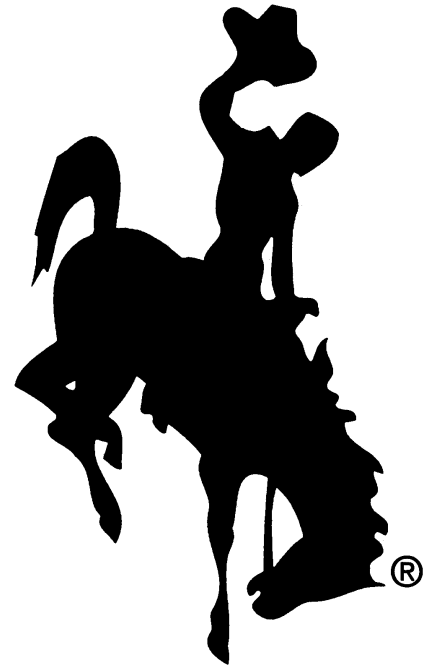


WYOMING SWIM CAMP

Tom Johnson's 2001 Wyoming Swim Camp...

Boys and Girls
Age 9 and over
June 10-15
June 17-22



• Why?

Wyoming Swim Camp is a premier summer swimming experience and is proud to offer its winning tradition to competitive swimmers. Coach Johnson stresses the importance of outstanding stroke technique and training in a positive environment.

• Who?

Competitive swimmers, nine and older, are eligible. Coaches who are interested in accompanying their team should contact Tom Johnson directly (307) 766-6265 or e-mail at tomj@uwyo.edu. Each camp is open to all ages nine and older but is limited to the first 50 swimmers for each week.

• Where?

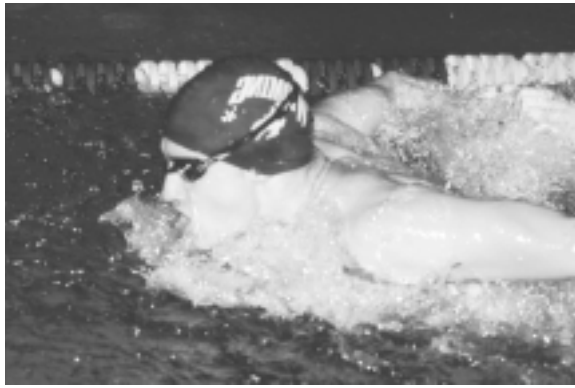
The swim camps are held at the beautiful campus of the University of Wyoming located 135 miles north of Denver, Colorado, and is convenient to Denver International Airport and both the Cheyenne, and Laramie, Wyoming airports. The University of Wyoming offers an outstanding summer experience at 7200 feet, offering the opportunity to train at the highest Division I school in the United States.

• How?

The cost for the University of Wyoming Swim Camp is \$390 (Campers staying for more than one week will receive a 10% discount for the second week). (Commuter camper-live at home no room or board - \$250) All interested campers should pre-register by mailing an application with a \$100 (per camp) non-refundable deposit made payable to Wyoming Swim Camp by May 18, 2001. The balance is due to Wyoming Swim Camp by May 31, 2001.

Applications and payments (checks only) should be sent to:

Wyoming Swim Camp
PO Box 3414 Fieldhouse-North Addition
Laramie, WY 82071-3414



Typical Day at Camp

MORNING

- Breakfast
- Morning Practice-including skills and drills
- Classroom/Video analysis
- Lunch

AFTERNOON

- Dryland
- Afternoon Practice
- Dinner
- Social Activity

FEES

Resident Camper \$390.00 (includes room and board)
Commuter Camper \$250.00
(lives at home no room, includes lunch daily)



Personal Information (please print or type)

Name _____ Phone () _____ Sex _____ Age _____

Home Address _____ City ST ZIP _____

USA Swimming Registration Number _____ (Required for camp) Commuter Resident Camper

To obtain USA Swimming registration number call (719) 578-4578, (we recommend a seasonal membership for those who do not have current membership)
Please check camp week in which you are interested: June 10-15, 2000 June 17-22, 2001 Check box for intensive training camp
T-Shirt Size (Adult Sizes) S M L XL

Application Deadline: May 18, 2001

Applications, with deposits made payable to Wyoming Swim Camp, should be mailed to:
Wyoming Swim Camp • PO Box 3414 Fieldhouse - North Addition • Laramie, Wyoming 82071-3414

Swimming Background

Coach's name _____ Coach's address _____ Coach's Telephone _____ Club/High School _____
Three Best Event's and Times (specify long-course or short-course) _____ EVENT _____ TIME _____
Circle one

sc/lc _____
sc/lc _____
sc/lc _____

University of Wyoming Swim Camp Features

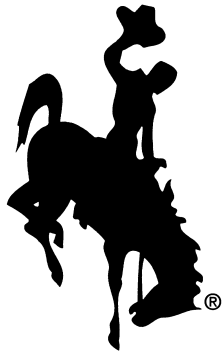
- 3-4 hours of daily water training/instruction
- Nutrition education, instruction and motivation presentations
- Stroke demonstrations
- Dryland training and education
- Housing at the University's Campus Residence Halls
- FREE camp t-shirt and swim cap
- Stroke video analysis
- Supervised extracurricular activities
- 24-hour supervision
- Head Coach Tom Johnson at ALL sessions
- Outstanding experienced coaching staff
- Social activity every evening

What to bring

1. Bedding and linens
2. Towels
3. Soap and toiletries
4. Suits, caps and goggles
5. Any other equipment needed for swimming

Facilities

The camp will be held at the University of Wyoming's Corbett Pool. All campers will enjoy first-class housing in the on-campus residence halls and all-you-can-eat meals at Washakie Dining Hall.



U UNIVERSITY OF
WYOMING®



Head Coach and Camp Director Tom Johnson 2000 Mountain West Conference "Coach of the Year"

Tom has been the Head Coach of the University of Wyoming Men's and Women's Swimming Teams since April of 1998. In that time the teams have become extremely competitive in the Mountain West Conference. His knowledge and ability to help young swimmers improve in the sport of swimming will provide your athlete with an outstanding camp experience.

Tom has vast experience coaching young swimmers as he was the Head Coach of the Birmingham Swim League, where BSL won two LSC Championships in his tenure. Tom has also been the Head Coach of the Liverpool Jets Swim Club in Liverpool, New York and the Fort Collins Area Swim Team in Fort Collins, Colorado. During his time coaching club swimming he has coached the most novice swimmers to Olympic trial qualifiers and world ranked swimmers. Over 40 of Tom's swimmers have been United States Swimming National Age Group Top 16 swimmers.

"I remember as a young swimmer how important a positive swim camp experience was for me. It would renew my passion for the sport and I made friendships that have lasted a lifetime. At Wyoming Swim Camp, your swimmer will have a positive camp experience coached by our World Class Staff." - Tom Johnson, Head Coach



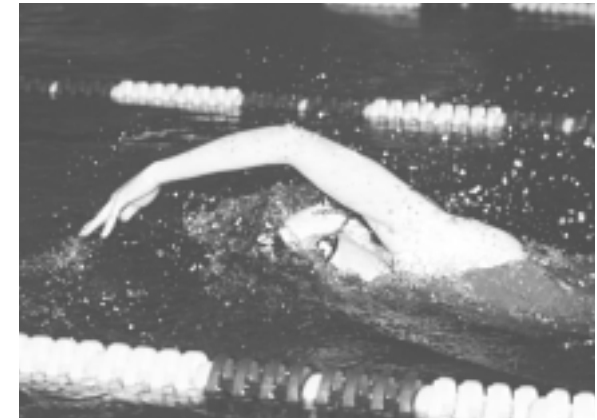
Assistant Swimming Coach Jane Bartee

Jane is an outstanding addition to this year's Wyoming Swim Camp. Jane has extensive international swimming experience. Jane was a seven time All-American at the University of Nebraska as well as a six-time Big 8 Champion in the 100 and 200 Backstrokes. In 1995, she was ranked in the Top 20 in the World in the 100 Backstroke and represented Australia in the 1995 Pan-Pacific Championships in Atlanta. Jane is ranked fifth fastest in the 100 Backstroke in Australian history.

Jane is currently the Assistant Coach of the Men's and Women's Swimming and Diving Team at the University of Wyoming. She has been an assistant to the University of Alabama and the Head Coach of Tuscaloosa Swim Club. She has had outstanding camp experience working at the University of Nebraska's Swim Camp for four years, and Alabama's for three.

Jane is a tremendous addition to our camp and will help your young athlete improve in every way.

"Jane has tremendous knowledge and international experience in the sport of swimming, and has been coached by the best coaches in the World. She has great technical knowledge of the sport of swimming and will help your swimmer become faster." - Tom Johnson, Head Coach



Training Groups

High School - Swimmers will receive intensive training sessions, stroke development, starts and turns.

Advanced Age Group - Swimmers will focus on stroke technique, starts and turns, along with challenging practice sessions.

Developing Age Group - Swimmers will focus on stroke technique development, starts and turns.

Intensive Training Camp - For the swimmer who is serious about getting better. The intensive training camp is limited to the first 12 applicants who are accepted. You must be at least 14 years of age and serious about getting faster. Each camper will have the opportunity to have a more intensive training opportunity at camp. The camper will be challenged with more volume and intensity during camp. The cost for the Intensive training camp for resident campers is \$425 a week. The commuter camper is \$340 a week. There is a 10% discount for the second week.

