



WWU INDOOR TRACK & FIELD



WESTERN WASHINGTON UNIVERSITY INDOOR TRACK & FIELD RECORDS

// as of March 10, 2017 //

MEN

55 Meters: 6.65, Theron Davis, 1993
60 Meters: 6.72, Alex Donigian, 2015
200 Meters: 21.63, Alex Donigian, 2015
400 Meters: 48.85, Jon Poolman, 2013
800 Meters: 1:53.65, Cody McCranie, 2015
Mile: 4:07.06, Anthony Tomsich, 2010
3,000 Meters: 8:16.85, Anthony Tomsich, 2010
5,000 Meters: 14:11.10, Jordan Welling, 2011
60 Meter Hurdles: 8.09, Travis Milbrandt, 2015
4x400 Meter Relay: 3:16.81 (Poolman, Schmidt, McArthur, D. Smith), 2014
Distance Medley: 9:55.00 (Brancheau, Neff, Bies, Tomsich), 2007
High Jump: 6-10 $\frac{1}{4}$ (2.09m), Brett Watson, 2014
Pole Vault: 17-5 (5.31m), Ryan Brown, 2011
Long Jump: 23-8 (7.21m), Nate van Tuinen, 2017
Triple Jump: 47-3 $\frac{1}{2}$ (14.41m), Mark Seely, 2016
Shot Put: 57-5 $\frac{1}{2}$ (17.51), Frank Catelli, 2014
35-lb. Weight Throw: 57-6 $\frac{1}{4}$ (17.53m), Brandon Pless, 2016
Heptathlon: 4,711, Tim Clendaniel, 2010

WOMEN:

55 Meters: 7.58 Flo Marks, 1992
60 Meters: 7.77, Macie Allen, 2017
200 Meters: 25.03, Eleanor Siler, 2010
400 Meters: 56.22, Eleanor Siler, 2011
800 Meters: 2:11.82, Rachael Johnson, 2009
Mile: 4:56.37, Sarah Porter, 2009
3,000 Meters: 9:38.92, Katelyn Steen, 2015
5,000 Meters: 16:11.98, Sarah Porter, 2011
55 Meter Hurdles: 8.75 Flo Marks, 1993
60 Meter Hurdles: 8.72, Tanya Bjornsson, 2014
4x400 Meter Relay: 3:48.67 (Siler, Howe, O'Connell, Brownell), 2010
Distance Medley: 11:46.27 (Olsen, O'Connell, Johnson, Porter), 2010
High Jump: 5-8 $\frac{1}{2}$ (1.74m), Miranda Osadchey, 2016
Pole Vault: 12-10 $\frac{1}{4}$ (3.92m), Anna Paradee, 2017
Long Jump: 19-2 $\frac{3}{4}$ (5.86m), Emily Warman, 2013
Triple Jump: 40-1 $\frac{1}{4}$ (12.22m), Jasmine McMullin, 2016
Shot Put: 41-7 $\frac{3}{4}$ (12.69m), Megan Mortensen, 2016
20-lb. Weight Throw: 48-8 $\frac{3}{4}$ (14.85m), Lindsay Wells, 2013
Pentathlon: 3,144, Katie Reichert, 2013



MEN'S ALL-TIME TOP PERFORMANCES (Top 10)

60 Meters

Alex Donigian	6.72	2015
Alex Tilley	6.91	2011
Augustine Agyei	6.96	2009
Shane Gruger	7.00	2010
Anthony Zackery	7.02	2010
Brock Steffen	7.03	2013
Mark Pangilinan	7.04	2011
Alex Binkerd	7.04	2015
Michael Dean	7.06	2007
Eddie Kaeka	7.08	2004
Tre'Von Powe	7.08	2016

200 Meters

Alex Donigian	21.63	2015
Nate Schmidt	22.09	2013
Alex Binkerd	22.11	2015
Jonathon Poolman	22.20	2013
Alex Tilley	22.26	2012
Michael Dean	22.34	2007
Brock Steffen	22.37	2013
Stedman Knox	22.38	2016
Shane Gruger	22.44	2012
Daniel Jones	22.46	2016

400 Meters

Jonathon Poolman	48.85	2013
Devon Smith	49.27	2013
Nate Schmidt	49.33	2013
Ryan McArthur	49.64	2016
Adam Neff	49.80	2007
Michael Dean	49.95	2007
Jason Nokes	50.06	2012
Logan Darling	50.35	2011
Ben Wargo	50.37	2009
Alex Tilley	50.38	2012

800 Meters

Cody McCranie	1:53.65	2015
Braden Timpe	1:54.74	2012
Keith Lemay	1:54.84	2008
Kyler Sager	1:54.96	2017
Chip Jackson	1:55.16	2014
Nick Abraham	1:55.20	2012
Sam Brancheau	1:55.23	2005
Keaton Spiller	1:55.53	2017
Ashkon Nima	1:55.73	2013
Dylan Brown	1:55.94	2015

Mile

Anthony Tomsich	4:07.06	2010
Chip Jackson	4:07.95	2014
Bennett Grimes	4:13.18	2009
Cody McCranie	4:13.66	2016
Jordan Welling	4:16.00	2010
Sam Brancheau	4:16.90	2007
Sam Bedell	4:17.71	2008
Dylan Brown	4:18.72	2015
Braden Timpe	4:19.41	2012
Keith Lemay	4:19.79	2007

3000 Meters

Anthony Tomsich	8:16.85	2010
Jordan Welling	8:17.93	2011
Andrew Wise	8:23.18	2017
Issac Derline	8:27.34	2016
Tabor Reedy	8:31.12	2015
Steve DeKoker	8:31.76	2004
Bennett Grimes	8:31.79	2009
Dak Riek	8:31.94	2012
Isaac Griffith	8:32.14	2015
Blake Medhaug	8:35.13	2010

5000 Meters

Jordan Welling	14:11.10	2011
Isaac Derline	14:39.22	2016
Andrew Wise	14:39.59	2017
Bennett Grimes	14:40.84	2009
Anthony Tomsich	14:50.02	2007
Tanner Boyd	14:52.70	2012
Dak Riek	14:59.30	2012
Chad Portwood	15:00.27	2007
Blake Medhaug	15:01.17	2011
Isaac Griffith	15:02.45	2014

60 Meter Hurdles

Travis Milbrandt	8.08	2015
Logan Myers	8.20	2015
Peter Maguire	8.24	2014
Tre'Von Powe	8.40	2016
Jade Wilson	8.43	2016
Dustin Wilson	8.44	2006
Josh Freeman	8.47	2004
Andrew Gray	8.53	2010
Cordell Cummings	8.55	2017
Alex Harrison	8.60	2011

4x400 Meter Relay

Poolman, Schmidt, McArthur, Smith	3:16.81	2014
Pooman, Schmidt, Nokes, Smith	3:17.01	2013
Tilley, Grudzinski, Schick, Morales	3:20.71	2012
Wilson, McArthur, Lovercamp, Jones	3:21.29	2016
Binkerd, McArthur, Watson, Van Tuinen	3:21.48	2015
Tilley, Villanueva, Grudzinski, David	3:22.68	2011
Wargo, O'Connell, Myhre, Villanueva	3:22.73	2009
Neff, Mavis, O'Connell, Bies	3:22.76	2007
Darling, Tilley, David, O'Connell	3:23.34	2010
Sweeney, Freeman, Neff, Los	3:25.18	2004

Distance Medley Relay

Brancheau, Neff, Bies, Tomsich	9:55.00	2007
Grimes, Tilley, Abraham, Tomsich	9:59.93	2010
Abraham, Poolman, Timpe, Jackson	10:06.80	2012
McCranie, van Tuinen, Schwecke, Jackson	10:07.79	2014
Lutz, Lovercamp, Spiller, McCranie	10:09.93	2016
Brown, Donigian, McCranie, Wise	10:10.02	2015
Abraham, David, Hopper, Welling	10:10.89	2011
Lutz, Sloat, Nima, Bursell	10:25.27	2013
Grimes, David, Mavis, Welling	10:26.42	2009
Brown, Crowell, Irvine, Cossette	10:36.67	2016



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High Jump

Brett Watson	2.09m	6-10	2014
Logan Myers	2.05m	6-8 ¾	2014
Peter Geist	2.01m	6-7	2005
Jeff Word	1.98m	6-6	2006
Karsten Schick	1.98m	6-6	2012
Kevin Yates	1.96m	6-5	2013
Keefe Brockman	1.96m	6-5	2010
Josh Larson	1.95m	6-4 ¾	2011
Brandon Myers	1.95m	6-4 ¾	2006
Brian Martinelli	1.91m	6-3	2008

Long Jump

Nate van Tuinen	7.21m	23-8	2017
Brett Watson	7.19m	23-7 ¼	2015
Kevin Yates	7.11m	23-4	2013
Tim Clendaniel	7.09m	23-3 ¼	2010
Anthony Zachary	6.94m	22-9 ¼	2010
Rudy Mataya	6.86m	22-6 ¼	2016
Shane Gruger	6.86m	22-6 ¼	2010
Somit Chhim	6.81m	22-4 ¼	2016
Will Davis	6.81m	22-4 ¼	2010
Allan Denton	6.76m	22-2 ¼	2007

Triple Jump

Mark Seely	14.41m	47-3 ½	2016
Tim Clendaniel	14.34m	47-0 ¾	2013
Somit Chhim	14.21m	46-7 ½	2017
Will Davis	14.20m	46-7 ¼	2010
Keefe Brockman	14.04m	46-0 ¾	2010
Tim Satterwhite	13.90m	45-4 ¼	2009
Nicholas Makrakis	13.58m	44-6 ¾	2017
Jacob Ringold	13.57m	44-6 ¼	2017
Mark Mellein	13.56m	44-6	2006
James Turner	13.55m	44-5 ½	2006

Pole Vault

Ryan Brown	5.31m	17-5	2011
Tyler Thornbrue	5.01m	16-5 ¼	2007
Scott Romney	4.89m	16-0 ½	2006
Hunter Verner	4.90m	16-1	2005
Bryan Lucke	4.83m	15-10	2007
Gordie Kordas	4.81m	15-9 ¼	2017
J.T. Konrad	4.81m	15-9 ¼	2016
Cal Rosenberg	4.76m	15-7 ¼	2011
Andy Behl	4.71m	15-5 ½	2006
Jacob Hino	4.66m	15-3 ½	2016

Shot Put

Frank Catelli	17.51m	57-5 ½	2014
Jacob Gilbert	16.12m	52-10 ¾	2014
Brandon Pless	16.10m	52-10	2016
Ben Elder	15.94m	52-3 ¾	2010
Dincer Kayhan	15.42m	50-7 ¼	2009
Ryan Mcdonald	15.20m	49-10 ½	2015
Nelson Westlin	14.96m	49-1	2014
Damien Fisher	14.91m	48-11	2014
Michael Hoffman	14.54m	47-8 ½	2011
Brandon Varkevisser	14.16m	46-5 ½	2008

35-lb. Weight Throw

Brandon Pless	17.53m	57-6 ¼	2016
Michael Hoffman	17.42m	57-2	2011
Bryan Lee	17.22m	56-6	2016
Ben Elder	15.94m	52-3 ¾	2010
Bryant Michaelson	14.97m	49-1 ½	2011
Tyler Nichols	14.48m	47-6 ¼	2011
Ryan Macdonald	14.21m	46-7 ½	2013
Nelson Westlin	13.86m	45-5 ¾	2010
Tom Farris	13.76m	45-1	2004
Brandon Varkevisser	13.68m	44-10 ½	2009

Heptathlon

Tim Clendaniel	4,711	2010
Josh Freeman	4,200	2005
Michael Strasler	4,051	2012
Alex Harrison	4,002	2010
Dylan Gordon	3,228	2013

Legend:

Mark set in 2017 season



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WOMEN'S ALL-TIME TOP PERFORMANCES (Top 10)

60 Meter

Macie Allen	7.77	2017
Tanya Bjornsson	7.84	2013
Veronica Ivancic	7.87	2013
Joana Houplin	7.89	2010
Megan Zukowski	7.94	2010
Sydney Coffey	7.94	2012
Heidi Dimmitt	7.98	2006
Rachel Ivancic	7.99	2015
Melissa Behrens	8.00	2004
Whitney Knox	8.02	2006

200 Meters

Ellie Siler	25.03	2010
Tanya Bjornsson	25.50	2013
Savannah Smith	25.54	2016
Heidi Dimmitt	25.63	2009
Cheyenne Konrad	25.76	2016
Megan Zukowski	25.82	2010
Joana Houplin	26.00	2010
Sydney Coffey	26.05	2012
Sarah Brownell	26.14	2010
Veronica Ivancic	26.15	2013

400 Meters

Ellie Siler	56.23	2009
Sydney Coffey	57.46	2014
Sarah Brownell	57.92	2010
Megan O'Connell	58.12	2009
Gracia Reynolds	58.28	2016
Cheyenne Konrad	58.83	2016
Heidi Dimmitt	58.96	2006
Michelle Howe	59.54	2010
Valle Ledtke	59.44	2012
Savannah Smith	59.47	2016

800 Meters

Rachel Johnson	2:13.13	2009
Shawna Troupe	2:15.74	2015
Cheri Watson	2:17.64	2009
Miranda Lahman	2:19.48	2014
Megan O'Connell	2:19.55	2011
Courtney Olsen	2:21.54	2009
Waverly Shreffler	2:23.27	2017
Taylor Graham	2:23.33	2015
Haida Ikeda	2:24.71	2010
Carly White	2:25.05	2009

Mile

Sarah Porter	4:56.37	2009
Courtney Olsen	4:56.45	2010
Katelyn Steen	4:59.41	2015
Shawna Troupe	5:00.67	2016
Haley O'Connor	5:04.20	2015
Lauren Breihof	5:06.65	2010
Rachel Johnson	5:07.59	2011
Kali Klotz-Brooks	5:08.94	2016
Austen Reiter	5:10.54	2013
Aundrea Koger	5:10.86	2017

3000 Meters

Katelyn Steen	9:38.92	2015
Sarah Porter	9:44.31	2010
Brittany Grant	9:54.97	2017
Lillianna Stelling	10:05.08	2017
Lauren Breihof	10:07.57	2011
Tracy Melville	10:13.43	2016
Taylor Guenther	10:14.80	2016
Courtney Olsen	10:20.07	2010
Alexandra Laiblin	10:30.41	2017
Jessica Boyer	10:30.50	2010

5000 Meters

Sarah Porter	16:11.98	2011
Katelyn Steen	16:46.92	2015
Lauren Breihof	17:32.30	2010
Brittany Grant	17:36.90	2016
Courtney Olsen	17:43.72	2010
Lillianna Stelling	17:54.85	2017
Maddy Jalbert	18:11.52	2016
Alexandra Laiblin	18:24.47	2017
Sophia Galvez	18:26.87	2017
Taylor Guenther	18:34.01	2015

60 Meter Hurdles

Tanya Bjornsson	8.72	2014
Michelle Howe	8.89	2010
Alex McDonald	9.18	2013
McKenna Hunt	9.20	2016
Lindsay Lunderman	9.29	2007
Kirsten Holt	9.30	2004
Michelle Stolz	9.45	2014
Emily Strasler	9.49	2014
Amber Dodd	9.52	2013
Alex Merrick	9.54	2005

4x400 Meter Relay

Siler, Howe, O'Connell, Brownell	3:48.67	2010
Dimmitt, O'Connell, Brownell, Siler	3:54.16	2009
Konrad, Reynolds, Smith, V. Ivancic	3:55.08	2016
Siler, Coffey, Ledtke, Zukowski	3:56.13	2011
Siler, Howe, Coffey, Ledtke	3:57.50	2012
Smith, Svastisalee, Paige, Konrad	3:58.93	2016
Coffey, Bjornsson, Dodd, Ledtke	4:00.16	2013
Coffey, Bjornsson, Greninger, Lahman	4:00.91	2014
Reynolds, Troupe, V. Ivancic, R. Ivancic	4:00.93	2015
Smith, Reynolds, Svastisalee, Page	4:01.51	2016

Distance Medley Relay

Olsen, O'Connell, Johnson, Porter	11:46.27	2010
Johnson, Siler, O'Connell, Porter	11:53.23	2011
Johnson, Siler, Olsen, Porter	11:57.17	2009
Melville, R. Ivancic, z, Klotz-Brooks	12:11.69	2016
Melville, Reynolds, Klotz-Brooks, Guenther	12:15.15	2016
O'Connor, Reynolds, Troupe, Hutchison	12:20.45	2015
Thornton, Siler, Lahman, Steen	12:22.32	2012
O'Connor, Coffey, Lahman, Reiter	12:23.56	2013
Stelling, Dodd, Kotz-Brooks, Reiter	12:28.96	2014
Koger, Svastisalee, Shreffler, Hutchison	12:40.21	2017



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High Jump

Miranda Osadchey	1.74m	5-8 ½	2016
Brittany Grandy	1.73m	5-8	2012
Clara Cook	1.66m	5-5 ¼	2007
Katelyn Wright	1.64m	5-4 ½	2015
Bridget Henry	1.61m	5-3 ¼	2017
Amanda Overdick	1.61m	5-3 ¼	2012
Sabrina Schwindler	1.58m	5-2 ¼	2009
Katie Reichert	1.58m	5-2 ¼	2013
Jill Rogers	1.56m	5-1 ¼	2008
Brooklyn Holton	1.56m	5-1 ¼	2012

Long Jump

Emily Warman	5.86m	19-2 ¾	2013
Tanya Bjornson	5.82m	19-1 ¼	2014
Kim Bascom	5.58m	18-3 ¾	2007
Jasmine McMullin	5.48m	17-11 ¾	2016
Emily Walters	5.42m	17-9 ½	2013
Christy Miller	5.30m	17-4 ¾	2007
Kaylie Greninger	5.25m	17-2 ¾	2016
Megan Paulsen	5.20m	17-0 ¾	2008
Malea Munoz	5.19m	17-0 ½	2017
Emily Stasler	5.15m	16-10 ¾	2014

Triple Jump

Jasmine McMullin	12.22m	40-1 ¼	2016
Emily Warman	12.18m	39-11 ½	2010
Kim Bascom	11.53m	37-8 ¾	2007
Emily Walters	11.44m	37-6 ½	2013
Megan Paulsen	11.38m	37-0 ¼	2008
Christy Miller	11.09m	36-4 ¾	2008
Callie Muri	10.53m	34-6 ¾	2009
Shandel Yanney	10.51m	34-5 ¾	2013
Emma Destromp	10.44m	34-3	2014
Lydia Morrison	10.42m	34-2 ¼	2007

Pole Vault

Anna Paradee	3.92m	12-10 ¼	2017
Karis Anderson	3.90m	12-9 ½	2012
Cheyanna Pinley	3.81m	12-6	2014
Christy Miller	3.80m	12-5 ½	2009
Danielle Juarez	3.66m	12-0	2004
Rachael Roberts	3.47m	11-4 ½	2017
Amanda DiEnno	3.45m	11-3 ¾	2010
Elsa Couvelier	3.42m	11-2 ½	2010
Robin Mueller	3.38m	11-1	2010
Diana DiMarco	3.36m	11-0 ¼	2010

Shot Put

Megan Mortensen	12.69m	41-7 ¾	2016
Tammy Carlson	12.45m	40-10 ¼	2005
Chelsea Sadler	11.78m	38-7 ¾	2007
Mackenzie Smith	11.29m	37 ½	2014
Kim Radke	11.25m	36-11	2004
Brittany Jones	10.92m	35-10	2010
Jessica Telleria	10.86m	35-7 ¾	2005
Kaylie Greninger	10.73m	35-2 ½	2017
Robin Brown	10.72m	35-2	2009
Sophia Roberts	10.62m	34-10 ¼	2016

20-lb. Weight Throw

Lindsey Wells	14.85m	48-8 ¾	2013
Megan Mortensen	14.79m	48-6 ¼	2017
Sophia Roberts	13.03m	42-9	2017
Jessica Telleria	12.91m	42-4 ¼	2005
Erica Rance	12.85m	42-2	2008
Tammy Carlson	12.84m	42-1 ½	2005
Katie Taylor	12.65m	41-6	2007
Kristina MacCully	12.63m	41-5 ¼	2005
Mackenzie Smith	12.25m	40-2 ¼	2014
Kim Radke	12.13m	39-9 ¾	2004

Pentathlon

Katie Reichert	3,144	2013
Kaylie Greninger	3,098	2016
Michelle Howe	3,052	2012
Brooklyn Holton	2,878	2011
Emily Strasler	2,861	2014
Amanda Overdick	2,578	2011

Legend:

Mark set in 2017 season