

# 2009-10 Cowgirl Track and Field Top Performances

## Indoor

As of March 1, 2010

### 60 meter

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Location</b>	<b>Meet Date</b>
Bernabo, Chantel	SO	7.82(55)	Robert Shine Invite	Laramie, Wyo.	2/19/10
Urbanoski, Erin	FR	7.88(55)	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Anderson, Erica	SR	7.92(55)	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Heaston, Olivia	FR	8.03(55)	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Hall, Katy	FR	8.04(55)	Robert Shine Invite	Laramie, Wyo.	2/19/10
Copeland, Lindsay	FR	8.11(55)	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Edwards, Larissa	SO	8.26	Air Force Duals	Colorado Springs, Colo.	1/30/10
Lockwood, Haley	FR	8.48	Air Force Duals	Colorado Springs, Colo.	1/30/10

### 60 meter hurdles

Schmitz, Jennifer	SR	8.66(55)	Robert Shine Invite	Laramie, Wyo.	2/19/10
Hall, Katy	FR	8.80	Air Force Duals	Colorado Springs, Colo.	1/30/10
Edwards, Larissa	SO	8.89(55)	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Gardner, Taylor	FR	9.11	Air Force Duals	Colorado Springs, Colo.	1/30/10
Romsa, Hannah	FR	9.22(55)	Robert Shine Invite	Laramie, Wyo.	2/19/10
Jackson, Britney	JR	9.54(55)	Robert Shine Invite	Laramie, Wyo.	2/19/10
Lockwood, Haley	FR	10.00	Air Force Duals	Colorado Springs, Colo.	1/30/10

### 200 meter

Walker, Afiya	JR	24.82	Air Force Duals	Colorado Springs, Colo.	1/30/10
Bernabo, Chantel	SO	25.63	MWC Championships	Albuquerque, N.M.	2/26/10
Heaston, Olivia	FR	25.82 #	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Frary, Andrea	SR	26.35	Air Force Duals	Colorado Springs, Colo.	1/30/10
Anderson, Erica	SR	26.53	Air Force Duals	Colorado Springs, Colo.	1/30/10
Copeland, Lindsay	FR	26.74	Air Force Duals	Colorado Springs, Colo.	1/30/10
McCormick, Gretchen	FR	28.25 #	Wyoming Power Meet	Laramie, Wyo.	12/05/09

### 400 meter

Walker, Afiya	JR	53.40 (P)	MWC Championships	Albuquerque, N.M.	2/26/10
Gardner, Taylor	FR	56.91	MWC Championships	Albuquerque, N.M.	2/26/10
Anderson, Erica	SR	58.78	MWC Championships	Albuquerque, N.M.	2/26/10
Heaston, Olivia	FR	59.16	MWC Championships	Albuquerque, N.M.	2/26/10
Long, Diana	FR	59.67	MWC Championships	Albuquerque, N.M.	2/26/10
McCormick, Gretchen	FR	1:03.11	Air Force Invite	Colorado Springs, Colo.	2/12/10
Eardley, Tenika	SO	1:10.41 #	Wyoming Power Meet	Laramie, Wyo.	12/05/09

### 800 meter

Maher, McKynzie	SO	2:25.73 @	Air Force Duals	Colorado Springs, Colo.	1/30/10
Jackson, Britney	JR	2:30.31 # @	Potts Indoor Invitational	Boulder, Colo.	1/22/10
Romsa, Hannah	FR	2:47.69 # @	Potts Indoor Invitational	Boulder, Colo.	1/22/10

### 1 Mile

Davis, Alysha	JR	5:13.95 @	Air Force Duals	Colorado Springs, Colo.	1/30/10
Byra, Emily	JR	5:20.92 @	Air Force Duals	Colorado Springs, Colo.	1/30/10
Martinez, Maya	SO	5:23.49 @	Air Force Duals	Colorado Springs, Colo.	1/30/10



## 3,000 meter

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Location</b>	<b>Meet Date</b>
Davis, Alysha	JR	10:03.03		Husker Invite	Lincoln, Neb.	2/5/10
Hughes, Brooke	FR	10:19.78 @		Air Force Invite	Colorado Springs, Colo.	2/13/10
Gipson, Francis	JR	10:50.36 @		Air Force Duals	Colorado Springs, Colo.	1/30/10
Martinez, Maya	SO	10:55.14		Husker Invite	Lincoln, Neb.	2/5/10
McAfee, Felicia	FR	11:36.11 @		Air Force Invite	Colorado Springs, Colo.	2/12/10

## 5,000 meter

Davis, Alysha	JR	17:36.52		Husky Classic	Seattle, Wash.	2/12/10
Byra, Emily	JR	17:58.73		Husker Invite	Lincoln, Neb.	2/5/10
Gipson, Francis	JR	18:14.16		Husker Invite	Lincoln, Neb.	2/5/10

## 4 x 400 meter relay

Wyoming		3:49.34		Husker Invite	Lincoln, Neb.	2/5/10
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## 4,000 meter distance medley

Wyoming		12:35.80		MWC Championships	Albuquerque, N.M.	2/26/10
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## High Jump

Jackson, Britney	JR	5' 7"	1.70m	Air Force Invite	Colorado Springs, Colo.	2/13/10
Jeffries, Johnna	SR	5' 7"	1.70m	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Romsa, Hannah	FR	4' 11.5"	1.51m	Potts Indoor Invitational	Boulder, Colo.	1/22/10
Irvine, Matti	FR	4' 7"	1.40m	Robert Shine Invite	Laramie, Wyo.	2/19/10

## Pole Vault

## Long Jump

Urbanoski, Erin	FR	18' 7.75"	5.68m	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Romsa, Hannah	FR	17' 6.75"	5.35m	Wyoming Power Meet	Laramie, Wyo.	12/05/09
Jackson, Britney	JR	17' 6.25"	5.34m	Robert Shine Invite	Laramie, Wyo.	2/19/10
Irvine, Matti	FR	15' 2.25"	4.63m	Wyoming Power Meet	Laramie, Wyo.	12/05/09

## Triple Jump

Jackson, Britney	JR	36' 5"	11.10m	Wyoming Power Meet	Laramie, Wyo.	12/05/09
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## Shot Put

Hutchinson, Ashley	SO	45' 6.5"	13.88m	Air Force Invite	Colorado Springs, Colo.	2/13/10
Jackson, Britney	JR	30' 11"	9.42m	Potts Indoor Invitational	Boulder, Colo.	1/22/10
Romsa, Hannah	FR	22' 5.25"	6.84m	Potts Indoor Invitational	Boulder, Colo.	1/22/10

## Weight Throw

Hutchinson, Ashley	SO	59' 2.25"	18.04m	MWC Championships	Albuquerque, N.M.	2/26/10
Aimone, Amanda	JR	58' 10.25"	17.94m	Husker Invite	Lincoln, Neb.	2/5/10
Beddes, Kaylee	SO	42' 11.75"	13.10m	Wyoming Power Meet	Laramie, Wyo.	12/05/09



**Wyoming Track & Field**

# Heptathlon

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Location</b>	<b>Meet Date</b>
Jackson, Britney	JR	3,388		MWC Championships	Albuquerque, N.M.	2/26/10
Romsa, Hannah	FR	2,685		Potts Indoor Invitational	Boulder, Colo.	1/22/10

@ - Converted for Altitude

# - Converted for Track Size

(55) - Converted from 55m

(440) - Converted from 440m

(A) - Automatic NCAA Qualifier

(P) - Provisional NCAA Qualifier

