	Audrey Ramos	Mount St. Joseph Invitational
20:20.62	Samantha Milroy	Wilmington College Fall Classic
20:27.70	Samantha Milroy	Queen City Invitational
20:43.40	Micayla McGinn	Queen City Invitational
20:44.81	Micayla McGinn	All-Ohio Championship Open
20:51.1	Courtney Heys	National Catholic Invitational Open
20:55.13	Samantha Milroy	All-Ohio Championship Open
20:51.48	Chelsea Hoffmaster	All-Ohio Championship Open
21:02.09	Courtney Heys	All-Ohio Championship Open
21:06.50	Jessica Albers	Queen City Invitational
21:10.80	Courtney Heys	Queen City Invitational
21:14.3	Samantha Milroy	National Catholic Invitational Open
21:14.53	Courtney Heys	Wilmington College Fall Classic
21:16.44	Emily Kuhn	All-Ohio Championship Open
21:24.00	Micayla McGinn	Mount St. Joseph Invitational
21:24.97	Emily Staresinic	All-Ohio Championship Open
21:31.33	Emily Staresinic	Wilmington College Fall Classic
21:33.00	Emily Kuhn	Mount St. Joseph Invitational
22:00.00	Courtney Heys	Mount St. Joseph Invitational
22:07.00	Samantha Milroy	Mount St. Joseph Invitational

6-KILOMETER TIMES

22:02.6	Ashley Vincent	Great Lakes Regional
22:07.9	Caylin Howell	Great Lakes Regional
22:29	Caylin Howell	NCAA Pre-Nationals
22:32.4	Rachel Clark	Great Lakes Regional
22:37.1	Abby Fischer	Great Lakes Regional
22:57.8	Kaitlin Price	Great Lakes Regional
22:58	Ashley Vincent	NCAA Pre-Nationals
23:04	Clare Fischer	NCAA Pre-Nationals
23:04.9	Audrey Ramos	Great Lakes Regional
23:29	Kaitlin Price	NCAA Pre-Nationals
23:35	Rachel Clark	NCAA Pre-Nationals
23:45	Audrey Ramos	NCAA Pre-Nationals
23:55.1	Anna Ahlrichs	Great Lakes Regional
23:56	Abby Fischer	NCAA Pre-Nationals
23:58	Calesse Cardosi	NCAA Pre-Nationals
24:19	Chelsea Hoffmaster	NCAA Pre-Nationals
24:40	Jessica Albers	NCAA Pre-Nationals
26:02	Micayla McGinn	NCAA Pre-Nationals

MEN'S

5-KILOMETER TIMES

15:24.85	Tom Ohlman	Queen City Invitational
15:28.51	Keith Albrektson	Queen City Invitational
15:54.19	Ben Foley	Queen City Invitational
15:56.83	Chris Hanson	Queen City Invitational
15:57.42	Matt Coniglio	Queen City Invitational
16:30.46	Travis Hawes	Queen City Invitational
16:31.12	Ben Nathan	Queen City Invitational
16:47.00	Travis Hawes	Mount St. Joseph Invitational
16:49.00	Connor Buchholtz	Mount St. Joseph Invitational
16:52.00	Corey Zielinski	Mount St. Joseph Invitational
17:10.00	Aaron Moore	Mount St. Joseph Invitational
17:40.00	Keith Schenkel	Mount St. Joseph Invitational
17:46.00	Matt Orlando	Mount St. Joseph Invitational

8-KILOMETER TIMES

24:52.3	Tom Ohlman	Atlantic 10 Championships
25:01.6	Keith Albrektson	Atlantic 10 Championships
25:04.00	Keith Albrektson	National Catholic Invitational
25:09.00	Tom Ohlman	National Catholic Invitational
25:09.00	Ben Foley	National Catholic Invitational
25:32.66	Tom Ohlman	All-Ohio Championship
25:36	Tom Ohlman	NCAA Pre-Nationals
25:40.51	Ben Foley	All-Ohio Championship
25:41.0	Ben Foley	Atlantic 10 Championships
25:46	Keith Albrektson	NCAA Pre-Nationals
25:54.00	Matt Coniglio	National Catholic Invitational
25:54.28	Keith Albrektson	All-Ohio Championship
25:57.9	Matt Coniglio	Atlantic 10 Championships
26:15.00	Travis Hawes	National Catholic Invitational
26:15	Ben Foley	NCAA Pre-Nationals
26:39.00	Ben Nathan	National Catholic Invitational
26:42.9	Corey Zielinski	Atlantic 10 Championships
26:43.6	Connor Buchholz	Atlantic 10 Championships
26:47.00	Corey Zielinski	National Catholic Invitational
26:52.8	Keith Schenkel	Atlantic 10 Championships
26:58	Matt Coniglio	NCAA Pre-Nationals
27:14.1	Keith Schenkel	National Catholic Invitational Open
27:21.69	Chris Hanson	All-Ohio Championship
27:22.4	Aaron Moore	Atlantic 10 Championships
27:26	Connor Buchholz	NCAA Pre-Nationals
27:27.00	Connor Buchholz	National Catholic Invitational
27:30	Ben Nathan	NCAA Pre-Nationals
27:32	Keith Schenkel	NCAA Pre-Nationals
27:32.35	Corey Zielinski	All-Ohio Championship
27:37.15	Connor Buchholz	All-Ohio Championship Open
27:38.9	Spencer Liechty	Atlantic 10 Championships
27:52.14	Ben Nathan	All-Ohio Championship
27:55.05	Aaron Moore	All-Ohio Championship Open
27:56.8	Ben Nathan	Atlantic 10 Championship
28:00.1	Matt Orlando	National Catholic Invitational Open
28:03.33	Matt Coniglio	All-Ohio Championship
28:07.55	Keith Schenkel	All-Ohio Championship Open
28:10	Corey Zielinski	NCAA Pre-Nationals
29:03.06	Spencer Liechty	All-Ohio Championship Open
29:13	Chris Hanson	NCAA Pre-Nationals
29:33	Spencer Liechty	NCAA Pre-Nationals

10-KILOMETER TIMES

31:21.0	Tom Ohlman	Great Lakes Regional
31:42.2	Keith Albrektson	Great Lakes Regional
32:09.8	Ben Foley	Great Lakes Regional
33:43.0	Keith Schenkel	Great Lakes Regional
34:07.2	Connor Buchholz	Great Lakes Regional
34:27.8	Corey Zielinski	Great Lakes Regional