



2006 Xavier Track

2006 SCHEDULE/RESULTS

Date	Event (Location)	Men's Finish	Women's Finish
Jan. 14	Purdue Invitational (West Lafayette, Ind.)	NTS	NTS
Jan. 20	BGSU Invitational (Bowling Green, Ohio)	NA	Fifth/Six
Jan. 28	Ohio State Invitational (Columbus, Ohio)	NTS	NTS
Feb. 3-4	Husker Invitational (Lincoln, Neb.)	NTS	NTS
Feb. 18	Atlantic 10 Conference Indoor Championship (Kingston, R.I.)	Ninth/Nine	11 th /11
March 18	UC Early Bird Relays (Cincinnati, Ohio)	NTS	NTS
March 25	Arizona State Invitational (Tempe, Ariz.)	NTS	NTS
April 1	Oliver Nikoloff Invitational (Cincinnati, Ohio)	Eighth/10	Eighth/12
April 7-8	All-Ohio Championships (Columbus, Ohio)	10 th /11	13 th /13
April 21	Lions Open (Cincinnati, Ohio)	Fifth/Five	NA
April 22	Cardinal Invitational (Louisville, Ky.)	NTS	NTS
April 29	National City Invitational (Bowling Green, Ky.)	NTS	NTS
May 6-7	Atlantic 10 Conference Outdoor Championship (Charlotte, N.C.)	10 th /10	11 th /11)

2006 XAVIER TRACK - MEET RESULTS

Purdue Invitational January 14, 2006 Lambert Fieldhouse (West Lafayette, Ind.)

Men's Individual Results

60-Meter Hurdles

7. Jeff Heilman..... 9.20
10. Dan Magness 10.58

800-Meter Run

5. Clinton Womack 2:01.55
7. David Ford 2:09.38

One-Mile Run

4. Luke Beuerlein..... 4:26.62
8. Aaron Smith 4:39.66
9. Tony Matheus 4:40.62
10. Matthew Weingardt..... 4:51.76
11. Cody Ackerman 4:56.21
12. Joe Keating..... 5:00.60

3,000-Meter Run

8. Ben Milroy..... 8:49.99
11. Paul Staudigel..... 9:14.14
13. Ryan Reichert..... 9:50.75
14. Jeff Meinert..... 10:33.35

4x400-Meter Relay

4. Jeff Hileman..... 3:36.95
Clinton Womack
Dan Heister
Luke Beuerlein

Women's Individual Results

600-Meter Run

6. Danna Deans..... 1:51.96

800-Meter Run

3. Natalie Lyzinski..... 2:28.47
4. Caitlin Shagena 2:37.12
5. Amanda Simmons 2:45.95
6. Shelly Dickinson 2:46.75
7. Tomilyn Thornberry 2:49.68
8. Emily Mertz..... 2:51.89
9. Lauren Meisman..... 3:03.63

One-Mile Run

3. Becky Clark 5:14.05
9. Heather Stafford 5:29.24
11. Megan Uhl 5:50.05
12. Katie Dominguez 6:01.05

3,000-Meter Run

2. Kelly Sraj 10:43.99
3. Amanda Brown 10:46.88
6. Kelly Leugers..... 11:48.15

4x400-Meter Relay

5. Joanna Gruber..... 4:27.86
Natalie Lyzinski
Becky Clark
Danna Deans

Long Jump

7. Danna Deans..... 4.89m

BGSU Invitational January 20, 2006 Perry Field House (Bowling Green, Ohio)

Women's Individual Results

5,000-Meter Run

6. Heather Stafford 19:17.03
8. Megan Uhl 19:56.06

1,600-Meter Run

3. Becky Clark 5:11.24
15. Joanna Gruber..... 5:35.21
21. Katie Dominguez 5:58.20

600-Meter Run

7. Danna Deans..... 1:47.70

800-Meter Run

6. Becky Clark 2:22.36
8. Natalie Lyzinski 2:27.07
14. Caitlin Shagena 2:31.64
18. Shelly Dickinson 2:39.96
19. Amanda Simmons 2:43.92
20. Emily Mertz..... 2:47.66
21. Lauren Meisman..... 3:03.74

3,000-Meter Run

7. Kelly Sraj 10:31.40
16. Kelly Leugers..... 11:39.57

4x400-Meter Relay

11. Danna Deans 4:26.40
Caitlin Shagena
Shelly Dickinson
Natalie Lyzinski

Long Jump

14. Danna Deans..... 4.91m

2006 XAVIER TRACK - MEET RESULTS

Ohio State Invitational January 28, 2006 French Fieldhouse (Columbus, Ohio)

Men's Individual Results

One-Mile Run

11. Ben Milroy..... 4:34.85
12. Aaron Smith..... 4:38.26
18. Matthew Weingardt..... 4:46.47

800-Meter Run

2. Luke Beuerlein..... 1:57.44
4. Clinton Womack 1:58.68
13. Cody Ackerman 2:06.98
14. Jeff Meinert..... 2:07.36
19. Aaron Smith..... 2:09.75
20. Joe Keating..... 2:10.24
21. David Ford 2:10.66
22. Tony Matheus 2:11.79
23. Matthew Weingardt..... 2:14.56

3,000-Meter Run

6. Paul Staudigel 8:52.95
25. Ryan Reichert..... 9:47.07

55-Meter Hurdles

Prelims

9. Jeff Hileman..... 8.57

Finals

7. Jeff Hileman..... 8.32

4x400-Meter Relay

10. Jeff Hileman..... 3:43.58
Dan Magness
Ben Milroy
Clinton Womack

Women's Individual Results

One-Mile Run

7. Kelly Sraj 5:22.00
11. Natalie Lyzinski 5:27.91
14. Heather Stafford 5:30.10

800-Meter Run

16. Danna Deans..... 2:34.27
18. Shelly Dickinson 2:37.54
19. Katie Dominguez 2:37.59
22. Emily Mertz..... 2:39.32
28. Amanda Brown 2:44.83
30. Amanda Simmons 2:57.44

1,000-Meter Run

3. Becky Clark 3:02.51
6. Joanna Gruber..... 3:19.94

3,000-Meter Run

22. Kelly Leugers..... 11:35.22
27. Megan Uhl 11:59.43

4x400-Meter Relay

10. Ashley Stick 4:24.22
Danna Deans
Becky Clark
Natalie Lyzinski

Long Jump

-- Danna Deans FOUL

Frank Sevigne Husker Invitational February 3-4, 2006 Bob Devaney Sports Center (Lincoln, Neb.)

Men's Individual Results

One-Mile Run

16. Luke Beuelein..... 4:19.49
-- Aaron Smith 4:33.4
-- Clinton Womack 4:37.8

1,000-Meter Run

8. Matthew Weingardt..... 2:44.51
9. David Ford..... 2:45.78
10. Cody Ackerman..... 2:46.85
11. Jeff Meinert..... 2:48.00

3,000-Meter Run

28. Ben Milroy..... 8:57.50
31. Ryan Reichert..... 9:34.68
32. Tony Matheus..... 9:34.99
33. Joe Keating..... 10:12.59

5,000-Meter Run

5. Ben Milroy..... 15:13.73

60 Meter Hurdles

28. Jeff Hileman..... 9.62

4x400-Meter Relay

17. Jeff Hileman..... 3:48.33
Clinton Womack
Dan Magness
Paul Staudigel

Distance Medley

17. Clinton Womack 10:52.56
Jeff Hileman
Paul Staudigel
Luke Beurlein

Women's Individual Results

One-Mile Run

12. Becky Clark 5:07.43
29. Joanna Gruber..... 5:38.61
30. Caitlin Shagena 5:44.66

600-Yard Run

12. Ashley Stick 1:39.24

800-Meter Run

27. Natalie Lyzinski..... 2:24.84
33. Danna Deans..... 2:34.42
34. Emily Mertz..... 2:37.39
35. Shelly Dickinson 2:39.04

1,000-Meter Run

4. Katie Dominguez 3:21.50

3,000-Meter Run

18. Kelly Sraj 10:27.24
27. Heather Stafford 10:50.72
32. Amanda Brown..... 11:07.36
34. Kelly Leugers..... 11:21.14

4x400-Meter Relay

12. Natalie Lyzinski..... 4:31.01
Becky Clark
Kate Wetterau
Ashley Stick

Distance Medley

12. Becky Clark 12:31.01
Danna Deans
Natalie Lyzinski
Joanna Gruber

Long Jump

19. Danna Deans..... 4.82m

2006 XAVIER TRACK - MEET RESULTS

Atlantic 10 Conference Indoor Championships February 18, 2006 Mackal Field House (Kingston, R.I.)

Men's Individual Results

One-Mile Run

6. Luke Beuerlein..... 4:17.84
13. Aaron Smith..... 4:33.63

800-Meter Run

16. Clinton Womack 2:02.04
16. David Ford 2:07.87

1,000-Meter Run

15. Matt Weingardt 2:46.66

3,000-Meter Run

6. Ben Milroy..... 8:39.34
17. Ryan Reichert..... 9:28.24
18. Cody Ackerman 9:36.35

5,000-Meter Run

15. Paul Staudigel 15:38.85
20. Joe Keating..... 17:58.44

55-Meter Hurdles

13. Jeff Hileman..... 8.15

4x400-Meter Relay

9. Cody Ackerman 3:57.60
Ben Milroy
Jeff Hileman
Dan Magness

4x800-Meter Relay

8. Luke Beuerlein..... 8:18.77
Paul Staudigel
Jeff Meinert
Tony Matheus

Distance Medley

9. Matt Weingardt 11:44.26
Jeff Hileman
David Ford
Aaron Smith

Women's Individual Results

One-Mile Run

4. Becky Clark 5:03.98
13. Joanna Gruber..... 5:26.63

500-Meter Run

21. Ashley Stick 1:28.79

800-Meter Run

14. Shelly Dickinson 2:37.79
15. Amanda Simmons 2:51.38
16. Tomilyn Thornberry..... 2:51.92

1,000-Meter Run

15. Katie Dominguez 3:17.56

3,000-Meter Run

7. Kelly Sraj 10:17.22
12. Heather Stafford 10:41.79
18. Amanda Brown 11:18.80

5,000-Meter Run

27. Kelly Leugers..... 20:00.77

4x400-Meter Relay

9. Ashley Stick 4:37.67
Shelly Dickinson
Kelly Leugers
Katie Wetterau

4x800-Meter Relay

6. Becky Clark 9:29.55
Natalie Lyzinski
Caitlin Shagena
Kelly Sraj

Distance Medley

10. Joanna Gruber..... 13:38.87
Danna Deans
Emily Mertz
Megan Millea

Long Jump

11. Danna Deans..... 4.84m

U.C. Early Bird Relays March 18, 2006

Gettler Stadium (Cincinnati, Ohio)

Men's Individual Results

800-Meter Run

5. Jeff Meinert..... 2:05.91
8. David Ford 2:09.90

1,500-Meter Run

5. Ben Milroy..... 4:10.91
6. Aaron Smith 4:12.11
7. Paul Staudigel 4:13.86
10. Matt Weingardt 4:24.21

3,000-Meter Steeplechase

6. Cody Ackerman 10:27.30
7. Ryan Reichert..... 10:37.50

5,000-Meter Run

1. Luke Beuerlein..... 15:10.80
8. Joe Keating..... 17:25.70

110-Meter Hurdles

9. Jeff Hileman..... 16.14

400-Meter Hurdles

5. Jeff Hileman..... 1:01.59

Women's Individual Results

400-Meter Dash

5. Danna Deans..... 1:05.07
8. Katie Schroeder..... 1:07.98

800-Meter Run

2. Natalie Lyzinski..... 2:23.83
5. Caitlin Shagena 2:26.87
6. Joanna Gruber..... 2:28.99
11. Shelly Dickinson 2:40.99

1,500-Meter Run

7. Katie Dominguez 5:16.59
8. Emily Mertz..... 5:21.27
10. Megan Millea 5:22.56

5,000-Meter Run

2. Becky Clark 17:43.00
4. Kelly Sraj 17:52.30
8. Heather Stafford 19:01.00
10. Kelly Leugers..... 19:53.00

4x400-Meter Relay

2. Caitlin Shagena 4:23.05
Shelly Dickinson
Danna Deans
Ashley Stick

Long Jump

5. Danna Deans..... 4.95m

2006 XAVIER TRACK - MEET RESULTS

ASU Invitational March 25, 2006

Joe Selleh Track at Sun Angel Stadium (Tempe, Ariz.)

Men's Individual Results

3,000-Meter Steeplechase
9. Cody Ackerman 10:31.68
10. Ryan Reichert..... 10:41.03

800-Meter Run
17. Jeff Meinert..... 2:04.78
20. David Ford 2:14.28

400-Meter Hurdles
13. Jeff Hileman..... 1:01.10

3,000-Meter Run
7. Luke Beuerlein..... 8:41.28
14. Ben Milroy.....9:10.11
15. Aaron Smith..... 9:14.02
16. Paul Staudigel 9:32.86
17. Matt Weingardt 9:41.70
18. Tony Matheus 9:50.53
19. Joe Keating..... 10:16.36

4x400-Meter Relay
6. Clinton Womack 3:47.17
Jeff Hileman
Dan Magness
Jeff Meinert

Women's Individual Results

800-Meter Run
19. Caitlin Shagena 2:24.81
23. Danna Deans..... 2:33.95
24. Katie Schroeder..... 2:34.64
25. Ashley Stick..... 2:36.09
26. Katie Dominguez 2:36.13
27. Emily Mertz..... 2:37.21
28. Megan Millea 2:43.28
29. Shelly Dickinson 2:45.74

3,000-Meter Run
14. Becky Clark 10:22.91
20. Kelly Sraj 10:34.92
24. Heather Stafford 10:55.85
29. Joanna Gruber..... 11:11.52
31. Amanda Brown 11:13.73

4x400-Meter Relay
13. Natalie Lyzinski..... 4:32.92
Becky Clark
Katie Schroeder
Danna Deans

Long Jump
10. Danna Deans..... 5.16m

Oliver Nikoloff Invitational April 1, 2006

Gettler Stadium (Cincinnati, Ohio)

Men's Individual Results

400-Meter Dash
19. Clinton Womack 52.74
21. Dan Magness 55.76

800-Meter Run
27. Cody Ackerman 2:13.56

1,500-Meter Run
26. Jeff Meinert..... 4:21.58
27. David Ford 4:39.51

3,000-Meter Steeplechase
11. Ryan Reichert 10:40.21
12. Tony Matheus 10:40.28

5,000-Meter Run
3. Luke Beuerlein..... 14:53.71
7. Ben Milroy..... 15:01.49
13. Paul Staudigel 15:35.30
19. Aaron Smith..... 16:16.86
21. Matthew Weingardt... 16:27.24
23. Joe Keating..... 17:57.87

110-Meter Hurdles
17. Jeff Hileman..... 16.29

400-Meter Hurdles
5. Jeff Hileman..... 1:01.41

4x400-Meter Relay
13. Clinton Womack 3:40.36
Jeff Meinert
Dan Magness
Luke Beuerlein

Women's Individual Results

400-Meter Dash
10. Danna Deans..... 1:03.92

800-Meter Run
11. Caitlin Shagena 2:23.12
16. Katie Schroeder..... 2:30.76
19. Ashley Stick 2:32.09
24. Emily Mertz..... 2:35.37
25. Katie Dominguez 2:35.80
29. Katie Wetterau..... 2:46.72
30. Tomilyn Thornberry..... 2:48.40
32. Amanda Simmons 2:49.64

1,500-Meter Run
5. Becky Clark 4:48.36
17. Joanna Gruber..... 5:06.43
23. Megan Millea 5:19.23

5,000-Meter Run
6. Heather Stafford 18:39.03
7. Amanda Brown 18:40.06

4x400-Meter Relay
10. Danna Deans..... 4:26.01
Becky Clark
Caitlin Shagena
Katie Schroeder

Long Jump
12. Danna Deans..... 4.48m

2006 XAVIER TRACK - MEET RESULTS

All-Ohio Outdoor Championships April 8, 2006

Jesse Owens Stadium (Columbus, Ohio)

Men's Individual Results

200-Meter Dash

18. Dan Magness 27.01

400-Meter Dash

21. Dan Magness 58.28

800-Meter Run

17. Clinton Womack 2:03.96

23. Jeff Meinert 2:07.95

25. Paul Staudigel 2:10.44

28. David Ford 2:15.11

1,500-Meter Run

17. Joe Keating 4:43.57

5,000-Meter Run

16. Matthew Weingardt.... 16:31.25

18. Ryan Reichert 16:56.40

10,000-Meter Run

4. Luke Beuerlein 31:30.17

8. Ben Milroy 33:06.87

10. Paul Staudigel 34:03.93

12. Aaron Smith 36:05.21

110-Meter Hurdles

18. Jeff Hileman 16.61

400-Meter Hurdles

17. Jeff Hileman 1:02.07

3,000-Meter Steeplechase

16. Tony Matheus 10:46.39

17. Cody Ackerman 10:46.55

Women's Individual Results

800-Meter Run

15. Caitlin Shagena 2:28.49

20. Danna Deans 2:31.80

23. Ashley Stick 2:34.46

27. Katie Schroeder 2:38.78

30. Katie Wetterau 2:51.77

32. Tomilyn Thornberry 2:53.85

1,500-Meter Run

5. Becky Clark 4:47.51

16. Heather Stafford 5:11.37

21. Katie Dominguez 5:21.23

23. Joanna Gruber 5:27.45

24. Emily Mertz 5:28.04

26. Megan Millea 5:31.96

5,000-Meter Run

7. Amanda Brown 18:46.73

14. Kelly Leugers 19:48.53

Lions Open April 21, 2006

Schueler Track and Field (Cincinnati, Ohio)

Men's Individual Results

200-Meter Dash

4. Jeff Hileman 23.90

6. Dan Magness 24.10

9. Luke Beuerlein 24.20

800-Meter Run

6. Matthew Weingardt 2:08.76

7. Cody Ackerman 2:11.41

8. Paul Staudigel 2:11.63

9. Tony Matheus 2:12.09

10. David Ford 2:14.40

11. Aaron Smith 2:16.28

13. Joe Keating 2:19.18

4x400-Meter Relay

1. Clinton Womack 3:35.63

Jeff Meinert

Ben Milroy

Paul Staudigel

2006 XAVIER TRACK - MEET RESULTS

Cardinal Invitational April 22, 2006

Cardinal Park Track Stadium (Louisville, Ky.)

Men's Individual Results

200-Meter Dash

15. Dan Magness 26.44

800-Meter Run

11. Clinton Womack..... 1:57.44

14. Jeff Meinert..... 2:01.39

15. David Ford 2:08.41

1,500-Meter Run

19. Ben Milroy..... 4:06.13

25. Aaron Smith..... 4:25.47

110-Meter Hurdles

13. Jeff Hileman..... 16.94

400-Meter Hurdles

13. Jeff Hileman..... 1:00.88

3,000-Meter Steeplechase

6. Matthew Weingardt..... 10:23.95

7. Ryan Reichert..... 10:26.08

8. Tony Matheus 10:33.22

9. Cody Ackerman 10:38.95

Long Jump

10. Dan Magness 5.58m

11. Jeff Hileman..... 4.9m

Women's Individual Results

800-Meter Run

11. Becky Clark..... 2:20.31

14. Caitlin Shagena 2:25.16

15. Danna Deans..... 2:28.66

16. Katie Schroeder..... 2:30.66

18. Kelly Leugers..... 2:36.18

19. Tomilyn Thornberry..... 2:46.45

20. Katie Wetterau..... 2:53.09

21. Amanda Simmons 3:00.89

1,500-Meter Run

10. Becky Clark 4:47.56

14. Kelly Sraj 5:03.00

15. Heather Stafford 5:03.05

18. Joanna Gruber..... 5:06.00

19. Amanda Brown 5:07.24

25. Amy Sanders 5:28.18

26. Katie Dominguez 5:28.44

3,000-Meter Steeplechase

7. Emily Mertz..... 13:15.81

Long Jump

13. Danna Deans..... 4.76m

National City Invitational April 29, 2006

Charles M. Ruter Track (Bowling Green, Ky.)

Men's Individual Results

Long Jump

14. Jeff Hileman..... 5.34m

----. Dan Magness..... Foul

100-Meter Dash

19. Dan Magness 13.41

200-Meter Dash

16. Clinton Womack 24.54*

18. Jeff Meinert..... 25.10

400-Meter Dash

10. Clinton Womack 53.39

17. Jeff Meinert..... 55.18

800-Meter Run

8. Paul Staudigel 2:03.63

12. Aaron Smith..... 2:09.06

15. David Ford 2:11.78

1,500-Meter Run

12. Aaron Smith..... 4:21.20

5,000-Meter Run

3. Ben Milroy..... 15:31.90

18. Cody Ackerman 17:08.92

21. Joe Keating..... 17:45.88

110-Meter Hurdles

5. Jeff Hileman..... 16.92

8. Dan Magness 19.72

3,000-Meter Steeplechase

6. Matthew Weingardt..... 10:15.24

8. Tony Matheus 10:28.61

9. Ryan Reichert..... 10:28.63

Women's Individual Results

Long Jump

13. Danna Deans..... 4.96m

400-Meter Dash

9. Danna Deans..... 1:02.46*

16. Katie Wetterau 1:12.69

17. Tomilyn Thornberry..... 1:12.83

800-Meter Run

12. Katie Schroeder..... 2:28.62

17. Ashley Stick 2:29.75

1,500-Meter Run

8. Caitlin Shagena 5:08.40

16. Katie Dominguez 5:19.59

19. Amy Sanders 5:49.23

5,000-Meter Run

6. Amanda Brown 18:19.35

17. Joanna Gruber..... 19:52.65

18. Kelly Leugers..... 19:58.66

3,000-Meter Steeplechase

4. Heather Stafford 12:07.88

6. Emily Mertz..... 13:21.88

2006 XAVIER TRACK - MEET RESULTS

Atlantic 10 Conference Outdoor Championships

May 6-7, 2006

Irwin Belk Track & Field Center (Charlotte, N.C.)

Men's Individual Results

100-Meter Dash

14. Jeff Hileman.....11.92
16. Dan Magness 12.89

800-Meter Run

14. Clinton Womack 1:57.02
21. Jeff Meinert..... 1:59.61
26. David Ford 2:06.48

1,500-Meter Run

24. Aaron Smith..... 4:19.49
26. Ryan Reichert..... 4:33.08

5,000-Meter Run

17. Ben Milroy..... 15:24.03
22. Paul Staudigel 16:33.05
23. Cody Ackerman 16:55.08

10,000-Meter Run

13. Ben Milroy..... 32:50.64
18. Joe Keating..... 37:09.99

110-Meter Hurdles

14. Jeff Hileman..... 16.12

400-Meter Hurdles

17. Jeff Hileman..... 1:00.31
20. Dan Magness 1:06.56

3,000-Meter Steeplechase

12. Matthew Weingardt.... 10:10.34
14. Ryan Reichert..... 10:13.94
15. Tony Matheus 10:24.88

4x100-Meter Relay

7. 47.72

4x800-Meter Relay

9. 8:01.76

Long Jump

14. Dan Magness 5.54m

Women's Individual Results

400-Meter Dash

20. Tomilyn Thornberry..... 1:09.88
21. Katie Wetterau..... 1:10.79

800-Meter Run

22. Katie Schroeder..... 2:27.34
23. Ashley Stick..... 2:29.72
25. Shelly Dickinson 2:48.02

1,500-Meter Run

23. Katie Dominguez 5:19.64
24. Joanna Gruber..... 5:24.44

5,000-Meter Run

13. Kelly Sraj 18:23.10
14. Amanda Brown 18:23.92

10,000-Meter Run

4. Amanda Brown 38:43.50
16. Joanna Gruber..... 42:17.73
18. Kelly Leugers..... 42:57

3,000-Meter Steeplechase

13. Emily Mertz..... 12:50.98

4x100-Meter Relay

10. 57.95

4x400-Meter Relay

10. 4:20.73

4x800-Meter Relay

9. 9:31.86

Long Jump

10. Danna Deans..... 4.95m

Triple Jump

10. Danna Deans..... 9.67m

2006 XAVIER TRACK - WOMEN'S INDIVIDUAL RESULTS

Amanda Brown (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:44.83	28

1,500-Meter Run

Date	Meet	Time	Place
April 22	Cardinal Invitational	5:07.24	19

3,000-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	10:46.88	3
Feb. 4	Husker Invitational	11:07.36	32
Feb. 18	Atlantic 10 Indoor Championships	11:18.80	18
March 25	ASU Invitational	11:13.73	31

5,000-Meter Run

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	18:40.06	7
April 8	All-Ohio Outdoor Championships	18:46.73	7
April 29	National City Invitational	18:19.35	6
May 7	Atlantic 10 Outdoor Championships	18:23.92	14

10,000-Meter Run

Date	Meet	Time	Place
May 6	Atlantic 10 Outdoor Championships	38:43.50	4

Becky Clark (Fr.)

800-Meter Run

Date	Meet	Time	Place
Jan. 20	BGSU Invitational	2:22.36	6
April 22	Cardinal Invitational	2:20.31	11

1,000-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	3:02.51	3
Feb. 4	Husker Invitational	5:07.43	12

1,500-Meter Run

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	4:48.36	5
April 8	All-Ohio Outdoor Championships	4:47.51	5
April 22	Cardinal Invitational	4:47.56	10

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	5:14.05	3
Jan. 20	BGSU Invitational	5:11.24	3

Feb. 18	Atlantic 10 Indoor Championships	5:03.98	4
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3,000-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	10:22.91	14

5,000-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	17:43.00	2

Danna Deans (Fr.)

400-Meter Dash

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	1:05.07	5
April 1	Oliver Nikoloff Invitational	1:03.92	10
April 29	National City Invitational	1:02.46	9

600-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	1:51.96	6
Jan. 20	BGSU Invitational	1:47.70	7

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:34.27	16
Feb. 4	Husker Invitational	2:34.42	33
March 25	ASU Invitational	2:33.95	23
April 8	All-Ohio Outdoor Championships	2:31.80	20
April 22	Cardinal Invitational	2:28.66	15

Long Jump

Date	Meet	Distance	Place
Jan. 14	Purdue Invitational	4.89m	7
Jan. 20	BGSU Invitational	4.91m	14
Jan. 28	Ohio State Invitational	FOUL	--
Feb. 3	Husker Invitational	4.82m	19
Feb. 18	Atlantic 10 Indoor Championships	4.84m	11
March 18	U.C. Early Bird Relays	4.95m	5
March 25	ASU Invitational	5.16m	10
April 1	Oliver Nikoloff Invitational	4.48m	12
April 22	Cardinal Invitational	4.76m	13
April 29	National City Invitational	4.96m	13
May 6	Atlantic 10 Outdoor Championships	4.95m	10

Triple Jump

Date	Meet	Time	Place
May 7	Atlantic 10 Outdoor Championships	9.67m	10

2006 XAVIER TRACK - WOMEN'S INDIVIDUAL RESULTS

Shelly Dickinson (Sr.)

800-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	2:46.75	6
Jan. 20	BGSU Invitational	2:39.96	18
Jan. 28	Ohio State Invitational	2:37.54	18
Feb. 4	Husker Invitational	2:39.04	35
Feb. 18	Atlantic 10 Indoor Championships	2:37.79	14
March 18	U.C. Early Bird Relays	2:40.99	11
March 25	ASU Invitational	2:45.74	29
May 7	Atlantic 10 Outdoor Championships	2:48.02	25

Katie Dominguez (Fr.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:37.59	19
March 25	ASU Invitational	2:36.13	26
April 1	Oliver Nikoloff Invitational	2:35.80	25

1,000 Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	3:21.50	4
Feb. 18	Atlantic 10 Indoor Championships	3:17.56	15

1,500 Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	5:16.59	7
April 8	All-Ohio Outdoor Championships	5:21.23	21
April 22	Cardinal Invitational	5:28.44	26
April 29	National City Invitational	5:19.59	16
May 7	Atlantic 10 Outdoor Championships	5:19.64	23

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	6:01.05	12
Jan. 20	BGSU Invitational	5:58.20	21

Joanna Gruber (So.)

800 Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	2:28.99	6

1,000-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	3:19.94	6

1,500-Meter Run

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	5:06.43	17

April 8	All-Ohio Outdoor Championships	5:27.45	23
April 22	Cardinal Invitational	5:06.00	18
May 7	Atlantic 10 Outdoor Championships	5:24.44	24

One-Mile Run

Date	Meet	Time	Place
Jan. 20	BGSU Invitational	5:35.21	15
Feb. 4	Husker Invitational	5:38.61	29
Feb. 18	Atlantic 10 Indoor Championships	5:26.63	13

3,000-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	11:11.52	29

5,000-Meter Run

Date	Meet	Time	Place
April 29	National City Invitational	19:52.65	17

10,000-Meter Run

Date	Meet	Time	Place
May 6	Atlantic 10 Outdoor Championships	42:17.73	16

Kelly Leugers (Sr.)

800-Meter Run

Date	Meet	Time	Place
April 22	Cardinal Invitational	2:36.18	18

3,000-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	11:48.15	6
Jan. 20	BGSU Invitational	11:39.57	16
Jan. 28	Ohio State Invitational	11:35.22	
Feb. 4	Husker Invitational	11:21.14	34

5,000-Meter Run

Date	Meet	Time	Place
Feb. 18	Atlantic 10 Indoor Championships	20:00.77	27
March 18	U.C. Early Bird Relays	19:53.00	10
April 8	All-Ohio Outdoor Championships	19:48.53	14
April 29	National City Invitational	19:58.66	18

10,000-Meter Run

Date	Meet	Time	Place
May 6	Atlantic 10 Outdoor Championships	42:57	18

Natalie Lyzinski (Fr.)

800-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	2:28.47	3

2006 XAVIER TRACK - WOMEN'S INDIVIDUAL RESULTS

Jan. 20	BGSU Invitational	2:27.07	8
Feb. 4	Husker Invitational	2:24.04	27
March 18	U.C. Early Bird Relays	2:23.83	2

One-Mile Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	5:27.91	11

Megan Millea (So.)

800-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	2:43.28	28

1,500-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	5:22.56	10
April 1	Oliver Nikoloff Invitational	5:19.23	23
April 8	All-Ohio Outdoor Championships	5:31.96	26

Emily Mertz (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	2:51.89	8
Jan. 20	BGSU Invitational	2:47.66	20
Jan. 28	Ohio State Invitational	2:39.32	22
Feb. 2	Husker Invitational	2:37.39	34
March 25	ASU Invitational	2:37.21	27
April 1	Oliver Nikoloff Invitational	2:35.37	24

1,500-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	5:21.27	8
April 8	All-Ohio Outdoor Championships	5:28.04	24

3,000-Meter Steeplechase

Date	Meet	Time	Place
April 22	Cardinal Invitational	13:15.81	7
April 29	National City Invitational	13:21.88	6
May 6	Atlantic 10 Outdoor Championships	12:50.98	13

Amy Sanders (Fr.)

1,500-Meter Run

Date	Meet	Time	Place
April 22	Cardinal Invitational	5:28.18	25
April 29	National City Invitational	5:49.23	19

Katie Schroeder (Fr.)

400-Meter Dash

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	1:07.98	8

800-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	2:34.64	24
April 1	Oliver Nikoloff Invitational	2:30.76	16
April 8	All-Ohio Outdoor Championships	2:38.78	27
April 22	Cardinal Invitational	2:30.66	16
April 29	National City Invitational	2:28.62	12
May 7	Atlantic 10 Outdoor Championships	2:23.34	22

Caitlin Shagena (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	2:37.12	4
Jan. 20	BGSU Invitational	2:31.64	14
March 18	U.C. Early Bird Relays	2:26.87	5
March 25	ASU Invitational	2:24.81	19
April 1	Oliver Nikoloff Invitational	2:23.12	11
April 8	All-Ohio Outdoor Championships	2:28.49	15
April 22	Cardinal Invitational	2:25.16	14

1,500-Meter Run

Date	Meet	Time	Place
April 29	National City Invitational	5:08.40	8

One-Mile Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	5:44.66	30

Amanda Simmons (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	2:45.95	5
Jan. 20	BGSU Invitational	2:43.92	19
Jan. 28	Ohio State Invitational	2:57.44	30
Feb. 18	Atlantic 10 Indoor Championships	2:51.38	15
April 1	Oliver Nikoloff Invitational	2:49.64	32
April 22	Cardinal Invitational	3:00.89	21

Kelly Sraj (Jr.)

1,500-Meter Run

Date	Meet	Time	Place
April 22	Cardinal Invitational	5:03.00	14

2006 XAVIER TRACK - WOMEN'S INDIVIDUAL RESULTS

One-Mile Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	5:22.00	7

3,000-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	10:43.99	2
Jan. 20	BGSU Invitational	10:31.40	3
Feb. 4	Husker Invitational	10:27.24	18
Feb. 18	Atlantic 10 Indoor Championships	10:17.22	7
March 25	ASU Invitational	10:34.92	20

3,000-Meter Steeplechase

Date	Meet	Time	Place
April 29	National City Invitational	12:07.88	4

5,000-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	17:52.30	4
May 7	Atlantic 10 Outdoor Championships	18:23.10	13

Heather Stafford (Sr.)

1,500-Meter Run

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	5:11.37	16
April 22	Cardinal Invitational	5:03.05	15

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	5:29.24	9
Jan. 28	Ohio State Invitational	5:30.10	14

3,000-Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	10:50.72	27
Feb. 18	Atlantic 10 Indoor Championships	10:41.79	12
March 25	ASU Invitational	10:55.85	24

5,000-Meter Run

Date	Meet	Time	Place
Jan. 20	BGSU Invitational	19:17.03	6
March 18	U.C. Early Bird Relays	19:01.00	8
April 1	Oliver Nikoloff Invitational	18:39.03	6

Ashley Stick

600-Yard Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	1:39.24	12

500-Meter Run

Date	Meet	Time	Place
Feb. 18	Atlantic 10 Indoor Championships	1:28.79	21

800-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	2:36.09	25
April 1	Oliver Nikoloff Invitational	2:32.09	19
April 8	All-Ohio Outdoor Championships	2:34.46	23
April 29	National City Invitational	2:29.75	17
May 7	Atlantic 10 Outdoor Championships	2:29.72	23

Tomilyn Thornberry (Fr.)

400-Meter Dash

Date	Meet	Time	Place
April 29	National City Invitational	1:12.83	17
May 7	Atlantic 10 Outdoor Championships	1:09.88	20

800-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	2:49.68	7
Feb. 18	Atlantic 10 Indoor Championships	2:51.92	16
April 1	Oliver Nikoloff Invitational	2:48.40	30
April 8	All-Ohio Outdoor Championships	2:53.95	32
April 22	Cardinal Invitational	2:46.45	19

Katie Wetterau (Fr.)

400-Meter Dash

Date	Meet	Time	Place
April 29	National City Invitational	1:12.69	16
May 7	Atlantic 10 Outdoor Championships	1:10.79	21

800-Meter Run

Date	Meet	Time	Place
April 22	Cardinal Invitational	2:53.05	20

2006 XAVIER TRACK - MEN'S INDIVIDUAL RESULTS

Cody Ackerman (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:06.98	13
April 1	Oliver Nikoloff Invitational	2:13.56	27
April 21	Lions Open	2:11.41	7

1,000 Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	2:46.85	10

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	4:56.21	11

3,000 Meter Run

Date	Meet	Time	Place
Feb. 18	Atlantic 10 Indoor Championships	9:36.35	18

3,000-Meter Steeplechase

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	10:27.30	6
March 25	ASU Invitational	10:31.68	9
April 8	All-Ohio Outdoor Championships	10:46.55	17
April 22	Cardinal Invitational	10:38.95	9

5,000 Meter Run

Date	Meet	Time	Place
April 29	National City Invitational	17:08.92	18
May 7	Atlantic 10 Outdoor Championships	16:55.08	23

Luke Beuerlein (Fr.)

200-Meter Dash

Date	Meet	Time	Place
April 21	Lions Open	24.20	9

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	1:57.44	2

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	4:26.62	4
Feb. 4	Husker Invitational	4:19.49	16
Feb. 18	Atlantic 10 Indoor Championships	4:17.84	6

3,000-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	8:41.28	7

5,000-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	15:10.80	1
April 1	Oliver Nikoloff Invitational	14:53.71	3

10,000-Meter Run

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	31:30.17	4

David Ford (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	2:09.38	7
Jan. 28	Ohio State Invitational	2:10.66	21
Feb. 18	Atlantic 10 Indoor Championships	2:07.87	16
March 18	U.C. Early Bird Relays	2:09.90	8
March 25	ASU Invitational	2:14.28	20
April 8	All-Ohio Outdoor Championships	2:15.11	28
April 21	Lions Open	2:14.40	10
April 22	Cardinal Invitational	2:08.41	15
April 29	National City Invitational	2:11.78	15
May 7	Atlantic 10 Outdoor Championships	2:06.48	26

1,000-Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	2:45.78	9

1,500-Meter Run

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	4:39.51	27

Jeff Hileman (Fr.)

55-Meter Hurdles

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational (Prelims)	8.57	9
Jan. 28	Ohio State Invitational (Finals)	8.32	7
Feb. 18	Atlantic 10 Indoor Championships	8.15	13

60-Meter Hurdles

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	9.20	7
Feb. 4	Husker Invitational	9.62	28

100-Meter Dash

Date	Meet	Time	Place
May 6	Atlantic 10 Outdoor Championships	11.92	14

2006 XAVIER TRACK - MEN'S INDIVIDUAL RESULTS

110-Meter Hurdles

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	16.14	9
April 1	Oliver Nikoloff Invitational	16.29	17
April 8	All-Ohio Outdoor Championships	16.61	18
April 22	Cardinal Invitational	16.94	13
April 29	National City Invitational	16.92	5
May 6	Atlantic 10 Outdoor Championships	16.12	14

200-Meter Dash

Date	Meet	Time	Place
April 21	Lions Open	23.90	4

400-Meter Hurdles

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	1:01.59	5
March 25	ASU Invitational	1:01.10	13
April 1	Oliver Nikoloff Invitational	1:01.41	5
April 8	All-Ohio Outdoor Championships	1:02.07	17
April 22	Cardinal Invitational	1:00.88	13
May 7	Atlantic 10 Outdoor Championships	1:00.31	17

Long Jump

Date	Meet	Distance	Place
April 22	Cardinal Invitational	4.94m	11
April 29	National City Invitational	5.34m	14

Joe Keating (Fr.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:10.24	20
April 21	Lions Open	2:19.18	13

1,500-Meter Run

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	4:43.57	17

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	5:00.60	12

3,000-Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	10:12.59	33
March 25	ASU Invitational	10:16.36	19

5,000-Meter Run

Date	Meet	Time	Place
Feb. 18	Atlantic 10 Indoor Championships	17:58.44	20
March 18	U.C. Early Bird Relays	17:25.70	8

April 1	Oliver Nikoloff Invitational	17:57.87	23
April 29	National City Invitational	17:45.88	21

10,000-Meter Run

Date	Meet	Time	Place
May 6	Atlantic 10 Outdoor Championships	37:09.99	18

Dan Magness (Fr.)

60-Meter Hurdles

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	10.58	10

100-Meter Dash

Date	Meet	Time	Place
April 29	National City Invitational	13.41	19
May 6	Atlantic 10 Outdoor Championships	12.89	16

110-Meter Hurdles

Date	Meet	Time	Place
April 29	National City Invitational	19.72	8

200-Meter Dash

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	27.01	18
April 21	Lions Open	24.10	6
April 22	Cardinal Invitational	26.44	15

400-Meter Dash

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	55.76	21
April 8	All-Ohio Outdoor Championships	58.28	21

400-Meter Hurdles

Date	Meet	Time	Place
May 7	Atlantic 10 Outdoor Championships	1:06.56	20

Long Jump

Date	Meet	Distance	Place
April 22	Cardinal Invitational	5.58m	10
May 6	Atlantic 10 Outdoor Championship	5.54m	14

Tony Matheus (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:11.79	22
April 21	Lions Open	2:12.09	9

2006 XAVIER TRACK - MEN'S INDIVIDUAL RESULTS

3,000-Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	9:34.99	32
March 25	ASU Invitational	9:50.53	18

3,000-Meter Steeplechase

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	10:40.28	12
April 8	All-Ohio Outdoor Championships	10:46.39	16
April 22	Cardinal Invitational	10:33.22	8
April 29	National City Invitational	10:28.61	8
May 6	Atlantic 10 Outdoor Championships	10:24.88	15

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	4:40.62	9

Jeff Meinert (Fr.)

200-Meter Dash

Date	Meet	Time	Place
April 29	National City Invitational	25.10	18

400-Meter Dash

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	2:07.95	23
April 29	National City Invitational	55.18	17

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:07.36	14
March 18	U.C. Early Bird Relays	2:05.91	5
March 25	ASU Invitational	2:04.78	17
April 8	All-Ohio Outdoor Championships	2:07.95	23
April 22	Cardinal Invitational	2:01.39	14
May 7	Atlantic 10 Outdoor Championships	1:59.61	21

1,000-Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	2:48.00	11

1,500-Meter Run

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	4:21.58	26

3,000-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	10:33.35	14

Ben Milroy (So.)

One-Mile Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	4:34.85	11

1,500-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	4:10.91	5
April 22	Cardinal Invitational	4:06.13	19

3,000-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	8:49.99	8
Feb. 28	Husker Invitational	8:57.50	28
Feb. 18	Atlantic 10 Indoor Championships	8:39.34	6
March 25	ASU Invitational	9:10.11	14

5,000-Meter Run

Date	Meet	Time	Place
Feb. 3	Husker Invitational	15:13.73	5
April 1	Oliver Nikoloff Invitational	15:01.49	7
April 29	National City Invitational	15:31.90	3
May 7	Atlantic 10 Outdoor Championships	15:24.03	17

10,000-Meter Run

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	33:06.87	8
May 6	Atlantic 10 Outdoor Championships	32:50.64	13

Ryan Reichert (So.)

1,500-Meter Run

Date	Meet	Time	Place
May 7	Atlantic 10 Outdoor Championships	4:33.08	33

3,000-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	9:50.75	13
Jan. 28	Ohio State Invitational	9:47.07	25
Feb. 4	Husker Invitational	9:34.68	31
Feb. 18	Atlantic 10 Indoor Championships	9:28.24	17

3,000-Meter Steeplechase

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	10:37.50	7
March 25	ASU Invitational	10:41.03	10
April 1	Oliver Nikoloff Invitational	10:40.21	11
April 22	Cardinal Invitational	10:26.08	7
April 29	National City Invitational	10:28.63	9
May 6	Atlantic 10 Outdoor Championships	10:13.94	14

2006 XAVIER TRACK - MEN'S INDIVIDUAL RESULTS

5,000-Meter Run

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	16:56.40	18

Aaron Smith (Fr.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:09.75	19
April 21	Lions Open	2:16.28	11
April 29	National City Invitational	2:09.06	12

1,500-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	4:12.11	6
April 22	Cardinal Invitational	4:25.47	25
April 29	National City Invitational	4:21.20	12
May 7	Atlantic 10 Outdoor Championships	4:19.49	24

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	4:39.66	8
Jan. 28	Ohio State Invitational	4:38.26	12
Feb. 4	Husker Invitational	4:33.4	---
Feb. 18	Atlantic 10 Indoor Championships	4:33.63	13

3,000-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	9:14.02	15

5,000-Meter Run

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	16:16.86	19

10,000-Meter Run

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	36:05.21	12

Paul Staudigel (Sr.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	8:52.95	6
April 8	All-Ohio Outdoor Championships	2:10.44	25
April 21	Lions Open	2:11.63	8
April 29	National City Invitational	2:03.63	8

1,500-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	4:13.86	7

3,000-Meter Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	9:14.14	11
March 25	ASU Invitational	9:32.86	16

5,000-Meter Run

Date	Meet	Time	Place
Feb. 18	Atlantic 10 Indoor Championships	15:38.85	15
April 1	Oliver Nikoloff Invitational	15:35.30	13
May 7	Atlantic 10 Outdoor Championships	16:33.05	22

10,000-Meter Run

Date	Meet	Time	Place
April 8	All-Ohio Outdoor Championships	34:03.93	10

Matthew Weingardt (So.)

800-Meter Run

Date	Meet	Time	Place
Jan. 28	Ohio State Invitational	2:14.56	23
April 21	Lions Open	2:08.76	6

1,000-Meter Run

Date	Meet	Time	Place
Feb. 4	Husker Invitational	2:44.51	8
Feb. 18	Atlantic 10 Indoor Championships	2:46.66	15

1,500-Meter Run

Date	Meet	Time	Place
March 18	U.C. Early Bird Relays	4:24.21	10

One-Mile Run

Date	Meet	Time	Place
Jan. 14	Purdue Invitational	4:51.76	10
Jan. 28	Ohio State Invitational	4:46.47	18

3,000-Meter Run

Date	Meet	Time	Place
March 25	ASU Invitational	9:41.70	17

3,000-Meter Steeplechase

Date	Meet	Time	Place
April 22	Cardinal Invitational	10:23.95	6
April 29	National City Invitational	10:15.24	6
May 6	Atlantic 10 Outdoor Championships	10:10.34	12

5,000-Meter Run

Date	Meet	Time	Place
April 1	Oliver Nikoloff Invitational	16:27.24	21
April 8	All-Ohio Outdoor Championships	16:31.25	16

2006 XAVIER TRACK - MEN'S INDIVIDUAL RESULTS

Clinton Womack (Fr.)

200-Meter Dash

<u>Date</u>	<u>Meet</u>	<u>Time</u>	<u>Place</u>
April 29	National City Invitational	24.54	10

400-Meter Dash

<u>Date</u>	<u>Meet</u>	<u>Time</u>	<u>Place</u>
April 1	Oliver Nikoloff Invitational	52.74	19
April 29	National City Invitational	53.39	10

800-Meter Run

<u>Date</u>	<u>Meet</u>	<u>Time</u>	<u>Place</u>
Jan. 14	Purdue Invitational	2:01.55	5
Jan. 28	Ohio State Invitational	1:58.68	4
Feb. 18	Atlantic 10 Indoor Championships	2:02.04	15
April 8	All-Ohio Outdoor Championships	2:03.96	17
April 22	Cardinal Invitational	1:57.44	11
May 7	Atlantic 10 Outdoor Championships	1:57.02	14

One-Mile Run

<u>Date</u>	<u>Meet</u>	<u>Time</u>	<u>Place</u>
Feb. 4	Husker Invitational	4:37.8	---

2006 XAVIER TRACK - SEASON BEST TIMES

Men's 55-Meter Hurdles

Name	Date	Meet	Time
1. Jeff Hileman	Feb. 18	Atlantic 10 Indoor	8.15
2. Jeff Hileman	Jan. 28	Ohio State Inv. (Finals)	8.32
3. Jeff Hileman	Jan. 28	Ohio State Inv. (Prelims)	8.57

Men's 60-Meter Hurdles

Name	Date	Meet	Time
1. Jeff Hileman	Jan. 14	Purdue Invitational	9.20
2. Jeff Hileman	Feb. 4	Husker Invitational	9.62
3. Dan Magness	Jan. 14	Purdue Invitational	10.58

Men's 100-Meter Dash

Name	Date	Meet	Time
1. Jeff Hileman	May 6	A-10 Outdoor Champ.	11.92
2. Dan Magness	May 6	A-10 Outdoor Champ.	12.89
3. Dan Magness	April 29	National City Invitational	13.41

Men's 110-Meter Hurdles

Name	Date	Meet	Time
1. Jeff Hileman	May 6	A-10 Outdoor Champ.	16.12
2. Jeff Hileman	March 18	U.C. Early Bird Relays	16.14
3. Jeff Hileman	April 1	Oliver Nikoloff Invitational	16.29
4. Jeff Hileman	April 8	All-Ohio Outdoor	16.61
5. Jeff Hileman	April 29	National City Invitational	16.92
6. Jeff Hileman	April 22	Cardinal Invitational	16.94
7. Dan Magness	April 29	National City Invitational	19.72

Men's 400-Meter Hurdles

Name	Date	Meet	Time
1. Jeff Hileman	May 7	A-10 Outdoor Champ.	1:00.31
2. Jeff Hileman	April 22	Cardinal Invitational	1:00.88
3. Jeff Hileman	March 25	ASU Invitational	1:01.10
4. Jeff Hileman	April 1	Oliver Nikoloff Invitational	1:01.41
5. Jeff Hileman	March 18	U.C. Early Bird Relays	1:01.59
6. Jeff Hileman	April 8	All-Ohio Outdoor	1:02.07
7. Dan Magness	May 7	A-10 Outdoor Champ.	1:06.56

Men's 200-Meter Dash

Name	Date	Meet	Time
1. Jeff Hileman	April 21	Lions Open	23.90
2. Dan Magness	April 21	Lions Open	24.10
3. Luke Beuerlein	April 21	Lions Open	24.20
4. Clinton Womack	April 29	National City Invitational	24.54
5. Jeff Meinert	April 29	National City Invitational	25.10
6. Dan Magness	April 22	Cardinal Invitational	26.44
7. Dan Magness	April 8	All-Ohio Outdoor	27.01

Men's 400-Meter Dash

Name	Date	Meet	Time
1. Clinton Womack	April 29	National City Invitational	53.39
2. Jeff Meinert	April 29	National City Invitational	55.18
3. Dan Magness	April 8	All-Ohio Outdoor	58.28

Men's 110-Meter Hurdles

Name	Date	Meet	Time
1. Jeff Hileman	March 18	U.C. Early Bird Relays	16.14
2. Jeff Hileman	April 1	Oliver Nikoloff Invitational	16.29
3. Jeff Hileman	April 8	All-Ohio Outdoor	16.61

Men's 800-Meter Run

Name	Date	Meet	Time
1. Clinton Womack	May 7	A-10 Outdoor Champ.	1:57.02
2. Clinton Womack	April 22	Cardinal Invitational	1:57.44
3. Luke Beuerlein	Jan. 28	Ohio State Inv.	1:57.44
4. Clinton Womack	Jan. 28	Ohio State Inv.	1:58.68
5. Jeff Meinert	May 7	A-10 Outdoor Champ.	1:59.61
6. Jeff Meinert	April 22	Cardinal Invitational	2:01.39
7. Clinton Womack	Jan. 14	Purdue Invitational	2:01.55
8. Clinton Womack	Feb. 18	Atlantic 10 Indoor	2:02.04
9. Paul Staudigel	April 29	National City Invit.	2:03.63
10. Clinton Womack	April 8	All-Ohio Outdoor	2:03.96

Men's 1,000-Meter Run

Name	Date	Meet	Time
1. Matthew Weingardt	Feb. 4	Husker Invitational	2:44.51
2. David Ford	Feb. 4	Husker Invitational	2:45.78
3. Matthew Weingardt	Feb. 18	Atlantic 10 Indoor	2:46.66
4. Cody Ackerman	Feb. 4	Husker Invitational	2:46.85
5. Jeff Meinert	Feb. 4	Husker Invitational	2:48.00

Men's 1,500-Meter Run

Name	Date	Meet	Time
1. Ben Milroy	April 22	Cardinal Invitational	4:06.13
2. Ben Milroy	March 18	U.C. Early Bird Relays	4:10.91
3. Aaron Smith	March 18	U.C. Early Bird Relays	4:12.11
4. Paul Staudigel	March 18	U.C. Early Bird Relays	4:13.86
5. Aaron Smith	May 7	A-10 Outdoor Champ.	4:19.49
6. Aaron Smith	April 29	National City Invit.	4:21.20
7. Jeff Meinert	April 1	Oliver Nikoloff Invitational	4:21.58
8. Matt Weingardt	March 18	U.C. Early Bird Relays	4:24.21
9. Aaron Smith	April 22	Cardinal Invitational	4:25.47
10. Ryan Reichert	May 7	A-10 Outdoor Champ.	4:33.08

2006 XAVIER TRACK - SEASON BEST TIMES

Men's One-Mile Run

Name	Date	Meet	Time
1. Luke Beuerlein	Feb. 18	Atlantic 10 Indoor	4:17.84
2. Luke Beuerlein	Feb. 4	Husker Invitational	4:19.49
3. Luke Beuerlein	Jan. 14	Purdue Invitational	4:26.62
4. Aaron Smith	Feb. 4	Husker Invitational	4:33.4
5. Aaron Smith	Feb. 18	Atlantic 10 Indoor	4:33.63
6. Ben Milroy	Jan. 28	Ohio State Inv.	4:34.85
7. Clinton Womack	Feb. 4	Husker Invitational	4:37.8
8. Aaron Smith	Jan. 28	Ohio State Inv.	4:38.26
9. Aaron Smith	Jan. 14	Purdue Invitational	4:39.66
10. Tony Matheus	Jan. 14	Purdue Invitational	4:40.62

Men's 3,000-Meter Run

Name	Date	Meet	Time
1. Ben Milroy	Feb. 18	Atlantic 10 Indoor	8:39.34
2. Luke Beuerlein	March 25	ASU Invitational	8:41.28
3. Ben Milroy	Jan. 14	Purdue Invitational	8:49.99
4. Paul Staudigel	Jan. 28	Ohio State Inv.	8:52.95
5. Ben Milroy	Feb. 4	Husker Invitational	8:57.50
6. Ben Milroy	March 25	ASU Invitational	9:10.11
7. Aaron Smith	March 25	ASU Invitational	9:14.02
8. Paul Staudigel	Jan. 14	Purdue Invitational	9:14.14
9. Ryan Reichert	Feb. 18	Atlantic 10 Indoor	9:28.24
10. Paul Staudigel	March 25	ASU Invitational	9:32.86

Men's 3,000-Meter Steeplechase

Name	Date	Meet	Time
1. Matthew Weingardt	May 6	A-10 Outdoor Champ.	10:10.34
2. Ryan Reichert	May 6	A-10 Outdoor Champ.	10:13.94
3. Matthew Weingardt	April 29	National City Invit.	10:15.24
4. Matthew Weingardt	April 22	Cardinal Invitational	10:23.95
5. Tony Matheus	May 6	A-10 Outdoor Champ.	10:24.88
6. Ryan Reichert	April 22	Cardinal Invitational	10:26.08
7. Cody Ackerman	March 18	U.C. Early Bird Relays	10:27.30
8. Tony Matheus	April 29	National City Invit.	10:28.61
9. Ryan Reichert	April 29	National City Invit.	10:28.63
10. Cody Ackerman	March 25	ASU Invitational	10:31.68

Men's 5,000-Meter Run

Name	Date	Meet	Time
1. Luke Beuerlein	April 1	Oliver Nikoloff Invitational	14:53.71
2. Ben Milroy	April 1	Oliver Nikoloff Invitational	15:01.49
3. Luke Beuerlein	March 18	U.C. Early Bird Relays	15:10.80
4. Ben Milroy	Feb. 4	Husker Invitational	15:13.73
5. Ben Milroy	May 7	A-10 Outdoor Champ.	15:24.03
6. Ben Milroy	April 29	National City Invit.	15:31.90
7. Paul Staudigel	April 1	Oliver Nikoloff Invitational	15:35.30

8. Paul Staudigel	Feb. 18	Atlantic 10 Indoor	15:38.85
9. Aaron Smith	April 1	Oliver Nikoloff Invitational	16:16.86
10. Matthew Weingardt	April 1	Oliver Nikoloff Invitational	16:27.24

Men's 10,000-Meter Run

Name	Date	Meet	Time
1. Luke Beuerlein	April 8	All-Ohio Outdoor	31:30.17
2. Ben Milroy	May 6	A-10 Outdoor Champ.	32:50.64
2. Ben Milroy	April 8	All-Ohio Outdoor	33:06.87
3. Paul Staudigel	April 8	All-Ohio Outdoor	34:03.93
4. Aaron Smith	April 8	All-Ohio Outdoor	36:05.21
6. Joe Keating	May 6	A-10 Outdoor Champ.	37:09.99

Men's 4x100-Meter Relay

Name	Date	Meet	Time
1.	May 7	A-10 Outdoor Champ.	47.72

Men's 4x400-Meter Relay

Name	Date	Meet	Time
1. Clinton Womack	April 22	Cardinal Invitational	3:35.63
Jeff Meinert, Ben Milroy, Paul Staudigel			
2. Jeff Hileman	Jan. 14	Purdue Invitational	3:36.95
Dan Magness, Dan Heister, Luke Beuerlein			
3. Clinton Womack	April 1	Oliver Nikoloff Invitational	3:40.36
Jeff Meinert, Dan Magness, Luke Beuerlein			
4. Jeff Hileman	Jan. 28	Ohio State Inv.	3:43.58
Dan Magness, Ben Milroy, Clinton Womack			
5. Clinton Womack	March 25	ASU Invitational	3:47.17
Jeff Hileman, Dan Magness, Jeff Meinert			

Men's 4x800-Meter Relay

Name	Date	Meet	Time
1. Clinton Womack	May 7	A-10 Outdoor Champ.	8:01.76
Jeff Meinert, Paul Staudigel, Tony Matheus			
2. Luke Beuerlein	Feb. 18	Atlantic 10 Indoor	8:18.77
Paul Staudigel, Jeff Meinert, Tony Matheus			

Men's Distance Medley

Name	Date	Meet	Time
1. Clinton Womack	Feb. 4	Husker Invitational	10:52.56
Jeff Hileman, Paul Staudigel, Luke Beuerlein			
2. Matt Weingardt	Feb. 18	Atlantic 10 Indoor	11:44.26
Jeff Hileman, David Ford, Aaron Smith			

2006 XAVIER TRACK - SEASON BEST TIMES

Men's Long Jump

Name	Date	Meet	Distance
1. Dan Magness	April 22	Cardinal Invitational	5.58m
2. Dan Magness	May 6	A-10 Outdoor Champ.	5.54m
3. Jeff Hileman	April 29	National City Invitational	5.34m
4. Jeff Hileman	April 22	Cardinal Invitational	4.94m

Women's 400-Meter Dash

Name	Date	Meet	Time
1. Danna Deans	April 29	National City Invit.	1:02.46
2. Danna Deans	April 1	Oliver Nikoloff Invitational	1:03.92
3. Danna Deans	March 18	U.C. Early Bird Relays	1:05.07
4. Katie Schroeder	March 18	U.C. Early Bird Relays	1:07.98
5. Tomilyn Thornberry	May 7	A-10 Outdoor	1:09.88
6. Katie Wetterau	May 7	A-10 Outdoor	1:10.79
7. Katie Wetterau	April 29	National City Invit.	1:12.69
8. Tomilyn Thornberry	April 29	National City Invit.	1:12.83

Women's 600-Meter Run

Name	Date	Meet	Time
1. Danna Deans	Jan. 20	BGSU Invitational	1:47.70
2. Danna Deans	Jan. 14	Purdue Invitational	1:51.96

Women's 800-Meter Run

Name	Date	Meet	Time
1. Becky Clark	April 22	Cardinal Invitational	2:20.31
2. Becky Clark	Jan. 20	BGSU Invitational	2:22.36
3. Caitlin Shagena	April 1	Oliver Nikoloff Invitational	2:23.12
4. Natalie Lyzinski	March 18	U.C. Early Bird Relays	2:23.83
5. Caitlin Shagena	March 25	ASU Invitational	2:24.81
6. Natalie Lyzinski	Feb. 4	Husker Invitational	2:24.84
7. Caitlin Shagena	April 22	Cardinal Invitational	2:25.16
8. Caitlin Shagena	March 18	U.C. Early Bird Relays	2:26.87
9. Natalie Lyzinski	Jan. 20	BGSU Invitational	2:27.07
10. Katie Schroeder	May 7	A-10 Outdoor	2:27.34

Women's 1,000-Meter Run

Name	Date	Meet	Time
1. Becky Clark	Jan. 28	Ohio State Inv.	3:02.51
2. Katie Dominguez	Feb. 18	Atlantic 10 Indoor	3:17.56
3. Joanna Gruber	Jan. 28	Ohio State Inv.	3:19.94
4. Katie Dominguez	Feb. 4	Husker Invitational	3:21.50

Women's 1,500-Meter Run

Name	Date	Meet	Time
1. Becky Clark	April 8	All-Ohio Outdoor	4:47.51
2. Becky Clark	April 22	Cardinal Invitational	4:47.56

3. Becky Clark	April 1	Oliver Nikoloff Invitational	4:48.36
4. Kelly Sraj	April 22	Cardinal Invitational	5:03.00
5. Heather Stafford	April 22	Cardinal Invitational	5:03.05
6. Joanna Gruber	April 22	Cardinal Invitational	5:06.00
7. Joanna Gruber	April 1	Oliver Nikoloff Invitational	5:06.43
8. Amanda Brown	April 22	Cardinal Invitational	5:07.24
9. Caitlin Shagena	April 29	National City Invit.	5:08.40
10. Heather Stafford	April 8	All-Ohio Outdoor	5:11.37

Women's 600-Yard Run

Name	Date	Meet	Time
1. Ashley Stick	Feb. 4	Husker Invitational	1:39.24

Women's One-Mile Run

Name	Date	Meet	Time
1. Becky Clark	Feb. 18	Atlantic 10 Indoor	5:03.98
2. Becky Clark	Feb. 4	Husker Invitational	5:07.43
3. Becky Clark	Jan. 20	BGSU Invitational	5:11.24
4. Becky Clark	Jan. 14	Purdue Invitational	5:14.05
5. Kelly Sraj	Jan. 28	Ohio State Inv.	5:22.00
6. Joanna Gruber	Feb. 18	Atlantic 10 Indoor	5:26.63
7. Natalie Lyzinski	Jan. 28	Ohio State Inv.	5:27.91
8. Heather Stafford	Jan. 14	Purdue Invitational	5:29.24
9. Heather Stafford	Jan. 28	Ohio State Inv.	5:30.10
10. Joanna Gruber	Jan. 20	BGSU Invitational	5:35.21

Women's 3,000-Meter Run

Name	Date	Meet	Time
1. Kelly Sraj	Feb. 18	Atlantic 10 Indoor	10:17.22
2. Becky Clark	March 25	ASU Invitational	10:22.91
3. Kelly Sraj	Feb. 4	Husker Invitational	10:27.24
4. Kelly Sraj	Jan. 20	BGSU Invitational	10:31.40
5. Kelly Sraj	March 25	ASU Invitational	10:34.92
6. Heather Stafford	Feb. 18	Atlantic 10 Indoor	10:41.79
7. Kelly Sraj	Jan. 14	Purdue Invitational	10:43.99
8. Amanda Brown	Jan. 14	Purdue Invitational	10:46.88
9. Heather Stafford	Feb. 4	Husker Invitational	10:50.72
10. Heather Stafford	March 25	ASU Invitational	10:55.85

Women's 3,000-Meter Steeplechase

Name	Date	Meet	Time
1. Heather Stafford	April 29	National City Invit.	12:07.88
2. Emily Mertz	May 7	A-10 Outdoor	12:50.98
2. Emily Mertz	April 22	Cardinal Invitational	13:15.81
3. Emily Mertz	April 29	National City Invit.	13:21.88

2006 XAVIER TRACK - SEASON BEST TIMES

Women's 5,000-Meter Run

Name	Date	Meet	Time
1. Becky Clark	March 18	U.C. Early Bird Relays	17:43.00
2. Kelly Sraj	March 18	U.C. Early Bird Relays	17:52.30
3. Amanda Brown	April 29	National City Invit.	18:19.35
4. Kelly Sraj	May 7	A-10 Outdoor	18:23.10
5. Amanda Brown	May 7	A-10 Outdoor	18:23.93
6. Heather Stafford	April 1	Oliver Nikoloff Invitational	18:39.03
7. Amanda Brown	April 1	Oliver Nikoloff Invitational	18:40.06
8. Amanda Brown	April 8	All-Ohio Outdoor	18:46.73
9. Heather Stafford	March 18	U.C. Early Bird Relays	19:01.00
10. Heather Stafford	Jan. 20	BGSU Invitational	19:17.03

Women's 10,000-Meter Run

Name	Date	Meet	Time
1. Amanda Brown	May 7	A-10 Outdoor	38:43.50
2. Joanna Gruber	May 7	A-10 Outdoor	42:17.73
3. Kelly Leugers	May 7	A-10 Outdoor	42:57

Women's Long Jump

Name	Date	Meet	Distance
1. Danna Deans	March 25	ASU Invitational	5.16m
2. Danna Deans	April 29	National City Invit.	4.96m
T3. Danna Deans	May 7	A-10 Outdoor	4.95m
T3. Danna Deans	March 18	U.C. Early Bird Relays	4.95m
5. Danna Deans	Jan. 20	BGSU Invitational	4.91m
6. Danna Deans	Jan. 14	Purdue Invitational	4.89m
7. Danna Deans	Feb. 18	Atlantic 10 Indoor	4.84m
8. Danna Deans	Feb. 3	Husker Invitational	4.82m
9. Danna Deans	April 22	Cardinal Invitational	4.76m
10. Danna Deans	April 1	Oliver Nikoloff Invitational	4.48m

Women's Triple Jump

Name	Date	Meet	Distance
1. Danna Deans	May 7	A-10 Outdoor	9.67m

Women's 4x100-Meter Relay

Name	Date	Meet	Time
1.	May 7	A-10 Outdoor	57.95

Women's 4x400-Meter Relay

Name	Date	Meet	Time
1.	May 7	A-10 Outdoor	4:20.73
2. Caitlin Shagena Shelly Dickinson, Danna Deans, Ashley Stick	March 18	U.C. Early Bird Relays	4:23.05
3. Ashley Stick Danna Deans, Becky Clark, Natalie Lyzinski	Jan. 28	Ohio State Inv.	4:24.22

4. Danna Deans Becky Clark, Caitlin Shagena, Katie Schroeder	April 1	Oliver Nikoloff Invitational	4:26.01
5. Danna Deans Caitlin Shagena, Shelly Dickinson, Natalie Lyzinski	Jan. 20	BGSU Invitational	4:26.40
6. Joanna Gruber Natalie Lyzinski, Becky Clark, Danna Deans	Jan. 14	Purdue Invitational	4:27.86

Women's 4x800-Meter Relay

Name	Date	Meet	Time
1. Becky Clark Caitlin Shagena, Kelly Sraj, Danna Deans	May 7	A-10 Outdoor	9:31.86

Women's Distance Medley

Name	Date	Meet	Time
1. Becky Clark Danna Deans, Natalie Lyzinski, Joanna Gruber	Feb. 4	Husker Invitational	13:02.25