



# 2004 University of Wyoming Swimming and Diving



## Swimming and Diving Quick Facts

**School:** University of Wyoming  
**Location:** Laramie, Wyoming  
**Founded:** 1886  
**Enrollment:** 13,162  
**Nickname:** Cowboys/ Cowgirls  
**Colors:** Brown and Gold  
**Home Pool:** Corbett Pool  
**Capacity:** 225  
**Affiliation:** NCAA Division I  
**Conference:** Mountain West  
**President:** Dr. Philip L. Dubois (UC-Davis, '72)  
**Athletics Director:**  
Gary Barta (North Dakota State, '87)  
**Sr. Associate Athletics Director:**  
Barbara Burke (Western Michigan, '80)  
**Athletic Department Phone:** (307) 766-2292

## Swimming and Diving Staff

**Head Coach:** Tom Johnson  
**Alma Mater:** Wyoming, '86 (Seventh Season)  
**Overall Dual Record at Wyoming:** Men 30-20, Women 33-31 (Six years)  
**Assistant Coach:** Jane Bartee (Fourth Season)  
**Alma Mater:** Nebraska, '95  
**Diving Coach:** Ben Herdt (First Season)  
**Alma Mater:** Minnesota '04  
**Best Time To Reach Coach Johnson:**  
Contact SID

## Team Information

**2003-2004 Dual Records:**  
Men (5-5 overall, 1-3 MWC)  
Women (3-8 overall, 2-5 MWC)

## Media Information

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## Official UW Athletics Web Site

<http://www.wyomingathletics.com>

## Mailing Address

Athletics Media Relations  
University of Wyoming  
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Laramie, WY 82071

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## 2004-05 Wyoming Swimming and Diving

### Swimming and Diving Head Coach

#### **Tom Johnson** (Wyoming, '86)

Tom Johnson enters his seventh year as the head coach of the University of Wyoming swimming and diving teams. In his first six seasons, Johnson has not only built the UW program into a contender in the Mountain West Conference, but has given the program world wide exposure after helping guide UW senior Scott Usher into the 2004 Olympic Games. There is no doubt that the team has an identity that reflects his own competitive drive.

Watching Usher swim in the 2004 Athens Olympic Games is one of Johnson's proudest coaching moments. He was right by Usher's side as his bucking horse swim cap raced to a second place showing in the 200-meter breaststroke at the US Olympic Team Trials, earning him a spot on the Olympic team. In support of Johnson and Usher, the Cowboy Joe Club, along with a local business, raised enough money to send Johnson to the Olympic Games where he watched Usher swim to a seventh place finish in the finals of the 200-meter breaststroke.

Following the 2004 Mountain West Conference Championships, Johnson was named the MWC Men's Coach of the Year. This marked the second time he had been recognized by the MWC as he was named the Women's Coach of the Year following the 1999-2000 season.

Since his arrival, both the men's and women's teams have made tremendous strides in and out of the pool. In all of his first three seasons, both teams improved their position at the conference championships and established themselves as contenders in the conference.

Following the 2002-03 season, both the men's and women's team's were recognized as Academic All-America selections by the College Swimming Coaches Association of America.

Johnson's coaching philosophy emphasizes making student-athletes strong individuals in and out of the pool. "I am goal oriented and success driven," said Johnson. "I want our student-athletes to have the opportunity to graduate from UW with their heads held high and know that they have made a significant impact on this program and at this school."

The achievements the team have accomplished over the past six seasons are helping Johnson to continue to build Wyoming swimming and diving. "Our student-athletes understand where this program is headed and the success it can accomplish and they want to be a part of that. It's much easier to promote the program now that we've had that," said Johnson.

A native of Camillus, N.Y., and a four-year Wyoming letterwinner, Johnson swam for the Cowboys from 1982-1985. Prior to coming to Wyoming, Johnson was the head coach and program director for the Birmingham Swim League in Birmingham, Ala., which consisted of 220 members from the novice level to Olympic trial qualifiers. He guided the Swim League from 1994 to 1997, and had 16 swimmers go on to compete at the NCAA Division I level across the United States.

After lettering at UW, and ending his swimming career as the school record holder in the 200 breaststroke, Johnson became an assistant coach for the Cowboys during the 1985-86 season. In 1987-88, he became the head coach at Columbine High School in Littleton, Colo. The following year, he returned to his native state of New York as the head coach for the Liverpool Jets Swim Club in Syracuse. From 1989-94, he was the head coach for the Fort Collins, Colo., Area Swim Team.

Johnson earned a number of awards during his coaching career prior to coming to Wyoming. He was named Colorado Swimming Coach of the Year in 1993, he was selected as a coach for the United States Swimming's Select Camps at the Olympic Training Center in Colorado Springs in 1993, '94, '96 and '97, and was named the Southeastern Swimming Coach of the year in 1996. He has also achieved a Level 5 certification by the American Swimming Coaches Association, the highest level of certification.

Johnson and his wife, Cheryl, a native of Cheyenne, have two children, Tommy and Alexandra.

#### **Assistant Coach Jane Bartee** (Nebraska, '95)

Assistant swimming coach Jane Bartee is entering her sixth year at the University of Wyoming. Bartee, who hails from Australia, brings her extensive experience and success both in the pool and in the classroom to the Wyoming Swimming and Diving program.

In her time at Wyoming, Bartee has helped both the Cowboys and Cowgirls become contenders in the Mountain West Conference as well as gain a national and world wide exposure as a top notch NCAA swimming and diving program.

Prior to coming to UW, Bartee was the head coach of the Tuscaloosa Swim Club in Tuscaloosa, Ala. for two years. She was also a graduate assistant coach at the University of Alabama where she earned her Master's degree in higher education administration.

Bartee had an exceptional collegiate career at the University of Nebraska. She was a seven-time NCAA All-American from 1993-95, and was the Big 8 champion in the 100 and 200 yard backstroke all three years. She has also held Top 20 world rankings from the World Coaches Swimming Association. She competed for the Australian National Team at the 1995 Pan Pacific Championships, and was also a three-time Academic All-American at Nebraska from 1994-96.

Bartee and her husband, Todd, have a daughter, Lucy.

#### **Diving Coach Ben Herdt** (Minnesota, 04)

Ben Herdt begins his college coaching career this year at Wyoming. A native of East Lansing, Mich., Herdt coaching the Minnesota Diving Club and the Twin City Diving Club in Minneapolis, Minn., from 2000 to 2004.

He had a very successful diving career at the University of Minnesota where he helped lead the Gophers to three Big Ten Conference championships. Herdt earned Academic All-Big Ten honors and was named a Big-Ten Scholar Athlete. He was also a team co-captain his senior year.

Herdt graduated from Minnesota in the Spring of 2004 with a degree in Spanish Studies.

# 2004-05 Wyoming Swimming and Diving

## 2004-05 Cowboy Swimming and Diving Roster

<u>Name</u>	<u>Events</u>	<u>Ht.</u>	<u>Cl.</u>	<u>Exp.</u>	<u>Hometown (Previous School)</u>
Alex Anderson	Freestyle	5-9	Fr.	HS	Cheyenne, Wyo. (Central)
Emre Aydin	Distance Freestyle	5-8	So.	1L	Ankara, Turkey (Buyuk)
Brent Baker	Freestyle	6-0	Jr.	1L	Chattanooga, Tenn. (Clemson)
Levi Bell	Breaststroke/ Fly	6-3	Fr.	HS	Greeley, Colo. (Greeley West)
Gene Birks	Freestyle/Fly/Back	6-6	Jr.	2L	Byron Bay, NSW, Aus. (Kingscliff)
Piers Blyth	Backstroke/ Freestyle	6-0	Fr.	HS	Greenwood Village, Colo. (Regis Jesuit)
Kevin Bretting	Diving	5-8	So.	1L	Loveland, Colo. (Thompson Valley)
Scott Bruce	Sprint Freestyle	6-3	Fr.	HS	Gillette, Wyo. (Campbell County)
Steve Burnham	Freestyle	6-1	Fr.	HS	Anchorage, Alaska (Service)
Ron Fogel	Butterfly	5-7	So.	1L	Haifu, Israel (Ironi)
Henry Holmberg	Freestyle/ Backstroke	6-5	Fr.	HS	Bend, Ore. (Summit)
Dan Jones	IM/Breaststroke	6-1	So.	1L	Loveland, Colo. (Thompson Valley)
Nick King	Distance Freestyle	5-9	So.	1L	Chattanooga, Tenn. (McCallie)
Sam King	Butterfly/ IM	6-3	Fr.	HS	Missoula, Mont. (Sentinel)
Grant Kritzing	Middle Dist. Free	6-0	Sr.	3L	Johannesburg, S. Africa (St. Albans)
John Lynch	Diving	5-9	So.	1L	San Antonio, Texas (Health Careers)
Ethan Maclean	Backstroke	5-11	Jr.	2L	Green River, Wyo. (Green River)
Carl Marais	Backstroke/ Freestyle	6-2	Fr.	HS	Pretoria, South Africa (St. Albans)
Will McCallum	Breaststroke/ Freestyle	5-10	Fr.	HS	Bozeman, Mont. (Bozeman)
Adam Miller	Diving	5-6	Sr.	3L	Newcastle, Wyo. (Newcastle)
Bryce Perica	Sprint Freestyle	6-9	Sr.	3L	Longmont, Colo. (Longmont)
Will Selde	Breaststroke	5-10	Jr.	1L	Omaha, Neb. (Pacific)
Beau Taylor	Freestyle	6-3	Jr.	1L	Lander, Wyo. (Lander)
Scott Usher	Breaststroke	6-1	Sr.	3L	Grand Island, Neb. (Grand Island)

**Head Coach:** Tom Johnson (Wyoming '86)  
**Assistant Coach:** Jane Bartee (Nebraska '95)  
**Diving Coach:** Ben Herdt (Minnesota '04)  
**Graduate Asst.:** Heidi Gray (Washington '96)  
**Captains:** Gene Birks  
Grant Kritzing  
Adam Miller  
Scott Usher

## 2004-05 Cowgirl Swimming and Diving Roster

<u>Name</u>	<u>Events</u>	<u>Ht.</u>	<u>Cl.</u>	<u>Exp.</u>	<u>Hometown (Previous School)</u>
Lauren Beard	Backstroke/ IM	5-10	So.	1L	Mississauga, Ontario (Port Credit)
Katie Bigger	Butterfly	5-3	So.	1L	Shawnee, Kan. (Shawnee Mission NW)
Megan Boggs	Distance Freestyle	5-4	So.	SQ.	Buffalo, Wyo. (Buffalo)
Haley Bonin	Sprint Freestyle	5-8	Fr.	HS	Lincoln, Neb. (Lincoln Southeast)
Rokeda Brownell	Sprint Freestyle/ Back	5-3	So.	TR	Bainbridge Island, Wash. (Xavier)
Angie DeWolf	Freestyle/ Butterfly	5-9	Fr.	HS	Laporte, Ind. (Laporte)
Toni Elliott	Freestyle/ Butterfly	5-4	Jr.	SQ	Gillette, Wyo. (Campbell County)
Laura Glaab	Distance Freestyle	5-9	So.	1L	Superior, Colo. (Monarch)
Saara Haapanen	Diving	5-2	So.	1L	Thunder Bay, Ontario (Hammarkjold)
Holly Hansen	Backstroke/ Freestyle	5-6	So.	1L	El Cajon, Calif. (Valhalla)
Katie Hentzen	Butterfly/ Backstroke	5-3	Jr.	TR	Casper, Wyo. (Saddle Back College)
Emily Keefer	Diving	5-6	So.	1L	Stillwater, Minn. (Stillwater Area)
Kenzie Kotby	Sprint Freestyle	5-9	Jr.	2L	Laramie, Wyo. (Laramie)
Robin Lehner	Breaststroke/ IM	5-4	Fr.	HS	Orchard Park, N.Y. (Orchard Park)
Tamara Lehnertz	Freestyle	5-6	So.	1L	Littleton, Colo. (Arapahoe)
Kristin Lewis	Distance Freestyle	5-8	Sr.	3L	Birmingham, Ala. (Oak Mountain)
Rachel Leyes	Backstroke	5-2	Fr.	HS	Colorado Springs, Colo. (Air Academy)
Alex Leziy-Miller	Breaststroke	5-5	Jr.	2L	N. Vancouver, B.C. (Carson Graham)
Natalie Luscomb	Breaststroke/ IM	5-8	So.	SQ	La Mesa, Calif. (Valhalla)
Sam Michelena	Sprint Freestyle	5-7	Jr.	2L	Buffalo, Wyo. (Buffalo)
Lindsey Russenberger	Breaststroke/ Butterfly	5-7	Fr.	HS	Marana, Ariz. (Marana)
Shelbi Settlege	IM/ Fly/ Distance Free	5-7	Jr.	TR	Bothell, Wash. (Central Washington Univ.)
Erin Spadinger	Breaststroke/ IM	5-5	So.	1L	Midland, Texas (Robert E. Lee)
Maggie Stapp	Diving	5-1	So.	SQ.	Littleton, Colo. (J.K. Mullen)
Lindsay Taylor	Butterfly/ IM	5-6	So.	1L	La Crescenta, Calif. (Crescenta Valley)
Heidi Thorson	Butterfly/ Sprint Free	5-10	So.	1L	Rozet, Wyo. (Campbell County)
Brittany Wainwright	Diving	5-7	Fr.	HS	Evanston, Wyo. (Evanston)
Stacey Zenker	Butterfly/ Freestyle	5-6	So.	1L	Colorado Springs, Colo. (Liberty)

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**Diving Coach:** Ben Herdt (Minnesota '04)  
**Graduate Asst.:** Heidi Gray (Washington '96)  
**Captains:** Toni Elliott  
Kristin Lewis  
Alex Leziy-Miller  
Sam Michelena

## 2004-05 Swimming and Diving Schedule

<u>DATE</u>	<u>EVENT</u>	<u>SITE</u>	<u>TIME</u>
Fri., Oct. 8	Cowpoke Pentathlon (exh.)	Corbett Pool	4:00 pm
Fri., Oct. 15	Brown vs. Gold (exh.)	Corbett Pool	4:00 pm
Thur., Oct. 21	New Mexico (w)*	Corbett Pool	4:00 pm
Fri.- Sat. Oct. 22-23	CSU Early Bird Invite	Fort Collins, Colo. All Day	
Sat., Nov. 6	Denver University	Corbett Pool	1:00 pm
Sat., Nov. 20	San Diego State University (w)* Colorado School of Mines (m)	Corbett Pool	12:00 pm
Fri.-Sat. Dec. 4-5	Texas Invite (Diving)	Austin, Texas	All Day
Fri.-Sun. Dec. 18-20	UNLV Winter Invite	Las Vegas, Nev.	All Day
Dec. 28-Jan.9	Christmas Training Trip	Tempe, Ariz.	
Fri., Jan 7	Arizona State University	Tempe, Ariz.	12:00 pm
Sat., Jan. 22	UNLV*	Corbett Pool	12:00 pm
Fri., Jan. 28	University of Utah*	Salt Lake City, Utah	4:00 pm
Sat., Jan. 29	Brigham Young University*	Provo, Utah	12:00 pm
Fri., Feb. 4	Colorado State University (w)*	Fort Collins, Colo.	5:00 pm
Fri.- Sat. Jan. 4-5	Air Force Diving Invite	Colo. Springs, Colo.	All Day
Sat., Feb. 5	Air Force Academy*	Colo. Springs, Colo.	1:00 pm
Wed.- Sat. Feb. 23-26	Mountain West Conference Swimming and Diving Championships	Oklahoma City, Okla.	All Day
Sat.-Sun. Mar. 5-6	Last Chance NCAA Qualifier	TBD	TBA
Thur.- Sat. Mar. 10-12	NCAA Zone "E" Diving Championships	Oklahoma City, Okla.	All Day
Thur.- Sat. Mar. 17-19	NCAA Women's Swimming and Diving Championships	West Lafayette, Ind.	All Day
Thur.- Sat. Mar. 24-26	NCAA Men's Swimming and Diving Championships	Minneapolis, Minn.	All Day

\*MWC Dual  
All Times Local to Site

### 2003-04 Cowboy Results

(5-5, 1-3 MWC/5th Place)

<u>Date</u>	<u>Opponent</u>	<u>Result</u>
Oct. 24-25	at CSU Early Bird Invite	1st (4 teams)
Nov. 8	Metro State	W 126-44
	Colorado School of Mines	W 120-81
	Colorado	W 114-79
Nov. 15	at Denver	W 162-75
Nov. 21-23	at Purdue Invite	5th (8 teams)
Jan. 9	at UC Santa Barbara	L 67-127
Jan. 10	at UC Irvine	L 110-131
Jan. 15	at UNLV*	L 114-127
Jan. 22	Utah*	L 93-150
Jan. 24	Brigham Young*	L 90-149
Jan. 31	Air Force*	W 123-120
Feb. 18-21	MWC Championships	5th (5 teams)

\* MWC Dual

### 2003-04 Cowgirl Results

(3-8, 2-5MWC/6th Place)

<u>Date</u>	<u>Opponent</u>	<u>Result</u>
Oct. 11	Rice	L 96-141
Oct. 24-25	at CSU Early Bird	2nd (6 teams)
Nov. 7-8	at Lobo Invite	3rd (6 teams)
	at New Mexico*	W 146-134
Nov. 15	at Denver	W 134-106
Nov. 22	San Diego State*	L 126-174
Jan. 9	at UC Santa Barbara	L 88-114
Jan. 10	at UC Irvine	L 100-141
Jan. 15	at UNLV*	L 85-158
Jan. 22	Utah*	L 102-135
Jan. 24	Brigham Young*	L 118-125
Jan. 30	Colorado State*	L 84-140
Jan. 31	Air Force*	W 139.5-101.5
Feb. 18-21	MWC Championships	6th (8 teams)

\* MWC Dual