

University of Wyoming

Spirit Program

CHEERLEADING COACH'S RECOMMENDATION

Dear Coach,

Please fill out the top portion of this form so that the applicant can return it with his/her application packet. We may contact you at the phone number or email address listed if we have further questions. Thank you in advance for your time and assistance with the UW Cheer Team Tryout Process.

Applicant: _____

Name of Coach: _____

Job Title (please include school/gym): _____

Email Address: _____

Phone Number: _____

Tumbling Skills (please check tumbling skills you feel the candidate has mastered & can do consistently)

- | | | | |
|---|---|--|--|
| <input type="checkbox"/> Standing BHS | <input type="checkbox"/> Standing Back Tuck | <input type="checkbox"/> Standing BHS, Back Tuck | <input type="checkbox"/> Standing Full |
| <input type="checkbox"/> RO, BHS Series | <input type="checkbox"/> RO Back Tuck | <input type="checkbox"/> RO BHS, Tuck, Layout | <input type="checkbox"/> RO, BHS, Full |
| <input type="checkbox"/> RO, BHS, Whip, BHS, Tuck | <input type="checkbox"/> RO, BHS, Full, BHS, Full | | |

Group Stunts (please check stunting skills you feel the candidate has mastered & can do consistently)

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Straight-up Extension | <input type="checkbox"/> Cradles | <input type="checkbox"/> Single Full Downs | <input type="checkbox"/> Double Full Downs |
| <input type="checkbox"/> Lib, Stretch, Arabesque | <input type="checkbox"/> Basket Tosses | <input type="checkbox"/> Flipping Basket Tosses | <input type="checkbox"/> Single Based Extensions |
| <input type="checkbox"/> Half-up Stunts | <input type="checkbox"/> Full-up Stunts | | |

Co Ed Stunts (please check stunting skills you feel the candidate has mastered & can do consistently)

- | | | |
|--|--|---|
| <input type="checkbox"/> Step-in to Chair or Hands | <input type="checkbox"/> Step-in to Extension or Liberty | <input type="checkbox"/> Toss Chair |
| <input type="checkbox"/> Toss Hands | <input type="checkbox"/> Toss Hands to Extension | <input type="checkbox"/> Toss Hands to Liberty, Arabesque |
| <input type="checkbox"/> Toss Extension or Liberty | <input type="checkbox"/> Cradles | <input type="checkbox"/> Single Full Downs |
| <input type="checkbox"/> Basket Tosses | <input type="checkbox"/> Flipping Basket Tosses | <input type="checkbox"/> Double Full Downs |

Please rate the candidate (1 is the lowest, 5 is the highest) on each of the following:

Responsibility	1	2	3	4	5	Positive Attitude	1	2	3	4	5
Leadership	1	2	3	4	5	Mental Toughness	1	2	3	4	5
Confidence	1	2	3	4	5	Honesty	1	2	3	4	5
Dependability	1	2	3	4	5	Motivation	1	2	3	4	5
Team Effort	1	2	3	4	5	Ability to Lead Crowd	1	2	3	4	5