

Cowgirl Basketball Individual Camp

June 14th – 16th, 2009

The University of Wyoming continues to run one of the largest individual summer camps in the region. A camper to coach ratio of 10:1, all players are given instruction by a variety of great coaches, including University of Wyoming Head Cowgirl Coach Joe Legerski, his staff and current players. The individual camp provides a great combination of fundamental skill development and individual competitions as well as team games.

(All Campers must be entering at least the 5th grade in the fall of 2009.)

A Quality Learning Experience

Sunday, June 14th

12:00 - 2:30 pm.....Registration
3:00 - 5:00 pm..... Fundamental Skills
5:00 - 6:30 pm..... Dinner
6:30 - 9:00 pm..... Team Games
10:00 pm..... Room Check
10:30 pm.....Lights Out

Monday, June 15th

9:00 - 11:30 am..... Fundamental Skills
11:30 - 1:00 pm.Lunch
1:00 - 3:00 pmIndividual Skills
3:00 - 4:30 pm..... Team Games
4:30 - 6:00 pm..... Dinner
6:00 - 9:00 pm..... Team Games
10:00 pm..... Room Check
10:30 pm.....Lights Out

Tuesday, June 16th

9:00 - 11:00 am..... Fundamental Skills
11:30 a.m. - 1 pmLunch
1:00 - 3:00 pm..... Fundamental Skills
3:00 - 4:30 pm..... Team Games
4:30 pm.....Camp Closing Ceremony

How to Register

Fill out an application and return it with full payment. When you have been accepted to the Cowgirl Basketball Camp a confirmation letter and further information will be sent.

Fees

Individual Camp Overnight \$225.00
(Includes room and board)
Individual Camp Commuter (with meals)..... \$170.00
(Includes lunch and dinner)
Individual Camp Commuter\$140.00
(Does not include room and board)

Housing for Individual Camp

Overnight campers will be housed two per room.

What to Bring

Bedding and Linens or sleeping bag
Towels, soap and toiletries
Basketball shoes
Any other equipment needed for basketball

Health Insurance

All participants must have their own medical insurance through their family policy or some other source, which will serve as primary coverage.

Facilities

The camp will be held on the beautiful University of Wyoming Campus in Laramie, Wyoming. All activities will be held in the Arena Auditorium (site of the Cowgirls' home games), University Fieldhouse, UniWyo Sports Complex, and Half Acre Gymnasium. Over 14 courts and 30 baskets are available to teach and learn the game of basketball. All campers will be housed in the residence halls on campus. Campers will enjoy delicious, all-you-can-eat meals three times a day in the newly renovated University of Wyoming Washakie Dining Hall.

Camp Store

The Camp Store will be open during registration and checkout of camp and will feature a variety of Cowgirl Basketball Camp apparel.

Parking

There are numerous parking options when arriving on UW's campus this summer. Should you have any questions concerning parking, please contact UW Transportation & Parking Services at 307-766-9800.

1. Parking Meters: Parking Meters are located throughout campus at a cost of .25/half-hour.
2. Day Permits: Day Permits may be purchased for \$4.00/per day (A, C, or R lot). Please contact UW Transportation & Parking Services
3. Free Parking: The gravel lot east of the football stadium is the only free parking available on the UW campus.

ADDITIONAL QUESTIONS

If you have any questions about Cowgirl Basketball Camps please call the Basketball Office at (307) 766-3715.