

2005 Wyoming Soccer Prospectus



Senior Mercy Adetoye
2003 and 2004 First Team All-MWC



Senior Kara Walters
2004 Second Team All-MWC



2005 University of Wyoming Cowgirl Soccer Prospectus



Cowgirl Soccer Quick Facts

School: University of Wyoming

Location: Laramie, Wyoming

Founded: 1886

Enrollment: 13,207

Nickname: Cowgirls

Colors: Brown and Gold

Home Field: UW Soccer Stadium

Capacity: 1,500

Surface: Grass

Affiliation: NCAA Division I

Conference: Mountain West

Interim President: Tom Buchanan

(State University of New York, '73)

Athletics Director: Gary Barta

(North Dakota State, '87)

Sr. Associate Athletics Director: Barbara Burke

(Western Michigan, '80)

Athletic Department Phone: 307-766-2292

Ticket Office Phone: 307-766-4850

or 800-922-9461

Soccer Staff

Head Coach: Anne Moore

Alma Mater: North Carolina State, '93

Record at Wyoming: 38-65-11 (Six years)

Career Record: 45-94-13 (Seven years)

Assistant Coach: Misty Long (Sixth Season)

Alma Mater: Evansville, '97

Assistant Coach: Kim Whisenant (Second Season)

Alma Mater: North Carolina State, '96

Best Time To Reach Coach Moore: Contact SID

Team Information

2004 Record: 9-7-4

2004 League Record/Finish: 3-3-0 (5th Place)

Starters Returning/Lost: 7/4

Letterwinners Returning/Lost: 10/7

Newcomers: 16

History

First Season: 1995

All-Time Record/Years: 46-131-11 (10 years)

NCAA Tournament Appearances: N/A

Last Postseason Appearance: N/A

Result: N/A

Media and Public Relations

Media Relations Director: Kevin McKinney

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Official UW Web Site

<http://www.wyomingathletics.com>

Media Relations Mailing Address

Athletics Media and Public Relations

University of Wyoming

Department 3414

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Laramie, WY 82071

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16th and Gibbon Streets

Laramie, Wyoming 82071-3414

2005 Cowgirl Soccer Schedule

<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Time</u>
Sun., Aug. 21	Metro State (exh.)	Laramie, Wyo.	3:00 p.m.
Wed., Aug. 24	Regis (exh.)	Laramie, Wyo.	3:00 p.m.
Sat., Aug. 27	Charleston Southern	Laramie, Wyo.	1:00 p.m.
Fri., Sept. 2	vs. Northeastern	Denver, Colo.	TBA
Sun., Sept. 4	vs. Colorado/ Denver	Denver, Colo.	TBA
Fri., Sept. 9	vs. Tulsa	Tulsa, Okla.	6:30 p.m.
Sun., Sept. 11	vs. Oral Roberts	Tulsa, Okla.	11:00 a.m.
Fri., Sept. 16	Portland State	Laramie, Wyo.	4:00 p.m.
Fri., Sept. 23	at Old Dominion	Norfolk, Va.	5:00 p.m.
Sun., Sept. 25	at William and Mary	Williamsburg, Va.	12:00 p.m.
UniWyo Cowgirl Shootout			
(Nevada, Oregon, South Dakota State, Wyoming)			
Fri., Sept. 30	S. Dakota State at Wyoming	Laramie, Wyo.	4:00 p.m.
Sun., Oct. 2	Oregon at Wyoming	Laramie, Wyo.	2:00 p.m.
Fri., Oct. 7	San Diego State*	Laramie, Wyo.	3:00 p.m.
Sun., Oct. 9	UNLV*	Laramie, Wyo.	1:00 p.m.
Thur., Oct. 13	at Utah*	Salt Lake City, Utah	7:00 p.m.
Sat., Oct. 15	at BYU*	Provo, Utah	7:00 p.m.
Fri., Oct. 21	New Mexico*	Laramie, Wyo.	3:00 p.m.
Sun., Oct. 23	TCU*	Laramie, Wyo.	1:00 p.m.
Fri., Oct. 28	at Air Force*	Colorado Springs, Colo.	3:00 p.m.
Sun., Oct. 30	Northern Colorado	Laramie, Wyo.	1:00 p.m.
Wed.-Sat., Nov. 2-5	Mountain West Conference Tournament	Las Vegas, Nev.	TBA

* Indicates Mountain West Conference Games
All Times Mountain



2005 Cowgirl Soccer Roster

#	NAME	Pos.	Ht.	Cl.	Exp.	HOMETOWN (LAST SCHOOL)
12	Comfort Adetoye	Mid./ For.	5'8"	Fr.	HS	Englewood, Colo. (Littleton)
4	Mercy Adetoye	For.	5'7"	Sr.	2L	Englewood, Colo. (Littleton)
10	Christina Best	Def./ Mid.	5'7"	Jr.	1L	Littleton, Colo. (Louisiana State Univ.)
9	Jessica Brown	Mid./ Def.	5'6"	So.	1L	Littleton, Colo. (Heritage)
6	Jennifer Bucher	Mid./ Def.	5'3"	Fr.	HS	Littleton, Colo. (Chatfield)
11	Carolyn Clarke	Def./ Mid.	5'5"	Jr.	2L	Highland Ranch, Colo. (Heritage)
24	Halee Davis	Mid.	5'6"	Fr.	HS	Castlerock, Colo. (Douglas County)
22	Katie Groy	Def./ Mid.	5'7"	Fr.	HS	Lakewood, Colo. (Green Mountain)
5	Kristin Gurrola	Def./ Mid.	5'2"	Jr.	2L	Mesa, Ariz. (Red Mountain)
2	Tanya Halliday	Def./ Mid.	5'7"	Fr.	HS	Stow, Mass. (Hudson Catholic)
29	Karinthia Harrison	Mid.	5'3"	Fr.	HS	Powell, Wyo. (Powell)
16	Laine Hubbard	Def./ For.	5'7"	Fr.	HS	Monument, Colo. (Lewis Palmer)
8	Amanda Lathrop	Mid./ For.	5'4"	Fr.	HS	Lakewood, Colo. (Green Mountain)
28	Raechyl Martin	For.	5'8"	Fr.	HS	Cody, Wyo. (Cody)
27	Katie Mitchell	For./ Mid.	5'4"	Fr.	HS	Saline, Mich. (Saline)
15	Anna Nagel	Mid.	5'6"	Fr.	HS	Littleton, Colo. (Arapahoe)
7	Christine Nagel	For./ Mid.	5'6"	Jr.	2L	Littleton, Colo. (Arapahoe)
26	Kayleigh Nutter	Def.	5'6"	Fr.	HS	Vandenberg AFB, Calif. (Cabrillo)
25	Leah Ramsey	For.	5'8"	So.	SQ	Buffalo, Wyo. (Buffalo)
1	Jamie Scarcliff	GK	5'9"	Fr.	HS	Arvada, Colo. (Ralston Valley)
21	Rachel Schetrom	Def.	5'5"	So.	SQ	Westminster, Colo. (Stanley Lake)
33	Ashley Sheppard	GK	5'10"	So.	1L	Highlands Ranch, Colo. (Highlands Ranch)
18	Andrea Soltau	Mid.	5'8"	So.	1L	Littleton, Colo. (Heritage)
14	Kristen Stangl	Def.	5'4"	Jr.	2L	Lone Tree, Colo. (Dakota Ridge)
13	Alexiss Stanley	Mid./ For.	5'4"	So.	SQ	Riverton, Wyo. (Riverton)
17	Corey Thieman	Mid.	5'6"	Fr.	HS	Littleton, Colo. (Chatfield)
30	Charity Thomas	For./ Mid.	5'4"	Fr.	HS	Laramie, Wyo. (Laramie)
3	Kara Walters	Def.	5'9"	Sr.	3L	Casper, Wyo. (Kelly Walsh)
19	Celia White	Mid.	5'10"	Sr.	1L	Kent, Ohio (Roosevelt)
23	Tamika Wilson	For./ Mid.	5'6"	Fr.	HS	Orem, Utah (Orem)

Head Coach/Alma Mater: Anne Moore (North Carolina State, '93), Seventh Season
Record at Wyoming: 38-65-11 (Six years)
Career Record: 45-94-13 (Eight years)
Assistant Coaches: Misty Long (Evansville, '97), Sixth Season
 Kim Whisenant (North Carolina State '96), Second Season

Roster Breakdown

By Class

Seniors (3)-- Mercy Adetoye, Kara Walters, Celia White
Juniors (5)-- Christina Best, Carolyn Clarke, Kristin Gurrola, Christine Nagel, Kristen Stangl
Sophomores (6)-- Jessica Brown, Leah Ramsey, Rachel Schetrom, Ashley Sheppard, Andrea Soltau, Alexiss Stanley
Freshmen (16)-- Comfort Adetoye, Jennifer Bucher, Halee Davis, Katie Groy, Tanya Halliday, Karinthia Harrison, Laine Hubbard, Amanda Lathrop, Raechyl Martin, Katie Mitchell, Anna Nagel, Kayleigh Nutter, Jamie Scarcliff, Corey Thieman, Charity Thomas, Tamika Wilson

By State

Wyoming (6)-- Karinthia Harrison, Raechyl Martin, Leah Ramsey, Alexiss Stanley, Charity Thomas, Kara Walters
Colorado (18)-- Comfort Adetoye, Mercy Adetoye, Christina Best, Jennifer Bucher, Jessica Brown, Carolyn Clarke, Halee Davis, Katie Groy, Laine Hubbard, Amanda Lathrop, Anna Nagel, Christine Nagel, Jamie Scarcliff, Rachel Schetrom, Ashley Sheppard, Andrea Soltau, Kristen Stangl, Corey Thieman
Arizona (1)-- Kristin Gurrola
California (1)-- Kayleigh Nutter
Massachusetts (1)-- Tanya Halliday
Michigan (1)-- Katie Mitchell
Ohio (1)-- Celia White
Utah (1)-- Tamika Wilson

Pronunciation Guide

AC Kim Whisenant.....	WHIZ-nat
12 Comfort Adetoye.....	A-de-TOY
4 Mercy Adetoye.....	A-de-TOY
6 Jennifer Bucher.....	BOO-Kerr
16 Laine Hubbard.....	HUB-erd
8 Amanda Lathrop.....	LAY-thrup
28 Raechyl Martin.....	Rachel
21 Rachel Schetrom.....	SHE-trom
18 Andrea Soltau.....	SOUL-tau
14 Kristen Stangl.....	STAIN-gul
17 Corey Thieman.....	THEE-man

2005 Cowgirl Coaches

Anne Moore (North Carolina State, '93)

Cowgirl Soccer Head Coach

After leading the Cowgirls to the two most successful seasons in Wyoming soccer history in 2003 and 2004, Anne Moore looks to guide the Cowgirls to bigger successes as she enters her seventh season as the head soccer coach at the University of Wyoming.

Moore is just the second head soccer coach in Wyoming soccer history as she became UW's coach on Jan. 14, 1999.

Last season, Moore guided the Cowgirls to the most successful season in Wyoming history as the Cowgirls finished with an overall record of 9-7-4. The season was highlighted by the program's first ever win over BYU, as the Cowgirls defeated the Cougars 3-2 in overtime.

Following the 2003 season, Moore was named the 2003 Mountain West Conference Coach of the Year. That season, she led the Cowgirls to a record of 10-9, the best finish in the program's history at the time. The Cowgirls finished the MWC regular season in a second place tie with BYU with a conference mark of 4-2, Wyoming's best conference finish ever.

Prior to accepting the position at Wyoming, Moore gained experience with another young soccer program. As the first women's soccer coach in East Tennessee State University history, she helped start the program in 1997 and coached the Buccaneers for two years before coming to Wyoming.

She also served as a graduate assistant for two years at Virginia Tech before becoming their first full-time assistant coach from 1993-1997.

Moore had an outstanding collegiate soccer career at North Carolina State, where she was a four-year letterwinner from 1989-93. While playing at N.C. State, Moore's teams advanced to the NCAA Tournament every season, including two trips to the Elite Eight and a Final Four berth 1989.

Moore earned her undergraduate degree in 1993 from N.C. State with a bachelor of arts in communications. She then earned a master's of education degree with a concentration in sports management from Virginia Tech in 1995.

Besides her university coaching experience, Moore has also served as the Director of Coaching, in both Virginia and Tennessee for club programs, and has been actively involved in the Olympic Development programs in both Tennessee and Wyoming. She received her United States Soccer Federation "B" License in 2001 and her NSCAA Advanced National License in 1998.

In her time at Wyoming, Moore has guided a Cowgirl on to the MWC first-team four times and individuals onto the second team eight times. Her teams have also seen much success in the classroom as a Cowgirl has been selected academic all-conference 67 times and selected as a scholar athlete 31 times. She also helped guide Lori Scheider onto the Academic All-America Third Team following the 2003 season.

A Springfield, Va. native, Moore and her husband Curt, a police officer in Laramie, have two sons; Blake (6) and Kyle (3).

Misty Long (Evansville, '97)

Misty Long enters her sixth season as an assistant coach with the Cowgirl Soccer program. She came to Wyoming after spending two years as an assistant coach at the University of Evansville and coaching one year at the University of Southern Indiana.

Over the last two seasons, Long has helped lead the Cowgirls to the two best finishes in Wyoming history. Last season, the Cowgirls completed the best season in UW history as they finished with a 9-7-4 record. The season was highlighted by a 3-2 overtime win over BYU, the first in the program's history. In 2004, the Cowgirls finished tied for second place in the Mountain West Conference with a 4-2 record, the best finish in Cowgirl soccer history and an overall record of 10-9.

Long, a Carlsbad, N.M. native, was one of the first recruits to sign with the Evansville women's soccer program. She was a four-year starter and letterwinner at goalkeeper and still owns several school records. Long was a team captain in 1996 when the team won their first conference championship. She was selected Second Team All-Great Midwest Conference in 1994 and First Team All-Missouri Valley Conference in 1996.

Long earned a bachelor of science degree in educational studies with an emphasis in physical education from Evansville in 1997, and received her USSF "A" License in 1999. She has worked as a state goalkeeper coach for the Indiana Olympic Development Program, and the Region II Olympic Development Program. She has conducted multiple youth soccer camps and has been the head coach for several soccer club teams.

Kim Whisenant (North Carolina State, '96)

Kim Whisenant returned to the University of Wyoming in 2004 for a second tenure as assistant soccer coach. She was also an assistant coach at Wyoming during the 1999 and 2000 seasons. In her first season back with the Cowgirls, she helped guide UW to the best finish in school history as they finished with a record of 9-7-4 and placed a record four players on the Mountain West Conference first and second teams.

Whisenant spent the 2001 and 2002 seasons as an assistant coach at Tulane University. While with Tulane, she helped guide the Green Wave to their first winning season in six years as they went 9-8 in 2001.

Before joining the Cowgirl staff in 1999, Whisenant served as a graduate assistant coach at East Tennessee State University, under UW head coach Anne Moore, during the 1997 and 1998 seasons.

Whisenant played four seasons at North Carolina State where she helped lead the Wolfpack to three NCAA tournament appearances. During her senior season, NC State reached the quarterfinals of the NCAA Tournament and was at one time ranked as high as sixth nationally. Following college, she played in the U.S.W.I.S.L for the Baltimore Lady Bays, the Maryland Pride and the Fort Collins Force.

Whisenant earned her bachelor's degree in communication from NC State in 1996. She holds an Advanced National Diploma from the National Soccer Coaches Association and an USSF "A" license from the United States Soccer Federation.

The former Kim Murphy, she is married to UW Assistant Athletics Director Matt Whisenant. The couple has a son, Landon Thomas, who will turn two in December.

2004 Season in Review

2004 Season is most Successful in UW History

The 2004 season marked the most successful season in Wyoming soccer history as the Cowgirls finished 9-7-4 and placed a record four girls on the Mountain West Conference first and second-teams.

The Cowgirls finished with a 9-7-4 overall record and a 3-3 MWC mark. Their 9-7-4 (.550) record is the best finish in UW history, bettering the 2003 season's record of 10-9 (.526). Their 3-3 conference finish was the second best in UW history behind a 4-2 mark in 2003.

The four Cowgirls honored by the MWC included seniors Mari Gomes and Lindsey Vossbrink and juniors Mercy Adetoye and Kara Walters. Adetoye was named first team All-MWC for the second consecutive year while Gomes, Vossbrink and Walters were named to the second team.

2004 Statistical Leaders:

Individual Leaders (All Games):

Goals	Mari Gomes (8)
Assists	Mercy Adetoye (7)
Points	Mercy Adetoye (21)
Shots	Mercy Adetoye (73)
Game Winning Goals	Mercy Adetoye (3)
Saves	Ashley Sheppard (102)
Saves Per Game	Ashley Sheppard (6.00)

Statistical Rankings in the MWC (All Games):

Goals	2nd- Mari Gomes (8)
Assists	3rd- Mercy Adetoye (7)
Points	1st- Mercy Adetoye (21)
Shots	1st- Mercy Adetoye (73)
Game Winning Goals	Tie 2nd- Mercy Adetoye (3)
Saves	2nd- Ashley Sheppard (102)
Saves Per Game	1st- Ashley Sheppard (6.00)

2004 Post Season Notes

- * In 2004, the Cowgirls outshot their opponent's 340-275.
- * The Cowgirls played overtime seven times in 2004, the most in a single season in UW history. They were unbeaten in overtime as they compiled a record of 3-0-4
- * The Cowgirl defense recorded six shutouts in 2004. The six shutouts is the second most in a single season in UW history. In 2003, the Cowgirls shutout their opponents seven times.
- * On Oct. 21, the Cowgirls defeated BYU for the first time in UW history, 3-2 in overtime. Mercy Adetoye led the Cowgirls with a pair of goals including the overtime game winner.
- * Junior Mercy Adetoye moved into fourth all-time at UW in career goals with 14, after scoring two against BYU on Oct. 21. She is also in a tie for first all-time at UW in career assists with eight after recording her seventh and eighth against New Mexico on Oct. 30. Her seven assists last season are the most in a single season in UW history. Her 21 points are the second most in a single season in UW history. Her 73 shots this season are the most in a season at UW, prior to this the most shots in a season was 46.
- * Senior Mari Gomes moved into second all-time at Wyoming with 17 career goals, after scoring her eighth goal of the year against New Mexico. Her eight goals are the second most goals in a season by a Cowgirl. She is currently second all-time in points with 37.

2004 Season Results

(9-7-4, 3-3 MWC/5th)

Date	Opponent	Location	Result
Aug. 19	Colorado College (exh.)	Laramie, Wyo.	W 3-0
Aug. 27	Gonzaga	Laramie, Wyo.	L 1-3
Aug. 29	Eastern Washington	Laramie, Wyo.	W 2-1 (OT)
Sept. 3	Delaware at Wyoming\$	Laramie, Wyo.	T 1-1 (2OT)
Sept. 5	Vermont at Wyoming\$	Laramie, Wyo.	T 1-1 (2OT)
Sept. 10	vs. Charleston Southern^	Flagstaff, Ariz.	W 1-0
Sept. 12	vs. Illinois State^	Flagstaff, Ariz.	W 1-0
Sept. 17	vs. Denver#	Boulder, Colo.	T 1-1 (2OT)
Sept. 19	vs. Louisiana State#	Boulder Colo.	L 0-1
Sept. 22	at Northern Colorado	Greeley, Colo.	W 1-0 (2OT)
Sept. 26	Cal State Fullerton	Laramie, Wyo.	W 1-0
Oct. 1	at Oregon	Eugene, Ore.	L 1-3
Oct. 3	at Portland State	Portland, Ore.	T 2-2 (2OT)
Oct. 8	at Air Force*	Colo. Springs, Colo.	W 1-0
Oct. 10	Northern Arizona	Laramie, Wyo.	W 4-0
Oct. 15	at San Diego State*	San Diego, Calif.	L 1-0
Oct. 17	at UNLV*	Las Vegas, Nev.	L 1-3
Oct. 21	BYU*	Laramie, Wyo.	W 3-2 (OT)
Oct. 23	Utah*	Laramie, Wyo.	L 0-2
Oct. 30	New Mexico*	Laramie, Wyo.	W 5-1
Nov. 3	Utah%	Provo, Utah	L 0-1

\$ Brown and Gold Shootout

^ La Quinta Mountain Classic Game

Colorado Soccer Classic Game

*Indicates Mountain West Conference Games

% Mountain West Conference Tournament Game

Returning All-Conference Selections

A pair of 2004 All-Conference selections will return to Wyoming for their senior seasons in 2005 in Mercy Adetoye and Kara Walters.

Forward Mercy Adetoye became the first ever Cowgirl soccer player to earn MWC first-team honors twice in a career. She earned the honor after scoring seven goals and tallying seven assists in 2004. She led the MWC in shots (73), shots per game (3.65), points (21) and points per game (1.05). Her seven goals are the most in a single season in UW history. She is currently fourth all-time at UW in goals with 14. Her seven assists are the most in a single season in UW history and moved her into a tie for the most career assists at Wyoming with eight.

Center defender Kara Walters started all 20 games this season and has started 40 consecutive games for the Cowgirls dating back to her freshman season. She anchored a defense that allowed just 1.07 goals a game, and shutout their opponent six times this season, the second most times in a single season in UW history.

2004 All-MWC Team

First Team

Annie Magliulo, Sr., F, UNLV
 Jaime Rendich, Jr., F, BYU
 Alexis Solovij, Jr., D, San Diego State
 Jenny Ruiz, Sr., D, UNLV
 Amanda Feigt, So., F, Utah
Mercy Adetoye, Jr., F, Wyoming
 Claire Thomas, So., D, BYU
 Tracy Stratton Garner, Sr., MF, Utah
 Sophia Perez, Sr., GK, San Diego State
 Noelle Jouglet, Sr., D, San Diego State
 Goalkeeper: Jenna Huff, Jr., UNLV

Second Team

Anna Neu, Fr., MF, New Mexico
 Kiley Jones, Fr., MF, Utah
 Amanda Swiader, Jr., D, San Diego State
 Charlene Lui, Jr., MF, BYU
Lindsey Vossbrink, Sr., MF, Wyoming
 Brittany Emerson, So., MF, New Mexico
 Kim Lloyd, Jr., F, Utah
Mari Gomes, Sr., F, Wyoming
Kara Walters, Jr., D, Wyoming
 Elaine Tatarek, Sr., F, Air Force
 Goalkeeper: Erica Woodbury, Fr., BYU

