

Wayne State University Female Hockey School



July 14-17, 2008
City Ice Arena

Home of the WSU Women's Hockey Team

Ages 9-14 and 18 & Under
3 Ice Sessions/Day
Classroom Chalk Talk
Dryland Training
Guest Speakers

Improve your skills in the areas of:

- Power Skating
- Passing, Shooting, Scoring
- Offensive Tactics
- Body Contact/Angling
- Puck Protection
- Off-Ice Conditioning
- Goalie Technique and Training

Camp Info: 313-577-9177 or 313-577-9171

**E-mail: nfranck@wayne.edu or
jim.fetter@wayne.edu**

Now pay by Visa or MasterCard!

The Program

The Wayne State University Female Hockey School is designed to help aspiring female hockey players between the ages of 9-18. We will devote as much care and attention to our novice player as we will to our gifted athlete. Students will be grouped according to ability and age.

On Ice

The ice time will be divided into three separate daily ice sessions. The **first session** each day is devoted to power skating, where the emphasis is on skating technique, edge work, balance, stride and control. The **second session** will be devoted to individual skill development. The focus of this session will be on puck handling/protection, passing and shooting, checking/angling and scoring. The **third session** will be devoted to game concepts. Offensive and defensive concepts such as puck possession/movement, cycling, breakouts, zone entry will be taught.

WSU Camp Philosophy

Our goal is to provide players and goalies with the highest caliber instruction available. We limit the size of each age group to guarantee a proper student/instructor ratio. This allows for more repetitions of each individual skill. Our priority is to ensure that all of our students, regardless of ability, skate away from our school with increased confidence in their skills and a greater understanding and passion for this wonderful sport.

Staff

You will not find a camp staff, in Michigan, comparable to what we can provide. Our staff includes instructors with International & Collegiate coaching & playing experience, who also have extensive hockey school backgrounds.



Jim Fetter, head women's ice hockey coach at Wayne State University, will be entering his 6th season behind the bench in the fall of 2008. After 1 year as an assistant at the University of Maine and 3 years as the top assistant coach at Mercyhurst

College, Fetter took over the WSU Women's program. A native of Kitchener, Ontario, Fetter is also heavily involved with Hockey Canada. In the spring of 2006 he was selected to participate as part of Hockey Canada's National Coaching Pool where he coached at the Under-22 and National Team Development Camps. Coach Fetter was also selected as the Assistant Coach for Hockey Canada's inaugural U18 Women's National Team that competed in the 2008 U18 World Women's Hockey Championships.



Nicolette Franck serves as the Assistant Women's Hockey Coach and Recruiting Coordinator at WSU. Nicolette will enter her 2nd year behind the bench in the fall of '08. Nicolette was the Head Coach for the Etobicoke Jr. Dolphins in the PWHL before coming to WSU. Nicolette has an extensive background in coaching goalies as well. She has a Bachelor's degree in Psychology from Yale University, where she also played varsity hockey. Nicolette played in the NWHL for two seasons and plays goal for the Canadian Inline Hockey Women's National team.



Allison Rutledge is the Assistant Coach and Academic/Video Coordinator for the WSU Women's Program. Allison will be entering her 2nd year with the program in the fall of '08 as well. Allison played varsity hockey, as a goalie, for Niagara University prior to her coaching career at WSU, where she was CHA First Team selection and named CHA Student-Athlete of the Year. In 2006, Allison was invited to the Hockey Canada U-22 Camp. Allison graduated from NU with a Bachelor's degree in Secondary Education. She is currently pursuing her Masters at WSU.

