



University of Wyoming Wrestling

Cowboy Tough

2011-12 Wyoming Cowboy Wrestling Quick Facts

UW Information	
Location:	Laramie, Wyo.
Founded:	1886
Enrollment:	13,476
Nickname:	Cowboys, Pokes
Colors:	Brown and Gold
Home Arena:	UniWyo Sports Complex (1,200)
Conference:	Western Wrestling Conference
President:	Dr. Tom Buchanan
Athletics	
Director:	Tom Burman



Coaching Staff	
<u>Head Coach</u>	
Mark Branch	
Oklahoma State '97, Fourth Season	
UW Record: 38-13, 16-1 WWC	
Overall Record: 38-13, 16-1 WWC	
<u>Assistant Coaches</u>	
Travis Shufelt	
Nebraska '05, Fourth Season	
Ethan Kyle	
Oklahoma State '07, Third Season	
Chris Pendleton	
Oklahoma State '05, Second Season	
<u>Cowboy Wrestling Club Coaches</u>	
Alex Rieder, Shane Doughman	
<u>Student Managers</u>	
Clay Andersen	

2010-11 Information	
Overall record:	11-7
WWC:	5-1 (2nd)
Letterwinners	
Returning/Lost:	9/4
Starters	
Returning/Lost:	7/3
Newcomers:	8
NCAA Qualifiers	
Returning/Lost:	5/1

Cowboy Schedule			
Nov. 5	Northwest Open	Powell, Wyo.	All Day
Nov. 11	Brown vs. Gold Intrasquad	Laramie, Wyo.	7 p.m.
Nov. 12	39th Annual Cowboy Open	Laramie, Wyo.	9 a.m.
(War Memorial Fieldhouse, Presented by UniWyo Federal Credit Union)			
Nov. 19	Nebraska-Kearney Open	Kearney, Neb.	All Day
Dec. 2-3	Cliff Keen Las Vegas Invitational	Las Vegas, Nev.	10 a.m.
Dec. 10	Nebraska	Lincoln, Neb.	6 p.m.
Dec. 18	Reno Tournament of Champions	Reno, Nev.	All Day
Jan. 1	Oklahoma State[^]	Laramie, Wyo.	2 p.m.
Jan. 3	Oklahoma[^]	Laramie, Wyo.	7 p.m.
Jan. 15	Oregon State	Corvallis, Ore.	3 p.m.
Jan. 20	Cal Poly	Laramie, Wyo.	7 p.m.
Jan. 21	Utah Valley*	Laramie, Wyo.	7 p.m.
Jan. 29	Northern Iowa*	Laramie, Wyo.	2 p.m.
Feb. 2	Air Force*	Colorado Springs, Colo.	7 p.m.
Feb. 8	Northern Colorado*	Laramie, Wyo.	7 p.m.
Feb. 12	NWCA National Duals	Stillwater, Okla.	All Day
Feb. 16	South Dakota State*	Brookings, S.D.	6 p.m.
Feb. 17	North Dakota State*	Fargo, N.D.	6 p.m.
March 3	Western Wrestling Conference Championships/NCAA West Regional	Cedar Falls, Iowa	All Day
March 15-17	NCAA Championships	St. Louis, Mo.	All Day

*denotes Western Wrestling Conference dual
 All times listed are Mountain Standard
 UW home dual matches are hosted in the UniWyo Sports Complex
 ^ Matches will be in Arena Auditorium

Media Relations information	
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COWBOY ROSTER

<u>Name</u>	<u>Year</u>	<u>Weight</u>	<u>Hometown (Last School)</u>
Alex Baca	Freshman	125	Pueblo, Colo. (Pueblo Central HS)
Austin Breckenridge	Freshman	141/149	Cheyenne, Wyo. (Central HS)
Tyler Cox*	Sophomore	125	Gillette, Wyo. (Campbell County HS)
Dan Crook	RS Freshman	Hwt.	Brigham City, Utah (Arizona State)
Jake Eitzen	Sophomore	133	Estes Park, Colo. (Estes Park HS)
McCade Ford	RS Junior	141	Payson, Utah (Northwest College, Wyo.)
Dakota Friesth	RS Freshman	157	Adel, Iowa (Adel-DeSoto-Minburn HS)
Kasey Garnhart	Junior	125/133	Ten Sleep, Wyo. (Riverside HS)
VJ Giulio	Freshman	184	American Falls, Idaho (American Falls HS)
Mike Hamel	RS Freshman	141	Gilbert, Ariz. (Mesquite HS)
Tanner Harms	Freshman	Hwt.	Greenwood Village, Colo. (Cherry Creek HS)
Lee (L.J.) Helbig	Junior	197/Hwt.	Mason, Mich. (Mason HS)
Alfonso Hernandez	RS Junior	197	Blackfoot, Idaho (Blackfoot HS)
Dallas Hintz	Senior	174	Ephrata, Wash. (Ephrata HS)
Kyle Komata	Sophomore	141	Woodinville, Wash. (Woodinville HS)
Jace Jensen	Freshman	165/174	Buffalo, Wyo. (Buffalo HS)
Joe LeBlanc	Senior	184	Meeker, Colo. (Meeker HS)
Michael Martinez	Senior	125	Pagosa Springs, Colo. (Pagosa Springs HS)
Patrick Martinez	Sophomore	174	Hemet, Calif. (Temecula Valley HS)
Andy McCulley	RS Freshman	157	Rock Springs, Wyo. (Rock Springs HS)
Sean O'Leary	Freshman	125/133	St. Charles, Mo. (Francis Howell HS)
Shane Onufer	Senior	165	Auburn, Wash. (Auburn HS)
Leland Pfeifer	RS Freshman	197/Hwt.	Hulett, Wyo. (Hulett HS)
Michael Poulos	Junior	174	Laramie, Wyo. (Laramie HS)
Brandon Richardson	RS Freshman	149	Rathdrum, Idaho (Lakeland HS)
Chase Smith	Senior	141	Enumclaw, Wash. (Enumclaw HS)
Trevor Sterling	RS Freshman	141/149	Altus, Okla. (Altus HS)
Robert Stroh	RS Freshman	149/157	Harlem, Mont. (Chinook HS)
Tommy Thoman	RS Freshman	184	Green River, Wyo. (Green River HS)
Shane Woods	RS Freshman	184	Tuttle, Okla. (Tuttle HS)
Zach Zehner	RS Freshman	133	Tomahawk, Wis. (Tomahawk HS)

Note: RS identifies a student-athlete that has used their redshirt year the previous season.

*Cox will not compete for the Cowboys this season to focus on his Olympic wrestling training.

COWBOYS BY WEIGHT

125 - Alex Baca, Kasey Garnhart, Michael Martinez, Sean O'Leary

133 - Jake Eitzen, Garnhart, O'Leary, Zach Zehner

141 - Austin Breckenridge, McCade Ford, Mike Hamel, Kyle Komata, Chase Smith, Trevor Sterling

149 - Breckenridge, Brandon Richardson, Sterling, Robert Stroh

157 - Dakota Friesth, Andy McCulley, Stroh

165 - Jace Jensen, Shane Onufer

174 - Dallas Hintz, Jensen, Patrick Martinez, Michael Poulos

184 - VJ Giulio, Joe LeBlanc, Tommy Thoman, Shane Woods

197 - L.J. Helbig, Alfonso Hernandez, Leland Pfeifer

Hwt - Dan Crook, Tanner Harms, Helbig, Pfeifer

* Some wrestlers listed at multiple potential weights

COWBOYS BY YEAR

Seniors (5) - Dallas Hintz, Joe LeBlanc, Michael Martinez, Shane Onufer, Chase Smith

Juniors (5) - McCade Ford (RS), Kasey Garnhart, L.J. Helbig, Alfonso Hernandez (RS), Michael Poulos

Sophomores (3) - Jake Eitzen, Kyle Komata, Patrick Martinez

Redshirt Freshmen (11) - Dan Crook, Dakota Friesth, Mike Hamel, Andy McCulley, Leland Pfeifer, Brandon Richardson, Trevor Sterling, Robert Stroh, Tommy Thoman, Shane Woods, Zach Zehner

Freshmen (7) - Alex Baca, Austin Breckenridge, VJ Giulio, Tanner Harms, Jace Jensen, Sean O'Leary