

2006 XAVIER CROSS COUNTRY - SEASON BEST TIMES

Men's 5K

Name	Date	Meet	Time
1. Ben Milroy	Sept. 2	Flyer 5K	15:42.49
2. Luke Beuerlein	Sept. 9	Xavier Invite	15:51.74
3. Ben Milroy	Sept. 9	Xavier Invite	15:56.33
4. Luke Beuerlein	Sept. 2	Flyer 5K	16:00
5. Tony Matheus	Sept. 9	Xavier Invite	16:10.20
6. Clinton Womack	Sept. 9	Xavier Invite	16:34.62
7. Tony Matheus	Sept. 2	Flyer 5K	16:35
8. Clinton Womack	Sept. 2	Flyer 5K	16:53
9. Drew Kaiser	Sept. 9	Xavier Invite	16:56.87
10. Drew Kaiser	Sept. 2	Flyer 5K	17:04

Women's 5K

Name	Date	Meet	Time
1. Becky Clark	Oct. 28	A-10 Champ.	18:32.75
2. Becky Clark	Oct. 14	Falcon Invite	18:34.52
3. Kelly Sraj	Oct. 28	A-10 Champ.	18:38.45
4. Kelly Sraj	Sept. 2	Flyer 5K	18:39
5. Kelly Sraj	Oct. 14	Facon Invite	18:46.01
6. Danielle Meiners	Sept. 2	Flyer 5K	18:48
7. Amanda Brown	Oct. 28	A-10 Champ.	18:49.55
8. Kelly Sraj	Sept. 9	Xavier Invite	18:51.08
9. Danielle Meiners	Sept. 15	National Catholic	18:58
10. Kelly Sraj	Sept. 15	National Catholic	19:01

Men's 8K

Name	Date	Meet	Time
1. Luke Beuerlein	Sept. 15	National Catholic	26:00
2. Ben Milroy	Sept. 15	National Catholic	26:15
3. Ben Milroy	Oct. 14	Falcon Invite	26:18.28
4. Luke Beuerlein	Oct. 28	A-10 Champ.	26:32.20
5. Ben Milroy	Oct. 28	A-10 Champ.	26:36.55
6. Clinton Womack	Oct. 28	A-10 Champ.	26:45.30
7. Drew Kaiser	Oct. 14	Falcon Invite	26:46.26
8. Tony Mathues	Sept. 15	National Catholic	26:49
9. Ben Milroy	Sept. 23	Roy Griak Invite	26:59.00
10. Clinton Womack	Sept. 15	National Catholic	27:01

Women's 6K

Name	Date	Meet	Time
1. Becky Clark	Nov. 11	NCAA Regionals	23:03.50
2. Kelly Sraj	Sept. 23	Roy Griak Invite	23:08.05
3. Kelly Sraj	Nov. 11	NCAA Regionals	23:11.56
4. Becky Clark	Sept. 23	Roy Griak Invite	23:25.60
5. Kelly Sraj	Sept. 30	Rocky Mountain	23:36
6. Amanda Brown	Nov. 11	NCAA Regionals	23:39.50
7. Becky Clark	Sept. 30	Rocky Mountain	23:47
8. Danielle Meiners	Sept. 23	Roy Griak Invite	23:48.30
9. Amanda Brown	Sept. 30	Rocky Mountain	23:55
10. Danielle Meiners	Nov. 11	NCAA Regional	23:56.13

Men's 10K

Name	Date	Meet	Time
1. Luke Beuerlein	Nov. 11	NCAA Regionals	33:42.28
2. Ben Milroy	Nov. 11	NCAA Regionals	34:19.07
3. Drew Kaiser	Nov. 11	NCAA Regionals	34:31.90
4. Clinton Womack	Nov. 11	NCAA Regionals	34:51.61
5. Tony Matheus	Nov. 11	NCAA Regionals	34:54.98
6. Matthew Weingardt	Nov. 11	NCAA Regionals	35:22.05
7. Ryan Higgins	Nov. 11	NCAA Regionals	36:39.19