



## WESTERN WASHINGTON UNIVERSITY INDOOR TRACK & FIELD RECORDS

// Updated as of Feb. 17, 2018 //

### MEN

**55 Meters:** 6.65, Theron Davis, 1993  
**60 Meters:** 6.72, Alex Donigian, 2015  
**200 Meters:** 21.63, Alex Donigian, 2015  
**400 Meters:** 48.85, Jon Poolman 2013  
**800 Meters:** 1:53.65, Cody McCranie, 2015  
**Mile:** 4:07.06, Anthony Tomsich, 2010  
**3,000 Meters:** 8:16.85, Anthony Tomsich, 2010  
**5,000 Meters:** 14:11.10, Jordan Welling, 2011  
**60 Meter Hurdles:** 8.09, Travis Milbrandt, 2015  
**4x400 Meter Relay:** 3:16.81 (Poolman, Schmidt, McArthur, D. Smith), 2014  
**Distance Medley:** 9:55.00 (Brancheau, Neff, Bies, Tomsich), 2007  
**High Jump:** 6-10 ¼ (2.09m), Brett Watson, 2014  
**Pole Vault:** 17-5 (5.31m), Ryan Brown, 2011  
**Long Jump:** 23-8 (7.21m), Nate van Tuinen, 2017  
**Triple Jump:** 47-3 ½ (14.41m), Mark Seely, 2016  
**Shot Put:** 57-5 ½ (17.51), Frank Catelli, 2014  
**35-lb. Weight Throw:** 57-6 ¼ (17.53m), Brandon Pless, 2016  
**Heptathlon:** 4,711, Tim Clendaniel, 2010

### WOMEN:

**55 Meters:** 7.58 Flo Marks, 1992  
**60 Meters:** 7.77, Macie Allen, 2017  
**200 Meters:** 25.03, Eleanor Siler, 2010  
**400 Meters:** 56.22, Eleanor Siler, 2011  
**800 Meters:** 2:11.82, Rachael Johnson, 2009  
**Mile:** 4:56.37, Sarah Porter, 2009  
**3,000 Meters:** 9:38.92, Katelyn Steen, 2015  
**5,000 Meters:** 16:11.98, Sarah Porter, 2011  
**55 Meter Hurdles:** 8.75 Flo Marks, 1993  
**60 Meter Hurdles:** 8.72, Tanya Bjornsson, 2014  
**4x400 Meter Relay:** 3:48.67 (Siler, Howe, O'Connell, Brownell), 2010  
**Distance Medley:** 11:46.27 (Olsen, O'Connell, Johnson, Porter), 2010  
**High Jump:** 5-8 ½ (1.74m), Miranda Osadchey, 2016  
**Pole Vault:** 12-10 1/4 (3.92m), Anna Paradee, 2017  
**Long Jump:** 19-2 3/4 (5.86m), Emily Warman, 2013  
**Triple Jump:** 41-7 ¼ (12.68m), Jasmine McMullin, 2018  
**Shot Put:** 41-7 ¾ (12.69m), Megan Mortensen, 2016  
**20-lb. Weight Throw:** 48-8 3/4 (14.85m), Lindsay Wells, 2013  
**Pentathlon:** 3,144, Katie Reichert, 2013

# WESTERN WASHINGTON UNIVERSITY INDOOR TRACK & FIELD MEN'S TOP 10

// as of Feb. 17, 2018 //

## 60 Meters

Alex Donigian	6.72	2015
Alex Tilley	6.91	2011
Augustine Agyei	6.96	2009
Shane Gruger	7.00	2010
Anthony Zackery	7.02	2010
Brock Steffen	7.03	2013
Mark Pangilinan	7.04	2011
Alex Binkerd	7.04	2015
Michael Dean	7.06	2007
Eddie Kaeka	7.08	2004
Tre'Von Powe	7.08	2016

## 200 Meters

Alex Donigian	21.63	2015
Nate Schmidt	22.09	2013
Alex Binkerd	22.11	2015
Jonathon Poolman	22.20	2013
Alex Tilley	22.26	2012
<b>Daniel Jones</b>	<b>22.33</b>	<b>2018</b>
<b>Bryant Welch</b>	<b>22.34</b>	<b>2018</b>
Michael Dean	22.34	2007
Brock Steffen	22.37	2013
Stedman Knox	22.38	2016

## 400 Meters

Jonathon Poolman	48.85	2013
<b>Bryant Welch</b>	<b>49.01</b>	<b>2018</b>
Devon Smith	49.27	2013
Nate Schmidt	49.33	2013
Ryan McArthur	49.64	2016
Adam Neff	49.80	2007
Michael Dean	49.95	2007
Jason Nokes	50.06	2012
Logan Darling	50.35	2011
Ben Wargo	50.37	2009

## 800 Meters

Cody McCranie	1:53.65	2015
<b>Kyler Sager</b>	<b>1:54.63</b>	<b>2018</b>
Braden Timpe	1:54.74	2012
Keith Lemay	1:54.84	2008
Chip Jackson	1:55.16	2014
Nick Abraham	1:55.20	2012
Sam Brancheau	1:55.23	2005
Keaton Spiller	1:55.53	2017
Ashkon Nima	1:55.73	2013
Dylan Brown	1:55.94	2015

## Mile

Anthony Tomsich	4:07.06	2010
Chip Jackson	4:07.95	2014
Bennett Grimes	4:13.18	2009
Cody McCranie	4:13.66	2016
Jordan Welling	4:16.00	2010
Sam Brancheau	4:16.90	2007
Sam Bedell	4:17.71	2008
<b>James Jasperson</b>	<b>4:18.19</b>	<b>2018</b>
Dylan Brown	4:18.72	2015
Braden Timpe	4:19.41	2012

## 3000 Meters

Anthony Tomsich	8:16.85	2010
Jordan Welling	8:17.93	2011
Andrew Wise	8:23.18	2017
Issac Derline	8:27.34	2016
Tabor Reedy	8:31.12	2015
Steve DeKoker	8:31.76	2004
Bennett Grimes	8:31.79	2009
Dak Riek	8:31.94	2012
Isaac Griffith	8:32.14	2015
Blake Medhaug	8:35.13	2010

## 5000 Meters

Jordan Welling	14:11.10	2011
Isaac Derline	14:39.22	2016
Andrew Wise	14:39.59	2017
Bennett Grimes	14:40.84	2009
Anthony Tomsich	14:50.02	2007
Tanner Boyd	14:52.70	2012
<b>Eric Hamel</b>	<b>14:56.19</b>	<b>2018</b>
<b>Jadon Olson</b>	<b>14:57.59</b>	<b>2018</b>
Dak Riek	14:59.30	2012
Chad Portwood	15:00.27	2007

## 60 Meter Hurdles

Travis Milbrandt	8.08	2015
Logan Myers	8.20	2015
Peter Maguire	8.24	2014
<b>Cordell Cummings</b>	<b>8.35</b>	<b>2018</b>
Tre'Von Powe	8.40	2016
Jade Wilson	8.43	2016
Dustin Wilson	8.44	2006
Josh Freeman	8.47	2004
Andrew Gray	8.53	2010
Alex Harrison	8.60	2011

## 4x400 Meter Relay

Poolman, Schmidt, McArthur, Smith	3:16.81	2014
Pooman, Schmidt, Nokes, Smith	3:17.01	2013
<b>Welch, Lovercamp, Longley, McArthur</b>	<b>3:20.49</b>	<b>2018</b>
Tilley, Grudzinski, Schick, Morales	3:20.71	2012
Wilson, McArthur, Lovercamp, Jones	3:21.29	2016
Binkerd, McArthur, Watson, Van Tuinen	3:21.48	2015
<b>Welch, Lovercamp, Cummings, Longley</b>	<b>3:21.99</b>	<b>2018</b>
Tilley, Villanueva, Grudzinski, David	3:22.68	2011
Wargo, O'Connell, Myhre, Villanueva	3:22.73	2009
Neff, Mavis, O'Connell, Bies	3:22.76	2007

## Distance Medley Relay

Brancheau, Neff, Bies, Tomsich	9:55.00	2007
Grimes, Tilley, Abraham, Tomsich	9:59.93	2010
Abraham, Poolman, Timpe, Jackson	10:06.80	2012
McCranie, van Tuinen, Schwecke, Jackson	10:07.79	2014
Lutz, Lovercamp, Spiller, McCranie	10:09.93	2016
Brown, Donigian, McCranie, Wise	10:10.02	2015
Abraham, David, Hopper, Welling	10:10.89	2011
Lutz, Sloat, Nima, Bursell	10:25.27	2013
<b>Crowell, Lovercamp, Cossette, Fay</b>	<b>10:25.60</b>	<b>2018</b>
Grimes, David, Mavis, Welling	10:26.42	2009

### High Jump

Brett Watson	2.09m	6-10	2014
Logan Myers	2.05m	6-8 $\frac{3}{4}$	2014
Peter Geist	2.01m	6-7	2005
<b>Tupre Wickliff</b>	<b>2.01m</b>	<b>6-7</b>	<b>2018</b>
Jeff Word	1.98m	6-6	2006
Karsten Schick	1.98m	6-6	2012
Kevin Yates	1.96m	6-5	2013
Keefe Brockman	1.96m	6-5	2010
Josh Larson	1.95m	6-4 $\frac{3}{4}$	2011
Brandon Myers	1.95m	6-4 $\frac{3}{4}$	2006

### Long Jump

Nate van Tuinen	7.21m	23-8	2017
Brett Watson	7.19m	23-7 $\frac{1}{4}$	2015
Kevin Yates	7.11m	23-4	2013
Tim Clendaniel	7.09m	23-3 $\frac{1}{4}$	2010
Anthony Zachary	6.94m	22-9 $\frac{1}{4}$	2010
Rudy Mataya	6.86m	22-6 $\frac{1}{4}$	2016
Shane Gruger	6.86m	22-6 $\frac{1}{4}$	2010
Somit Chhim	6.81m	22-4 $\frac{1}{4}$	2016
Will Davis	6.81m	22-4 $\frac{1}{4}$	2010
Allan Denton	6.76m	22-2 $\frac{1}{4}$	2007

### Triple Jump

Mark Seely	14.41m	47-3 $\frac{1}{2}$	2016
Tim Clendaniel	14.34m	47-0 $\frac{3}{4}$	2013
Somit Chhim	14.21m	46-7 $\frac{1}{2}$	2017
Will Davis	14.20m	46-7 $\frac{1}{4}$	2010
Keefe Brockman	14.04m	46-0 $\frac{3}{4}$	2010
Tim Satterwhite	13.90m	45-4 $\frac{1}{4}$	2009
<b>Jacob Ringold</b>	<b>13.82m</b>	<b>45-4 <math>\frac{1}{4}</math></b>	<b>2018</b>
<b>Nick Makrakis</b>	<b>13.76m</b>	<b>45-1 <math>\frac{3}{4}</math></b>	<b>2018</b>
Jacob Ringold	13.57m	44-6 $\frac{1}{4}$	2017
Mark Mellein	13.56m	44-6	2006
James Turner	13.55m	44-5 $\frac{1}{2}$	2006

### Pole Vault

Ryan Brown	5.31m	17-5	2011
Tyler Thornbrue	5.01m	16-5 $\frac{1}{4}$	2007
Scott Romney	4.89m	16-0 $\frac{1}{2}$	2006
Hunter Verner	4.90m	16-1	2005
Bryan Lucke	4.83m	15-10	2007
Gordie Kordas	4.81m	15-9 $\frac{1}{4}$	2017
J.T. Konrad	4.81m	15-9 $\frac{1}{4}$	2016
Cal Rosenberg	4.76m	15-7 $\frac{1}{4}$	2011
Andy Behl	4.71m	15-5 $\frac{1}{2}$	2006
Jacob Hino	4.66m	15-3 $\frac{1}{2}$	2016

### Shot Put

Frank Catelli	17.51m	57-5 $\frac{1}{2}$	2014
Jacob Gilbert	16.12m	52-10 $\frac{3}{4}$	2014
Brandon Pless	16.10m	52-10	2016
<b>Bryce Bryant-Leat</b>	<b>15.99m</b>	<b>52-5 <math>\frac{1}{2}</math></b>	<b>2018</b>
Ben Elder	15.94m	52-3 $\frac{3}{4}$	2010
Dincer Kayhan	15.42m	50-7 $\frac{1}{4}$	2009
Ryan Mcdonald	15.20m	49-10 $\frac{1}{2}$	2015
<b>Ben Malquist</b>	<b>15.15m</b>	<b>49-8 <math>\frac{1}{2}</math></b>	<b>2018</b>
Nelson Westlin	14.96m	49-1	2014
Damien Fisher	14.91m	48-11	2014

### 35-lb. Weight Throw

Brandon Pless	17.53m	57-6 $\frac{1}{4}$	2016
Michael Hoffman	17.42m	57-2	2011
Bryan Lee	17.22m	56-6	2016
Ben Elder	15.94m	52-3 $\frac{3}{4}$	2010
Bryant Michaelson	14.97m	49-1 $\frac{1}{2}$	2011
Tyler Nichols	14.48m	47-6 $\frac{1}{4}$	2011
<b>Bryce Bryant-Leat</b>	<b>14.42m</b>	<b>47-3 <math>\frac{3}{4}</math></b>	<b>2018</b>
Ryan Macdonald	14.21m	46-7 $\frac{1}{2}$	2013
<b>Avery Lux</b>	<b>14.02m</b>	<b>46-0</b>	<b>2018</b>
<b>Ben Malquist</b>	<b>13.96m</b>	<b>45-9 <math>\frac{3}{4}</math></b>	<b>2018</b>

### Heptathlon

Tim Clendaniel	4,711	2010
Josh Freeman	4,200	2005
Michael Strasler	4,051	2012
Alex Harrison	4,002	2010
Dylan Gordon	3,228	2013

### Legend:

Mark set in 2018 season

# WESTERN WASHINGTON UNIVERSITY INDOOR TRACK & FIELD WOMEN'S TOP 10

// as of Feb. 17, 2018 //

## 60 Meter

Macie Allen	7.77	2017
Tanya Bjornsson	7.84	2013
<b>Hannah Bradley</b>	<b>7.86</b>	<b>2018</b>
Veronica Ivancic	7.87	2013
<b>Kelsey McLean</b>	<b>7.89</b>	<b>2018</b>
Joana Houplin	7.89	2010
Megan Zukowski	7.94	2010
Sydney Coffey	7.94	2012
Heidi Dimmitt	7.98	2006
Rachel Ivancic	7.99	2015

## 200 Meters

Ellie Siler	25.03	2010
<b>Savannah Smith</b>	<b>25.31</b>	<b>2018</b>
Tanya Bjornsson	25.50	2013
Heidi Dimmitt	25.63	2009
Cheyenne Konrad	25.76	2016
Megan Zukowski	25.82	2010
<b>Emily Sytsma</b>	<b>25.96</b>	<b>2018</b>
<b>Hannah Bradley</b>	<b>25.96</b>	<b>2018</b>
Joana Houplin	26.00	2010
Sydney Coffey	26.05	2012

## 400 Meters

Ellie Siler	56.23	2009
<b>Savannah Smith</b>	<b>57.15</b>	<b>2018</b>
Sydney Coffey	57.46	2014
Sarah Brownell	57.92	2010
Megan O'Connell	58.12	2009
Gracia Reynolds	58.28	2016
<b>Emily Sytsma</b>	<b>58.59</b>	<b>2018</b>
Cheyenne Konrad	58.83	2016
Heidi Dimmitt	58.96	2006
Michelle Howe	59.54	2010

## 800 Meters

Rachel Johnson	2:13.13	2009
Shawna Troupe	2:15.74	2015
Cheri Watson	2:17.64	2009
Miranda Lahman	2:19.48	2014
Megan O'Connell	2:19.55	2011
Courtney Olsen	2:21.54	2009
<b>Shawnee Konrad</b>	<b>2:23.25</b>	<b>2018</b>
Waverly Shreffler	2:23.27	2017
Taylor Graham	2:23.33	2015
Haida Ikeda	2:24.71	2010

## Mile

Sarah Porter	4:56.37	2009
Courtney Olsen	4:56.45	2010
Katelyn Steen	4:59.41	2015
Shawna Troupe	5:00.67	2016
Haley O'Connor	5:04.20	2015
Lauren Breihof	5:06.65	2010
Rachel Johnson	5:07.59	2011
Kali Klotz-Brooks	5:08.94	2016
<b>Jane Barr</b>	<b>5:09.14</b>	<b>2018</b>
Austen Reiter	5:10.54	2013

## 3000 Meters

Katelyn Steen	9:38.92	2015
Sarah Porter	9:44.31	2010
Brittany Grant	9:54.97	2017
Lillianna Stelling	10:05.08	2017
Lauren Breihof	10:07.57	2011
Tracy Melville	10:13.43	2016
Taylor Guenther	10:14.80	2016
<b>Alexandra Laiblin</b>	<b>10:15.09</b>	<b>2018</b>
Courtney Olsen	10:20.07	2010
<b>Sophia Galvez</b>	<b>10:24.29</b>	<b>2018</b>

## 5000 Meters

Sarah Porter	16:11.98	2011
Katelyn Steen	16:46.92	2015
Lauren Breihof	17:32.30	2010
Brittany Grant	17:36.90	2016
Courtney Olsen	17:43.72	2010
<b>Sophia Galvez</b>	<b>17:48.71</b>	<b>2018</b>
Lillianna Stelling	17:54.85	2017
Maddy Jalbert	18:11.52	2016
<b>Alexandra Laiblin</b>	<b>18:14.88</b>	<b>2018</b>
Taylor Guenther	18:34.01	2015

## 60 Meter Hurdles

Tanya Bjornsson	8.72	2014
Michelle Howe	8.89	2010
<b>Claire Hansen</b>	<b>9.09</b>	<b>2018</b>
Alex McDonald	9.18	2013
McKenna Hunt	9.20	2016
Lindsay Lunderman	9.29	2007
Kirsten Holt	9.30	2004
Michelle Stolz	9.45	2014
Emily Strasler	9.49	2014
Amber Dodd	9.52	2013

## 4x400 Meter Relay

Siler, Howe, O'Connell, Brownell	3:48.67	2010
Dimmitt, O'Connell, Brownell, Siler	3:54.16	2009
Konrad, Reynolds, Smith, V. Ivancic	3:55.08	2016
Siler, Coffey, Ledtke, Zukowski	3:56.13	2011
Siler, Howe, Coffey, Ledtke	3:57.50	2012
<b>Svastisalee, Smith, Foos, Sytsma</b>	<b>3:57.88</b>	<b>2018</b>
Smith, Svastisalee, Paige, Konrad	3:58.93	2016
Coffey, Bjornsson, Dodd, Ledtke	4:00.16	2013
Coffey, Bjornsson, Greninger, Lahman	4:00.91	2014
Reynolds, Troupe, V. Ivancic, R. Ivancic	4:00.93	2015

## Distance Medley Relay

Olsen, O'Connell, Johnson, Porter	11:46.27	2010
Johnson, Siler, O'Connell, Porter	11:53.23	2011
Johnson, Siler, Olsen, Porter	11:57.17	2009
Melville, R. Ivancic, z, Klotz-Brooks	12:11.69	2016
Melville, Reynolds, Klotz-Brooks, Guenther	12:15.15	2016
O'Connor, Reynolds, Troupe, Hutchison	12:20.45	2015
Thornton, Siler, Lahman, Steen	12:22.32	2012
O'Connor, Coffey, Lahman, Reiter	12:23.56	2013
Stelling, Dodd, Kotz-Brooks, Reiter	12:28.96	2014
<b>Barr, Svastisalee, Konrad, Koger</b>	<b>12:32.06</b>	<b>2018</b>

### High Jump

Miranda Osadchey	1.74m	5-8 ½	2016
Brittany Grandy	1.73m	5-8	2012
Clara Cook	1.66m	5-5 ¼	2007
Katelyn Wright	1.64m	5-4 ½	2015
Bridget Henry	1.61m	5-3 ¼	2017
Amanda Overdick	1.61m	5-3 ¼	2012
<b>Heather Faretta</b>	<b>1.60m</b>	<b>5-3</b>	<b>2018</b>
Sabrina Schwindler	1.58m	5-2 ¼	2009
Katie Reichert	1.58m	5-2 ¼	2013
Jill Rogers	1.56m	5-1 ¼	2008
Brooklyn Holton	1.56m	5-1 ¼	2012

### Long Jump

Emily Warman	5.86m	19-2 ¾	2013
Tanya Bjornson	5.82m	19-1 ¼	2014
<b>Jasmine McMullin</b>	<b>5.73m</b>	<b>18-9 ¾</b>	<b>2018</b>
Kim Bascom	5.58m	18-3 ¾	2007
Jasmine McMullin	5.48m	17-11 ¾	2016
Emily Walters	5.42m	17-9 ½	2013
Christy Miller	5.30m	17-4 ¾	2007
Kaylie Greninger	5.25m	17-2 ¾	2016
Megan Paulsen	5.20m	17-0 ¾	2008
Malea Munoz	5.19m	17-0 ½	2017

### Triple Jump

<b>Jasmine McMullin</b>	<b>12.68m</b>	<b>41-7 ¼</b>	<b>2018</b>
Emily Warman	12.18m	39-11 ½	2010
Kim Bascom	11.53m	37-8 ¾	2007
Emily Walters	11.44m	37-6 ½	2013
Megan Paulsen	11.38m	37-0 ¼	2008
Christy Miller	11.09m	36-4 ¾	2008
Callie Muri	10.53m	34-6 ¾	2009
Shandel Yanney	10.51m	34-5 ¾	2013
Emma Destromp	10.44m	34-3	2014
Lydia Morrison	10.42m	34-2 ¼	2007

### Pole Vault

Anna Paradee	3.92m	12-10 ¼	2017
Karis Anderson	3.90m	12-9 ½	2012
Cheyanna Pinley	3.81m	12-6	2014
Christy Miller	3.80m	12-5 ½	2009
Danielle Juarez	3.66m	12-0	2004
<b>Rachael Roberts</b>	<b>3.51m</b>	<b>11-6 ¼</b>	<b>2018</b>
<b>Jewels Oliquiano</b>	<b>3.45m</b>	<b>11-3 ¾</b>	<b>2018</b>
Amanda DiEnno	3.45m	11-3 ¾	2010
Elsa Couvelier	3.42m	11-2 ½	2010
<b>Hannah Dodson</b>	<b>3.41m</b>	<b>11-2 ¼</b>	<b>2018</b>

### Shot Put

Megan Mortensen	12.69m	41-7 ¾	2016
Tammy Carlson	12.45m	40-10 ¼	2005
Chelsea Sadler	11.78m	38-7 ¾	2007
Mackenzie Smith	11.29m	37 ½	2014
Kim Radke	11.25m	36-11	2004
<b>Chanelle Eddy</b>	<b>10.94m</b>	<b>35-10 ¼</b>	<b>2018</b>
Brittany Jones	10.92m	35-10	2010
Jessica Telleria	10.86m	35-7 ¾	2005
Kaylie Greninger	10.73m	35-2 ½	2017
Robin Brown	10.72m	35-2	2009

### 20-lb. Weight Throw

Lindsey Wells	14.85m	48-8 ¾	2013
Megan Mortensen	14.79m	48-6 ¼	2017
<b>Sophia Roberts</b>	<b>13.82m</b>	<b>45-4 ¼</b>	<b>2018</b>
<b>Chanelle Eddy</b>	<b>13.78m</b>	<b>45-2 ½</b>	<b>2018</b>
<b>Kiana Schwendeman</b>	<b>12.95m</b>	<b>42-6</b>	<b>2018</b>
Jessica Telleria	12.91m	42-4 ¼	2005
Erica Rance	12.85m	42-2	2008
Tammy Carlson	12.84m	42-1 ½	2005
Katie Taylor	12.65m	41-6	2007
Kristina MacCully	12.63m	41-5 ¼	2005

### Pentathlon

Katie Reichert	3,144	2013
Kaylie Greninger	3,098	2016
Michelle Howe	3,052	2012
Brooklyn Holton	2,878	2011
Emily Strasler	2,861	2014
Amanda Overdick	2,578	2011

### Legend:

Mark set in 2018 season