

Wyoming Basketball Contact

Amy Dambro, Assistant Media Relations Director

Phone: (307) 766-2269 Email: montross@uwyo.edu



Wyoming Cowgirls (16-14 overall, 8-8 in the MWC)

Cowgirl Quick Facts

Location: Laramie, Wyoming
Founded: 1886
Enrollment: 13,207
Nickname: Cowgirls
Colors: Brown & Gold
Home Court: Arena Auditorium (15,028)
Press Row Phone: 307-766-2222
Affiliation: NCAA Division I
Conference: Mountain West Conference
President: Dr. Tom Buchanan
 (State University of New York, '73)
Athletics Director: Tom Burman (Wyoming, '88)
Associate AD-Internal Affairs/SWA:
 Molly Moore (Washington State, '99)
Faculty Representative: Alyson Hagy
Athletics Department Phone: 307-766-2292
Ticket Office Phone: 307-766-4850 or 800-922-9461

Basketball Staff

Head Coach: Joe Legerski (Wyoming, '79)
Record at Wyoming: 115-69 (.625), Six years
Career Record: Same
Conf. Record at Wyoming: 54-38 (.587), Six years
Conference Record: Same
Assoc. Head Coach: Gerald Mattinson (Weber State, '81)
Assistant Coach: Kristin Becker (Vanderbilt, '90)
Assistant Coach: Katie Kern (New Mexico, '99)
Basketball Office Phone: 307-766-3715
Best Time to Reach Coach Legerski: Contact SID

Team Information

2008-09 Record: 16-14 (.533)
2008-09 Conf. Record/Finish: 8-8 (.500)/T-5th
Letterwinners Returning/Lost: 9/5
Starters Returning/Lost: 3/2
Newcomers: 3

History

First Year of Basketball: 1973-74
All-Time Record/Years: 506-490 (.508) (36 years)
All-Time MWC Record: 73-75 (.493) (Ten years)
All-Time WAC Record: 57-69 (.452) (Nine years)
NCAA Appearances Record: One/0-1
Last NCAA Appearance: 2008
Result: Lost in First Round to Pittsburgh, 63-58
WNIT Appearances/Record: 4/8-5
Last WNIT Appearance: 2007
Result: WNIT Post Season Champion

Media Information

Associate AD for Media Relations: Tim Harkins
Office Phone: 307-766-2321
email: tharkins@uwyo.edu
Assistant Media Relations Director (WBB Contact):
 Amy Dambro
email: montross@uwyo.edu
Office Phone: 307-766-2269/2256
Cell Phone: 307-760-1736
Fax Number: 307-766-2346

Official Wyoming Website:
www.wyomingathletics.com

Mailing Address

Athletics Media Relations Office
 University of Wyoming
 Department 3414
 1000 East University Avenue
 Laramie, Wyoming 82071-3414

Overnight Address

16th and Gibbon Streets
 Laramie, Wyoming
 82071-3414

Numerical Roster

No.	Name	Pos.	Ht.	Yr.	Exp.	Hometown (Previous School)
3	Randi Richardson	G	5-7	Jr.	1L	Arlington, Wash. (San Francisco)
10	Bec Campigli	G	5-10	Fr.	HS	Melbourne, Australia (Wesley College)
12	Kristen Scheffler	G	5-11	So.	1L	Lovell, Wyo. (Lovell HS)
13	Ashley Sickles	F	6-1	So.	1L	Cresco, Iowa (Crestwood HS)
14	Jade Kennedy	F	6-1	Jr.	2L	Cairns, Australia (St. Monica's College)
15	Leah Fitzgerald	C	6-2	So.	1L	Colorado Springs, Colo. (Palmer HS)
20	Aubrey Vandiver	G	5-11	RJr.	2L	Laramie, Wyo. (Laramie HS)
21	Emma Langford	F	6-2	So.	1L	Arthurton, Australia (Australian Institute of Sport)
22	Brenna Freeze	G	5-11	So.	1L	Albuquerque, N.M. (La Cueva HS)
25	Sara Wilson	G	5-9	Fr.	HS	Grant, Neb. (Perkins County HS)
33	Chaundra Sewell	F	6-1	Fr.	HS	Broomfield, Colo. (Broomfield HS)
41	Hillary Carlson	F	6-3	Jr.	2L	Cheyenne, Wyo. (Cheyenne Central HS)

Alphabetical Roster

No.	Name	Pos.	Ht.	Cl.	Exp.	Hometown (Previous School)
10	Bec Campigli	G	5-10	Fr.	HS	Melbourne, Australia (Wesley College)
41	Hillary Carlson	F	6-3	Jr.	2L	Cheyenne, Wyo. (Cheyenne Central HS)
15	Leah Fitzgerald	C	6-2	So.	1L	Colorado Springs, Colo. (Palmer HS)
22	Brenna Freeze	G	5-11	So.	1L	Albuquerque, N.M. (La Cueva HS)
14	Jade Kennedy	F	6-1	Jr.	2L	Cairns, Australia (St. Monica's College)
21	Emma Langford	F	6-2	So.	1L	Arthurton, Australia (Australian Institute of Sport)
3	Randi Richardson	G	5-7	Jr.	1L	Arlington, Wash. (San Francisco)
12	Kristen Scheffler	G	5-11	So.	1L	Lovell, Wyo. (Lovell HS)
33	Chaundra Sewell	F	6-1	Fr.	HS	Broomfield, Colo. (Broomfield HS)
13	Ashley Sickles	F	6-1	So.	1L	Cresco, Iowa (Crestwood HS)
20	Aubrey Vandiver	G	5-11	RJr.	2L	Laramie, Wyo. (Laramie HS)
25	Sara Wilson	G	5-9	Fr.	HS	Grant, Neb. (Perkins County HS)

Head Coach: Joe Legerski (Wyoming, '79), Seventh Year
Associate Head Coach: Gerald Mattinson (Weber State, '81), Seventh Year
Assistant Coaches: Kristin Becker (Vanderbilt, '90), Fourth Year
 Katie Kern (New Mexico, '99), Fourth Year

Comparative Stats: Here are how the Wyoming Cowgirls and their opponents compared statistically during the 2008-09 basketball season.

	FG-FGA	%	3P-3PA	%	FT-FTA	%	Reb. Avg.	Pts.-Avg.	Asst.-Avg.
Wyoming	611-1635	.374	165-581	.284	408-582	.701	1140-38.0	1795-59.8	391-13.0
Opponents	639-1763	.362	133-458	.290	381-508	.750	1167-38.9	1792-59.7	342-11.4
		+0.012		-0.006		-0.049	-0.9	+0.1	+1.6

2009-10 Cowgirl Basketball ... 2/2/2
Media Information/Schedule

Welcome to the University of Wyoming and Cowgirl Basketball. The following information is presented to assist the working media in its coverage of the 2009-10 season. The Wyoming Media Relations Office will be available throughout the year to assist you.

Credential Requests

Requests for the media area and photo credentials should be directed to Assistant Media Relations Director Amy Dambro and the University of Wyoming Media Relations Office. Her number is 307-766-2269. Press-pass requests should be made at least 24 hours prior to game time. Credentials will either be mailed, or will be held at the Will Call Window, located at the west side of the Arena-Auditorium at the Athletics Ticket Office.

Arena Auditorium

Wyoming's Arena Auditorium is located on Willett Drive in Laramie, just north of War Memorial Stadium and the Fieldhouse complex. Media parking is located to the south and west of the Double A, in the "FA, S and Brown" lots. Will Call is located at the Willett West entrance to the Double A.

Post Game Procedures

Members of the Media Relations staff will escort media representatives to the media room at the top of the truck ramp. Head Coach Joe Legerski and requested Cowgirl players will come to the room. Opponent coaches and players will be interviewed outside their locker room.

Legerski and Player Interviews

All interview requests for head coach Joe Legerski or any players should be made through the UW Athletics Media and Public Relations Office, 307-766-2256, at least 24 hours in advance. Players are available as their class schedules, practices and meetings permit. Players will not be available until post-game on game days. Media members are also required to check with the Wyoming Media Relations Office prior to attending any Cowgirl practice session.

Conference Call

Joe Legerski will conduct a conference call every week during the season. The day will vary, so contact the MR office for more information. Media members are asked to call the bridge three to five minutes prior to the conference. The number is 307-766-1007 and the access number is 2256#.

Cowgirls On The Radio

The University of Wyoming women's basketball team is excited to have its games broadcast during the 2009-10 year. The flagship station for the network is KFBC 1240 AM in Cheyenne, Wyo. In Laramie, the games can be heard on KOWB (1290). Check local listings for games carried in your area on one of the 26 Cowboy Sports Network affiliates. Games will begin with a 30-minute pre-game. Handling the play-by-play will be Reece Monaco. Joining Monaco as the color analyst is Wyoming Hall of Famer Margie McDonald.

Ticket Information

Admission for Wyoming basketball games: \$10.00 for adults, \$6.00 for children ages three through 18. Season Tickets will available this year at a cost of \$99.00, along with a family plan which includes four tickets (2 Adults and 2 Children) for \$292.00. For more ticket information, call the Wyoming ticket office at (307) 766-4850 or 1-800-922-9461.

Mountain West Conference Media Information

For any information concerning Mountain West Conference Basketball, contact Becky Motchan, Assistant Director of Communications. The MWC address is 15455 Gleneagle Drive, Suite 200, Colorado Springs, Colo. 80921. The MWC telephone number is (719) 488-4040 or MWC Basketball information is also available on the world wide web at <http://www.themwc.com>.

2009-10 Wyoming Cowgirl Basketball Schedule

<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Time/Results</u>
November			
Mon., Nov. 2	Adams State (Exh.)	Laramie, Wyo.	7:00 p.m.
Fri., Nov. 6	CSU-Pueblo (Exh.)	Laramie, Wyo.	7:00 p.m.
Fri., Nov. 13	@Denver	Denver, Colo.	5:30 p.m.
Sun., Nov. 15	Montana	Laramie, Wyo.	2:00 p.m.
Wed., Nov. 18	@North Dakota	Grand Forks, N.D.	6:00 p.m.
Fri., Nov. 20	@North Dakota State	Fargo, N.D.	5:00 p.m.
Tues., Nov. 24	Black Hills State	Laramie, Wyo.	7:00 p.m.
Mon., Nov. 30	Idaho State	Laramie, Wyo.	7:00 p.m.
December			
Thurs., Dec. 3	@Idaho	Moscow, Idaho	8:05 p.m.
Sat., Dec. 5	@Washington State	Pullman, Wash.	3:00 p.m.
Sat., Dec. 12	BlueCross/BlueShield of Wyoming Shootout Dakota State#	Casper, Wyo.	1:00 p.m.
Fri., Dec. 18	Weber State	Laramie, Wyo.	7:00 p.m.
Sun., Dec. 20	Oregon	Laramie, Wyo.	2:00 p.m.
Thurs., Dec. 31	@Boise State	Boise, Idaho	2:00 p.m.
January			
Tues., Jan. 5	@Colorado State* (The Mtn.)	Ft. Collins, Colo.	6:00 p.m.
Sat., Jan. 9	@San Diego State*	San Diego, Calif.	3:00 p.m.
Wed., Jan. 13	TCU*	Laramie, Wyo.	7:00 p.m.
Sat., Jan. 16	@New Mexico*	Albuquerque, N.M.	2:00 p.m.
Tues., Jan. 19	BYU* (The Mtn.)	Laramie, Wyo.	6:00 p.m.
Wed., Jan. 27	@Utah*	Salt Lake City, Utah	7:00 p.m.
Sat., Jan. 30	Air Force*	Laramie, Wyo.	2:00 p.m.
February			
Tues., Feb. 2	@UNLV* (The Mtn.)	Las Vegas, Nev.	9:00 p.m.
Sat., Feb. 6	Colorado State*	Laramie, Wyo.	2:00 p.m.
Wed., Feb. 10	San Diego State*	Laramie, Wyo.	7:00 p.m.
Sat., Feb. 13	@TCU*	Ft. Worth, Texas	TBA
Wed., Feb. 17	New Mexico*	Laramie, Wyo.	7:00 p.m.
Sat., Feb. 20	@BYU* (BYU-TV)	Provo, Utah	2:00 p.m.
Sun., Feb. 28	Utah* (The Mtn.)	Laramie, Wyo.	2:00 p.m.
March			
Wed., March 3	@Air Force*	Colorado Springs, Colo.	7:00 p.m.
Sat., March 6	UNLV*	Laramie, Wyo.	2:00 p.m.
Tue.-Sat. March 9-13	MWC Tournament	Las Vegas, Nev.	TBD

***Mountain West Conference Games
 & Mountain West Tournament Game
 #game played in Casper, Wyo.
 All games and times are subject to change
 All times listed are Mountain Time**

2009-10 University of Wyoming
Roster Breakdown (Total Players 12)

STARTERS RETURNING (3)

No.	Name	Pos.	Ht.	Cl.	PPG	RPG	ASPG	SPG	BPG
41	Hillary Carlson	F	6-3	Jr.	11.8	5.2	0.8	0.7	1.2
3	Randi Richardson	G	5-7	Jr.	2.9	2.3	2.6	0.6	0.1
12	Kristen Scheffler	G	5-11	So.	10.3	2.4	1.5	1.1	0.5

STARTERS LOST (2)

No.	Name	Pos.	Ht.	Cl.	PPG	RPG	ASPG	SPG	BPG
	Megan McGuffey	G	5-11	Sr.	10.7	6.8	2.5	1.2	0.6
	Rebecca Vanderjagt	F	6-3	Sr.	2.0	2.9	1.0	0.3	1.0

LETTERWINNERS RETURNING (9)

No.	Name	Pos.	Ht.	Cl.	PPG	RPG	ASPG	SPG	BPG
41	Hillary Carlson	F	6-3	Jr.	11.8	5.2	0.8	0.7	1.2
15	Leah Fitzgerald	C	6-2	So.	Played in five games				
22	Brenna Freeze	G	5-11	So.	1.1	0.8	0.4	0.1	0.1
14	Jade Kennedy	F	6-1	Jr.	4.0	4.9	1.2	0.5	0.6
21	Emma Langford	F	6-2	So.	10.5	4.5	2.7	1.1	0.6
3	Randi Richardson	G	5-7	Jr.	2.9	2.3	2.6	0.6	0.1
12	Kristen Scheffler	G	5-11	So.	10.3	2.4	1.5	1.1	0.5
13	Ashley Sickles	F	6-1	So.	1.9	1.0	0.4	0.1	0.3
20	Aubrey Vandiver	G	5-11	RJr.	10.6	5.7	2.1	1.4	0.1*

*Stats from 2007-08

LETTERWINNERS LOST (5)

No.	Name	Pos.	Ht.	Cl.	PPG	RPG	ASPG	SPG	BPG
	Mallory Cline	C	6-4	Jr.	Played in three games				
	Elisabeth Dissen	C	6-1	Sr.	6.3	3.8	0.5	0.5	0.4
	Gemma Koehler	F	6-1	Jr.	Played in two games				
	Megan McGuffey	G	5-11	Sr.	10.7	6.8	2.5	1.2	0.6
	Rebecca Vanderjagt	F	6-3	Sr.	2.0	2.9	1.0	0.3	1.0

NEWCOMERS (3)

No.	Name	Pos.	Ht.	Cl.	Hometown (Previous School)
10	Bec Campigli	G	5-10	Fr.	Melbourne, Australia (Wesley College)
33	Chaundra Sewell	F	6-1	Fr.	Broomfield, Colo. (Broomfield)
25	Sara Wilson	G	5-9	Fr.	Grant, Neb. (Perkins County HS)

Players By Height

6-3 (1)	Hillary Carlson
6-2 (2)	Leah Fitzgerald, Emma Langford
6-1 (3)	Jade Kennedy, Chaundra Sewell, Ashley Sickles
5-11 (3)	Brenna Freeze, Kristen Scheffler, Aubrey Vandiver
5-10 (1)	Bec Campigli
5-9 (1)	Sara Wilson
5-7 (1)	Randi Richardson

Pronunciation Guide

Bec Campigli	(Cam Peel E)
Joe Legerski	(Le Gur Ski)
Kristen Scheffler	(Chef Ler)
Chaundra Sewell	(Shawn Draw)
Aubrey Vandiver	(Van Duh Veer)

Cowgirls By Class

Juniors (4)

Hillary Carlson, F, 6-3
Jade Kennedy, F, 6-1
Randi Richardson, G, 5-7
Aubrey Vandiver, G, 5-11

Sophomores (5)

Leah Fitzgerald, C, 6-2
Brenna Freeze, G, 5-11
Emma Langford, F, 6-2
Kristen Scheffler, G, 5-11
Ashley Sickles, F, 6-1

Freshmen (3)

Bec Campigli, G, 5-10
Chaundra Sewell, F, 6-1
Sara Wilson, G, 5-9

Cowgirls By Position

Guards (6)

Bec Campigli, Brenna Freeze, Randi Richardson,
Kristen Scheffler, Aubrey Vandiver, Sara Wilson

Forwards (5)

Hillary Carlson, Jade Kennedy, Emma Langford,
Chaundra Sewell, Ashley Sickles

Centers (1)

Leah Fitzgerald

Cowgirls By State/Country

Colorado (2):

Leah Fitzgerald Colorado Springs
Chaundra Sewell Broomfield

Iowa (1):

Ashley Sickles Cresco

Nebraska (1):

Sara Wilson Grant

New Mexico (1):

Brenna Freeze Albuquerque

Washington (1):

Randi Richardson Arlington

Wyoming (3):

Hillary Carlson Cheyenne
Kristen Scheffler Lovell
Aubrey Vandiver Laramie

Australia (3):

Bec Campigli Melbourne
Jade Kennedy Cairns
Emma Langford Artherton

2009-10 Cowgirl Basketball ... 4/4/4 News and Notes

2009-10 Cowgirl Quick Notes

*The Cowgirls return three starters from a year ago to the squad, along with six other letterwinners who saw significant playing time during the 2008-09 season. In all, they return nine letterwinners.

*Six of the nine returning letterwinners played in 18 games or more in 2008-09 which included three sophomores and three true freshmen.

*The top returning players are juniors Hillary Carlson and Randi Richardson, redshirt junior Aubrey Vandiver and sophomores Emma Langford and Kristen Scheffler. A Second Team All-MWC selection, Carlson led the way with 11.8 points, 5.2 rebounds and 1.2 blocks per game. Vandiver, who sat out last season, averaged 10.6 points and 5.7 rebounds as a sophomore, while Richardson started in 27 of 30 games and chipped in 2.9 points and 2.6 assists. Scheffler, who was named Honorable Mention All-MWC, averaged 10.3 points and 1.5 assists in her first season, while Emma Langford chipped in 10.5 points and 4.5 on her way to earning Sixth Player of the Year honors.

*Several other players who will be contributors for the Cowgirls this season include junior Jade Kennedy and sophomores Leah Fitzgerald, Brenna Freeze and Ashley Sickles.

*The Cowgirls welcome back a good amount of offense and defense as the top player returns in three of the five major statistical categories. Junior Hillary Carlson led the way with 11.8 points and 1.2 blocks, while Emma Langford averaged a team leading 2.7 assists. Carlson was second in rebounding with 5.2 per game and Langford was third in scoring (10.5 ppg) and blocked shots with 17. Sophomore Kristen Scheffler was fourth in points (10.3) ppg and second in steals (1.1 spg). During the 2007-08 campaign, junior Aubrey Vandiver was second on the team in rebounding (5.7 rpg) and third in scoring in 2007-08.

*The Cowgirls welcome three newcomers, which are all coming in as freshman. Bec Campigli (G, 5-10, Melbourne, Australia), Chaundra Sewell (F, 6-1, Broomfield, Colo.) and Sara Wilson (G, 5-9, Grant, Neb.) will join the team this fall.

*Wyoming's 2009-10 schedule includes five teams that participated in either the NCAA Tournament or WNIT (Montana, New Mexico, San Diego State, TCU, Utah).

*Wyoming had four Academic All-MWC selections in the conference this past season. (Hillary Carlson, Elisabeth Dissen, Megan McGuffey, Randi Richardson). Three of those individuals, Hillary Carlson, Elisabeth Dissen and Megan McGuffey were all repeat selections.

2008-09 Cowgirl Quick Notes

Scheffler for Three: Freshman Kristen Scheffler made an early impression with the long ball. For the season, she shot 70-211 (.332) from beyond the arc, which ranked among the best in the Mountain West Conference. She was second in the league in three-point field goals made (2.33 tpfgm) in overall games and fourth in MWC games (2.13 tpfgm). Scheffler hit a three-point field goal in every game in 2008-09 except two, and she had a streak of 17 straight games at one point during the season. She has also moved into 13th place all-time in three-point shots made (70) and 12th in attempts (211) in school history.

Youth Movement: It was a changing of the guard for Cowgirl scorers during the with three of their four top scorers gone from a year ago. Through the Colorado State game (3/10/09), the top three of four scorers for the Cowgirls were first or second year players. Sophomore Hillary Carlson led the way with 11.8 points per game, while freshman Emma Langford followed with 10.5 and Kristen Scheffler with 10.3 points per game. They accounted for 979 of the Cowgirls 1,795 points scored during the season.

Legerski reaches 100th career victory: With a season opening victory over Denver (11/14/08), head coach Joe Legerski reached 100 wins for his career. His current record is 115-69 (.625) overall.

Legerski notches 50th conference win: With a 64-61 defeat of San Diego State (2/15/09), head coach Joe Legerski reached 50 MWC wins for his career. His current conference mark stands at 54-38 (.587).

Fastest To 100: In reaching 100 total wins, head coach Joe Legerski was the fastest to get to that number in school history. He coached in a total of 154 games to reach that mark. The other two coaches in school history with that number of wins each took longer. It took Chad Lavin (175-162 overall) a total of 183 games and Margie McDonald (123-114) a total of 191 to win 100 games.

Bringing In The Crowd: The Cowgirls averaged 3,187 (44,620) fans during the 2008-09 season. Their largest crowd of the year 3,816 against Air Force (2/28/09). They were second amongst conference schools in attendance right behind New Mexico. They also ranked 39th in NCAA attendance.

Cowgirls From Beyond the Arc: The Wyoming Cowgirl basketball team has made it a habit from shooting from beyond the arc. Through the BYU game (3/4/09), they had made a three-point field goal in every game during the season and 110 consecutive games. Unfortunately, it was broken against the New Mexico Lobos (3/7/09) as they went 0-15. The streak dated back to the 2005-06 season where they hit one in the final 15 games.

Vanderjagt With the Block: Senior Rebecca Vanderjagt continued her climb into the Cowgirl record book in blocked shots. For the season, she was second on the team with 29 blocks, which was eighth in the MWC. She has 94 total blocks for her career which is fifth all-time in school history.

Quest for 1,000: Megan McGuffey made her mark on the Cowgirl record book. With a season high 24 points against Air Force (2/28/09), she reached 1,000 points for her career and finished with 1,030. She is one of 17 players to do that in school history. With her six rebounds against New Mexico (2/4/09), she reached 500 for her career and ranked 12th with 583 for her career.

Zavec selected to 10th Anniversary Women's Basketball Team Former University of Wyoming Cowgirl basketball player Hanna Zavec was selected to the Mountain West Conference 10th Anniversary Women's Basketball Team on Monday, Oct. 13, 2008. The men's and women's anniversary teams were selected by a combined panel of media, institutional and conference personnel and an on-line fan poll. In order to be eligible for consideration, candidates must have been a First Team All-Mountain West selection at least once in their careers. A 6-0, forward, from Melbourne, Australia, Zavec led the Cowgirls several categories including scoring (13.9 points per game), rebounds (6.1 rpg), assists (3.6 aspg), steals (1.6 spg), blocked shots (1.6 bpg) during the 2007-08 season. She shot .408 (561-1375 (.408) from the field, .703 (468-666) from the free throw line and .332 (146-440) from beyond the arc. She also ranked among the Top 15 in the MWC in several categories as she finished second in blocks, fourth in assist/turnover ratio, fifth in assists, seventh in scoring, 11th in steals and 12th in rebounding.

Mountain West Women's Basketball 10th Anniversary Team

Player	School	Years	MWC 1st-Team All-Conference
Jordan Adams	New Mexico	1999-2003	2002-03
Linda Fröhlich	UNLV	1999-2002	1999-00; 2000-01; 2001-02
Constance Jinks	UNLV	1999-2003	2001-02; 2002-03
Dionne Marsh	New Mexico	2004-2008	2005-06; 2007-08
Sherry McCracklin	UNLV	2001-2004	2003-04; 2005-06
Leilani Mitchell	Utah	2007-2008	2007-08
Kim Smith	Utah	2002-2006	2002-03; 2003-04; 2004-05; 2005-06
Shona Thorburn	Utah	2002-2006	2004-05; 2005-06
Erin Thorn	BYU	1999-2003	2000-01; 2001-02; 2002-03
Hanna Zavec	Wyoming	2004-2008	2005-06; 2006-07; 2007-08

Tournament History: The Wyoming Cowgirls have been involved in several conference tourney games, which includes three conferences. The Cowgirls were members of the High Country Athletic Conference and Western Athletic Conference prior to joining the Mountain West Conference. Below are the tournament records in each conference:

High Country Athletic Conference

vs. New Mexico State	1-0	W 67-65 (3/10/89)
vs. Colorado State	1-0	W 78-65 (3/8/90)
vs. Utah	0-2	L 54-92 (3/11/89); L 61-80 (3/9/90)
Overall Record	2-2	

Western Athletic Conference

vs. Utah	0-1	L 62-74 (3/8/91)
vs. San Diego State	0-1	L 58-66 (3/13/92)
vs. UTEP	0-1	L 55-68 (3/10/93)
vs. Fresno State	0-2	L 52-61 (3/9/94) L 76-85 (3/8/95)
vs. New Mexico	0-1	L 59-76 (3/6/96)
vs. Brigham Young	0-1	L 60-70 (3/3/97)
vs. SMU	0-1	L 55-69 (3/2/98)
Overall Record	0-8	

Mountain West Conference

vs. Brigham Young	0-1	L 69-82 (3/6/02)
vs. Colorado State	1-4	L 56-64 (3/10/09) W 67-61 (3/10/04) L 56-59 (3/12/03) L 59-70 (3/7/01) L 57-79 (3/8/00)
vs. New Mexico	0-2	L 53-65 (3/9/07) L 44-51 (3/12/04)
vs. UNLV	0-1	L 59-64 (3/9/05)
vs. San Diego State	1-1	L 54-66 (3/12/08) W 56-44 (3/7/07)
vs. TCU	0-1	L 55-63 (3/8/06)
Overall Record	2-10	

Four Cowgirls Garner All-MWC Honors: Four members of the Wyoming Cowgirl basketball team were recognized on Monday, March 9 as the Mountain West Conference announced the 2009 All-Conference Team.

Sophomore Hillary Carlson earned Second Team All-Conference honors for the first time in her career. Guard Megan McGuffey was named Third Team All-Conference, while freshman Kristen Scheffler was selected Honorable Mention All-MWC. Freshman Emma Langford was also given the Sixth Player of the Year Award.

Carlson averaged a team leading 11.8 points and 1.2 blocks, while adding 5.2 rebounds. She ranked among the Top 15 in scoring, blocks, field goal percentage and free throw percentage. She tallied 17 double-figure scoring games and two double-doubles.

McGuffey led the way with 6.8 rebounds per contest, while adding 10.7 points and 2.47 assists. She ranked eighth in rebounding and 16th in scoring. Scheffler finished the regular season with 10.3 points along with 2.4 rebounds and 1.5 assists. She ranked second in three-point field goals made, 13th in three-point field goal percentage and 20th in scoring. Langford came off the bench and averaged 10.5 points, 4.5 rebounds and 2.67 assists per game.

Five seniors, five juniors and five sophomores made up the all-MWC team. Five all-conference picks were repeat selections from 2007-08.

First Team All-Mountain West Conference

Morgan Warburton, Utah, Sr., 5-11, G
Kalee Whipple, Utah, Jr., 6-0, F
Helena Sverrisdottir, TCU, So., 6-2, G
Paris Johnson, San Diego State, So., 6-4, C
Jené Morris, San Diego State, Jr., 5-9, G

Second Team All-Mountain West Conference

Amy Beggin, New Mexico, Jr., 5-6, G
Quenese Davis, San Diego State, Jr., 5-9, G
TK LaFleur, TCU, Jr., 5-8, G
Hillary Carlson, Wyoming, So., 6-3, F
Emily Carter, TCU, So., 6-1, G
Katie King, Utah, Sr., 6-1, F

Third Team All-Mountain West Conference

Shamela Hampton, UNLV, Sr., 6-3, C
Angela Hartill, New Mexico, Sr., 6-3, C
Mindy Nielson, BYU, So., 5-10, G
Megan McGuffey, Wyoming, Sr., 5-11, F

Honorable Mention All-Mountain West Conference

Jamie Smith, UNLV, Fr., 6-0, G/F
Raimee Beck, Air Force, Jr., 5-8, G
Cassie King, BYU, Sr., 6-3, C
Shawnee Slade, BYU, Sr., 5-11, G/F
Kristen Scheffler, Wyoming, Fr., 5-11, G

Player of the Year: Morgan Warburton, Utah

Newcomer of the Year: TK LaFleur, TCU

Freshman of the Year: Jamie Smith, UNLV

Defensive Player of the Year: Jené Morris, San Diego State

6th Player of the Year: Emma Langford, Wyoming

Coach of the Year: Beth Burns, San Diego State

MOUNTAIN WEST CONFERENCE TOURNAMENT RESULTS
Las Vegas, Nev. (Thomas and Mack Center)

Tuesday, March 10

Game 1 - #4 NEW MEXICO def. #9 AIR FORCE, 84-41
Game 2 - #8 COLORADO STATE def. #5 WYOMING, 64-56
Game 3 - #7 UNLV def. #6 BYU, 66-58

Wednesday, March 11

Game 4 - #4 NEW MEXICO def. #8 COLORADO STATE, 62-48
Game 5 - #7 UNLV def. #3 TCU, 84-75

Friday, March 13

Game 6 - #1 UTAH def. #4 NEW MEXICO, 56-55
Game 7 - #2 SAN DIEGO STATE def. #7 UNLV, 71-63

Saturday, March 14

Game 8 - #1 UTAH def. #2 SAN DIEGO STATE, 63-58

2008-09 Wyoming Cowgirl Basketball Schedule

<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Results</u>
November			
Tues., Nov. 4	UC-Colorado Springs (Exh.)	Laramie, Wyo.	W 93-48
Fri., Nov. 7	Metro State (Exh.)	Laramie, Wyo.	W 79-49
Fri., Nov. 14	@Denver	Denver, Colo.	W 61-54
Sun., Nov. 16	@Montana	Missoula, Mont.	L 64-71
Thurs., Nov. 20	North Dakota	Laramie, Wyo.	W 100-75
Sun., Nov. 23	Gonzaga	Laramie, Wyo.	L 58-68
Tue., Nov. 25	Boise State	Laramie, Wyo.	W 62-55
Sat., Nov. 29	@Oregon	Eugene, Ore.	L 45-51
December			
Thurs., Dec. 4	@Weber State	Ogden, Utah	W 78-75
Sat., Dec. 6	@Idaho State	Pocatello, Idaho	W 61-55
Sat., Dec. 13	BlueCross BlueShield of Wyoming Shootout vs. North Dakota State#	Casper, Wyo.	W 68-51
Sat., Dec. 20	St. Louis	Laramie, Wyo.	L 59-74
Mon., Dec. 22	@Gonzaga	Spokane, Wash.	L 38-74
Tue., Dec. 30	Adams State College	Laramie, Wyo.	W 58-48
January			
Sat., Jan. 3	San Francisco	Laramie, Wyo.	W 82-60
Wed., Jan. 7	Utah* (The Mtn.)	Laramie, Wyo.	L 52-70
Wed., Jan. 14	@San Diego State*	San Diego, Calif.	L 42-49
Sat., Jan. 17	UNLV* (The Mtn.)	Laramie, Wyo.	L 64-71
Wed., Jan. 21	TCU*	Laramie, Wyo.	L 78-81
Sat., Jan. 24	@Colorado State*	Ft. Collins, Colo.	W 64-61
Wed., Jan. 28	@Air Force*	Colorado Springs, Colo.	W 52-41
Sat., Jan. 31	BYU*	Laramie, Wyo.	L 45-58
February			
Wed., Feb. 4	New Mexico*	Laramie, Wyo.	W 52-50
Sun., Feb. 8	@Utah* (CBS C)	Salt Lake City, Utah	L 57-64
Sun., Feb. 15	San Diego State* (The Mtn.)	Laramie, Wyo.	W 64-61
Wed., Feb. 18	@UNLV*	Las Vegas, Nev.	W 50-44
Sat., Feb. 21	@TCU*	Ft. Worth, Texas	L 47-60
Wed., Feb. 25	Colorado State*	Laramie, Wyo.	W 71-62
Sat., Feb. 28	Air Force*	Laramie, Wyo.	W 65-34
March			
Wed., March 4	@BYU*	Provo, Utah	W 57-55 (OT)
Sat., March 7	@New Mexico*	Albuquerque, N.M.	L 45-63
Tues, March 10	Colorado State&	Las Vegas, Nev.	L 56-64

*Mountain West Conference Games
&Mountain West Tournament Game
#game played in Casper, Wyo.
All games and times are subject to change
All times listed are Mountain Time

Last Time Out: The Wyoming Cowgirl basketball team (16-14 overall, 8-8 MWC) lost in the first round of the MWC Tournament by the final of 64-56 to the Colorado State Rams (10-20 overall, 4-12 MWC) on Tuesday afternoon in Las Vegas.

"I think in general today Colorado State came out with a great deal of energy early," said head coach Joe Legerski. They really attacked the basket, and were quicker in transition. We just had to respond from that. It's very difficult to continually battle from behind. I thought that as far as Wyoming is concerned, we left too many plays out there on the floor today and especially in tournament play you need to make those. Overall, the theme today was CSU's energy and how much they attacked the basket."

Three Cowgirls finished the game in double-figures led by sophomore Hillary Carlson. She had 17 points and four rebounds. Emma Langford followed with 16 while Megan McGuffey added 13 in her final game as a Cowgirl. Kristen Scheffler had a team high six rebounds. Wyoming shot 19-54 (.352) from the field, 1-14 (.071) and 17-23 (.739) from the free throw line.

Amaka Uzomah, Bonnie Barbee and Zoi Simmon each finished with 11 points, while Uzomah also led the way with nine rebounds. The Rams were 23-56 (.411) from the field, 14-21 (.667) from the free throw line and out rebounded the Cowgirls 39-29.

It was a sloppy first couple of minutes to begin the game as the Cowgirls got on the board first with a free throw from Megan McGuffey. Kim Mestdagh hit a three-point shot to give the Rams their first lead of the game, 3-1. They would go on a 5-2 run to make the lead 8-3. An Emma Langford free throw ended a three minute scoring drought for the Cowgirls but CSU extended the lead to nine, 13-4. Wyoming scored the next six of eight to chip into the lead and made it 15-10. Unfortunately, the Rams responded again with an 8-0 run as the Cowgirls continued to be cold shooting the ball. They went four minutes until a Megan McGuffey basket ended the drought. The teams traded a couple of baskets until another six straight points by Colorado State gave them a 17 point advantage, 32-15, with 4:30 left in the half. Despite out scoring CSU 9-6 in the final minutes of the half, the Cowgirls still went into the lockerroom down 38-24.

Megan McGuffey led all scorers for the Cowgirls with nine followed by Emma Langford with six. McGuffey and Elisabeth Dissen each brought down three rebounds. Wyoming shot just 8-28 (.286) from the field and 0-7 (.000) from beyond the arc. Amaka Uzomah finished with a team high nine points for CSU, while two others had six. The Rams were 15-30 (.500) from the field and 3-5 (.600) from beyond the arc.

Hillary Carlson hit two free throws right out of the halftime break and then neither team scored for the next two minutes. Kristen Scheffler would hit a three-point field goal to pull the Cowgirls to within nine, 38-29. Colorado State would go until the 16:01 mark to get on the board with a Bonnie Barbee basket to make it 40-29. Both teams went cold again as the Cowgirls went another three minutes without scoring until Emma Langford scored a basket to make it a nine point game, 40-31. For the next couple of minutes, both teams traded baskets as the Rams continued to lead by eight to ten points. With the score 45-37 in favor of CSU, they would extend it to 14, 51-37, with a 6-0 run with a little over seven minutes left in the game. The Cowgirls tried to chip away at the lead as they scored the next six of eight to pull within ten, but a Kandy Beemer three-point field goal would get the score to 13 points, 56-43, with 4:35 on the clock. Wyoming wouldn't go away and went on a 9-2 run over the next three minutes to pull within six, 58-52. Unfortunately their comeback would fall short as they lost 64-56.

Mountain West Conference Enters Tenth Season: The 2008-09 Basketball season marked the tenth year for the existence of the Mountain West Conference. Air Force, Brigham Young, Colorado State, New Mexico, UNLV, San Diego State and Utah joined Wyoming in forming the conference. There was a new addition to the conference as well as the TCU Horned Frogs became members of the MWC in July of 2005. Four teams participated in the NCAA Women's Basketball Tournament and Women's Invitational Tournament. The teams included New Mexico, TCU, San Diego State and Utah.

2008-09 Final Mountain West Conference Basketball Standings (Through 3/31/09)

	MWC Games			All Games		
	W	L	Pct.	W	L	Pct.
San Diego State	13	3	.813	24	8	.750
Utah (rv/nr)	13	3	.813	23	10	.697
TCU	12	4	.750	20	11	.645
New Mexico	9	7	.563	25	11	.694
BYU	8	8	.500	18	11	.621
Wyoming	8	8	.500	16	14	.533
UNLV	5	11	.313	14	18	.438
Colorado State	4	12	.250	10	21	.323
Air Force	0	16	.000	4	26	.133

Top Cowgirls In The Conference: The following are where the Wyoming Cowgirls ranked statistically in the Mountain West Conference for the 2008-09 season (Through March 31, 2009):

Individual (All Games)

Points	11th-Hillary Carlson (353, 11.8 ppg) 16th-Megan McGuffey (320, 10.7 ppg) 18th-Emma Langford (316, 10.5 ppg) 20th-Kristen Scheffler (310, 10.3 ppg)
Rebounds	8th-Megan McGuffey (205, 6.8 rpg) 18th-Hillary Carlson (157, 5.2 rpg)
Assists	11th-Emma Langford (80, 2.67 aspg) 13th-Randi Richardson (78, 2.60 aspg) 15th-Megan McGuffey (74, 2.47 aspg)
Steals	T-15th-Megan McGuffey (37, 1.23 spg)
Blocks	3rd-Hillary Carlson (37, 1.23 bpg) 7th-Rebecca Vanderjagt (29, .97 bpg)
Field Goal %	4th-Hillary Carlson (119-236, .504)
Free Throw %	11th-Hillary Carlson (113-143, .790) 14th-Emma Langford (70-93, .753)
Three-Point %	15th-Kristen Scheffler (70-211, .332)
Three-Point FG Made	2nd-Kristen Scheffler (70, 2.33 tpfgm)
Assist/Turnover Ratio	N/A
Minutes Played	8th-Megan McGuffey (1004, 33.47 mpg) 13th-Kristen Scheffler (970, 32.33 mpg)

Team (All Games)

Scoring Offense	6th-(1795, 59.8 ppg)
Scoring Defense	5th-(1792, 59.7 ppg)
Reb. Margin	6th-(-0.9)
Assists	6th-(391, 13.03 aspg)
Steals	8th-(186, 6.20 spg)
Blocks	2nd-(152, 5.07 bpg)
Field Goal %	6th-(611-1635, .374)
Three Point %	8th-(165-581, .284)
Free Throw %	5th-(408-582, .701)

Leading Weapons in the Cowgirl Attack: The following is a listing of the Cowgirls who led in each statistical category during the 2008-09 season.

	All Games
Points	Hillary Carlson (353, 11.8 ppg)
Rebounds	Megan McGuffey (205, 6.8 rpg)
Assists	Emma Langford (80, 2.7 aspg)
Steals	Megan McGuffey (37, 1.2 spg)
Blocks	Hillary Carlson (37, 1.2 bpg)
Minutes	Megan McGuffey (1004, 33.5 mpg)
Field Goals Made	Hillary Carlson (119, 4.0 fgm)
Field Goal Attempts	Emma Langford (332, 11.1 fga)
Field Goal %	Hillary Carlson (119-236, .504)
3-Pt Field Goals	Kristen Scheffler (70, 2.3 tpfgm)
3-Pt FG Attempts	Kristen Scheffler (211, 7.0 tpfga)
3-PT %	Kristen Scheffler (70-211, .332)
Free Throws Made	Hillary Carlson (113, 3.8 ftm)
Free Throw Attempts	Hillary Carlson (143, 4.8 fta)
Free Throw %	Hillary Carlson (113-143, .790)

Conference Games

4th-Hillary Carlson (233, 14.6 ppg)
T-14th-Kristen Scheffler (169, 10.6 ppg)
19th-Megan McGuffey (150, 9.4 ppg)
21st-Emma Langford (140, 8.8 ppg)
8th-Megan McGuffey (114, 7.1 rpg)
9th-Hillary Carlson (109, 6.8 rpg)
T-9th-Randi Richardson (47, 2.94 aspg)
14th-Megan McGuffey (37, 2.31 aspg)
14th-Megan McGuffey (20, 1.25 spg)
3rd-Hillary Carlson (22, 1.38 bpg)
7th-Rebecca Vanderjagt (17, 1.06 bpg)
T-12th-Emma Langford (10, .63 bpg)
15th-Jade Kennedy (8, .57 bpg)
5th-Hillary Carlson (78-159, .491)
5th-Hillary Carlson (75-95, .789)
11th-Emma Langford (39-53, .736)
12th-Megan McGuffey (33-45, .733)
14th-Kristen Scheffler (33-47, .702)
13th-Kristen Scheffler (34-113, .301)
4th-Kristen Scheffler (34, 2.13 tpfgm)
N/A
5th-Kristen Scheffler (563, 35.19 mpg)
9th-Megan McGuffey (551, 34.44 mpg)

Conference Games

7th-(905, 56.6 ppg)
5th-(924, 57.8 ppg)
6th-(-2.4)
6th-(194, 12.13 aspg)
8th-(95, 5.94 spg)
2nd-(81, 5.06 bpg)
6th-(299-852, .351)
7th-(85-295, .288)
4th-(222-310, .716)

2008-09 Women's Basketball Top 25 Polls

Associated Press Poll Top 25 (March 17, 2009)

Rk.	School	Record	Pts.	Pvs
1	Connecticut (45)	33-0	1125	1
2	Stanford	29-4	1062	2
3	Maryland	28-4	1039	4
4	Oklahoma	28-4	934	3
5	Baylor	27-5	928	7
6	Duke	26-5	891	6
7	Louisville	29-4	846	5
8	Auburn	29-3	827	8
9	Texas A&M	25-7	766	10
10	Ohio State	27-5	739	9
11	North Carolina	27-6	698	11
12	Florida State	25-7	592	13
13	California	25-6	541	12
14	Vanderbilt	24-8	522	15
15	Pittsburgh	23-7	492	14
16	S. Dakota St.	31-2	386	17
17	Iowa State	24-8	370	18
18	Tennessee	22-10	322	19
19	Arizona State	23-8	275	16
20	Xavier	25-6	243	20
21	Kansas State	24-7	227	22
22	Florida	23-7	191	21
23	Notre Dame	22-8	170	24
24	Virginia	23-9	163	25
25	Texas	21-11	113	23

Others receiving votes: Middle Tennessee 41, Wis.-Green Bay 30, Marist 22, Purdue 22, LSU 17, DePaul 13, Southern Cal 4, **Utah 4, Gonzaga 3, Montana 3**, Ball St. 1, Bowling Green 1, Florida Gulf Coast 1, Villanova 1.

USA Today/ESPN Women's Coaches' Poll

Final Top 25 (April 8, 2009)

Rk.	School	Pts.	Pvs	1st Place Votes
1.	Connecticut 39-0	775	1	31
2.	Louisville 34-5	736	7	
3.	Stanford 33-5	715	2	
4.	Oklahoma 32-5	687	4	
5.	Maryland 31-5	641	3	
6.	Baylor 29-6	545	5	
7.	Texas A&M 27-8	513	9	
8.	Vanderbilt 26-9	470	13	
9.	Ohio State 29-6	468	10	
10.	California 27-7	461	14	
11.	Iowa State 27-9	428	19	
12.	Arizona State 26-9	410	NR	
13.	Auburn 30-4	380	6	
14.	Duke 27-6	379	8	
15.	Pittsburgh 25-8	365	16	
16.	Purdue 25-11	313	NR	
17.	North Carolina 28-7	302	11	
18.	Florida State 26-8	267	12	
19.	So. Dakota St. 32-3	252	15	
20.	Kansas State 25-8	180	17	
21.	Rutgers 21-13	148	NR	
22.	Michigan St. 22-11	136	NR	
23.	Florida 24-8	125	21	
24.	Virginia 24-10	98	22	
25.	Xavier 25-7	70	18	

Dropped out: No. 20 Notre Dame, No. 23 Tennessee, No. 24 Texas, No. 25 Middle Tennessee.

Others receiving votes: Notre Dame (22-9) 65; **Gonzaga (27-7) 37**; Tennessee (22-11) 25; Middle Tennessee (28-6) 24; Texas (21-12) 13; Mississippi State (23-10) 8; Boston College (23-12) 7; **Utah (23-10) 7**; Ball State (26-9) 6; Minnesota (20-12) 5; **San Diego State (24-8) 5**; Bowling Green (29-5) 4; LSU (19-11) 3; North Carolina A&T (26-7) 1; South Florida (27-10) 1.

2008-09 Season Trends

Overall Record 16-14, 8-8 in MWC

When the Cowgirls:

Play day games 6-8
Play night games 10-6

Lead at halftime 10-2
Trail at halftime 5-11
Are tied at halftime 1-1

Shoot better from the field than opponent 13-4
Shoot worse from the field than opponent 3-9
Shoot the same from the field as opponent 0-1

Shoot better from three-point range than opponent 10-7
Shoot worse from three-point range than opponent 6-7
Shoot the same from three-point range as opponent 0-0

Shoot better from the free-throw line than opponent 9-4
Shoot worse from the free-throw line than opponent 7-10
Shoot the same from the free-throw line as opponent 0-0

Outrebound opponent 12-3
Are outrebounded by opponent 3-11
Are even in rebounds with opponent 1-0

Have more offensive rebounds than opponent 6-3
Have fewer offensive rebounds than opponent 10-8
Have the same number of offensive rebounds 0-3

Have more defensive rebounds than opponent 13-5
Have fewer defensive rebounds than opponent 2-9
Have the same number of defensive rebounds 1-0

Commit fewer fouls than opponent 13-6
Commit more fouls than opponent 3-7
Commit the same number of fouls 0-1

Have more assists than opponent 11-5
Have fewer assists than opponent 4-8
Have the same number of assists 1-1

Commit fewer turnovers than opponent 7-4
Commit more turnovers than opponent 9-6
Commit the same number of turnovers 0-1

Block more shots than opponent 13-11
Block fewer shots than opponent 2-2
Block the same number of shots 1-1

Have more steals than opponent 5-4
Have fewer steals than opponent 9-9
Have the same number of steals 2-1

Score under 60 points 5-11
Score 60-69 7-2
Score 70-79 2-1
Score 80-89 1-0
Score 90-99 0-0
Score 100 or more points 1-0

Record By Day of the Week

Monday 0-1
Tuesday 2-1
Wednesday 5-3
Thursday 2-0
Friday 1-0
Saturday 5-6
Sunday 1-3

Record By Month

November 3-3
December 4-2
January 3-5
February 5-2
March 1-2

2008-09 Miscellaneous Stats

	<u>Double Figure Scoring</u>	<u>20-point Games</u>	<u>Double Figure Reb. (Ast)</u>	<u>Double Doubles</u>
#3 Richardson	1	0	0	0
#4 Koehler	0	0	0	0
#10 Vanderjagt	0	0	0	0
#12 Scheffler	15	3	0	0
#13 Sickles	0	0	0	0
#14 Kennedy	2	0	2	1
#15 Fitzgerald	0	0	0	0
#20 Vandiver	0	0	0	0
#21 Langford	15	6	0	0
#22 Freeze	0	0	0	0
#24 McGuffey	15	2	6	2
#33 Dissen	6	0	1	0
#41 Carlson	17	3	2	2
#45 Cline	0	0	0	0

Led the Team in:

	<u>Scoring</u>	<u>Reb.</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>
#3 Richardson	0	0	12	8	0
#4 Koehler	0	0	0	0	0
#10 Vanderjagt	0	3	2	4	10
#12 Scheffler	5	1	4	7	6
#13 Sickles	0	0	0	0	2
#14 Kennedy	0	6	3	4	2
#15 Fitzgerald	0	0	0	0	0
#20 Vandiver	0	0	0	0	0
#21 Langford	11	1	13	11	2
#22 Freeze	0	0	0	0	1
#24 McGuffey	4	13	4	10	9
#33 Dissen	2	3	0	3	5
#41 Carlson	9	6	1	5	14
#45 Cline	0	0	0	0	0

2008-09 University of Wyoming Basketball

2008-09 Starting Lineups

Starting Lineup Summary

# Games	Lineup Started	Lineup #	Forward	Forward	Center	Guard	Guard	Record
(8)		1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	(5-3)
(3)		2	Langford	Vanderjagt	Dissen	Scheffler	McGuffey	(1-2)
(5)		3	Langford	McGuffey	Dissen	Richardson	Scheffler	(2-3, 0-3 MWC)
(13)		4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	(7-6, 7-5 MWC)
(1)		5	Vanderjagt	McGuffey	Dissen	Richardson	Scheffler	(1-0, 1-0 MWC)
Totals (30 games)								(16-14, 8-8 MWC)

(The lineup numbers are by the order they first appeared during the season.)

Starting Lineup Game-by-Game

Date	Opponent	Lineup #	Forward	Forward	Center (F)	Guard	Guard	Record
Nov. 14	at Denver	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	1-0
Nov. 16	at Montana	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	1-1
Nov. 20	North Dakota	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	2-1
Nov. 23	Gonzaga	2	Langford	Vanderjagt	Dissen	Scheffler	McGuffey	2-2
Nov. 25	Boise State	2	Langford	Vanderjagt	Dissen	Scheffler	McGuffey	3-2
Nov. 28	at Oregon	2	Langford	Vanderjagt	Dissen	Scheffler	McGuffey	3-3
Dec. 4	at Weber State	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	4-3
Dec. 6	at Idaho State	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	5-3
Dec. 13	North Dakota State#	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	6-3
Dec. 20	Saint Louis	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	6-4
Dec. 22	at Gonzaga	1	Langford	Vanderjagt	Dissen	Richardson	McGuffey	6-5
Dec. 30	Adams State	3	Langford	McGuffey	Dissen	Richardson	Scheffler	7-5
Jan. 3	San Francisco	3	Langford	McGuffey	Dissen	Richardson	Scheffler	8-5
Jan. 7	Utah*	3	Langford	McGuffey	Dissen	Richardson	Scheffler	8-6 (0-1 MWC)
Jan. 14	at San Diego State*	3	Langford	McGuffey	Dissen	Richardson	Scheffler	8-7 (0-2 MWC)
Jan. 17	UNLV*	3	Langford	McGuffey	Dissen	Richardson	Scheffler	8-8 (0-3 MWC)
Jan. 21	TCU*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	8-9 (0-4 MWC)
Jan. 24	at Colorado State*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	9-9 (1-4 MWC)
Jan. 28	at Air Force*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	10-9 (2-4 MWC)
Jan. 31	BYU*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	10-10 (2-5 MWC)
Feb. 4	New Mexico*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	11-10 (3-5 MWC)
Feb. 8	at Utah*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	11-11 (3-6 MWC)
Feb. 15	San Diego State*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	12-11 (4-6 MWC)
Feb. 18	at UNLV*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	13-11 (5-6 MWC)
Feb. 21	at TCU*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	13-12 (5-7 MWC)
Feb. 25	Colorado State*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	14-12 (6-7 MWC)
Feb. 28	Air Force*	5	Vanderjagt	McGuffey	Dissen	Richardson	Scheffler	15-12 (7-7 MWC)
March 4	at BYU*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	16-12 (8-7 MWC)
March 7	at New Mexico*	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	16-13 (8-8 MWC)
March 10	vs. Colorado State\$	4	Carlson	McGuffey	Vanderjagt	Richardson	Scheffler	16-14 (8-8 MWC)

All times listed are Mountain time, tentative and subject to change

Bold Indicates Home Games

Indicates neutral-site games

* Indicates Mountain West Conference games

\$ The 2009 Mountain West Conference Tournament will be played at the Thomas and Mack Center in Las Vegas, Nev.

2009-10 Cowgirl Basketball ... 10/10/10
Records, Superlatives

UW 2008-09 Record Breakdown	
Overall (16-14)	
at home.....	8-6
away.....	7-7
neutral.....	1-1
Conference (8-8)	
at home.....	4-4
away.....	4-4
Longest winning streak.....	Three games
Longest losing streak.....	Four games
FG%Wyoming (Percentage).....	.611-1635 (.374)
FG% opponents (Percentage).....	.639-1763 (.362)
3-Pt. FG% (Percentage).....	.165-581 (.290)
Free Throw%.....	.408-582 (.701)
Rebounds.....	1140 (38.0)
Assists for season.....	391 (13.0)
Blocks for season.....	152 (5.1)
Steals for season.....	186 (6.2)
Avg. points per game.....	1795 (59.8)

2008-09 Superlatives - Individual

Points

27 Hillary Carlson vs. TCU (9-20), 1/21/09

Field Goal Attempts Made

9 Emma Langford vs. North Dakota (9-19), 11/20/08,
vs. North Dakota State (9-17), 12/13/08
Hillary Carlson vs. TCU (9-20), 1/21/09

Field Goal Attempts

20 Emma Langford at Weber State (7-20), 12/4/08
Hillary Carlson vs. TCU (9-20), 1/21/09

Field Goal Percentage

Min 5 Attempts Made

1.00 Elisabeth Dissen vs. North Dakota (7-7), 11/20/08

Three-point Attempts Made

6 Emma Langford vs. North Dakota (6-8), 11/20/08
6 Kristen Scheffler at Denver (6-9), 11/14/08, Gonzaga (6-8), 11/23/08,
vs. Air Force (6-12), 2/28/09

Three-Point Attempts

14 Kristen Scheffler vs. UNLV (3-14), 1/17/09

Three-Point Field Goal Percentage

Min 2 Attempts Made

1.00 Hillary Carlson vs. San Diego State (2-2), 2/15/09
Ashley Sickles vs. TCU (2-2), 1/21/09

Free Throw Attempts Made

10 Hillary Carlson vs. Colorado State (10-13), 2/25/09

Free Throw Attempts

13 Hillary Carlson vs. Colorado State (10-13), 2/25/09

Free Throw Percentage

Min 3 Attempts Made

1.00 Hillary Carlson vs. San Francisco (8-8), 1/3/09, at SDSU (4-4), 1/14/09,
vs. UNLV (8-8), 1/17/09, at Air Force (5-5), 1/28/09, vs. UNM, 2/4/09 (6-6),
vs. San Diego State (8-8), 2/15/09
Jade Kennedy vs. North Dakota (4-4), 11/20/08
Emma Langford at Montana (3-3), 11/16/08, vs. Boise State (6-6), 11/25/08
(2-2) at Weber State, 12/4/08, (2-2) vs. BYU, 1/31/09
Rebecca Vanderjagt vs. North Dakota State (4-4), 12/13/08
Megan McGuffey vs. BYU (6-6), 1/31/09

Rebounds

17 Megan McGuffey vs. BYU, 3/4/09

Assists

8 Megan McGuffey vs. North Dakota, 11/20/08
Randi Richardson vs. Air Force, 2/28/09

Steals

4 Kristen Scheffler at UNLV, 2/15/09
Megan McGuffey vs. North Dakota State, 12/13/08
Emma Langford at Oregon, 11/29/08

Blocks

5 Hillary Carlson vs. Colorado State, 2/25/09

2008-09 Superlatives - Team

Points

100 vs. North Dakota, 11/20/08

Field Goal Attempts Made

34 vs. North Dakota (34-65), 11/20/08

Field Goal Attempts

71 at Weber State (29-71), 12/4/08

Field Goal Percentage

.538 vs. San Francisco (28-52), 1/3/09

Three-point Field Goals Made

11 vs. North Dakota (11-26), 11/20/08
at Montana (11-27), 11/16/08
vs. TCU (11-29), 1/21/09

Three-point Attempts

29 vs. Air Force (10-29), 2/28/09
vs. TCU (11-29), 1/21/09

Three-Point Field Goal Percentage

.625 vs. San Diego State (5-8), 2/15/09

Free Throws Attempts Made

28 vs. Colorado State (28-33), 2/25/09

Free Throw Attempts

33 vs. Colorado State (28-33), 2/25/09

Free Throw Percentage

.875 vs. Air Force (7-8), 2/28/09

Rebounds

49 vs. Gonzaga, 11/23/08

Assists

27 vs. North Dakota, 11/20/08

Steals

11 vs. North Dakota State, 12/13/08
at Oregon, 11/29/08

Blocks

10 vs. Colorado State, 2/25/09

Career Records

Points

1. 1933 Christine Fairless, 1985-89
2. 1842 Michele Hoppes, 1984-87
3. 1782 Amy Burnett, 1992-95
4. 1746 Hanna Zavec, 2005-08
5. 1692 Carrie Bacon, 1999-2003
6. 1578 Rita Makovicka, 1980-83
7. 1526 Marie Kauffman, 1989-92
8. 1521 Lori Kline, 1979-82
9. 1425 Ashley Elliott, 2002-05
10. 1278 Courtney Stapp, 1995-98
11. 1152 Jodi Bolerjack, 2005-08
12. 1046 Linda Gilpin, 1976-79
13. 1044 Ann McColl, 2000-2003
14. 1036 Jesseca Cross, 1993-97
15. 1030 Megan McGuffey, 2006-09
16. 1010 Yvette Plumlee, 1987-91
17. 1008 Shelby Hoffman, 1998-2001

Field Goals

1. 865 Christine Fairless, 1985-89
2. 760 Michele Hoppes, 1984-87
3. 642 Rita Makovicka, 1980-83
4. 632 Marie Kauffman, 1989-92
6. 625 Lori Kline, 1979-82
7. 564 Hanna Zavec, 2005-08
8. 551 Amy Burnett, 1992-95
9. 454 Ashley Elliott, 2002-05
10. 444 Courtney Stapp, 1995-98
11. 424 Linda Gilpin, 1976-79
12. 407 Jessica Thompson, 1994-97
13. 405 Yvette Plumlee, 1987-91

Field Goal Attempts

1. 1681 Michele Hoppes, 1984-87
2. 1668 Christine Fairless, 1985-89
3. 1496 Lori Kline, 1979-82
4. 1398 Carrie Bacon, 1999-2003
5. 1385 Hanna Zavec, 2005-08
6. 1238 Ashley Elliott, 2002-05
7. 1205 Maria Kauffman 1989-92
8. 1199 Rita Makovicka, 1980-83
9. 1169 Courtney Stapp, 1995-98
10. 1154 Dale Ann Meeker, 1977-79
11. 1034 Jesseca Cross, 1994-97
12. 983 Kim Buston, 1987-90
13. 968 Shelby Hoffman, 1998-01
14. 961 Linda Gilpin, 1976-79

Free Throws

1. 597 Amy Burnett, 1992-95
2. 472 Hanna Zavec, 2005-08
3. 390 Carrie Bacon, 1999-2003
4. 318 Michele Hoppes, 1984-87
5. 312 Ashley Elliott, 2002-05
6. 297 Ann McColl, 2000-2003
7. 293 Rita Makovicka, 1980-83
8. 271 Lori Kline, 1979-82
9. 262 Jodi Bolerjack, 2005-08
10. 261 Marie Kauffman, 1989-92
11. 236 Brenda Pickup, 2001-04
12. 221 Darci Arsene, 2000-2003
13. 220 Rebecca Tomlin, 1996-99
14. 214 Megan McGuffey, 2006-09
15. 207 Courtney Stapp, 1995-98
16. 199 Yvette Plumlee, 1987-91
17. 198 Linda Gilpin, 1976-79

Free Throw Attempts

1. 714 Amy Burnett, 1992-95
2. 670 Hanna Zavec, 2005-08
3. 519 Carrie Bacon, 1999-2003
4. 462 Michele Hoppes, 1984-87

5. 458 Lori Kline, 1979-82
6. 431 Rita Makovicka, 1980-83
7. 394 Marie Kauffman, 1989-92
8. 388 Ann McColl, 2000-2003
9. 377 Ashley Elliott, 2002-05
10. 362 Rosann Wisroth, 1977-79
11. 351 Linda Gilpin, 1976-79
12. 349 Rebecca Tomlin, 1996-99
13. 337 Brenda Pickup, 2001-04
14. 320 Sharon Harp Guthrie, 1983-86
15. 319 Yvette Plumlee, 1987-91

Assists

1. 573 Lisa Daniels, 1985-88
2. 432 Hanna Zavec, 2005-08
3. 396 Anna Knight, 1991-94
4. 391 Brenda Pickup, 2001-04
5. 374 Jenny Przekwas, 1983-86
6. 352 Mickey Alexander, 1988-90
7. 330 Ashley Elliott, 2002-05
8. 313 Valerie Harrison, 1991-92
9. 310 Christine Fairless, 1985-89
10. 292 Courtney Stapp, 1995-98
11. 236 Jesseca Cross, 1994-97
12. 220 Carrie Bacon, 1999-2003
13. 215 Jodi Bolerjack, 2005-08
14. 210 Krista Treide, 1988-91
15. 209 Laura Pejisa, 1993-95

Rebounds

1. 1104 Michele Hoppes, 1984-87
2. 1006 Rita Makovicka, 1980-83
3. 947 Lori Kline, 1979-82
4. 890 Linda Gilpin, 1976-79
5. 872 Marie Kauffman 1989-92
6. 829 Amy Burnett, 1992-95
7. 770 Dale Ann Meeker, 1977-79
8. 761 Carrie Bacon, 1999-2003
9. 747 Hanna Zavec, 2005-08
10. 701 Rosann Wisroth, 1977-79
11. 616 Jesseca Cross, 1994-97
12. 583 Megan McGuffey, 2006-09
13. 582 Yvette Plumlee, 1987-91

Blocked Shots

1. 322 Lori Kline, 1979-82
2. 162 Hanna Zavec, 2005-08
3. 134 Michele Hoppes, 1984-87
4. 117 Jessica Thompson, 1994-97
5. 94 Rebecca Vanderjagt, 2006-09
6. 79 Yvette Plumlee, 1987-91
7. 66 Lisa Hynes, 1980-83
8. 64 Justyna Podziemska, 2007-08
9. 60 Jessica Thompson, 1994-95
10. 58 Sharon Harp Guthrie, 1983-86
11. 56 Rita Makovicka, 1980-83
12. 52 Linda Gilpin, 1976-79
13. 50 Beth Cotton, 1980-81

Steals

1. 279 Lisa Daniels, 1985-88
2. 226 Hanna Zavec, 2005-08
3. 209 Brenda Pickup, 2001-04
4. 187 Ashley Elliott, 2002-05
- 187 Yvette Plumlee, 1987-91
6. 169 Carrie Bacon, 1999-2003
7. 155 Jenny Przekwas, 1983-86
8. 151 Rita Makovicka, 1980-83
9. 150 Elsa Gonzalez, 1981-84
10. 143 Marie Kauffman, 1989-92
11. 129 Jessica Gibbs, 2000-01
12. 124 Carly Stucky, 2000-02
13. 120 Lori Kline, 1979-82
14. 119 Jodi Bolerjack 2005-08
15. 115 Kristy Bennett, 1982-83
16. 114 Erin Hicks, 2005-2006
17. 113 Mickey Alexander, 1988-90

18. 111 Jesseca Cross, 1994-97

Three-Point Field Goals

1. 215 Shelby Hoffman, 1998-01
2. 205 Ashley Elliott, 2002-05
3. 200 Jodi Bolerjack, 2005-08
4. 183 Courtney Stapp, 1995-98
5. 154 Justyna Podziemska, 2007-08
6. 146 Hanna Zavec, 2005-08
7. 125 Jesseca Cross, 1994-97
- 125 Carly Stucky, 2000-2002
9. 94 Krista Treide, 1988-91
10. 86 Megan McGuffey, 2006-09
11. 83 Amy Burnett, 1992-95
12. 78 Erin Hicks, 2005-2006
13. 70 **Kristen Scheffler, 2009-present**
14. 67 Brenda Pickup, 2001-04
15. 66 Laura Pejisa, 1993-96
16. 63 Aimee Romeijn, 1993-94
17. 59 Kristen Lenhardt, 2002-05
18. 50 Dominique Sisk, 2005-08
19. 49 Tarah LaPar, 2004-05
20. 47 Taran Stapp, 1997-99
- 47 Rebecca Vanderjagt, 2006-09
22. 39 Sherri Fulton, 1988-92
- 39 Jenny Lazzeri, 1996-99
24. 38 Carrie Bacon, 1999-2003

Three-Point Field Goal Attempts

1. 658 Shelby Hoffman, 1998-01
2. 584 Ashley Elliott, 2002-05
3. 528 Jodi Bolerjack, 2005-08
4. 525 Courtney Stapp, 1995-98
5. 443 Hanna Zavec, 2005-08
6. 438 Justyna Podziemska, 2007-08
7. 418 Jesseca Cross, 1994-97
8. 364 Carly Stucky, 2000-2002
9. 279 Megan McGuffey, 2006-09
10. 241 Brenda Pickup, 2001-04
11. 228 Erin Hicks, 2005-2006
12. 211 **Kristen Scheffler, 2009-present**
13. 209 Krista Treide, 1988-91
14. 198 Amy Burnett, 1992-94
15. 190 Laura Pejisa, 1993-96
16. 183 Kristen Lenhardt, 2002-05
- 183 Aimee Romeijn, 1993-94
18. 179 Rebecca Vanderjagt, 2006-09
19. 159 Dominique Sisk, 2005-08
20. 156 Sherri Fulton, 1988-92
- 156 Tarah LaPar, 2004-05
22. 139 Jenny Lazzeri, 1996-99

Games Played

1. 125 Dominique Sisk, 2005-08
- 125 Megan McGuffey, 2006-09
3. 124 Hanna Zavec, 2005-08
- 124 Jodi Bolerjack, 2005-08
5. 121 Rebecca Vanderjagt, 2006-09
6. 120 Marie Kauffman, 1989-92
7. 119 Lisa Hynes, 1980-83
8. 117 Debra Reed, 1978-71
9. 116 Lori Kline, 1979-82
10. 115 Ashley Elliott, 2002-05
- 115 Rita Makovicka, 1980-83
12. 114 Brenda Pickup, 2001-04
- 114 Yvette Plumlee, 1987-91
14. 113 Kim Buston, 1987-90
15. 112 Carrie Bacon, 1999-2003
16. 111 Darci Arsene, 2000-03
- 111 Elisabeth Dissen, 2006-09
18. 110 Ann McColl, 2000-03
- 110 Christy Bacon, 1999-2002
- 110 Christine Fairless, 1985-89
- 110 Michele Hoppes, 1984-87
- 110 Elsa Gonzales, 1981-84

JOE LEGERSKI

(WYOMING, 1979)

University of Wyoming, Head Women's Basketball Coach

Joe Legerski, who coached at Utah for 12 seasons, is entering his seventh season as the head women's basketball coach at the University of Wyoming. He was named head coach on May 1, 2003 and became the sixth head coach in Cowgirl history.

In his sixth season with the Cowgirls, they wrapped up the year with a 16-14 record overall and an 8-8 mark in MWC. With a victory over Denver (11/14/08), he would reach his 100th career victory, the fastest head coach to achieve that mark in school history. Four Cowgirls earned conference honors as Hillary Carlson was named Second Team All-MWC, Megan McGuffey was Third Team All-MWC, Kristen Scheffler was Honorable Mention All-MWC and Emma Langford was named the Sixth Player of the Year.

He recorded his first career coaching victory on Dec. 13, 2003, as Wyoming defeated Montana State Billings, 62-51. His first conference win came on Jan. 17, 2004 against MWC rival BYU.

In his first season, he guided the Cowgirls to an 11-18 record overall and a 6-8 mark in the Mountain West Conference including their first ever Mountain West Conference Tournament victory in school history. Two Cowgirls also garnered All-Conference awards as he earned MWC Coach of the Year honors in his first year with the program.

In 2004-05, he helped the Cowgirls to a 16-12 overall mark, along with a 7-7 record and a fourth place finish in the MWC. It was the best finish for a Cowgirl team since the 2002-03 season, and the highest they'd finished in conference play since 1996-97. They swept BYU for the first time since 1994-95 and earned a 72-67 win over the Colorado Buffaloes which snapped a 13-game losing streak. Three Cowgirls earned All-MWC awards including Ashley Elliott who earned First Team All-MWC honors for the second year in a row.

During the 2005-06 season, the Cowgirls completed the year 21-9 overall, while finishing 10-6 overall in the Mountain West Conference. They made an appearance in the WNIT for only the third time in school history. The 21-wins were at the time the most since the 1989-90 season when they went 24-8 and the ten conference victories at the time tied an all-time school record which was set in 1978-79. Three Cowgirls garnered All-Conference honors, including Hanna Zavec who earned First Team All-MWC and Defensive Player of the Year honors along with Megan McGuffey who took home the MWC Newcomer of the Year award.

During the 2006-07 campaign, it was a magical year for Legerski and the Cowgirls as they won the WNIT Postseason Championship over the Wisconsin Badgers. Wyoming went 6-0 enroute to the championship. They completed the season with a program best 27-9 record, which eclipsed the 24-8 mark set in 1989-90, and the 11-5 record and second place finish in the league standings were the second most wins in both the MWC and school history. It was the also the first time in school history that a Cowgirl team had won at least 20 games in back-to-back seasons, along with being invited to post season play. For the second year in a row, Hanna Zavec was named First Team All-MWC and Justyna Podziemska was named MWC Newcomer of the Year along with earning Second Team All-MWC honors.

In 2007-08, the Cowgirls continued where they left off from the previous season as further marks were broken. They started off with an 18-1 record, which was the best start in school history, and tied for the best in the MWC as well. With 24 wins, they recorded their third straight 20-win season, which had never been done in the programs' history, and with a 12-4 mark in conference play it also was the most conference wins breaking the 11 wins set the year before. Their play helped them earn the Cowgirl programs' first ever bid to the NCAA Tournament. Wyoming was also honored with several individual awards. Hanna Zavec was named First Team All-Mountain West Conference for the third straight year, while being named the MWC Defensive Player of the Year, Justyna Podziemska earned Second Team All-MWC honors for the second straight year, and Aubrey Vandiver was awarded Third Team All-MWC honors.

Legerski came to Wyoming following a highly-successful stint at the University of Utah. As an assistant (1991-1998), and later associate head coach (1998-2003) for Elaine Elliott, he was part of the most successful women's program in the history of both the Western Athletic and Mountain West Conferences. The Utes compiled a 254-96 record while he was there, including seven league titles. They were 135-35 in conference play.

During the 2002-03 season, Utah won the MWC with a 12-2 conference mark. The Utes were 24-7 overall, and advanced to the second round of the NCAA Tournament, before falling to Duke.

Legerski earned a bachelor of science degree in business education from UW in 1979. He was an assistant with the Cowgirls from 1987 through 1991, before taking the Utah position. He was the head women's basketball coach at Western Wyoming College (Rock Springs) for one season, finishing second in the region. Prior to that he was the head women's basketball coach at Rock Springs High from 1984 to 1986.

"This University has always held a special place in my life, and to have an opportunity to come back is a chance most do not receive," Legerski said. "After visiting with several individuals, and seeing the facilities, I have a great sense of how much support there is for the program.

"Today is a new start for all of us, and I look forward to rolling up my sleeves and going to work."

During his second season at Utah, in 1992, Legerski coached the best post duo in the league in Mikki Kane-Barton and Susana Tautoli. Kane-Barton was named the 1993 WAC Most Valuable Player, and MVP of the Western Athletic Conference tournament. He also helped develop Amber McEwen into a two-time First Team All-Conference selection, and the 1996 WAC Player of the Year.

Legerski, and his wife, Jamie, are parents of three children, stepson Zane, daughter Madison and son Joseph III.

Legerski vs. Mountain West

Opponent	H	A	N	Total
vs. Air Force	6-0	5-1	0-0	11-1
vs. BYU	3-3	3-3	0-0	6-6
vs. Colorado State	6-0	4-2	1-1	11-3
vs. New Mexico	4-2	1-5	0-2	5-9
vs. San Diego State	6-0	4-2	1-1	11-3
vs. TCU	3-1	1-3	0-1	4-5
vs. UNLV	4-2	2-4	0-1	6-7
<u>vs. Utah</u>	<u>1-5</u>	<u>1-5</u>	<u>0-0</u>	<u>2-10</u>
Total	33-13	21-25	2-6	56-44

Overall Record

Season	School	W	L	%
2003-04	Wyoming	11	18	.379
2004-05	Wyoming	16	12	.571
2005-06	Wyoming	21	9	.700
2006-07	Wyoming	27	9	.750
2007-08	Wyoming	24	7	.774
<u>2008-09</u>	<u>Wyoming</u>	<u>16</u>	<u>14</u>	<u>.533</u>
Six years		115	69	.625

Conference Record

Season	School	W	L	%	Finish	Postseason
2003-04	Wyoming	6	8	.429	5th	MWC Tournament Second Round
2004-05	Wyoming	7	7	.500	4th	MWC Tournament First Round
2005-06	Wyoming	10	6	.625	5th	Second Round WNIT
2006-07	Wyoming	11	5	.688	T-2nd	WNIT Championship
2007-08	Wyoming	12	4	.750	3rd	First Round NCAA Tournament
<u>2008-09</u>	<u>Wyoming</u>	<u>8</u>	<u>8</u>	<u>.500</u>	<u>T-5th</u>	<u>MWC Tournament First Round</u>
Six years		54	38	.587		

Gerald Mattinson

Associate Head Basketball Coach, Weber State '81

Gerald Mattinson is entering his seventh season on the Cowgirl coaching staff and his fourth as an associate head coach.

He began his college basketball career as a student-athlete at Casper College for head coach Oscar "Swede" Ericson. While there, he was a First Team All-American and All-Region selection in 1978. Mattinson then moved onto a three-year career at Weber State University in Ogden, Utah. He earned All-Conference honors twice during his career for head coach Neil McCarthy. A two-time Academic All-American selection, he graduated from Weber State with a bachelor's of science degree in business education in 1981. He completed a master's of sports science degree from the United States Sports Academy in 1988 and earned his principal endorsement from the University of Wyoming.

Mattinson's professional coaching career began at Weber State as a graduate assistant coach with the men's basketball program during the 1981-82 season. From 1982-1987, he was the head boy's basketball coach at Rock Springs High School. He earned Wyoming State Coach of the Year honors and was named Conference Coach of the Year twice. From 1987-90, Mattinson was an assistant men's coach at Western Wyoming Community College. He was elevated to an Assistant Athletics Director and the Head Men's Basketball Coach in 1991 and held the position until 1998. For the 1998-99 season, he became an assistant with the women's program for one year. Mattinson had been a business education teacher at Rock Springs High School since 1982 before taking the position of Principal at East Junior High School in June of 2001.

Mattinson, and his wife, Carey are the parents of three children, stepson Morgan Splichal, stepdaughter Tiffany Splichal and son Ashton.

Kristin Becker

Assistant Basketball Coach, Vanderbilt '90

Kristin Becker enters her fourth season as an assistant coach with the Cowgirl program.

Prior to that, she was an assistant coach at Kansas State University for six seasons (1998-2004). She served as the recruiting coordinator for the Wildcats, helping to bring in some of the program's best players including WNBA draft pick Nicole Ohlde. During that time, KSU advanced to the NCAA Tournament three consecutive years, including a Sweet 16 appearance in 2002. The team also won their first ever Big 12 Title during the 2001-02 season while finishing with a mark of 26-8 overall and 11-5 in the league. The previous two seasons, she served as an assistant coach at Vanderbilt under veteran coach Jim Foster. In each of her years with the program, the Commodores qualified for the NCAA Tournament, including a trip to the 1997 NCAA Sweet Sixteen, and finished with an overall record of 40-20. From 1994-95, she served as an assistant coach at Loyola University in Chicago before becoming the interim head coach for one season (1995-96). Her professional coaching career started as a graduate assistant at Southern Illinois University from 1992-94.

She began her college career as a student-athlete at Vanderbilt playing for the Commodores from 1987-90 and was a member of the program's first NCAA Sweet Sixteen appearance team in 1990. A three-time All-SEC Academic Honor Roll selection, she earned CoSIDA Academic All-District honors and was named Female Commodore of the Year her senior year.

After her collegiate career, Becker played professionally for two years in Spain for La Universidad Complutense de Madrid before moving on to Southern Illinois as a graduate assistant.

A native of New Berlin, Wis., she graduated magna cum laude from Vanderbilt in 1990 with a degree in secondary education. She went on to earn a master's degree in Spanish and linguistics from Southern Illinois in 1994.

Katie Kern

Assistant Basketball Coach, New Mexico '99

Katie Kern is beginning her fourth season with the Cowgirl basketball program.

She began her college basketball career as a student-athlete at the University of New Mexico for head coach Don Flanagan. A four-year letterwinner for the Lobos, she was a First Team All-Western Athletic Conference selection in 1999, while being named to the WAC All-Tournament Team (1998) and the All-Newcomer Team (1996). Over those years, the team had a combined record of 82-39 overall and 36-22 in the WAC, which included a 24-7 record, a 12-2 conference mark and a first place finish in the league during the 1998-99 season. Kern still ranks among the top 15 in school history in scoring, rebounding and blocked shots. A three-time Academic All-WAC selection, she earned her bachelor's degree in communications in 1999 and her master's degree in physical education and sport administration in 2003 both from the University of New Mexico. Following her career, she played two seasons of professional basketball in Germany and Luxembourg.

Kern's professional coaching career began at the University of New Mexico as a graduate assistant coach from 2001-2003. During that time, she assisted in several aspects of the program including on campus recruiting, film exchange, game day operations and organizing all recruiting mail-outs. She then moved on to the University of Alaska Anchorage as an assistant coach, where she was for three years. During that time, she was involved in the day to day operations of the program including academics, assisting with practices, recruiting and scouting.



#41 Hillary Carlson
6-3, Junior, Forward
Cheyenne, Wyoming (Cheyenne Central HS)

UW This season: A returning starter and All-MWC selection from last season...one of the Cowgirls leading honors candidates...continues to improve with more playing time. **Sophomore (2008-09):** A Second Team All-Mountain West Conference selection for the first time in her career...saw action in all 30 games along with 13 starts during season...started in her first regular season game of her career against TCU (1/21/09)...averaged a team leading 11.8 points plus 5.2 rebounds in 21.8 minutes per game...led the team in field goal percentage shooting 119-236 (.504) from the field and 113-143 (.790) from the free throw line...also had 25 assists, 37 blocks and 20 steals on the year...in conference games, she is averaged a team leading 14.6 points and 1.4 blocks per contest, while shooting 78-159 (.491) from the field and adding 6.8 rebounds...ranked third in blocks (1.23 bpg), fourth in field goal percentage (119-236, .504), 11th in free throw percentage (113-143, .790) and scoring (11.8 ppg) and 18th in rebounding (5.2 rpg) in the league...in MWC games, she was third in blocks (1.38 bpg), fourth in scoring (14.6

ppg), fifth in field goal percentage (78-159, .491) and free throw percentage (75-95, .789) and ninth in rebounding (6.8 rpg)...had a career high five assists, while scoring 17 points and four rebounds against Colorado State (3/10/09)...finished with 18 points and nine rebounds against San Diego State (2/15/09)...followed that up with 18 points and eight rebounds against UNLV (2/18/09) and 18 points and seven boards against TCU (2/21/09)...recorded her first double-double of her career with 27 points and ten rebounds against TCU (1/21/09)...followed that up with her second double-double in a row with 17 points and ten rebounds against Colorado State (1/24/09)...finished 22 points and six rebounds, while shooting .778 (7-9) from the field and 1.00 (8-8) from the free throw line against San Francisco (1/3/09)...recorded 19 points and three rebounds against Utah (1/7/09)...finished with 15 points and six rebounds, while shooting 7-14 (.500) from the field against Weber State (12/4/08)...followed that up with 13 points against Idaho State (12/6/08)...recorded 13 points, two assists and three steals against Boise State (11/25/08)...had five rebounds and one assist against North Dakota (11/20/08)...recorded five points against Montana (11/16/08)...finished with four points and five rebounds in the second exhibition game against Metro State (11/7/08)...also added three steals and two blocks in 16 minutes of play...in the Cowgirls opening exhibition game against UC-Colorado Springs (11/4/08), she came in off the bench and recorded seven points and seven rebounds in 15 minutes of play...recorded double-figures in 17 games, including three games with 20 points or more...led the team in scoring nine times and rebounding six times...her 113 free throws made is ninth on the single-season list and her 143 free throw attempts is 13th on the single-season list...an Academic All-MWC selection for the second year in a row. **Freshman (2007-08):** Saw action in 19 games in her first season with the program...averaged 2.4 points and 0.6 rebounds in 5.2 minutes per game...shot 18-36 (.500) from the field and 8-12 (.667) from the free throw line...played in her first regular season game of her career against Idaho State (11/9/07)...scored two points and one rebound in that game...recorded six points, while shooting 2-2 (1.00) from the field and free throw line against Air Force (2/16/08)...finished with nine points and two assists while shooting 4-6 (.667) from the field against UNLV (1/23/08)...had a breakout night with a season high 12 points and three rebounds in 14 minutes against Westminster College (12/19/07)...against Denver (12/1/07), she scored two points and had one rebound...recorded four points and one blocked shot against Saint Joseph's (12/8/07)...had an impressive showing in the Cowgirls first exhibition game against Chadron State (11/2/07)...recorded 13 points, three rebounds and two steals in 13 minutes of play...shot 6-8 from the field and 1-2 from beyond the arc...played 14 minutes and had two points and two rebounds in the exhibition game against CSU-Pueblo (11/7/07)...earned Academic All-MWC honors for the first time in her career. **High School:** A three-time All-Conference and All-State selection along with being named the SWAC Player of the Year in both 2006 and 2007 while attending Cheyenne Central High School...earned Wyoming Gatorade Volleyball and Basketball Player of the Year honors, the Milward L. Simpson award, given to the top female athlete in the state of Wyoming, along with being a Wendy's High School Heisman State Finalist and named to the WCA Wyoming Girls All-Star Team...as a junior and senior, she helped her team to a first place finish at the regional tournament and the state runner-up spot...during her sophomore year, the team finished second at the regional tournament, but came away with Class 4A State Title...was also selected to numerous All-Tournament Teams during her career...coached in high school by Chad Whitworth...a four-year letterwinner in basketball, she also excelled in volleyball...earned All-Conference and All-State honors three times during her career, while helping her team to a third place finish as a sophomore, a fifth place finish her junior year and a Wyoming State Championship in 2006...they also finished first at the regional tournament in 2007 as well...an excellent student, she was a member of the National Honor Society and on the honor roll where she carried a perfect 4.0 gpa...selected Wyoming over several schools. **Personal:** Full name is Hillary Jeanne Carlson...born April 10, 1989 in Riverton, Wyo...one of two children of Matt and Lori Carlson...has a sister, Heather...currently majoring in math-secondary education.

Season Highs

MINUTES
 39 vs. TCU (2/21/09)
POINTS
 27 vs. TCU (1/21/09)
REBOUNDS
 10 vs. TCU (1/21/09),
 Colorado State (1/24/09)
ASSISTS
 5 vs. Colorado State (3/10/09)
BLOCKS
 5 vs. Colorado State (2/25/09)
STEALS
 3 vs. Boise State (11/25/08),
 Utah (2/8/09)
FG%
 .857 (6-7) vs. UNLV (1/17/09)
3PT%
 1.00 (2-2) vs. San Diego State (2/15/09)
FT%
 1.00 Ten Times Last Time (2-2) vs.
 BYU (3/4/09)

Career Highs

MINUTES
 39 vs. TCU (2/21/09)
POINTS
 27 vs. TCU (1/21/09)
REBOUNDS
 10 vs. TCU (1/21/09),
 Colorado State (1/24/09)
ASSISTS
 5 vs. Colorado State (3/10/09)
BLOCKS
 5 vs. Colorado State (2/25/09)
STEALS
 3 vs. Boise State (11/25/08),
 Utah (2/8/09)
FG%
 1.00 Three Times Last Time (2-2) vs.
 Air Force (2/16/08)
3PT%
 1.00 (2-2) vs. San Diego State (2/15/09)
FT%
 1.00 12 Times Last Time (2-2) vs.
 BYU (3/4/09)

Double-Figure Scoring Games

Career 18
 2008-09 17

Double-Figure Rebounding Games

Career 2
 2008-09 2

Double-Double Games

Career 2
 2008-09 2

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'07-'08	19/0	98/5.2	18-36	.500	1-6	.167	8-12	.667	7	4	11/0.6	8	5	5	4	2	45	2.4
'08-'09	30/13	653/21.8	119-236	.504	2-5	.400	113-143	.790	53	104	157/5.2	85	25	49	37	20	353	11.8
Totals	49/13	751/15.3	137-272	.504	3-11	.273	121-155	.781	60	108	168/3.4	93	30	54	41	22	398	8.1



#14 Jade Kennedy
6-1, Junior, Forward
Cairns, Australia (St. Monica's College)

UW This Season: One of several returning letterwinners to this year's team... continued to gain valuable experience...will compete for more playing time this season. **Sophomore (2008-09):** Played in 28 games during the season off the bench for the Cowgirls...averaged four points and 4.9 rebounds, which was third on the team, in 18.8 minutes of play...also recorded 33 assists (1.2 aspg) and 16 blocked shots (0.6 bpg)...in conference games, she averaged 3.7 points and 4.9 rebounds...ranked 15th in blocked shots (.57 bpg) in league games...recorded her first double-double of her career with 11 points and 11 rebounds against Colorado State (1/24/09)...finished with ten rebounds against Adams State (12/30/08)...recorded a career high 11 rebounds against Idaho State (12/6/08)...had nine rebounds, along with nine points against Weber State (12/4/08)...finished with her first double-figure

scoring game of her career with 16 points against North Dakota (11/20/08)...shot 6-11 (.545) from the field and recorded four rebounds and two blocks...recorded four rebounds and scored two points against Denver (11/14/08)...in the second exhibition game against Metro State (11/7/08), she recorded six points and three rebounds in 13 minutes of play...played 11 minutes in the first exhibition game, while scoring eight points and recording three rebounds and three assists...led the team in rebounding six times on the season. **Freshman (2007-08):** Saw action in her first regular season game of her career against Northern Colorado (12/17/07)... recorded a season high four points and one steal in four minutes of play...played in six total games during the season...averaged 1.3 points and one rebound per game, while shooting a perfect 8-8 (1.00) from the free throw line...finished with two rebounds, one block and one assist against Westminster College (12/19/07)...tied her season high with four points against UNLV (1/23/08)...had two rebounds, one block and one steal against Air Force (2/16/08)...played in seven minutes and had two points and two rebounds against Chadron State (11/2/07)...followed that up with nine points and six rebounds in the second exhibition game against CSU-Pueblo (11/7/07). **High School:** A two-time member of the U18 Queensland North All-State Team, the U16 Queensland North All-State Team and the All-State Queensland Team while attending St. Monica's College...was a member of the Cairns Dolphins QABL team for two years and the U16 Cairns Dolphins Team in 2003 and 2004...led her team to the runner-up spot for two years of the U18 Girls State Tournament, while averaging 11 points and 8.8 rebounds in 2005 and 15 points and 14 rebounds in 2006... the following year, she averaged 17.8 points and 13.9 rebounds per game, which helped her earn QABL MVP honors, and a 13-6 overall record...was coached by Brad Burdon and Mick Downer during her career. **Personal:** Full name is Jade Della Kennedy...born October 3, 1989 in Cairns, Queensland, Australia...the daughter of William and Leonie Kennedy...has three sisters, Amanda, Jenelle and Brooke...majoring in family and consumer science with an emphasis in professional childhood development.

Season Highs

MINUTES
30 vs. Colorado State (1/24/09)
POINTS
16 vs. North Dakota (11/20/08)
REBOUNDS
11 vs. Idaho State (12/6/08), Colorado State (1/24/09)
ASSISTS
3 Five Times Last Time vs. BYU (3/4/09)
BLOCKS
2 vs. North Dakota (11/20/08), NDSU (12/13/08), Colorado St. (2/25/09)
STEALS
2 vs. Idaho State (12/6/08), Adams State (12/30/08), New Mexico (3/7/09)
FG%
.545 (6-11) vs. North Dakota (11/20/08)
3PT%
1.00 (1-1) vs. Air Force (1/28/09)
FT%
1.00 Six Times Last Time (2-2) vs. TCU (2/21/09)

Career Highs

MINUTES
30 vs. Colorado State (1/24/09)
POINTS
16 vs. North Dakota (11/20/08)
REBOUNDS
11 vs. Idaho State (12/6/08), Colorado State (1/24/09)
ASSISTS
3 Five Times Last Time vs. BYU (3/4/09)
BLOCKS
2 vs. North Dakota (11/20/08), NDSU (12/13/08), Colorado St. (2/25/09)
STEALS
2 vs. Idaho State (12/6/08), Adams State (12/30/08), New Mexico (3/7/09)
FG%
.545 (6-11) vs. North Dakota (11/20/08)
3PT%
1.00 (1-1) vs. Air Force (1/28/09)
FT%
1.00 Eight Times Last Time (2-2) vs. TCU (2/21/09)

Double-Figure Scoring Games

Career 2
2008-09 2

Double-Figure Rebounding Games

Career 3
2008-09 3

Double-Double Games

Career 1
2008-09 1

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'07-'08	6/0	19/3.2	0-2	.000	0-0	.000	8-8	1.00	1	5	6/1.0	3	2	3	2	2	8	1.3
'08-'09	28/0	525/18.8	36-104	.346	8-38	.211	32-51	.627	37	99	136/4.9	46	33	32	16	14	112	4.0
Totals	34/0	544/16.0	36-106	.340	8-38	.211	40-59	.678	38	104	142/4.2	49	35	35	18	16	120	3.5



#3 Randi Richardson
5-7, Junior, Guard
Arlington, Wash. (Arlington HS/University of San Francisco)

UW This season: One of three returning starters from last season...brings experience to the backcourt. **Sophomore (2008-09):** Saw action in 30 games with 27 starts in her first season...started in the first regular season game of her career against Denver (11/14/08)...finished with six points and four assists in 34 minutes...averaged 2.9 points and 2.3 rebounds in 24.2 minutes per game...shot 30-104 (.288) from the field and 16-25 (.640) from the free throw line...led the team in assists in league games (2.9 aspg) and was second overall (2.6 aspg)...ranked ninth in assists in the MWC and 13th overall...led the team in assists 12 times and steals eight...finished with a career high eight assists against Air Force (2/28/09)...recorded her first double-figure scoring game of her career with 12 points along with six rebounds against Colorado State (2/25/09)... in a career high 40 minutes against San Diego State (1/14/09), she recorded five assists and two steals...finished with six assists plus five rebounds against San Francisco (1/3/09)...recorded five assists and two steals against Adams State (12/30/08)...

finished with five rebounds against Gonzaga (12/22/08)...recorded four rebounds, while shooting .667 (2-3) from the field against Oregon (11/29/08)...had seven points, four assists and one rebound against Montana (11/16/08)...in the second exhibition game against Metro State (11/7/08), she recorded three points and seven assists...saw her first action as a Cowgirl with a start in the UC-Colorado Springs exhibition game (11/4/08)...finished with seven assists and two points in her 21 minutes of play...an Academic All-MWC selection. **Sophomore (2007-08):** Sat out during the season due to NCAA Transfer rules. **Freshman (2006-07):** She played in all 31 games along with seven starts in her freshman campaign at the University of San Francisco...averaged three points, 1.8 assists and 1.5 rebounds in 17.4 minutes per game...helped the Dons finish the 2006-07 season 10-21 overall, which included a first round upset of the University of San Diego, 80-69, in the West Coast Conference Tournament. **High School:** A three-time First Team All-State selection at Arlington High School, she also earned All-Area and All-League honors four straight seasons...during her senior year, she was nominated for the McDonald's All-America list and named to the Seattle Post Intelligencer Top 10 Player list and the Washington/Oregon All-Star game, while averaging 18.3 points, 6.5 assists and four steals...as a junior, Richardson averaged 20.1 points and 6.1 rebounds on her way to capturing Everett Herald of the Year and 4A Official's Player of the Year honors...in 2003-04, she was Western Washington's 4A Leading Scorer and earned 4A Official's Player of the Year accolades...also led the WESCO North and South conferences in scoring for three consecutive seasons and scored 1,500 points for her high school career...coached by Corey Gibb. **Personal:** Full name is Randi G. Richardson...born October 5, 1987 in Everett, Wash...the daughter of Dave and Debbie Richardson...has two siblings, Nicole and Dayne...majoring in kinesiology and health promotion.

Season/Career Highs

MINUTES
 40 vs. San Diego State (1/14/09), UNLV (1/17/09)
POINTS
 12 vs. Colorado State (2/25/09)
REBOUNDS
 6 vs. Colorado State (2/25/09)
ASSISTS
 8 vs. Air Force (2/28/09)
BLOCKS
 1 vs. BYU (1/31/09), SDSU (2/15/09), Air Force (2/28/09)
STEALS
 3 vs. Air Force (2/28/09)
FG%
 .667 (2-3) vs. Oregon (11/29/08)
3PT%
 1.00 (1-1) vs. San Diego State (2/15/09), (1-1) vs. Air Force (2/28/09)
FT%
 1.00 (2-2) vs. North Dakota (11/20/08), (2-2) vs. Saint Louis (12/20/08)

Double-Figure Scoring Games

Career	1
2008-09	1

Double-Figure Rebounding Games

Career	0
2008-09	0

Double-Double Games

Career	0
2008-09	0

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'08-'09	30/27	726/24.2	30-104	.288	10-51	.196	16-25	.640	7	62	69/2.3	56	78	66	3	19	86	2.9
Totals	30/27	726/24.2	30-104	.288	10-51	.196	16-25	.640	7	62	69/2.3	56	78	66	3	19	86	2.9



#20 Aubrey Vandiver
5-11, Redshirt Junior, Guard
Laramie, Wyoming (Laramie HS)

UW This Season: A two-year returning letterwinner who is coming back after sitting out last season...a Third Team All-MWC selection for the first time as a sophomore...look for her to be a main contributor on the floor this season...a player with excellent skills, who can play several positions on the court. **Junior (2008-09):** Did not play during the season due to an illness. **Sophomore (2007-08):** She was a Third Team All-MWC Selection in 2008...played in 31 games while averaging 22.5 minutes per game off the bench...averaged 10.6 points, which was third on the team, and 5.7 rebounds which was second on the team...also added 2.1 assists and 1.4 steals per game...shot 122-249 (.490) from the field and 61-89 (.685) from the free throw line...in league games, she averaged 10.1 points, five rebounds and 1.1 steals per game...ranked third in field goal percentage (122-249, .490), 13th in rebounding (5.7 rpg) and 17th in points (10.6 ppg) in the MWC...in conference games, she was third in field goal percentage (60-122, .492), 16th in scoring (10.1 ppg) and 20th in rebounding (5.0 rpg)...finished with 18 points and five rebounds against Utah (1/30/08)...recorded her fourth double-double of the year with 15 points and ten rebounds against UNLV (1/23/08)...finished

with a career high five steals, while scoring ten points and six rebounds against Air Force (1/16/08)...earned MWC Player of the Week honors (December 10, 2007) after averaging 17 points, 4.5 rebounds and two steals, while shooting 12-18 (.667) from the field and 9-12 (.750) from the free throw line...she also earned MVP honors at the KCRG-TV9 Hawkeye Challenge that same week...recorded her first double-double of the season with ten points and ten rebounds against Montana (11/29/07)...followed that up with a career high 25 points along with a season high 12 rebounds against Denver (12/1/07)...finished with 17 points against Wisconsin (11/20/07)...scored 15 points and eight rebounds against Idaho State (11/9/07)...followed that up with seven points and seven rebounds against Kansas State (11/15/07)...in the Cowgirls first exhibition game, she recorded a team high 14 points and seven rebounds...played 17 minutes and also recorded four assists and two steals...against CSU-Pueblo (11/7/07), she finished with 17 points and eight rebounds in 22 minutes of play...reached double-figures in scoring 19 times, along with five double-doubles...led the team in rebounding 11 times and scoring six times during the season...garnered ESPN the Magazine Third Team Academic All-District VII honors, while being selected Academic All-MWC and MWC Scholar Athlete for the second year in a row. **Freshman (2006-07):** Played in all 36 games in her first year with the Cowgirls with all of them coming off the bench...played in her first regular season game of her career against San Francisco (11/12/06)...averaged 6.1 points, 3.7 rebounds and 1.1 assists in 14.4 minutes per game...shot 83-168 (.494) from the field, 12-44 (.273) from beyond the arc and 42-52 (.808) from the free throw line...had a stretch of 19 straight free throws in a row dating back to the Utah State game (12/17/06)...ranked third in field goal percentage (53-100, .530) and sixth in free throw percentage (34-40, .850) in league games...her second double-double came against TCU (2/22/07) as she finished with a career high 14 rebounds while adding 19 points...earned her second MWC Player of the Week honor (Feb. 26, 2007) after averaging 17 points, eight rebounds, 2.5 assists and two steals for the week...recorded a season high 23 points along with ten rebounds for her first double-double of her career against San Diego State (1/17/07)...she was 7-11 (.636) from the field and a perfect 7-7 (1.00) from the free throw line...recorded her first double-figure scoring game of her career with 15 points along with seven rebounds against BYU (1/13/07)...recorded seven points against Utah State (12/17/06), while shooting 3-6 (.500) from the field...had eight points, four assists and four rebounds in 15 minutes against Idaho State (11/28/06)...finished with nine points, five rebounds and five assists against Northern Colorado (11/15/06)...came in off the bench and scored a seven points and had five rebounds against USF (11/12/06)...was 2-4 (.500) from the field and 2-2 (1.00) from the charity stripe...had an impressive game in the Cowgirls first exhibition game against Adams State (11/3/06)...finished with nine points, four rebounds and three assists in 18 minutes of play...followed that up with 11 points and a team leading eight rebounds and four assists against Colorado Christian (11/10/06)...averaged 16.5 points, 6.5 rebounds and 1.5 assists and steals to earn MWC Player of the Week honors for Jan. 22, 2007...she was 9-15 (.600) from the field and a perfect 13-13 (1.00) from the free throw line...scored in double-figures six times along with recording two double-doubles...earned Academic All-MWC and Scholar Athlete honors. **High School:** A First Team All-Conference and All-State selection as a senior at Laramie High School...helped her team to a 19-9 overall record, 6-4 in the South Conference as they finished third in the state tournament...averaged 23.1 points and 13.0 rebounds, which helped her earn the State 4A Player of the Year and the South Conference Co-Player of the Year honors...a First Team All-Conference and All-State selection, while attending Greeley West during her junior year...helped her team to a conference and regional title, while they finished as the Colorado Class 4A state runner up in 2005 with a record of 26-2...as a sophomore, she earned Honorable Mention All-Conference honors, while attending high school in Ohio...a four-year letterwinner in basketball, she played for head coach Bruce Schmidt at Laramie High School...an excellent student, she was a member of the National Honor Society and on the honor roll...selected Wyoming over several schools. **Personal:** Full name is Aubrey Linsey Vandiver...born June 5, 1988 in Hutchinson, Kansas...one of five children of Shaun and Danielle Vandiver...has two brothers, Garin and Gage, and two sisters, Amber and Alessandra...her father played basketball at the University of Colorado...currently majoring in anthropology and spanish.

Season Highs

MINUTES
0
POINTS
0
REBOUNDS
0
ASSISTS
0
BLOCKS
0
STEALS
0
FG%
.000
3PT%
.000
FT%
.000

Career Highs

MINUTES
37 vs. Wisconsin (11/20/07)
POINTS
25 vs. Denver (12/1/07)
REBOUNDS
14 vs. TCU (2/22/07)
ASSISTS
5 Three Times Last Time vs. UNLV (1/23/08)
BLOCKS
1 Seven Times Last Time vs. Utah (1/30/08)
STEALS
5 vs. Air Force (1/16/08)
FG%
1.00 Three Times Last Time (1-1) vs. South Dakota State (3/25/07)
3PT%
1.00 (2-2) vs. Utah (3/2/08)
FT%
1.00 14 Times Last Time (2-2) vs. Utah (3/2/08)

Double-Figure Scoring Games

Career 25
2008-09 0

Double-Figure Rebounding Games

Career 8
2008-09 0

Double-Double Games

Career 7
2008-09 0

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'06-'07	36/0	517/14.4	83-168	.494	12-44	.273	42-52	.808	39	95	134/3.7	49	40	41	3	17	220	6.1
<u>'07-'08</u>	<u>31/0</u>	<u>697/22.5</u>	<u>122-249</u>	<u>.490</u>	<u>24-70</u>	<u>.343</u>	<u>61-89</u>	<u>.685</u>	<u>67</u>	<u>109</u>	<u>176/5.7</u>	<u>65</u>	<u>66</u>	<u>51</u>	<u>4</u>	<u>42</u>	<u>329</u>	<u>10.6</u>
Totals	67/0	1214/18.1	205-417	.492	36-114	.316	103-141	.730	106	204	310/4.6	114	106	92	7	59	549	8.2



#15 Leah Fitzgerald
6-2, Sophomore, Center
Colorado Springs, Colo. (Palmer HS)

UW This Season: One of several returning letterwinners...brings great size and depth to the floor. **Freshman (2008-09):** Played in her first regular season game of her career against North Dakota (11/20/08)...recorded a career high two points and two rebounds in that game...played in five games total on the year...against New Mexico (3/7/09), she played three minutes and had two points and two rebounds...finished with four rebounds in the second exhibition game against Metro State (11/7/08)...played limited minutes in the opening exhibition game against UC-Colorado Springs (11/4/08), but recorded four rebounds. **High School:** A three-time First Team All-League selection while attending Palmer High School...was also named Honorable Mention All-State twice and Second Team All-League during her career...for her senior year, she was named the 5-A CS Metro League Player of the Year, while averaging just over 11 points and leading her team to a 20-4 overall record and a first place finish in the league...was selected to play in the Colorado coaches All-Star game, the All-State games and The Show, Colorado's

All-Star game played at the Pepsi Center...as a junior, she averaged 11 points and seven rebounds per game while being named the team MVP...was a four-year starter, while being a team captain for two years...her team made it in to the Sweet 16 of the 5A Colorado State Tournament two out of three years and had a combined record of 56-17 overall during that time...was coached by Dave Shackelford...an excellent student, she was CHSSA Academic All-State and All-Conference, while being the Student Council president as a sophomore and junior and the Student Body Vice President as a senior.

Personal: Full name is Leah Frances Fitzgerald...born May 1, 1990 in Colorado Springs, Colo...the daughter of Sheri and John Orinjok, and the late Ed Fitzgerald...has two siblings, Elgin and Marli...majoring in family and consumer science with an emphasis in family and community.

Season/Career Highs

MINUTES
 5 vs. North Dakota (11/20/08)
POINTS
 2 vs. North Dakota (11/20/08),
 New Mexico (3/7/09)
REBOUNDS
 2 vs. North Dakota (11/20/08),
 New Mexico (3/7/09)
ASSISTS
 1 vs. North Dakota (11/20/08)
BLOCKS
 0
STEALS
 0
FG%
 1.00 (1-1) vs. North Dakota (11/20/08),
 (1-1) vs. New Mexico (3/7/09)
3PT%
 .000
FT%
 .000

Double-Figure Scoring Games

Career 0
 2008-09 0

Double-Figure Rebounding Games

Career 0
 2008-09 0

Double-Double Games

Career 0
 2008-09 0

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'08-'09	5/0	13/2.6	2-2	1.00	0-0	.000	0-2	.000	4	1	5/1.0	0	1	0	0	0	4	0.8
Totals	5/0	13/2.6	2-2	1.00	0-0	.000	0-2	.000	4	1	5/1.0	0	1	0	0	0	4	0.8



#22 Brenna Freeze
5-11, Sophomore, Guard
Albuquerque, N.M. (LaCueva HS)

UW This Season: A player who gained valuable experience in her first season with the program...can play several positions on the court...adds depth to the guard position. **Freshman (2008-09):** Saw action in her first regular season game against North Dakota (11/20/08)...finished with two points and one assist...played in nine games in her first season...had a career high one steal against Air Force (2/28/09)...recorded a career high two assists and one block against San Francisco (1/3/09)...finished with a career high four points against Adams State (12/30/08)...recorded a career high four rebounds, along with two points in 12 minutes of play against Gonzaga (12/22/08)...played in six minutes of the second exhibition game against Metro State (11/7/08)...in the first exhibition game of the season, she played 11 minutes and had three points and two rebounds against UC-Colorado Springs (11/4/08)...earned MWC Scholar-Athlete honors for the first time in her career. **High School:** A three-time All-District selection while attending La Cueva High School in Albuquerque...in her senior year, she helped

the team to a 28-2 record and a 5A State Championship with a 49-44 victory over Eldorado...also earned All-Metro and All-State honors, while being named the Gatorade Player of the Year in the state of New Mexico...was selected to play in the 4A/5A North-South All-Star game...as a junior, she earned All-Metro and All-State honors, while helping her team to a 24-9 record, a district championship and a spot in the State 5A Semifinals...during her sophomore season, the team finished 21-9 overall, won the district championship and went to the State 5A Quarterfinals...coached in high school by Greg Berger...a three-year letterwinner in basketball, she also earned letters in volleyball...was an All-State, All-District and All-Metro selection during her junior and senior seasons...in 2006, the team won the district championship and finished 19-4 overall, while in 2007 they finished 23-3 overall and as the runner up at the 5A State Championship...was also chosen to play in the 2008 North/South Volleyball All-Star match...an excellent student, she was an Academic All-District selection in both basketball and volleyball, while being a member of the honor roll. **Personal:** Full name is Brenna Elizabeth Freeze...born July 24, 1990 in Austin, Texas...the daughter of Geoff and Kathy Freeze...has a sister, Dani...majoring in kinesiology and health promotion.

Season/Career Highs

MINUTES
14 vs. New Mexcio (3/7/09)
POINTS
4 vs. Adams State (12/30/08)
REBOUNDS
4 vs. Gonzaga (12/22/08)
ASSISTS
2 vs. San Francisco (1/3/09)
BLOCKS
1 vs. San Francisco (1/3/09)
STEALS
1 vs. Air Force (2/28/09)
FG%
1.00 (1-1) vs. North Dakota (11/20/08)
3PT%
.000
FT%
.667 (2-3) vs. Adams State (12/30/08)

Double-Figure Scoring Games

Career 0
2008-09 0

Double-Figure Rebounding Games

Career 0
2008-09 0

Double-Double Games

Career 0
2008-09 0

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'08-'09	9/0	57/6.3	4-12	.333	0-6	.000	2-3	.667	1	6	7/0.8	3	4	3	1	1	10	1.1
Totals	9/0	57/6.3	4-12	.333	0-6	.000	2-3	.667	1	6	7/0.8	3	4	3	1	1	10	1.1



#21 Emma Langford
6-2, Sophomore, Forward
Arthurton, Australia (Australian Institute of Sport)

UW This Season: A player who made an immediate impact in her first year...earned Sixth Player of the Year honors in the MWC...should continue to be a main contributor on the floor. **Freshman (2008-09):** Played in 30 games with 16 starts in her first season with the program...was named the Sixth Player of the Year by the MWC... started in her first regular season game of her career against Denver (11/14/08)... finished with 11 points, six rebounds, two blocks and two steals...averaged 10.5 points, which was third on the team, and 4.5 rebounds in 28.1 minutes of play...led the team in assists (2.7 aspg) and tied for second in steals (1.1 spg)...shot 108-332 (.325) from the field, 30-96 (.313) from beyond the arc and 70-93 (.753) from the charity stripe... in MWC games, she averaged 8.8 points, 4.1 rebounds and 2.3 assists...ranked 11th in assists (2.67 aspg), 14th in free throw percentage (70-93, .753) and 18th in scoring (10.5 ppg) in the league...in conference games, she was 11th in free throw percentage (39-53, .736), 12th in blocks (.63 bpg) and 21st in scoring (8.8 ppg)...tied her career

high with eight rebounds along with four assists against San Diego State (2/15/09)...finished with a career high four steals against Oregon (11/29/08)...had a career high eight rebounds along with her 21 points against Boise State (11/25/08)... recorded a career high 26 points and six assists, while shooting 9-19 (.474) from the field and 6-8 (.750) from beyond the arc against North Dakota (11/20/08)...finished with 20 points, while shooting 7-11 (.636) from the field and 3-3 (1.00) from the free throw line against Montana (11/16/08)...recorded a team high 21 points, along with five assists in the second exhibition game against Metro State (11/7/08)...started in the Cowgirls opening exhibition game against UC-Colorado Springs (11/4/08)...in her first action as a Cowgirl, she finished with a team high 25 points, along with five assists and two rebounds in 26 minutes of play...recorded double-figures in scoring 15 times on the season including six games with 20 points or more...led the team in scoring 11 times and rebounding once. **High School:** A four-time All-Australian Junior camp selection while attending the Australian Institute of Sport for two years (2006-08)...during that time, she represented the South Australia Country at the National Junior Championships on the Under 16 (2003 and 2004) and Under 18 (2005 and 2006) Teams, while being named a team captain as well...in 2008, she led them to a Gold Medal on the U20 Team, and a bronze medal in 2007...was coached at the Institute by Dean Kinsman, while also being coached by Paul Mescke during her career...was also a member with the AIS WNBL team for two years. **Personal:** Full name is Emma Michelle Langford...born January 29, 1989 in Maitland, South Australia...the daughter of Robert and Maxine Langford...has two sisters, Katie and Steph, and a brother Chris...undeclared but plans to major in family and consumer sciences.

Season/Career Highs

MINUTES
 39 vs. Weber State (12/4/08)
POINTS
 26 vs. North Dakota (11/20/08)
REBOUNDS
 8 vs. Boise State (11/25/08),
 San Diego State (2/15/09)
ASSISTS
 6 vs. North Dakota (11/20/08),
 Boise State (11/25/08), Saint Louis
 (12/20/08), TCU (1/21/09)
BLOCKS
 2 vs. Denver (11/14/08),
 Idaho State (12/6/08), UNLV (2/18/09)
STEALS
 4 vs. Oregon (11/29/08)
FG%
 .636 (7-11) vs. Montana (11/16/08)
3PT%
 .750 (6-8) vs. North Dakota (11/20/08),
 (3-4) vs. Utah (2/8/09)
FT%
 1.00 Nine Times Last Time (2-2) vs. BYU
 (1/31/09)

Double-Figure Scoring Games

Career	15
2008-09	15

Double-Figure Rebounding Games

Career	0
2008-09	0

Double-Double Games

Career	0
2008-09	0

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'08-'09	30/16	842/28.1	108-332	.325	30-96	.313	70-93	.753	37	99	136/4.5	53	80	114	17	34	316	10.5
Totals	30/16	842/28.1	108-332	.325	30-96	.313	70-93	.753	37	99	136/4.5	53	80	114	17	34	316	10.5



#12 Kristen Scheffler
5-11, Sophomore, Guard
Lovell, Wyo. (Lovell HS)

UW This Season: An Honorable Mention All-MWC selection in her first season with the Cowgirls...a starter from a year ago, she gained valuable experience...will continue to be a valuable asset on the court. **Freshman (2008-09):** Played in 30 games with 22 starts, while averaging 32.3 minutes per game...started in the first game of her career against Gonzaga (11/23/08)...averaged 10.3 points, along with 2.4 rebounds and 1.5 assists per game, which helped her earn Honorable Mention All-MWC honors...shot 97-279 (.348) from the field and 70-211 (.332) from the three-point line...in conference games, she averaged 10.6 points, 1.6 assists and 1.2 steals per game...ranked second in three-point field goals made (2.33 tpfgm), 13th in minutes played (32.33 mpg), 15th in three-point field goal percentage (70-211, .332) and 20th in scoring (10.3 ppg) in overall games...in the MWC, she ranked fourth in three-point field goals made (2.13 tpfgm), fifth in minutes played (35.19 mpg), 14th in free throw percentage (33-47, .702) and scoring (10.6 ppg)...had a career high six rebounds against Colorado State

(3/10/09)...finished with a career high 22 points, while shooting 7-14 (.500) from the field and 6-12 (.500) from beyond the arc against Air Force (2/28/09)...recorded 21 points, while shooting 5-8 (.625) from beyond the arc in 40 minutes against Air Force (1/28/09)...brought down five rebounds while scoring 15 points against UNLV (1/17/09)...had a career high three blocked shots against Utah (1/7/09), while recording three steals against San Francisco (1/3/09)...had four rebounds, three assists and two steals against North Dakota State (12/13/08)...had 21 points and four rebounds against Gonzaga (11/23/08)...shot 7-9 (.778) from the field and 6-8 (.750) from beyond the arc...recorded 18 points, while shooting 6-9 (.667) from the field against Denver (11/14/08)...followed that up with 15 points against Montana (11/16/08)...had three assists against North Dakota (11/20/08)...finished with nine points and four rebounds in the second exhibition game against Metro State (11/7/08)...came in off the bench and played 24 minutes in the first exhibition game against UC-Colorado Springs (11/4/08)...finished with a team high nine rebounds, while adding nine points...scored in double-figures in 15 of 30 games during the season, which included a stretch of six games in a row...led the team in scoring five times...moved into the Cowgirl record book with her 70 three-point field goals made (13th) and 211 three-point field goal attempts (12th)...her 70 three-point field goals made is also fifth on the single-season list. **High School:** A three-time All-State and All-Conference selection while attending Lovell High School...earned Gatorade Player of the Year honors and the Milward L. Simpson Award for the top female athlete in the state of Wyoming, while averaging 21 points and leading her team to a 21-6 record overall in 2008...was also selected to play on the Wyoming All-Star basketball team...averaged 18 points, five rebounds and four steals, while helping her team to the runner-up spot in the Wyoming 2A State Championship as a junior...also a team captain and named the Northwest Conference Player of the Year...was coached by Bob Geiser...a three-time letterwinner in basketball, she also lettered in volleyball...during her career, she was a two-time All-State selection...an excellent student, she was a member of the honor roll and named to the Wyoming Coaches Association Academic Team. **Personal:** Full name is Kristen Leann Scheffler...born July 29, 1989 in Powell, Wyo...the daughter of Dave and Lori Scheffler...has three siblings, Tim, Shelli and Josh...majoring in graphic design.

Season/Career Highs

MINUTES
40 vs. San Diego State (1/14/09), UNLV (1/17/09), Air Force (1/28/09)
POINTS
22 vs. Air Force (2/28/09)
REBOUNDS
6 vs. Colorado State (3/10/09)
ASSISTS
4 vs. Colorado State (1/24/09)
BLOCKS
3 vs. Utah (1/7/09)
STEALS
4 vs. UNLV (2/18/09)
FG%
.778 (7-9) vs. Gonzaga (11/23/08)
3PT%
.750 (6-8) vs. Gonzaga (11/23/08)
FT%
1.00 (6-6) vs. Colorado State (2/25/09), (2-2) vs. Air Force (2/28/09), (2-2) vs. Colorado State (3/10/09)

Double-Figure Scoring Games

Career 15
2008-09 15

Double-Figure Rebounding Games

Career 0
2008-09 0

Double-Double Games

Career 0
2008-09 0

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'08-'09	30/22	970/32.3	97-279	.348	70-211	.332	46-73	.630	3	69	72/2.4	49	44	50	14	34	310	10.3
Totals	30/22	970/32.3	97-279	.348	70-211	.332	46-73	.630	3	69	72/2.4	49	44	50	14	34	310	10.3



#13 Ashley Sickles
6-1, Sophomore, Forward
Cresco, Iowa (Crestwood HS)

UW This Season: One of several returning letterwinners on the squad...has good experience at playing either the three or four spots...will look to compete for more playing time this season. **Freshman (2008-09):** Saw action in 18 games in her first season off the bench...averaged 1.9 points and one rebound per game in 7.9 minutes...played in her first regular season game against North Dakota (11/20/08)...scored a career high eight points and four rebounds in that game...followed that up with five rebounds and two assists in 21 minutes against Gonzaga (11/23/08)...tied her career high with eight points, while shooting 2-2 (1.00) from beyond the arc against TCU (1/21/09)...had six points, while shooting 2-3 (.667) from beyond the arc against Oregon (11/29/08)...finished with seven points in 14 minutes of play against Idaho State (12/6/08)...played 17 minutes in the second exhibition game against Metro State (11/7/08)...finished with four points, three assists and two rebounds...saw her first action as a Cowgirl against UC-Colorado Springs (11/4/08)...recorded 13 points and four rebounds in 22 minutes.

High School: A two-time First Team All-Conference and All-District selection at Crestwood High School in Cresco, Iowa...was also named First Team All-State by both the media and coaches two years in a row...averaged 18.9 points, 9.4 rebounds and 5.2 blocks her senior year and was selected to play in the Iowa select All-Star game...during her junior year, she averaged 19 points and 8.4 rebounds while helping her team to a 19-8 record and in to the second round of the 3A State playoffs...was coached by her father, Doug...a talented athlete, she also earned letters in both track and field and softball...her honors include a First Team All-Conference and Honorable Mention All-State in softball, while winning the 2008 State Indoor high jump championship...an excellent student, she was a member of the National Honor Society and on the honor roll. **Personal:** Full name is Ashley Ann Sickles...born May 11, 1990 in Algona, Iowa...the daughter of Doug and Marcia Sickles...has two siblings, Madison and Emily...currently majoring in elementary education.

Season/Career Highs

MINUTES
 21 vs. Gonzaga (11/23/08)
POINTS
 8 vs. North Dakota (11/20/08), TCU (1/21/09)
REBOUNDS
 5 vs. Gonzaga (11/23/08)
ASSISTS
 3 vs. North Dakota (11/20/08)
BLOCKS
 1 Five Times Last Time vs. Gonzaga (12/22/08)
STEALS
 1 vs. North Dakota (11/20/08), Oregon (11/29/08)
FG%
 1.00 (1-1) vs. Adams State (12/30/08)
3PT%
 1.00 (2-2) vs. TCU (1/21/09)
FT%
 1.00 (2-2) vs. Utah (1/7/09)

Double-Figure Scoring Games

Career 0
 2008-09 0

Double-Figure Rebounding Games

Career 0
 2008-09 0

Double-Double Games

Career 0
 2008-09 0

YEAR	GP/GS	MIN/AVG	FG-FGA	PCT	3FG-FGA	PCT	FT-FTA	PCT	OR	DR	REB/AVG	PF	A	TO	B	S	PTS	AVG
'08-'09	18/0	142/7.9	11-40	.275	8-29	.276	4-9	.444	5	13	18/1.0	14	7	12	5	2	34	1.9
Totals	18/0	142/7.9	11-40	.275	8-29	.276	4-9	.444	5	13	18/1.0	14	7	12	5	2	34	1.9

#10 Bec Campigli

5-10, Freshman, Guard

Melbourne, Australia (Wesley College)

UW This Season: One of three newcomers to the Cowgirl squad this season...has the ability to distribute the ball, push in transition, along with being an outside threat. **High School:** A two-time member of the U20 Victorian Team that won an Australian National Gold and Silver medal and the U18 and U16 Victorian Metropolitan Team...for two years, she was a development player for the Dandenong Rangers with the WNBL and a member of the Australian Schoolgirls Team...during her time at Wesley College, she was selected Girls First Team (2006-08) and a two-time captain, while being named MVP for the McDonalds Cup Tournament (2007) and the Wesley Team (2007-08)...was also a juniors player with the Nunawading Spectres and helped them to four gold medals and one bronze medal at the National Junior Classic...was coached by Lori Chizik. **Personal:** Full name is Rebecca Lee Campigli...born July 6, 1990 in Melbourne, Australia...the daughter of Peter and Vicki Campigli...has a brother, Todd and a twin sister, Sarah...undecided on a college major.

#33 Chaundra Sewell

6-1, Freshman, Forward

Broomfield, Colo. (Broomfield HS)

UW This Season: A newcomer to the Cowgirl squad...one of the top wing players from the state of Colorado, she should have an impact on the program. **High School:** A three-time All-State and All-Region selection while attending Broomfield High School...was also named All-Conference four times and the State Tournament MVP in 2008...as a senior, she was also named All-State by the Denver Post and was a 2009 Participant in The Show...helped her team to back-to-back-to-back State Championships in 2007, 2008 and 2009...the team finished with a combined record of 82-2 over three seasons and 106-4 over four years...during that time, they also won four-straight District Championships...was coached by Mike Croell...a four-time letterwinner in basketball, she is also a three-time letterwinner in track and field...earned All-Conference and All-State honors in the high jump, and placed as high as third at the State Championships in that event...an excellent student, she was a member of the National Honor Society and on the honor roll. **Personal:** Full name Chaundra Renee Sewell...born April 30, 1991 in Boulder, Colo...the daughter of Justin and Cassandra Sewell...has two siblings, Justin and Geoffrey...plans to major in pre-pharmacy.

#25 Sara Wilson

5-9, Freshman, Guard

Grant, Neb. (Perkins County HS)

UW This Season: One of three newcomers to the Cowgirl squad this season...a tremendous shooter who brings skill and depth to the back-court. **High School:** A four-time All-South Platte Valley Association and All-Area by the Keith County News and North Platte Telegraph selection while attending Perkins County High School...was also named Player of the Year by the Keith County News and the North Platte Telegraph three times...as a senior, she was named a McDonald's All-America Nominee, Second Team All-Nebraska (Omaha World Herald), Third Team Super-State (Lincoln Journal Star), along with the C2 Player of the Year by Huskerland Prep...during her career, she was a three-time Class C-2 All-State selection by the Lincoln Journal Star and Omaha World Herald...over a four year span, Wilson helped her team to an 86-7 overall record including a Class C-2 State Championship in 2008 and the Class C-2 Runner-Up Spot in 2007...was also selected to several All-Tournament teams during her career as well...was coached by Chris Mest...a four-time letterwinner in basketball, she also earned letters in volleyball, golf and track and field...in volleyball, she was a Class C-2 All-State Honorable Mention selection, along with earning All-Area and All-Conference Honorable Mention...an excellent student, she was a member of the National Honor Society, on the honor roll and involved with several scholastic activities. **Personal:** Full name is Sara Elizabeth Wilson...born May 7, 1991 in McCook, Neb...is the daughter of Russ Wilson and Karen Wilson...has one sibling, Lance...plans to major in kinesiology and health promotion.

THE STAT CREW SYSTEM
Wyoming Cowgirls Combined Team Statistics (as of Mar 10, 2009)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	16-14	8-6	7-7	1-1
CONFERENCE	8-8	4-4	4-4	0-0
NON-CONFERENCE	8-6	4-2	3-3	1-1

#	Player	gp-gs	min	avg	Total		3-Point		F-Throw		Rebounds				pf	dq	a	to	blk	stl	pts	avg
					fg-fga	pct	3fg-fga	pct	ft-fga	pct	off	def	tot	avg								
41	CARLSON, Hillary	30-13	653	21.8	119-236	.504	2-5	.400	113-143	.790	53	104	157	5.2	85	5	25	49	37	20	353	11.8
24	MCGUFFEY, Megan	30-30	1004	33.5	111-295	.376	27-104	.260	71-102	.696	64	141	205	6.8	78	2	74	67	17	37	320	10.7
21	LANGFORD, Emma	30-16	842	28.1	108-332	.325	30-96	.313	70-93	.753	37	99	136	4.5	53	1	80	114	17	34	316	10.5
12	SCHEFFLER, Kristen	30-22	970	32.3	97-279	.348	70-211	.332	46-73	.630	3	69	72	2.4	49	0	44	50	14	34	310	10.3
33	DISSEN, Elisabeth	30-17	529	17.6	73-149	.490	0-0	.000	42-64	.656	43	70	113	3.8	50	1	14	25	13	16	188	6.3
14	KENNEDY, Jade	28-0	525	18.8	36-104	.346	8-38	.211	32-51	.627	37	99	136	4.9	46	0	33	32	16	14	112	4.0
03	RICHARDSON, Randi	30-27	726	24.2	30-104	.288	10-51	.196	16-25	.640	7	62	69	2.3	56	0	78	66	3	19	86	2.9
10	VANDERJAGT, Rebe	30-25	554	18.5	20-80	.250	10-40	.250	9-13	.692	25	63	88	2.9	43	1	31	36	29	9	59	2.0
13	SICKLES, Ashley	18-0	142	7.9	11-40	.275	8-29	.276	4-9	.444	5	13	18	1.0	14	0	7	12	5	2	34	1.9
22	FREEZE, Brenna	9-0	57	6.3	4-12	.333	0-6	.000	2-3	.667	1	6	7	0.8	3	0	4	3	1	1	10	1.1
45	CLINE, Mallory	3-0	6	2.0	0-1	.000	0-0	.000	3-4	.750	0	1	1	0.3	1	0	0	1	0	0	3	1.0
15	FITZGERALD, Leah	5-0	13	2.6	2-2	1.000	0-0	.000	0-2	.000	4	1	5	1.0	0	0	1	0	0	0	4	0.8
04	KOEHLER, Gemma	2-0	4	2.0	0-1	.000	0-1	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	0	0.0
Total.....		30	6025		611-1635	.374	165-581	.284	408-582	.701	332	808	1140	38.0	478	10	391	463	152	186	1795	59.8
Opponents.....		30	6025		639-1763	.362	133-458	.290	381-508	.750	379	788	1167	38.9	529	-	342	422	86	214	1792	59.7

TEAM STATISTICS	WY	OPP	Date	Opponent	Score	Att.
SCORING	1795	1792	11/14/08	at Denver	w 61-54	607
Points per game	59.8	59.7	11/16/08	at Montana	L 64-71	3240
Scoring margin	+0.1	-	11/20/08	NORTH DAKOTA	w 75-100	2162
FIELD GOALS-ATT	611-1635	639-1763	11/23/08	GONZAGA BULLDOGS	L 68-58	3119
Field goal pct	.374	.362	11/25/08	BOISE STATE	w 55-62	3302
3 POINT FG-ATT	165-581	133-458	11/29/08	at Oregon	L 45-51	1911
3-point FG pct	.284	.290	12-04-08	at Weber State	w 78-75	413
3-pt FG made per game	5.5	4.4	12/06/08	at Idaho State	w 61-55	774
FREE THROWS-ATT	408-582	381-508	12/13/08	vs North Dakota State	w 51-68	4048
Free throw pct	.701	.750	12/20/08	SAINT LOUIS	L 74-59	2938
F-Throws made per game	13.6	12.7	12/22/09	at GONZAGA BULLDOGS	L 38-67	1462
REBOUNDS	1140	1167	12/30/08	ADAMS STATE COLLEGE	w 48-58	3118
Rebounds per game	38.0	38.9	1/3/09	SAN FRANCISCO DONS	w 60-82	3122
Rebounding margin	-0.9	-	* 1/7/09	UTAH	L 70-52	3126
ASSISTS	391	342	* 1-14-09	at San Diego State	L 42-49	660
Assists per game	13.0	11.4	* 1/17/09	UNLV LADY REBELS	L 71-64	3577
TURNOVERS	463	422	* 1/21/09	TCU LADY FROGS	L 81-78	3016
Turnovers per game	15.4	14.1	* 01/24/09	at Colorado State	w 64-61	1570
Turnover margin	-1.4	-	* 01/28/09	at Air Force	w 52-41	756
Assist/turnover ratio	0.8	0.8	* 1/31/09	BYU COUGARS	L 58-45	3649
STEALS	186	214	* 2/4/09	NEW MEXICO LOBOS	w 50-52	2971
Steals per game	6.2	7.1	* 02/08/09	at Utah	L 57-64	2014
BLOCKS	152	86	* 2/15/09	SAN DIEGO STATE	w 61-64	3436
Blocks per game	5.1	2.9	* 02/18/09	at UNLV	w 50-44	832
ATTENDANCE	44620	30930	* 2/21/09	at TCU	L 47-60	2746
Home games-Avg/Game	14-3187	14-1920	* 2/25/09	COLORADO STATE	w 62-71	3268
Neutral site-Avg/Game	-	2-2024	* 2/28/09	AIR FORCE	w 34-65	3816
			* 03-04-09	at BYU Cougars	wot 57-55	753
			* 03/07/09	at New Mexico	L 45-63	9144
			* 03/10/09	vs Colorado State	L 64-56	0

* - Conference game

Score by Periods	1st	2nd	OT	Totals
Wyoming Cowgirls	799	992	4	1795
Opponents	874	916	2	1792

THE STAT CREW SYSTEM
Wyoming Cowgirls Combined Team Statistics (as of Mar 10, 2009)
Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	8-8	4-4	4-4	0-0
CONFERENCE	8-8	4-4	4-4	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

#	Player	gp-gs	min	avg	Total		3-Point		F-Throw		Rebounds				pf	dq	a	to	blk	stl	pts	avg
					fg-fga	pct	3fg-fga	pct	ft-fa	pct	off	def	tot	avg								
41	CARLSON, Hillary	16-12	431	26.9	78-159	.491	2-5	.400	75-95	.789	33	76	109	6.8	50	4	12	32	22	14	233	14.6
12	SCHEFFLER, Kristen	16-16	563	35.2	51-164	.311	34-113	.301	33-47	.702	3	38	41	2.6	30	0	26	26	9	19	169	10.6
24	MCGUFFEY, Megan	16-16	551	34.4	51-154	.331	15-53	.283	33-45	.733	32	82	114	7.1	38	0	37	33	8	20	150	9.4
21	LANGFORD, Emma	16-3	389	24.3	45-149	.302	11-43	.256	39-53	.736	18	48	66	4.1	30	1	36	51	10	12	140	8.8
33	DISSEN, Elisabeth	16-4	219	13.7	28-62	.452	0-0	.000	15-24	.625	17	27	44	2.8	20	1	2	12	4	7	71	4.4
14	KENNEDY, Jade	14-0	261	18.6	16-51	.314	6-20	.300	14-22	.636	18	50	68	4.9	15	0	16	14	8	6	52	3.7
03	RICHARDSON, Randi	16-16	447	27.9	15-58	.259	8-32	.250	9-15	.600	5	34	39	2.4	29	0	47	38	3	12	47	2.9
10	VANDERJAGT, Rebe	16-13	289	18.1	11-47	.234	7-26	.269	2-2	1.000	13	29	42	2.6	17	0	16	9	17	4	31	1.9
13	SICKLES, Ashley	7-0	45	6.4	3-5	.600	2-2	1.000	2-5	.400	1	3	4	0.6	6	0	1	3	0	0	10	1.4
15	FITZGERALD, Leah	2-0	4	2.0	1-1	1.000	0-0	.000	0-2	.000	2	0	2	1.0	0	0	0	0	0	0	2	1.0
04	KOEHLER, Gemma	1-0	2	2.0	0-1	.000	0-1	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	0	0.0
45	CLINE, Mallory	1-0	2	2.0	0-0	.000	0-0	.000	0-0	.000	0	1	1	1.0	0	0	0	0	0	0	0	0.0
22	FREEZE, Brenna	5-0	22	4.4	0-1	.000	0-0	.000	0-0	.000	0	1	1	0.2	0	0	1	1	0	1	0	0.0
Total.....		16	3225		299-852	.351	85-295	.288	222-310	.716	170	435	605	37.8	235	6	194	225	81	95	905	56.6
Opponents.....		16	3225		334-930	.359	74-270	.274	182-252	.722	204	439	643	40.2	280	-	172	215	52	116	924	57.8

TEAM STATISTICS	WY	OPP	Date	Opponent	Score	Att.
SCORING	905	924	* 1/7/09	UTAH	L 70-52	3126
Points per game	56.6	57.8	* 1-14-09	at San Diego State	L 42-49	660
Scoring margin	-1.2	-	* 1/17/09	UNLV LADY REBELS	L 71-64	3577
FIELD GOALS-ATT	299-852	334-930	* 1/21/09	TCU LADY FROGS	L 81-78	3016
Field goal pct	.351	.359	* 01/24/09	at Colorado State	w 64-61	1570
3 POINT FG-ATT	85-295	74-270	* 01/28/09	at Air Force	w 52-41	756
3-point FG pct	.288	.274	* 1/31/09	BYU COUGARS	L 58-45	3649
3-pt FG made per game	5.3	4.6	* 2/4/09	NEW MEXICO LOBOS	w 50-52	2971
FREE THROWS-ATT	222-310	182-252	* 02/08/09	at Utah	L 57-64	2014
Free throw pct	.716	.722	* 2/15/09	SAN DIEGO STATE	w 61-64	3436
F-Throws made per game	13.9	11.4	* 02/18/09	at UNLV	w 50-44	832
REBOUNDS	605	643	* 2/21/09	at TCU	L 47-60	2746
Rebounds per game	37.8	40.2	* 2/25/09	COLORADO STATE	w 62-71	3268
Rebounding margin	-2.4	-	* 2/28/09	AIR FORCE	w 34-65	3816
ASSISTS	194	172	* 03-04-09	at BYU Cougars	Wot 57-55	753
Assists per game	12.1	10.8	* 03/07/09	at New Mexico	L 45-63	9144
TURNOVERS	225	215	* - Conference game			
Turnovers per game	14.1	13.4				
Turnover margin	-0.6	-				
Assist/turnover ratio	0.9	0.8				
STEALS	95	116				
Steals per game	5.9	7.3				
BLOCKS	81	52				
Blocks per game	5.1	3.3				
ATTENDANCE	26859	18475				
Home games-Avg/Game	8-3357	8-2309				
Neutral site-Avg/Game	-	0-0				

Score by Periods	1st	2nd	OT	Totals
Wyoming Cowgirls	414	487	4	905
Opponents	435	487	2	924

THE STAT CREW SYSTEM
Wyoming Cowgirls Season Box Score (as of Mar 10, 2009)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	16-14	8-6	7-7	1-1
CONFERENCE	8-8	4-4	4-4	0-0
NON-CONFERENCE	8-6	4-2	3-3	1-1

##	Player	gp-gs	min		Total		3-Point		F-Throw		Rebounds				Other				pts	avg		
			min	avg	fg-fga	pct	3fg-fga	pct	ft-fa	pct	off	def	tot	avg	pf	dq	a	to			blk	stl
41	CARLSON, Hillary	30-13	653	21.8	119-236	.504	2-5	.400	113-143	.790	53	104	157	5.2	85	5	25	49	37	20	353	11.8
24	MCGUFFEY, Megan	30-30	1004	33.5	111-295	.376	27-104	.260	71-102	.696	64	141	205	6.8	78	2	74	67	17	37	320	10.7
21	LANGFORD, Emma	30-16	842	28.1	108-332	.325	30-96	.313	70-93	.753	37	99	136	4.5	53	1	80	114	17	34	316	10.5
12	SCHEFFLER, Kristen	30-22	970	32.3	97-279	.348	70-211	.332	46-73	.630	3	69	72	2.4	49	0	44	50	14	34	310	10.3
33	DISSEN, Elisabeth	30-17	529	17.6	73-149	.490	0-0	.000	42-64	.656	43	70	113	3.8	50	1	14	25	13	16	188	6.3
14	KENNEDY, Jade	28-0	525	18.8	36-104	.346	8-38	.211	32-51	.627	37	99	136	4.9	46	0	33	32	16	14	112	4.0
03	RICHARDSON, Randi	30-27	726	24.2	30-104	.288	10-51	.196	16-25	.640	7	62	69	2.3	56	0	78	66	3	19	86	2.9
10	VANDERJAGT, Rebe	30-25	554	18.5	20-80	.250	10-40	.250	9-13	.692	25	63	88	2.9	43	1	31	36	29	9	59	2.0
13	SICKLES, Ashley	18-0	142	7.9	11-40	.275	8-29	.276	4-9	.444	5	13	18	1.0	14	0	7	12	5	2	34	1.9
22	FREEZE, Brenna	9-0	57	6.3	4-12	.333	0-6	.000	2-3	.667	1	6	7	0.8	3	0	4	3	1	1	10	1.1
45	CLINE, Mallory	3-0	6	2.0	0-1	.000	0-0	.000	3-4	.750	0	1	1	0.3	1	0	0	1	0	0	3	1.0
15	FITZGERALD, Leah	5-0	13	2.6	2-2	1.000	0-0	.000	0-2	.000	4	1	5	1.0	0	0	1	0	0	0	4	0.8
04	KOEHLER, Gemma	2-0	4	2.0	0-1	.000	0-1	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	0	0.0
Total.....		30	6025		611-1635	.374	165-581	.284	408-582	.701	332	808	1140	38.0	478	10	391	463	152	186	1795	59.8
Opponents.....		30	6025		639-1763	.362	133-458	.290	381-508	.750	379	788	1167	38.9	529	-	342	422	86	214	1792	59.7

Score by Periods	1st	2nd	OT	Totals
Wyoming Cowgirls	799	992	4	1795
Opponents	874	916	2	1792

THE STAT CREW SYSTEM
Wyoming Cowgirls Season Box Score (as of Mar 10, 2009)
Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	8-8	4-4	4-4	0-0
CONFERENCE	8-8	4-4	4-4	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

##	Player	gp-gs	min		Total		3-Point		F-Throw		Rebounds				Other				pts	avg		
			min	avg	fg-fga	pct	3fg-fga	pct	ft-fa	pct	off	def	tot	avg	pf	dq	a	to			blk	stl
41	CARLSON, Hillary	16-12	431	26.9	78-159	.491	2-5	.400	75-95	.789	33	76	109	6.8	50	4	12	32	22	14	233	14.6
12	SCHEFFLER, Kristen	16-16	563	35.2	51-164	.311	34-113	.301	33-47	.702	3	38	41	2.6	30	0	26	26	9	19	169	10.6
24	MCGUFFEY, Megan	16-16	551	34.4	51-154	.331	15-53	.283	33-45	.733	32	82	114	7.1	38	0	37	33	8	20	150	9.4
21	LANGFORD, Emma	16-3	389	24.3	45-149	.302	11-43	.256	39-53	.736	18	48	66	4.1	30	1	36	51	10	12	140	8.8
33	DISSEN, Elisabeth	16-4	219	13.7	28-62	.452	0-0	.000	15-24	.625	17	27	44	2.8	20	1	2	12	4	7	71	4.4
14	KENNEDY, Jade	14-0	261	18.6	16-51	.314	6-20	.300	14-22	.636	18	50	68	4.9	15	0	16	14	8	6	52	3.7
03	RICHARDSON, Randi	16-16	447	27.9	15-58	.259	8-32	.250	9-15	.600	5	34	39	2.4	29	0	47	38	3	12	47	2.9
10	VANDERJAGT, Rebe	16-13	289	18.1	11-47	.234	7-26	.269	2-2	1.000	13	29	42	2.6	17	0	16	9	17	4	31	1.9
13	SICKLES, Ashley	7-0	45	6.4	3-5	.600	2-2	1.000	2-5	.400	1	3	4	0.6	6	0	1	3	0	0	10	1.4
15	FITZGERALD, Leah	2-0	4	2.0	1-1	1.000	0-0	.000	0-2	.000	2	0	2	1.0	0	0	0	0	0	0	2	1.0
22	FREEZE, Brenna	5-0	22	4.4	0-1	.000	0-0	.000	0-0	.000	0	1	1	0.2	0	0	1	1	0	1	0	0.0
04	KOEHLER, Gemma	1-0	2	2.0	0-1	.000	0-1	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	0	0.0
45	CLINE, Mallory	1-0	2	2.0	0-0	.000	0-0	.000	0-0	.000	0	1	1	1.0	0	0	0	0	0	0	0	0.0
Total.....		16	3225		299-852	.351	85-295	.288	222-310	.716	170	435	605	37.8	235	6	194	225	81	95	905	56.6
Opponents.....		16	3225		334-930	.359	74-270	.274	182-252	.722	204	439	643	40.2	280	-	172	215	52	116	924	57.8

Score by Periods	1st	2nd	OT	Totals
Wyoming Cowgirls	414	487	4	905
Opponents	435	487	2	924

THE STAT CREW SYSTEM
Wyoming Cowgirls Game-by-Game Highs (as of Mar 10, 2009)
All games

Opponent	Date	Score	Points	Rebounds	Assists	Steals	Blocked shots
at Denver	11/14/08	61-54	18-SCHEFFLER, Krist	7-VANDERJAGT, Re DISSEN, Elisabeth	4-RICHARDSON, Ra	2-LANGFORD, Emm	3-DISSEN, Elisabeth
at Montana	11/16/08	64-71	20-LANGFORD, Emm	10-MCGUFFEY, Meg	4-LANGFORD, Emm RICHARDSON, Ran	1-RICHARDSON, Ra VANDERJAGT, Reb	1-CARLSON, Hillary SCHEFFLER, Kriste MCGUFFEY, Megan
NORTH DAKOTA	11/20/08	100-75	26-LANGFORD, Emm	7-DISSEN, Elisabeth	8-MCGUFFEY, Mega	3-LANGFORD, Emm	2-KENNEDY, Jade DISSEN, Elisabeth
GONZAGA BULLDOGS	11/23/08	58-68	21-SCHEFFLER, Krist	11-MCGUFFEY, Meg	3-KENNEDY, Jade VANDERJAGT, Reb LANGFORD, Emma	1-VANDERJAGT, Re LANGFORD, Emma	1-SCHEFFLER, Krist LANGFORD, Emma VANDERJAGT, Reb SICKLES, Ashley
BOISE STATE	11/25/08	62-55	21-LANGFORD, Emm	13-MCGUFFEY, Meg	6-LANGFORD, Emm	3-CARLSON, Hillary	1-MCGUFFEY, Mega DISSEN, Elisabeth SCHEFFLER, Kriste
at Oregon	11/29/08	45-51	10-LANGFORD, Emm	6-VANDERJAGT, Re	3-LANGFORD, Emm	4-LANGFORD, Emm	4-VANDERJAGT, Re
at Weber State	12-04-08	78-75	20-LANGFORD, Emm	9-KENNEDY, Jade	5-LANGFORD, Emm	1-MCGUFFEY, Mega KENNEDY, Jade	2-VANDERJAGT, Re
at Idaho State	12/06/08	61-55	14-MCGUFFEY, Meg	11-KENNEDY, Jade	4-LANGFORD, Emm	3-LANGFORD, Emm	3-CARLSON, Hillary
vs North Dakota State	12/13/08	68-51	21-LANGFORD, Emm	9-VANDERJAGT, Re	3-SCHEFFLER, Krist VANDERJAGT, Reb	4-MCGUFFEY, Mega	2-KENNEDY, Jade
SAINT LOUIS	12/20/08	59-74	15-DISSEN, Elisabeth	7-LANGFORD, Emm	6-LANGFORD, Emm	3-LANGFORD, Emm	2-MCGUFFEY, Mega
at GONZAGA BULLDOGS	12/22/09	38-67	17-MCGUFFEY, Meg	7-MCGUFFEY, Mega	2-MCGUFFEY, Mega	3-MCGUFFEY, Mega	1-SICKLES, Ashley CARLSON, Hillary VANDERJAGT, Reb MCGUFFEY, Megan SCHEFFLER, Kriste
ADAMS STATE COLLEGE	12/30/08	58-48	10-SCHEFFLER, Krist	10-KENNEDY, Jade	5-RICHARDSON, Ra	2-SCHEFFLER, Krist KENNEDY, Jade RICHARDSON, Ran	2-CARLSON, Hillary
SAN FRANCISCO DONS	1/3/09	82-60	22-CARLSON, Hillary MCGUFFEY, Megan	7-MCGUFFEY, Mega	6-RICHARDSON, Ra	3-SCHEFFLER, Krist	1-CARLSON, Hillary MCGUFFEY, Megan FREEZE, Brenna VANDERJAGT, Reb
UTAH	1/7/09	52-70	19-CARLSON, Hillary	5-KENNEDY, Jade	3-RICHARDSON, Ra	2-SCHEFFLER, Krist RICHARDSON, Ran	3-SCHEFFLER, Krist
at San Diego State	1-14-09	42-49	12-SCHEFFLER, Krist	7-CARLSON, Hillary	5-RICHARDSON, Ra	2-LANGFORD, Emm RICHARDSON, Ran	1-VANDERJAGT, Re DISSEN, Elisabeth
UNLV LADY REBELS	1/17/09	64-71	20-CARLSON, Hillary	7-CARLSON, Hillary MCGUFFEY, Megan	5-RICHARDSON, Ra	2-SCHEFFLER, Krist MCGUFFEY, Megan CARLSON, Hillary	1-MCGUFFEY, Mega
TCU LADY FROGS	1/21/09	78-81	27-CARLSON, Hillary	10-CARLSON, Hillary	6-LANGFORD, Emm	2-LANGFORD, Emm	2-VANDERJAGT, Re
at Colorado State	01/24/09	64-61	18-LANGFORD, Emm	11-KENNEDY, Jade	4-SCHEFFLER, Krist RICHARDSON, Ran	1-KENNEDY, Jade MCGUFFEY, Megan CARLSON, Hillary	3-CARLSON, Hillary
at Air Force	01/28/09	52-41	21-SCHEFFLER, Krist	7-MCGUFFEY, Mega	3-KENNEDY, Jade	2-RICHARDSON, Ra	2-VANDERJAGT, Re
BYU COUGARS	1/31/09	45-58	9-DISSEN, Elisabeth	5-DISSEN, Elisabeth	3-MCGUFFEY, Mega	3-DISSEN, Elisabeth	2-DISSEN, Elisabeth
NEW MEXICO LOBOS	2/4/09	52-50	16-CARLSON, Hillary	6-MCGUFFEY, Mega	4-RICHARDSON, Ra LANGFORD, Emma	3-MCGUFFEY, Mega	2-SCHEFFLER, Krist
at Utah	02/08/09	57-64	20-LANGFORD, Emm	6-CARLSON, Hillary	3-SCHEFFLER, Krist	3-CARLSON, Hillary	3-VANDERJAGT, Re
SAN DIEGO STATE	2/15/09	64-61	18-CARLSON, Hillary	9-CARLSON, Hillary MCGUFFEY, Megan	4-LANGFORD, Emm	1-RICHARDSON, Ra DISSEN, Elisabeth KENNEDY, Jade SCHEFFLER, Kriste	2-CARLSON, Hillary MCGUFFEY, Megan

THE STAT CREW SYSTEM
Wyoming Cowgirls Game-by-Game Highs (as of Mar 10, 2009)
All games

<u>Opponent</u>	<u>Date</u>	<u>Score</u>	<u>Points</u>	<u>Rebounds</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocked shots</u>
at UNLV	02/18/09	50-44	18-CARLSON, Hillary	12-MCGUFFEY, Meg	4-RICHARDSON, Ra LANGFORD, Emma	4-SCHEFFLER, Krist LANGFORD, Emma	2-CARLSON, Hillary MCGUFFEY, Megan LANGFORD, Emma
at TCU	2/21/09	47-60	18-CARLSON, Hillary	13-MCGUFFEY, Meg	5-LANGFORD, Emm	2-LANGFORD, Emm	2-CARLSON, Hillary
COLORADO STATE	2/25/09	71-62	17-LANGFORD, Emm	9-CARLSON, Hillary	4-RICHARDSON, Ra	2-SCHEFFLER, Krist	5-CARLSON, Hillary
AIR FORCE	2/28/09	65-34	24-MCGUFFEY, Meg	9-MCGUFFEY, Mega	8-RICHARDSON, Ra	3-MCGUFFEY, Mega RICHARDSON, Ran	2-MCGUFFEY, Mega VANDERJAGT, Reb CARLSON, Hillary
at BYU Cougars	03-04-09	57-55	15-LANGFORD, Emm	17-MCGUFFEY, Meg	3-KENNEDY, Jade SCHEFFLER, Kriste LANGFORD, Emma	2-MCGUFFEY, Mega VANDERJAGT, Reb	3-CARLSON, Hillary
at New Mexico	03/07/09	45-63	12-LANGFORD, Emm	9-KENNEDY, Jade	2-MCGUFFEY, Mega	3-MCGUFFEY, Mega	1-CARLSON, Hillary KENNEDY, Jade
vs Colorado State	03/10/09	56-64	17-CARLSON, Hillary	6-SCHEFFLER, Krist	5-CARLSON, Hillary	1-MCGUFFEY, Mega LANGFORD, Emma RICHARDSON, Ran VANDERJAGT, Reb DISSEN, Elisabeth CARLSON, Hillary	4-CARLSON, Hillary

THE STAT CREW SYSTEM
Wyoming Cowgirls Game-by-Game Highs (as of Mar 10, 2009)
Conference games

Opponent	Date	Score	Points	Rebounds	Assists	Steals	Blocked shots
UTAH	1/7/09	52-70	19-CARLSON, Hillary	5-KENNEDY, Jade	3-RICHARDSON, Ra	2-SCHEFFLER, Krist RICHARDSON, Ran	3-SCHEFFLER, Krist
at San Diego State	1-14-09	42-49	12-SCHEFFLER, Krist	7-CARLSON, Hillary	5-RICHARDSON, Ra	2-LANGFORD, Emm RICHARDSON, Ran	1-VANDERJAGT, Re DISSEN, Elisabeth
UNLV LADY REBELS	1/17/09	64-71	20-CARLSON, Hillary	7-CARLSON, Hillary MCGUFFEY, Megan	5-RICHARDSON, Ra	2-SCHEFFLER, Krist MCGUFFEY, Megan CARLSON, Hillary	1-MCGUFFEY, Mega
TCU LADY FROGS	1/21/09	78-81	27-CARLSON, Hillary	10-CARLSON, Hillary	6-LANGFORD, Emm	2-LANGFORD, Emm	2-VANDERJAGT, Re
at Colorado State	01/24/09	64-61	18-LANGFORD, Emm	11-KENNEDY, Jade	4-SCHEFFLER, Krist RICHARDSON, Ran	1-KENNEDY, Jade MCGUFFEY, Megan CARLSON, Hillary	3-CARLSON, Hillary
at Air Force	01/28/09	52-41	21-SCHEFFLER, Krist	7-MCGUFFEY, Mega	3-KENNEDY, Jade	2-RICHARDSON, Ra	2-VANDERJAGT, Re
BYU COUGARS	1/31/09	45-58	9-DISSEN, Elisabeth	5-DISSEN, Elisabeth	3-MCGUFFEY, Mega	3-DISSEN, Elisabeth	2-DISSEN, Elisabeth
NEW MEXICO LOBOS	2/4/09	52-50	16-CARLSON, Hillary	6-MCGUFFEY, Mega	4-RICHARDSON, Ra LANGFORD, Emma	3-MCGUFFEY, Mega	2-SCHEFFLER, Krist
at Utah	02/08/09	57-64	20-LANGFORD, Emm	6-CARLSON, Hillary	3-SCHEFFLER, Krist	3-CARLSON, Hillary	3-VANDERJAGT, Re
SAN DIEGO STATE	2/15/09	64-61	18-CARLSON, Hillary	9-CARLSON, Hillary MCGUFFEY, Megan	4-LANGFORD, Emm	1-RICHARDSON, Ra DISSEN, Elisabeth KENNEDY, Jade SCHEFFLER, Kriste LANGFORD, Emma	2-CARLSON, Hillary MCGUFFEY, Megan
at UNLV	02/18/09	50-44	18-CARLSON, Hillary	12-MCGUFFEY, Meg	4-RICHARDSON, Ra LANGFORD, Emma	4-SCHEFFLER, Krist	2-CARLSON, Hillary MCGUFFEY, Megan LANGFORD, Emma
at TCU	2/21/09	47-60	18-CARLSON, Hillary	13-MCGUFFEY, Meg	5-LANGFORD, Emm	2-LANGFORD, Emm	2-CARLSON, Hillary
COLORADO STATE	2/25/09	71-62	17-LANGFORD, Emm	9-CARLSON, Hillary	4-RICHARDSON, Ra	2-SCHEFFLER, Krist	5-CARLSON, Hillary
AIR FORCE	2/28/09	65-34	24-MCGUFFEY, Meg	9-MCGUFFEY, Mega	8-RICHARDSON, Ra	3-MCGUFFEY, Mega RICHARDSON, Ran	2-MCGUFFEY, Mega VANDERJAGT, Reb CARLSON, Hillary
at BYU Cougars	03-04-09	57-55	15-LANGFORD, Emm	17-MCGUFFEY, Meg	3-KENNEDY, Jade SCHEFFLER, Kriste LANGFORD, Emma	2-MCGUFFEY, Mega VANDERJAGT, Reb	3-CARLSON, Hillary
at New Mexico	03/07/09	45-63	12-LANGFORD, Emm	9-KENNEDY, Jade	2-MCGUFFEY, Mega	3-MCGUFFEY, Mega	1-CARLSON, Hillary KENNEDY, Jade

THE STAT CREW SYSTEM
Wyoming Cowgirls Season Schedule/Results & Leaders (as of Mar 10, 2009)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	16-14	8-6	7-7	1-1
CONFERENCE	8-8	4-4	4-4	0-0
NON-CONFERENCE	8-6	4-2	3-3	1-1

Date	Opponent	Score	Att.	High Points	High Rebounds
11/14/08	at Denver	W 61-54	607	(18)SCHEFFLER, Kristen	(7)DISSEN, Elisabeth (7)VANDERJAGT, Rebecca
11/16/08	at Montana	64-71 L	3240	(20)LANGFORD, Emma	(10)MCGUFFEY, Megan
11/20/08	NORTH DAKOTA	W 100-75	2162	(26)LANGFORD, Emma	(7)DISSEN, Elisabeth
11/23/08	GONZAGA BULLDOGS	58-68 L	3119	(21)SCHEFFLER, Kristen	(11)MCGUFFEY, Megan
11/25/08	BOISE STATE	W 62-55	3302	(21)LANGFORD, Emma	(13)MCGUFFEY, Megan
11/29/08	at Oregon	45-51 L	1911	(10)LANGFORD, Emma	(6)VANDERJAGT, Rebecca
12-04-08	at Weber State	W 78-75	413	(20)LANGFORD, Emma	(9)KENNEDY, Jade
12/06/08	at Idaho State	W 61-55	774	(14)MCGUFFEY, Megan	(11)KENNEDY, Jade
12/13/08	vs North Dakota State	W 68-51	4048	(21)LANGFORD, Emma	(9)VANDERJAGT, Rebecca
12/20/08	SAINT LOUIS	59-74 L	2938	(15)DISSEN, Elisabeth	(7)LANGFORD, Emma
12/22/09	at GONZAGA BULLDOGS	38-67 L	1462	(17)MCGUFFEY, Megan	(7)MCGUFFEY, Megan
12/30/08	ADAMS STATE COLLEGE	W 58-48	3118	(10)SCHEFFLER, Kristen	(10)KENNEDY, Jade
1/3/09	SAN FRANCISCO DONS	W 82-60	3122	(22)MCGUFFEY, Megan (22)CARLSON, Hillary	(7)MCGUFFEY, Megan
1/7/09	*UTAH	52-70 L	3126	(19)CARLSON, Hillary	(5)KENNEDY, Jade
1-14-09	*at San Diego State	42-49 L	660	(12)SCHEFFLER, Kristen	(7)CARLSON, Hillary
1/17/09	*UNLV LADY REBELS	64-71 L	3577	(20)CARLSON, Hillary	(7)MCGUFFEY, Megan (7)CARLSON, Hillary
1/21/09	*TCU LADY FROGS	78-81 L	3016	(27)CARLSON, Hillary	(10)CARLSON, Hillary
01/24/09	*at Colorado State	W 64-61	1570	(18)LANGFORD, Emma	(11)KENNEDY, Jade
01/28/09	*at Air Force	W 52-41	756	(21)SCHEFFLER, Kristen	(7)MCGUFFEY, Megan
1/31/09	*BYU COUGARS	45-58 L	3649	(9)DISSEN, Elisabeth	(5)DISSEN, Elisabeth
2/4/09	*NEW MEXICO LOBOS	W 52-50	2971	(16)CARLSON, Hillary	(6)MCGUFFEY, Megan
02/08/09	*at Utah	57-64 L	2014	(20)LANGFORD, Emma	(6)CARLSON, Hillary
2/15/09	*SAN DIEGO STATE	W 64-61	3436	(18)CARLSON, Hillary	(9)MCGUFFEY, Megan (9)CARLSON, Hillary
02/18/09	*at UNLV	W 50-44	832	(18)CARLSON, Hillary	(12)MCGUFFEY, Megan
2/21/09	*at TCU	47-60 L	2746	(18)CARLSON, Hillary	(13)MCGUFFEY, Megan
2/25/09	*COLORADO STATE	W 71-62	3268	(17)LANGFORD, Emma	(9)CARLSON, Hillary
2/28/09	*AIR FORCE	W 65-34	3816	(24)MCGUFFEY, Megan	(9)MCGUFFEY, Megan
03-04-09	*at BYU Cougars	WOT 57-55	753	(15)LANGFORD, Emma	(17)MCGUFFEY, Megan
03/07/09	*at New Mexico	45-63 L	9144	(12)LANGFORD, Emma	(9)KENNEDY, Jade
03/10/09	vs Colorado State	56-64 L		(17)CARLSON, Hillary	(6)SCHEFFLER, Kristen

* - Conference game

Attendance Summary	Games	Attend	Avg/Game
Home	14	44620	3187
Away	14	26882	1920
Neutral	2	4048	2024
Total	30	75550	2518

THE STAT CREW SYSTEM
Wyoming Cowgirls Season Schedule/Results & Leaders (as of Mar 10, 2009)
Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	8-8	4-4	4-4	0-0
CONFERENCE	8-8	4-4	4-4	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.	High Points	High Rebounds
1/7/09	*UTAH	52-70 L	3126	(19)CARLSON, Hillary	(5)KENNEDY, Jade
1-14-09	*at San Diego State	42-49 L	660	(12)SCHEFFLER, Kristen	(7)CARLSON, Hillary
1/17/09	*UNLV LADY REBELS	64-71 L	3577	(20)CARLSON, Hillary	(7)MCGUFFEY, Megan (7)CARLSON, Hillary
1/21/09	*TCU LADY FROGS	78-81 L	3016	(27)CARLSON, Hillary	(10)CARLSON, Hillary
01/24/09	*at Colorado State	W 64-61	1570	(18)LANGFORD, Emma	(11)KENNEDY, Jade
01/28/09	*at Air Force	W 52-41	756	(21)SCHEFFLER, Kristen	(7)MCGUFFEY, Megan
1/31/09	*BYU COUGARS	45-58 L	3649	(9)DISSEN, Elisabeth	(5)DISSEN, Elisabeth
2/4/09	*NEW MEXICO LOBOS	W 52-50	2971	(16)CARLSON, Hillary	(6)MCGUFFEY, Megan
02/08/09	*at Utah	57-64 L	2014	(20)LANGFORD, Emma	(6)CARLSON, Hillary
2/15/09	*SAN DIEGO STATE	W 64-61	3436	(18)CARLSON, Hillary	(9)MCGUFFEY, Megan (9)CARLSON, Hillary
02/18/09	*at UNLV	W 50-44	832	(18)CARLSON, Hillary	(12)MCGUFFEY, Megan
2/21/09	*at TCU	47-60 L	2746	(18)CARLSON, Hillary	(13)MCGUFFEY, Megan
2/25/09	*COLORADO STATE	W 71-62	3268	(17)LANGFORD, Emma	(9)CARLSON, Hillary
2/28/09	*AIR FORCE	W 65-34	3816	(24)MCGUFFEY, Megan	(9)MCGUFFEY, Megan
03-04-09	*at BYU Cougars	WOT 57-55	753	(15)LANGFORD, Emma	(17)MCGUFFEY, Megan
03/07/09	*at New Mexico	45-63 L	9144	(12)LANGFORD, Emma	(9)KENNEDY, Jade

* - Conference game

Attendance Summary	Games	Attend	Avg/Game
Home	8	26859	3357
Away	8	18475	2309
Neutral	0	0	0
Total	16	45334	2833