



Wyoming Cross Country Teams Open 2003 Season

Laramie, Wyo. (September 5, 2003) -- The University of Wyoming cross country teams opened up their 2003 season at home Friday by hosting the Wyoming Open Cross Country Meet at Jacoby Golf Course in Laramie.

Colorado State's men and women took the team titles as both teams placed four runners in the top ten. Moses Tum from Colorado at Colorado Springs won the men's four mile race with a time of 20:56. Winning the women's 2.5 mile and running unattached was Nicole Feest posting a time of 14:19.

The Cowboys placed four runners in the top 20 spots, including one in the top ten. Leading the Cowboys was sophomore Brian Knight (6th, 20:48). Other Cowboys in the top 20 were senior Jason Delaney (11th, 22:23), junior Kyle Cheesbrough (18th, 23:11), and sophomore Jeremy Thompson (19th, 23:12). The Cowboys finished 3rd with 61 total team points.

The Cowgirls placed two runners in the top 10 spots, and four in the top 20. Leading the cowgirls were junior Jennifer Thompson (7th, 14:33), and junior Natalie Kean (10th, 14:51). Other cowgirls in the top 20 were sophomores Christine Michael (14th, 15:12), and Elena Helmerick (16th, 15:15). The Cowgirls ran their way to a third place finish in the open with 60 total points.

"This was an awareness meet for us," said Wyoming head cross country coach Jim Sanchez. "We're not really concerned with team scores, I could see that the effort was there and we're only going to get better. Big improvements don't happen overnight."

The Wyoming cross country teams will compete next on September 20th at the Woody Greeno Invite in Lincoln, Neb.

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2003 Wyoming Open Cross Country Meet
Jacoby Golf Course, Laramie, Wyo.
September 5, 2003

Men's Individual Results(4-mile)

Place/Name	School	Time
1. Moses Tum	CUCS	20:56
2. Erick Kean	UNNAT	21:08
3. Levi Brathall	CUCS	21:15
4. Ryan Kirkpatrick	CSU	21:34
5. Matt Petit	CSU	21:34
6. Brian Knight	UW	21:48
7. Joey Alzola	UNNAT	21:56
8. Dave Zakavic	CSU	21:58
9. Aaron Rubalcaba-Lopez	CUCS	22:05
10. Nelson Palacios	CSU	22:19
11. Jason Delaney	UW	22:23
12. Dennis Flanagan	CSU	22:26
13. Jason Sanders	UNNAT	22:30
14. Ragan Driver	UNNAT	22:42
15. Phil Harrison	CUCS	22:54
16. Brad Winn	CUCS	22:59
17. John Nichols	CSU	23:05
18. Kyle Cheesbrough	UW	23:11
19. Jeremey Thompson	UW	23:12
20. Jay Luna	CUCS	23:15
21. Ryan Lowen	UNNAT	23:20
22. Jon Jakupcak	UNNAT	23:25
23. Phil Astras	UNNAT	23:38
24. Brian Zakavec	CUCS	23:52
25. Kyle Reno	CUCS	23:58
26. Brian Harnisch	UW	24:07
27. Kyle Kloppas	CUCS	24:14
28. Dylan Baker	UNNAT	24:16
29. John Tucker	CUCS	24:15
30. Chris Roedecker	UNNAT	24:49
31. Matt Chavez	CUCS	24:44
32. Dan Radosevich	UNNAT	24:49
33. Kelsay Kean	UNNAT	25:38

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Men's Individual Results (4-Mile)

Place/Name	School	Time
34. Bryce Hartman	CUCS	26:25
35. Gene Muniz	UNNAT	27:09

Final Team Scores

1. Colorado State University	31 Points
2. Colorado at Colorado Springs	33 Points
3. University of Wyoming	61 Points

2003 Wyoming Open Cross Country Meet
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September 5, 2003

Women's Individual Scores (2.5 Mile)

Place/Name	School	Time
1. Nicole Feest	UNNAT	14:19
2. Michelle Carmen	CSU	14:22
3. Sarah McKay	CSU	14:24
4. Kelly Smith	CUCS	14:25
5. Bekah Yetzer	CSU	14:29
6. Valerie McGregor	CSU	14:30
7. Jennifer Thompson	UW	14:33
8. Megan Lund	CUCS	14:40
9. Tina Grey	CUCS	14:43
10. Natalie Kean	UW	14:51
11. Sarah Shepard	CUCS	14:57
12. Ashley Birger	CUCS	15:05
13. Stephanie Hanks	UNNAT	15:10
14. Christine Michel	UW	15:12
15. Melissa Thomas	UNNAT	15:14
16. Elena Helmerick	UW	15:15
17. Lacy Darien	UNNAT	15:20
18. Sarah Cowhick	CUCS	15:21
19. Emily McGregor	UNNAT	15:24
20. Danille Buzzell	UNNAT	15:27
21. Tanice Barnett	UW	15:30
22. Ashley Pederson	UW	15:32
23. Kristan Brauneis	UW	15:34
23. Kari Samuelson	CUCS	15:34
25. Ashley Grams	UNNAT	15:40
25. Danille Brown	CUCS	15:40
27. Shannon Kellogg	UNC	15:49
28. Chantelle Erikson	UNC	15:55
29. Chelsey Cerrillo	CUCS	16:00
30. Lauren Tonoli	UW	16:03
31. Erica Passmore	CUCS	16:07
32. Jennifer Mansell	UW	16:08
33. Rachel Stacy	UW	16:09

2003 Wyoming Open Cross Country Meet
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September 6, 2003

Women's Individual Results (2.5 Mile)

Place/Name	School	Time
34. Katie Callahan	UNC	16:11
35. Mandy Bedosky	UNC	16:15
36. Audrey Barnett	CUCS	16:12
37. Tara Hettler	UNC	16:28
38. Maggie Diller	UW	16:47
39. Beth Schlageck	UNC	16:51
40. Chelsea Lyons	UNC	16:52
41. Kelly Koopman	CUCS	16:55
42. Sheena Henderson	CUCS	17:04
43. Kelsey Leonard	UNC	17:14
44. Heather Bisch	UNNAT	17:15
45. Shannon Obermire	UW	17:16
46. Megan Stenbeck	UNC	17:17
47. Christine Hertenekey	UNC	17:26
48. Rebecca Millet	UNC	17:34
49. Amber Barlow	UW	17:38
50. Christi-Marie Butler	CUCS	17:45
51. Amy Engebretson	UNC	18:04
52. Carolyn Brug	UNC	18:42
53. Brandy Smith	CUCS	19:02

Final Team Scores

1. Colorado State	30 Points
2. Colorado at Colorado Springs	39 Points
3. Wyoming	60 Points
4. University of Northern Colorado	131 Points