

2011-2012 Wyoming Spirit Squad Tryouts

Dates: April 15-17, 2011

Positions: Cheer, Pom, Mascot

Friday: Clinics will be held in the Arena Auditorium from 3:00 p.m. to 7:00 p.m. The clinic is open for viewing. However, only staff and potential members may be on the floor.

Saturday: Fitness tests (please bring running shoes) will occur from 8:00 a.m. to 11:00 a.m. Location TBA. Clinics will be held in the Arena Auditorium from 12:00 p.m. to 4:00 p.m.

Sunday: Closed tryouts will begin at 10:00 a.m. sharp.

Video applicants must contact Ty'Lene Jackson ASAP.

Safety: Mats will be provided for stunting and tumbling on Friday and Saturday. Mats will be used in accordance with AACCA safety standards for the stunting portion of the tryout. Mats will not be used in the tumbling portion, and spots will be provided if needed. Those who have tumbling on their own will be preferred over those who need a spot.

Mandatory Attire (at all times): cheer/tennis shoes, black shorts, white sports bra and/or white fitted tank. No baggy clothes accepted. Tattoos must be covered and all piercings must be removed (not taped over). A white, gold, brown or UW-themed bow is required for Sunday's tryouts.

Attitude: All attitudes and egos will be left at the door. The Wyoming coaching and administrative staff has the right to remove any participant at any time for bad attitude or failure to follow safety regulations. Any threats, outbursts, rude behavior or rude questioning from participants, parents/guardians, old coaches or onlookers will not be tolerated. All tryout results are final!

General Requirements

1. Tryout Fees
 - a. \$25 required on the first day of clinics
 - b. \$30 required for all video applicants
2. Completed and signed application form and insurance waiver due on the first day of clinics
3. Transcripts- due on the first day of clinics
 - a. Freshmen and/or transfer students must bring a copy of an official acceptance letter from the University of Wyoming and an unofficial copy of their high school or transfer school academic transcript
 - b. Current University of Wyoming students must bring an unofficial copy of their academic transcript
4. Appropriate and recent (within one year old) 5x7 head shot

Pom Team Requirements

1. Skills
 - a. Toe Touch
 - b. Side Herkie/Hurdler

- c. Optional Jump (sequence preferred)
 - d. Splits
 - e. Kicks
- 2. Cheer- to be taught at Friday's clinic
- 3. Dance
 - a. Dance 1- to be taught to pom participants at Friday's clinic
 - b. Dance 2- to be taught to pom participants at Friday's clinic
 - c. Dance 3- a short dance to a particular song to be created by each individual
- 4. Tumbling- optional

Cheerleading Team Requirements

- 1. Skills
 - a. Toe Touch
 - b. Side Herkie/Hurdler
 - c. Optional Jump (sequence preferred)
- 2. Cheer- to be taught at Friday's clinic
- 3. Dance- to be taught at Friday's clinic
- 4. Stunts
 - a. Groups will be made during the clinics
 - b. No single stunt group may contain more than two returning spirit squad members
 - c. Must complete each of the following:
 - i. Cupie FullDown
 - ii. Liberty w/ cradle dismount
 - iii. Optional Stunt (must contain a sequence of at least two skills)
 - d. Participants may only try out as a flyer or as a base
- 5. Tumbling
 - a. Standing Back Handspring
 - b. Running Tumbling Pass
 - c. One of the following:
 - i. Toe-touch back handspring
 - ii. Standing back tuck

Mascot Requirements

Perform a three minute sketch wearing the Pistol Pete head. Music and props must be provided by the participant.

Hotel Information: A block of discounted rooms are available from April 15-17. The nightly fee is \$89.00. Let the receptionist know you are with the UW Spirit Squad Tryouts to receive this discount:
Hilton Garden Inn: 2229 Grand Avenue, Laramie WY 82070 (307) 745-5500

All applicants will participate in an interview conducted by judges during the closed tryouts. Attitude and work ethic will be assessed at all times and taken into account in the final judging.

Wyoming Spirit Squad Application

(Please Print Legibly)

Name (Last, First): _____

Social Security Number: _____

Mailing Address: _____

City, State, Zip: _____

Email Address: _____

Home Phone Number: _____

Cell Phone Number: _____

Birth Date: _____

High School GPA: _____

College GPA: _____

Year in School: _____

College Major: _____

Second College Major or Minor: _____

Height: _____

Weight: _____

Parent/Guardian Names: _____

Emergency Contact: _____

I am trying out for (please circle one): Cheer Squad Pom Squad Mascot

Cheer Squad Applicants (please circle one): Flyer Base

Experience & Skills:

Please briefly describe WHY you want to become a member of the University of Wyoming Spirit Squad:

Please list your apparel sizes below:

Shoes: _____	Tank Top: _____	Briefs: _____
Shorts: _____	T-Shirt: _____	Sports Bra: _____
Warm-ups: _____	Shell: _____	
Sweats: _____	Skirt: _____	

In order to be a member of the Wyoming Spirit Squads, you are expected to attend all performance practices, conditioning practices, booster and community events, camp activities and all required games. In addition, each spirit squad member is required to fulfill weekly study hours dictated by the Spirit Squad Coach and the University. By signing below, you have complete understanding of this commitment and that being part of the spirit squad requires a major personal commitment. You will be expected to schedule all personal activities around your spirit squad commitment!

Signature

Date

Insurance Waiver

I, _____, waive the University of Wyoming and the University of Wyoming Spirit Squad program of all responsibility of injuries incurred during the cheerleading tryout practices and judging process.

Signature

Date

Signature of Parent/Guardian (if under 18)

Date

Insurance Information

Company: _____

Policy Owner's Name: _____

Policy Number: _____

E-mail Address of Policy Owner: _____

Phone Number of Policy Owner: _____

Mailing Address of Policy Owner: _____

Summer Contact Information

(Please Print Legibly)

Name (Last, First): _____

Summer Mailing Address: _____

City, State, Zip: _____

Summer Phone: _____

Summer Cell Phone: _____

Email Address: _____

Parent/Guardian Name(s): _____

Do you currently have any plans that would keep you from assisting the UW Spirit Squad for fundraising this summer? Please list any and all pertinent information, and be specific with dates:
