

# 1st Annual Front Range Invitational

presented by Qdoba Mexican Grill

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## SCHEDULE OF EVENTS

### FIELD EVENTS

10:00 AM	Javelin (Women)	Javelin (Men) to follow Javelin (Women)
10:00 AM	Hammer (Women)	Hammer (Men) to follow Hammer (Women)
	Discus (Women) to follow Hammer (Men)	
	Discus (Men) to follow Discus (Women)	
10:00 AM	Shot Put (Men)	Shot Put (Women) to follow Shot Put (Men)
10:30 AM	Long Jump (Women)	
10:30 AM	Long Jump (Men)	
11:30 AM	Pole Vault (Women)	Pole Vault (Men) to follow Pole Vault (Women)
12:30 PM	High Jump (Women)	High Jump (Men) to follow High Jump (Women)
1:00 PM	Triple Jump (Women)	
1:00 PM	Triple Jump (Men)	

### TRACK EVENTS

12:00 PM	3000 Meter Steeplechase (Men)
12:20 PM	400 Meter Relay (Women)
12:30 PM	400 Meter Relay (Men)
12:35 PM	1500 Meters (Women)
12:45 PM	1500 Meters (Men)
1:00 PM	100 Meter Hurdles (Women)
1:15 PM	110 Meter Hurdles (Men)
1:25 PM	400 Meters (Women)
1:35 PM	400 Meters (Men)
1:45 PM	100 Meters (Women)
1:50 PM	100 Meters (Men)
2:00 PM	800 Meters (Women)
2:10 PM	800 Meters (Men)
2:25 PM	400 Meter Hurdles (Women)
2:35 PM	400 Meter Hurdles (Men)
2:50 PM	200 Meters (Women)
3:00 PM	200 Meters (Men)
3:10 PM	3000 Meters (Women)
3:25 PM	3000 Meters (Men)
3:40 PM	1600 Meter Relay (Women)
3:50 PM	1600 Meter Relay (Men)
4:15 PM	Awards Ceremony



MEXICAN GRILL  
WYOMING TRACK AND FIELD

