



## Wyoming Volleyball Contact

Amy Dambro, Assistant Media Relations Director

Phone: (307) 766-2256 Email: montross@uwyo.edu

### Cowgirl Quick Facts

**Location:** Laramie, Wyoming  
**Founded:** 1886  
**Enrollment:** 13,162  
**Nickname:** Cowgirls  
**Colors:** Brown & Gold  
**Home Court:** UniWyo Sports Complex (1,200)  
**Affiliation:** NCAA Division I  
**Conference:** Mountain West Conference  
**President:** Tom Buchanan  
 (State University of New York, '73)  
**Athletics Director:** Gary Barta (North Dakota State, '87)  
**Senior Associate Athletics Director:**  
 Barbara Burke (Western Michigan, '80)  
**Faculty Representative:** Janet Constantinides  
**Athletic Department Phone:** 307-766-2292  
**Ticket Office Phone:** 307-766-4850 or 800-922-9461

### Volleyball Staff

**Head Coach:** Pat Stangle (Hardin-Simmons, '88)  
**Record at Wyoming:** 13-14 (.481), One year  
**Career Record:** Same  
**Conference Record at Wyoming:** 6-8 (.429), One year  
**Conference Record:** Same  
**Assistant Coach:** Michelle Patton (Washington, '99)  
**Assistant Coach:** TBA  
**Volleyball Office Phone:** 307-766-3715  
**Best Time to Reach Coach Stangle:** Contact SID

### Team Information

**2004 Overall Record:** 13-14 (.481)  
**2004 Conf. Record/Finish:** 6-8 (.429)/5th in the MWC  
**Letterwinners Returning/Lost:** 7/7  
**Starters Returning/Lost:** 3/3  
**Newcomers:** 7

### History

**First Year of Volleyball:** 1972  
**All-Time Record/Years:** 465-451 .508 (33 seasons)  
**All-Time MWC Record:** 24-60 .286 (Six seasons)

### Media Relations Information

**Associate AD for Media Relations:** Kevin M. McKinney  
**Office Phone:** 307-766-2290  
**email:** kevinm@uwyo.edu  
**Assistant AD for Media Relations:** Tim Harkins  
**Office Phone:** 307-766-2321  
**email:** tharkins@uwyo.edu  
**Assistant Media Relations Director (VB Contact):**  
 Amy Dambro  
**email:** montross@uwyo.edu  
**Office Phone:** 307-766-2256 or 2269  
**Cell Phone:** 307-760-1736  
**Home Phone:** 307-742-1960  
**SID Fax Number:** 307-766-2346  
**Press Row Phone:** 307-766-2222

**Official Wyoming Website:**  
[www.wyomingathletics.com](http://www.wyomingathletics.com)

### Mailing Address

Athletics Media Relations Office  
 University of Wyoming  
 Department 3414  
 1000 East University Avenue  
 Laramie, Wyoming  
 82071-3414

### Overnight Address

16th and Gibbon Streets  
 Laramie, Wyo.  
 82071-3414

## The Wyoming Cowgirls (13-14 overall, 6-8 in the Mountain West Conference)

### Numerical Roster

No	Name	Pos.	Ht.	Cl.	Hometown (Previous School)
1	Kelsey Loop	OH	6-0	Fr.	Valley Center, Kansas (Circle HS)
2	Michelle Weydert	LIB	5-7	So.	Tacoma, Wash. (Washington HS)
3	Jamie Schilling	S	5-4	Jr.	Casper, Wyo. (Casper College)
4	Emily Veenker	OH	5-10	So.	Auburn, Wash. (Auburn HS)
5	Andrea Seele	MB	5-11	Jr.	Johnstown, Colo. (Roosevelt HS)
6	Jessie Carlson	MB	6-2	Fr.	Cheyenne, Wyo. (Cheyenne East HS)
7	Rachel Smith	OH	5-11	So.	Thousand Oaks, Calif. (Westlake HS)
9	Tasha Weishahn	S	5-8	Fr.	Beatrice, Neb. (Beatrice HS)
10	Angie Hellbaum	OH	5-10	So.	Wheatland, Wyo. (Wheatland HS)
11	Carissa Lee	LIB	5-5	Fr.	Eugene, Ore. (Churchill HS)
12	Kara Wagner	OH/MB	5-10	Jr.	Washington, Illinois (Illinois Central College)
15	Lauren Scott	MB	6-1	So.	Lone Tree, Colo. (Highlands Ranch HS)
16	Samantha Eley	LIB	5-8	Fr.	Lincoln, Neb. (Lincoln Southwest HS)
17	Kaylan McGary	MB	6-1	Jr.	Laramie, Wyo. (Laramie HS)

### Alphabetical Roster

No	Name	Pos.	Ht.	Cl.	Hometown (Previous School)
6	Jessie Carlson	MB	6-2	Fr.	Cheyenne, Wyo. (Cheyenne East HS)
16	Samantha Eley	LIB	5-8	Fr.	Lincoln, Neb. (Lincoln Southwest HS)
10	Angie Hellbaum	OH	5-10	So.	Wheatland, Wyo. (Wheatland HS)
11	Carissa Lee	LIB	5-5	Fr.	Eugene, Ore. (Churchill HS)
1	Kelsey Loop	OH	6-0	Fr.	Valley Center, Kansas (Circle HS)
17	Kaylan McGary	MB	6-1	Jr.	Laramie, Wyo. (Laramie HS)
3	Jamie Schilling	S	5-4	Jr.	Casper, Wyo. (Casper College)
15	Lauren Scott	MB	6-1	So.	Lone Tree, Colo. (Highlands Ranch HS)
5	Andrea Seele	MB	5-11	Jr.	Johnstown, Colo. (Roosevelt HS)
7	Rachel Smith	OH	5-11	So.	Thousand Oaks, Calif. (Westlake HS)
4	Emily Veenker	OH	5-10	So.	Auburn, Wash. (Auburn HS)
12	Kara Wagner	OH/MB	5-10	Jr.	Washington, Illinois (Illinois Central College)
9	Tasha Weishahn	S	5-8	Fr.	Beatrice, Neb. (Beatrice HS)
2	Michelle Weydert	LIB	5-7	So.	Tacoma, Wash. (Washington HS)

**Head Coach:** Pat Stangle (Hardin-Simmons, '88), Second Year  
**Assistant Coaches:** Michelle Patton (Washington, '99), Second Year  
 TBA

**Comparative Stats:** Here is how the Wyoming Cowgirls and their opponents compared statistically for the 2004 Volleyball season.

	<u>K-Att.</u>	<u>%</u>	<u>Assists</u>	<u>SA</u>	<u>Digs</u>	<u>BS</u>	<u>BA</u>	<u>Total</u>
Wyoming	1534-3840	.251	1390-13.76	124	1332-13.19	31	340	201.0-1.99
Opponents	1635-3942	.246	1456-14.42	151	1443-14.29	43	428	257.0-2.54
<b>UW Margins</b>		<b>+.005</b>	<b>-66</b>	<b>-27</b>	<b>-111</b>	<b>-12</b>	<b>-88</b>	<b>-56.0</b>

**University of Wyoming Cowgirl Volleyball**  
**Leading Cowgirls ... 2/2/2**

**Smith Named Co-Freshman of the Year:** Wyoming outside hitter Rachel Smith was named the 2004 Mountain West Conference Volleyball Co-Freshman of the Year, along with UNLV's Maria Aladjova. A native of Thousand Oaks, Calif., Smith ranked third in kills per game in conference matches (3.63), compiled a hitting percentage of .257 and averaged 2.40 digs per game.

**2004 All-Mountain West Conference Volleyball Team** (\*notes repeat selection)

Name	School	Class	Position	Hometown
Lindsay Hartsock	BYU	So.	MB	Inkom, Idaho
Lindsey Metcalf	BYU	Sr.	OH	Orem, Utah
Lauren Richards*	BYU	Jr.	S	Orem, Utah
Kim Wilson	BYU	Jr.	OH	Provo, Utah
Katie Jo Cahoon*	CSU	Sr.	MB	Hayden, Idaho
Dre Downs	CSU	Jr.	RS/MB	Clinton, Utah
Bri Frech	CSU	Sr.	MB	Eschwege, Germany
Tess Rogers*	CSU	Jr.	OH	Merino, Colo.
Nicki King	UNLV	Sr.	S	Phoenix, Ariz.
Lyndsey Henderson	Utah	Sr.	MB	Orem, Utah
Kelsie Kartchner	Utah	Sr.	S	Pleasant Grove, Utah
Shelly Sommerfeldt*	Utah	Jr.	OH	Orem, Utah

Setter – Melissa Courtney\*, CSU, Sr. Lakewood, Calif.  
 Libero – Connie Dangerfield, Utah, So. Salt Lake City, Utah

**Player of the Year:**

Melissa Courtney, CSU, Sr., S, Lakewood, Calif.

**Freshman of the Year:**

Maria Aladjova, UNLV, Fr., OH, Sophia, Bulgaria  
 Rachel Smith, Wyoming, Fr., OH, Thousand Oaks, Calif.

**Coach of the Year:**

Beth Launiere, Utah

**Leading Weapons in the Cowgirl Attack:** The following is a listing of the Cowgirls who led in each statistical category for the 2004 season.

**Individual (All Matches)**

<b>Kills</b>	Rachel Smith (338, 3.35 kpg)
<b>Hitting %</b>	Shelby Heggie (.300, 219-63-520)
<b>Assists</b>	Amy Doman (1306, 12.93 aspg)
<b>Aces</b>	Sara Maytorena (30, .31 sapg)
<b>Digs</b>	Rachael Booth (266, 2.99 dpg)
<b>Blocks</b>	Lauren Scott (101, 1.19 bpg)

**Conference Matches**

Rachel Smith (189, 3.63 kpg)
Shelby Heggie (.268, 112-38-276)
Amy Doman (660, 12.69 aspg)
Sara Maytorena (16, .33 sapg)
Jill Roslund (80, 2.67 dpg)
Lauren Scott (37.0, 1.03 bpg)

**Where The Cowgirls Rank In The Conference:** Here are where the Wyoming Cowgirls ranked statistically in the Mountain West Conference during the 2004 volleyball season.

**Individual (All Matches)**

<b>Kills</b>	5th-Rachel Smith (338, 3.35 kpg)
	8th-Sara Maytorena (314, 3.27 kpg)
<b>Hitting%</b>	7th-Shelby Heggie (.300, 219-63-520)
	8th-Lauren Scott (.295, 212-86-427)
	12th-Sara Maytorena (.262, 314-102-808)
	15th-Andrea Tuck (.240, 157-60-405)
	19th-Rachel Smith (.235, 338-126-901)
<b>Assists</b>	2nd-Amy Doman (1306, 12.93 aspg)
<b>Aces</b>	4th-Sara Maytorena (30, .31 sapg)
<b>Digs</b>	6th-Rachael Booth (266, 2.99 dpg)
<b>Blocks</b>	8th-Lauren Scott (101.0, 1.19 bpg)

**Conference Matches**

3rd-Rachel Smith (189, 3.63 kpg)
8th-Andrea Tuck (113, 3.23 kpg)
10th-Shelby Heggie (.268, 112-38-276)
13th-Andrea Tuck (.261, 113-38-287)
14th-Rachel Smith (.257, 189-68-471)
17th-Lauren Scott (.249, 87-42-181)
2nd-Amy Doman (660, 12.69 aspg)
5th-Sara Maytorena (16, .33 sapg)
7th-Jill Roslund (80, 2.67 dpg)
9th-Rachael Booth (103, 2.45 dpg)
12th-Rachel Smith (125, 2.40 dpg)
14th-Lauren Scott (37.0, 1.03 bpg)

**Team (All Matches)**

<b>Kills</b>	5th-1534 (15.19 kpg)
<b>Hitting %</b>	3rd-.251 (1534-572-3840)
<b>Assists</b>	5th-1390 (13.76 aspg)
<b>Aces</b>	6th-124 (1.23 sapg)
<b>Digs</b>	5th-1332 (13.19 dpg)
<b>Blocks</b>	6th-201.0 (1.99 bpg)

**Conference Matches**

5th-774 (14.88 kpg)
4th-.225 (774-327-1988)
5th-699 (13.44 aspg)
6th-61 (1.17 sapg)
5th-679 (13.06 dpg)
7th-98.5 (1.89 bpg)

**Eight Cowgirls Earn Academic All-Conference Honors:**

The Mountain West Conference announced the 2004 Academic All-Conference Team for women's volleyball and eight individuals from the Cowgirl team were honored.

To be eligible for selection to the academic team, a student-athlete must have completed at least one academic term at the member institution, maintain a cumulative grade point average of 3.0 or better and be a starter or significant contributor to the team.

Below are the individuals that earned the honor:

**Academic All-MWC**

Amy Doman, Sr., 3.964, Health Science  
 Angie Hellbaum, Fr., 3.538, Undecided  
 Vanessa Latimer, Sr. 3.849, Business Management  
 Sara Maytorena, Sr., 3.348, Elementary Education  
 Jill Roslund, Sr., 3.591, Elementary Education  
 Lauren Scott, Fr., 3.455, Undecided  
 Andrea Seele, So., 3.857, Undeclared  
 Michelle Weydert, Fr., 3.00, Elementary Education

**Cowgirls Ranked Among Top 30 in Attendance:**

The Wyoming Cowgirl Volleyball team ranked among the NCAA Top 30 in average attendance during the 2004 season. The Cowgirls averaged 627 fans for the week of Sept. 6, 2004, which ranked 16th among NCAA attendance leaders. The Top 5 in attendance for the year included Hawai'i, Nebraska, Wisconsin, Minnesota and Washington.

**Scott Earns Player of the Week Honors:**

Wyoming middle blocker Lauren Scott earned Mountain West Conference Volleyball Player of the Week honors for Sept. 27, marking her first career award. A 6-2 freshman from Lone Tree, Colo. (Highlands Ranch HS), Scott helped the Cowgirls go 2-0 to open league play for the first time since 1997 with wins over New Mexico and Air Force last weekend. Against New Mexico, Scott had a .409 hitting percentage with 12 kills and six blocks, as Wyoming got past the Lobos in five games. She hit .400 vs. Air Force, matching her career-high with 13 kills. Scott added a career-best two solo blocks (eight total blocks) and a dig in four games vs. the Falcons. For the week, Scott averaged 2.78 kills and 1.56 blocks per game, while hitting .404 (25-6-47). She also had three digs and an assist.

**Maytorena, Scott make All-Tournament Team:**

For the third tournament in a row, senior Sara Maytorena was a member of the All-Tournament Team at the Idaho State Classic. She averaged 4.6 kills, 2.33 digs and hit .376 (55-11-117) for the weekend. Middle blocker Lauren Scott was named to her first All-Tournament Team this season as she averaged 3.1 kills and 1.73 blocks per game. Below is the 2004 Idaho State Classic All-Tournament Team:

**MVP -- Alice Borden, New Mexico State**

Stevi Adams, New Mexico State  
 Jackie Choi, New Mexico State  
 Christina Davis, Gonzaga  
 Ali Gorny, Idaho State

**Sara Maytorena, Wyoming**

**Lauren Scott, Wyoming**

**Maytorena, Smith make All-Tournament Team:**

Sara Maytorena and Rachel Smith were named to the Cowgirl Classic All-Tournament Team. Maytorena averaged four kills, 2.40 digs and a .388 hitting percentage. In her first matches as a Cowgirl, Smith finished with 3.73 kpg, 1.18 dpg and a .290 hitting percentage. Below is the 2004 Cowgirl Classic All-Tournament Team:

**MVP -- Erin Martin, Outside Hitter, Minnesota**

Felice Yocopis, Outside Hitter, Idaho State  
 Meagan Daniel, Outside Hitter, UTSA

**Sara Maytorena, Outside Hitter, Wyoming**

Rachel Smith, Outside Hitter, Wyoming  
 Jessica Byrnes, Middle Blocker, Minnesota  
 Meredith Nelson, Middle Blocker, Minnesota

**2005 Wyoming Cowgirl Volleyball Schedule**

**Record:** 0-0      **Home:** 0-0      **Away:** 0-0      **Neutral:** 0-0  
**MWC:** 0-0      **Home:** 0-0      **Away:** 0-0

<u>Date</u>	<u>Opponent</u>	<u>Location</u>	<u>Time/Results</u>
<b>August</b>			
	Washington Tournament	Seattle, Wash.	
Fri., Aug. 26	Wyoming vs. Montana State		5:00 p.m.
Sat., Aug. 27	Wyoming vs. Gardner-Webb		5:00 p.m.
<b>September</b>			
<b>UniWyo Cowgirl Classic Laramie, Wyo.</b>			
<b>Thurs., Sept. 1</b>	<b>Wyoming vs. Boise State</b>		<b>7:00 p.m.</b>
<b>Sat., Sept. 3</b>	<b>Wyoming vs. Northern Colorado</b>		<b>7:00 p.m.</b>
	Mean Green Classic	Denton, Texas	
Fri., Sept. 9	Wyoming vs. Prairie View		10:00 a.m.
	Wyoming @North Texas		6:00 p.m.
Sat., Sept. 10	Wyoming vs. Centenary		12:00 p.m.
<b>Fri., Sept. 16</b>	<b>Florida A&amp;M</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
<b>Sat., Sept. 17</b>	<b>New Mexico State</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
Thurs., Sept. 22	UNLV*	Las Vegas, Nev.	8:00 p.m.
Sat., Sept. 24	San Diego State*	San Diego, Calif.	1:00 p.m.
Fri., Sept. 30	@Colorado State*	Ft. Collins, Colo.	7:00 p.m.
<b>October</b>			
<b>Fri., Oct. 7</b>	<b>Utah*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
<b>Sat., Oct. 8</b>	<b>BYU*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
Tues., Oct. 11	@TCU*	Ft. Worth, Texas	6:00 p.m.
<b>Fri., Oct. 14</b>	<b>Utah Valley State</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
<b>Sun., Oct. 16</b>	<b>Texas Tech</b>	<b>Laramie, Wyo.</b>	<b>3:00 p.m.</b>
Thurs., Oct. 20	@New Mexico*	Albuquerque, N.M.	7:00 p.m.
Sat., Oct. 22	@Air Force Academy*	Colorado Springs, Colo.	7:00 p.m.
<b>Fri., Oct. 28</b>	<b>Colorado State*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
<b>November</b>			
<b>Fri., Nov. 4</b>	<b>San Diego State*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
<b>Sat., Nov. 5</b>	<b>UNLV*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
Fri., Nov. 11	@Utah*	Salt Lake City, Utah	7:00 p.m.
Sat., Nov. 12	@BYU*	Provo, Utah	7:00 p.m.
<b>Wed., Nov. 16</b>	<b>TCU*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
<b>Fri., Nov. 18</b>	<b>Air Force Academy*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
<b>Sat., Nov. 19</b>	<b>New Mexico*</b>	<b>Laramie, Wyo.</b>	<b>7:00 p.m.</b>
Tues.-Sat. Nov. 22-26	MWC Championships	Las Vegas, Nev.	TBD
Thur.-Sat. Dec. 1-3	NCAA Tournament	TBD	TBD

\* Indicates MWC Matches  
 &Mountain West Conference Tournament Match  
 All times listed are Mountain Time.  
 All Matches and Times are subject to change

**A Recap of the UNLV match:** The Wyoming volleyball team closed out the 2004 season with a four game loss (12-30, 21-30, 30-27, 16-30) against the fourth seeded UNLV Rebels (15-11 overall, 8-6 in the MWC) on Thursday afternoon in Ft. Collins.

It was all UNLV to begin the match as they took a 10-2 lead. The Cowgirls tried to battle back in to the game, but struggled to put a consistent string of points together. Everything seemed to go the Rebels way as they increased their lead with an 11-7 run to go up 20-9. Despite being down, Wyoming continued to fight and pulled within ten, but that would be as close as they would get. UNLV would score the final nine of ten points to take game one, 30-12. As a team, the Cowgirls struggled offensively hitting -.042 (7-9-48) compared to .325 (17-4-40) by the Rebels.

The Rebels scored the first three points to being game two, but Wyoming came back with a 4-1 run to even things up at four all. UNLV responded with a 9-2 run to open up a seven point advantage, 13-6. The Cowgirls tried to battle their way back in it by scoring the next three of four points, but once again the Rebels answered with an 8-3 run to go up 22-12. Despite being out scored, the Rebels would take the game 30-21 and a 2-0 lead in the match.

The two teams traded points back and forth to begin game three. Down 10-8, the Cowgirls got some momentum going by scoring six unanswered to take their first significant lead of the match 14-10. UNLV responded with a 5-2 run to pull within one, 16-15. Wyoming continued to maintain a small lead, until the Rebels tied things up at 21 all and the battle was on. The Cowgirls seemed to gain some control in the game by taking a two point lead, 27-25, which was quickly tied up by UNLV. Wyoming kept their composure and scored the final three points to win the game 30-27.

Wyoming once again fell behind early in game four 7-1, and really struggled to score points. The Rebels really seemed to get back in sync as they maintained a seven to eight point advantage. The Cowgirls pulled to within five, 15-10, but UNLV answered back with five straight points to regain a 20-10 lead. Unfortunately in the end, the Cowgirls couldn't pull it out as they fell 30-16 and 3-1 in the match.

"I think it goes to the changing of the culture and developing a winning attitude," said head coach Pat Stangle. "When we're in the match, we need to learn how to have that type of attitude, and today in games one and two we didn't have that. UNLV is a team that played very well and certainly weren't invincible, and unfortunately we didn't take advantage of that."

The Cowgirls were led by freshmen Rachel Smith and Andrea Tuck. Smith finished with a team high 16 kills, along with ten digs, while Tuck recorded 12 kills and four digs. Freshman libero Michelle Weydert also recorded a career high 17 digs. Wyoming struggled on the offensive end as they hit .155 (51-26-161) on the day.

The Rebels were led by Tarin Keith who notched 23 kills, nine digs and hit .386 (23-6-44) for the match. As a team, UNLV hit .362 (72-18-149) and finished with 12 total team blocks.

The Cowgirls wrap up the season with a 13-14 overall record and a 6-8 mark in the Mountain West Conference.

**University of Wyoming Cowgirl Volleyball  
Cowgirl Record Book and Notes ... 4/4/4**

**The Cowgirl Record Watch:** During the 2004 season, a few of the Cowgirls moved up in several career categories in the Wyoming record book, which included Amy Doman and Sara Maytorena. Doman moved into first place on the career assists list with 4,832, while Maytorena moved into fourth place all-time with 1,304 kills. Following are some of the categories where the Cowgirls rank in a career and on the single-season list:

**Career Highs**

**Kills**

1. Ronda Munger	1,536	(1984-87)
2. Darcy Cudaback	1,533	(1986-89)
3. Michele Rauter	1,377	(2000-03)
4. Sara Maytorena	1,304	(2001-04)
5. Melody Friehauf	1,297	(1997-00)
6. Kristina Dzelme	1,245	(1993-96)
7. Judy Peck	1,074	(1988-91)
8. Melissa Sharp	1,018	(1991-94)
9. Valinda Hilleary	997	(1982-86)
10. Katie Donahue	953	(1984-88)
11. Jill Jones	938	(1992-96)
12. Jami Laya	934	(1995-98)

**Hitting % (Min. 1,000 attempts)**

1. Melody Friehauf	.300	(1997-00)
2. Dailene Glenn	.296	(1989-90)
3. Kristina Dzelme	.290	(1993-96)
4. Darcy Cudaback	.283	(1986-89)
5. Judy Peck	.276	(1988-91)
6. Mary Shea	.273	(1982-83)
7. Katie Donahue	.272	(1984-88)
8. Wende Brown	.263	(1991-94)
9. Shelley Marlyst	.250	(1984-87)
10. Sara Maytorena	.245	(2001-04)
11. Staci Landis	.234	(1982-85)

**Assists**

1. Amy Doman	4,832	(2001-04)
2. Chris Lambert	4,767	(1983-86)
3. Kim Smith	3,655	(1988-91)
4. Jil Robins	3,592	(1991-94)
5. Chris Lull	2,609	(1985-89)
6. Lemia Astarabadi	2,370	(1995-96)
7. V. Kiremidjian	1,502	(1993-97)
8. Angel Whalen	1,295	(1998-99)
9. Katy Brown	1,085	(2000-03)
10. Brooke Lowry	1,011	(1999)

**Service Aces**

1. Chris Lambert	159	(1983-86)
2. Anna Parmely	123	(1995-98)
3. Michele Rauter	113	(2000-03)
4. Sara Maytorena	110	(2001-04)
5. Jil Robins	103	(1991-94)
Kim Smith	103	(1988-91)
7. Jill Jones	99	(1992-96)
8. Rachel Lau	98	(1998-01)
9. Darcy Cudaback	95	(1986-89)
10. Amy Doman	92	(2001-04)
Ginger Bruere	92	(1985-89)
12. Erin Cantacessi	91	(1987-90)
Jill Roslund	91	(2001-04)
14. Jodie Aguirre	90	(1982-84)

**Digs**

1. Ronda Munger	1,108	(1984-87)
2. Michele Rauter	1,072	(2000-03)
3. Jil Robins	1,033	(1991-94)
4. Erin Cantacessi	1,002	(1987-90)
5. Chris Lambert	949	(1983-86)
6. Jami Laya	938	(1995-98)
7. Anna Parmely	914	(1995-98)
8. Kim Smith	866	(1988-91)
9. Sara Maytorena	865	(2001-04)
10. Tyree Leuthauser	864	(1989-92)
11. Jill Jones	857	(1992-96)
12. Melissa Sharp	832	(1991-94)

**Blocks**

1. Melody Friehauf	618	(1997-00)
2. Kristina Dzelme	573	(1993-96)
3. Katie Donahue	419	(1984-88)
4. Judy Peck	407	(1988-91)
5. Shelley Marlyst	369	(1984-87)
6. Wende Brown	364	(1991-94)
7. Jodie Aguirre	335	(1982-84)
8. Sara Maytorena	321	(2001-04)
9. Jessica Zehr	318	(1996-98)
10. Rachel Lau	314	(1998-01)
11. Darcy Cudaback	311	(1986-89)

**Most Games Played in a Career**

1. Chris Lambert	466	(1983-86)
2. Darcy Cudaback	446	(1986-89)
3. Melody Friehauf	422	(1997-00)
4. Kristina Dzelme	421	(1993-96)
5. Erin Cantacessi	420	(1987-90)
Jil Robins	420	(1991-94)
7. Anna Parmely	419	(1995-98)
8. Ronda Munger	415	(1984-87)
9. Chris Lull	408	(1985-89)
10. Sara Maytorena	406	(2001-04)
11. Amy Doman	403	(2001-04)
Judy Peck	403	(1988-91)

**Single Season Highs**

**Kills**

1. Darcy Cudaback	595	(1988)
2. Darcy Cudaback	542	(1989)
3. Ronda Munger	515	(1987)
4. Michele Rauter	496	(2002)
5. Mary Shea	486	(1983)
6. Melissa Sharp	444	(1994)
7. Valinda Hilleary	416	(1985)
8. Kristina Dzelme	413	(1995)
9. Wende Brown	412	(1994)
10. Ginger Bruere	401	(1987)
11. Sara Maytorena	400	(2002)
12. Mary Shea	395	(1982)

**Hitting Percentage (Min. 500 attempts)**

1. Melody Friehauf	.360	(1999)
2. Kristina Dzelme	.337	(1996)
3. Judy Peck	.320	(1989)
4. Darcy Cudaback	.314	(1988)
5. Katie Donahue	.309	(1986)
6. Darcy Cudaback	.306	(1989)
7. Dailene Glenn	.305	(1990)
8. Melody Friehauf	.303	(1998)
9. Shelby Heggie	.300	(2004)
10. Lauren Scott	.295	(2004)
11. Wende Brown	.294	(1993)
12. Shelley Marlyst	.291	(1985)

**Assists**

1. Chris Lull	1,381	(1989)
2. Jil Robins	1,376	(1994)
3. V. Kiremidjian	1,373	(1997)
4. Kim Smith	1,351	(1990)
5. Amy Doman	1,337	(2002)
6. Amy Doman	1,306	(2004)
7. Chris Lambert	1,277	(1985)
8. Chris Lambert	1,251	(1986)
9. L. Astarabadi	1,223	(1995)
10. Kim Smith	1,197	(1988)
11. Chris Lull	1,191	(1987)
Angel Whalen	1,191	(1998)

**Service Aces**

1. Chris Lambert	59	(1983)
2. Mary Shea	49	(1983)
3. Shelley Marlyst	44	(1986)
4. Jody Aguirre	42	(1984)
5. Jamie Dack	40	(1990)
Jill Jones	40	(1995)
Anna Parmely	40	(1995)
8. Jan Browall	39	(1982)
Darcy Cudaback	39	(1988)
Chris Lull	39	(1989)
Jessica Zehr	39	(1997)

**Digs**

1. Diane Bassett	427	(1984)
2. Jai Bruno	375	(1991)
3. T. Leuthauser	369	(1992)
4. Wende Brown	356	(1994)
5. Mary Shea	352	(1983)
Jami Laya	352	(1997)
Amanda Miller	352	(2003)
7. Jil Robins	344	(1994)
8. Michele Rauter	340	(2002)
9. Valinda Hilleary	334	(1986)
10. Melissa Sharp	332	(1994)
Michele Rauter	332	(2000)

**Blocks**

1. Katie Donahue	181	(1985)
2. Kristina Dzelme	178	(1995)
3. Melody Friehauf	171	(2000)
4. Melody Friehauf	153	(1998)
5. Krista Bashaw	151	(1992)
6. Melody Friehauf	150	(1997)
7. Kristina Dzelme	147	(1994)
8. Melody Friehauf	144	(1999)
9. Jodie Aguirre	141	(1984)
10. Shelley Marlyst	136	(1985)

**Most Gms. Played in a Season**

1. Valinda Hilleary	137	(1983)
2. Mary Shea	135	(1983)
3. Chris Lambert	133	(1983)
4. Darcy Cudaback	124	(1988)
Katie Donahue	124	(1988)
6. Erin Cantacessi	122	(1988)
7. Wende Brown	121	(1994)
Kristina Dzelme	121	(1994)
Jil Robins	121	(1994)
Melissa Sharp	121	(1994)
Kim Smith	121	(1988)
Jamie Wyatt	121	(1988)

University of Wyoming Cowgirl Volleyball  
Roster Breakdown ... 5/5/5

2005 University of Wyoming Volleyball  
Roster Breakdown (Total Players 14)

**STARTERS RETURNING (3)**

No.	Name	Pos.	Ht.	Cl.	KPG	PCT	ASPG	DPG	SAPG	BPG
10	Angie Hellbaum	OPP	5'10"	SO	1.70	.189	0.07	1.07	0.18	0.47
15	Lauren Scott	MB	6'1"	SO	2.49	.295	0.07	0.20	0.00	1.19
7	Rachel Smith	OH	5'11"	SO	3.35	.235	0.12	2.18	0.16	0.46

**STARTERS LOST (3)**

1	Amy Doman	S	5'9"	SR	0.63	.409	12.93	1.52	0.15	0.30
9	Sara Maytorena	OH	6'1"	SR	3.27	.262	0.12	2.16	0.31	0.51
13	Shelby Heggie	OH/MB	6'2"	FR	2.21	.300	0.06	0.47	0.10	0.67

**LETTERWINNERS RETURNING (7)**

No.	Name	Pos.	Ht.	Cl.	KPG	PCT	ASPG	DPG	SAPG	BPG
10	Angie Hellbaum	OH	5'10"	SO	1.70	.189	0.07	1.07	0.18	0.47
17	Kaylan McGary	MB	6'1"	JR	0.92	.118	0.04	0.35	0.27	0.85*
15	Lauren Scott	MB	6'1"	SO	2.49	.295	0.07	0.20	0.00	1.19
5	Andrea Seele	MB	5'11"	JR	1.07	.103	0.02	0.45	0.11	0.36
7	Rachel Smith	OH	5'11"	SO	3.35	.235	0.12	2.18	0.16	0.46
4	Emily Veenker	OH	5'10"	SO	1.07	.254	0.07	0.07	0.03	0.24
2	Michelle Weydert	LIB	5'7"	SO	0.04	.333	0.22	2.69	0.18	0.00

**LETTERWINNERS LOST (7)**

8	Rachael Booth	LIB	5'8"	FR	0.01	-.042	0.21	2.99	0.15	0.00
1	Amy Doman	S	5'9"	SR	0.63	.409	12.93	1.52	0.15	0.30
13	Shelby Heggie	OH/MB	6'2"	FR	2.21	.300	0.06	0.47	0.10	0.67
14	Vanessa Latimer	LIB	5'11"	SR	0.00	.000	0.07	1.20	0.00	0.00
9	Sara Maytorena	OH	6'1"	SR	3.27	.262	0.12	2.16	0.31	0.51
4	Jill Roslund	MB	5'11"	SR	0.03	.000	0.18	2.71	0.08	0.00
6	Andrea Tuck	OH	6'1"	FR	2.45	.240	0.03	1.00	0.11	0.23

**NEWCOMERS (7)**

No.	Name	Pos.	Ht.	Cl.	Hometown (HS/JC)
6	Jessie Carlson	MB	6'2"	FR	Cheyenne, Wyo. (Cheyenne East HS)
16	Samantha Eley	LIB	5'8"	FR	Lincoln, Neb. (Lincoln Southwest HS)
11	Carissa Lee	LIB	5'5"	FR	Eugene, Ore. (Churchill HS)
1	Kelsey Loop	OH	6'0"	FR	Valley Center, Kansas (Circle HS)
3	Jamie Schilling	S	5'4"	JR	Casper, Wyo. (Casper College)
12	Kara Wagner	OH/MB	5'10"	JR	Washington, Illinois (Illinois Central College)
9	Tasha Weishahn	S	5'8"	FR	Beatrice, Neb. (Beatrice HS)

\*McGary's stats from the 2003 season

**2005 Cowgirl Quick Notes**

\*The Cowgirls return three starters, along with four other returning letterwinners, who saw significant playing time in 2004. In all they return seven letterwinners.

\*Four of the seven returning letterwinners played in 20 matches or more in 2004, which included three true freshmen and one sophomore. Of the returning letterwinners, underclassmen also accounted for 122 matches and 391 games a year ago.

\*One of those top returners is sophomore Rachel Smith who returns this season after earning MWC Co-Freshman of the Year honors in 2004. An outside hitter from Thousand Oaks, Calif., Smith led the Cowgirls in kills while ranking third in the conference in that category, along with a .257 hitting percentage and 2.40 digs per game.

\*Wyoming returns only two of six major statistical category leaders to the team from the 2004 season, but still returns a good portion of their offense and defense. Outside hitter Rachel Smith was first in kills with 338 (3.35 kpg), which was fifth in the conference, while Lauren Scott finished her first year with a team leading 1.19 bpg, which was eighth in the conference, along chipping in 2.49 kills per game and a .295 (212-86-427) hitting percentage.

\*Also returning for the Cowgirls are juniors Andrea Seele and Kaylan McGary, along with sophomores Angie Hellbaum, Emily Veenker and Michelle Weydert. Seele played in 20 matches with seven starts and averaged 1.07 kills. A returning starter Angie Hellbaum played in 26 matches with starts in 13 of those, while chipping in 1.70 kills and 1.07 digs. Michelle Weydert played in 13 matches and averaged 2.69 digs per game in a season that was cut short by injuries, and Emily Veenker saw action in 14 matches with three starts. Kaylan McGary was out during the 2004 season due to an injury.

\*Scott and Smith also earned a couple of other honors during the year. Scott was named to the All-Tournament team at the Idaho State Classic which helped her earn MWC Player of the Week honors for Sept. 27, while Smith was named to the Cowgirl Classic All-Tournament Team.

\*The Cowgirls welcome seven newcomers to this year's team, which includes five freshmen and two junior college transfers. Jessie Carlson (Cheyenne, Wyo.); Samantha Eley (Lincoln, Neb.); Carissa Lee (Eugene, Ore.); Kelsey Loop (Valley Center, Kansas); Jamie Schilling (Casper, Wyo.); Kara Wagner (Washington, Illinois) and Tasha Weishahn (Beatrice, Neb.).

\*Wyoming's 2005 schedule includes four teams that participated in the NCAA Tournament (CSU, Florida A&M, New Mexico State, Utah). Two of the four teams finished the season ranked in the final AVCA Coaches Poll.

\*Wyoming had eight Academic All-MWC selections in the conference this past season. (Amy Doman, Angie Hellbaum, Vanessa Latimer, Sara Maytorena, Jill Roslund, Lauren Scott, Andrea Seele and Michelle Weydert). Four of those individuals, Amy Doman, Vanessa Latimer, Sara Maytorena and Jill Roslund, were all repeat selections.

**Cowgirls By Class**

**Seniors (0)**

**Juniors (4)**

Kaylan McGary, MB, 6-1  
Jamie Schilling, S, 5-4  
Andrea Seele, MB, 5-11  
Kara Wagner, OH/MB, 5-10

**Sophomores (5)**

Angie Hellbaum, OH, 5-10  
Lauren Scott, MB, 6-1  
Rachel Smith, OH, 5-11  
Emily Veenker, OH, 5-10  
Michelle Weydert, LIB, 5-7

**Freshmen (5)**

Jessie Carlson, MB, 6-2  
Samantha Eley, LIB, 5-8  
Carissa Lee, LIB, 5-5  
Kelsey Loop, OH, 6-0  
Tasha Weishahn, S, 5-8

**Cowgirls By Position**

**Middles (4)**

Jessie Carlson, Kaylan McGary,  
Lauren Scott, Andrea Seele

**Outside Hitters (5)**

Angie Hellbaum, Kelsey Loop,  
Rachel Smith, Emily Veenker, Kara Wagner

**Setters (2)**

Jamie Schilling, Tasha Weishahn

**Libero/Defensive Specialists (3)**

Samantha Eley, Carissa Lee,  
Michelle Weydert

**Cowgirls By State/Country**

**California (1)**

Rachel Smith Thousand Oaks

**Colorado (2)**

Lauren Scott Lone Tree  
Andrea Seele Johnstown

**Illinois (1)**

Kara Wagner Washington

**Kansas (1)**

Kelsey Loop Valley Center

**Nebraska (2)**

Samantha Eley Lincoln  
Tasha Weishahn Beatrice

**Oregon (1)**

Carissa Lee Eugene

**Washington (2)**

Emily Veenker Auburn  
Michelle Weydert Tacoma

**Wyoming (4)**

Jessie Carlson Cheyenne East  
Angie Hellbaum Wheatland  
Kaylan McGary Laramie  
Jamie Schilling Casper

### UW 2004 Record Breakdown

#### Overall (13-14)

at home.....	8-4
away.....	3-7
neutral.....	2-3

#### Conference (6-8)

at home.....	4-3
away.....	2-5

Longest winning streak.....4 matches

Longest losing streak.....4 matches

Wyoming hitting %.....1534-572-3840 (.251)

Opponents hitting %.....1635-666-3942 (.246)

Avg. kills for season.....1534 (15.19)

Avg. assists for season.....1390 (13.76)

Avg. service aces for season.....124 (1.23)

Avg. blocks for season.....201.0 (1.99)

Avg. digs per game.....1332 (13.19)

### 2004 Superlatives - Individual

#### Hitting Percentage

.640 Shelby Heggie vs. UMKC (17-1-25), 9/10/04

#### Kills

23 Sara Maytorena vs. South Dakota State (23-4-58), 10/12/04  
Sara Maytorena vs. Southern Illinois (23-4-46), 9/11/04

#### Attempts

58 Sara Maytorena vs. South Dakota State (23-4-58), 10/12/04

#### Assists

71 Amy Doman vs. South Dakota State, 10/12/04

#### Digs

27 Rachael Booth vs. Southern Illinois, 9/11/04

#### Service Aces

4 Sara Maytorena vs. Air Force, 9/25/04  
Angie Hellbaum vs. Gonzaga, 9/18/04  
Rachel Smith vs. UMKC, 9/10/04

#### Block Solos

3 Rachel Smith vs. Air Force, 10/22/04

#### Block Assists

9 Lauren Scott vs. Gonzaga, 9/18/04

#### Total Blocks

9 Lauren Scott vs. Gonzaga, 9/18/04

### 2004 Superlatives - Team

#### Hitting Percentage

.393 vs. San Diego State (63-17-117), 10/30/04

#### Kills

81 vs. South Dakota State (81-22-192), 10/12/04

#### Attempts

192 vs. South Dakota State (81-22-192), 10/12/04  
vs. New Mexico (80-36-192), 9/24/04

#### Assists

73 vs. South Dakota State, 10/12/04

#### Digs

79 vs. New Mexico, 9/24/04

#### Total Blocks

14 vs. New Mexico, 9/24/04

#### Service Aces

17 vs UMKC, 9/10/04

### USA TODAY/AVCA Division I Coaches Top 25

2004 Final Poll #13: Dec. 22, 2004

Rank	School	Points	2004 Record	Last Week
1	Stanford (65)	1,625	30-6	6
2	Minnesota*	1,557	33-5	4
3	Washington	1,474	28-3	5
4	Southern California	1,446	23-6	8
5	Nebraska	1,352	30-2	1
6	Ohio State	1,262	30-4	7
7	Penn State	1,151	29-3	3
8	Hawai'i	1,122	30-1	2
9	UCLA	1,115	20-11	13
10	Tennessee	996	32-3	9
11	Texas	950	26-5	10
12	San Diego	868	24-5	11
13	Saint Mary's (Calif.)	810	25-4	12
14	Wisconsin	749	22-10	22
15	Florida	687	28-5	14
16	Louisville	684	30-3	15
17	Georgia Tech	669	27-7	20
18	California	496	17-12	17
19	Colorado State*	458	26-4	16
20	Texas A&M	424	19-9	18
21	UC Santa Barbara	351	24-4	19
22	Arizona	275	19-11	21
23	Kansas State	189	20-11	23
24	Missouri	108	20-9	24-tie
25	Florida A&M	91	28-3	24-tie

#### \*-Teams featured on Wyoming's 2004 schedule

**Mountain West Conference Embarks on Another Season:** The 2005 volleyball season will mark the seventh year for the existence of the Mountain West Conference. Air Force, Brigham Young, Colorado State, New Mexico, UNLV, San Diego State and Utah joined Wyoming in forming the conference. Another team will be added to the fold as the TCU Horned Frogs join the MWC beginning in July of 2005.

Colorado State and Utah tied for the regular season championship, while the Rams took the MWC Tournament title in 2004. Two teams participated in the 2004 NCAA Women's Volleyball Championships, which included Colorado State and Utah.

### 2004 Mountain West Conference Volleyball Standings

School (Rank)	MWC Matches			All Matches		
	W	L	Pct.	W	L	Pct.
Colorado State (19)	13	1	.928	26	4	.867
Utah	13	1	.928	24	7	.774
BYU	9	5	.643	19	11	.633
UNLV	8	6	.571	15	12	.556
Wyoming	6	8	.429	13	14	.481
San Diego State	4	10	.286	4	25	.138
New Mexico	3	11	.214	9	17	.333
Air Force	0	14	.000	4	21	.160

# Pat Stangle

(Hardin Simmons '88)

## University of Wyoming, Head Volleyball Coach

Pat Stangle, who had been the top assistant at the University of Washington for two years, enters his second season as the head volleyball coach at the University of Wyoming. He was named head coach on Jan. 22, 2004 and became the 11th head volleyball coach in Cowgirl history.

"Pat is a great fit for the University of Wyoming," said Athletics Director Gary Barta. "He is impressive in every aspect of coaching, not only as a recruiter and a teacher, but he understands what it takes to perform on both the highest academic and athletic level. He had everything we were looking for in a head coach, and are very excited that Pat, his wife Melissa, and their children are joining the Wyoming family."

He recorded his first Division I career coaching victory on Sept. 2, 2004 as Wyoming defeated Idaho State, 3-2. His first conference win came on Sept. 24, 2004 against New Mexico.

In his first season, he guided the Cowgirls to a 13-14 overall record and a fifth place finish in the MWC with a 6-8 mark, while outside hitter Rachel Smith garnered Co-Freshman Player of the Year honors. On Oct. 15, 2004, the Cowgirls defeated the BYU Cougars, in Laramie, 3-1. It was the first time since Nov. 17, 1989 when both teams were members of the High Country Athletic Conference and only the fourth in the series history. Wyoming also won a home and away conference series for the first time since becoming members of the MWC as they swept Air Force and New Mexico.

Stangle came to Wyoming after two years at the University of Washington. As an assistant (2002-03) for Jim McLaughlin, he served as the team's recruiting coordinator and assisted with the offense as well as in all administrative aspects of the program. During that time, the Huskies compiled a record of 43-20 overall and 19-17 in the PAC 10. In 2003, they finished 23-9 overall and 10-8 in the conference, while advancing to the Elite 8 in the NCAA Tournament.

"There is great support for the program from the administration on down. The facilities make that very apparent. After spending time there, and talking with Gary and Barbara (Burke) it's obvious there is something special happening. For us to come, it had to be special because we had an outstanding situation at Washington.

"I'm also excited because I think it is a great fit for our family. Professionally and personally, this is the right move for us."

Prior to his tenure at Washington, Stangle spent five years as head women's volleyball coach at Seward County Community College (Liberal, Kansas), where he helped the Lady Saints to three straight appearances in the NJCAA national championships. Under Stangle's direction, Seward also won three straight NJCAA Region VI titles from 1999-2001 and two Jayhawk Conference championships. He coached 18 NJCAA All-Region Players and six NJCAA All-Americans during that time. In his five-year tenure, Stangle posted an impressive record of 225-34 and earned both conference and district coach-of-the-year honors.

Prior to Seward, Stangle coached two seasons at Central College in McPherson, Kan., where his teams qualified twice for the regional tournament - a first in school history. His eight-year combined head coaching record currently stands at 307-86.

A 1988 graduate of Hardin-Simmons University in Abilene, Texas, Stangle played middle blocker on the Cowboy volleyball team that participated in the 1986 NCAA Division I Midwest Regional Championships at Ohio State. Stangle owns a bachelor's and master's degree in business administration, the latter of which he received in 1993 from the University of Texas-San Antonio.

Stangle and his wife, the former Melissa Peterson, have three children, Casey (11), Haley (8) and Doak (5).

### Pat Stangle's Coaching History

#### University of Wyoming

Season	Overall			Conference			Finish	Postseason
	W	L	%	W	L	%		
2004 Head Coach	13	14	.481	6	8	.429	5th	-----
<b>Totals One Year</b>	<b>13</b>	<b>14</b>	<b>.481</b>	<b>6</b>	<b>8</b>	<b>.429</b>		

#### University of Washington

Season	Overall			Conference			Finish	Postseason
	W	L	%	W	L	%		
2003 Assistant Coach	23	9	.719	10	8	.556	T-5th	NCAA Tournament, Elite 8
2002 Assistant Coach	20	11	.645	9	9	.500	6th	NCAA Tournament, Second Round
<b>Totals Two Years</b>	<b>43</b>	<b>20</b>	<b>.683</b>	<b>19</b>	<b>17</b>	<b>.528</b>		

#### Seward County Community College

Season	Overall			Conference			Finish	Postseason
	W	L	%	W	L	%		
2001 Head Coach	27	10	.730	6	2	.750	3rd	NJCAA Region VI Champions, 7th place NJCAA Tourney
2000 Head Coach	48	6	.889	8	0	1.00	1st	Conference Champions, NJCAA Region VI Champions 5th place NJCAA National Tournament
1999 Head Coach	52	2	.963	16	0	1.00	1st	Conference Champions, NJCAA Region VI Champions, 5th place NJCAA Tournament
1998 Head Coach	47	10	.825	14	2	.875	2nd	Jayhawk West Conference and Region VI Runner-Up
1997 Head Coach	51	6	.895	14	2	.875	2nd	Jayhawk West Conference and Region VI Runner-Up
<b>Totals Five Years</b>	<b>225</b>	<b>34</b>	<b>.869</b>	<b>58</b>	<b>6</b>	<b>.906</b>		

#### Central College

Season	Overall			Conference			Finish	Postseason
	W	L	%	W	L	%		
1995 Head Coach	38	19	.667	N/A				NJCAA Region VI Playoffs
1994 Head Coach	31	19	.620	N/A				NJCAA Region VI Playoffs
<b>Totals Two years</b>	<b>69</b>	<b>38</b>	<b>.645</b>					

## Michelle Patton

Assistant Volleyball Coach, Washington 1999

**Michelle Patton** is in her second season at Wyoming after spending the previous two and a half seasons at the University of Washington as a volunteer assistant coach. A four-year letterwinner with the Huskies from 1994-97, her main duties included team defense and working with the setters. During that time, she also was the head coach of the Seattle Athletic Club men's team for two years.

A three-year starter at setter, Patton helped lead the Huskies to three NCAA tournament appearances, including a trip to the Sweet 16 as a senior in 1997. She still ranks second on the UW career list for assists with 2,655 and seventh for aces with 97. Patton played in over 300 games at Washington, earning Pac-10 Honorable Mention All-Academic honors her final three seasons.

After graduating in 1999 with a degree in english and a minor in speech communications, the Richmond, Calif., native worked as a content editor for HomeGrocer.com in nearby Renton, Wash. Patton is single.

"I don't think I could have found a better person to fill this position at this time," added Stangle. "Michelle has played and coached at a very high level and understands what it takes to develop and maintain a quality program. Having worked with her at the University of Washington the past two years, we have a great working relationship and are on the same page in terms of training and systems. Michelle has a very bright future in the coaching profession. I feel fortunate that she is here with us at Wyoming."

#17 Kaylan McGary  
 6-1, Junior, Middle Blocker  
 Laramie, Wyo. (Laramie HS)

**UW This Season:** A returning letterwinner from the 2003 season for the Cowgirls...sat out last season because of an injury...gained valuable experience in her first year with the team...provides depth at the middle blocker position. **Sophomore (2004):** Did not play during the season due to an injury. **Freshman (2003):** Played in the first match of her career against Sam Houston State (9/5/03)...saw action in eleven matches during her first season, along with four starts...her first career start came against Jacksonville (9/12/03)...averaged one kill and almost one block per game...also finished with nine digs and seven service aces...recorded a career high six kills, 13 attempts and a .308 (6-2-13) hitting percentage against Jacksonville (9/12/03)...had a career high four block assists against Baylor (9/13/03) and Colorado State (11/7/03). **High School:** A two-year varsity letterwinner at Laramie High School...earned 4A South Division All-Conference honors as a senior and was a co-captain...helped her team to both a conference and regional championships in 2001, while they finished with an 18-11 overall record...coached in high school by Marcy Turner...played club for Power Play and was coached by Jamie Zeigler...an excellent student, she was a member of the National Honor Society, along with several clubs and organizations...chose Wyoming over several schools. **Personal:** Full name is Kaylan Dyan McGary...the daughter of Tim and Deb McGary...born January 6, 1985 in Cheyenne, Wyoming...has an older sister Erin...majoring in family and consumer science.

	2003 Season Highs	Career Highs
<b>Kills</b>	6 vs. Jacksonville 9/12/03	Same
<b>Attempts</b>	17 vs. Boise State 11/9/03	Same
<b>Hitting %</b>	.308 (6-2-13) vs. Jacksonville 9/12/03	Same
<b>Assists</b>	1 vs. Baylor 9/13/03	Same
<b>Service Aces</b>	2 vs. Weber State 9/6/03, Jacksonville 9/12/03	Same
<b>Digs</b>	2 vs. Denver 9/10/03, Jacksonville 9/12/03, Baylor 9/13/03	Same
<b>Block Solos</b>	1 vs. Sam Houston State 9/5/03	Same
<b>Block Assists</b>	4 vs. Baylor 9/13/03, CSU 11/7/03	Same
<b>Total Blocks</b>	4 vs. Baylor 9/13/03, CSU 11/7/03	Same

**CAREER STATISTICS**

YEAR	MP/MS	GP	K	E	TA	PCT.	A	SA	DIG	BS	BA	TB
2003	11/4	26	24	15	76	.118	1	7	9	1	21	22
2004	DNP											
Totals	11/4	26	24	15	76	.118	1	7	9	1	21	22

**University of Wyoming Cowgirl Volleyball  
Player Profiles ... 10/10/10**

**#5 Andrea Seele**  
**5-11, Junior, Middle Blocker**  
**Johnstown, Colo. (Roosevelt HS)**

**UW This Season:** One of seven returning letterwinners to the Cowgirl team...will move to the middle blocker position this season...should be able to become an impact player and help the team improve...brings athleticism and a competitive nature to the court. **Sophomore (2004):** Played in 20 of the Cowgirls 27 matches during the year, along with starts in seven of those matches...averaged 1.07 kills per game and recorded 16 total blocks...tied a season high with six kills against Utah (11/12/04) and BYU (11/13/04)...played and started in the opening match against Idaho State (9/2/04)...recorded six kills and two digs in that match...in her second match of the season recorded six kills and a career high .667 (6-0-9) hitting percentage against Northern Colorado (9/7/04)...an Academic All-MWC and Scholar-Athlete selection for the second year in a row. **Freshman (2003):** Played in 30 of 31 matches and 99 games as a true freshman...played in the first match of her collegiate career against Mississippi (8/29/03) and started in the first match of her career against Baylor (8/30/03)...averaged 2.17 kills per game, which was fifth on the team...recorded four block solos and 36 block assists during the season...in the victory over New Mexico (11/14/03), she tallied a career high 22 kills and 46 attempts...finished with a match high 16 kills, while hitting a season high .652 (16-1-23) against Montana (9/18/03)...tallied a career high two block solos against Jacksonville (9/13/03)...recorded double-figures in kills six times during the season, including two in a row...an Academic All-Conference and Scholar Athlete selection for the first time in her career. **High School:** A 3A First Team All-State and Colorado All-State Team selection at Roosevelt High School in Johnstown, Colo...during her final season, she tallied 415 kills, 191 digs and 224 total blocks...as a senior, she also helped her team to the semi-finals of the Colorado State Tournament and was named to the All-Tournament Team...during her junior year, she earned All-Conference and Honorable Mention All-State honors, while being named to the All-Weld Team by the Greeley Tribune and the All-Area Team by the Loveland Reporter Herald...was coached in high school by Robin Wells...also lettered in basketball and earned Honorable Mention All-Conference honors...played club with the Norco 18 Black Volleyball Club, which placed third at the club level at the 2002 Junior Olympic National Tournament...an excellent student, she was a member of the National Honor Society, along with several clubs and organizations...chose Wyoming over several schools. **Personal:** Full name is Andrea Rochelle Seele...she is daughter of Kent and Diana Seele...born May 3, 1985 in Greeley, Colorado...currently majoring in accounting.

	<b>2004 Season Highs</b>	<b>Career Highs</b>
<b>Kills</b>	6 vs. Idaho State 9/2/04, No. Colorado 9/7/04, Utah 11/12/04 BYU 11/13/04	22 vs. New Mexico 11/14/03
<b>Attempts</b>	22 vs. UNLV 11/18/04	46 vs. New Mexico 11/14/03
<b>Hitting %</b>	.667 (6-0-9) vs. Northern Colorado 9/7/04	Same
<b>Assists</b>	1 vs. Utah 11/12/04	1 vs. Baylor 8/30/03, Denver 9/10/03, Gonzaga 9/20/03, SDSU 11/1/03, Utah 11/12/04
<b>Service Aces</b>	3 vs. UMKC 9/10/04	Same
<b>Digs</b>	4 vs. Idaho State 9/16/04, Utah 11/12/04, BYU 11/13/04	7 vs. Marquette 9/20/03
<b>Block Solos</b>	1 vs. Utah 10/16/04	2 vs. Jacksonville 9/12/03
<b>Block Assists</b>	3 vs. UNLV 11/18/04	4 vs. Houston 8/29/03, Colorado State 11/7/03
<b>Total Blocks</b>	3 vs. UNLV 11/18/04	5 vs. Houston 8/29/03

**CAREER STATISTICS**

YEAR	MP/MS	GP	K	E	TA	PCT.	A	SA	DIG	BS	BA	TB
2003	30/7	99	215	133	618	.133	4	0	43	4	36	40
2004	<u>20/7</u>	<u>44</u>	<u>47</u>	<u>31</u>	<u>155</u>	<u>.103</u>	<u>1</u>	<u>5</u>	<u>20</u>	<u>1</u>	<u>15</u>	<u>16</u>
Totals	50/14	143	262	164	773	.127	5	5	63	5	51	56

**#10 Angie Hellbaum**  
**5-10, Sophomore, Outside Hitter**  
**Wheatland, Wyoming (Wheatland HS)**

**UW This Season:** One of three returning starters to the squad...gained valuable experience in her first year with the program...look for her to make more of an impact this season as she continues to improve her game. **Freshman (2004):** Played in 26 matches with 13 starts during the season...made her first career start against UTSA (9/3/04)...averaged 1.70 kills per game and 1.07 digs per game...recorded 40 block assists and 16 service aces...recorded the first double-double of her career as she had a break out night against Gonzaga (9/18/04)...she finished with 15 kills, 11 digs, six block assists, four service aces and a .520 (15-2-25) hitting percentage which eclipsed all of her previous marks...a few matches later, she broke her career high with 16 kills and 11 digs against New Mexico (9/24/04)...recorded double-figures in kills in five matches during the season...a first time Academic All-Conference and Scholar-Athlete selection. **High School:** A three-time All-Conference selection at Wheatland High School...also earned All-State honors as both a junior and senior...a four-year letterwinner, her team won the Wyoming State 3A Championship in 2000...also lettered in basketball and track and field...a three-time All-State and All-Conference selection in basketball, while helping her team to a state championship during the 2000-01 season...was named the 2002 High Jump and Long Jump Champion in track and field...coached in high school by Kim Davis...awarded the Milward L. Simpson award in 2004...an excellent student, she was a member of the National Honor Society, along with being a member of the honor roll throughout high school...also very active in FFA and 4-H Club. **Personal:** Full name is Angela Rae Hellbaum...born January 27, 1986 in Wheatland, Wyoming...the daughter of Rob and Diane Hellbaum...has an older sister, Aftann and a younger brother, Nathan...undecided on a college major.

	<b>2004 Season Highs</b>	<b>Career Highs</b>
<b>Kills</b>	16 vs. New Mexico 9/24/04	Same
<b>Attempts</b>	41 vs. New Mexico 9/24/04	Same
<b>Hitting %</b>	.520 (15-2-25) vs. Gonzaga 9/18/04	Same
<b>Assists</b>	1 vs. SIU 9/11/04, Idaho State 9/16/04, UNLV 10/3/04, CSU 10/8/04, SDSU 10/30/04, UNLV 11/18/04	Same
<b>Service Aces</b>	4 vs. Gonzaga 9/18/04	Same
<b>Digs</b>	11 vs. Gonzaga 9/18/04, New Mexico 9/24/04	Same
<b>Block Solos</b>	1 vs. Utah 11/12/04	Same
<b>Block Assists</b>	6 vs. Gonzaga 9/18/04	Same
<b>Total Blocks</b>	6 vs. Gonzaga 9/18/04	Same

**CAREER STATISTICS**

<b>YEAR</b>	<b>MP/MS</b>	<b>GP</b>	<b>K</b>	<b>E</b>	<b>TA</b>	<b>PCT.</b>	<b>A</b>	<b>SA</b>	<b>DIG</b>	<b>BS</b>	<b>BA</b>	<b>TB</b>
<u>2004</u>	<u>26/13</u>	<u>87</u>	<u>148</u>	<u>74</u>	<u>391</u>	<u>.189</u>	<u>6</u>	<u>16</u>	<u>93</u>	<u>1</u>	<u>40</u>	<u>41</u>
Totals	26/13	87	148	74	391	.189	6	16	93	1	40	41

**University of Wyoming Cowgirl Volleyball  
Player Profiles ... 12/12/12**

**#15 Lauren Scott**  
**6-1, Sophomore, Middle Blocker**  
**Lone Tree, Colo. (Highlands Ranch HS)**

**UW This Season:** A returning starter from a year ago...a player that showed a great deal of promise in her first year with the program...a tremendous athlete who has the potential to become a great player in the Wyoming program and the MWC. **Freshman (2004):** Played in 22 matches during the year with starts in 21 of 27 of those matches...also played in 85 games during the season...missed five matches due to an injury...started in her first career match against Idaho State (9/2/04)...averaged 2.49 kills, a team leading 1.19 blocks and had a .295 (212-86-427) hitting percentage...ranked eighth in the conference in blocks and in hitting percentage...in MWC matches, she was 14th in blocks and 17th in hitting percentage...in the victory of South Dakota State, she finished with a career high 17 kills...followed that up with 16 kills and a .520 (16-3-25) hitting percentage against BYU (10/15/04)...finished with 13 kills, 30 attempts and a career high nine total blocks against Gonzaga (9/18/04)...had a career high .632 (13-1-19) hitting percentage against Idaho State (9/16/04)...recorded double-digits in kills 11 times during the season, including a stretch of three in a row...named to the All-Tournament Team at the Idaho State Classic...named MWC Player of the Week for Sept. 27, 2004 after averaging 2.78 kills, 1.56 blocks, while hitting .404 (25-6-47)...a first time Academic All-MWC and Scholar Athlete selection. **High School:** A Second Team All-League selection at Highlands Ranch High School...helped her team to a 22-8 record in 2003 as they placed in both the Regional and State tournaments...as a junior, she was an Honorable Mention All-League selection, while her team placed in the District...besides lettering in volleyball, she also earned letters in track and field and gymnastics...was coached in high school by Lou Krauss...an excellent student, she was a member of the honor roll throughout high school. **Personal:** Full name is Lauren Hillary Scott...the daughter of Arthur and Linda Scott...born April 20, 1986 in Aurora, Colorado...she has two sisters, Erin and Alexandra...has not yet decided on a college major.

	<b>2004 Season Highs</b>	<b>Career Highs</b>
<b>Kills</b>	17 vs. South Dakota State 10/12/04	Same
<b>Attempts</b>	30 vs. Gonzaga 9/18/04	Same
<b>Hitting %</b>	.632 (13-1-19) vs. Idaho State 9/16/04	Same
<b>Assists</b>	1 vs. E. Illinois (9/11/04), Idaho State 9/16/04, Gonzaga 9/18/04 New Mexico 9/24/04, Utah 10/16/04, Air Force 10/22/04	Same
<b>Service Aces</b>	0	Same
<b>Digs</b>	5 vs. Eastern Illinois 9/11/04	Same
<b>Block Solos</b>	2 vs. Air Force 9/25/04, UNM 10/21/04	Same
<b>Block Assists</b>	9 vs. Gonzaga 9/18/04	Same
<b>Total Blocks</b>	9 vs. Gonzaga 9/18/04	Same

**CAREER STATISTICS**

<b>YEAR</b>	<b>MP/MS</b>	<b>GP</b>	<b>K</b>	<b>E</b>	<b>TA</b>	<b>PCT.</b>	<b>A</b>	<b>SA</b>	<b>DIG</b>	<b>BS</b>	<b>BA</b>	<b>TB</b>
<u>2004</u>	<u>22/21</u>	<u>85</u>	<u>212</u>	<u>86</u>	<u>427</u>	<u>.295</u>	<u>6</u>	<u>0</u>	<u>17</u>	<u>10</u>	<u>91</u>	<u>101</u>
Totals	22/21	85	212	86	427	.295	6	0	17	10	91	101

**#7 Rachel Smith**  
**5-11, Sophomore, Outside Hitter**  
**Thousand Oaks, Calif. (Westlake HS)**

**UW This Season:** A returning starter from a year ago, she is a leading honors candidate this season...impressive in her first year with the program as she was named Co-Freshman of the Year in the conference. **Freshman (2004):** Named Co-Freshman Player of the Year in the MWC...made starts in all 27 matches along with playing in 101 games...started in her first career match against Idaho State (9/2/04)...averaged a team leading 3.35 kills, which ranked fifth in the MWC, and 2.18 digs...hit .235 (338-126-901) on the year...also had 46 total blocks and 16 service aces during the year...in MWC matches, she ranked third in kills, 12th in digs and 14th in hitting percentage...tied her career high with 21 kills and hit .567 (21-4-30) in the victory over San Diego State (10/30/04)...in the match against UNLV (10/3/04) finished with a career high 19 digs...recorded a career high 21 kills and had seven digs against Idaho State (9/2/04)...was named to the All-Tournament Team at the Cowgirl Classic...recorded double-figures in kills 17 times, nine times in digs, along with seven double-doubles during the season. **High School:** A First Team All-Marmonte League selection in 2003 at Westlake High School...as a senior, she was also named Team Captain, Most Dedicated and to the All-Tournament Team...during her junior year, Smith was named First Team All-CIF and the Marmonte League Player of the Year...also helped her team to a 22-4 overall record and a spot among the Top 16 in the CIF Division II State Championship in that same year...a three-year letterwinner in volleyball, she was coached in high school by Doug Magorien...an excellent student, she was a member of the honor roll throughout high school...played club for the Santa Monica Beach Club Team which was coached by Nabil Mardini. **Personal:** Full name is Rachel Nicole Smith...born August 5, 1986 in Thousand Oaks, California...the daughter of Ken and Sonya Smith...has an older sister, Christine and a younger brother, Michael...undecided on a college major.

	<b>2004 Season Highs</b>	<b>Career Highs</b>
<b>Kills</b>	21 vs. Idaho State 9/2/04, San Diego State 10/30/04	Same
<b>Attempts</b>	52 vs. Idaho State 9/2/04	Same
<b>Hitting %</b>	.567 (21-4-30) vs. San Diego State 10/30/04	Same
<b>Assists</b>	2 vs. New Mexico 10/21/04	Same
<b>Service Aces</b>	4 vs. UMKC 9/10/04	Same
<b>Digs</b>	19 vs. UNLV 10/3/04	Same
<b>Block Solos</b>	3 vs. Air Force 10/22/04	Same
<b>Block Assists</b>	5 vs. New Mexico 9/24/04	Same
<b>Total Blocks</b>	6 vs. New Mexico 9/24/04	Same

**CAREER STATISTICS**

<b>YEAR</b>	<b>MP/MS</b>	<b>GP</b>	<b>K</b>	<b>E</b>	<b>TA</b>	<b>PCT.</b>	<b>A</b>	<b>SA</b>	<b>DIG</b>	<b>BS</b>	<b>BA</b>	<b>TB</b>
2004	27/27	101	338	126	901	.235	12	16	220	7	39	46
Totals	27/27	101	338	126	901	.235	12	16	220	7	39	46

**University of Wyoming Cowgirl Volleyball  
Player Profiles ... 14/14/14**

**#4 Emily Veenker**

**5-10, Sophomore, Outside Hitter**

**Auburn, Washington (Auburn High School)**

**UW This Season:** One of seven returning letterwinners to the team...gained valuable playing time during her first season with the team...an excellent athlete, she will move over to the outside hitter position this season. **Freshman (2004):** Saw action in 14 matches and 29 games in her first season of competition...averaged 1.07 kills per game and hit .254 (31-15-63)...played in the first match of her career against Northern Colorado (9/7/04) and started in the first match of her career against UNLV (10/29/04)...recorded a career high 11 kills in that same match, while hitting .353 (11-5-17)...recorded seven total blocks on the year. **High School:** A First Team All-State and All-League selection as a senior at Auburn High School...also helped her team to a 7-1 league record along with an 11th place finish in the state in 2003...during her career, she was also named to the All-Area Team by the King County Journal and holds the school record for kills in a single match...a four-year letterwinner in volleyball, she also lettered in track and field...was named MVP and a team captain two years in a row, while being a member of the State Champion 1600-meter relay team in 2003...was coached in high school by Nancey Zehnder...an excellent student, she was named to the President's Education Awards Program for Outstanding Academic Achievement list...played club for Dawn Colston at KJVBC along with fellow teammate Michelle Weydert. **Personal:** Full name is Emily Michelle Veenker...the daughter of Kim and Marianne Veenker...born February 20, 1986 in Renton, Washington...has two brothers, Nathan and Jacob, and a sister, Rachel...undecided on a college major.

	<b>2004 Season Highs</b>	<b>Career Highs</b>
<b>Kills</b>	11 vs. UNLV 10/29/04	Same
<b>Attempts</b>	17 vs. UNLV 10/29/04	Same
<b>Hitting %</b>	.357 (9-4-14) vs. San Diego State 10/30/04	Same
<b>Assists</b>	1 vs. UNLV 10/29/04, San Diego State 10/30/04	Same
<b>Service Aces</b>	1 vs. New Mexico State 9/17/04	Same
<b>Digs</b>	1 vs. Northern Colorado 9/7/04, UNLV 10/3/04	Same
<b>Block Solos</b>	0	Same
<b>Block Assists</b>	2 vs. San Diego State 10/1/04, San Diego State 10/30/04	Same
<b>Total Blocks</b>	2 vs. San Diego State 10/1/04, San Diego State 10/30/04	Same

**CAREER STATISTICS**

<b>YEAR</b>	<b>MP/MS</b>	<b>GP</b>	<b>K</b>	<b>E</b>	<b>TA</b>	<b>PCT.</b>	<b>A</b>	<b>SA</b>	<b>DIG</b>	<b>BS</b>	<b>BA</b>	<b>TB</b>
<u>2004</u>	<u>14/3</u>	<u>29</u>	<u>31</u>	<u>15</u>	<u>63</u>	<u>.254</u>	<u>2</u>	<u>1</u>	<u>2</u>	<u>0</u>	<u>7</u>	<u>7</u>
Totals	14/3	29	31	15	63	.254	2	1	2	0	7	7

**#2 Michelle Weydert**  
**5-7, Sophomore, Libero**  
**Tacoma, Washington (Washington High School)**

**UW This Season:** One of several returning letterwinners on the team...gives a solid foundation at the libero position and will be a big part of the offensive and defensive systems. **Freshman (2004):** Played in 13 matches and 45 games in her first season with the program...started in the first match of her career against San Diego State (10/30/04)...averaged 2.69 digs per contest, which was third on the team...recorded a career high 17 digs against UNLV (11/18/04)...finished with a career high three service aces and two assists against San Diego State (10/30/04)...finished with 14 digs against Idaho State (9/2/04) and UTSA (9/3/04)...recorded double-figures in digs six times during the season...named Academic All-MWC for the first time in her career. **High School:** A three-time Seamount League Most Valuable Player and All-Area selection by the News Tribune while attending Washington High School...as a senior, she was also selected to the WIAA State 3A West Volleyball Team, while leading her team to a 13th place finish in the state...a two-time team captain as both a junior and senior, she was also named her team's Most Valuable player in those same years...was also selected The News Tribune volleyball player to watch twice in her career...a three year letterwinner in volleyball, she also earned letters in basketball...coached in high school by Paul Souza...an excellent student, she was involved in several activities including Debate and Student Council...played club for KJVBC which was coached by Dawn Colston...was a club teammate of current Cowgirl Emily Veenker. **Personal:** Full name is Michelle Elizabeth Weydert...the daughter of Jerry and Teresa Weydert...born November 4, 1985 in Tacoma, Washington...has two brothers, David and Matthew...majoring in elementary education.

	2004 Season Highs	Career Highs
<b>Kills</b>	1 vs. Idaho State 9/2/04, Air Force 10/22/04	Same
<b>Attempts</b>	2 vs. Idaho State 9/2/04, Eastern Illinois 9/11/04	Same
<b>Hitting %</b>	1.00 (1-0-1) vs. Air Force 10/22/04	Same
<b>Assists</b>	2 vs. UTSA 9/3/04, UNC 9/7/04, Eastern Illinois 9/11/04 San Diego State 10/30/04, BYU 11/13/04	Same
<b>Service Aces</b>	3 vs. San Diego State 10/30/04	Same
<b>Digs</b>	17 vs. UNLV 11/18/04	Same
<b>Block Solos</b>	0	Same
<b>Block Assists</b>	0	Same
<b>Total Blocks</b>	0	Same

**CAREER STATISTICS**

YEAR	MP/MS	GP	K	E	TA	PCT.	A	SA	DIG	BS	BA	TB
<u>2004</u>	<u>13/1</u>	<u>45</u>	<u>2</u>	<u>0</u>	<u>6</u>	<u>.333</u>	<u>10</u>	<u>8</u>	<u>121</u>	<u>0</u>	<u>0</u>	<u>0</u>
Totals	13/1	45	2	0	6	.333	10	8	121	0	0	0

**University of Wyoming Cowgirl Volleyball  
Player Profiles ... 16/16/16**

**#6 Jessie Carlson**  
**6-2, Freshman, Middle Blocker**  
**Cheyenne, Wyoming (Cheyenne East HS)**

**UW This Season:** A new addition to the Cowgirl squad this season...an intelligent player, who is a gifted athlete and has the ability to thrive in any system...will add depth to the middle blocker spot. **High School:** A two-time All-State and All-Conference selection while attending Cheyenne East High School...in those same years, she helped her team to back-to-back SWAC and Wyoming 4A state titles...was coached in high school by Dan Box and Jami Laya...played club for the Cheyenne T-Birds which was coached by Sue Thompson...besides volleyball, she also lettered in basketball and track and field...was a three-time All-Conference and two-time All-State selection in basketball...led her team to three conference and regional titles, along with the state runner up spot in 2004 and 2005...an excellent student, she has been a member of the honor roll throughout high school. **Personal:** Full Name is Jessica Caitlyn Carlson...born March 23, 1987 in Cheyenne, Wyo...the daughter of Mark Carlson and Nona Nissen...has a two sisters, Cassie and Amber, and a brother, Andrew...undecided on a college major.

**#16 Samantha Eley**  
**5-8, Freshman, Libero**  
**Lincoln, Nebraska (Lincoln Southwest HS)**

**UW This Season:** One of several newcomers on the Cowgirls team this year...brings depth to the libero position and could play a significant role this season and in the future of the program. **High School:** A Second Team All-Class A selection by the Omaha World Herald as a junior...that same year, she helped her team to a district championship, and finished the season with 56 service aces...in 2004, her team won the Heartland Conference Championship...a three-time letterwinner at Lincoln Southwest High School, she was a team captain throughout her career...as a sophomore, she led the team in kills, digs and service aces, which helped her earn Honorable Mention Class A All-State honors...was coached in high school by Mary Schropfer...a three-time Co-Captain on her club team, they have won the Great Plains Regional Tournament the past four years...an excellent student, she was on the honor roll throughout high school. **Personal:** Full name is Samantha Jo Eley...born Oct. 23, 1986 in Lincoln, Neb...one of three children of Craig and Linda Eley...has two brothers, Kyle and Brian...undecided on a major.

**#11 Carissa Lee**  
**5-5, Freshman, Libero**  
**Eugene, Oregon (Churchill HS)**

**UW This Season:** One of several newcomers on the Cowgirl squad...should come in and compete for playing time...adds depth to the libero position. **High School:** A two-time First Team All-District selection during her high school career...also earned Second Team All-District honors as a freshman and sophomore...a three-time MVP of her Churchill High School team, she helped them to a Midwestern League Championship in 2001 and a ninth place finish in the state that year...coached in high school by Kelly Dahlgren...played club for the Webfoot Volleyball Club, which was coached by Cathy Nelson...a four-year letterwinner in volleyball, she also earned letters in tennis...her team won the Midwestern League Championship in 2004 while she finished as a semi-finalist in the District Championships...an excellent student, she was a member of the National Honor Society, while earning many other academic honors. **Personal:** Full name is Carissa Joy Lee...born April 22, 1987 in Eugene, Ore...the daughter of Maria and Michael Lee...has an older sister, Candace, who plays volleyball at the University of Washington...undecided on a college major.

**#1 Kelsey Loop**  
**6-0, Freshman, Outside Hitter**  
**Valley Center, Kansas (Circle HS)**

**UW This Season:** A very athletic player, who has the ability to come in immediately contribute to the team and program...brings a passion to the game that will allow her to compete at this level. **High School:** A four-time All-Conference selection during her high school career...also earned Honorable Mention All-State honors as a freshman...in 2004, she was named the Arkansas Valley Chisholm Trail Most Valuable Player...over her final two years, her team had a combined record of 72-7 which helped them win the AVCTL League Championship twice and a 4A Sub-State Championship in 2003...as a team captain during her senior year, she helped her team to the runner-up spot in the Sub-State Championships, while being named to every All-Tournament Team...a four-year letterwinner, she also was named to the Wichita Eagle Beacon All-Metro Area Team and holds the single season record in kills with 410 in a season and 99 service aces in a season...also lettered in softball and track and field...was coached in high school by Shelly Nibarger...played club volleyball for the Wichita Jets and in 2002 they finished second at Nationals, which helped her earned First Team USAV All-Tournament honors...an excellent student, she has been a member of the honor roll throughout high school and involved in many civic activities. **Personal:** Full name is Kelsey Lorie Loop...one of two children of Gary and Margo Loop...born May 31, 1987 in Newton, Kansas...has a sister, Meryl...undecided on a college major.

**#3 Jamie Schilling**  
**5-4, Junior, Setter**  
**Casper, Wyo. (Casper College)**

**UW This Season:** Joined the Cowgirl program in the spring of 2005...was able to gain some valuable playing time during the off-season...adds depth to the setter position. **Junior College:** A two-time team captain while attending Casper College...helped her team to a regional championship and an 11th place finish in the national tournament during her freshman season...a member of the honor roll...coached by Angel Sharman. **High School:** A two-year letterwinner in volleyball while attending Kelly Walsh High School...during her senior season, she helped her team to an overall 35-2-1 mark and a 9-1 record in the North Conference...a member of the team that won the North Regional championship and the Wyoming state high school title that same year...coached in high school by Jeff Barkell. **Personal:** Full name is Jamie Nicole Schilling...born May 31, 1984 in Casper, Wyo...the daughter of Scott and Berniece Schilling...has one sister, Whitney...is majoring in elementary education.

**#12 Kara Wagner**

**5-10, Junior, Outside Hitter/Middle Blocker**  
**Washington, Illinois (Illinois Central College)**

**UW This Season:** One of several newcomers on the Cowgirl squad...brings needed experience to the team, which should allow her to come in and compete for playing time. **Junior College:** A two-time All-Region team selection, while attending Illinois Central College...earned All-Regional Tournament Team honors as a sophomore, leading her team to a first place finish in the region and a fifth place spot at nationals with a 37-8 overall record...in 2004, Irish averaged 2.7 kills, 1.14 blocks, almost one dig while hitting .398 (364-85-701) for the season...coached by Sue Sinclair. **High School:** A three-year letterwinner in volleyball at Washington Community High School, she was a two-time Mid-Illini and All-Tournament team selection...was coached in high school by Dawn Davis...also lettered in soccer...a team captain her senior year, she earned All-Sectional Player honors twice...an excellent student, she was a member of the National Honor Society and on the honor roll. **Personal:** Full name is Kara Elizabeth Irish Wagner...born December 20, 1984 in Peoria, Illinois...the daughter of David and Lynda Irish...recently married Brandon Wagner on June 5, 2005 in Peoria, Illinois...has a sister, Darcie, and a brother, Kristophor...plans to major in elementary education.

**#9 Tasha Weishahn**

**5-8, Freshman, Setter**  
**Beatrice, Nebraska (Beatrice HS)**

**UW This Season:** One of seven newcomers to the program...will come in and immediately compete for the starting setter job this year...has all the tools necessary to compete at this level. **High School:** A three-time All-State selection during her career at Beatrice High School...a team captain during her junior and senior seasons, she helped her team to a second place finish in districts and conference...in 2003, her team finished first in the River Cities Conference, along with the runner-up spot in both districts and state...that same year, she also earned All-Tournament Team honors at the Peru State Tournament...was coached in high school by Vicki Coleman...besides lettering in volleyball, she also earned letters in basketball and tennis...a three-time All-State selection in basketball, she also earned All-Tournament Team honors twice...an excellent student, she was a member of the honor roll throughout high school. **Personal:** Full name is Natasha Lynne Weishahn...born Nov. 11, 1986 in Beatrice, Neb...the daughter of Larry and Gina Weishahn...has an older sister, Jessica, and a younger brother, Dylan...plans to major in elementary education.

**University of Wyoming 2004 VB Stats**  
**Wyoming Cowgirls Combined Team Statistics (as of Nov 19, 2004)**  
**All matches**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
<b>ALL MATCHES.....</b>	<b>( 13-14 )</b>	<b>( 8-4 )</b>	<b>( 3-7 )</b>	<b>( 2-3 )</b>
<b>CONFERENCE.....</b>	<b>( 6-8 )</b>	<b>( 4-3 )</b>	<b>( 2-5 )</b>	<b>( 0-0 )</b>
<b>NON-CONFERENCE.....</b>	<b>( 7-6 )</b>	<b>( 4-1 )</b>	<b>( 1-2 )</b>	<b>( 2-3 )</b>

##	STATS	SUMMARY	-----ATTACK-----					--SET--		----SERVE----			--DIG--		-----BLOCKING-----						
			G	K	K/G	E	TA	Pct	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	Total	B/G	BE
7	SMITH, Rachel	101	338	3.35	126	901	.235	12	0.12	16	48	0.16	32	220	2.18	7	39	46	0.46	5	1
9	MAYTORENA, Sara	96	314	3.27	102	808	.262	12	0.12	30	37	0.31	34	207	2.16	4	45	49	0.51	7	0
15	SCOTT, Lauren	85	212	2.49	86	427	.295	6	0.07	0	0	0.00	0	17	0.20	10	91	101	1.19	6	1
6	TUCK, Andrea	64	157	2.45	60	405	.240	2	0.03	7	24	0.11	13	64	1.00	2	13	15	0.23	2	1
13	HEGGIE, Shelby	99	219	2.21	63	520	.300	6	0.06	10	39	0.10	0	47	0.47	5	61	66	0.67	5	2
10	HELLBAUM, Angie	87	148	1.70	74	391	.189	6	0.07	16	50	0.18	6	93	1.07	1	40	41	0.47	3	3
12	VEENKER, Emily	29	31	1.07	15	63	.254	2	0.07	1	6	0.03	0	2	0.07	0	7	7	0.24	1	0
5	SEELE, Andrea	44	47	1.07	31	155	.103	1	0.02	5	4	0.11	3	20	0.45	1	15	16	0.36	3	2
1	DOMAN, Amy	101	64	0.63	12	127	.409	1306	12.93	15	38	0.15	1	154	1.52	1	29	30	0.30	4	15
2	WEYDERT, Michelle	45	2	0.04	0	6	.333	10	0.22	8	6	0.18	9	121	2.69	0	0	0	0.00	0	1
4	ROSLUND, Jill	38	1	0.03	1	8	.000	7	0.18	3	7	0.08	10	103	2.71	0	0	0	0.00	0	1
8	BOOTH, Rachael	89	1	0.01	2	24	-.042	19	0.21	13	29	0.15	26	266	2.99	0	0	0	0.00	0	1
14	LATIMER, Vanessa	15	0	0.00	0	5	.000	1	0.07	0	3	0.00	3	18	1.20	0	0	0	0.00	0	0
<b>TEAM</b>		14																			
WYOMING COWGIRLS....		101	1534	15.19	572	3840	.251	1390	13.76	124	291	1.23	151	1332	13.19	31	340	201.0	1.99	36	28
Opponents.....		101	1635	16.19	666	3942	.246	1456	14.42	151	220	1.50	124	1443	14.29	43	428	257.0	2.54	50	34

TEAM STATISTICS	WY	OPP	DATE	OPPONENT	W/L	SCORE	SCORE-BY-GAME	ATTEND
-----								
ATTACK.....			Sep 02	ISU	W	3-2	30-23,28-30,31-29,26-30,15-7	603
Kills.....	1534	1635	Sep 03	UTSA	W	3-0	30-27,30-27,30-12	562
Errors.....	572	666	Sep 04	MINN	L	0-3	17-30,24-30,20-30	717
Total Attacks....	3840	3942	9/7/04	at UNC	L	0-3	25-30,26-30,23-30	914
Attack Pct.....	.251	.246	Sep 10	vs UMKC	W	3-1	30-20,27-30,30-19,30-18	10
Kills/Game.....	15.2	16.2	Sep 11	vs EIU	L	1-3	30-28,26-30,27-30,23-30	67
SET.....			09-11-04	at Southern Illinois	L	1-3	32-34,12-30,30-19,18-30	60
Assists.....	1390	1456	Sep 16	at ISU	W	3-1	27-30,30-27,30-17,30-27	269
Assists/Game.....	13.8	14.4	Sep 17	vs New Mexico State	L	0-3	26-30,24-30,19-30	73
SERVE.....			Sep 18	vs GON	W	3-1	35-33,30-27,27-30,30-19	127
Aces.....	124	151	* Sep 24	NM	W	3-2	30-22,25-30,27-30,30-24,16-14	776
Errors.....	291	220	* Sep 25	AF	W	3-1	30-17,28-30,30-19,30-28	803
Aces/Game.....	1.2	1.5	Sep 27	NDSUVB	W	3-0	30-27,30-14,30-25	381
SERVE RECEPTIONS....			* Oct 1	at SD	L	1-3	27-30,31-29,19-30,22-30	276
Errors.....	151	124	* Oct 03	at LV	L	2-3	30-26,20-30,30-27,8-30,14-16	157
Errors/Game.....	1.5	1.2	* Oct 08	at #7 CS	L	0-3	23-30,26-30,14-30	2592
DEFENSE.....			Oct 12	SDSU	W	3-2	30-21,28-30,33-31,25-30,15-10	346
Digs.....	1332	1443	* Oct 15	BYU COUGARS	W	3-1	27-30,30-28,31-29,30-27	558
Digs/Game.....	13.2	14.3	* Oct 16	UTAH	L	1-3	33-31,28-30,32-34,17-30	608
BLOCKING.....			* Oct 21	at NM	W	3-0	30-28,30-23,30-26	376
Block Solo.....	31	43	* Oct 22	at AF	W	3-1	29-31,30-28,30-20,30-15	312
Block Assist.....	340	428	* Oct 29	LV	L	1-3	30-20,24-30,32-34,26-30	607
Total Blocks.....	201.0	257.0	* Oct 30	SD	W	3-0	30-23,30-25,30-22	489
Blocks Per Game...	2.0	2.5	* Nov 05	CS	L	0-3	21-30,27-30,24-30	932
Block Errors.....	36	50	* Nov 12	at #17 UTAH	L	0-3	16-30,22-30,26-30	425
BALL HANDLING ERRORS	28	34	* Nov 13	at BYU Cougars	L	0-3	18-30,20-30,23-30	1030
ATTENDANCE.....			Nov 18	vs LV	L	1-3	12-30,21-30,30-28,16-30	-
Total.....	7382	6411						
Dates/Avg Per Date	12/615	10/641						
Neutral site #/Avg	5/55							
Current win streak	0	-						
Home win streak...	0	-						

**University of Wyoming 2004 VB Stats**  
**Wyoming Cowgirls Combined Team Statistics (as of Nov 19, 2004)**  
**Conference matches**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
<b>ALL MATCHES.....</b>	<b>( 6-8 )</b>	<b>( 4-3 )</b>	<b>( 2-5 )</b>	<b>( 0-0 )</b>
<b>CONFERENCE.....</b>	<b>( 6-8 )</b>	<b>( 4-3 )</b>	<b>( 2-5 )</b>	<b>( 0-0 )</b>
<b>NON-CONFERENCE.....</b>	<b>( 0-0 )</b>	<b>( 0-0 )</b>	<b>( 0-0 )</b>	<b>( 0-0 )</b>

##	STATS	SUMMARY	-----ATTACK-----					--SET--		----SERVE----			--DIG--			-----BLOCKING-----					
			G	K	K/G	E	TA	Pct	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	Total	B/G	BE
7	SMITH, Rachel	52	189	3.63	68	471	.257	7	0.13	6	25	0.12	15	125	2.40	5	24	29	0.56	3	0
6	TUCK, Andrea	35	113	3.23	38	287	.261	1	0.03	5	19	0.14	10	50	1.43	1	6	7	0.20	1	1
9	MAYTORENA, Sara	48	116	2.42	61	355	.155	3	0.06	16	8	0.33	20	101	2.10	2	27	29	0.60	5	0
15	SCOTT, Lauren	36	87	2.42	42	181	.249	3	0.08	0	0	0.00	0	5	0.14	8	29	37	1.03	1	0
13	HEGGIE, Shelby	52	112	2.15	38	276	.268	2	0.04	5	21	0.10	0	21	0.40	2	36	38	0.73	2	0
10	HELLBAUM, Angie	40	76	1.90	45	216	.144	3	0.08	5	23	0.12	3	47	1.17	1	13	14	0.35	1	3
5	SEELE, Andrea	19	23	1.21	11	61	.197	1	0.05	2	2	0.11	1	10	0.53	1	4	5	0.26	1	0
12	VEENKER, Emily	23	27	1.17	15	55	.218	2	0.09	0	3	0.00	0	1	0.04	0	6	6	0.26	1	0
1	DOMAN, Amy	52	29	0.56	6	67	.343	660	12.69	11	16	0.21	1	85	1.63	0	12	12	0.23	1	12
2	WEYDERT, Michelle	20	1	0.05	0	2	.500	4	0.20	3	1	0.15	4	51	2.55	0	0	0	0.00	0	0
4	ROSLUND, Jill	30	1	0.03	1	7	.000	7	0.23	3	5	0.10	7	80	2.67	0	0	0	0.00	0	1
14	LATIMER, Vanessa	3	0	0.00	0	2	.000	0	0.00	0	0	0.00	1	0	0.00	0	0	0	0.00	0	0
8	BOOTH, Rachael	42	0	0.00	2	8	-.250	6	0.14	5	9	0.12	11	103	2.45	0	0	0	0.00	0	1
<b>TEAM</b>												6									
<b>WYOMING COWGIRLS....</b>		52	774	14.88	327	1988	.225	699	13.44	61	132	1.17	79	679	13.06	20	157	98.5	1.89	16	18
<b>Opponents.....</b>		52	847	16.29	344	2035	.247	748	14.38	79	120	1.52	61	729	14.02	27	253	153.5	2.95	37	26

TEAM STATISTICS	WY	OPP	DATE	OPPONENT	W/L	SCORE	SCORE-BY-GAME	ATTEND
<b>ATTACK.....</b>			* Sep 24	NM	W	3-2	30-22,25-30,27-30,30-24,16-14	776
Kills.....	774	847	* Sep 25	AF	W	3-1	30-17,28-30,30-19,30-28	803
Errors.....	327	344	* Oct 1	at SD	L	1-3	27-30,31-29,19-30,22-30	276
Total Attacks.....	1988	2035	* Oct 03	at LV	L	2-3	30-26,20-30,30-27,8-30,14-16	157
Attack Pct.....	.225	.247	* Oct 08	at #7 CS	L	0-3	23-30,26-30,14-30	2592
Kills/Game.....	14.9	16.3	* Oct 15	BYU COUGARS	W	3-1	27-30,30-28,31-29,30-27	558
<b>SET.....</b>			* Oct 16	UTAH	L	1-3	33-31,28-30,32-34,17-30	608
Assists.....	699	748	* Oct 21	at NM	W	3-0	30-28,30-23,30-26	376
Assists/Game.....	13.4	14.4	* Oct 22	at AF	W	3-1	29-31,30-28,30-20,30-15	312
<b>SERVE.....</b>			* Oct 29	LV	L	1-3	30-20,24-30,32-34,26-30	607
Aces.....	61	79	* Oct 30	SD	W	3-0	30-23,30-25,30-22	489
Errors.....	132	120	* Nov 05	CS	L	0-3	21-30,27-30,24-30	932
Aces/Game.....	1.2	1.5	* Nov 12	at #17 UTAH	L	0-3	16-30,22-30,26-30	425
<b>SERVE RECEPTIONS....</b>			* Nov 13	at BYU Cougars	L	0-3	18-30,20-30,23-30	1030
Errors.....	79	61						
Errors/Game.....	1.5	1.2						
<b>DEFENSE.....</b>								
Digs.....	679	729						
Digs/Game.....	13.1	14.0						
<b>BLOCKING.....</b>								
Block Solo.....	20	27						
Block Assist.....	157	253						
Total Blocks.....	98.5	153.5						
Blocks Per Game...	1.9	3.0						
Block Errors.....	16	37						
<b>BALL HANDLING ERRORS</b>	18	26						
<b>ATTENDANCE.....</b>								
Total.....	4773	5168						
Dates/Avg Per Date	7/682	7/738						
Neutral site #/Avg	0/0							
Current win streak	0	-						
Home win streak...	0	-						