

University of Wyoming Swimming and Diving Women's Top Times 2002-2003

50 Freestyle

1. Jody Riskowski	23.61	2-20-03	at MWC Championships
2. Missy Lewis	23.82	2-20-03	at MWC Championships
3. Lindsey Springer	24.08	2-20-03	at MWC Championships
4. Katie Haywood	24.24	2-20-03	at MWC Championships
5. Ganae Stallings	24.41	2-20-03	at MWC Championships

100 Freestyle

1. Jody Riskowski	51.97	2-20-03	at MWC Championships
2. Lindsey Springer	52.77	2-20-03	at MWC Championships
3. Katie Haywood	53.94	2-20-03	at MWC Championships
4. Helja Vanhala	54.19	2-20-03	at MWC Championships
5. Sam Michelena	54.93	2-20-03	at MWC Championships

200 Freestyle

1. Allison Schmid	1:51.67	2-20-03	at MWC Championships
2. Helja Vanhala	1:55.51	2-20-03	at MWC Championships
3. Janelyn Lilly	1:59.42	11-08-02	at Nebraska
4. Katie Haywood	2:00.53	1-24-03	at Utah
5. Jessica Jennings	2:00.66	2-20-03	at MWC Championships

500 Freestyle

1. Kristin Lewis	5:07.07	2-20-03	at MWC Championships
2. Helja Vanhala	5:08.65	2-20-03	at MWC Championships
3. Allison Schmid	5:08.80	12-06-02	at Notre Dame Invite
4. Janelyn Lilly	5:09.16	2-20-03	at MWC Championships
5. Adrienne Gers	5:17.96	12-06-03	at Notre Dame Invite

1000 Freestyle

1. Kristin Lewis	10:33.49	2-20-03	at MWC Championships
2. Adrienne Gers	10:54.62	11-08-03	at Nebraska
3. Erin Hennings	10:56.11	2-20-03	at MWC Championships
4. Toni Elliott	11:45.67	11-15-02	vs Denver

1650 Freestyle

1. Kristin Lewis	17:30.44	2-20-03	at MWC Championships
2. Adrienne Gers	18:03.96	12-06-02	at Notre Dame Invite
3. Erin Hennings	18:06.77	2-20-03	at MWC Championships
4. Ashley Mallett	18:19.32	12-06-02	at Notre Dame Invite

100 Backstroke

1. Jody Riskowski	58.53	2-20-03	at MWC Championships
2. Janelyn Lilly	58.64	2-20-03	at MWC Championships
3. Katie Haywood	59.27	2-20-03	at MWC Championships
4. Kenzie Kotby	1:04.14	2-20-03	at MWC Championships

200 Backstroke

1. Janelyn Lilly	2:05.09	2-20-03	at MWC Championships
2. Jody Riskowski	2:11.22	10-17-02	vs. New Mexico
3. Jessica Jennings	2:22.15	1-04-03	at Arizona State/ Missouri
4. Sam Michelena	2:24.46	11-23-02	vs San Diego State

100 Breaststroke

1. Missy Lewis	1:05.98	1-18-03	vs. UNLV
2. Lindsey Springer	1:07.64	2-20-03	at MWC Championships
3. Alex Leziy-Miller	1:08.45	2-20-03	at MWC Championships
4. Allison Schmid	1:08.49	11-15-02	vs. Denver

200 Breaststroke

1. Allison Schmid	2:24.66	2-20-03	at MWC Championships
2. Alex Leziy Miller	2:26.58	2-20-03	at MWC Championships
3. Missy Lewis	2:28.80	2-01-03	at Air Force

100 Butterfly

1. Ashley Mallett	58.89	2-20-03	at MWC Championships
2. Anne Haywood	1:00.27	11-23-03	vs. San Diego State
3. Ganae Stallings	1:00.52	2-20-03	at MWC Championships
4. Erin Hennings	1:01.56	2-20-03	at MWC Championships
5. Sam Michelena	1:01.83	2-20-03	at MWC Championships

200 Butterfly

1. Ashley Mallett	2:05.84	2-20-03	at MWC Championships
2. Erin Hennings	2:14.28	2-20-03	at MWC Championships
3. Anne Haywood	2:15.06	12-06-02	at Notre Dame Invite
4. Kristin Lewis	2:18.64	10-18-02	at Early Bird Invite
5. Toni Elliott	2:30.79	10-18-02	at Early Bird Invite

200 IM

1. Allison Schmid	2:08.59	2-20-03	at MWC Championships
2. Alex Leziy-Miller	2:11.08	2-20-03	at MWC Championships
3. Ashley Mallett	2:14.32	11-08-03	at Nebraska

400 IM

1. Ashley Mallett	4:35.39	2-20-03	at MWC Championships
2. Kristin Lewis	4:37.32	2-20-03	at MWC Championships
3. Allison Schmid	4:45.11	11-23-02	vs. San Diego State
4. Alex Leziy-Miller	4:58.02	1-25-03	at BYU

1-Meter Diving

1. Ashlie Niederer	260.475	11-23-02	vs. San Diego State
2. Shea Boyle	235.875	11-23-02	vs. San Diego State
3. Lindsay Ahrens	233.625	11-23-02	vs. San Diego State
4. Channing Kimball	231.000	11-23-02	vs. San Diego State
5. Julia Steyer	174.75	1-31-03	at Colorado State

3-Meter Diving (6 dives)

1. Ashlie Niederer	249.00	11-23-02	vs. San Diego State
2. Shea Boyle	248.47	1-24-03	at Utah
3. Lindsay Ahrens	237.375	11-23-02	vs. San Diego State
4. Channing Kimball	221.24	1-31-03	at Colorado State
5. Julia Steyer	177.075	11-23-02	vs. San Diego State

3-Meter Diving (11 dives)

1. Ashlie Niederer	406.85	12-06-02	at Notre Dame Invite
2. Channing Kimball	383.40	2-20-03	at MWC Championships
3. Lindsay Ahrens	337.65	12-06-02	at Notre Dame Invite

Platform Diving

1. Ashlie Niederer	285.10	2-20-03	at MWC Championships
2. Shea Boyle	251.05	2-20-03	at MWC Championships
3. Lindsay Ahrens	226.20	2-20-03	at MWC Championships
4. Channing Kimball	222.40	2-20-03	at MWC Championships

200 Medley Relay

1. Wyoming "A"	1:47.33	2-20-03	at MWC Championships (Katie Haywood, Missy Lewis, Ashley Mallett, Lindsey Springer)
2. Wyoming "A"	1:50.28	1-31-03	at Colorado State (Katie Haywood, Missy Lewis, Ashley Mallett, Lindsey Springer)
3. Wyoming "A"	1:50.97	1-25-03	at BYU (Katie Haywood, Missy Lewis, Ashley Mallett, Lindsey Springer)
4. Wyoming "A"	1:50.98	1-08-02	at Nebraska (Jody Riskowski, Missy Lewis, Ashley Mallett, Lindsey Springer)
5. Wyoming "A"	1:51.79	11-02-02	vs. North Dakota (Jody Riskowski, Missy Lewis, Ashley Mallett, Lindsey Springer)

200 Freestyle Relay

1. Wyoming "A"	1:34.94	2-20-03	at MWC Championships (Jody Riskowski, Missy Lewis, Katie Haywood, Lindsey Springer)
2. Wyoming "A"	1:37.26	1-31-03	at Colorado State (Jody Riskowski, Lindsey Springer, Katie Haywood, Helja Vanhala)
3. Wyoming "A"	1:38.94	1-25-03	at BYU (Jody Riskowski, Lindsey Springer, Katie Haywood, Allison Schmid)
4. Wyoming "A"	1:39.16	11-23-02	vs. San Diego State (Jody Riskowski, Katie Haywood, Lindsey Springer, Helja Vanhala)

5. Wyoming "A" 1:39.29 11-23-02 vs. San Diego State
(Jody Riskowski, Katie Haywood, Lindsey Springer, Helja Vanhala)

400 Medley Relay

1. Wyoming "A" 3:56.39 2-20-03 at MWC Championships
(Jody Riskowski, Missy Lewis, Ashley Mallett, Lindsey Springer)
2. Wyoming "A" 4:00.97 2-01-03 at Air Force
(Jody Riskowski, Missy Lewis, Ashley Mallett, Lindsey Springer)
3. Wyoming "A" 4:01.22 10-17-02 vs. New Mexico
(Jody Riskowski, Missy Lewis, Ashley Mallett, Helja Vanhala)
4. Wyoming "A" 4:03.07 12-06-02 at Notre Dame
(Janelyn Lilly, Missy Lewis, Anne Haywood, Lindsey Springer)
5. Wyoming "A" 4:03.25 11-23-02 vs. San Diego State
(Jody Riskowski, Allison Schmid, Ashley Mallett, Katie Haywood)

400 Freestyle Relay

1. Wyoming "A" 3:27.99 2-20-03 at MWC Championships
(Jody Riskowski, Allison Schmid, Katie Haywood, Lindsey Springer)
2. Wyoming "A" 3:34.74 12-07-02 at Notre Dame Invite
(Jody Riskowski, Katie Haywood, Lindsey Springer, Helja Vanhala)
3. Wyoming "A" 3:35.26 1-18-03 vs. UNLV
(Jody Riskowski, Lindsey Springer, Katie Haywood, Allison Schmid)
4. Wyoming "A" 3:36.91 2-01-03 at Air Force
(Katie Haywood, Lindsey Springer, Allison Schmid, Helja Vanhala)
5. Wyoming "A" 3:38.53 1-24-03 at Utah
(Lindsey Springer, Katie Haywood, Allison Schmid, Janelyn Lilly)

800 Freestyle Relay

1. Wyoming "A" 7:40.51 2-20-03 at MWC Championships
(Allison Schmid, Helja Vanhala, Janelyn Lilly, Katie Haywood)
2. Wyoming "A" 7:55.25 12-6-02 at Notre Dame Invite
(Allison Schmid, Helja Vanhala, Janelyn Lilly, Katie Haywood)
3. Wyoming "A" 8:01.18 10-18-02 at Early Bird Invite
(Allison Schmid, Janelyn Lilly, Helja Vanhala, Adrienne Gers)
4. Wyoming "B" 8:14.39 12-6-02 at Notre Dame Invite
(Anne Haywood, Adrienne Gers, Kristin Lewis, Jessica Jennings)
5. Wyoming "B" 8:21.70 10-18-02 at Early Bird Invite
(Ashley Mallett, Jessica Jennings, Kristin Lewis, Erin Hennings)

