

Wyoming Swimming and Diving Records

MEN'S TOP FIVE

50 Freestyle	Time	Year
1. Ben Walker	:20.33	1995
2. Rob Kirk	:20.51	1995
3. Ryan Rigg	:20.56	1997
4. Tommy Gregory	:20.68	2008
5. Jim Percy	:20.71	1978

100 Freestyle	Time	Year
1. Carl Marais	:44.51	2005
2. Ben Walker	:44.80	1997
3. Rob Kirk	:44.95	1995
4. Guy Fulfer	:45.33	2001
5. Grant Kritzinger	:45.39	2003
Eli Bell	:45.39	2008

200 Freestyle	Time	Year
1. Carl Marais	1:36.50	2005
2. Eli Bell	1:38.87	2008
3. Steve Davis	1:38.99	1990
4. Henry Holmberg	1:39.07	2006
5. Brian Pearson	1:39.11	1988

500 Freestyle	Time	Year
1. J. Chudleigh	4:23.68	2003
2. Henry Holmberg	4:25.39	2005
3. Lynn Stetson	4:25.93	1982
4. Dave Wesley	4:26.62	1997
5. Mark Jarosz	4:28.83	1977

1000 Freestyle	Time	Year
1. Henry Holmberg	9:20.78	2005
2. Lynn Stetson	9:21.30	1982
3. Damian Storz	9:25.74	2002
4. Dave Wesley	9:27.30	1996
5. Robbie Hilton	9:31.44	2008

1650 Freestyle	Time	Year
1. Lynn Stetson	15:23.52	1982
2. Henry Holmberg	15:27.62	2005
3. Damian Storz	15:37.26	2002
4. Dave Wesley	15:42.23	1996
5. Mark Jarosz	15:48.52	1977

100 Backstroke	Time	Year
1. Carl Marais	:49.78	2005
2. Ethan Maclean	:49.93	2003
3. Brad Leopold	:50.49	2001
4. K. Hollingsworth	:50.71	1997
5. Nathan Fuller	:50.90	2008

200 Backstroke	Time	Year
1. Carl Marais	1:46.63	2005
2. J. Chudleigh	1:46.95	2003
3. Sam King	1:49.11	2008
4. Sam Shook	1:49.57	2008
5. Darrell Glaser	1:49.77	1992

100 Breaststroke	Time	Year
1. Scott Usher	:53.75	2004
2. Mark Miller	:54.43	1988
3. Alex Larkin	:54.50	2007
4. Scott Newell	:54.92	1995
5. Will McCallum	:56.28	2008

200 Breaststroke	Time	Year
1. Scott Usher	1:55.33	2005
2. Mark Miller	1:57.72	1988
3. Alex Larkin	1:58.54	2007
4. Jon McNeely	2:02.20	2004
5. Levi Bell	2:02.38	2008

100 Butterfly	Time	Year
1. Matt Urich	:47.65	2008
2. Gene Birks	:48.04	2004
3. Buddy Boysen	:48:48	2001
4. Ron Fogel	:49.21	2005
5. Chris Brookover	:49.22	1985

200 Butterfly	Time	Year
1. Matt Urich	1:46.72	2008
2. Ron Fogel	1:47.10	2005
3. Ken Temple	1:47.80	1998
4. J. Chudleigh	1:47.81	2003
5. Jake Weidert	1:48.52	2000

200 Ind. Medley	Time	Year
1. Mark Miller	1:47.38	1988
2. Sam King	1:49.55	2008
3. Rob Clayton	1:50.06	1990
4. Mickey Aberle	1:51.59	1998
5. Damian Storz	1:51.68	2000

400 Ind. Medley	Time	Year
1. Mark Miller	3:52.11	1986
2. Sam King	3:53.41	2008
3. Damian Storz	3:53.85	2002
4. Rob Clayton	3:55.65	1991
5. Jake Weidert	3:57.54	2000

1-M Diving (6)	Score	Year
1. Andy Welsh	356.30	1985
2. Scott Anthony	332.50	1985
3. Kyle Bogner	323.25	2008
4. Kevin Bretting	322.20	2007
5. John Lynch	321.75	2006

3-M Diving (6)	Score	Year
1. Andy Welsh	374.10	1985
2. Kevin Bretting	367.42	2007
3. Scott Anthony	349.70	1985
4. John Lynch	348.95	2007
5. Mark Murdock	338.10	2008

3-M Diving (11)	Score	Year
1. Andy Welsh	554.05	1982
2. Oscar Delgado	533.40	1999
3. Arlo Liebeler	510.00	1980
4. Scott Anthony	508.35	1983
5. John Lynch	504.20	2005

Platform Diving (6)	Score	Year
1. John Lynch	309.05	2007
2. Kevin Bretting	284.10	2007
3. Tyler Miller	274.30	2008
4. Mark Murdock	249.20	2008
5. Kyle Bogner	243.10	2008

Relays	Time	Year
200 Medley	1:29.13	2005
(Marais, Usher, Birks, Kritzinger)		
400 Medley	3:15.87	2005
(Marais, Usher, Birks, Kritzinger)		
200 Freestyle	1:21.93	1997
(Rigg, Mecomber, Kershaw, Walker)		
400 Freestyle	3:00.29	1997
(Kershaw, Wesley, McComber, Walker)		
800 Freestyle	6:34.12	2005
(Birks, Marais, Kritzinger, Holmberg)		

50 Freestyle	Time	Year
1. Cassie Stelow	23.14	2008
2. Jody Riskowski	:23.61	2003
3. Missy Lewis	:23.82	2003
4. Haley Bonin	:23.88	2005
5. Angela DeWolf	:23.93	2008

100 Freestyle	Time	Year
1. Cassie Stelow	:51.02	2008
2. Jody Riskowski	:51.97	2003
3. Tamara Lehnertz	:52.00	2006
4. Norma Hughes	:52.20	1992
5. Heidi Thorson	:52.23	2007

200 Freestyle	Time	Year
1. Aimee Stinson	1:50.10	2008
2. Stephanie Vint	1:51.13	2008
3. Allison Schmid	1:51.67	2003
4. Krista Jones	1:51.68	2008
5. Tamara Lehnertz	1:51.89	2006

500 Freestyle	Time	Year
1. Aimee Stinson	4:52.82	2008
2. Stephanie Vint	4:53.91	2008
3. Krista Jones	4:56.42	2008
4. Norma Hughes	4:59.00	1990
5. Jen Rice	4:59.80	1999

1000 Freestyle	Time	Year
1. Aimee Stinson	10:14.81	2008
2. Jen Rice	10:19.08	2000
3. Jessica Schiff	10:19.94	1999
4. Kristin Lewis	10:26.90	2004
5. Shauna Nelson	10:27.25	2008

1650 Freestyle	Time	Year
1. Aimee Stinson	16:52.52	2008
2. Jessica Schiff	17:06.04	1999
3. Jen Rice	17:07.54	2000
4. Kristin Lewis	17:15.39	2004
5. Briana Teets	17:16.47	1998

100 Backstroke	Time	Year
1. Norma Hughes	:55.62	1992
2. J. Riskowski	:57.06	2001
3. Joy Johnson	:57.35	1993
4. Rachel Leyes	:57.68	2008
5. Molly Janak	:57.76	2008

200 Backstroke	Time	Year
1. Norma Hughes	1:59.52	1992
2. Joy Johnson	2:01.94	1993
3. Rachel Leyes	2:02.54	2008
4. Krista Jones	2:03.04	2008
5. Darcrea Corey	2:03.79	2000

100 Breaststroke	Time	Year
1. Lesley Young	1:02.90	2008
2. L. Russenberger	1:03.17	2006
3. Erin Spadinger	1:03.96	2006
4. Mary Frazee	1:04.69	1997
5. Megan Evans	1:05.06	2007

200 Breaststroke	Time	Year
1. J. Fruhwirth	2:16.86	2008
2. L. Russenberger	2:17.61	2006
3. Megan Evans	2:17.92	2008
4. Erin Spadinger	2:18.10	2005
5. Mabry Fiddler	2:18.46	2001

100 Butterfly	Time	Year
1. Heidi Thorson	:54.96	2007
2. Angie Sax	:55.87	2000
3. Maggie Bach	:56.22	2008
4. Norma Hughes	:56.73	1994
5. Jennifer Schurz	:57.09	2001

200 Butterfly	Time	Year
1. Angie Sax	2:02.74	2000
2. Maggie Bach	2:03.86	2008
3. Jen Weidert	2:04.90	1997
4. Darcrea Corey	2:05.05	2001
5. Ashley Mallett	2:05.30	2002
Stephanie Vint	2:05.30	2008

200 Ind. Medley	Time	Year
1. Megan Evans	2:04.57	2007
2. Lelsey Young	2:05.14	2008
3. L. Russenberger	2:05.37	2006
4. Lauren Beard	2:05.63	2005
5. Norma Hughes	2:06.14	1990

400 Ind. Medley	Time	Year
1. Megan Evans	4:20.43	2008
2. Stephanie Vint	4:23.82	2008
3. Mabry Fiddler	4:26.83	2001
4. Lauren Beard	4:27.59	2004
5. Darcrea Corey	4:28.28	2000

1-M Diving (6)	Score	Year
1. B. Wainwright	299.55	2006
2. Saara Haapanen	294.85	2007
3. C. Heimerdinger	279.60	1989
4. Sonja Kirellis	272.55	1992
5. Emily Keefer	272.33	2006

3-M Diving (6)	Score	Year
1. B. Wainwright	311.30	2007
2. Stephanie Ortiz	298.70	2008
3. G. van Katwijk	297.53	2005
4. Saara Haapanen	295.10	2007
5. W. O'Connell	287.93	2001

3-M Diving (11)	Score	Year
1. G. van Katwijk	476.75	2005
2. Kirsten Coates	472.00	1985
3. Saara Haapanen	462.10	2004
4. Ginny Freeman	457.05	1986
5. Emily Keefer	442.45	2004

Platform Diving (5)	Score	Year
1. Emily Keefer	228.10	2007
2. G. van Katwijk	219.95	2006
3. B. Wainwright	203.40	2008
4. Stephanie Ortiz	200.15	2006
5. Saara Haapanen	199.45	2005

Relays	Time	Year
200 Medley	1:43.20	2007
(Janak, Spadinger, Thorson, Stelow)		
400 Medley	3:47.66	2008
(Leyes, Young, Bach, Stelow)		
200 Freestyle	1:33.67	2008
(Stelow, DeWolf, Wagner, Bach)		
400 Freestyle	3:26.87	2008
(Stelow, K. Jones, Vint, Stinson)		
800 Freestyle	7:26.02	2008
(Vint, Jones, Evans, Stinson)		

(Bold indicates records held by current UW swimmers and divers.)