



# Wyoming Records



## MEN'S INDOOR

Event	Name	Result	Date
<b>55-Meter Dash</b>	Marcus Brunson	6.10	1/97
	Max Haynes	6.14	2/88
	Eric Coleman	6.32	2/89
	Carlington Duncan	6.37	2/01
	Mervin Swaby	6.38	1/00
<b>60-Meter Dash</b>	Carlington Duncan	6.71	2/01
	Marcus Brunson	6.72	2/97
	Mervin Swaby	6.79	2/00
	Dwight Neptune	6.85	2/04
	Vashone West	6.88	2/07
<b>55-Meter High Hurdles</b>	Jason Medearis	7.27	2/97
	Tom Garrison	7.33	2/89
	Joel Giorgis	7.38	1/93
<b>60-Meter Hurdles</b>	Seth Billy	8.30	2/02
	Jason Medearis	8.30	2/97
	Quincy Howe	8.33	2/01
	Eric Suter	8.36	2/04
	Olav Roe	8.42	2/06
<b>200-Meter Dash</b>	Carlington Duncan	21.17	2/01
	Vashone West	21.40	2/08
	Marcus Brunson	21.46	1/97
	Richard Peace	21.60	2/96
	Max Haynes	21.86	2/88
<b>400-Meter Dash</b>	Seth Billy	47.68	2/02
	Chris Welsh	48.05	2/95
	Cody Millemon	48.17	2/00
	Keith Ladson	48.64	2/94
	Greg Farnham	48.75	2/94
<b>800-Meter Run</b>	Jeremiah Johnson	1:48.30	3/04
	Jim McCreery	1:50.06	2/94
	Espen Borge	1:50.70	4/84
	Nick Cramer	1:51.78	2/07
	Jeremy Thompson	1:51.95	2/05
<b>1-Mile Run</b>	Mike Cheron	4:02.14	3/78
	Nick Thiel	4:02.71	1/96
	Wayne Jensen	4:03.74	2/71
	Ben Overland	4:10.65	1/88
	Bill Baandag	4:10.94	3/72
<b>3000-Meter Run</b>	Mark Korir	8:07.43	2/07
	Ryan Bolton	8:08.75	2/95
	Espen Borge	8:12.38	2/84
	Joe Nzau	8:16.41	2/81
	Joe Hall	8:18.40	2/00
<b>5000-Meter Run</b>	Mark Korir	13:57.60	3/07
	Scott McDonald	14:22.23	2/95
	Brian Knight	14:29.06	2/07
	Joe Hall	14:29.41	2/00
	Greg Schabron	14:36.80	2/01
<b>4x400-Meter Relay</b>	Duncan, Millemon	3:13.74	2/00
	Billy, Charlemange		
	Billy, Millemon	3:14.26	1/00
	Duncan, Davis		
	Kelly, Arnwine	3:14.70	2/06
	Harris, Johnson		
	Billy, Millemon	3:16.45	2/01
	Duncan, Davis		
	Ladson, Schaff	3:16.88	3/95
	Giron, Farnham		
<b>Distance Relay</b>	Jurs, Slabach	9:47.50	2/84
	Murray, Borge		
	Tanui, Brauneis	9:56.55	2/07
	Cramer, Korir		
	Johnson, Harris	9:57.77	2/06
	Cramer, Tanui		
	Cheron, Holten	9:58.91	2/81
	Paolillo, Nzau		
	Tanui, Cramer	10:02.45	1/07
	Too, Korir		
<b>Shot Put</b>	Jason Gervais	64 - 7	2/00
	Jason Hammond	61 - 10 1/4	2/00
	Kevin Mannon	61 - 3/4	12/97
	Matt Spears	60 - 10	3/97
	Kyle Herl	59 - 11 3/4	2/04

Event	Name	Result	Date
<b>35-Pound Weight Throw</b>	Jason Gervais	74 - 1 3/4	2/00
	Kevin Mannon	72 - 2 1/4	3/99
	Jake Shanklin	71 - 10 1/4	2/08
	Derek Woodske	71 - 3 1/4	2/99
	Ryan Butler	71 - 1 1/2	3/96
<b>Long Jump</b>	Charles Thomas	25 - 8 1/2	3/65
	Tim Cawley	25 - 4 1/4	2/98
	Mervin Swaby	25 - 3 3/4	2/01
	Bud Hamilton	25 - 1 1/4	2/95
	Eric Coleman	24 - 7	1/87
<b>Triple Jump</b>	Quincy Howe	54 - 9 1/4	2/01
	Blake Jackson	52 - 2 3/4	2/05
	Tim Cawley	52 - 2	1/98
	Mikael Norman	51 - 2	2/75
	Mervin Swaby	50 - 10 1/4	2/01
<b>Pole Vault</b>	Gregg Sawyer	17 - 3/4	2/99
	Eric Richey	16 - 9 1/2	2/91
	Jay Novacek	16 - 3	2/84
	Darren Niedermeyer	15 - 9	2/02
	Ed Steele	15 - 8	2/75
	B. Stevenson	15 - 8	3/84
	Beecher Strube	15 - 8	3/90
<b>High Jump</b>	Bud Hamilton	7 - 3	1/93
	Mike White	7 - 3	2/80
	Chris Larson	7 - 1 3/4	1/96
	Bryan Coventry	6 - 11	2/87
	Justin Smith	6 - 11	1/96
	Tim Cawley	6 - 11	1/96
<b>Pentathlon</b>	Gregg Sawyer	3,948	2/99
	Shane Rasby	3,391	2/00
	Justin Smith	3,278	1/95
	Bret Zowada	3,169	1/02
<b>Heptathlon</b>	Olav Roe	5,274	1/06
	Brett Zowada	5,033	2/05
	Phillip Thomas	4,909	2/07
	Jay Petsch	4,566	2/08
	Eric Suter	4,494	2/04

## WOMEN'S INDOOR

<b>55 - Meter Dash</b>	Kima Wells	6.87	2/04
	Patricia Miller	6.89	2/82
	Lori Grillo	6.95	2/88
	Renee Guy-Garth	7.04	2/97
	Fiona Lindo-Jeffrey	7.09	2/01
<b>60-Meter Dash</b>	Kima Wells	7.30	2/04
	Jessica Fox	7.45	2/04
	Shauna Smith	7.54	2/05
	Adelaide Harper	7.58	2/01
	Fiona Lindo-Jeffrey	7.67	1/00
<b>55-Meter Hurdles</b>	Trecia Roberts	7.79	2/92
	Shauna Smith	7.84	2/04
	Shaylee Babbitt	7.84	2/08
	Jennifer Schmitz	8.02	2/08
	Kelly Ann Charles	8.04	2/01
<b>60-Meter Hurdles</b>	Shauna Smith	8.33	1/04
	Shaylee Babbitt	8.37	2/08
	Adriana Friezen	8.42	3/07
	Kelly Ann Charles	8.53	1/04
	Anis Hopkins	8.71	2/07
<b>200-Meter Dash</b>	Jessica Fox	23.71	2/03
	Adelaide Harper	24.31	2/01
	Sharon Larrier	24.48	2/08
	Fiona Lindo-Jeffrey	24.57	2/00
	Kima Wells	24.62	3/03
<b>400-Meter Dash</b>	Shauna Smith	51.79	3/04
	Jessica Fox	52.88	1/04
	Sharon Larrier	54.65	2/08
	Kima Wells	54.75	2/04
	Amanda Hopper	54.82	2/05
<b>800-Meter Run</b>	Deby Anderson	2:11.30	3/94
	Tanice Barnett	2:12.25	2/04
	Laura Ferguson	2:12.96	2/79
	Dawn Wilger	2:13.38	2/84
	Brenna Dooley	2:13.44	2/07

<b>1-Mile Run</b>	Molly Moulton	4:47.32	2/98
	Emily Higgins	4:53.43	2/08
	Brooklan Grimes	4:58.04	2/05
	A. Hollington	4:58.35	2/84
	Deena Simpson	5:02.14	1/86
<b>3,000-Meter Run</b>	Emily Higgins	9:44.54	2/08
	Amy Wroe	9:48.99	2/95
	Gretchen Johnson	9:53.15	2/07
	Michelle Kvernmo	9:57.47	2/06
	Gladys Jerotich	9:58.57	2/05
<b>5,000-Meter Run</b>	Gretchen Johnson	16:58.30	2/08
	Jennifer Thompson	17:18.81	2/04
	Michelle Kvernmo	17:35.86	2/06
	Emerald Reid	17:40.66	2/04
	Natalie Kean	17:48.16	2/04
<b>4x400-Meter Relay</b>	S. Smith, Wells, Hopper, Fox	3:31.87	3/04
	Smith, Fox	3:33.66	3/05
	Hopper, Larrier		
	Carstens, S. Smith, Wells, Fox	3:47.11	2/03
	Lindo-Jeffrey, Demers, Fox, S. Smith	3:47.69	2/02
	DaCosta, Hopkins	3:48.45	1/07
	Larrier, Hopper		
<b>Distance Relay</b>	Ferguson, Barinaga	11:58.54	2/80
	Bradley, Sanford		
	Wyoming	12:03.41	2/81
	Diller, Grimes	12:08.30	2/05
	Barnett, Hopper		
	Wyoming	12:10.76	2/80
	Peterson, Gordon	12:27.81	2/07
	Dooley, Higgins		
<b>Shot Put</b>	Jessica Cross	57 - 1/2	3/98
	Andrea Batt	53 - 4 1/4	1/04
	Marie Le Jour	50 - 3/4	2/00
	Grace Apiafi	49 - 11 1/4	2/84
	Robin Lyons	49 - 9	2/00
<b>Long Jump</b>	Patricia Miller	20 - 5	2/80
	Renee Guy-Garth	19 - 5 1/4	1/97
	Adrienne Prosser	19 - 3 1/4	2/96
	B.J. Eldridge	19 - 3	2/82
	Davina Strauss	19 - 2 1/2	2/01
<b>Triple Jump</b>	Tomeca Brown	39 - 10 1/2	1/00
	Enioma Haynes	38 - 11 1/2	1/02
	Adrienne Prosser	38 - 9 1/2	5/96
	Courtney Schlegel	38 - 9 1/4	2/04
	Melanie Brunko	38 - 8 3/4	12/98
<b>High Jump</b>	Julie Burgess	5 - 10 1/2	2/88
	Joanna Wilson	5 - 8	2/97
	Lisa Throener	5 - 7 1/4	2/00
	Chan Johnson	5 - 7	1/01
	Johnna Jeffries	5 - 7	2/08
<b>Pole Vault</b>	Jamie Davies	12 - 4 1/4	3/98
	Lauri Smith	11 - 8 1/2	2/06
	Kat Doherty	11 - 6 1/2	2/05
	Stephanie Anderson	11 - 5 3/4	1/05
	Kaela Thayer	10 - 11 3/4	2/03
<b>Pentathlon</b>	Patty Harrington	3,340	3/86
	Leah Burke	3,226	2/05
	Kim Demers	3,113	1/02
	Ingvild Carstens	3,112	2/05
	Jamie Davies	3,068	2/97
<b>20-Pound Weight Throw</b>	Robin Lyons	70 - 11 1/4	2/00
	Andrea Batt	64 - 10 1/2	1/04
	Shannon Popp	64 - 4	3/07
	Julie Thomas	64 - 2 1/4	1/02
	Kate Burton	63 - 11 1/2	2/08

## MEN'S OUTDOOR

<b>100-Meter Dash</b>	Glen Galbaugh	10.15	4/74
	Jim Thoering	10.25	3/72
	Mickey Dunn	10.35	3/49
	Jerry Saffell	10.35	5/66
	Mike Frazier	10.35	4/69



# Wyoming Records



Event	Name	Result	Date	Event	Name	Result	Date	Event	Name	Result	Date																							
<b>200-Meter Dash</b>	Mickey Dunn	20.76	5/51	<b>Hammer Throw</b>	Kevin Mannon	226 - 6	5/99	<b>800-Meter Run</b>	Deby Anderson	2:07.15	5/94																							
	Jim Thoeming	20.94	5/70		Jason Hammond	221 - 1	3/01		Tanice Barnett	2:10.39	5/04																							
	Glenn Galbaugh	21.04	4/74		Kyle Herl	219 - 10	4/05		Brenna Dooley	2:10.58	5/07																							
	Harold Farmer	21.04	3/59		Ryan Butler	217 - 4	4/96		Kerry Cerda	2:11.55	5/82																							
	Carlington Duncan	21.44	5/00		Zach Schaefer	213 - 10	5/04		Juanita Neff	2:11.75	5/80																							
<b>400-Meter Dash</b>	Darius Taruru	46.44	4/77	<b>Javelin (new)</b>	Guy Tucker	223 - 0	5/95	<b>1,500-Meter Run</b>	Andrea Everett	4:20.20	5/83																							
	Max Charlemagne	46.99	5/00		Mike Abbey	221 - 11	3/93		Tanice Barnett	4:24.43	5/05																							
	Robert Harris	47.13	5/04		Josh McMullen	212 - 6	3/00		Hegel Jorgensen	4:24.67	4/87																							
	Arbia Jones	47.24	5/70		Brian Sinner	196 - 5	3/06		Molly Moulton	4:26.90	3/98																							
	Jermaine Kelly	47.72	5/05		Olav Roe	195 - 4	5/07		Maggie Diller	4:34.84	5/04																							
<b>110-Meter High Hurdles</b>	Tom Garrison	13.81	5/90	<b>Javelin (old)</b>	Mike Prudenti	246 - 10	5/69	<b>3,000-Meter Run</b>	Andrea Everett	9:23.90	5/83																							
	Jason Medearis	13.81	5/99		Jerry Holmstrom	245 - 4	4/76		Gretchen Johnson	9:47.31	3/07																							
	Joel Giorgis	13.85	5/95		Leif Lundmark	241 - 9	5/76		Laura Anderson	9:49.54	4/82																							
	Jerry Saffell	14.30	5/66		Terry Halmi	240 - 11	5/69		B. Graham-Gray	9:50.68	4/84																							
	Alan Herbison	14.40	4/75		L.H. Brown	220 - 5	5/84		A. Hollington	9:52.42	4/84																							
<b>400-Meter Hurdles</b>	Seth Billy	50.07	5/02	<b>Long Jump</b>	Mervin Swaby	25 - 4 3/4	5/02	<b>3,000-Meter Steeplechase</b>	Stephanie Hanks	11:20.67	5/01																							
	Jason Medearis	50.82	5/99		Charles Thomas	25 - 1 1/2	4/65		Christine Michel	11:43.05	5/04																							
	G. Williams	50.83	6/78		Bud Hamilton	24 - 11 1/4	5/93		Emerald Reid	11:52.09	4/06																							
	Keith Ladson	50.93	5/96		Justin Smith	24 - 7 3/4	4/96		<b>5,000-Meter Run</b>	L. Barinaga	16:35.94	5/80																						
	Carlington Duncan	51.64	5/99		Quincy Howe	24 - 5 1/2	4/02			Gretchen Johnson	16:41.21	4/07																						
<b>800-Meter Run</b>	Wesley Maiyo	1:46.44	4/75	<b>Triple Jump</b>	Tim Cawley	51 - 7	4/98	A. Hollington		16:53.90	5/83																							
	Jeremiah Johnson	1:48.54	4/06		Mervin Swaby	51 - 1 1/2	4/02	Jennifer Thompson		16:59.77	4/04																							
	Wayne Jensen	1:48.84	5/69		Blake Jackson	51 - 0	4/07	B. Graham-Gray		17:15.26	4/84																							
	Morten Jurs	1:49.32	5/85		Bud Hamilton	50 - 5 1/2	4/94	<b>10,000-Meter Run</b>	B. Graham-Gray	34:34.00	3/82																							
	Roald Horten	1:49.52	5/80		<b>High Jump</b>	Mike White	7 - 2		5/80	Dodie Kocsis	36:15.34	5/91																						
<b>1,500-Meter Run</b>	Wayne Jensen	3:42.94	5/69	<b>Pole Vault</b>		Bud Hamilton	7 - 1 3/4		4/94	Leanne Larson	36:56.84	4/87																						
	Wesley Maiyo	3:45.44	4/74			Eric Richey	16 - 6		4/90	Michelle Kvernmo	37:05.51	5/06																						
	Espen Borge	3:45.46	5/84			Jay Novacek	16 - 4		4/84	Gretchen Johnson	37:39.75	5/07																						
	Nick Thiel	3:45.92	4/96			Darren Niedermeyer	16 - 3/4	5/02	<b>4x100-Meter Relay</b>	Smith, Wells, Hopper, Fox	44.63	5/04																						
	Matt Hudson	3:47.67	5/04		Steve McMorris	16 - 0	4/91	Smith, Harper, Charles, Fox		45.54	5/03																							
<b>3,000-Meter Steeplechase</b>	Joe Nzau	8:43.14	5/79	<b>Decathlon (new)</b>	Gregg Sawyer	7,250	5/99	Smith, Fox		45.63	4/05																							
	Geir Kvernmo	8:46.14	5/80		Olav Roe	7,222	5/07	Hopper, Babbitt Larrier, Rudolph		45.91	4/07																							
	Philemon Tanui	8:50.80	4/07		Phillip Thomas	6,632	5/07	Hopper, Friezen																										
	Ben Paolillo	8:51.14	5/81		Justin Smith	6,330	5/98	Brown, Harper	46.10	4/00																								
	Solomon Chebor	8:56.50	4/78		Brett Zowada	6,249	5/04	Lindo-Jeffrey, Wells																										
<b>5,000-Meter Run</b>	Geir Kvernmo	13:41.24	5/80	<b>Decathlon (old)</b>	Jay Novacek	7,762	5/84	<b>4x400-Meter Relay</b>	Smith, Larrier	3:30.68	6/05																							
	Joe Nzau	13:54.54	6/78		Phil Mulkey	7,116	4/56		Hopper, Fox																									
	Mark Korir	13:58.86	5/06		Bryan Steadman	6,492	5/72		Fox, Wells,	3:31.83	6/04																							
	Simon Killili	14:01.44	4/78		<b>WOMEN'S OUTDOOR</b>	<b>Event</b>	<b>Name</b>		<b>Result</b>	<b>Date</b>	Hopper, S. Smith	3:40.18	4/07																					
	Solomon Chebor	14:06.14	4/78								<b>100-Meter Dash</b>	<b>100-Meter Dash</b>	<b>100-Meter Dash</b>	<b>100-Meter Dash</b>	DaCosta, Larrier	3:44.48	5/03																	
<b>10,000-Meter Run</b>	Joe Nzau	28:20.74	6/79	<b>200-Meter Dash</b>				<b>200-Meter Dash</b>							<b>200-Meter Dash</b>	<b>200-Meter Dash</b>	S. Smith, Demers, Knecht, Fox	3:46.31	4/80															
	Simon Killili	28:57.04	4/78														<b>400-Meter Dash</b>	<b>400-Meter Dash</b>	<b>400-Meter Dash</b>	<b>400-Meter Dash</b>	Ferguson, Neff, Bradley, Johnson													
	John Wodny	29:08.74	4/88																		<b>4x100-Meter Relay</b>	<b>4x100-Meter Relay</b>	<b>4x100-Meter Relay</b>	<b>4x100-Meter Relay</b>	<b>High Jump</b>	<b>High Jump</b>	<b>High Jump</b>							
	Mark Korir	29:09.25	3/06		<b>4x400-Meter Relay</b>	<b>4x400-Meter Relay</b>	<b>4x400-Meter Relay</b>		<b>4x400-Meter Relay</b>	<b>4x400-Meter Relay</b>																		<b>4x400-Meter Relay</b>	<b>4x400-Meter Relay</b>					
	Joe Hall	29:10.77	3/01								<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		
<b>4x100-Meter Relay</b>	<b>4x100-Meter Relay</b>	<b>4x100-Meter Relay</b>	<b>4x100-Meter Relay</b>	<b>Shot Put</b>				<b>Shot Put</b>							<b>Shot Put</b>	<b>Shot Put</b>																	<b>Shot Put</b>	<b>Shot Put</b>
																	Duncan, Davis	40.54	5/00	<b>Discus</b>														
																	Charlemagne, Swaby				<b>Javelin (new)</b>	<b>Javelin (new)</b>	<b>Javelin (new)</b>	<b>Javelin (new)</b>	<b>Javelin (new)</b>	<b>Javelin (new)</b>	<b>Javelin (new)</b>							
					Chapman, Jones,	40.61	5/70		<b>Javelin (old)</b>	<b>Javelin (old)</b>							<b>Javelin (old)</b>	<b>Javelin (old)</b>	<b>Javelin (old)</b>									<b>Javelin (old)</b>	<b>Javelin (old)</b>					
					Nordstrom, Thoeming						<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		
Brauneis, Kelly	40.69	4/07	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							<b>Shot Put</b>																			
West, Neptune																<b>Shot Put</b>				<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>
Binning, Fisher	40.75	4/69																			<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							
Santos, Frazier									<b>Shot Put</b>	<b>Shot Put</b>							<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>									<b>Shot Put</b>	<b>Shot Put</b>					
Zowada, Neptune	40.82	5/04									<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		
Kelly, Harris			<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							<b>Shot Put</b>																			
<b>4x400-Meter Relay</b>	<b>4x400-Meter Relay</b>	<b>4x400-Meter Relay</b>														<b>4x400-Meter Relay</b>				<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>
																					Millemon, Billy	3:09.48	5/00	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							
									Charlemagne, Duncan									<b>Shot Put</b>	<b>Shot Put</b>		<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>					<b>Shot Put</b>	<b>Shot Put</b>					
									Johnson, Harris	3:11.32	5/04	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>			<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		
			Baysinger, Kelly			<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>				<b>Shot Put</b>																			
Sawyer, Millemon	3:12.04	5/99	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>											<b>Shot Put</b>				<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>
Duncan, Medearis																								<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							
Johnson, Fenton	3:12.61	5/06																<b>Shot Put</b>	<b>Shot Put</b>		<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>					<b>Shot Put</b>	<b>Shot Put</b>					
Arnwine, Kelly												<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>			<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		
Harris, Kelly	3:12.82	4/05				<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>				<b>Shot Put</b>																			
Baysinger, Arnwine			<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>											<b>Shot Put</b>				<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>
<b>Discus</b>	<b>Discus</b>	<b>Discus</b>																						<b>Discus</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							
																		Jason Gervais	210 - 10		5/00	<b>Shot Put</b>	<b>Shot Put</b>					<b>Shot Put</b>	<b>Shot Put</b>					
												Jared Finley	192 - 3	6/78			<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		<b>Shot Put</b>									<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		
						Jeff Honey	188 - 11	5/97	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																			
			Kevin Mannon	187 - 9	4/98	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>								<b>Shot Put</b>				<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>
Ryan Butler	183 - 6	5/96	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																			<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							
<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																				<b>Shot Put</b>	<b>Shot Put</b>					<b>Shot Put</b>	<b>Shot Put</b>					
																	Jason Gervais	63 - 11 1/2	5/00		<b>Shot Put</b>									<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		
									Jason Hammond	63 - 4 3/4	4/00	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>		<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>															
						Matt Spears	61 - 5 1/2	5/97	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>					<b>Shot Put</b>				<b>Shot Put</b>													<b>Shot Put</b>	<b>Shot Put</b>
			Kevin Mannon	60 - 8 3/4	4/99	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>							
Kyle Herl	57 - 7 3/4	4/05	<b>Shot Put</b>	<b>Shot Put</b>	<b>Shot Put</b>																	<b>Shot Put</b>	<b>Shot Put</b>					<b>Shot Put</b>	<b>Shot Put</b>					



# Wyoming Records



Event	Name	Result	Date
<b>Long Jump</b>	Patricia Miller	20 - 4	5/80
	Nicole Stancato	19 - 10	5/89
	Renee Guy-Garth	19 - 8	5/96
	B.J. Eldridge	19 - 7 3/4	3/81
	Shelly Thacker	19 - 6 1/2	3/91
<b>Triple Jump</b>	Tomeca Brown	41 - 2 1/4	5/99
	Nicole Stancato	40 - 2 3/4	5/89
	Courtney Schlegel	40 - 2.00	4/05
	Enioma Haynes	39 - 11	5/02
	Tori Connett	39 - 2 1/2	5/93
<b>Heptathlon</b>	Kathy Romsa	5,258	5/84
	Patty Harrington	4,708	5/87
	Joanna Wilson	4,704	5/98
	Ingviild Carstens	4,478	5/04
	Sharon Newcomer	4,117	4/84
<b>Hammer Throw</b>	Robin Lyons	206 - 9	5/00
	Kate Burton	197 - 11	4/06
	Shannon Popp	196 - 10	5/07
	Dana Dillon	192 - 5	4/00
	Julie Thomas	190 - 9	4/00

## DISCONTINUED EVENTS/RECORDS MEN'S INDOOR

Event	Name	Result	Date
<b>50-Yard Dash</b>	Max Haynes	5.40	2/88
<b>60-Yard Dash</b>	Max Haynes	6.15	1/88
<b>50-Yard Low Hurdles</b>	Ben Bonham	6.04	2/74
<b>60-Yard Low Hurdles</b>	Tom Garrison	6.50	2/87
<b>50-Yard High Hurdles</b>	Tom Garrison	6.21	12/88
<b>60-Yard High Hurdles</b>	Tom Garrison	7.45	2/87
<b>300-Yard Dash</b>	Jim Thoeming	32.34	3/72
<b>300-Meter Dash</b>	Dave Wilsea	36.88	2/98
<b>440-Yard Dash</b>	Darius Taruru	48.04	2/77
<b>500-Meter Run</b>	Roald Holton	1:05.14	2/81
<b>600-Yard Run</b>	Darius Taruru	1:10.24	2/77
<b>880-Yard Run</b>	Mike Cheron	1:48.84	2/78
<b>1000-Yard Run</b>	Wes Maiyo	2:07.54	2/75
<b>1000-Meter Run</b>	Mike Penny	2:28.14	2/81
<b>1500-Meter Run</b>	Espen Borge	3:52.56	2/83
<b>2 Mile Run</b>	Joe Nzau	8:43.20	3/78
<b>3 Mile Run</b>	Simon Kilili	13:31.95	2/79
<b>2 Mile Relay</b>	Jurs, Moe Holton, Turner	7:35.50	2/83
<b>35lb. Weight Throw (Outdoor Implement)</b>			
	Derek Woodske	74' 8.25"	2/99
	Kevin Mannon	74' 8.25"	2/99

## MEN'S OUTDOOR

<b>2 Mile Run</b>	Joe Nzau	9:09.74	3/82
<b>3000 Meter Run</b>	Mark Korir	8:16.44	3/06
<b>3 Mile Run</b>	Joe Nzau	13:56.34	3/81
	Dave Magness	14:00.14	3/81
	Geir Kvernmo	14:42.14	4/77
	Glen Leckman	14:85.64	3/72
	Wesley Maiyo	15:07.14	4/74
<b>4x800 Meter Relay</b>	Turner, Borge Slayback, Jurs	7:23.44	5/83
<b>4x1600 Meter Relay</b>	Schrag, Harvey Zambrano, Greenslit	17:02.34	4/90
<b>Distance Medley Relay</b>	Wyoming	10:09.44	4/85

## WOMEN'S INDOOR

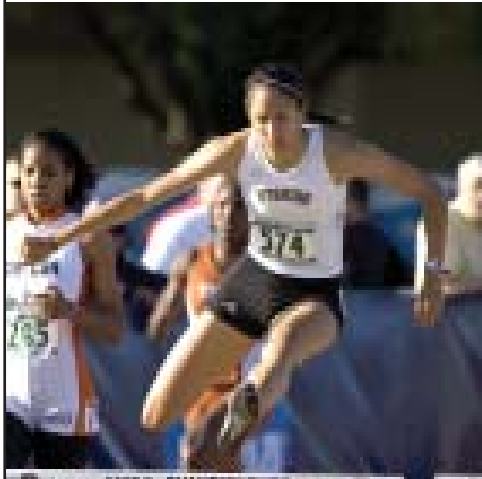
Event	Name	Result	Date
<b>50 Yard Dash</b>	Patricia Miller	5.97	2/80
<b>50 Meter Dash</b>	Sue Stone	6.73	2/79
<b>50 Yard Hurdles</b>	Brenda Frost	6.88	12/88
<b>55 Yard Hurdles</b>	Leslie Scott	8.32	2/82
<b>50 Meter Hurdles</b>	Jean Brady	7.94	1/80
<b>220 Yard Dash</b>	Pam Klein	29.24	2/79
<b>300 Yard Dash</b>	Lori Grillo	35.84	2/87
<b>300 Meter Dash</b>	Judy Johnson	41.34	1/80
<b>500 Meter Run</b>	J. Fairbourne	1:12.14	1/87
<b>600 Yard Run</b>	Laura Ferguson	1:21.96	2/80
<b>660 Yard Run</b>	Juanita Neff	1:26.72	2/81
<b>600 Meter Run</b>	Laura Ferguson	1:33.84	1/80
<b>880 Yard Run</b>	Kerry Cerda	2:15.94	2/82
<b>1000 Yard Run</b>	Julie Larkins	2:24.39	2/80
<b>1000 Meter Run</b>	Hege Jorgenson	2:52.82	2/87
<b>1500 Meter Run</b>	Andrea Everett	4:33.35	2/83
<b>2000 Meter Run</b>	Karen Sanford	6:40.84	1/80

Event	Name	Result	Date
<b>2 Mile Run</b>	B. Graham-Gray	10:40.64	3/84
<b>3 Mile Run</b>	Leanne Larson	17:13.21	2/87
<b>4x200 Meter Relay</b>	Wyoming	1:41.94	2/80
<b>1 Mile Relay</b>	Wyoming	3:49.61	1/05
<b>4x400 Yard Relay</b>	Fairbourne, Grillo Jorgenson, Campbell	4:01.57	2/87
<b>4x800 Meter Relay</b>	Sanford, Neff Paine, Anderson	8:58.54	3/81
<b>2 Mile Relay</b>	Wyoming	9:31.62	2/92

## WOMEN'S OUTDOOR

Event	Name	Result	Date
<b>220 Yard Dash</b>	Tanya Johnson	26.48	4/76
<b>4x200 Meter Relay</b>	Eldridge, Bradley Johnson, Ferguson	1:46.71	4/80
<b>4x800 Yard Relay</b>	Ferguson, Neff Paine, Sanford	8:58.34	4/80
<b>Sprint Medley Relay</b>	Wyoming	4:05.84	4/84
<b>Distance Medley Relay</b>	Grey, Simpson Wilger, Reid	12:29.49	4/84
<b>Mile Relay</b>	Grillo, Fairbourn Newcomer, Campbell	3:58.14	4/86

## NCAA National Champions



**SHAUNA SMITH**  
'05 400m Hurdles



**RYAN BUTLER**  
'96 35lb Weight Throw



**WESLEY MAIYO**  
'74 1000 Yard