

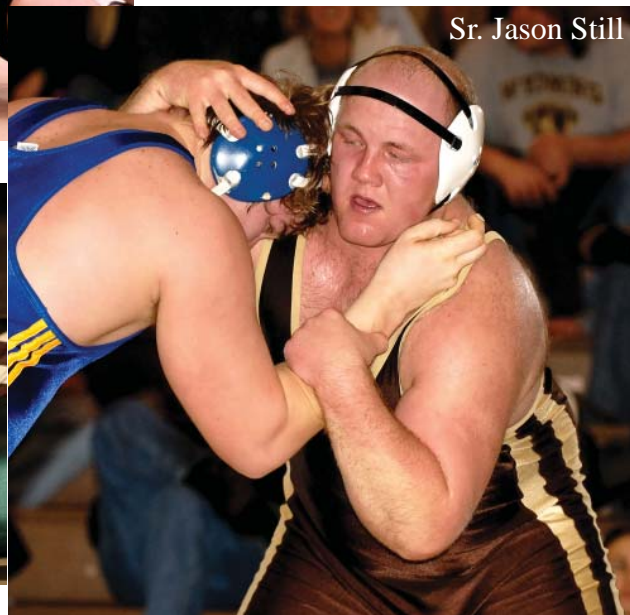
2007-08

UNIVERSITY OF WYOMING WRESTLING PROSPECTUS

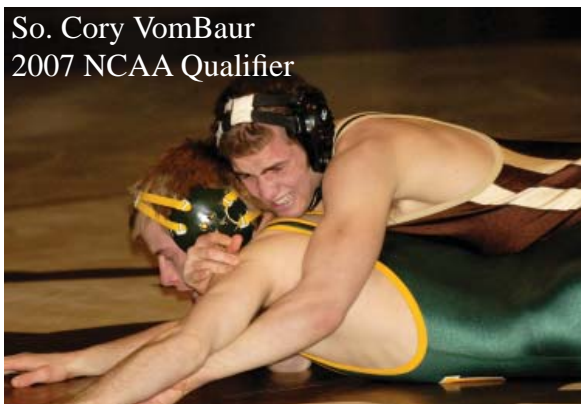
Sr. Carter Downing
2x NCAA Qualifier
2x West Regional Champion



Sr. Jason Still



So. Cory VomBaur
2007 NCAA Qualifier



Sr. Bryan Bernal
2006 NCAA Qualifier



WYOMING WRESTLING QUICK FACTS 2007-08

General Information

School: University of Wyoming
Location: Laramie, Wyo.
Enrollment: 13,207
Founded: 1886
Nickname: Cowboys
Colors: Brown and Gold
National Affiliation: NCAA Division I
Conference: Western Wrestling Conference
Home Arena: UniWyo Sports Complex (1,200)
President: Tom Buchanan
Athletics Director: Tom Burman
Deputy Director of Athletics: Barbara Burke
Faculty Athletic Rep: Alyson Hagy
Athletic Department Phone: (307) 766-2292
Ticket Office Phone: (307) 766-4850

Wrestling Staff

Head Coach: Steven Suder
Alma Mater: Wyoming, '79
Record at Wyoming: 123-127-2 (18 years)
Career Record: Same
Head Assistant Coach: Matt Johnson
Alma Mater: Wyoming, '96
Assistant Coach: Ben VomBaur
Alma Mater: Boise State, '03
Assistant Coach: Travis Shufelt
Alma Mater: Nebraska, '05

Team Information

2006-07 Dual Meet Record: 5-9
Postseason Results: 2nd /NCAA West Regional
NCAA Championships: 65th Place
Letterwinners Returning/Lost: 12/2
Starters Returning/Lost: 5/2
Newcomers: 12

Top Returners:

Carter Downing, Sr., 149, 32-9
2007 West Regional Champion, 2007 NCAA
Qualifier

Cory VomBaur, Soph., 133, 17-15
2nd Place at 2007 West Regional, 2007 NCAA
Qualifier

Bryan Bernal, Sr., 174, 22-15
2006 NCAA Qualifier

Garrett Desmond, Soph., 141, 17-18

Key Losses:

Sam Wendland, Nick Ramirez, Michael Martinez

Top Newcomers:

Eric Coxbill (Wright, Wyo.)
Joe LeBlanc (Gunninson, Colo.)
Evan Mattingly (Vashon Island, Wash.)
Shane Onufer (Auburn, Wash.)

Media Relations

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<http://www.wyomingathletics.com>

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Laramie, Wyoming 82071-3414

Overnight Address:

16th and Gibbon St.
Laramie, Wyoming 82071-3414



2006-07 COWBOY WRESTLING ROSTER

<i>NAME</i>	<i>YEAR</i>	<i>WEIGHT</i>	<i>HOMETOWN</i>
Dan Barrone	Junior	165/174	El Prado, N.M.
Bryan Bernal	Senior	165/174	Loma, Colo.
Cody Chipperfield	Junior	149	Casper, Wyo.
Eric Coxbill	Junior	165	Gillette, Wyo.
Cole Dallaserra	Redshirt Freshman	141	Butte, Mont.
Tyler Davis	Freshman	149/157	Ovedo, Fla.
Garrett Desmond	Junior	133/141	Mill Hall, Penn.
Carter Downing	Senior	141/149	Woodruff, Utah
Dane Fuhrman	Sophomore	165	Moberly, Mo.
Brandon Gifford	Sophomore	133	Harrisburg, Neb.
Cody Grant	Junior	125	Torrington, Wyo.
Justin Grosse	Freshman	165	Gunnison, Colo.
Matt Guyer	Freshman	Hwt.	Bullhead City, Ariz.
Dallas Hintz	Freshman	157	Ephrata, Wash.
Mikah Kadera	Freshman	165	Sheridan, Wyo.
Dustin Knapp	Freshman	141	Lexington Park, MD.
Joe LeBlanc	Freshman	165	Gunnison, Colo.
Matt Lowry	Sophomore	125	Vancouver, Wash
Michael Martinez	Olympic Redshirt	125	Albuquerque, N.M.
Evan Mattingly	Junior	197	Vashon Island, Wash.
Kyle Morrow	Senior	165/174	Littleton, Colo.
Joe O'ferrell	Freshman	184	Greeley, Colo.
Shane Onufer	Freshman	165/174	Auburn, Wash.
Aaron Quinnlin	Freshman	157	Brush, Colo.
Colt Reece	Junior	184/197	Cokeville, Wyo.
Alex Rieder	Sophomore	165	Paonia, Colo.
Chase Smith	Freshman	141	Enumclaw, Wash.
Clay Sondgeroth	Redshirt Freshman	149	Thayne, Wyo.
Jason Still	Senior	Hwt.	Aurora, Colo.
Cory VomBaur	Sophomore	133	Vancouver, Wash.

WEIGHT CLASS BREAKDOWN

125 - Cody Grant, Matt Lowry

133 - Garrett Desmond, Brandon Gifford, Cory VomBaur

141 - Cole Dallaserra, Chase Smith, Dustin Knapp

149 - Tyler Davis, Carter Downing, Clay Sondgeroth

157 - Cody Chipperfield, Eric Coxbill, Dane Fuhrman, Justin Grosse, Dallas Hintz, Joe LeBlanc

165 - Mikah Kadera, Kyle Morrow, Shane Onufer, Alex Rieder,

174 - Dan Barrone, Bryan Bernal, Aaron Quinnlin

184 - Joe O'ferrell, Colt Reece

197 - Evan Mattingly

HWT. - Matt Guyer, Jason Still



2007-08 COWBOY WRESTLING SCHEDULE

<i>Date</i>	<i>Meet/Dual</i>	<i>Location</i>	<i>Time</i>
Fri., Nov. 2	Intrasquad Dual	Laramie, Wyo.*	TBA
Fri., Nov. 9	University of Nebraska	Laramie, Wyo.	7 p.m.
Sat., Nov. 10	Cowboy Open	Laramie, Wyo.*	All Day
Sat., Nov. 17	Nebraska-Omaha Open	Omaha, Neb.	All Day
Sat., Nov. 17	University of Northern Colorado Open	Greeley, Colo.	All Day
Fri-Sat, Nov. 30-Dec. 1	Cliff Keen Invitational	Las Vegas, Nev.	All Day
Sat., Dec. 8	Boise State University	Boise, Idaho	2 p.m.
Wed., Dec. 19	Reno Tournament of Champions	Reno, Nev.	All Day
Fri.-Sat., Jan 11	Virginia Duals	Hampton, Va.	All Day
Fri., Jan. 18	Northern Iowa	Cedar Falls, Iowa#	7 p.m.
Fri., Feb. 1	North Dakota State	Fargo, N.D. #	7 p.m.
Sat., Feb. 2	South Dakota State	Brookings, S.D. #	TBA
Sat., Feb. 9	Utah Valley State	Laramie, Wyo. #	7 p.m.
Sat., Feb., 16	California State-Fullerton	Laramie, Wyo.	7 p.m.
Sat., Feb. 23	Air Force Academy	Colorado Springs, Colo. #	7 p.m.
Tue., Feb. 26	Northern Colorado	Laramie, Wyo.#	7 p.m.
Sat., Mar. 8	NCAA West Regional	Fargo, N.D.	All Day
Thu.-Sat., Mar. 20-22	NCAA National Championships	St. Louis, Mo.	All Day

Home meets in bold

*** Denotes matches will be held in War Memorial Fieldhouse**

#Denotes West Regional Dual



2006-07 SEASON STATISTICS

NAME	OVERALL RECORD	PINS	TF	MD
Dan Barrone	2-13	0	0	0
Bryan Bernal	22-15	1	1	4
Cole Dallaserra	3-1	0	0	0
Garrett Desmond	17-18	1	0	2
Carter Downing	32-9	3	5	9
Charles Fournier	2-4	0	0	1
Dane Fuhrman	1-13	0	0	0
Brandon Gifford	4-11	0	0	0
Cody Grant	4-11	1	0	1
Michael Martinez	20-8	1	1	3
Kyle Morrow	10-24	0	0	3
Nick Ramirez	22-15	2	2	2
Alex Rieder	4-13	2	1	0
Chet Slevin	1-12	0	0	0
Jake Smith	11-2	2	0	1
Clay Sondgeroth	5-10	0	0	0
Jason Still	12-19	0	0	0
Cory VomBaur	17-15	1	0	0
Sam Wendland	15-3	2	2	3

2005-06 Wyoming Wrestling Results

Date	Meet/Dual	Location	Result
Fri., Nov. 3	Intrasquad Tournament	Laramie, Wyo.*	5 p.m.
Thurs., Nov. 9	University of Oregon	Laramie, Wyo.	L 19-17
Sun., Nov. 11	Cowboy Open	Laramie, Wyo.*	NTS
Sat., Nov. 18	Nebraska-Omaha Open	Omaha, Neb.	NTS
Fri.-Sat., Dec. 1-2	Las Vegas Invitational	Primm, Nev.	34/47
Sat., Dec. 16	Nebraska	Lincoln, Neb.	L 34-10
	Nebraska-Kearney		L 23-13
Wed., Dec. 20	Reno Tournament of Champions	Reno, Nev.	15/29
Fri.-Sat., Jan 12-13	Virginia Duals	Hampton, Va.	All Day
	Drexel		L 28-9
	Virginia Tech		L 20-7
	The Citadel		W26-13
Fri., Jan. 19	Boise State	Laramie, Wyo.	L 26-12
Sat., Jan. 20	Oregon State	Laramie, Wyo.	L 32-6
	Northern Iowa	Laramie, Wyo. #	L 24-16
Fri., Jan. 26	North Dakota State	Laramie, Wyo. #	W20-16
Fri., Feb., 2	Cal State Fullerton	Fullerton, Calif.	L 21-16
Sat., Feb., 3	Utah Valley State	Orem, Utah #	W 32-9
Fri., Feb. 9	South Dakota State	Laramie, Wyo. #	W 31-12
Fri., Feb. 16	Air Force	Laramie, Wyo. #	Cancelled
Wed., Feb. 21	Northern Colorado	Greeley, Colo.	W 19-16
Sat., Mar. 3	NCAA West Regional	Cedar Falls, Iowa	3rd Place
Thu.-Sat., Mar. 15-17	NCAA National Championships	Auburn Hills, Mich.	All Day

Home meets/duals in bold

** Denotes matches will be held in War Memorial Fieldhouse*

\$- Denotes matches will be held in the Arena-Auditorium

TEAM LEADERS

Victories

Carter Downing	32
Nick Ramirez	22
Bryan Bernal	22
Cory VomBaur	17
Garrett Desmond	17

Pins

Carter Downing	3
Nick Ramirez	2
Alex Rieder	2
Jake Smith	2
Sam Wendland	2

Dual Wins

Carter Downing	13
Nick Ramirez	10
Cory VomBaur	9
Bryan Bernal	9
Sam Wendland	6

Major Decisions

Carter Downing	9
Bryan Bernal	4
Michael Martinez	3
Kyle Morrow	3
Nick Ramirez	3
Sam Wendland	3

Technical Falls

Carter Downing	5
Nick Ramirez	2
Sam Wendland	2



2007 POST SEASON

2007 West Regional Recap

March 3, 2007
Cedar Falls, Iowa

Final Team Scores

1. Northern Iowa 96.0
2. Northern Colorado 73.5
3. Wyoming 56.0
4. North Dakota State 42.0
5. South Dakota State 37.0
6. Air Force Academy 32.5
7. Eastern Illinois 28.0

Championship Matches

- 125- Nick Ramirez- 2nd Place
- 133- Cory VomBaur- 2nd Place
- 141- Garrett Desmond- 3rd Place
- 149- Carter Downing- Champion
- 197- Sam Wendland- Champion

Wyoming NCAA Qualifiers

- 125 - Nick Ramirez*
- 133- Cory VomBaur*
- 149 - Carter Downing
- 197 - Sam Wendland

*notes wild card selection

2007 NCAA Championships Recap

March 15-17, 2007
Auburn Hills, Mich.

Results:

Nick Ramirez- 125 pounds

Round 1: Brandon Precin (NW) defeated Ramirez (WYO), 7-4

Wrestlebacks: Brandon Kinney (Columbia) defeated Ramirez (WYO), 9-4

Cory VomBaur- 133 pounds

Round 1: #6 Darrell Vasquez (Cal Poly) pinned VomBaur (WYO), 4:40

Wrestlebacks: Eric Albright (Virginia) defeated VomBaur (WYO), MD 12-1

Carter Downing- 149 pounds

Round 1: #6 J.P. O'Conner (Harvard) defeated Downing (WYO), 5-0

Wrestlebacks: Michael Roberts (Boston) defeated Downing (WYO), 11-7

Sam Wendland, 197 pounds

Round 1: #12 Dallas Herbst (Wisconsin) pinned Wendland (WYO), 2:59

Wrestlebacks: Timothy Morrison (Rider) defeated Wendland (WYO), 3-2

The Tradition Continues

The University of Wyoming has had its share of wrestling success; 23 All-Americans, 157 conference championships and 19 conference championships. The 2007 post-season marked the 33rd consecutive year a Cowboy wrestler has competed at the NCAA Championships. Since 1974 the Wyoming Cowboy wrestling program has sent 143 participants to the highest stage of collegiate competition.



COWBOY COACHING STAFF

STEVEN SUDER, HEAD COACH, (WYOMING '79) 19TH YEAR



The 2007-'08 season marks the 19th year of Cowboy wrestling under head coach Steven Suder, an era of consistently competitive and winning teams.

In the eighteen years under Suder, the Wyoming wrestling team has become one of the premier programs in the western United States and is one of the most promising in the country.

Suder has coached 37 conference champions, six All-Americans and 18 Academic All-Americans. In 1990, he placed third in the balloting for NCAA Rookie Coach of the Year. He led the Pokes to two WAC titles, has been named WAC Coach of the Year four times and was named the 2001 West Regional Coach of the Year. Coach Suder would go on and be named 2004 West Regional Coach of the Year as well. The 2006-'07 season marked the 18th consecutive season that coach Suder has sent one or more wrestlers to the NCAA Championships. Overall, 70 Wyoming wrestlers have competed at the NCAA's under Suder.

"Each year comes with its own unique challenges and sources of excitement," said Suder. "Working with first class student-athletes and people is rewarding. This program has taken huge strides both academically and competitively, and yet that was all yesterday. Now our goals for the

future are even higher."

During his collegiate years at Wyoming, Suder won two Cowboy Open titles and won the prestigious Las Vegas Invitational once. As a senior, Suder earned All-American honors by placing eighth at 150-pounds in 1979, becoming only the tenth Cowboy to do so.

The Littleton, Colo., native brought a wealth of coaching experience to Wyoming after being hired in 1989. Suder served as the head coach for Athletes in Action from 1985 to 1988 and also served as the associate athletic director for the organization in 1988 and 1989.

"My tenure with Athletes in Action and those international experiences greatly influenced my coaching style and philosophy," said Suder. "It shaped how I interact with people, how I run practices, the way we prepare to compete and my perspective on athletics."

Suder also coached U.S. International teams from 1983 to 1987, which took him to tournaments in South America, Latin America and Europe

ALL-AMERICANS COACHED BY SUDER

<i>Dave Myers</i>	158-pounds	8th place	1992
<i>Reese Andy</i>	177-pounds	2nd place	1994
	177-pounds	6th place	1995
	177-pounds	2nd place	1996
<i>Brent Voorhees</i>	150-pounds	7th place	1996
<i>Brandon Alderman</i>	158-pounds	6th place	1996

ACADEMIC ALL-AMERICANS COACHED BY SUDER

<i>Jason Gregersen</i>	Honorable Mention	1992-95
<i>Tom Hickenlooper</i>	Second Team	1993-96
<i>Justin Martin</i>	First Team	1992
	Honorable Mention	1993, 95
<i>Shilo Mathill</i>	Honorable Mention	1994,95,97
<i>Darin Smith</i>	Honorable Mention	1994, 95
<i>Brandon Alderman</i>	Second Team	1996
	Honorable Mention	1997
<i>Brad Alderman</i>	Honorable Mention	1996
<i>Brandon Dansie</i>	Second Team	1998, 2000
	Honorable Mention	1999
<i>Corey Hamrick</i>	Second Team	1998, 2000
<i>Jeremy Sell</i>	Honorable Mention	1998-2000
<i>Jeff Tufano</i>	Honorable Mention	1998
<i>Matt Winninger</i>	Honorable Mention	1999

In 1995, he was selected to coach the National Wrestling Coaches Association (NWCA) team in Italy, which placed second. The team was comprised of 1995 NCAA All-Americans. Suder also led a similar trip in 1996 to Germany. "It was obviously flattering to have been asked to coach those teams," said Suder. "However it's unfortunate on trips like those, you don't have a great deal of input into the athletes' training, wrestling or their lives. Prior to the trips, the coaching that went on was more in the way of strategical value, and trying to get them ready."

In 1997, Suder was also selected as a board member of the National Wrestling Coaches Association (NWCA).

Steven and Deanna Suder have three children, Beau (22), Heidi (20) and Cody (18).

COWBOY COACHING STAFF

MATT JOHNSON, HEAD ASSISTANT COACH, (WYOMING '96) 15TH YEAR



Matt Johnson enters his 15th year at Wyoming and his sixth as the top assistant. Johnson will be involved in all aspects of the Cowboy program.

Johnson, 37, brings a tremendously successful collegiate background to the Cowboy program. While wrestling for Iowa State University he won three Big Eight titles and earned three All-American honors in the 177-pound weight class. Johnson notched one second-place finish and two fourth-place finishes at the NCAA Tournament. At the 1991 NCAA Tournament Johnson won the Gregorian Award for pinning three opponents in 15:15 while advancing to the title match at 177-pounds. During his career he compiled a 120-27-1 record, including two 30-win seasons. Johnson also participated in three National Wrestling Coaches All-Star Meets, recording a 2-1 record. His three invitations is a Cyclone record. Internationally, Johnson has finished in the top seven in the U.S. Open Freestyle Tournament three times.

A native of Brighton, Colo., Johnson won two Colorado State Championships and four freestyle titles. Johnson finished high school with an overall record of 114-19. Johnson also finished second at the Junior Nationals in 1988.

Johnson graduated from the University of Wyoming in 1996 with a degree in history. Johnson married his wife Jodi in August of 1998. The couple have three daughters, Sarah Marie (6), Rylie Lynn (4) and Katelyn Rose (1).

BEN VOMBAUR, ASSISTANT COACH, (BOISE STATE '03) SECOND YEAR



Ben VomBaur is entering his second year as an assistant coach with the Wyoming Cowboys.

VomBaur was a two-time All-American wrestler at 125 pounds for Boise State University. In his three years with the program, 2001-03, he placed fourth at the NCAA Tournament in 2002 and sixth in 2003, and was a Pac-10 conference champion in both 2001 and 2003. Prior to attending Boise State, VomBaur spent a year at Clackamas Community College in Oregon City, Ore., where he was an NJCAA All-American, placing third at nationals.

VomBaur placed 5th at the World Team Trials going 2-2 in the summer of 2007. He is now training for the 2008 Olympics.

Ben went a perfect 102-0 in his high school career in Evergreen and was a three-time state champion.

VomBaur comes to Wyoming from Wasatch High School in Heber City, Utah, where he coached the wrestling team to back-to-back Utah state championships. He has coached seven individual state high school champions the past two years. VomBaur was also active in the wrestling community as a club coach, camp director and instructor.

Ben married his wife Kelli on March 28, 2000 in Anacortes Washington. Ben and Kelli have a son, William (1).

TRAVIS SHUFELT, ASSISTANT COACH, (NEBRASKA '05) SECOND YEAR



Travis Shufelt is entering his second year as an assistant coach with the Wyoming Cowboys. Shufelt was an All-American and a captain at The University of Nebraska. At 149 pounds, Shufelt was a four-time National Qualifier and a two-time Big 12 runner-up. As a junior he was the Las Vegas Invite Champion and was the outstanding wrestler at the Virginia Duals.

Travis brings an impressive high school career to Wyoming as well. He collected three state championships and has the record for most wins in a career and a season. Was the team MVP, Wrestler of the year, and first team All-Conference his freshman through senior years.

Shufelt was born September 22, 1981 in Greenbay, Wisconsin and is one of two children of Debi and Dennis Shufelt.