

## 2003-2004 Cowgirl Swimming and Diving Top-Times (Final)

### 50 Freestyle

1. Katie Haywood	24.38	2-21-04	at MWC Championships
2. Sam Michelena	24.44	2-21-04	at MWC Championships
3. Kenzie Kotby	24.58	2-21-04	at MWC Championships
4. Heidi Thorson	24.65	11-15-03	at Denver
5. Ganae Stallings	25.28	1-15-04	at UNLV
6. Katie Bigger	25.58	10-24-03	at Early Bird
7. Tamara Lehnertz	25.93	11-7-03	at Lobo Invite
8. Natalie Luscomb	26.34	1-22-04	vs. Utah
9. Stacey Zenker	26.37	11-7-03	at Lobo Invite
10. Lindsay Taylor	26.81	1-30-04	vs. Colorado State

### 100 Freestyle

1. Tamara Lehnertz	52.53	2-21-04	at MWC Championships
2. Katie Haywood	52.74	2-21-04	at MWC Championships
3. Katie Bigger	53.30	2-21-04	at MWC Championships
4. Sam Michelena	53.99	2-21-04	at MWC Championships
5. Heidi Thorson	54.13	1-15-04	at UNLV
6. Kenzie Kotby	55.00	2-21-04	at MWC Championships
7. Ganae Stallings	55.78	10-17-03	Brown vs. Gold
8. Lauren Beard	56.25	10-24-03	at Early Bird Invite
9. Stacey Zenker	56.36	11-8-03	at Lobo Invite
10. Natalie Luscomb	57.44	1-10-04	at UNLV

### 200 Freestyle

1. Katie Bigger	1:52.70	2-21-04	at MWC Championships
2. Tamara Lehnertz	1:53.10	2-21-04	at MWC Championships
3. Stacey Zenker	1:59.13	10-24-04	at Early Bird Invite
4. Holly Hansen	1:59.44	11-8-03	at Lobo Invite
5. Laura Glaab	2:00.47	11-8-03	at Lobo Invite
6. Lindsay Taylor	2:03.42	10-24-04	at Early Bird Invite
7. Toni Elliott	2:05.34	1-15-04	at UNLV
8. Adrienne Gers	2:06.46	10-17-03	Brown vs. Gold
9. Megan Boggs	2:07.67	10-25-03	at Early Bird
10. Natalie Luscomb	2:08.28	10-17-03	Brown vs. Gold

### 500 Freestyle

1. Holly Hansen	5:08.30	2-21-04	at MWC Championships
2. Tamara Lehnertz	5:08.94	2-21-04	at MWC Championships
3. Laura Glaab	5:11.26	11-22-03	at SDSU
4. Lindsay Taylor	5:12.65	1-10-04	at UC Irvine
5. Kristin Lewis	5:13.99	2-21-04	at MWC Championships
6. Megan Boggs	5:28.06	1-15-04	at UNLV
7. Adrienne Gers	5:30.57	11-8-03	vs. Colorado
8. Toni Elliott	5:31.31	11-7-03	at Lobo Invite

### **1000 Freestyle**

1. Kristin Lewis	10:33.09	11-22-03	at SDSU
2. Holly Hansen	10:34.03	11-22-03	at SDSU
3. Laura Glaab	10:40.28	11-22-03	at SDSU
4. Megan Boggs	11:14.34	1-15-04	at UNLV
5. Adrienne Gers	11:19.29	11-8-03	vs Colorado
6. Toni Elliott	11:31.84	10-17-03	Brown vs. Gold
7. Ashley Mallett	11:38.79	10-17-03	Brown vs. Gold

### **1650 Freestyle**

1. Kristin Lewis	17:15.39	2-21-04	at MWC Championships
2. Holly Hansen	17:36.36	2-21-04	at MWC Championships
3. Laura Glaab	17:53.06	2-21-04	at MWC Championships
4. Toni Elliott	19:04.43	11-15-03	at Denver
5. Ashley Mallett	19:06.58	11-7-03	at Lobo Invite
6. Megan Boggs	19:10.03	11-25-03	at Early Bird Invite

### **100 Backstroke**

1. Lauren Beard	58.83	2-21-04	at MWC Championships
2. Janelyn Lilly	59.10	2-21-04	at MWC Championships
3. Katie Haywood	59.17	2-21-04	at MWC Championships
4. Heidi Thorson	1:00.02	1-15-04	at UNLV
5. Erin Spadinger	1:02.81	1-30-04	vs. Colorado State
6. Holly Hansen	1:04.35	1-10-04	at UC Irvine
7. Kenzie Kotby	1:04.98	2-21-04	at MWC Championships
8. Lindsay Taylor	1:05.39	10-4-03	Pentathlon
9. Ashley Mallett	1:05.66	10-4-03	Pentathlon
10. Holly Hansen	1:05.73	10-24-03	at Early Bird Invite

### **200 Backstroke**

1. Lauren Beard	2:05.01	2-21-04	at MWC Championships
2. Janelyn Lilly	2:05.42	2-21-04	at MWC Championships
3. Holly Hansen	2:09.38	2-21-04	at MWC Championships
4. Lindsay Taylor	2:13.97	11-8-03	at Lobo Invite
5. Ashley Mallett	2:20.38	1-15-04	at UNLV
6. Megan Boggs	2:23.82	10-17-03	Brown vs. Gold
7. Laura Glaab	2:24.48	11-25-03	at Early Bird

### **100 Butterfly**

1. Katie Bigger	58.27	2-21-04	at MWC Championships
2. Ashley Mallett	58.94	2-21-04	at MWC Championships
3. Heidi Thorson	59.10	2-21-04	at MWC Championships
4. Stacey Zenker	59.28	2-21-04	at MWC Championships
5. Sam Michelena	1:00.08	2-21-04	at MWC Championships
6. Lindsay Taylor	1:03.06	11-7-03	at Lobo Invite
7. Ganae Stallings	1:03.58	10-24-03	at Early Bird Invite
8. Toni Elliott	1:03.63	11-7-03	at Lobo Invite
9. Kristin Lewis	1:04.55	10-4-03	Pentathlon
10. Alex Leziy Miller	1:04.81	10-24-03	at Early Bird Invite

### **200 Butterfly**

1. Ashley Mallett	2:05.61	2-21-04	at MWC Championships
2. Katie Bigger	2:10.36	2-21-04	at MWC Championships
3. Lindsay Taylor	2:11.17	2-21-04	at MWC Championships
4. Kristin Lewis	2:16.54	10-24-03	at Early Bird Invite
5. Stacey Zenker	2:17.20	10-25-03	at Early Bird
6. Toni Elliott	2:19.76	11-8-03	at Lobo Invite

### **100 Breaststroke**

1. Erin Spadinger	1:05.24	2-21-04	at MWC Championships
2. Alex Leziy-Miller	1:07.57	2-21-04	at MWC Championships
3. Natalie Luscomb	1:11.63	1-30-04	vs. Colorado State
4. Lindsay Taylor	1:12.53	1-10-04	at UC Irvine

### **200 Breaststroke**

1. Alex Leziy Miller	2:21.09	2-21-04	at MWC Championships
2. Erin Spadinger	2:21.80	2-21-04	at MWC Championships
3. Natalie Luscomb	2:34.39	1-15-04	at UNLV
4. Ashley Mallett	2:36.68	11-22-03	at SDSU
5. Lindsay Taylor	2:38.07	11-15-03	at Denver

### **200 IM**

1. Lauren Beard	2:06.27	2-21-04	at MWC Championships
2. Erin Spadinger	2:09.73	2-21-04	at MWC Championships
3. Alex Leziy Miller	2:11.01	1-15-04	at UNLV
4. Lindsay Taylor	2:13.17	1-10-04	at UC Irvine
5. Ashley Mallett	2:16.78	11-08-03	at Lobo Invite
6. Katie Bigger	2:18.33	10-17-03	Brown vs. Gold
7. Megan Boggs	2:27.12	10-17-03	Brown vs. Gold

### **400 IM**

1. Lauren Beard	4:27.59	2-21-04	at MWC Championships
2. Kristin Lewis	4:34.21	2-21-04	at MWC Championships
3. Ashley Mallett	4:36.08	2-21-04	at MWC Championships
4. Lindsay Taylor	4:37.64	2-21-04	at MWC Championships

### **1 meter diving (6 dives)**

1. Saara Haapanen	269.73	1-22-04	vs. Utah
2. Emily Keefer	249.90	1-22-04	vs. Utah
3. Channing Kimball	235.13	1-22-04	vs. Utah
4. Shea Boyle	237.60	1-23-04	vs. BYU
5. Maggie Stapp	205.90	11-15-03	at Denver

### **3 meter diving (6 dives)**

1. Shea Boyle	281.55	1-22-04	vs. Utah
2. Saara Haapanen	273.23	1-10-04	at UC Irvine
3. Emily Keefer	257.93	1-22-04	vs. Utah
4. Channing Kimball	229.43	1-22-04	vs. Utah
5. Maggie Stapp	214.15	11-15-03	at Denver

### **3 meter diving (11 dives)**

1. Saara Haapanen	462.10	1-30-04	at AFA Diving
2. Emily Keefer	442.45	1-30-04	at AFA Diving
3. Shea Boyle	408.15	1-30-04	at AFA Diving
4. Channing Kimball	400.25	1-30-04	at AFA Diving
5. Maggie Stapp	179.70	11-8-03	at Lobo Invite

### **Platform Diving (9)**

1. Saara Haapanen	319.25	1-30-04	at AFA Diving
2. Channing Kimball	295.75	1-30-04	at AFA Diving
3. Emily Keefer	274.15	2-21-04	at MWC Championships
4. Shea Boyle	267.70	2-21-04	at MWC Championships

### **200 Medley Relay**

1. Wyoming "A" (Katie Haywood, Erin Spadinger, Heidi Thorson, Tamara Lehnertz)	1:45.50	2-21-04	at MWC Championships
2. Wyoming "A" (Katie Haywood, Alex Leziy-Miller, Heidi Thorson, Sam Michelena)	1:49.29	1-30-04	vs. Colorado State
3. Wyoming "A" (Katie Haywood, Erin Spadinger, Heidi Thorson, Sam Michelena)	1:50.06	1-31-04	vs. Air Force
4. Wyoming "A" (Katie Haywood, Alex Leziy-Miller, Heidi Thorson, Katie Bigger)	1:50.98	11-22-03	at San Diego State
5. Wyoming "B" (Janelyn Lilly, Erin Spadinger, Stacey Zenker, Ganae Stallings)	1:51.06	1-30-04	vs. Colorado State

### **400 Medley Relay**

1. Wyoming "A" (Janelyn Lilly, Alex Leziy-Miller, Heidi Thorson, Katie Haywood)	4:01.34	1-9-04	at UC Santa Barbara
2. Wyoming "A" (Heidi Thorson, Alex Leziy-Miller, Stacey Zenker, Katie Haywood)	4:01.66	1-15-04	at UNLV
3. Wyoming "A" (Janelyn Lilly, Erin Spadinger, Heidi Thorson, Katie Bigger)	4:01.92	10-11-03	vs. Rice
4. Wyoming "A" (Janelyn Lilly, Erin Spadinger, Heidi Thorson, Katie Haywood)	4:02.20	11-7-04	at Lobo Invite
5. Wyoming "A" (Heidi Thorson, Alex Leziy-Miller, Ashley Mallett, Katie Haywood)	4:02.37	1-22-04	vs. Utah

### **200 Freestyle Relay**

1. Wyoming "A" 1:36.62 2-21-04 at MWC Championships  
(Katie Haywood, Heidi Thorson, Katie Bigger, Tamara Lehnertz)
2. Wyoming "A" 1:38.17 1-24-04 vs. BYU  
(Katie Haywood, Katie Bigger, Heidi Thorson, Tamara Lehnertz)
3. Wyoming "A" 1:38.80 1-30-04 vs. Colorado State  
(Katie Haywood, Heidi Thorson, Sam Michelena, Tamara Lehnertz)
4. Wyoming "A" 1:39.99 10-24-03 at Early Bird Invite  
(Ganae Stallings, Katie Haywood, Sam Michelena, Heidi Thorson)
5. Wyoming "B" 1:40.77 1-24-04 vs. BYU  
(Sam Michelena, Kenzie Kotby, Janelyn Lilly, Ganae Stallings)

### **400 Freestyle Relay**

1. Wyoming "A" 3:30.49 2-21-04 at MWC Championships  
(Katie Haywood, Katie Bigger, Sam Michelena, Tamara Lehnertz)
2. Wyoming "A" 3:33.49 1-15-04 at UNLV  
(Katie Haywood, Tamara Lehnertz, Katie Bigger, Heidi Thorson)
3. Wyoming "A" 3:34.29 1-31-04 vs. Air Force  
(Katie Haywood, Heidi Thorson, Katie Bigger, Tamara Lehnertz)
4. Wyoming "A" 3:34.91 1-22-04 vs. Utah  
(Katie Haywood, Katie Bigger, Heidi Thorson, Tamara Lehnertz)
5. Wyoming "A" 3:35.51 11-22-03 at San Diego State  
(Heidi Thorson, Katie Bigger, Katie Haywood, Tamara Lehnertz)

### **800 Freestyle Relay**

1. Wyoming "A" 7:36.58 2-21-04 at MWC Championships  
(Tamara Lehnertz, Katie Bigger, Lauren Beard, Holly Hansen)
2. Wyoming "A" 7:59.53 11-7-03 at Lobo Invite  
(Katie Bigger, Tamara Lehnertz, Holly Hansen, Lauren Beard)
3. Wyoming "A" 7:59.90 10-24-03 at Early Bird Invite  
(Katie Bigger, Lauren Beard, Laura Glaab, Tamara Lehnertz)
4. Wyoming "B" 8:08.29 11-7-03 at Lobo Invite  
(Laura Glaab, Stacey Zenker, Lindsay Taylor, Ashley Mallett)
5. Wyoming "B" 8:12.36 10-24-03 at Early Bird Invite  
(Stacey Zenker, Holly Hansen, Toni Elliott, Kristin Lewis)