

Western Washington University

Women's Track and Field

All-Time Top 10

100 METERS

11.93	Hollie Watson, 1987
12.0	Amy Cameron, 1996
12.2	Flo Mark-Booth, 1992, 1993
	Marielle Stanton, 1993
12.27	Melissa Behrens, 2003
12.32	Megan Zukowski, 2009
12.45	Brandi Stevenson, 1994
12.32	Joana Houplin, 2010
12.3	Shannon O'Neill, 1993
	Alicia Jones, 1996

200 METERS

24.32	Hollie Watson, 1987
24.99	Brandi Stevenson, 1994
25.25	Dania Swosinski, 2002
25.25	Eleanor Siler, 2010
25.42	Amy Cameron, 1996
25.46	Megan Zukowski, 2010
25.51	Sydney Green, 1997
25.64	Lola Johnston, 1984
25.4	Debbie Sandgren, 1992
25.5	Alicia Jones, 1997

400 METERS

54.59	Eleanor Siler, 2009
55.69	Brandi Stevenson, 1994
56.43	Sydney Green, 1997
56.61	Shannon Anderson, 1999
57.06	Dania Swosinski, 2002
57.37	Kathy Miller, 1985
57.59	Sarah Brownell, 2010
57.85	Hollie Watson, 1987
57.90	Laura Ellingson, 2001
57.94	Janell Powers, 1983

800 METERS

2:11.45	Rachael Johnson, 2011
2:12.79	Jeanna Setera, 1984
2:12.84	Danita Erickson, 1992
2:13.09	Kathy Miller, 1987
2:13.6	Janis Swanson, 1981
2:13.89	Courtney Olsen, 2010
2:14.25	Megan Clancy, 2000
2:15.57	Sarah Tenace, 1999
2:16.11	Sue Robinson, 1982
2:16.5	Cheryl Petrovich, 1980

1500 METERS

4:30.32	Sarah Porter, 2011
4:32.34	Courtney Olsen, 2010
4:32.7	Jennifer Eastman, 1988
4:36.94	Ashlee Vincent, 2003
4:36.9	Genevie Pfueller, 1985
4:37.5	Lisa Waltenburg, 1991
4:39.16	Marilyn Thibodeau, 1982
4:39.39	Kristi Fairbanks, 2010
4:39.4	Jennifer Campbell, 1995
4:39.72	Rachael Johnson, 2010

2000 METER STEEPLECHASE

7:52.3	Dana Morse, 1998
7:43.65	Nina Laurinolli, 2001
8:04.4	Lindsey Roberts, 2000
8:05.7	Teresa Herron, 2000
8:08.9	Dana Beaudry, 2000
8:14.59	Valerie Matthews, 2007
8:25.1	Marta Bednarczyk, 2000
8:25.8	Jenni Gordon, 1998

3000 METER STEEPLECHASE

10:35.32 Courtney Olsen, 2010
11:25.95 Phoebe Hartnett, 2011
11:26.54 Danielle Slaughter, 2010
11:36.38 Kristi Fairbanks, 2011
11:45.05 Jessica Boyer, 2010
11:47.13 Nina Laurinolli, 2001
11:56.52 Kristin Haas, 2005
12:10.87 Sara Thon, 2005
12:20.3 Molly DePasquall, 2005
12:26.2 Teresa Herron, 2000
12:33.0 Lexi Baxter, 2002

3000 METERS

9:35.75 Sarah Porter, 2011
9:38.76 Jennifer Eastman, 1988
9:39.5 Lisa Waltenburg, 1991
9:53.04 Ashlee Vincent, 2003
9:56.33 Genevieve Pfueller, 1985
10:04.6 Cathy Kroll, 1984
10:06.51 Jennifer Campbell, 1995
10:11.9 Marilyn Thibodeau, 1982
10:12.5 Delores Montgomery, 1985
10:18.36 Janet Pearson, 1980

5000 METERS

15:57.02 Sarah Porter, 2011
16:59.08 Ashlee Vincent, 2003
17:06.1 Lisa Waltenburg, 1991
17:11.88 Lauren Breihof, 2010
17:12.6 Genevieve Pfueller, 1987
17:39.0 Delores Montgomery, 1985
17:46.0 Marilyn Thibodeau, 1982
17:46.21 Arlene Prather, 1990
17:48.65 Laura Trevellyen, 2004

10,000 METERS

33:17.39 Sarah Porter, 2011
35:53.99 Lauren Breihof, 2010
36:53.7 Laura Trevellyen, 2004
37:10.77 Lisa Pearl, 2003
37:23.4 Kris Maraveller, 1992
37:31.0 Arlene Prather, 1990
37:34.64 Sierra Brisky, 2011
37:41.8 Cathy Kroll, 1983
38:17.0 Janet Pearson, 1980
38:34.90 Sabrina Becherini, 1996
38:36.1 Delores Montgomery, 1984

MARATHON

2:55:36 Lisa Riedel, 1982
2:55:53 Renee Riedel, 1982
3:09:02 Sharon O'Dorman, 1983
3:10:19 Janet Pearson, 1978
Dani Tuell, 1983
3:12:50 Cathy Kroll, 1983
3:15:29 Lorna Whipple, 1991
3:18:24 Arlene Prather, 1991
3:21:16 Denise Holz, 1990
3:22:37 Andrea Nye, 1995

100 METER HURDLES

13.7 Wendy Taylor, 1973
14.10 Amy Cameron, 1997
14.51 Tanya Bjornsson, 2011
14.52 Michelle Howe, 2009
14.59 Kate Herber, 2001
14.67 Flo Mark, 1992
14.70 Brandi Stevenson, 1996
14.80 Louise Bomars, 1998
14.81 Tamara Johnson, 1996
14.92 Donna Larry, 1982
14.94 Teri Graves, 1997
14.94 Dani Reid, 2003

400 METER HURDLES

60.31 Heidi Dimmitt, 2009
60.36 Brandi Stevenson, 1994
60.71 Janell Massey, 1986
61.46 Wendy Malich, 1983
61.86 Kristy Dunn, 1987
62.38 Louise Bomars, 1998
63.6 Jackie Guichard, 1975
63.95 Sarah Garrod, 1995
64.4 Donna Davidson, 1981
64.52 Jen Leita, 2000

3,000 METER WALK

15:17.16 Kathleen Law, 1996
16:16.1 Janell Englehardt, 1995

4 x 100 METER RELAY

47.74 Green, Graves, Cameron, Jones, 1997
47.88 Dimmitt, Zukowski, Houplin, Siler, 2009
48.04 Reid, Swosinski, Burch, Behrens, 2003
48.07 Houplin, Howe, Siler, Zukowski, 2010
48.21 Johnson, Jones, Cameron, Stevenson, 1996
48.22 Siler, Coffey, Bjornsson, Zukowski, 2011
48.26 Herber, Swosinski, Burch, Behrens, 2002
48.3 Stanton, Mark-Booth, Mattson, Stevenson, 1993
48.49 Johnson, Graves, Cameron, Jones, 1997
48.51 Anderson, Ellingson, Graves, Jones, 1998
48.60 Dimmitt, Brownell, Houplin, Zukowski, 2008

4 x 400 METER RELAY

3:47.37 Anderson, Bomars, Green, Jones, 1997
3:49.70 Dimmitt, Brownell, O'Connell, Siler, 2009
3:49.71 Anderson, Ellingson, Tenace, Rose, 1999
3:50.05 Watson, Massey, Johnston, Miller, 1986
3:50.55 Powers, Setera, Johnston, Miller, 1984
3:51.17 Haynes, Massey, Johnston, Miller, 1986
3:53.09 Dimmitt, Thorton, O'Connell, Brownell, 2008
3:53.3 Hooson, Stevenson, Garrod, Green, 1994
3:53.71 Siler, Ledtke, O'Connell, Zukowski, 2011
3:55.00 Anderson, Rose, Jones, Bomars, 1998
3:55.15 Rose, Tenace, Jones, Bomars, 1998

4 x 800 METER RELAY

9:14.37 Swanson, Graham, Randal, Ryals, 1981
9:14.57 Powers, Setera, Ocken, Steele, 1983
9:24.98y Jonassen, Davidson, Abbott, Petrovich, 1980
9:23.19 Graham, Ryals, Randall, Jonassen, 1981
9:28.2 5-1-81.....1981
9:28.71 Clancy, Heaton, Kelley, Tenace, 1998
9:28.6 District 1 Championships, 1984
9:30.2 District 1 Championships, 1985
9:37.5 Petrovich, Jonassen, Davidson, Abbott, 1982
9:41.5 Petrovich, Jonassen, Davidson, Simpson, 1980

800m SPRINT MEDLEY RELAY (100-100-200-400)

1:46.84 Archer, Holly, Johnston, Miller.....84
1:47.05 District 1 Championships 1986.....86
1:47.1 Stanton, Mark-Booth, Mattson, Stevenson.....93
1:47.5 District 1 Championships 5-12-84.....84
1:47.81 Glen, Mark, Sandgren, Mattson.....92
1:48.35 Miller, Haynes, Watson, Johnston.....86
1:48.4 Steilberg, Holly, Johnston, Miller, 1985
1:49.1 Johnston, Haynes, Waston, Miller, 1986
1:49.67 Stanton, Mark-Booth, O'Neill, Mattson, 1993
1:49.98 Shelton, Setera, Archer, Powers, 1983

HIGH JUMP

1.73m 5-8.25 Kristy Dees, 1984
1.71m 5-7.5 Jennifer Schwartz, 1983
Clara Cook, 2009
1.67m 5-5.75 Natalie Senvold, 2002
1.67m 5-5.75 Amanda Overdick, 2010
1.64m 5-4.50 Amy Kruckeberg, 2003
1.63m 5-4.25 Sarah Hiss, 2000
1.62m 5-4 Bonna Schibret, 1979
Karen Gannon, 1984
Tracy Hettinga, 1992

POLE VAULT

3.76m 12-4 Christy Miller, 2009
3.73m 12-2.75 Danielle Juarez, 2004
3.67m 12-0.50 Karis Anderson, 2011
3.56m 11-8 Andrea Kreft, 2005
3.50m 11-5.75 Elisa Couvelier, 2010
3.36m 11-3 Loreah Winlow, 2011
3.40m 11-1.75 Amanda DiEnno, 2010
3.36m 11-0.25 Elizabeth Howe, 2011
3.35m 10-11.75 Kirsten Holt, 2006
3.33m 10-11 Camille Clarke, 2008
3.30m 10-10 Cara Dockins, 2008
Sydney Austin, 2009

LONG JUMP

5.84m 19-2 Donna Larry, 1982
5.77m 18-11.5 Christy Smith, 1980
5.75m 18-10.5 Sarah Hiss, 2000
5.65m 18-6.5 Debbie Sandgren, 1993
5.60m 18-4.25 Emily Warman, 2009
5.49m 18-0.25 Shelly Borovich, 1988
5.43m 17-9.75 Kim Bascom, 2005
5.40m 17-8.5 Brandi Stevenson, 1996
5.38m 17-8 Wendy Malich, 1983
5.38m 17-8 Tanya Bjornsson, 2011
5.32m 17-5.50 Kasey Hostetter, 2008

TRIPLE JUMP

11.89m 39-8 Jane Wallace, 1999
11.80m 38-8.75 Emily Warman, 2009
11.58m 38-0 Kim Bascom, 2006
11.53m 37-10 Jennifer Golden, 1994
11.46m 37-7.25 Shelly Borovich, 1987
11.33m 37-2.25 Sarah Hiss, 2000
11.18m 36-8.25 Angie Bring, 1999
11.07m 36-4 Christy Miller, 2006
11.05m 36-3.25 Jennifer Bell, 1995
11.01m 36-1.50 Lydia Morrison, 2006

SHOT PUT

13.56m 44-6 Sherie Schroeder, 1998
12.80m 42-0 Susan Jung, 1998
12.72m 41-8.75 Celeste Hill, 2001
12.55m 41-2.25 Sarah Eddy, 2000
12.47m 40-11.25 Katherine Kernodle, 1985
12.32m 40-5 Tammy Carlson, 2004
12.05m 39-6.50 Brittany Jones, 2010
11.89m 39-0.25 Teresa Vanderpool, 1986
11.86m 38-11 Rhonda Duckworth, 1977
11.80m 38-8.75 Carla Warren, 1988

DISCUS

47.61m 156-2 Jessica Telleria, 2006
46.27m 151-10 Sherie Schroeder, 1998
45.40m 148-11 Dee Balderson, 1995
42.91m 140-9 Erica Rance, 2008
42.88m 140-8 Ashley VanOeveren, 2005
41.66m 136-8 Felicia Bodey, 1982
40.74m 133-8 Debbie Matuizek, 1977
40.66m 133-5 Briana Abrahamsen, 1999
40.64m 133-4 Marietta Smith, 1992
40.52m 132-11 Diane Gort, 1986

HAMMER

50.00m 164-0 Lindsay Wells, 2011
49.28m 161-8 Kristina MacCully, 2005
46.66m 153-1 Katie Taylor, 2007
46.03m 151-0 Jessica Telleria, 2004
42.42m 139-2 Tammy Carlson, 2004
42.14m 138-3 Kim Radke, 2003
41.47m 136-1 Erica Rance, 2007
40.78m 133-9 Marianne Scott, 2002
40.72m 133-7 Stacey Hopkins, 2004
37.90m 124-4 Margaret Roe, 2011

JAVELIN

49.85m	163-6	Monika Gruszecki, 2011*
45.22m	148-4	Stacey Hopkins, 2003*
50.74m	166-6	Joan Williamson, 1984
48.68m	159-8	Bonna Schibret, 1979
48.06m	157-8	Laura Kruse, 1998
45.44m	149-1	Julie Reimer, 1977
44.40m	145-8	Sherry Stripling, 1973
44.38m	145-7	Rhonda Haag, 1984
44.36m	145-6	Maureen Christman, 1988

*javelin specifications changed in 1999

HEPTATHLON

4748	Sarah Hiss, 2000
4641	Brandi Stevenson, 1996
4557	Jennifer Schwartz, 1983
4543	Donna Larry, 1982
4404	LeAnne Evans, 2005
4359	Elizabeth Springborn, 1995
4343	Clara Cook, 2009
4305	Debbie Sandgren, 1992
4280	Natalie Svenvold, 2002
4224	Alicia Jones, 1998