



WWU OUTDOOR TRACK & FIELD



WESTERN WASHINGTON UNIVERSITY OUTDOOR TRACK & FIELD RECORDS

// Through 2016 Season //

MEN'S EVENT	NAME	TIME/DISTANCE	YEAR
100 Meter Dash	Alex Donigian	10.22	2015
200 Meter Dash	Alex Donigian	20.93	2016
400 Meter Dash	Marc Hill	47.25	1994
800 Meter Run	Devin Kemper	1:49.84	2000
1500 Meter Run	Devin Kemper	3:46.44	2000
3000 Meter Run	Jordan Welling	8:24.61	2010
5000 Meter Run	Jordan Welling	14:10.43	2011
10,000 Meter Run	Jordan Welling	29:45.92	2010
Marathon	Bruce Manclark	2:22:30.0	1978
110 Meter Hurdles	Travis Milbrandt	14.19	2016
400 Meter Hurdles	Mike Vorce	51.9	1973
2000 Meter Steeplechase	Eric Brill	6:11.1	2012
3000 Meter Steeplechase	Matt Lutz	8:59.67	2016
4x100 Meter Relay	Dan Lewis, Coby Dilling, Chris Susee, Mike Lynch	41.35	1997
4x400 Meter Relay	Jon Poolman, Nathan Schmidt, Jason Nokes, Devon Smith	3:14.15	2013
4x800 Meter Relay	Oscar Myre IV, Devin Kemper, Kahn Khabra, Kurt Grichel	7:39.2	1997
Distance Medley Relay	Devin Kemper, Lewis McCulloch Lance Latimer, Erik Meyer	10:12.1	1998
1600 Meter Race Walk	Allen James	7:22.1	1985
2000 Meter Race Walk	Allen James	8:44.6	1986
3000 Meter Race Walk	Tony Engelhardt	13:18.5	1988
5000 Meter Race Walk	Tony Engelhardt	22:18.2	1989
10,000 Meter Race Walk	Tony Engelhardt	44:56.0	1989
Long Jump	Brett Watson	7.36m/24-1 ¾	2015
Triple Jump	Jerry Hopper	15.17m/49-9 ¼	1988
High Jump	Nathan Lindeman	2.14m/7-0 ¼	2001
Pole Vault	Ryan Brown	5.40m/17-8 ½	2010
Shot Put	Frank Catelli	18.55m/60-10 ½	2014
Discus	Ryan Macdonald	54.07m/177-4	2015
Javelin (1986 spec.)	Slater Hirst	70.23m/230-5	2015
Hammer	Michael Hoffman	62.87m/206-3	2011
Decathlon	Alex Harrison	6,772 points	2012
WOMEN'S EVENT	NAME	TIME/DISTANCE	YEAR
100 Meter Dash	Hollie Watson	11.93	1987
200 Meter Dash	Hollie Watson	24.32	1987
400 Meter Dash	Ellie Siler	54.59	2009
800 Meter Run	Rachael Johnson	2:11.45	2011
1500 Meter Run	Haley O'Connor	4:29.71	2015
3000 Meter Run	Sarah Porter	9:35.75	2011
3000 Meter Race Walk	Kathleen Law	15:17.16	1996
5000 Meter Run	Sarah Porter	15:57.02	2011
10,000 Meter Run	Sarah Porter	33:17.39	2011
Marathon	Lisa Riedel	2:55:36.0	1982
100 Meter Hurdles	Wendy Taylor	13.7	1973
400 Meter Hurdles	Heidi Dimmitt	1:00.31	2009
2000 Meter Steeplechase	Katelyn Steen	6:56.78	2014
3000 Meter Steeplechase	Katelyn Steen	10:13.01	2015
800 Meter Medley Relay	Kay Archer, Diana Holly, Lola Johnston, Kathy Miller	1:46.84	1984
4x100 Meter Relay	Sydney Green, Teri Graves Amy Cameron, Alicia Jones	47.74	1997
4x400 Meter Relay	Shannon Anderson, Louise Bomars Sydney Green, Alicia Jones	3:47.37	1997
4x800 Meter Relay	Dawn Graham, Janis Swanson, Carla Randall, Bethany Ryals	9:14.37	1981
Discus	Jessica Telleria	47.61m/156-2	2006
Shot Put	Sherie Schroeder	13.56m/44-6	1998
Long Jump	Tonya Bjornsson	5.86m/19-4 ¾	2014
Triple Jump	Emily Warman	12.37m/40-7	2012
High Jump	Kristy Dees	1.73m/5-8 ¼	1984
Javelin	Katie Reichert	54.97m/180-4	2016
Hammer	Lindsay Wells	55.58m/182-4	2014
Pole Vault	Karis Anderson	3.85m/12-7 ½	2012
Heptathlon	Sarah Hiss	4,748 points	2000

WESTERN WASHINGTON UNIVERSITY
OUTDOOR TRACK & FIELD MEN'S TOP 10
 // Through 2016 Season //

100 Meters

10.22	Alex Donigian	2015
10.75	Alex Tilley	2010
10.76	Coby Dilling	1997
10.80	Shane Gruger	2012
10.84	Brian Estes	1988
10.6	Fred Pulphus	1986
	Dan Lewis	1995
10.86	Michael Dean	2007
10.86	Augustine Agyei	2009
10.89	Jacob Petz	2003

200 Meters

20.93	Alex Donigian	2016
21.4	Marc Hill	1994
21.77	Alex Tilley	2012
21.79	Mike Lynch	1998
21.7y	Dave Anderson	1967 (21.81)
	Jim Magee	1971
21.84	Brian Estes	1988
21.91	Adam Neff	2005
21.8y	Dan Gagnon	1937 (21.91)
21.97	Fred Pulphus	1984

400 Meters

47.25	Marc Hill	1994
47.82	Jon Poolman	2013
48.20	Devon Smith	2013
48.36	Fred Pulphus	1985
48.48	Ryan Mcarthur	2016
48.6y	Larry Anderson	1968 (48.46)
48.52	Michael Dean	2007
48.8y	Mike Vorce	1974 (48.66)
48.9y	Gary Phillips	1957 (48.76)
48.92	Adam Neff	2006
49.0y	Ted Whan	1956 (48.85)

800 Meters

1:49.84	Devin Kemper	2000
1:50.74	Kurt Grichel	1997
1:51.33	Keith Lemay	2008
1:52.26	Erik Bies	2007
1:52.48	Sam Brancheau	2007
1:52.58	Todd Baerny	1990
1:52.68	Brooke Svoboda	1990
1:53.00	Dave Molesh	1989
1:53.04	Braden Timpe	2012
1:53.22	Cody Mccranie	2014

1,500 Meters

3:46.44	Devin Kemper	2000
3:47.21	Anthony Tomsich	2009
3:47.66	Todd Baerny	1990
3:48.79	Craig Hanson	1990
3:52.35	Keith Lemay	2008
3:53.1	Mark Christensen	1982
3:53.39	Braden Timpe	2012
3:53.6	Jeff Van Kleeck	1992
3:53.86	Bennett Grimes	2010
3:54.53	Jordan Welling	2011

3,000 Meters

8:24.61	Jordan Welling	2010
8:25.7	Jeff Van Kleeck	1992
8:33.3	Chris Bjarke	1982
8:35.9	Rick Sherman	1986
8:37.4	Bruce Cyra	1981
8:38.26	Tabor Reedy	2013
8:38.88	Kurt Hartmaier	2004
8:40.0	Isaac Griffith	2015
8:40.9	Steve Tollan	1986
8:41.39	Ryan Peterson	2013

3,000 Meter Steeplechase

8:59.67	Matt Lutz	2016
9:05.64	Andrew Wise	2016
9:10.67	Kirby White	1989
9:12.29	Sam Brancheau	2007
9:13.94	Eric Heathershaw	1993
9:14.2	Clay Stenberg	1978
9:15.0	Bruce Cyra	1981
9:16.1	Rick Buckenmeyer	1984
9:17.10	Keever Henry	2007
9:17.57	Kurt Hartmaier	2004

5,000 Meters

14:10.43	Jordan Welling	2011
14:17.12	Bennett Grimes	2011
14:31.86	Anthony Tomsich	2007
14:36.59	Jeff Van Kleeck	1993
14:38.0	Bruce Manclark	1978
14:41.59	Chip Jackson	2014
14:43.35	Erik Meyer	1998
14:46.1	Saul Kinderis	1981
14:47.25	Kurt Hartmaier	2004
14:49.54	Eric Brill	2012

10,000 Meters

29:45.92	Jordan Welling	2010
29:54.94	Bennett Grimes	2011
30:12.50	John Deremiah	1991
30:14.91	Blake Medhaug	2010
30:30.6	Bruce Manclark	1977
30:33.23	Zach Boteilho	2003
30:45.0	Steve Pilcher	1979
30:48.0	Steve Menard	1977
30:57.0	Jeff Van Kleeck	1991
31:00.75	Clay Wing	1997

Marathon

2:22:30	Bruce Manclark	1978
2:26:03	Jeff Coulter	1980
2:26:19	Steve Pilcher	1978
2:27:43	Mike Shaw	1974
2:28:25	Mike Dubuc	1984
2:28:50	Bud Willis	1978
2:29:36	Brent Golden	1980
2:31:15	Chris Bjarke	1979
2:31:30	Fred New	1973
2:31:32	Marty Brown	1979

110 Meter Hurdles

14.19	Travis Milbrandt	2016
14.56	Logan Myers	2015
14.3y	Mike Vorce	1974 (14.57)
14.76	Trey Cummings	1986
14.83	Dave Woodward	1984
14.84	Josh Freeman	2005
14.87	Chris Susee	1997
14.88	Kelly Susee	1988
14.89	Todd Henson	1988
14.7y	Ken Johnson	1972 (14.98)

400 Meter Hurdles

51.9y	Mike Vorce	1973 (51.74)
52.9	John Kostogeanis	1980
52.41	Nick Little	2000
53.24	Peter Myers	1996
53.46	Peter Maguire	2014
53.75	Kevin Myhre	2008
54.0	Trey Cummings	1986
54.20	Josh Coleson	1994
54.20	Jade Wilson	2015

5,000 Meter Walk

22:18.2	Tony Engelhardt	1989
22:41.2	Herman Nelson	1987
22:45.0	Allen James	1986
23:37.9	Colin Peters	1984
25:33.0	Joel Pentland	1991
25:56.0	Shawn Haynes	1990
27:11.6	Mark Olsen	1991
27:44.0	Don Wesley	1993
30:54.2	Geoff Combs	1984

4x100 Meter Relay

41.35	Lewis, Dilling, Susee, Lynch	1997
41.36	Steffen, Donigian, N.Schmidt, Poolman	2013
41.40	Pangilinan, Gruger, Tilley, Steffen	2012
41.51	Lewis, Dilling, Nelson, Lynch	1998
41.52	Binkerd, Donigian, Watson, Schmidt	2015
41.72	Thomsen, Zackery, Gruger, Tilley	2010
41.95	Van Tuinen, Donigian, Wilson, Poolman	2014
42.03	Bedlion, Petz, Wilson, Mcclung	2003
42.08	Soo, Brown, Williams, Pulphus	1986
	Lewis, Cottrell, Leavengood, Lynch	1998
42.16	Wilson, Khahibulin, Thompsen, Neff	2005

4x400 Meter Relay

3:14.15	Poolman, Schmidt, Nokes, D.Smith	2013
3:15.7y	L.Anderson, Jackman, D.Anderson, Kuhlman	1968 (3:14.70)
3:14.97	Hill, Armeni, Davis, Halberg	1993
3:15.13	Little, Leavengood, Kemper, Lynch	2000
3:15.48	Poolman, Van Tuinen, Mcarthur, Smith	2014
3:16.4y	L.Anderson, Jackman, Tucker, Campbell	1967 (3:15.40)
3:16.0	Hill, Young, Coleson, Delaney	1994
3:16.31	Binkerd, Donigian, Watson, van Tuinen	2015
3:17.4y	L.Anderson, Vandegrift, Miller, Kuhlman	1969 (3:16.39)
3:16.5	Hill, Blank, Young, Delaney	1994

4x800 Meter Relay

7:39.2	Myre, Kemper, Khabra, K.Grichel	1997
7:41.25	Ohenmus, Latimer, Kemper, Mcculloch	1998
7:44.7	S.Grichel, K.Grichel, J.Goesling, Myre	1995
7:46.3	S.Grichel, K.Grichel, Reyier, Myre	1994
7:46.71	K.Grichel, Mcculloch, Myre, Ogliore	1996
7:51.0	Salzman Relays	1982
7:53.0	Dolese, Underhill, Bjarke, Weigel	1984
7:55.2	Dubac, Kinderis, Dobias, Cyra	1981
7:56.4	Salzman Relays	1987
7:57.1	Simon Fraser	1990

High Jump

2.14m	7-0 ¼	Nathan Lindeman	2001
2.09m	6-10 ¼	Kurt Hanson	1984
2.08m	6-10	Eric Green	2000
2.08m	6-9 ¾	Brett Watson	2013
2.06m	6-9	Tony Bash	1981
		Todd Mcallister	1989
2.05m	6-8 ¾	Kyle Mcgillen	2006
		Logan Myers	2014
2.03m	6-8	Mike Scruggs	1984
		Mark Murdzia	1985
		Chris Herling	1989
		Ron Olson	1992
		Peter Geist	2006

Pole Vault

5.40m	17-8 ½	Ryan Brown	2010
5.00m	16-4 ¾	J.T. Konrad	2016
4.85m	15-11	Jacob Hino	2016
4.85m	15-11	Scott Romney	2006
4.82m	15-9 ¾	Tyler Thornbrue	2007
4.80m	15-9	Hunter Verner	2005
		Cal Rosenberg	2012
4.77m	15-8	Murray Giles	1984
4.76m	15-7 ¾	Gordie Kordas	2016
4.76m	15-7	Travis Spencer-Coye	1998

Long Jump

7.36m	24-1.75	Brett Watson	2015
7.33m	24-0.75	John Hunt	1966
7.21m	23-8	Shane Gruger	2012
7.28m	23-6 ¾	Kevin Yates	2013
7.14m	23-5 ¼	Dick Perfrement	1965
7.09m	23-3 ¼	Cecil Simms	1972
7.06m	23-2 ¼	Christian Salas	1991
7.01m	23-0	Mike Carver	1985
		Kyle Mcgillen	2005
7.00m	22-11 ¾	Nate van Tuinen	2015

Triple Jump

15.17m	49-9 ¼	Jerry Hopper	1988
14.65m	48-0 ¾	Mark Seely	2016
14.65m	48-0 ¾	Tim Clendaniel	2011
14.61m	47-11 ½	John White	1973
14.60m	47-11	Jay Wangsmo	1985
14.49m	47-6 ½	Christian Salas	1990
14.34m	47-0 ¾	Dick Perfrement	1967
14.33m	47-0 ¼	Will Davis	2010
14.25m	46-9	Mark Mellein	2005
14.20m	46-7 ¼	Tim Satterwhite	2008

Shot Put

18.55m	60-10 ½	Frank Catelli	2014
16.94m	55-7	Scott Easley	1995
16.14m	52-11 ½	Ben Elder	2010
16.00m	52-6	Jacob Gilbert	2014
15.95m	52-4 ¼	Brandon Pless	2016
15.87m	52-1	Kim Nix	1987
15.76m	51-8 ¾	Dieter Vanarsdale	1977
15.68m	51-5 ½	Nelson Westlin	2012
15.38m	50-5 ½	Jerry Goodwin	1987
15.33m	50-3 ½	John Wilcox	1971
		Damien Fisher	2014

Discus

54.07m	177-4	Ryan Macdonald	2015
53.00m	173-11	Frank Catelli	2014
51.32m	168-4	Ben Elder	2010
51.24m	168-1	Michael Hoffman	2012
49.12m	161-2	Martin Rudy	1980
48.98m	160-8	Steve Bernardy	2001
48.72m	159-10	Kent Swallow	1955
48.10m	157-10	Donavan Cunningham	2009
47.90m	157-2	Tom Farris	2004
47.74m	156-7	Tony Kyle	2002

Hammer

62.87m	206-3	Michael Hoffman	2011
57.06m	187-2	Dennis James	1991
54.43m	178-7	Brandon Pless	2016
54.36m	178-4	Martin Rudy	1980
54.18m	177-9	Rod Ritter	1982
53.00m	173-10	Kent Stoddard	1995
51.76m	169-10	Ryan Simicich	1994
51.56m	169-2	Seth Rhodes	1995
51.40m	168-08	Bryan Lee	2016
50.88m	166-11	Paul Kelly	1979

Javelin

70.23m	230-5	Slater Hirst	2015
65.42m	214-7	Alex Harrison	2012
64.70m	212-3	John Haskin	2015
63-16m	207-3	Travis Huntsinger	2001
62.66m	205-7	Jeff Neubauer	1986
62.20m	204-1	Justin Brewer	2005
61.46m	201-8	Alex Barry	2016
61.20m	200-9	Tim Johnson	1995
61.08m	200-5	Jeff Brink	1989
60.20m	197-6	Duffy Cox	1986

Decathlon

6,772	Alex Harrison	2012
6,743	Jeff Neubauer	1986
6,574	Blake Surina	1982
	Josh Freeman	2005
6,113	Trey Cummings	1986
6,096	Ron Olson	1992
6,031	Michael Stralser	2015
5,924	Tim Clendaniel	2009
5,895	Jeff Brink	1989
5,829	Steve Robinson	2000
5,774	Kurt Hanson	1986

WESTERN WASHINGTON UNIVERSITY
OUTDOOR TRACK & FIELD WOMEN'S TOP 10
 // Through 2016 Season //

100 Meters

11.93	Hollie Watson	1987
12.0	Amy Cameron	1996
12.2	Flo Mark-Booth	1992, 1993
	Marielle Stanton	1993
12.27	Melissa Behrens	2003
12.32	Megan Zukowski	2009
12.32	Joana Houplin	2010
12.3	Shannon O'Neill	1993
	Alicia Jones	1996
12.35	Veronica Ivancic	2015

200 Meters

24.32	Hollie Watson	1987
24.99	Brandi Stevenson	1994
25.13	Eleanor Siler	2012
25.25	Dania Swosinski	2002
25.42	Amy Cameron	1996
25.46	Megan Zukowski	2010
25.51	Sydney Green	1997
25.64	Lola Johnston	1984
	Veronica Ivancic	2014
25.4	Debbie Sandgren	1992

400 Meters

54.59	Eleanor Siler	2009
55.69	Brandi Stevenson	1994
56.43	Sydney Green	1997
56.61	Shannon Anderson	1999
56.80	Sydney Coffey	2013
57.06	Dania Swosinski	2002
57.37	Kathy Miller	1985
57.59	Sarah Brownell	2010
57.85	Hollie Watson	1987
57.90	Laura Ellingson	2001

800 Meters

2:11.45	Rachael Johnson	2011
2:12.79	Jeanna Setera	1984
2:12.84	Danita Erickson	1992
2:13.09	Kathy Miller	1987
2:13.6	Janis Swanson	1981
2:13.89	Courtney Olsen	2010
2:14.25	Megan Clancy	2000
2:15.01	Haley O'Connor	2015
2:15.11	Shawna Troupe	2016
2:15.57	Sarah Tenace	1999

1,500 Meters

4:29.71	Haley O'Connor	2015
4:30.32	Sarah Porter	2011
4:30.98	Katelyn Steen	2014
4:32.34	Courtney Olsen	2010
4:32.7	Jennifer Eastman	1988
4:35.81	Shawna Troupe	2016
4:35.90	Kali Klotz-Brooks	2016
4:36.94	Ashlee Vincent	2003
4:36.9	Genevie Pfueller	1985
4:37.5	Lisa Waltenburg	1991

2,000 Meter Steeplechase

6:56.78	Katelyn Steen	2014
7:52.3	Dana Morse	1998
7:43.65	Nina Laurinolli	2001
8:04.4	Lindsey Roberts	2000
8:05.7	Teresa Herron	2000
8:08.9	Dana Beaudry	2000
8:14.59	Valerie Matthews	2007
8:25.1	Marta Bednarczyk	2000
8:25.8	Jenni Gordon	1998

3,000 Meter Steeplechase

10:13.01	Katelyn Steen	2015
10:35.32	Courtney Olsen	2010
10:38.54	Haley O'Connor	2015
10:44.38	Brittany Grant	2016
11:25.95	Phoebe Hartnett	2011
11:26.54	Danielle Slaughter	2010
11:29.98	Katie Tyburczy	2015
11:36.38	Kristi Fairbanks	2011
11:45.05	Jessica Boyer	2010
11:47.13	Nina Laurinolli	2001

3,000 Meters

9:35.75	Sarah Porter	2011
9:38.76	Jennifer Eastman	1988
9:39.5	Lisa Waltenburg	1991
9:53.04	Ashlee Vincent	2003
9:56.33	Genevie Pfueller	1985
10:03.43	Katelyn Steen	2014
10:04.6	Cathy Kroll	1984
10:06.51	Jennifer Campbell	1995
10:11.9	Marilyn Thibodeau	1982
10:12.5	Delores Montgomery	1985
10:18.36	Janet Pearson	1980

5,000 Meters

15:57.02	Sarah Porter	2011
16:35.53	Katelyn Steen	2015
16:46.17	Brittany Grant	2016
16:59.08	Ashlee Vincent	2003
17:04.68	Taylor Guenther	2016
17:06.10	Lisa Waltenburg	1991
17:11.88	Lauren Breihof	2010
17:12.60	Genevie Pfueller	1987
17:16.50	Lillianna Stelling	2016
17:23.72	Tracy Melville	2016

10,000 Meters

33:17.39	Sarah Porter	2011
35:53.99	Lauren Breihof	2010
36:53.7	Laura Trevellyen	2004
37:10.77	Lisa Pearl	2003
37:23.4	Kris Maraveller	1992
37:31.0	Arlene Prather	1990
37:34.64	Sierra Brisky	2011
37:41.8	Cathy Kroll	1983
37:44.6	Tracy Melville	2016
37:45.4	Taylor Guenther	2016

Marathon

2:55:36	Lisa Riedel	1982
2:55:53	Renee Riedel	1982
3:09:02	Sharon O'Dorman	1983
3:10:19	Janet Pearson	1978
	Dani Tuell	1983
3:12:50	Cathy Kroll	1983
3:15:29	Lorna Whipple	1991
3:18:24	Arlene Prather	1991
3:21:16	Denise Holz	1990
3:22:37	Andrea Nye	1995

100 Meter Hurdles

13.7	Wendy Taylor	1973
14.10	Amy Cameron	1997
14.21	Tanya Bjornsson	2014
14.36	Michelle Howe	2012
14.59	Kate Herber	2001
14.67	Flo Mark	1992
14.70	Brandi Stevenson	1996
14.80	Louise Bomars	1998
14.81	Tamara Johnson	1996
14.92	Donna Larry	1982

400 Meter Hurdles

60.31	Heidi Dimmitt	2009
60.36	Brandi Stevenson	1994
60.71	Janell Massey	1986
61.46	Wendy Malich	1983
61.86	Kristy Dunn	1987
62.38	Louise Bomars	1998
63.06	Michelle Howe	2012
63.10	Deja Svastisalee	2016
63.28	Amber Dodd	2014
63.6	Jackie Guichard	1975

3,000 Meter Walk

15:17.16	Kathleen Law	1996
16:16.1	Janell Englehardt	1995

4x100 Meter Relay

47.74	Green, Graves, Cameron, Jones	1997
47.88	Dimmitt, Zukowski, Houplin, Siler	2009
48.04	Reid, Swosinski, Burch, Behrens	2003
48.06	V. Ivancic, Bjornsson, R. Ivancic, Coffey	2014
48.07	Houplin, Howe, Siler, Zukowski	2010
48.20	V.Ivancic, Bjornsson, R. Ivancic, Coffey)	2013
48.21	Johnson, Jones, Cameron, Stevenson	1996
48.22	Siler, Coffey, Bjornsson, Zukowski	2011
48.26	Herber, Swosinski, Burch, Behrens	2002
48.37	Siler, Howe, Coffey, Stralser	2012

4x400 Meter Relay

3:47.37	Anderson, Bomars, Green, Jones	1997
3:49.70	Dimmitt, Brownell, O'Connell, Siler	2009
3:49.71	Anderson, Ellingson, Tenace, Rose	1999
3:50.05	Watson, Massey, Johnston, Miller	1986
3:50.55	Powers, Setera, Johnston, Miller	1984
3:51.17	Haynes, Massey, Johnston, Miller	1986
3:52.31	Coffey, Bjornsson, Troupe, Dodd	2014
3:53.09	Dimmitt, Thorton, O'Connell, Brownell	2008
3:53.3	Hooson, Stevenson, Garrod, Green	1994
3:53.71	Siler, Ledtke, O'Connell, Zukowski	2011

4x800 Meter Relay

9:14.37	Swanson, Graham, Randal, Ryals	1981
9:14.57	Powers, Setera, Ocken, Steele	1983
9:24.98	Jonassen, Davidson, Abbott, Petrovich	1980
9:23.19	Graham, Ryals, Randall, Jonassen	1981
9:28.2	5-1-81	1981
9:28.71	Clancy, Heaton, Kelley, Tenace	1998
9:28.6	District 1 Championships	1984
9:30.2	District 1 Championships	1985
9:37.5	Petrovich, Jonassen, Davidson, Abbott	1982
9:41.5	Petrovich, Jonassen, Davidson, Simpson	1980

800m Sprint Medley Relay (100-100-200-400)

1:46.84	Archer, Holly, Johnston, Miller	1984
1:47.05	District 1 Championships 1986	1986
1:47.1	Stanton, Mark-Booth, Mattson, Stevenson	1993
1:47.5	District 1 Championships 5-12-84	1984
1:47.81	Glen, Mark, Sandgren, Mattson	1992
1:48.35	Miller, Haynes, Watson, Johnston	1986
1:48.4	Steilberg, Holly, Johnston, Miller	1985
1:49.1	Johnston, Haynes, Waston, Miller	1986
1:49.67	Stanton, Mark-Booth, O'Neill, Mattson	1993
1:49.98	Shelton, Setera, Archer, Powers	1983

High Jump

1.73m	5-8 ¼	Kristy Dees	1984
1.71m	5-7 ¼	Miranda Osadchey	2016
		Jennifer Schwartz	1983
		Clara Cook	2009
1.69m	5-6 ½	Brittany Grandy	2012
1.67m	5-5 ¾	Natalie Svenvold	2002
		Amanda Overdick	2010
		Katelyn Wright	2013
1.64m	5-4 ½	Amy Kruckeberg	2003
1.63m	5-4 ¼	Sarah Hiss	2000

Pole Vault

3.85m	12-7 ½	Karis Anderson	2012
3.76m	12-4	Christy Miller	2009
3.70m	12-1 ½	Cheyanna Pinley	2013
3.73m	12-2 ¾	Danielle Juarez	2004
3.68m	12-0 ¾	Anna Paradee	2015
3.56m	11-8	Andrea Kreft	2005
3.50m	11-5 ¾	Elisa Couvelier	2010
3.50m	11-5 ¾	Amy Rovira	2013
3.36m	11-3	Loreah Winlow	2011
3.40m	11-1 ¾	Amanda DiEnno	2010

Long Jump

5.86m	19-4 ¾	Tanya Bjornsson	2014
5.84m	19-2	Donna Larry	1982
		Emily Warman	2012
5.77m	18-11 ½	Christy Smith	1980
5.75m	18-10 ½	Sarah Hiss	2000
5.65m	18-6 ½	Debbie Sandgren	1993
5.56m	18-3	Jasmine McMullin	2016
5.51m	18-1	Emily Walters	2012
5.49m	18-0 ¼	Shelly Borovich	1988
5.43m	17-9 ¾	Kim Bascom	2005

Triple Jump

12.37m	40-7	Emily Warman	2012
12.08m	39-7 ¾	Jasmine McMullin	2016
11.89m	39-8	Jane Wallace	1999
11.58m	38-0	Kim Bascom	2006
11.54m	37-10 ½	Emily Walters	2012
11.53m	37-10	Jennifer Golden	1994
11.46m	37-7 ¼	Shelly Borovich	1987
11.33m	37-2 ¼	Sarah Hiss	2000
11.18m	36-8 ¼	Angie Bring	1999
11.07m	36-4	Christy Miller	2006

Shot Put

13.56m	44-6	Sherie Schroeder	1998
12.95m	42-6	Megan Mortensen	2016
12.80m	42-0	Susan Jung	1998
12.72m	41-8 ¾	Celeste Hill	2001
12.55m	41-2 ¼	Sarah Eddy	2000
12.47m	40-11 ¼	Katherine Kernodde	1985
12.32m	40-5	Tammy Carlson	2004
12.11m	39-8 ¾	Mackenzie Smith	2013
12.05m	39-6 ½	Brittany Jones	2010
11.89m	39-0 ¼	Teresa Vanderpool	1986

Discus

47.61m	156-2	Jessica Telleria	2006
47.36m	155-4	Megan Mortensen	2016
46.27m	151-10	Sherie Schroeder	1998
45.40m	148-11	Dee Balderson	1995
42.91m	140-9	Erica Rance	2008
42.88m	140-8	Ashley VanOeveren	2005
42.74m	140-3	Maggie Rode	2014
41.66m	136-8	Felicia Bodey	1982
40.74m	133-8	Debbie Matuizek	1977
40.66m	133-5	Briana Abrahamsen	1999

Hammer

55.58m	182-4	Lindsay Wells	2014
49.28m	161-8	Kristina MacCully	2005
48.54m	159-3	Elizabeth Knope	2015
46.66m	153-1	Katie Taylor	2007
46.03m	151-0	Jessica Telleria	2004
43.28m	142-0	Megan Mortensen	2016
42.47m	139-4	Sophia Roberts	2016
42.42m	139-2	Tammy Carlson	2004
42.14m	138-3	Kim Radke	2003
41.47m	136-1	Erica Rance	2007

Javelin

54.97m	180-4	Katie Reichert*	2016
54.18m	177-9	Bethany Drake	2016
50.74m	166-6	Joan Williamson	1984
49.85m	163-6	Monika Gruszecki	2011
47.62m	156-2	Mariah Horton	2016
45.94m	150-9	Anosi Laupola	2016
45.22m	148-4	Stacey Hopkins	2003
48.68m	159-8	Bonna Schibret	1979
48.06m	157-8	Laura Kruse	1998
45.44m	149-1	Julie Reimer	1977
44.40m	145-8	Sherry Stripling	1973

*out of season competition at 2016 Harry Jerome Track Classic

Heptathlon

4,748	Sarah Hiss	2000
4,641	Brandi Stevenson	1996
4,557	Jennifer Schwartz	1983
4,543	Donna Larry	1982
4,462	Kaylie Greninger	2015
4,404	LeAnne Evans	2005
4,359	Elizabeth Springborn	1995
4,343	Clara Cook	2009
4,305	Debbie Sandgren	1992
4,280	Natalie Svenvold	2002